Smart watch manual

Adapt to platform requirements:

- Android 5.0 and above mobile phones
- IOS9.0 and above mobile phones
- Support Bluetooth BT 3.0

APP download method:

1. IOS/Android phone users: scan the above QR code to download and install the application.
2. Android: Search for "HryFine" through the Google Play to download and install the application.
3. Apple: Search for "HryFine" through the App store to download and install the app.

Initial use

To ensure the normal use of the watch, please charge it first.

The contact of the charging clip connected to the power supply can be charged with the contact on the back of the watch.

Note: The reverse contact point will cause the battery to short-circuit.

Watch and APP connection

● The permissions during the APP installation process are fully agreed, and the watch and the mobile phone must be connected to the APP and the mobile phone Bluetooth to achieve all functions.

● **APP connection method:** open the APP and mobile phone Bluetooth, the APP reminds you to enable the notification point to confirm. Click to add a device, search for the device name and click Connect to connect to the watch device.

● **Mobile phone Bluetooth connection:** Bluetooth must be turned on on the watch side, enter the mobile phone Bluetooth, search for the Bluetooth device of the model name, and click Connect to pair.

● **Simple solution to common Bluetooth problems:** Due to the lack of uniformity in the Bluetooth protocol of various mobile phone brands, sometimes the Bluetooth connection phone system to search and connect Hry3.0 after it is turned on, and disconnect it when it is turned off

between the mobile phone and the watch may be unstable. You can turn off the Bluetooth of the mobile phone and reconnect it again, or reset the watch to the factory settings, such as The watch is in a dead state, you can press and hold the power button for 10 seconds to restart the watch.

● **How to connect BT3.0 Bluetooth:** Enter the Bluetooth terminal of the mobile phone and search for Hry3.0 binding.

● **How to verify that the Bluetooth**

connection is successful: The bluetooth icon in the upper left corner of the main menu is oval to indicate that the Bluetooth connection is successful. Use the watch to click to find the phone or enter the APP to find the watch. If there is vibration, it means that theAPP is connected successfully.

Watch operating in structions:

● **Power button: Up key:** short press to enter menu and return, down key: wake up/turn off the screen and long press for power on and off and restart

● **Clock interface:** Swipe left and right on the dial interface to preview or switch dials, swipe up on the quick notification bar interface, and swipe down to enter the message notification list

Watch function introduction

● **Standby interface:** enter the standby interface.
● **Dial pad:** connect to the mobile phone to dial out via Bluetooth, and you can make a call on the watch side.

● **Contact:** After the bracel et is successfully connected to the APP, you can add a contact in the APP. After the contact is successfully added, the phone book of the bracelet will be displayed synchronously. Click the contact in the phone book on the bracelet to make a call (Note: The bracelet needs Connect mobile phone Bluetooth).

● **Call record:** can display the call record of the wristband, click the phone number to dial.

● **Information:** The content of the message push can be displayed.

● **Movement:** Enter the sports mode (running, walking, cycling, mountain climbing) selection interface, click again to start the data monitoring of the corresponding sports mode: exercise time, distance, calories burned;

● **Pedometer:** Calculate your step count data for the day, clear the data at 00:00 in the morning, and view it in the APP.

● **Sleep monitoring:** Turn on sleep detection to

monitor the quality of sleep while sleeping.

● **Sedentary reminder:** Set the sedentary time, the bracelet will vibrate when the time is up, and the interface will display a reminder.

● **Bluetooth music:** control to play music in the phone.

● **Find the phone:** When the phone cannot be locked, the watch enters Bluetooth to take a photo when the app interface is opened, the phone will automatically pop up the camera interface, click on the watch to take a photo, the phone will take a photo and store the photo on the

phone; or open the APP, Enter the remote control selfie, the phone will pop up the camera interface, and the watch will also take photos when you shake the watch

● **Bluetooth camera:** control to play music in the phone.

● **Find the phone:** When the watch is connected to the watch side to find the mobile phone, long press the magnifying glass icon, the mobile phone bell will ring.

● **Weather:** Display the current weather temperature

in degrees.
● **Stopwatch:** start stopwatch timing and end timing.
● **Alarm bell:** You can set a custom alarm clock on the APP, and the watch will vibrate to remind you at the point.
● **Settings:** You can set to turn on or off the vibration and raise the wrist to brighten the screen.
● **Style:** You can set and change the UI style.
● **About:** Display the MAC serial code, Bluetooth name, and version number of this

device.
● **Brightness:** can set the brightness size and backlight off time.
● **QR code:** QR code downloaded by mobile APP.
● **Reset:** Let your device reset and clear data, such as pedometer sleep, etc.
● **Flashlight:** Turn on the flashlight function, the screen of the bracelet will be bright and white.
● **Raise your hand to brigh ten the screen:** After turning on the raising of thehand to brighten the screen, when you wear the bracelet, the screen

will light up when you raise your wrist, and it will turn off when you put it down

Language: After connecting to the APP, you can set the language on the APP side, and the language can be synchronized to the watch after setting; or switch the language on the watch side, that is, it will also be synchronized to the APP side
● **Dial push:** enter the APP end dial function, you can view my dial and local dial; you can also push DIY dials and dialmalls to the watch end
● **Dual mode switch:** BT switch, enter the mobile

phone system to search and connect Hry3.0 after it is turned on, and disconnect it when it is turned off

Precautions for use:
● Not suitable for bathing and swimming.
● Please connect the watch when synchronizing data.
● Use the built-in charging cable to charge.
● Do not expose the watch to high moisture, extremely high or extremely low temperatures for a long time. Watch maintenance：
● Do not scratch the sensor,

protect it from damage.
● You can wipe the surface of the watch with a damp cloth, and use mild soap and water to remove oil or dust.
● Do not expose the watch to an environment with strong chemical substances, such as gasoline, cleaning solvents, propanol, alcohol or insect repellent, chemical substances will damage the sealing of the watch and the surface of the case.
● Avoid your watch from being exposed to strong shocks and extreme heat

exposure.
This product does not support IP68 waterproof, does not support rain, hand washing, swimming wear, hot showers or saunas, etc., can not be worn, and cannot prevent water vapor. If the watch is damaged due to water ingress due to use in violation of the instructions, our company will not provide a free warranty.

Common problem:
Can't find the watch?
● Answer: Because the Bluetooth broadcast of the watch has not been searched by the mobile phone, please make sure that the watch is powered and activated, and is not connected by other mobile phones. Move the watch close to the mobile phone and search again. If it still does not work, turn off the bluetooth of the mobile phone and turn it on again after 20 seconds. Bluetooth searches again.

Is the Bluetooth connection always on? Will there be any data if it is turned off?
● Answer: Before synchronizing the data, the exercise and sleep data will remain on the watch host. When the Bluetooth connection between the mobile phone and the watch is successful, the watch will automatically upload data to the mobile phone, but the data stored by the watch is limited. It can only store Bluetooth data for about one week. When the space is full, the oldest data will be

automatically overwritten to generate the latest data, so please Sync your watch to your phone in time.
Note: If the call and SMS reminder function is turned on, you need to keep the Bluetooth connected, and the alarm clock reminder supports offline.
What should I do if the watch cannot be charged?
1、Please make sure that the direction of the charging s tand is correct and the charging clip is in good contact with the watch.

2、When the power of the watch is lower than 3.6V, there will be a period of battery precharging time. Remarks: It will enter the charging state immediately after the charger is plugged in. If there is no display, you need to charge for 3-5 minutes to enter the charging state.
● Will the watch cause harm to the human body if worn for a long time?
Answer: The radiation of the equipment is much lower than the FCC standard of the United States, which is

basically negligible. Long-term wearing will not cause radiation damage to the human body.