# TM-2430-13 (Doctor Pro)

## Ambulatory Blood Pressure Monitor Data Analysis Software

## INSTRUCTION MANUAL



WM:PD4000019C

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## **1. INTRODUCTION**

### 1-1 About the Data Analysis Software

Welcome to the Ambulatory Blood Pressure Monitor (ABPM) Data Analysis Software. This software is intended for use with the following devices.

ABPM: For diagnosing high blood pressure

- 1) A&D TM-2430 Series Ambulatory Blood Pressure Monitor
- A&D TM-2420/TM-2421 Ambulatory Blood Pressure Monitor and the TM-2020/TM-2021 Printer/Processor/Interface (hereafter referred to as "processor").

Home use monitor: For managing the blood pressure of a high blood pressure patient

3) A&D UA-767PC Digital Blood Pressure Monitor

The ABPM Data Analysis Software, that analyzes ambulatory blood pressure data, is a powerful tool for diagnosing high blood pressure and managing the blood pressure of a high blood pressure patient. The following features are incorporated in this software:

•	Statistical Analysis	Statistical data may be viewed in full, partial, sleep, and awake intervals, respectively in full screen, by switching between clearly labeled tabs.
•	Graphical Data	Systolic/diastolic blood pressure, mean arterial blood pressure, and pulse data are displayed graphically to quickly determine patterns or trends in the data.
		Circadian rhythm and HBI analysis are displayed graphically and numerically.
•	Data Conversion	The Data Convert feature automatically stores blood pressure and pulse data in standard (CSV) file format for use with popular spreadsheet programs.
•	Printed Reports	Custom data report formats are easily defined and printed. "Mini-report" feature automatically prints a compact summary report.
•	On-line Help	Built-in Help feature provides context-sensitive help at any time.
•	Maximum Time Period	Doctor Pro can analyze up to one week's data starting from the oldest reading.
		When used with the UA-767PC, Doctor Pro can analyze up to five years' data
•	Maximum number of readings	The maximum number of readings that Doctor Pro can process is 900.
		When used with the UA-767PC, Doctor Pro can process 1827 readings.

### 1-2 Symbols

The symbols printed on the device have the following meaning:

CE marking Serial number

### **1-3 Monitoring Device Review**

The following section briefly reviews the devices and how they may be used with this software.

A&D Ambulatory Blood Pressure Monitors are used to record an individual's blood pressure over an extended period of time, normally 24-72 hours. The monitor is worn by the patient. The monitor non-invasively records the patient's systolic/diastolic blood pressure and heart rate based on predetermined intervals and conditions.

With a UA-767PC, the blood pressure data on individuals for a long period of time can be managed and blood pressure trends are indicated clearly by using this software.

The user may divide each 24-hour period into several time intervals. Within each period the monitor may be programmed to record the patient's blood pressure at 1<sup>1</sup>, 3<sup>1</sup>, 5, 10, 15, 20<sup>1</sup>, 30, 60, and 120<sup>1</sup>-minute intervals. The monitor can also be programmed to remain OFF during any time interval. These measurement intervals may be timed to coincide with the patient's daily activities.

The A&D TM-2020/TM-2021 Printer/Processor/Interface is used for performing one or more of the following functions: Analyze blood pressure data stored in the monitor; program the monitor's intervals and conditions; function as an interface between the monitor and the software.

**Note**: Data that was initially analyzed using A&D TM-2020-01/02/03 or TM-2021-01/02/03 Data Analysis Software Program for DOS<sup>™</sup> is compatible with this software's format and can be analyzed by this software.

The 1 and 3-minute measurement intervals are available only with the TM-2420/TM- 2421.
 The 20-minute measurement interval is available only with the TM-2421.
 The 120-minute measurement interval is available only with the TM-2421/TM-2430.

### **1-4 Software Package Components**

Items included in your complete software package are:

- ABPM 3.5-inch program disk
- Ambulatory Blood Pressure Monitor Data Analysis Software Instruction Manual
- For TM-2420/TM-2421 AX-KO600 (9 pin D-SUB, socket type), Communication cable for TM-2420/TM-2421
- For TM-2430 series/UA-767PC AX-KO1502 (9 pin D-SUB, socket type), Communication cable for TM-2430 series

### **1-5 System Requirements**

- Computer A 486DX or higher microprocessor
- RAM Memory Minimum 16 MB
- Operating System Windows<sup>™</sup> 95, 98, Me, 2000, NT 4.0
- Graphic Adapter
  SVGA video card

(minimum of 256 colors, 800X600 pixels or higher recommended)

- Disk Type 3.5-inch floppy disk drive
- Hard Disk
  At least 2.5 MB
- Serial Ports
  Minimum one (9 pin D-SUB or 25 pin D-SUB) (A cable separately available is required for the 25 pin D-SUB serial port)
- ♦ Printer Type Printers supported by MS Windows<sup>™</sup> operating system

### 1-6 Installing the Software

The software must be run from a hard disk drive only. It may not be run from a floppy disk. To install the software on your hard disk drive, complete the following instructions:

- **Step 1** Insert the program disk in drive A:.
- Step 2 Click the Start button on the Windows taskbar and select Run.
- Step 3 Type "a:setup"
- Step 4 Click OK.
- **Step 5** Follow the instructions on the screen.
  - **Note** The serial number is required when installing the software. The serial number is printed on the label of the program disk.

### 1-7 Safety

Do not attach the monitor to a patient when the monitor, or the monitor and the processor, are being connected to a computer.

## 2. OPERATING PROCEDURE

### 2-1 Getting Started

Two initial actions may be executed when starting up the software:

- (1) Data may be retrieved from the monitor.
- (2) Stored data files may be opened and viewed for analysis.

To retrieve data from the monitor, see:

• "2-2 Communication Between the Monitor and the Software"

To view stored files, see:

• "2-5-1 Open"

### 2-2 Communication Between the Monitor and the Software

To communicate between the monitor and the software, the connection between the monitor and the computer must be established first.

#### 2-2-1 Connecting the TM-2420/TM-2421 to the computer

- You must use the A&D-supplied RS-232C communication cable, otherwise communication errors will occur.
- Steps 1-4 must be completed prior to accessing the software or it may not recognize that the monitor is connected to the computer. If proper communication is not established, a cable check error may occur.
- You must use AX-KO600 cable for 9 pin serial port (supplied) or AX-KO599 cable for 25 pin serial port (available separately as an option).

TM-2420/21 To RS-232C TM-2020/21 TM-2020/21

Figure 1: Connection between the TM-2420/2421 and the computer (The illustration above is not to scale.)

- **Step 1** Connect the monitor to the processor.
- Step 2 Connect the male end of the A&D-supplied RS-232C communication cable to the processor.
- Step 3 Connect the female end of the A&D-supplied RS-232C communication cable to the computer.
- Step 4 The display on the processor will show "0-----". If the processor does not have a display, the LED should be green. If the LED is not green or the "0-----" does not appear, see "3-2 Communication Errors". If the processor shows "0-----", go to step 5. If the processor has a green light, go to step 6.
  - **Note**: If possible, keep the cable connected to the computer unless the port is needed for other functions.
- **Step 5** Press the ENTER key on the processor keypad. A series of 6 dashes "-----" will appear on the processor screen.
- Step 6 Run the software.
- Step 7 Confirm that the correct serial port is set. For details, see "2-9-4-2 Serial Port".

#### 2-2-2 Connecting the TM-2430 series to the computer

- You must use the A&D-supplied RS-232C communication cable, otherwise communication errors will occur.
- You must use AX-KO1502 cable for 9 pin serial port (supplied) or AX-KO1503 cable for 25 pin serial port (available separately as an option).



Figure 2 : Connection between the TM-2430 series and the computer (The illustration above is not to scale.)

- Step 1 Connect the male end of the A&D-supplied RS-232C communication cable to the monitor.
- Step 2 Connect the female end of the A&D-supplied RS-232C communication cable to the computer.

- Step 3 The display on the monitor will show "----". If "----" does not appear, see "3-2 Communication Errors". Otherwise go to step 4.
  - **Note**: If possible, keep the cable connected to the computer unless the port is needed for other functions.
- **Step 4** Run the software.
- Step 5 Confirm that the correct serial port and the correct monitor type are set. For details, see "2-9-4-2 Serial Port" and "2-9-4-3 Recorder Type".

#### 2-2-3 Connecting the UA-767PC to the computer

- You must use the A&D-supplied RS-232C communication cable, otherwise communication errors will occur.
- You must use AX-KO1502 cable for 9 pin serial port (supplied) or AX-KO1503 cable for 25 pin serial port (available separately as an option).



Figure 3: Connection between the UA-767PC and the computer (The illustration above is not to scale.)

- **Step 1** Connect the male end of the A&D-supplied RS-232C communication cable to the monitor.
- Step 2 Connect the female end of the A&D-supplied RS-232C communication cable to the computer.
- **Step 3** After the connection, the display on the monitor will not change. The display will show "----", just before starting communication.
  - **Note**: If possible, keep the cable connected to the computer unless the port is needed for other functions.
- **Step 4** Run the software.
- Step 5 Confirm that the correct serial port and the correct monitor type are set. For details, see "2-9-4-2 Serial Port" and "2-9-4-3 Recorder Type".

The software is now ready to:

- Retrieve data from the monitor. See "2-7-1 Retrieving Data from the Monitor".
- Clear the monitor's memory. See "2-7-2 Clearing the Monitor's Memory".
- Program the monitor's intervals and conditions. See "2-7-3 Programming the Monitor's Intervals and Conditions".

### 2-3 Main Screen Description

The main screen is comprised of six menus and two toolbar buttons located permanently along the top of the screen. These menus may be used to access the various features of the software. The toolbar buttons may be used to set Partial Analysis and Blood Pressure Mode parameters.

#### Toolbar Buttons: (Only for TM-2420/TM-2421, TM-2430)

Button	See	Description
Analysis Intervals	"2-4-1 Analysis Intervals"	The Analysis Intervals button may be used to define specific "Full" and "Partial" time intervals within an opened data file for custom data analysis. <i>Note: Not available with the UA-767PC.</i>
BP Mode	"2-4-2 BP Mode"	The BP Mode selection box may be used to specify which blood pressure measurement method (Korotkoff, oscillometric or both) is used as the basis for statistical and graphical analysis. <b>Note:</b> This only applies to TM-2421 data files.

#### Main Menus:

Menu	See	Description
File	"2-5 File Menu"	The File menu may be used to manage the files stored on the hard drive or a floppy disk and to exit the software.
View	"2-6 View Menu"	The View menu may be used to access the statistical, tabular, and graphical analysis screens.
Recorder	"2-7 Recorder Menu"	The Recorder menu may be used to program the monitor, clear measurement data in the monitor's memory and to retrieve the measurement data from the monitor.
Report	"2-8 Report Menu"	The Report menu may be used to specify report formats and print reports.
Option	"2-9 Options Menu"	The Options menu may be used to set the default settings and user-defined parameters.
Help	"2-10 On-line Help"	The Help menu may be used to view information on software usage. Help may also be accessed by pressing F1 when various screens are opened or by clicking the Help button on a screen.

### 2-4 Toolbar

There are two toolbar buttons which appear underneath the main menu bar:

- (1) Analysis Intervals
- (2) BP Mode

#### 2-4-1 Analysis Intervals

The Analysis Intervals feature is used to define specific periods of time within an opened data file for custom data analysis. Two intervals, Full Analysis and Partial Analysis may be defined for each data file.

,	locaded lives 13:00 05	(19/9)	10, 13,30, 1057	10/91	
RULLAN	Taxe Date	i Table			
Duest	on 5 Hour			11	
PARTIAL ANALYSIS	S INTERNAL				
C Disabled	Stat: 19:00	05.05/91			
IF Enabled	Duration 15	Hours		1	
		1		1	
	Save	Cencel	Help	1	

Figure 4: Analysis Intervals dialog box

To set the Analysis Intervals, complete these steps:

- Step 1 Click the Analysis Intervals button on the toolbar.
- Step 2 Set each item in the Full analysis interval box, using the scroll bar.
- **Step 3** Check a Status button in the Partial analysis interval box. When "Enabled" is checked, set each item in the box.
- Step 4 Click the Save button.
- Step 5 To cancel the settings, click the Cancel button.

The Partial Analysis Interval affects many of the software features including:

• Summary Data

After the Partial Analysis Interval is enabled, the Partial tab in the Summary Data will be activated.

• Trend Graphs

After Partial Analysis Interval is defined, the data specified within the parameters will appear in red on the Trend Graph.

Correlation Plots

After Partial Analysis parameters are defined, a second set of Correlation plots in red will appear based on the data specified within the Partial Analysis parameters.

• Histograms

After Partial Analysis parameters are defined, the data specified within the parameters will appear in red overlaying the Full Analysis data.

#### 2-4-2 BP Mode

The BP Mode is used to select which blood pressure method will be used as the primary and secondary choices for displaying the blood pressure measurement data. A&D monitors employ either Korotkoff, oscillometric or dual Korotkoff and oscillometric measurement methods. If the current data file contains data from a dual system, you may choose Korotkoff, oscillometric or both methods to analyze the data.

The measurement method(s) specified in the BP Mode will be the basis for the statistical and graphical analysis performed on the opened data file. The method noted with a one (1) is the primary method and the method noted with a two (2) is the secondary method. If a primary method measurement error occurred during the monitoring session or a measurement is manually excluded (see "**2-6-2-1 Excluding/Including BP Measurements**"), a valid measurement in the secondary method will be substituted for it with the appropriate BP Mode selection.

Method Setting	Description
Oscillometric only	This option sets the primary blood pressure choice to oscillometric and disables the secondary choice. If the oscillometric reading for any measurement is invalid or has been excluded by the user in the BP Data List, the measurement will be excluded from graphical displays and statistical computations.
1: Oscillometric, 2: Korotkoff	This option sets the primary blood pressure choice to oscillometric and the secondary choice to Korotkoff. If an oscillometric reading is invalid, oscillometric readings will be substituted with Korotkoff readings. If both readings are invalid for a measurement, all data from the measurement is excluded.
Korotkoff only	This option sets the primary blood pressure choice to Korotkoff and disables the secondary choice. If the Korotkoff reading for any measurement is invalid or has been excluded by the user in the BP Data List, the measurement will be excluded from graphical displays and statistical computations.
1: Korotkoff, 2: Oscillometric	This option sets the primary blood pressure choice to Korotkoff and the secondary choice to oscillometric. If a Korotkoff reading is invalid, Korotkoff readings will be substituted with oscillometric readings. If both readings are invalid for a measurement, all data from the measurement is excluded.

To specify the BP Mode while viewing an opened data file, complete these steps:

- **Step 1** Select the BP Mode box on the toolbar.
- **Step 2** Select the desired BP Mode used to view and analyze the opened data file.



Figure 5: BP Mode selection on toolbar

To set a default BP Mode for the software at startup, see "2-9-4 Default Settings".

**Note**: The BP Mode for printed reports is assigned separately in the Report Format Setup. See "**2-8 Report Menu**".

### 2-5 File Menu

The File menu is used to manage the files stored on a hard drive or floppy disk. It may also be used to exit the software. The File menu has the following sub-menus:

Menu	Description
Open	This function is used to select a data file for viewing, modifying or printing a report. After a file has been opened, the file name, patient name and date of the monitoring session are displayed in the title bar of the main screen
Save As	This function is used to copy a selected file to a new file with a different name.
Delete	This function is used to delete a selected file.
Convert	This function is used to convert the blood pressure measurement data of a data file to a format which is readable by most spreadsheet applications. The converted file will have the same name as the data file with a .CSV file extension.
Merge the BP data files	This function is used to merge multiple data files into one file.
Print	This function is used to print reports for one or more data files according to a user-selectable report format.
Exit	This selection is used to exit the software.

#### 2-5-1 Open

The File | Open function is used to access the blood pressure data within existing data files.

Open					? ×
Look jn:	🔁 Data Files	•	£	di i	8-6- 8-6- 8-6-
Demo1.dat					
File <u>n</u> ame:					<u>O</u> pen
Files of type:	BP data files (*.dat)		-		Cancel

Figure 6: File Open dialog box

To open a file, complete the following steps:

- Step 1 Select the File menu.
- Step 2 Select the Open sub-menu.
- **Step 3** Select a file from the directory shown or move to a different directory.
- Step 4 Click the Open button.

**Note**: The File | Save As, View and Report menus and Analysis Intervals buttons are disabled until a data file is opened.

#### 2-5-2 Save As

The **File** | **Save As** function is used to copy an open data file to another data file with a different name or to a different directory with any name.

When a file is copied, corresponding .dat and .p files are created. These two files must stay together within the same directory. The Save As function creates new .dat and .p file with the new file name in the selected directory. When entering a new file name in the Save As dialog box, it is not necessary to type the file extension. The original file will not be altered when using the Save As function.

#### 2-5-3 Delete

The File | Delete function is used to delete a data file.

#### CAUTION: Data files will be permanently removed when deleted.

#### 2-5-4 Convert

The **File** | **Convert** function is used to create a .CSV (comma delimited) format file from a .dat file that is compatible with most spreadsheet applications, including Microsoft Excel<sup>™</sup>. The .CSV file that is created includes DATE, TIME, SYS, DIA, MAP, PUL headings so that the data can be identified correctly when opened in a spreadsheet. The original file will not be modified in any way. The data is being converted and will be saved to the same name and directory as the original data file, but with a .CSV extension.

#### 2-5-5 File Merge

The File | Merge function is used to merge multiple data files into a new file.

AND Merge the BP data files		
C:¥ AND TM2430	BP data file (*.dat) Demo21.dat Demo211.dat	Select the files and drag them to the merge -file-list box. Content of the File BP data: 13:00 5/9 1999 to 13:30 5/10 1999
Merge-File-List Box Demo21.dat Demo211.dat	Select the data t C UA767P C TM2430/3 C TM2421 QK	ype 1 <u>C</u> ancel

Figure 7: File Merge dialog box

To merge multiple data files, complete the following steps:

- Step 1 Select the File menu.
- Step 2 Select the Merge the BP data files sub-menu.
- **Step 3** Select the data type to be merged.
- **Step 4** Open the folder that contains the data files to be merged.
- **Step 5** Drag the selected data files to the Merge-File-List Box.
- Step 6 Click the OK button.
- Step 7 Save the selected data files in a new file.

Note: • The data files, of which time periods overlap, can not be merged.

- The merged file will not open if the merged time period exceeds: 8 days (TM-2420/TM-2421 and TM-2430) 5 vears (UA-767PC).
- File merging is available only for data files of the same monitor. Data files of different monitors can not be merged.

The default data type of the file merge dialog box, when opened, is UA-767P(C).

#### 2-5-6 Print

The **File** | **Print** function is used to print reports for one or more data files according to a userselected format. This enables the user to generate multiple reports without having to open each file separately.

To print a report for multiple data files, complete the following steps:

- Step 1 Select the File menu, then select the Print sub-menu.
- Step 2 In the Print dialog box, select the files that you want to print a report for by holding the Shift or Ctrl key down while clicking the desired files.
- Step 3 Click Open.
- **Step 4** In the Report Selection dialog box, select the report format that you want to use for the reports or click **Print "Mini" report** to print a condensed report. For "Mini" report printout examples, see pages 60 and 61.

#### 2-5-7 Exit

The File | Exit selection may be used to exit the software.

#### 2-5-8 Saving a File

Files are automatically saved when the data is retrieved from the monitor. See "2-7-1 Retrieving **Data from the Monitor**". Any modifications made to the data file are saved immediately when the Save button is selected to close a function.

#### 2-5-9 Closing a Data File

There is no file close feature in this software. A file may be closed in two ways:

- 1) By opening another file. The current file will automatically be closed when you open another file.
- 2) By exiting the software.

### 2-6 View Menu

The View menu may be used to view numerical, statistical and graphical data screens. The View menu is disabled unless a file is opened. For information on how to open a file, see "**2-5-1 Open**".

Menu	See	Description
Summary Data	"2-6-1 Summary Data"	Function for viewing statistical data.
BP Data List	"2-6-2 BP Data List"	Function for viewing numerical data and entering comments.
Trends	"2-6-3 Trends Screen"	Function for viewing blood pressure, mean arterial blood pressure, pulse (heart rate) and double product trends.
Correlation	"2-6-4 Correlation Plots"	Function for viewing correlation plots of systolic blood pressure to diastolic blood pressure and diastolic blood pressure to pulse.
		The scatter diagram allows easy observation of the correlation between systolic and diastolic blood pressures; the minimum and maximum values, the magnitude of fluctuation and the density, of a 24-hour blood pressure data.
Histograms	"2-6-5 Histograms"	Function for viewing the frequency distribution of the measurement data.
		Allows easy observation of the data that occurs most frequently, the frequency distribution and the distribution width during the time interval.
Circadian rhythm	"2-6-6 Circadian Rhythm"	Function for viewing the graph showing the estimated amplitude and peak position, and the numerical data, based on the 95% confidence interval and the cosinor analysis graph.
		Note: Not available with the UA-767PC.
HBI analysis	"2-6-7 HBI Analysis"	Function for viewing the graph showing the hyperbalic area and hypobalic area, and the numerical data converted into a one-day period.
		Hyperbalic; that area exceeding the user- defined limits for the sleep and awake intervals.
		Hypobalic; that area not reaching the user- defined limits for the sleep and awake intervals.
		Note: Not available with the UA-767PC.
Patient Information	"2-6-8 Patient Information"	Function for entering patient and physician information, as well as fields for the sleep and awake intervals.

The View menu has the following sub-menus:

#### 2-6-1 Summary Data

The Summary Data screen includes statistics on the data of the opened file and may be viewed directly on the screen. These statistics are separated into four data tabs:

**Full** Statistics based on all the data within the file.

- Partial Statistics based on the data specified in the Partial Analysis parameter. See "2-4-1 Analysis Intervals".
- Awake Statistics based on the data during the waking hours.

Note: Waking hours are specified as those hours outside the identified sleeping hours.

Sleep Statistics based on the data during the specified sleeping hours. See "2-6-8 Patient Information".

To view, close, or print the individual Summary Data screen, complete the following steps:

- Step 1 Select the View menu.
- Step 2 Select the Summary Data sub-menu. The Summary Data display appears.

JLL SUMMARY		Demo	1:		(Oscillom	etric only)
Time interval:	25 hour	s, 13:0	0 05/09/9	1> 14:0	0 05/10/9	
Valid reading	s = 99	E	cluded re	adings = 2	[2.0%]	
	MIN	MEAN	MAX	SD	SE	CV%
SYSTOLIC (mmHg)	84	133	174	19.83	1.99	14.92
DIATOLIC (mmHg)	49	90	115	17.24	1.73	19.11
MAP (mmHg)	61	104	134	17.79	1.79	17.08
PULSE (BPM)	37	69	118	14.28	1.43	20.83
SYS/DIA	limits:	Awake: 1 Sleep: 13	40/90 m 20/70 m	mHg mHg		
Readings > SYS I	imit(s):	50.5%	Readi	ngs > DIA lin	nit(s): 75.8	3%
Highest S	ustolic s	alue: 174	mmHa a	≀ 16:00 05	5/09/91	
Highest [	)iasolic v	alue: 115	mmHq a	i 16:00 05	5/09/91	
Lowest S	ustolic v	alue: 84	mmHq a	∦ 03:15 05	5/10/91	
Lowest D	iastolio s	raiuc. 04 volue: 19	mming a	k 03.13 03 k 03.00 05	2/10/91	

Figure 8: Summary Data display

- Step 3 Click one of the four data tabs, Full, Partial, Awake or Sleep. The Full tab will always be enabled. The Partial, Sleep and Awake tabs will be enabled after they are specified. See "2-4-1 Analysis Intervals" to specify Partial Analysis and "2-6-8 Patient Information" to specify the Sleep interval.
- **Step 4** To print the data for an individual Summary Data tab, select the tab you want to print and click the **Print** button on the right hand side of the screen.
  - Note: You may also print the Summary Data screens in the standard report, see "2-8 Report Menu".
- **Step 5** Click the **Close** button to close the Data Summary screen.

Each of the four Summary Data is titled with the name of the tab, file, patient and measurement method. For detailed information on Summary Data screen listings, see below:

Summary Data Tab	Definition		
Time Interval	The analysis period, start time/date – end time/date, for the activated Summary Data tab.		
Valid Readings	The total number of measurements taken during the monitoring session less any monitoring errors or manually excluded readings within the data set. See <b>"3-1 Measurement Errors</b> " for information on measurement errors.		
Excluded Readings	The measurement error percentage. This figure is based on the combined total of measurement errors and excluded measurements.		
Min (Minimum)	The minimum measurement value for Systolic, Diastolic, MAP and Pulse measurements during the Time Interval.		
Mean	The mean value for Systolic, Diastolic, MAP and Pulse measurements during the Time Interval.		
Max (Maximum)	The maximum measurement value for Systolic, Diastolic, MAP and Pulse measurements during the Time Interval.		
SD (Standard Deviation)	The Standard Deviation of the value for Systolic, Diastolic, MAP and Pulse measurements during the Time Interval.		
SE (Standard Error)	The Standard Error of the value for Systolic, Diastolic, MAP and Pulse measurements during the Time Interval.		
CV(%) (Coefficient of Variation)	The Coefficient of Variation for Systolic, Diastolic, MAP and Pulse measurements during the Time Interval.		
SYS/DIA limits	Systolic and Diastolic limits for the Awake and Sleep interval.		
Readings > SYS limit(s)	The percentage of the Systolic measurement values greater than the specified Systolic limit. See " <b>2-9-4-1 BP (Blood Pressure)</b> <b>Settings</b> " for information on specifying the Systolic Blood Pressure Limit.		
Readings > DIA limit(s)	The percentage of the Diastolic measurement values greater than the specified Diastolic limit. See "2-9-4-1 BP (Blood Pressure) Settings" for information on specifying the Diastolic Blood Pressure Limit.		
Highest Systolic Value	The time and date of the highest Systolic value during the Time Interval.		
Highest Diastolic Value	The time and date of the highest Diastolic value during the Time Interval.		
Lowest Systolic Value	The time and date of the lowest Systolic value during the Time Interval.		
Lowest Diastolic Value	The time and date of the lowest Diastolic value during the Time Interval.		

#### 2-6-2 BP Data List

The BP Data List function displays individual blood pressure measurement within an open data file in tabular form. With the BP Data List, you may input measurement comments, exclude/include a measurement within the graphics and statistics or link a measurement to the beginning of the Trends Screen.

ltem	Description
#	Measurement number
DATE/TIME	Date and time of the measurement
SYS	Systolic blood pressure
DIA	Diastolic blood pressure
MAP	Mean arterial blood pressure, obtained by MAP=DIA+(SYS-DIA)/3
PUL	Pulse
DP	Double Product, obtained by DP=SYS*PUL/100
STATUS	The status line has 3 positions. When filled with a character other than "-", each denotes a specific occurrence or condition.
Position 1 BP method, O or K	Denotes the BP method used for the specific measurement. "K" refers to Korotkoff method, "O" refers to oscillometric method.
Position 2 E (Event)	Indicates that data was measured when the monitor's EVENT button was activated.
Position 3 Error code	Denotes the specific error code that occurred during the monitoring session, see " <b>3-1 Measurement Errors</b> ".
Exclude	When this column has an "X", the measurement has been excluded from the statistics and graphs.
Comments	Space provided for user to enter patient diagnostic notations up to 20 characters.
Vertical scroll bar	The vertical scroll bar on the right hand side of the screen helps scroll through the measurements. This may also be performed with the up and down arrow keys, as well as the mouse.
Save button	Saves any edits, i.e. comments, exclusions or inclusions.
Close button	Closes the screen. <b>Note</b> : Edits (comments, exclusions or inclusions) will not be saved.
Help button	Opens the Blood Pressure Data List help screen.

The following table defines each heading within the Blood Pressure Data List:

#	DATE	TIME	SYS	DIA	MAP	PUL	DP	STATUS	EXCLUDE	COMMENTS	<b></b>
1	05/09/91	13:00	152	103	119	78	118	0			
2	05/09/91	13:15	154	99	117	74	113	0			
3	05/09/91	13:30	136	99	111	73	99	0			
4	05/09/91	13:45	140	101	114	74	103	0			
5	05/09/91	14:00	145	102	116	78	113	0			
6	05/09/91	14:15	136	95	108	74	100	0	Х	teisei	
7	05/09/91	14:30	150	97	114	78	117	0			
8	05/09/91	14:45	139	97	111	90	125	0			
9	05/09/91	15:00	146	98	114	83	121	0			
10	05/09/91	15:15	147	112	123	83	122	0			
11	05/09/91	15:30	153	106	121	78	119	0			
12	05/09/91	15:45	147	111	123	74	108	0			
13	05/09/91	16:00	174	115	134	76	132	0			
14	05/09/91	16:15	148	115	126	85	125	0			-

Figure 9: Blood Pressure Data List display

#### 2-6-2-1 Excluding/Including BP Measurements

It is useful to exclude a measurement from the Blood Pressure Data List in cases where the measurement is clearly incorrect. The software provides a simple way to include or exclude measurements while viewing a list. When a measurement is excluded from the Blood Pressure Data List, it will not be included in any of the software's statistical or graphical analysis functions.

A measurement can be included or excluded by clicking on the measurement in the column labeled Exclude. An "X" in the Exclude column indicates that the measurement is excluded. A "-" indicates that the measurement is included.

In some cases the software automatically excludes measurements if an error occurred during the reading. Measurements that have been automatically excluded are displayed with and "X" in the Exclude column and cannot be included by the user.

Note: Measurements that have been excluded are not deleted from the data file.

#### 2-6-2-2 Entering Comments

Comments, such as information taken from the patient activity diary, may be entered into the data file. To enter a comment, complete the steps below:

- **Step 1** Click the measurement in the column labeled Comments.
- **Step 2** Type your comments maximum 20 characters.

*Note*: You may write over any of the automatic measurement error comments.

- Step 3 Press the Enter key or click a different measurement to confirm the comments.
- **Step 4** To save the comments, click the **Save** button before closing the Blood Pressure Data List screen.
- Step 5 Click the Close button if you do not want to save the comments.

#### 2-6-2-3 Linking to Trends Screen

A measurement may be linked to the Trend Graph by highlighting an individual measurement and then closing the Blood Pressure Data List. When opened, the Trends Screen will be aligned with the time of the highlighted measurement in the Blood Pressure Data List. This feature may be used to pinpoint the position of an individual measurement on the Trend Graph.

#### 2-6-3 Trends Screen

The Trends function is used to visualize trends in a patient's blood pressure, pulse, MAP and DP calculation over time. The Trends Screen is a useful diagnostic tool to determine nocturnal dips and related peaks and troughs in the patient's circadian rhythm.

The Trends function provides graphic representation of the data file. The Trends function is dependent on the following parameters:

- Partial Analysis
- BP Mode (Measurement Method)
- Sleep Interval
- Blood Pressure Limits

The following four trends can be displayed in the Trend function:

#### • Systolic/Diastolic Blood Pressure (BP Trend):

The vertical axis represents millimeters of mercury (mmHg) and the horizontal axis represents time. A vertical dotted line connects the measurement's systolic and diastolic pressures. This line may be used to estimate the pulse pressure<sup>2</sup>.

#### • Pulse (Pulse Trend):

The vertical axis represents beats per minute (BPM) and the horizontal axis represents time.

#### • Mean Arterial Blood Pressure (MAP Trend):

The vertical axis represents millimeters of mercury (mmHg) and the horizontal axis represents time. The MAP Trend may be displayed on its own or in combination with the BP Trend. If the MAP Trend is combined with the BP Trend, it will appear between the Systolic and Diastolic Trend lines.

#### Double Product:

The vertical axis represents mmHg· bpm and the horizontal axis represents time.

<sup>2</sup> The Pulse Pressure is the difference between the Systolic and Diastolic blood pressures.

#### **Delimitation, Scroll Bar and Linking**

#### Partial Analysis:

When the Partial Analysis feature is enabled, red bands will appear on all the Trend Graphs highlighting the period and data specified within the Partial Analysis parameters.

#### Sleep:

When the Sleep interval is identified, black bands will appear around all the Trend Graphs highlighting the specified Sleep interval.

#### Blood Pressure Trend BP Limits:

When the Systolic and Diastolic Blood Pressure Limits are specified, lines are drawn horizontally across the Blood Pressure and Mean Arterial Blood Pressure trends at the specified limits. These lines may be used to determine when the patient exceeds the user defined limits during the monitoring session.

#### Scroll bar/Linking:

The scroll bar at the bottom of the Trends Screen allows you to scroll through the Trend Graphs. You may also link the Trends Screen to the Blood Pressure Data List by aligning the left hand side of a Trends Screen with the vertical line of an individual blood pressure measurement. When the Blood Pressure Data List is displayed, the aligned measurement will be selected.



Figure 10: Trends Screen with all positions specified

The Trends Screen can be modified in two ways:

- (1) Trends selection
- (2) Scaling

Once you have opened and selected a data file, follow the below to view, scale, customize and print the Trends Screen.

#### 2-6-3-1 Viewing the Trends

- Step 1 Select the View menu.
- Step 2 Select the Trends sub-menu.
- **Step 3** You may print the Trends Screen by selecting the Print menu on the Trends toolbar.
- **Step 4** Click the Windows<sup>™</sup> close button in the top right corner to close the Trends Screen.

#### 2-6-3-2 Scaling the Screen

The Trends Screen may be scaled to have some or all of the data fit on the screen. To scale the Trends Screen, complete the following steps:

**Step 1** Select the **Zoom** drop-down menu on the Trends toolbar.

**Step 2** Select a scale to view the screen: All data, 1, 3, 6 or 12 hours.

#### 2-6-3-3 Trend Display: Positioning Trends

The Trends Screen may be customized to show one or more trends on the screen simultaneously in any order. The trends positions may be set to:

- Blood Pressure: Systolic/Diastolic, MAP, Pulse
- Double Product
- Blank: When a position is set to Blank, the other specified trends will expand to fit the screen.

Trend Page Selection	×
Trend Pa	ge List
BP + DP Full Standard	<u>N</u> ew
	<u>E</u> dit
	Delete
	<u>Q</u> K
	Cancel

Figure 11: Trend Page Selection dialog box

To customize the Trends Screen, complete these steps:

- Step 1 Select the Select menu on the top left hand corner of the Trends toolbar.
- **Step 2** Highlight the Trend Page Template you want to view and click the **OK** button or double click the Trend Page Template.

If an existing template does not meet the requirements, you may create a new template or edit an existing one.

#### 2-6-3-4 Creating a New/Edit Trends Template

The new and edit Trend Page features are quite similar. The instructions for these features have been combined.

Trend Page Setup		×
Page Name:	BP + DP	
Position 1:	Blood Pressure	
Position 2:	Double Product	<u>S</u> ave
Position 3:	(Blank)	<u>C</u> ancel
Position 4:	(Blank)	Help

Figure 12: Trend Page Setup dialog box

- Step 1 Select the Select menu on the top left hand corner of the Trends toolbar.
- Step 2 To create a new Trend template, select New and go to step 3.To edit a Trend Page, go to step 4.
- Step 3 Input a name for the New Trend Page and go to step 6.
- **Step 4** Highlight the Trend Page template you want to edit and click the **Edit** button.
- **Step 5** Enter a name for the Trend Page.
- Step 6 Select Position 1.
- **Step 7** Select the Trend to reside in Position 1. The position will be set with the specified trend.
  - **Note**: There are three sub trends to the Blood Pressure Trend: 1) Systolic/Diastolic 2) MAP 3) Pulse.

ЛŪ	BP Trend	×
Γ	Include:	1
	🔽 Systolic / Diastolic	
	MAP (Mean Arterial Pressure)	
	🗖 Pulse	
	<u> </u>	

Figure 13: Blood Pressure Trend Setup dialog box

Step 8 Repeat steps 6-7 to set positions 2, 3, and 4.

**Step 9** To save your trend template, click the **Save** button

Step 10 To cancel the operation, click the Cancel button .

#### 2-6-4 Correlation Plots

The Correlation screen offers a convenient way to view the relationship between the Blood Pressure parameters. It also assesses overall performance of the patient's cardiovascular system. Both Full and Partial Analysis Correlation Plots may be viewed for the following relationships:

- 1) Systolic versus Diastolic
- 2) Systolic versus Pulse (Heart Rate)
- 3) Statistical Data<sup>3</sup>: Systolic, Diastolic, Pulse
  - Mean, " m "
  - Standard Deviation, " s' "
  - Correlation Coefficient, " r "
  - Regression Line

The vertical axis represents systolic pressure, the horizontal axis represents the diastolic pressure on the left hand graph and pulse on the right hand graph. All the graphs have scales of 0 to 300 mmHg.

**Note**: If Partial Analysis is enabled, four graphs will appear. The first two graphs on the left hand side of the screen, in blue, are based on Full data. The second pair of graphs, in red, on the right hand side of the screen is created from valid data specified within Partial Analysis parameters.

Each measurement recorded represents a dot on the screen. The vertical position of the dot is equal to the systolic value on both graphs. The horizontal position on graph 1 is equal to the diastolic value and on graph 2, the pulse. The clusters of dots are created by the overlapping of recorded

<sup>3</sup> Statistics and graphs are effected by the deleting and inserting of measurements in the BP Data list.

measurements. Measurement statistics, Mean " m ", Standard Deviation " s' " and Correlation Coefficient " r " values are shown on the bottom of the screen.



Figure 14: Correlation Plots display

#### 2-6-5 Histograms

The Histograms screen offers a convenient way to quickly review the overall magnitude and distribution of the systolic, diastolic, mean arterial blood pressures and pulse (heart rate) measurements. The following Histograms are available:

- Systolic Blood Pressure: Full Analysis in blue, Partial Analysis overlaid in red.
- Diastolic Blood Pressure: Full Analysis in blue, Partial Analysis overlaid in red.
- MAP, Mean Blood Arterial Pressure: Full Analysis in blue, Partial Analysis overlaid in red.
- **Double Product:** Full Analysis in blue, Partial Analysis overlaid in red.
- Pulse:
  Full Analysis in blue, Partial Analysis overlaid in red.
- Statistical Data<sup>4</sup>: MEAN (m) and SD (s') for: SYS, DIA, MAP, DP and PULSE. Full Analysis is in blue, Partial Analysis in red.

The vertical scale represents 0 to 300 (mmHg or BPM) on all graphs except Double Product. The horizontal scale represents the percentage of total readings that occurred at the corresponding vertical level. The Histograms are displayed in blocks that represent a range of readings.



Figure 15: Histograms display

<sup>4</sup> Statistics and graphs are effected by the deleting and inserting of measurements in the BP Data list.

#### 2-6-6 Circadian Rhythm

The Circadian Rhythm screen shows the circadian rhythm of the systolic and diastolic blood pressures, and pulse (heart rate); obtained using the 24-hour cosinor analysis. The analysis starting time coincides with the start time specified for the Full Analysis interval.

The Circadian Rhythm screen also shows the amplitude and peak value of the cosine wave based on the 95% confidence interval.

The systolic blood pressure data is indicated in red, the diastolic blood pressure data, in blue, and the pulse data , in yellow.



Figure 16: Circadian Rhythm display

#### 2-6-7 HIB Analysis

The HIB analysis screen shows two graphs arranged vertically.

The upper graph shows the hyperbalic area (in red) exceeding the user-defined hyperbalic limits for the systolic and diastolic blood pressures, and the numerical data converted into a one-day period. The lower graph shows the hypobalic area (in red) not reaching the user-defined hypobalic limits for the systolic and diastolic blood pressures, and the numerical data converted into a one-day period. For both graphs, the analysis starting time coincides with the start time specified for the Full Analysis interval.



Note: For details on the hyperbalic and hypobalic limits, see "2-9-4-1 BP (Blood Pressure) Settings".

Figure 17: HIB analysis display

#### 2-6-8 Patient Information

The Patient Information screen is used to store information on patients and their treatment. This is also the input screen for the patient's Sleep interval.

Patient Inform	ation			N
RecorderID	1	Date 05/03/91	Time 12:00	
File	Denol	Soc. Sec. \$		Apr
Name	Detad	instance.	-	Sex
Address				Height
		Medicare #:		Weight
Phone		Medications:		
		Convents:		
PHYSICIAN	List			
Name:				
Address	i	_		
		SLEEP	Begin End	2010
Phone		_	pacing price	Count
				Parca

Figure 18: Patient Information display

The Patient Information screen has the following data fields:

(	The characters	referred to	in the table	below include	CRs and spaces	.)
					onto ana opaceo	··/

Field	Description
Recorder ID	Recorder ID refers to the monitor identification number. The Recorder ID cannot be modified in this screen. It is established during the recorder setup prior to the monitoring session. See "2-7-3 Programming the Monitor's Intervals and Conditions".
	For the TM-2420, the ID number is fixed to "1".
Date	Date corresponds to the first measurement date in the patient record. Date cannot be modified in this screen. It is automatically set at the time the measurement was recorded.
Time	Time corresponds to the first measurement time in the patient record. Time cannot be modified in this screen. It is automatically set at the time the measurement was recorded.
File	File refers to the name of the file. It is initially defined by the user at the time of data retrieval. See "2-7-1 Retrieving Data from the Monitor".
Name	There are two name fields. Enter up to 20 characters for the patient name when the data is retrieved. Selecting this field allows changes to the patient name. Enter up to 60 characters for the physician name. The physician's name may be entered automatically by selecting the List button. See "2-9-2 <b>Physician List</b> ".
Address	There are two address fields. The patient address field may be filled in manually. The physician address field may either be filled in manually, or automatically by selecting the List button. See " <b>2-9-2 Physician List</b> ". Up to 50 characters can be used for each address field.
Phone	There are two telephone fields. The patient phone field may be filled in manually. The physician phone field may either be filled in manually, or automatically by selecting the List button. See " <b>2-9-2 Physician List</b> ". Up to 20 characters can be used for each phone field.
Soc. Sec. #	Field for the patient's social security number. Up to 20 characters can be used.

Field	Description
Insurance	Field for the patient's insurance information. Up to 20 characters can be used.
Medicare #	Field for the patient's Medicare or Medicaid number or other health care number. Up to 20 characters can be used.
Medications	Field for the patient's medications. Up to 60 characters can be used.
Age	Field for the patient's age. Up to 10 characters can be used.
Sex	Field for the patient's sex. Up to 10 characters can be used.
Height	Field for the patient's height. Up to 10 characters can be used.
Weight	Field for the patient's weight. Up to 10 characters can be used.
Comments	Field for comments on the patient's condition, treatment or other notes. Up to 400 characters can be used. The scroll bar will automatically be activated when additional space is required.
Sleep	The Sleep field is used to define the sleep parameter. Begin refers to the time the patient goes to sleep. End refers to the time the patient wakes up. The 24-hour clock (military time) must be used when inputting the sleep times. For example, 11 p.m. equals 23:00, Midnight equals 00:00, and 9 a.m. equals 09:00. Use a colon ":" between hours and minutes.

Follow the instructions below to view, edit and print the Patient Information screen.

- Step 1 Select the View menu.
- Step 2 Select the Patient Information sub-menu.
- **Step 3** To edit a field, select the appropriate field and input the information.
- Step 4 To save the edits and close the Patient Information screen, click the Save button.
- **Step 5** To cancel the edits and close the Patient Information screen, click the **Cancel** button.

**Note**: For some types of printers, the number of printed characters may be different from the number of displayed characters.

### 2-7 Recorder Menu

The Recorder menu may be used to retrieve data from the monitor, set the monitor's intervals and conditions and clear the data in the monitor's memory. With the monitor and the processor connected to the computer, the following options are provided:

- 1) Retrieve data
- 2) Condition setup
- 3) Clear data
- **Note:** Be sure to perform the default settings before executing the Recorder menu. About the default settings, see "2-9-4-2 Serial Port" and "2-9-4-3 Recorder Type".
  - If communications cannot be made due to improper connection or some other failure, see "3 TROUBLESHOOTING".

#### 2-7-1 Retrieving Data from the Monitor

Recorder - Retr	ieve Data	×
Recorder ID	: 1	
Start Date:	03/25/99	
Start Time:	12:56	
Patient Nam	e:	
Convert D	ata CSV file automatical	lly
	Retrieve o	data
Status:	Connected	
Read count	er:	

Figure 19: Recorder-Retrieve Data dialog box

See below for the description of each field on the Recorder-Retrieved Data dialog box.

Field	Description
Recorder ID	Recorder ID is set in the monitor's memory prior to the monitoring session.
Start Date	Date of first measurement in the monitor's memory.
Start Time	Time of first measurement in the monitor's memory.
Patient Name	Field for the patient's name.
Convert Data	Creates a CSV file automatically when checked.
Status	Status line offers comments on the present stage of the data retrieving process, e.g. "connected" or "retrieving data".

With the monitor and the processor connected to the computer, you may retrieve data from the monitor by completing the steps below:

- Step 1 Select the Recorder menu.
- Step 2 Select the Retrieve data sub-menu.
- **Step 3** Select the Patient name field and input the patient's name. The name will appear in the Name field on the Patient Information screen.
  - **Note**: You must input a patient name or the data can not be retrieved. To exit the Retrieve Data dialog box prior to retrieving the data, click the Windows<sup>™</sup> close button in the top right corner of the Recorder–Retrieve Data dialog box.
- Step 4 Click the Retrieve Data button.
- **Step 5** Select the File Name field and enter a file name.
- **Step 6** Select the Drive and Directory where the file should be saved.

Step 7 Click the OK button.

Note: To view a retrieved file, you must open it.

#### 2-7-2 Clearing The Monitor's Memory

The monitor's memory should be cleared before each monitoring session. With the monitor and the processor connected to the computer, you may clear the measurement data stored in the monitor by completing the steps below:

- Step 1 Select the Recorder menu.
- Step 2 Select the Clear Data sub-menu.

Recorder - Clear Data	
This will clear all	data in the recorder!!
	<u>C</u> ancel

Figure 20: Recorder - Clear Data dialog box

- Step 3 To clear the monitor's memory, click the OK button.
- **Step 4** To <u>not</u> clear the monitor's memory, click the **Cancel** button.
- CAUTION: Cleared data cannot be recovered.

#### 2-7-3 Programming the Monitor's Intervals and Conditions

#### 2-7-3-1 TM-2420/TM-2421 Setup

With the monitor and the processor connected to the computer, you may setup or change the following monitor condition and interval settings:

Item	Definition		
Recorder ID number	Monitor (or patient) ID number (01 through 99). This is useful when more than one monitor is used in the same clinical setting.		
Time	Sets monitor's internal clock.		
Date	Sets monitor's internal calendar.		
Display On/Off	Turns the monitor display on or off during automatic measurement session. It may not be desirable for the patient to see the measurement results. Some patients become nervous when they see the measurement results. This may affect their blood pressure readings.		
Buzzer On/Off	Sets whether or not the monitor will beep 10 seconds prior to the start of a measurement.		
PERIOD	A 24-hour day may be broken up into 4 periods. For a more detailed explanation, see monitor's instruction manual.		
START	The Time of the first (1) period is the start and end time of the monitoring session.		
	<i>Note</i> : When only the Time of the first (1) period is set, the monitoring session is performed at the same interval for 24 hours.		
	The Time of the second (2) period, if set, is the start of second period and end of the first. The Time of the third period, if set, is the start of the third period and end of second. The Time of the fourth (4) period, if set, is the start the fourth period and end of the third.		
	Note: You do not need to program all periods.		
INTERVAL	The Interval is the number of minutes between each measurement within the specific period.		

The Setup sub-menu may be used to program the monitor's intervals and conditions. The monitor is programmed in 24-hour segments, with the End Time for the last Period defaulting to the Period One (1) Time that is both the Start and End Time for the monitoring session. Please also note that the Periods must be defined consecutively, i.e. set Period 1 then Period 2, then Period 3, not Period 1 then Period 3. To program the monitor, follow the steps below:

**Note**: The monitor, processor and cable must be connected to the computer correctly, see "2-2 Communication Between the Monitor and the Software".

- Step 1 Select the Recorder menu.
- Step 2 Select the Setup sub-menu. The Recorder Setup dialog box appears.

AND Recorder - Set	up		×
Reco	order ID: 1		
	Time: 11:	:09	
	Date: 200	01/08/20	
	Recorder: Display On C Buzzer On C	) Off	
PERIOD 1	START HOUR	INTERVAL 30 minutes 💌	
2	22 💌	1 hour 💌	
3	-	-	
4	- 💌	-	
<u>0</u> K	Cance	el <u>H</u> elp	

Figure 21: TM-2420/TM-2421 Recorder Setup dialog box

- Step 3 Select the Recorder ID field. Input a Recorder ID number between 1 to 99.
- Step 4 Select the Display check box to set the display to On or Off.
- **Step 5** Select the Buzzer check box to set the buzzer On or Off.
- **Step 6** Select the Time field for Period One (1) and enter the time you want the monitoring session to begin. Use military time to set the Time.

**Note**: The Time for Period One (1) also defines the End of the monitoring session 24 hours later. See examples at the end of this section.

- **Step 7** Select the Interval drop-down menu for Period One (1) and set the measurement Interval for Period One (1) to: OFF, 1<sup>5</sup>, 3<sup>5</sup>, 5, 10, 15, 20<sup>5</sup>, 30, 60 or 120<sup>5</sup> minutes.
- Step 8 If you want to program a second period, go to step 9.If you do not want to program a second period, go to step 17.
- **Step 9** Select the Time field for Period Two (2) and enter the time you want for this period; this will also set the end for period One (1). Use military time to set the Time. See examples at the end of this section.
- Step 10 Select the Interval drop-down menu for Period Two (2) and set the measurement Interval for Period Two (2) to: OFF, 1, 3, 5, 10, 15, 20, 30, 60 or 120 minutes.
- Step 11 If you want to program a third period, go to step 12. If you do not want to program a third period, go to step 17.
- Step 12 Select the Time field for Period Three (3) and enter the time you want for this period; this will also set the end for period Two (2). Use military time to set the Time. See examples at the end of this section.

5 The 1 and 3-minute measurement intervals are available only with the TM-2420/TM- 2421. The 20-minute measurement interval is available only with the TM-2421.

The 120-minute measurement interval is available only with the TM-2421/TM-2430.

- Step 13 Select the Interval drop-down menu for Period Three (3) and set the measurement Interval for Period Three (3) to: OFF, 1, 3, 5, 10, 15, 20, 30, 60 or 120 minutes.
- Step 14 If you want to program a fourth period, go to step 15. If you do not want to program a fourth period, go to step 17.
- Step 15 Select the Time field for Period Four (4) and enter the time you want for this period; the end period for Period Four (4) will be the Time for Period (1). Use military time to set the Time. See examples at the end of this section.
- Step 16 Select the Interval drop-down menu for Period Four (4) and set the measurement Interval for Period Four (4) to: OFF, 1, 3, 5, 10, 15, 20, 30, 60 or 120 minutes.
- Step 17 If the intervals are set correctly, click the OK button to confirm the programming. If they are not correct, reset them, or go to step 18.
- **Step 18** To cancel the programming and close the Recorder–Setup dialog box, click the **Cancel** button.

#### 2-7-3-2 TM-2430 Series Setup

The recorder setup for the TM-2430 series is similar to the TM-2420/TM-2421 except that it includes two additional options for setting the BP measurement intervals as shown in Figure 22.

AND Recorder - Setup	×
Recorder ID:	Time: 11:12 Date: 2001/08/20
	st It shows the time and date in the Personal Computer
Recorder:	
Display	BP Measurement Intervals
💿 On	● Mode 1 - 07:00->22:00, 15 min 22:00->07:00, 30 min
O Off	C Mode 2 - Sleep button OFF, 15 min Sleep button ON, 30 min
	C Mode 3 - PERIOD START HOUR INTERVAL
	1 - 💌 - 🔍
	2 - 💌 -
	8 - 💌 -
	4 - 💌 - 😿
	5
	6 - 💌 -
	<u>QK</u> <u>C</u> ancel <u>H</u> elp

Figure 22: TM-2430 series Recorder-Setup dialog box

Description of each mode is as follows:

- Mode 1 07:00-21:59 The measurement is performed every 15 minutes. 22:00-06:59 The measurement is performed every 30 minutes.
- Mode 2 The AUTO ON/OFF key is pressed at rising and going to bed so that the measurement intervals are changed and the time during sleep can be distinguished on the data. When the "S" is off, the measurement is performed every 15 minutes. When the "S" is displayed, the measurement is performed every 30 minutes.
- Mode 3 The measurement interval can be changed six times within a maximum of 24 hours. (The monitor can store six measurement intervals (periods) in 24 hours. A period consists of a start time and interval.)

#### 2-7-3-3 Examples of Programming the Monitor

**Note**: The procedure is the same for the TM-2420/TM-2421/TM-2430, except periods 5 and 6, which are available only with the TM-2430.

#### (A) Example: Programming the Monitor for One (1) Period

Suppose that the start time of the monitoring session is 09:00 and you would like the monitor to measure the patient's blood pressure every 30 minutes. Remember that the Time for Period One (1) also defines the End of the monitoring session. The end time for Period 1 will default to the Time for Period One (1), in this case 09:00.



The following is the recorder setup according to these instructions.





Figure 23: Monitor programming example 1

#### (B) Example: Programming the Monitor for Three (3) Periods

Suppose that the start time of the monitoring session is 09:00 and you would like the monitor to measure the patient's blood pressure every 30 minutes until 22:00, and from 22:00 to 07:00 once an hour, and from 07:00 you would like the blood pressure measured every 15 minutes. Remember that the Time for Period One (1) also defines the End of the monitoring session. The end time for Period Three (3) will default to the Time for Period One (1), in this case 09:00.

PERIOD	TIME	INTERVAL	DURATION
1	09:00-22:00	30 minutes	13 hours
2	22:00-07:00	1 hour	9 hours
3	07:00-09:00	15 minutes	2 hours
		Total:	24 hours

The following is the recorder setup according to these instructions.

Note: Set Periods One (1), Two (2) and Three (3) only. Leave the other Periods as "-".



Figure 24: Monitor programming example 2

#### (C) Example: Programming the Monitor for Four (4) Periods

Suppose that the start time of the monitoring session is 09:00 and you would like the monitor to measure the patient's blood pressure every 30 minutes until 22:00, and from 22:00 to 23:00 you want the monitor OFF so that the patient may sleep, and from 23:00 to 06:00 you would like the patient's blood pressure measured once an hour, and finally from 06:00 you want the blood pressure measured every 15 minutes. Remember that the Time for Period One (1) also defines the End of the monitoring session. The end time for Period Four (4) will default to the Time for Period One (1), in this case 09:00.

PERIOD	TIME	INTERVAL	DURATION
1	09:00-22:00	30 minutes	13 hours
2	22:00-23:00	OFF	1 hours
3	23:00-06:00	1 hour	7 hours
4	06:00-09:00	15 minutes	3 hours
		Total:	24 hours

The following is the recorder setup according to these instructions.

**Note**: Set Periods One (1), Two (2), Three (3) and Four (4). Leave the other Periods as "-".



Figure 25: Monitor programming example 3

#### 2-7-3-4 UA-767PC Setup

When the UA-767PC connected to a personal computer, times to generate a beeping sound can be set.

To set the times, complete the following steps:

Step 1 Select the Recorder menu.

**Step 2** Select the **Setup** sub-menu. The Recorder Setup dialog box appears.

-BP Meas Time	urement-		, ,
(Веер	Sound) 1	Hour 7 💌	Minute 00
	2	16 💌	00 -
	3	off 💌	×
	4	off 💌	×
	5	off 💌	×
	6	off 💌	in the second se

Figure 26: UA-767PC Recorder-Setup dialog box

Step 3 Enter times to generate a beeping sound.

- **Note**: The same time can not be entered in different boxes. Enter different times for each box.
- **Step 4** Click the **OK** button to confirm the settings. If the settings are not correct, reset them or go to Step 5.
- Step 5 To cancel the settings and close the dialog box, click the Cancel button.

#### 2-7-4 Blood Pressure Measurement (Available only with the UA-767PC)

When the UA-767PC connected to a personal computer, blood pressure measurement can be started from the computer.

- Step 1 Select the Recorder menu.
- Step 2 Select the Blood Pressure Measurement sub-menu.
- **Step 3** Blood pressure measurement will be started.

### 2-8 Report Menu

Custom report formats may be saved for future use through the Report menu. The following functions are available in the Report dialog box:

- Create a new report template
- Edit an existing report template
- Delete an existing report template
- Save an existing template as the default report style
- Print a user defined report
- Print a "Mini" report
- Close the Report dialog box

Report				X
Full Korotkoff				New
Full Korotkoff - Oscil Full Oscillometric	lometric			<u></u>
Full Oscillometric - N	orotkofr			<u>E</u> dit
				<u>D</u> elete
				<u>C</u> lose
<u>Save as default</u>	report	<u>Print report</u>	Print	" <u>M</u> ini" report

Figure 27: Report dialog box

To open the Report dialog box, print a report, create a new report template or edit an existing template, select the **Report** menu on the main menu.

Note: Not available with the UA-767PC.

#### 2-8-1 Creating a New Report Template

Step 1 Click the New button on the Report dialog box. The Report Setup dialog box will appear.

Report Setup	×
Report Name:	
Report Heading: A&D ABPM	ANALYSIS REPORT
Text Data	BP measurement method
🗖 Patient informatio	Oscillometric only
🥅 Summary data	○ 1:Oscillometric, 2:Korotkoff
🗖 BP data	C Korotkoff only
	C 1:Korotkoff, 2:Oscillometric
Graphical Data Blood pressure Double product Correlation Histgram Circadian rhythm HBI analysis	<u>Save</u> <u>C</u> ancel

Figure 28: Report setup dialog box

- **Step 2** Type the Report Name.
- **Step 3** Edit the Report Heading. This heading will appear on the top of every page along with the file name and time the file is printed.
- Step 4 Select the Text Data you want included in the report by checking the appropriate boxes.
  - **Note**: You may check all or none of these boxes. An unchecked box will not print; a checked box will print.
- **Step 5** Select the Graphical Data you want included in the report by checking the appropriate boxes.

**Note**: You can check all or none of these boxes. An unchecked box will not print; a checked box will print.

- **Step 6** Select the Measurement Method to base the report on by clicking the appropriate radio button.
- Step 7 Save the report template by clicking the Save button.
- **Step 8** If you do not want to save the report template, click the **Cancel** button.

#### 2-8-2 Editing an Existing Report Template

- **Step 1** Highlight the report template you want to edit.
- Step 2 Click the Edit button. The Report Setup dialog box will appear.
- Step 3 Edit the Report Name.
- **Step 4** Edit the Report Heading. The Report Heading will appear on the top of every page along with the file name and time the file printed.
- **Step 5** Edit the selected Text Data you want included in the report by checking or unchecking the appropriate boxes.

*Note*: You may check all or none of these boxes. An unchecked box will not print; a checked a box will print.

**Step 6** Edit the selected Graphical Data you want included in the report by checking or unchecking the appropriate boxes.

**Note**: You may check all or none of these boxes. An unchecked box will not print; a checked box will print.

- **Step 7** Edit the selected Measurement Method to base the report on by checking or unchecking the appropriate radio button.
- **Step 8** Save the report template by clicking the **Save** button.
- **Step 9** If you do not want to save the report template, click the **Cancel** button.

#### 2-8-3 Deleting an Existing Report Template

- **Step 1** Highlight the report template you want to delete in the Report dialog box.
- **Step 2** Click the **Delete** button. The highlighted report template will be deleted.
- **Step 3** To cancel this operation, click the **Cancel** button.

#### 2-8-4 Saving a Default Report Template for Printing

- **Step 1** Highlight the report template you want to save as the default report.
- Step 2 Click the Save as default report button. The specified report template will be saved as the default report and will be appeared first every time the Report dialog box is opened.

#### 2-8-5 Printing an Existing Report Template

- **Step 1** To print the Default Report Template, click the **Print report** button.
- **Step 2** To print a report template other than the Default Report Template, highlight the desired report template in the Report dialog box and click the **Print report** button.

#### 2-8-6 Closing the Report dialog box

Step 1 Click the Close button.

### 2-9 Options Menu

The Options menu may be used to access default and various formatting screens within the software. The following Options features are available:

Menu	See	Description
Report Formats	"2-8 Report Menu"	The Report formats may be used to create and save custom report formats.
Physicians List	"2-9-2 Physician List"	The Physicians list may be used to store contact information on the patient's physician, i.e. address and phone number, so that the Physician fields in the Patient Information screen may be quickly updated.
Trend Display	"2-6-3-3 Trend Display: Positioning Trends"	The Trend Display may be used to customize the Trends Screen.
Default Settings	"2-9-4 Default Settings"	There are three default settings:
		1) BP settings (Blood Pressure settings) which may be used to set the default BP mode and BP limits.
		2) Serial port which may be used to set the communication port for interfacing with the monitor.
		3) Monitor type to be used.

#### 2-9-1 Report formats

See "2-8 Report Menu".

#### 2-9-2 Physician List

The Physicians List is used to store contact information for multiple physicians. This will save time from repetitive data input.

Physician List	×
Becker, Jerry	New
	<u>E</u> dit
	<u>D</u> elete
	<u>0</u> K

Figure 29: Physician List dialog box

- Step 1 Select the Options menu.
- Step 2 Select the Physician List sub-menu.

The following instructions outline the various Physician List features available.

2-9-2-1 Adding a New Physician to the List

Physician Entry		×
First name:	Save	
Last name:		
Address:	<u>C</u> ancel	
Phone:		

Figure 30: Physician Entry dialog box

- **Step 1** Click the **New** button on the Physician List dialog box. The Physician Entry dialog box will appear.
- Step 2 Enter the appropriate data.

Note: All fields must be completed.

**Step 3** Save the new physician template in the list by clicking the **Save** button. If you do not want to save the new physician, click the **Cancel** button.

#### 2-9-2-2 Editing an Existing Physician in the List

- Step 1 Highlight the physician's name you want to edit.
- Step 2 Click the Edit button. The Physician Entry dialog box will appear.
- **Step 3** Select the field to edit and then type the new data.

Note: All fields must be completed.

**Step 4** Save the edited physician template by clicking the **Save** button. If you do not want to save the edited physician, click the **Cancel** button.

#### 2-9-2-3 Deleting an Existing Physician in the List

- **Step 1** Highlight the physician's name you want to delete.
- Step 2 Click the Delete button. The highlighted physician's name will be deleted.
- **Step 3** If you do not want to delete the physician template, click the **Cancel** button.

#### 2-9-3 Trend Display

See "2-6-3-3 Trend Display: Positioning Trends".

#### 2-9-4 Default Settings

There are three default settings in this software:

- 1) Blood Pressure
- 2) Serial Port
- 3) Recorder Type

#### 2-9-4-1 BP (Blood Pressure) Settings (Available only for TM-2420/TM-2421 and TM-2430 data)

Edit the Default Blood Pressure Settings as follows:

- **Step 1** Select the Measurement Method (BP Mode).
- Step 2 Enter data for each value. The following is the description of each value.

Hyperbalic limit:

The percentage of readings exceeding the specified Systolic and Diastolic limits for the Awake and Sleep interval will be calculated and noted both in the Summary Data and printed reports.

The values are used as "limits" for HBI analysis.

Hypobalic limit:

The percentage of readings not reaching the specified Systolic and Diastolic limits for the Awake and Sleep interval will be calculated and noted both in the Summary Data and printed reports.

The values are used as "limits" for HBI analysis.

- Step 3 To save the edits, click the Save button.
- **Step 4** To cancel the edits, click the **Cancel** button.

Default Blood Pressure Settings	×					
Measurement Method © Dscillometric only C 1:Oscillometric, 2:Korotkoff C Korotkoff only C 1:Korotkoff, 2:Oscillometric						
HYPERBAL						
Awake Interval	Sleep Interval					
Systolic limit: 140 mmHg	Systolic limit: 120 mmHg					
Diastolic limit: 90 mmHg	Diastolic limit: 70 mmHg					
HYPOBALI Awake Interval Systolic limit: 100 mmHg Diastolic limit: 60 mmHg	HYPOBALIC LIWIT Awake Interval Systolic limit: 100 mmHg Diastolic limit: 60 mmHg Diastolic limit: 50 mmHg					
<u>S</u> ave <u>C</u> ar	ncel <u>H</u> elp					

Figure 31: Default Blood Pressure Settings dialog box

#### 2-9-4-2 Serial Port

The serial port is used to communicate between the monitor and the computer. The serial port setting and the port used for communication must be the same.

Default Serial Port Selection	×
C Com <u>1</u>	
🔿 Com <u>3</u>	
Ċ Com <u>4</u>	
Save Cance	el

Figure 32: Default Serial Port Selection dialog box

#### 2-9-4-3 Recorder Type

Recorder Type	×
Selection TM2421/TM2420 TM2430 UA767PC	
<u>S</u> ave <u>C</u> ancel	

Figure 33: Default Recorder Type dialog box

The default Recorder Type function is used to select the type of monitor the software will communicate with for all Recorder functions. This function does not affect which type of data files the software can analyze.

### 2-10 On-line Help

Help screens are available for on-line software assistance. There are three ways to access the Help function.

- 1) Select the Help menu on the Menu bar.
- 2) Click **Help** buttons which appear on various dialog boxes throughout the software.
- 3) Press the **F1** key at any point during the operation of the software.

## **3. TROUBLESHOOTING**

### **3-1 Measurement Errors**

The following tables list the error messages that may occur during a monitoring session and offer information on possible causes and corrections.

Measurement errors may be shown on the blood pressure data list display and printed text data. If an error occurs (indicating by asterisks), corrective measures must be taken to use this software.

#### 3-1-1 TM-2420/TM-2421 Error Codes

ERROR CODE	POSSIBLE CAUSE	CORRECTION
E01	The microphone has become	Remove and reconnect the microphone
	disconnected or there has been	connector at the front of the monitor.
	excessive body motion.	
E02	Air leak	Check that the air hose plug is tightly
		connected to the air connector located
		at the front of the monitor.
		Check the connection between the air
		nose plugs and the air bladder.
E04	Low Pottony "o" obown in the	Diverties an Diaduel for leaks.
E04	number display	The "c" shown on the display will
	The monitor will not take a	disappear after 30 minutes Wait the full
	measurement print data or	60 minutes charging time to ensure that
	download data until the monitor is	the battery is fully charged
	charged.	<b>Note</b> : The monitor will hold all stored
	5	readings in memory for two weeks after
		the appearance of the low battery
		indicator.
E05	Measurement time exceeds 100	Check E01 and E02 procedures.
	seconds.	Reposition the lower microphone and
	(Inflation time error)	then correlate it to the subject.
		Check that the air hose is not held down
		by a constrictive strap or similar
500	Dressurization graater then 200	Confirm that the outline tip not maying
EU6	mmHg	during the measurement.
		Clear the memory.
		Caution: All measurement data will
		be erased.
		After clearing the memory, take one
		approximately 195 mmHg, the system is OK.
		Reset the monitor by gently inserting a
		paper clip in the hole located on the
		bottom of the monitor.
		Caution: All measurement data, as
		well as programmed intervals and conditions will be erased.
		If the monitor stops and then continues
		to inflate above 260 mmHg, return the
		unit to A&D for service.
1		

ERROR CODE	POSSIBLE CAUSE	CORRECTION
E07	Manual stop	The measurement was manually interrupted by depression of the red Start/Stop button.
E08	Korotkoff sounds are undetectable.	Check that the lower microphone is affixed with the sensing side (skin side) facing the patient's arm. <b>Note:</b> The microphone should always be taped to the arm with the supplied affixing tape. Place "X" of tape over the top of the microphone.
E11	More than 256 Korotkoff sounds are measured.	Check for a break in the microphone lead. Check for external damage to the microphone. Microphone circuit may be damaged. <b>Note:</b> If a break in the microphone lead or external damage has occurred, the microphone assembly must be replaced.
E20	Pulse Error Pulse less than 35 beats or more than 200 beats per minute.	Check the position of the lower microphone and then re-correlate it to the subject. <b>Note</b> : Certain physiological conditions or pharmaceutical treatment may excessively reduce or increase a pulse rate. In cases of excessively low pulse rates, have the subject walk or stand a few minutes to raise the pulse rate above 35 beats per minute.
E21	Diastolic greater than 160 mmHg or less than 40 mmHg.	Outside of normal physiological parameters.
E22	Systolic greater than 280 mmHg or less than 60 mmHg.	Outside of normal physiological parameters.
E23	Difference between systolic blood pressure and diastolic blood pressure less than 10 mmHg.	Outside of normal physiological parameters.
E24	Difference between systolic blood pressure and diastolic blood pressure greater than 150 mmHg.	Confirm that the subject is not moving during measurement. Reposition the lower microphone and then correlate it to the subject.

**Note**: If a measurement error occurs (other than E08) when the "Auto" mode is set, the monitor will automatically take a 2nd measurement. If a second measurement error occurs, a 3rd measurement will not be taken. The monitor will return to its programmed interval.

#### 3-1-2 TM-2430 Series Error Codes

ERROR CODE	POSSIBLE CAUSE	CORRECTION			
E00	Clock parameters have not been set.	Enter clock parameters.			
E03	An error code is displayed without cuff inflation.	Exhaust the air from the cuff completely.			
E04	Measurement is stopped due to a low battery.	Replace with new batteries. Auto mode is quit. Restart the Auto mode if you use it.			
E05	Inflation pressure does not reach the target pressure.	Wrap the cuff and connect to the monitor. If the error persists, there may be an air leak and repair is necessary.			
E06	Pressurization greater than 320 mmHg.	Do not move and try to relax during the measurement. If you can not clear the error, repair is necessary.			
E07	Controlled stop using STOP key	Do not press the STOP key when unnecessary.			
E08, E10	Pulse can not be detected.	Do not move and try to relax during the measurement.			
E20	Pulse less than 35 beats or more than 200 beats per minute.	Measure the blood pressure by other methods.			
E21	Diastolic greater than 160 mmHg or less than 40 mmHg.	Measure the blood pressure by other methods.			
E22	Systolic greater than 280 mmHg or less than 60 mmHg.	Measure the blood pressure by other methods.			
E23	DSD greater than 150 mmHg or less than 10 mmHg. (DSD = difference between systolic blood pressure and diastolic blood pressure)	Measure the blood pressure by other methods.			
E30, E31	Air leaks in the cuff assembly.	Repair is necessary.			
E32	Clock error	If the error persists, repair is necessary.			
E50	Pressure offset error	Repair is necessary.			
E52	Memory error	Repair is necessary.			
E53	Defective battery contact	Replace batteries correctly. If the error persists, repair is necessary.			
E55, E56, E57	Exhaust error	Relax and do not move during the measurement. If this error occurs frequently, repair is necessary.			
E60	Interval setting error	Enter the interval parameters correctly.			
E70, 71, 72, 73	RS-232C error	Re-connect the communication cable. If the error persists, repair is necessary.			
E74	Voltage decreases during communication.	Replace batteries with new ones and restart communication.			
E75	Protocol error due to external equipment	Re-connect the communication cable. If the error persists, repair is necessary.			

### **3-2 Communication Errors**

When communicating between the monitor and the PC, the following dialog box may appear if the communication setup is not performed properly:



Figure 34: Communications Error dialog box

If this error occurs, complete the steps below:

- **Step 1** Click the **OK** button on the Error dialog box.
- **Step 2** Check the monitor's battery. Recharge the battery if necessary. Or replace with new batteries.
- **Step 3** Check the Default Serial Port selection. Make sure it is correct.
- Step 4 Check the Default Recorder Type selection. Make sure it is correct.
- **Step 5** Disconnect the monitor from the processor and reconnect them. (TM-2420/TM-2421) Disconnect the cable and reconnect it. (TM-2430/UA-767PC)
- **Step 6** Attempt communication. You may need to go through the process a few times to reestablish communication.

If the error still persists, complete the steps below:

- **Step 1** Exit the software.
- Step 2 Disconnect the monitor from the processor and reconnect them. (TM-2420/TM-2421) Disconnect the cable and reconnect it. (TM-2430/UA-767PC)
- Step 3 Charge the monitor's battery. (TM-2420/TM-2421 only)
- **Step 5** Start the software.
- Step 6 Check the Default Serial Port selection. Make sure it is correct.
- **Step 7** Check the Default Recorder Type selection. Make sure it is correct.
- Step 8 Attempt communication again.

### **3-3 Missing Files**

If you can not find your files in one of the File menu screens, and the files have not been deleted, check the following:

- The folder specified in the Recorder-Retrieved Data dialog box is the same folder as specified using the File | Open function.
- No changes have been made to the file extension .dat.

### 3-4 Reports Are Not Printing With the Desired BP Mode

It is important to note that the toolbar BP Mode is separate from the Report Format BP Mode settings. The BP Mode defined in the toolbar is not necessarily the BP Mode that will be used for the printed report. For information on how to set the BP Mode for the printed report, see "2-8-2 Editing an Existing Report Template".

AND Report Setup		×
Report Name:		
Report Heading:	A&D ABPM ANALYSIS REPORT	
Text Data ☐ Patient informati ☐ Summary data ☐ BP data	BP measurement method © Oscillometric only © 1:Oscillometric, 2:Korotkoff © Korotkoff only © 1:Korotkoff, 2:Oscillometric	
Graphical Data Blood pressure Double product Correlation Histgram Circadian rhythm HBI analysis	<u>S</u> ave <u>C</u> ancel	

Figure 35: Report Setup dialog box

### 3-5 Summary Data / Sleep Tab Data can not be Seen

Make sure that the Sleep parameters in the Patient Information screen are within the monitoring session's time.

For example, this problem may occur if the monitoring session is from 10:00 to 17:00, but the Sleep interval is set to be 22:00 (Begin)-7:00 (End).

## 4. PRINTOUT EXAMPLES

FILE: Demo	021	DATE:	1999/05/0	09 TIME:	13:00	ID: 1	
NAME	: Demo						
ADDRESS	:						
PHONE	:						
SOC, SEC.	:						
MEDICARE	:						
INSURANCE	:						
AGE:		SEX:		HE I GHT :		WE I GHT :	
MEDICATION	NS:						
COMMENTS:							
PHYSICIAN	INFORMATIO	N					
NAME	: Dr.Demo						
ADDRESS	:						
PHO <b>NE</b>	:						

Figure 36: Patient information – Text data

11	ime interval: 25 hours 13:00 1999/05/09> 14:00 1999/05/10
	VALID READINGS = 101 EXCLUDED DEADINGS = 1 (1.0%)
	MIN MEAN MAX SD SE CV(%)
SYSTOL I DIASTOL MAP PULSE	C      (mmHg)      77      129      173      20.62      2.05      16.04        .IC      (mmHg)      44      89      123      18.71      1.86      21.00        (mmHg)      55      102      137      18.78      1.87      18.42        (BPM)      49      69      116      14.20      1.41      20.46
S	YS/DIA Limits: Awake: 140/ 90 mmHg Sleep: 120/ 70 mmHg
	Readings > SYS limit(s): 38.6% Readings > DIA limit(s): 64.4%
Highest Highest Lowest Lowest	Systolic value: 173 mmHg 16:00 1999/05/09 Diastolic value: 123 mmHg 16:30 1999/05/09 Systolic value: 77 mmHg 3:15 1999/05/10 Diastolic value: 44 mmHg 3:15 1999/05/10
	PARTIAL SUMMARY
т	
I	ime interval: 6 hours, 04:00 1999/05/10> 10:00 1999/05/10
1	ime interval: 6 hours, 04:00 1999/05/10> 10:00 1999/05/10 VALID READINGS = 25 EXCLUDED READINGS = 0 (0.0%)
SYSTOLI Diastol Map Pulse	ime interval: 6 hours, 04:00 1999/05/10> 10:00 1999/05/10 VALID READINGS = 25 EXCLUDED READINGS = 0 (0.0%) MIN MEAN MAX SD SE CV(%) C (mmHg) 83 111 139 16.56 3.31 14.90 IC (mmHg) 49 75 99 13.33 2.67 17.66 (mmHg) 60 87 111 14.04 2.81 16.13 (BPM) 51 73 116 21.10 4.22 29.08
I SYSTOLI DIASTOL MAP PULSE S	ime interval: 6 hours, 04:00 1999/05/10> 10:00 1999/05/10 VALID READINGS = 25 EXCLUDED READINGS = 0 (0.0%) MIN MEAN MAX SD SE CV(%) C (mmHg) 83 111 139 16.56 3.31 14.90 IC (mmHg) 49 75 99 13.33 2.67 17.66 (mmHg) 60 87 111 14.04 2.81 16.13 (BPM) 51 73 116 21.10 4.22 29.08 YS/DIA Limits: Awake: 140/ 90 mmHg Sleep: 120/ 70 mmHg
I Systol I Diastol Map Pulse S	<pre>ime interval: 6 hours, 04:00 1999/05/10&gt; 10:00 1999/05/10 VALID READINGS = 25 EXCLUDED READINGS = 0 (0.0%) MIN MEAN MAX SD SE CV(%) C (mmHg) 83 111 139 16.56 3.31 14.90 IC (mmHg) 49 75 99 13.33 2.67 17.66 (mmHg) 60 87 111 14.04 2.81 16.13 (BPM) 51 73 116 21.10 4.22 29.08 YS/DIA Limits: Awake: 140/ 90 mmHg Sleep: 120/ 70 mmHg Readings &gt; SYS limit(s): 0.0% Readings &gt; DIA limit(s): 28.0%</pre>

Figure 37: Summary data (Full and partial) – Text data

	Ti	me interva	exclud	led: 23	:00>	07:00	
		VA Exclude	LID READ	INGS = NGS = 1	69 (1.4%)		
SYSTOLIC Diastolic Map Pulse	(mmHg) (mmHg) (mmHg) (BPM)	MIN MEA 97 13 72 9 81 11 57 7	N MAX 9 173 9 123 2 137 6 116	SD 12.63 11.10 10.60 11.90	SE 1.52 1.34 1.28 1.43	CV (%) 9. 08 11. 20 9. 45 15. 73	
		SYS valu DIA valu	ies > 14 ies > -9(	) mmHg: ) mmHg:	50.7 81.2	% %	
Highest S Highest D Lowest S Lowest D	ystolic v Hastolic v Ystolic v Hastolic v	alue: 173 alue: 123 alue: 97 alue: 72	mmHg 16 mmHg 16 mmHg 7 mmHg 7 mmHg 7	:00 19 :30 19 :00 19 :30 19	999/05/ 999/05/ 999/05/ 999/05/	09 09 10 10	
		<u>*</u> _					·
		<b></b>	SLEEP S	UMMARY 			
		Time int	erval: 2	23:00 -	-> 07:0	0	
		EXCLUDE	D READI	INGS = 0 IGS = 0	32 (0.0%)		
SYSTOLIC DIASTOLIC MAP PULSE	(mmHg) (mmHg) (mmHg) (BPM)	MIN MEA 77 10 44 6 55 8 49 5	N MAX 6 139 7 111 0 120 6 90	SD 15. 11 12. 24 12. 64 7. 99	SE 2.67 2.16 2.23 1.41	CV (%) 14. 31 18. 15 15. 81 14. 31	
		SYS valu DIA valu	es > 120 es > 70	) mmHg: ) mmHg:	12.5 28.1	%	
Highest S Highest D Lowest S Lowest D	ystolic v iastolic v ystolic v iastolic v	alue: 139 alue: 111 alue: 77 alue: 44	mmHg 23 mmHg 23 mmHg 3 mmHg 3 mmHg 3	:07 19 :07 19 :15 19 :15 19	999/05/ 999/05/ 999/05/ 999/05/	09 09 10 10	

Figure 38: Summary data (Awake and sleep) - Text data

BP MODE: 1:Korotkoff, 2:Osc	Demo21 : Demo 1999/05/09 BP DATA illometric	
NO. DATE TIME SYS DIA MAP	PUL DP STATUS COMMENTS	
$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	75    111    K	

Figure 39: Blood pressure data – Text data



Figure 40: Trend graph (Blood pressure and double product) - Graphical data



Figure 41:Correlation plots (upper) and histogram plots (lower) – Graphical data



Figure 42: Circadian rhythm plots (upper) and HBI analysis plots (lower) – Graphical data



Figure 43: "Mini" report -1



Figure 44: "Mini" report -2

## 5. TERMS/ABBREVIATIONS

### **5-1 Terms Related to Blood Pressure**

Term/Abbreviation	Description
Oscillometric	Oscillometric method of blood pressure
	measurement.
Korotkoff	Korotkoff method of blood pressure
	measurement.
SYSTOLIC, SYS, SBP	Blood pressure that occurs when the heart
(Systolic Blood Pressure)	contracts.
DIASTOLIC, DIA, DBP	Blood pressure that occurs when the heart
(Diastolic Blood Pressure)	expands.
MAP (Mean Arterial Blood Pressure)	Mean blood pressure obtained by the
	equation below.
	MAP=DIA+(SYS-DIA)/3
PULSE, PUL (Pulse Rate)	Number of pulses per minute.
DP (Double Product)	Oxygen consumption by the heart muscles
	obtained by the equation below.
	DP=SYS*PUL/100

### **5-2 Terms Related to Statistics**

Term/Abbreviation	Description
MEAN, AV, m	Arithmetic mean value of the sampled data.
MAX	Maximum value in the sampled data.
MIN	Minimum value in the sampled data
Hourly Average	Arithmetic mean value of the data sampled
	in one hour.
SD, S' (Standard Deviation)	Obtained by the equation below.
	About the samples $(X_1, X_2,X_n)$ ,
	$\left\{ \sum_{i=1}^{n} (X_i - \bar{X})^2 / (n-1) \right\}^{1/2}$
	where n is number of samples and $\overline{X}$ is
	arithmetic mean value.
SE (Standard Error)	Obtained by the equation below.
	About the samples $(X_1, X_2,, X_n)$ ,
	$\{SD^2/n\}^{1/2}$
	Indicates standard deviation of the mean
	error to the real values in the population.
CV (Coefficient of Variation)	Obtained by the equation below.
	CV=SD/mean [%]
CORRELATION	Indicates the degree to which the variables
	are related.

Continued

Term/Abbreviation	Description
CORRELATION: r (Coefficient of Correlation)	Indicates the degree of linear relationship between two variables. It ranges from +1 to -1. A correlation of +1 means that there is a perfect positive linear relationship between variables.
Sys – dia	In the plotted 24-hour blood pressure data, indicates high blood pressure using the limits of the systolic and diastolic blood pressures.
Sys – pul	In the plotted 24-hour blood pressure data, indicates the degree to which the pulse and the systolic blood pressure are related.
Reg. Line (Regression Line)	A line drawn through a scatterplot of two variables so that the line comes as close to the points as possible.
Histogram	A graphical representation of a frequency distribution by means of rectangles. The widths represent intervals. The heights represent the number of observations occurring in each interval.
F	Full analysis
Р	Partial analysis

### 5-3 Terms Related to Biological Rhythm

Term/Abbreviation	Description
Cosinor ( <u>Cosin</u> e Vect <u>or</u> )	Circadian rhythm analysis method
	introduced by Halberg et al (1967).
	In Cosinor, twenty-four hours are plotted
	on. Acrophase and Amplitude of Acrophase
	are indicated on an r-axis.
	95% confidence interval is used. If the
	interval does not include the origin, the data
	is interpreted that a statistically meaningful
	rhythm exists. If the interval includes the origin,
	the data is interpreted that the significance level
	is 5% and the rhythm is rejected.
MESOR	Indicates the objectively-expressed mean
(Midline Estimating Statistic of Rhythm)	value of the circadian rhythm, with no bias
	due to the considerations on the difference
	of the day and night sampling numbers,
	and the difference of the day and night
	sampling intervals.
	More accurate ABPM mean value when the
	sampling intervals are not constant.
Amp. Amplitude	Amplitude of a cosine curve best fitted to
	the biological rhythm data.
Acrophase	Phase that represents the maximum value
	of a cosine curve best fitted to the biological
	rhythm data. For example, an acrophase
	indicates a time duration in which the
	highest systolic blood pressure is obtained.

Continued

Term/Abbreviation	Description
c.i., Confidence Interval	Interval surrounded by the confidence limit of 95%. 95% confidence interval is expressed in numerical data with the cosinor analysis graph.
PR (Percent Rhythm)	Rhythm compatibility Squared multiple correlation coefficient (R) between the measured value and the cosine curve best fitted to the biological rhythm data. The closer to one a PR value is, the better a regression line fits. For example, when a PR value is greater than 0.5, the cosinor analysis is considered as valid.
Variation Index	Variation index of rhythm [%]. Numerical value obtained as described below. Difference between the maximum value and minimum value of the cosine curve best fitted to the biological rhythm data divided by the maximum value. When the maximum value is the blood pressure obtained by day and the minimum value is the blood pressure obtained at night, the variation index can be useful to judge clinical dipper and non-dipper rhythms. For example, the fall rate of the mean blood pressure during sleep (at night) to the mean blood pressure while awake (by day) is indicated as below: 0% to 10%: non-dipper 10% to 20%: dipper 20% or over: extreme-dipper

### 5-4 Terms Related to the Risk Management of High Blood Pressure

Term/Abbreviation	Description
Hyperbalic Index, HBI	High blood pressure index
Hypobalic Index	Low blood pressure index
Hyperbalic Area	Time integral of the blood pressure values exceeding the limits.
	24-hour blood pressure data is plotted on a
	trend bar graph and an integral is
	performed on the area exceeding the user- defined limits.
	Expressed as an index per day.
	Usually, the risk is managed by comparing
	the data with the HBI value of a healthy
	person according to age and sex.
Hypobalic Area	Time integral of the blood pressure values
	not reaching the limits.
	24-hour blood pressure data is plotted on a
	trend bar graph and an integral is
	performed on the area not reaching the
	Expressed as an index per day
	Liquelly, the risk is managed by comparing
	the data with the HBI value of a healthy
	person according to age and sex.
HBI-svs	The limits of the systolic blood pressure to HBI.
	Set the limits of the blood pressures during
	sleep (at night) and while awake (by day).
HBI-dia	The limits of the diastolic blood pressure to HBI.
	Set the limits of the blood pressures during
	sleep (at night) and while awake (by day).



MEMO

