

**iMusicBodyRhythm  
OWNER'S MANUAL**

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*To ensure safety and correct usage of the BodyRhythm, all of the safety and operating instructions should be read and followed before using it.*

## **INTRODUCTION**

Thank you for selecting the i-Music BodyRhythm. The i-Music BodyRhythm is designed to give you pleasure and fun. The main functions are in the following:

- 5 different auto rhythmic tap modes work without iOS devices. Each of the mode lasts 15 minutes.
- Drumbeat tap in sync with music rhythm with iOS devices
- Drumbeat tap as what you create with iOS devices
- Share the rhythmic tap with your friends with iOS devices

## **PACKAGE CONTENTS**

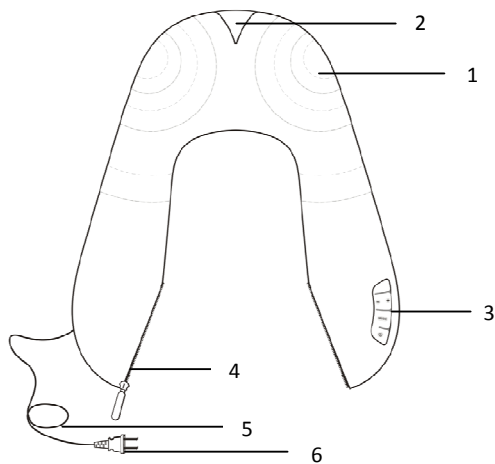
- 1 Main Unit
- 1 Power Cord
- 1 Owner's Manual
- 1 Quick Start Guide

## **INTENDED USE**

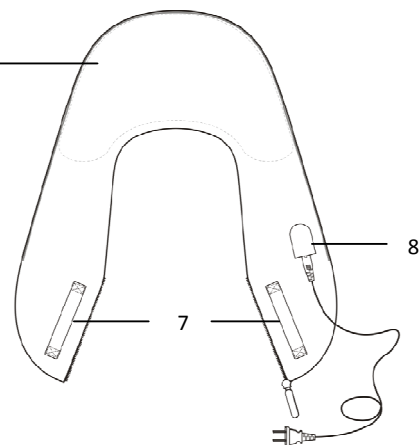
TheiMusic BodyRhythm is intended for adult to use in an indoor environment. It is designed to relieve fatigue and tiredness when you listen to the music.

## **PARTS AND DISPLAY INDICATORS**

**Main unit (Front view)**



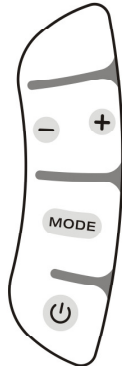
**Main unit (Back view)**



1. Main Unit
2. Air Openings

3. Control Panel
4. Zip
5. Power Cord
6. Power Plug
7. Handle Strap
8. DC Jack

### Control Panel



'Start'/'Stop' button to control the BodyRhythm

MODE

'Auto Mode' button to adjust the different auto rhythmic modes



'Intensity Level Up' button to turn up the intensity



'Intensity Level Down' button to turn down the intensity

## SET UP REQUIREMENTS


The iMusic BodyRhythm is designed to be used with the following iPod touch and iPhone models:

- iPhone5
- iPhone4S
- iPhone4
- iTouch 4
- iTouch 5










The iOS version of these devices should be V5.0 or later.

**IMPORTANT:** Any individual who may be pregnant, has a pacemaker, suffers from diabetes, phlebitis and/or thrombosis, is at an increased risk of developing blood clots, or who has pins/screws/artificial joints or other medical devices implanted in his/her body should consult with a physician before using a massaging device designed for home use.

### Safety information

-  To reduce the risk of electric shock, this product outlet only one way. If the plug does not fit fully in the outlet, reverse the plug. If it still does not fit, contact a

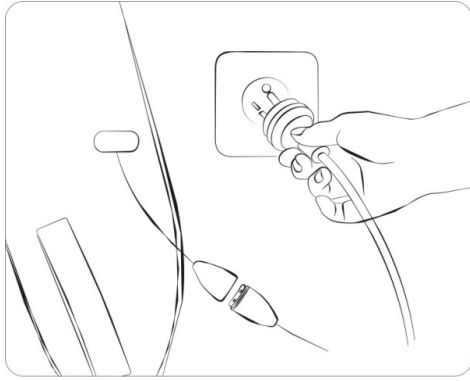
qualified electrician to install a proper outlet. Do not attempt to bypass this safety feature in any way.

-  Do not use it an hour before and after mealtime as this may have adverse effects on the user.
-  The massager is not intended for persons (including infant and children) with reduced physical, sensory or mental capabilities or with the lack of experience and knowledge-unless or for sleeping person.
-  Do not operate the massager under the following conditions:
  - Where aerosol products are being used or oxygen is being administered.
  - Where explosive and /or flammable fumes is present
  - Excessively humid or dusty environment such as bathroom
  - Where the temperature is 40 centigrade or higher
-  Do not expose the massager to heaters, stoves or direct sunlight.
-  Remove all scarves, neckties, necklaces, and jewelry before using this massager.
-  Avoid using it under the influence of alcohol or when you are not feeling well.
-  Close supervision is necessary when the massager is near children, invalids, or disabled persons.
-  If you are under medication or with medical conditions, please consult your doctor before use. Do not use the massager if you are not feeling well.
-  Do not use outdoors. This massager is intended for household and indoor use only.
  - If you use it in a cold room, do not increase the room temperature abruptly. It is recommended that you increase the temperature gradually.
  - If it is brought into a warm environment from a cold place where it was stored, wait for one hour before use as there may be water droplets on mechanical parts due to condensation. Using it under such condition may result in malfunction.

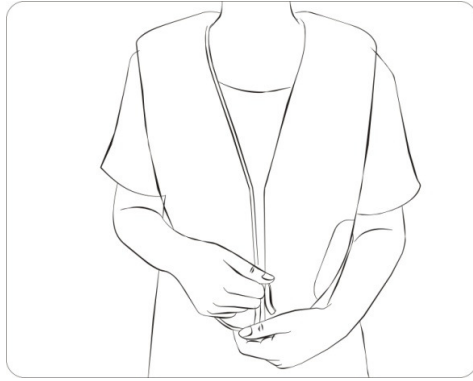
## **INSTRUCTION FOR USE**

- **Use the BodyRhythm without iOS device**

Step 1 Preparation

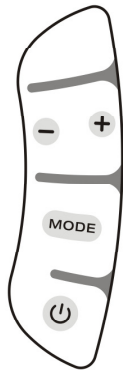


Connect the power plug to the electrical outlet



Place the BodyRhythm on the shoulder and zip it on

## Step 2 Start the BodyRhythm program



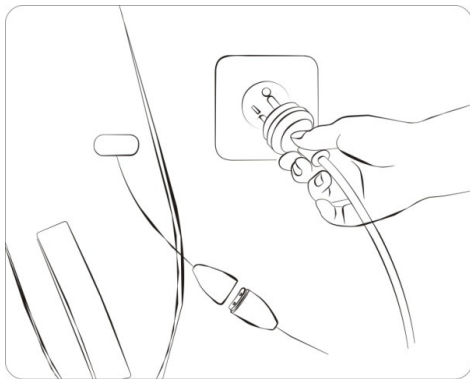
Press the 'Start/Stop' button to start/stop program

Press the 'Mode' button to adjust intensity of your desired level

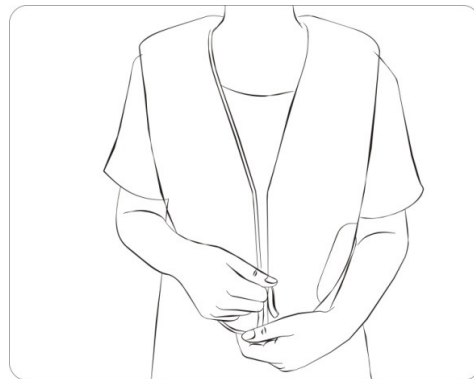
Press the 'Intensity Level Down' or 'Intensity Level Up' button to choose your desired massage program

## ● Use the BodyRhythm with iOS device

### Step1 Preparation



Connect the power plug to the electrical outlet



Place the BodyRhythm on the shoulder and zip it on

### Step2 Set up procedures

## Download the Free BodyRhythm App

Prior to first use, download and install the BodyRhythm App from the App Store. Use keyword search terms 'BodyRhythm', 'iMusic'. Or scan the 2D barcode on the package.

## Account Set Up and Registration

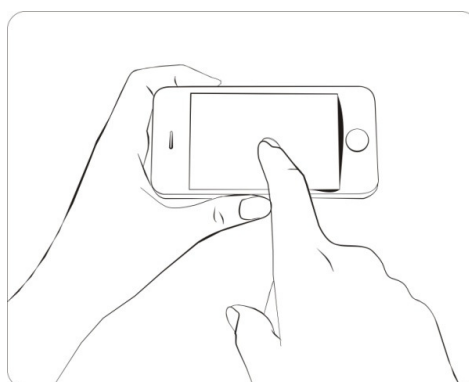
Follow the on-screen instructions to register and set up your personal account.

## Connect to iOS Device via Bluetooth

Turn *Bluetooth* "On" under the "Settings" Menu (Settings->General->*Bluetooth*->On). Wait until the model name printed on the monitor, (i.e. "BodyRhythm") and "Not Paired" appear in the *Bluetooth* Menu, and select the model name to pair and connect.



The control panel on BodyRhythm is invalid when it is connected to iOS device.




















Open the BodyRhythm App and follow the on screen instructions on App

**Note:** For your maximum safety and comfort, the BodyRhythm are equipped with overheating protection circuit. After **30 minutes** of usage, the units switch off automatically.

**Attention:** You can stop the measurement process at any time by pressing the "START/STOP" button or unplug the Power Cord from the DC Jack.

## SAFTY INFORMATION

-  Do not overload the electrical outlet. Use only the power source as indicated.
-  Do not use it when your body is wet.
-  Do not use wet hands to operate the BodyRhythm, or connect or disconnect the power plug from the electrical outlet
-  Do not tamper with the power cord or use it with a damaged cord as this may result in malfunction and an electric shock.
-  Do not use the BodyRhythm with other therapeutic equipment or electric blanket, etc.
-  Do not apply BodyRhythm knobs directly on head, joint of elbows and knees, breasts or abdomen.
-  Never remove the plug from the outlet by pulling the power cord, but the plug.
-  Do not use attachments not recommended by the manufacturer.

-  Do not operate the BodyRhythm under a blanket, pillow or any other covers. This may result in a rise in motor temperature and subsequent malfunction or fire.
-  Do not place the power cord under heavy objects.
-  Do not operate the BodyRhythm with the air openings blocked. Keep the air openings free of lint, hair and the like.
-  Do not perform continuous program on the same spot of your body for more than 5 minutes at a time as this may result in excessive stimulation and adverse effects.
-  Do not use it if the electrical outlet is loose.
-  Do not share the BodyRhythm with others to avoid cross-infection or allergy.
-  Switch off immediately and disconnect the power cord from the electrical outlet, when:
  - Water is accidentally spilled onto the BodyRhythm. This may result in electric shock.
  - The massager fell into water.
  - Fabric cover is torn and the internal components are exposed.
  - Abnormal or severe pain is felt during tapping. Stop usage immediately and consult your doctor.
  - Detection of any malfunction or any other abnormal condition during operation
  - Power failure. Injury may occur then power is restored unexpectedly.
  - Lightning storm.
-  The BodyRhythm should never be left unattended when plugged in. Unplug from the outlet when not in use.
-  Always unplug the BodyRhythm from the electrical outlet, before putting on, after using and before cleaning.
  - Use the BodyRhythm only for its intended use as described in this manual.
  - To disconnect, set all controls to the off position, then remove plug from the outlet.

## **SPECIFICATIONS**

### **Specifications**

Product name: BodyRhythm

Model Number: MB3

Voltage Available & Power Consumption:

Auto Timer:

Wireless communication: Bluetooth 3.0

Environment temperature for operation:

Environment humidity for operation:

Environment temperature for storage and transport:

Environment humidity for storage and transport:

Gross Weight: 5.1 Pounds

## **TROUBLESHOOTING**

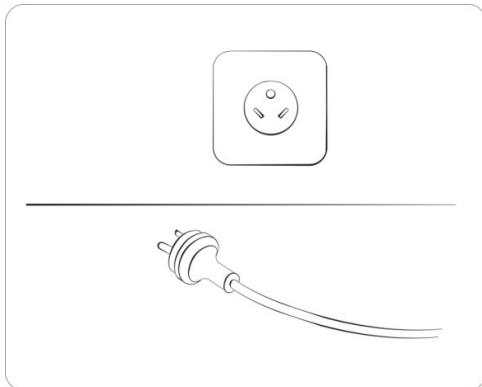
If you encounter problems with the operation of the Music Massager, please check the following points to see if they can be rectified. If it still malfunctions or does not work,

please turn off the music massager and remove the power plug from the electrical outlet.

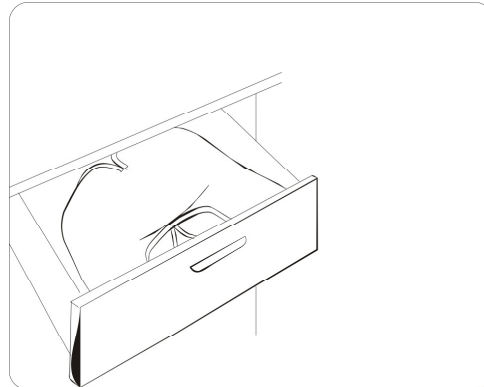
**Do not attempt to fix it yourself. Return the appliance to a service center for examination and repair.**

<b>Problem</b>	<b>Possible Cause</b>	<b>Solution</b>
The massager does not work.	Power plug is not securely connected to the electrical outlet	Check the power plug to ensure it is securely connected to the electrical outlet
	Electrical outlet is switched off	Switch on the electrical outlet
	The auto timer function of 30 minutes may have lapsed.	Start again
	The overheat protection device may have been activated.	Turn off the Switch and unplug the electrical outlet to cool down the music massager.
Unsuccessful connection between iOS device and BodyRhythm	Bluetooth on iOS device is switched off.	Switch on the Bluetooth on iOS device
	The BodyRhythm is abnormal, or Bluetooth connection is abnormal.	<ul style="list-style-type: none"> <li>• Check if the BodyRhythm is switched on and within the Bluetooth communication range (5 meters).</li> <li>• Check if other iOS device is connected to the BodyRhythm. If yes, disconnect it.</li> <li>• Ignore the BodyRhythm in Bluetooth list, search it again and connect it.</li> </ul>

## CARE AND MAINTENANCE




**⚠** Unplug the power from the electrical outlet when not in use.





**⚠** Keep the massager in dry, shadow and safe places



















 Make sure that the power plug is disconnected from the electrical outlet.

 Use only soft clean cloth to wipe off dust and dirt.

 Do not use abrasive cleaning agents to clean the BodyRhythm

 Do not use a damp cloth to clean the control panel.

**Note:** *The expected useful life of the BodyRhythm is 3 years or 5000 times.*

-  Do not remove cover; there are no serviceable parts inside.
-  Do not expose this massager to rain or moisture.
-  Do not expose the massager to heaters, stoves or direct sunlight.
-  Do not place or store the massager where it can fall or be pulled into a tub or sink.
-  Do not place in or drop into water or other liquid.
-  Do not insert any object or flammable material into it. This may result in electric shock, malfunction or risk of fire.
-  Do not place the BodyRhythm where children can easily reach
-  Do not attempt to disassemble the BodyRhythm.
-  Do not use pins or other metallic fasteners with this appliance. (P)
-  Do not wind the power cord around it.
-  Do not crush or fold this massager when storing.
-  Keep the cord away from heated surfaces.
-  Do not carry this massager by its power supply cord or use the cord as a handle.

## **WARRANTY INFORMATION**

The iMusicBodyRhythm is warranted to be free from defects in materials and workmanship within one year from the date of purchase when used in accordance with the provided instructions. The warranty extends only to the end user. We will, at our option, repair or replace without charge the iMusicBodyRhythm covered by the warranty. Repair or replacement is our only responsibility and your only remedy under the warranty.

## **EXPLANATION OF SYMBOLS**



Symbol for "THE OPERATION GUIDE MUST BE READ"

The sign background colour: blue

The sign graphical symbol: white



Symbol for "WARNING"



Symbol for "GENERAL PROHIBITION SIGN"



Symbol for "TYPE BF APPLIED PARTS" (the main part is the applied parts)



Symbol for "CLASS II equipment"



Symbol for "ENVIRONMENT PROTECTION – Waste electrical products should not be disposed of with household waste. Please recycle where facilities exist. Check with your local Authority or retailer for recycling advice".



Symbol for "MANUFACTURER"



Symbol for "DATE OF MANUFACTURE"

SN

Symbol for "SERIAL NUMBER"



Symbol for "EUROPEAN REPRESENTATIVE"



Symbol for "KEEP DRY"

iMusic is a trademark of iCess Lab Inc.

"Made for iPod" and "Made for iPhone" mean that an electronic accessory has been designed to connect specifically to iPod, or iPhone respectively, and has been certified by the developer to meet Apple performance standards. Apple is not responsible for the operation of this device or its compliance with safety and regulatory standards. Please note that the use of this accessory with iPod, or iPhone may affect wireless performance. iPhone, and iPod touch are trademarks of Apple Inc., registered in the U.S. and other countries.

The Bluetooth® word mark and logos are registered trademarks owned by Bluetooth

SIG, Inc. and any use of such marks by iCess Lab Inc. is under license. Other trademarks and trade names are those of their respective owners.

#### **IMPORTANT INFORMATION REQUIRED BY THE FCC**

This device complies with Part 15 of the FCC Rules. Its operation is subject to the following two conditions:

- (1) This device may not cause harmful interference, and
- (2) this device must accept any interference received, including interference that may cause undesired operation.

Changes or modifications not expressly approved by iCess Lab Inc. would void the user's authority to operate the product.

Note: This product has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This product generates, uses, and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this product does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

FCC ID: ZRYMB3

#### **OTHER STANDARDS AND COMPLIANCES**

The Neck and Shoulder Massager corresponds to the following standards:

IEC 60601-1:2006 (Medical electrical equipment – Part 1: General requirements for basic safety and essential performance);

IEC 60601-1-2:2007 (Medical electrical equipment – Part 1-2: General requirements for basic safety and essential performance – Collateral Standard: Electromagnetic compatibility–Requirements and tests);

IEC 60601-1-6:2006 (Medical electrical equipment – Part 1-6: General requirements for basic safety and essential performance – Collateral Standard: Usability);

IEC 60601-1-11:2010 (Medical electrical equipment – Part 1-11: General requirements for basic safety and essential performance– Collateral Standard: Requirements for medical electrical equipment and medical electrical systems used in the home healthcare environment)

#### **ELECTROMAGNETIC COMPATIBILITY INFORMATION**

**Table 1**

**For all ME EQUIPMENT and ME SYSTEMS**

<b>Guidance and manufacture's declaration - electromagnetic emissions</b>		
The Neck and Shoulder Massager is intended for use in the electromagnetic environment specified below.		
The customer or the user of the monitor should assure that it is used in such an environment.		
<b>Emissions test</b>	<b>Compliance</b>	<b>Electromagnetic environment - guidance</b>
RF emissions CISPR 11	Group 1	The Neck and Shoulder Massager uses RF energy only for its internal function. Therefore, its RF emissions are very low and are not likely to cause any interference in nearby electronic equipment.
RF emissions CISPR 11	Class B	The monitor is suitable for use in all establishments, including domestic establishments and those directly connected to the public low-voltage powersupply network that supplies buildings used for domestic purposes.
Harmonic emissions IEC 61000-3-2	Class A	
Voltage fluctuations/flicker emissions IEC 61000-3-3	Complies	

**Table 2**

**For all ME EQUIPMENT and ME SYSTEMS**

<b>Guidance and manufacturer's declaration - electromagnetic immunity</b>			
The Neck and Shoulder Massager is intended for use in the electromagnetic environment specified below. The customer or the user of the Neck and Shoulder Massager should assure that it is used in such an environment.			
<b>IMMUNITY test</b>	<b>IEC 60601 test level</b>	<b>Compliance level</b>	<b>Electromagnetic environment - guidance</b>
Electrostatic discharge (ESD) IEC 61000-4-2	± 6 kV contact ± 8 kV air	± 6 kV contact ± 8 kV air	Floors should be wood, concrete or ceramic tile. If floors are covered with synthetic material, the relative humidity should be at least 30 %.
Electrical fast transient/burst IEC 61000-4-4	± 2 kV for power supply lines	± 2 kV for powersupply lines	Mains power quality should be that of a typical commercial or hospital environment.
Surge IEC 61000-4-5	± 1 kV line(s) to line(s) ± 2 kV line(s) to earth	± 1 kV line(s) to line(s) ± 2 kV line(s) to earth	Mains power quality should be that of a typical commercial or hospital environment.
Voltage dips, short interruptions and voltage variations on power supply input lines IEC 61000-4-11	<5 % $U_T$ (>95 % dip in $U_T$ ) for 0.5 cycle 40 % $U_T$ (60 % dip in $U_T$ ) for 5 cycles 70 % $U_T$ (30 % dip in $U_T$ ) for 25 cycles <5 % $U_T$ (>95 % dip in $U_T$ ) for 5 s	<5 % $U_T$ (>95 % dip in $U_T$ ) for 0.5 cycle 40 % $U_T$ (60 % dip in $U_T$ ) for 5 cycles 70 % $U_T$ (30 % dip in $U_T$ ) for 25 cycles <5 % $U_T$ (>95 % dip in $U_T$ ) for 5 s	Mains power quality should be that of a typical commercial or hospital environment. If the user of the monitor requires continued operation during power mains interruptions, it is recommended that the monitor be powered from an uninterruptible power supply or a battery.
Power frequency (50/60 Hz) magnetic field IEC 61000-4-8	3 A/m	3 A/m	Power frequency magnetic fields should be at levels characteristic of a typical location in a typical commercial or hospital environment.
Note: $U_T$ is the a.c. mains voltage prior to application of the test level.			

**Table 3**

**For ME EQUIPMENT and ME SYSTEMS that are not LIFE-SUPPORTING**


Guidance and manufacturer's declaration - electromagnetic immunity			
The Neck and Shoulder Massager is intended for use in the electromagnetic environment specified below. The customer or the user of the Neck and Shoulder Massager should assure that it is used in such an environment.			
IMMUNITY test	IEC 60601 test level	Compliance level	Electromagnetic environment - guidance
Conducted RF IEC 61000-4-6 Radiated RF IEC 61000-4-3	3 Vrms 150 kHz to 80 MHz 3 V/m 80 MHz to 2.5 GHz	3 V 3 V/m	<p>Portable and mobile RF communications equipments should be used no closer to any part of the monitor, including cables, than the recommended separation distance calculated from the equation applicable to the frequency of the transmitter.</p> <p><b>Recommended separation distance:</b></p> <p><math>d = 1.2 P</math></p> <p><math>d = 1.2 P</math> 80 MHz to 800 MHz</p> <p><math>d = 2.3 P</math> 800 MHz to 2.5 GHz</p> <p>Where P is the maximum output power rating of the transmitter in watts (W) according to the transmitter manufacturer and d is the recommended separation distance in meters (m).</p> <p>Field strengths from fixed RF transmitters, as determined by an electromagnetic site survey, <sup>a</sup> should be less than the compliance level in each frequency range.</p> <p><sup>b</sup> Interference may occur in the vicinity of equipment marked with the following symbol:</p> 
Note 1 At 80 MHz and 800 MHz, the higher frequency range applies.			
Note 2 These guidelines may not apply in all situations. Electromagnetic propagation is affected by absorption and reflection from structures, objects and people.			
<p>a) Field strengths from fixed transmitters, such as base stations for radio (cellular/cordless) telephones and land mobile radios, amateur radio, AM and FM radio broadcast and TV broadcast cannot be predicted theoretically with accuracy. To assess the electromagnetic environment due to fixed RF transmitters, an electromagnetic site survey should be considered. If the measured field strength in the location in which the monitor is used exceeds the applicable RF compliance level above, the monitor should be observed to verify normal operation. If abnormal performance is observed, additional measures may be necessary, such as re-orienting or relocating the monitor.</p> <p>b) Over the frequency range 150 kHz to 80 MHz, field strengths should be less than 3 V/m.</p>			

Table 4

For ME EQUIPMENT and ME SYSTEMS that are not LIFE-SUPPORTING

Recommended separation distances between portable and mobile RF communications equipment and the Neck and Shoulder Massager			
The Neck and Shoulder Massager is intended for use in an electromagnetic environment in which radiated RF disturbances are controlled. The customer or the user of the Neck and Shoulder Massager can help prevent electromagnetic interference by maintaining a minimum distance between portable and mobile RF communications equipment (transmitters) and the monitor as recommended below, according to the maximum output power of the communications equipment.			
Rated maximum output power of transmitter  W	Separation distance according to frequency of transmitter  m		
	150 kHz to 80 MHz  $d = 1.2\sqrt{P}$	80 MHz to 800 MHz  $d = 1.2\sqrt{P}$	800 MHz to 2.5 GHz  $d = 2.3\sqrt{P}$
0.01	0.12	0.12	0.23
0.1	0.38	0.38	0.73
1	1.2	1.2	2.3
10	3.8	3.8	7.3
100	12	12	23
For transmitters rated at a maximum output power not listed above, the recommended separation distance in meters (m) can be			

determined using the equation applicable to the frequency of the transmitter, where P is the maximum output power rating of the transmitter in watts (W) according to the transmitter manufacturer.

Note 1 At 80 MHz and 800 MHz, the separation distance for the higher frequency range applies.

Note 2 These guidelines may not apply in all situations. Electromagnetic propagation is affected by absorption and reflection from structures, objects and people.

## **Service Center**

iCess Labs, Inc.

723 N shoreline Blvd., Mountain View, CA 94043, U.S.A

1—855—816—7705      [www.iMusicBodyRhythm.com](http://www.iMusicBodyRhythm.com)