

zeo[®] Sleep Manager[™]

Understand and manage your sleep in an entirely new way.

Good quality sleep is as critical to your health as diet and exercise. Now, for the first time ever, you can track your *true* sleep quality anywhere, any time.

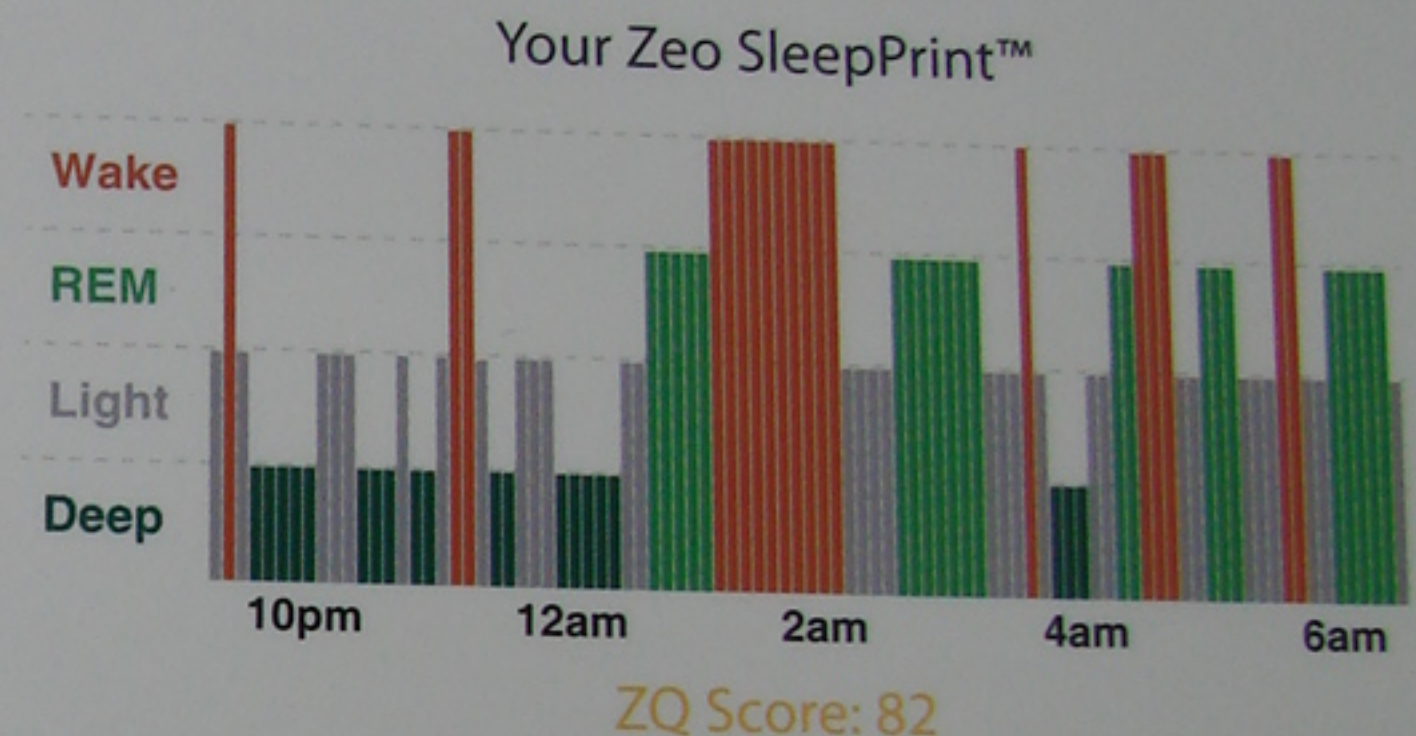


Track your true sleep quality

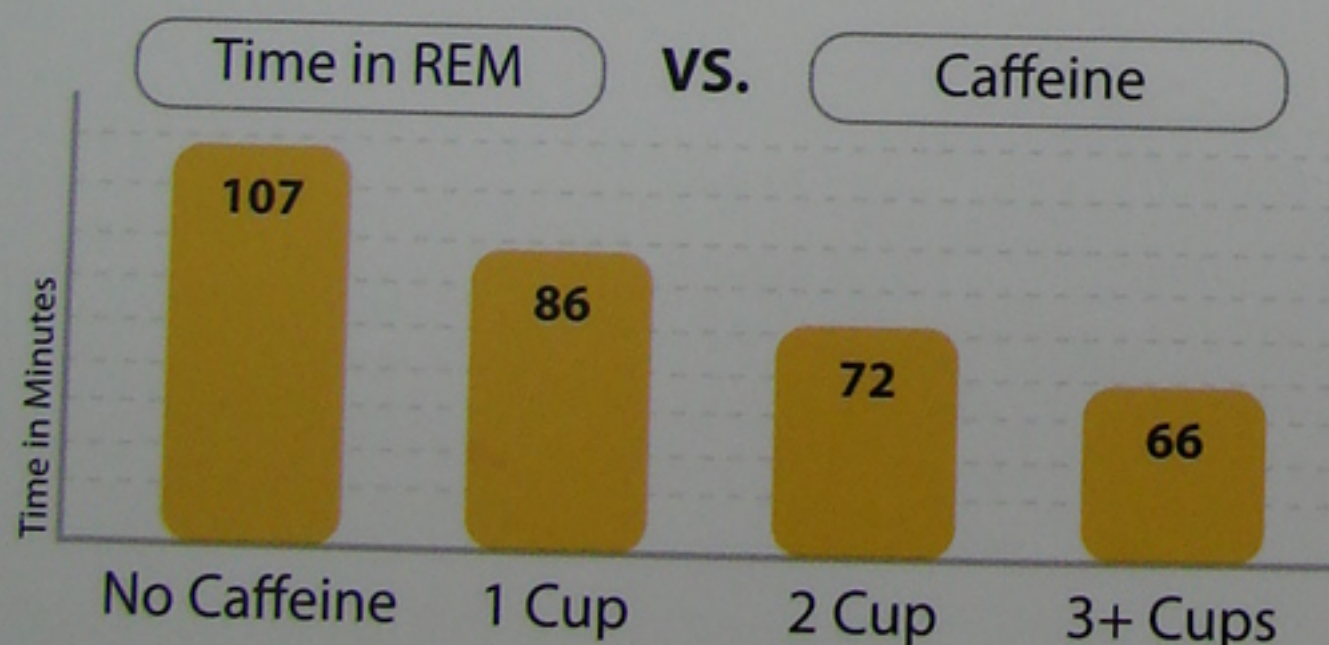
Zeo takes the science of sleep out of the lab and puts it into your hands. The Zeo SoftWave[™] wireless sleep sensor tracks your actual sleep stages through the night and sends them directly to your smart phone. Easy, portable, comfortable.

Unlock the power of REM and Deep sleep

Only Zeo let's you see how much **REM** and **Deep** sleep you really get – the building blocks of sleep quality. **REM** and **Deep** sleep are critical for mental acuity, physical restoration, and boosting your immune system.



Discover your "sleep stealers" and improve your sleep.



See how lifestyle affects your sleep

The things you do during the day (exercise, diet, alcohol, medication, etc.) directly impact your sleep quality. Discover and learn how to address your personal "sleep stealers." You can also sign up for Zeo's free **7 Steps to Sleep Fitness[™]** guided coaching program.

Sleep better. Feel better. Do more.



4 out of 5 users reported improved sleep quality.*

* for a summary of the home use test and it's results, visit myZeo.com.