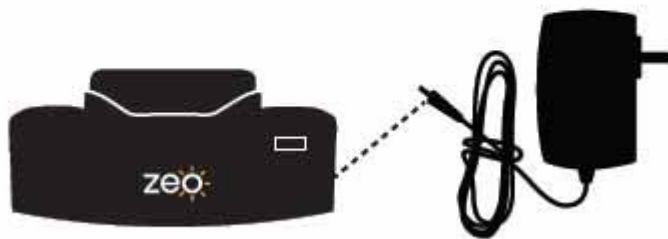




## First Time Setup

1.



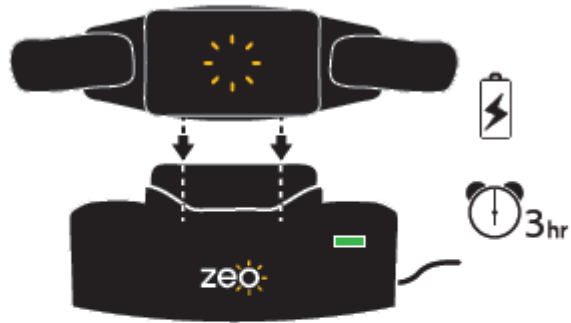
Plug in your Zeo charge dock.

2.



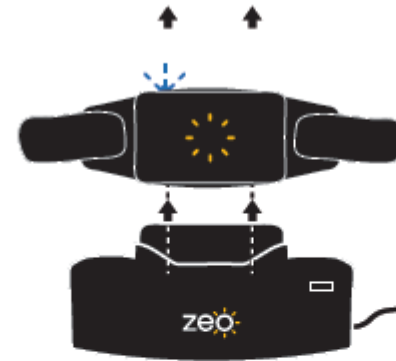
Snap Zeo pod on to sensor pad.

3.



Charge Zeo headband until green light on charge dock stops flashing.

4.



Lift headband off dock. Blue light will start flashing. Headband is now discoverable. (If the blue light stops flashing before you have completed step 5, press and hold headband button for 3 seconds until blue light is flashing.)

5.



Open Settings on your smartphone. Set Bluetooth to "on" and pair Zeo headband to smartphone by selecting it from the list of discoverable devices.

6.



Plug in your smartphone and launch Zeo Sleep Manager app (download from your smartphone app store). Remove headband from dock and put it on. Now you are ready to start your night.



#### Apple Compatibility Statement

"Made for iPod," "Made for iPhone," and "Made for iPad" mean that an electronic accessory has been designed to connect specifically to iPod, iPhone, or iPad, respectively, and has been certified by the developer to meet Apple performance standards. Apple is not responsible for the operation of this device or its compliance with safety and regulatory standards. Please note that the use of this accessory with iPod, iPhone, or iPad may affect wireless performance.

**For Product and Service inquiries, please contact Customer Service at [www.myZeo.com/support](http://www.myZeo.com/support)**

©2011 Zeo Inc. All Rights Reserved. Zeo, myZeo, ZQ, GentleWake, SmartWake, Zeo Sleepfit and the Zeo logo, are trademarks of Zeo, Inc. Apple, iPhone, iPod, iPad, iTunes, the Made for iPhone logo, the Apple logo are trademarks of Apple, Inc. The Bluetooth word mark, figure mark, and combination mark are trademarks of the Bluetooth SIG, Inc.

PN 070-0021



46.4P102.001

#### Warranty and Service

##### One Year Limited Warranty

Zeo, Inc. warrants the Zeo Personal Sleep Trainer electronic device – specifically the Zeo Mobile Dock and plastic headband electronics pod – (the "Product") against defects in materials and workmanship under normal use for a period of ONE (1) YEAR from the date of purchase by the original purchaser ("Warranty Period"). Under this Limited Warranty, if a defect arises and a valid claim is received by Zeo, Inc. within the Warranty Period, at its option and to the extent permitted by law, Zeo, Inc. will either (1) repair the Product at no charge, using new or refurbished parts, or (2) exchange the Product for a new or refurbished product. In the event of a defect, to the extent permitted by law, these are your sole and exclusive remedies.

A replacement Product or part assumes the remaining warranty of the original Product or ninety (90) days from the date of replacement or repair, whichever is longer.

When a Product or part of the Product is exchanged as part of warranty service, any replacement item becomes your property and replaced item becomes Zeo, Inc.'s property. Parts provided by Zeo, Inc. must be used in Products for which warranty service is claimed. When a Product receives warranty service, Zeo, Inc. at its option may supply to the consumer a new sensor pad and headband strap in addition to repairing or replacing the defect. Zeo, Inc. reserves the right to subcontract the product warranty services to be provided hereunder to qualified third parties.

##### Obtaining Warranty Service

Please contact Customer Service at [www.myZeo.com/support](http://www.myZeo.com/support) for specific instructions about how to obtain warranty service for your device. You will need to provide your Product serial number or proof of user account registration on myzeo.com.

In general, you will need to deliver your Product, including all components, postage paid, in either its original packaging or in equally protective packaging to the address specified by Customer Service. Before you deliver your Product for warranty service, it is your responsibility to backup any data you may have stored or preserved on your Product by uploading your data to your myZeo account. It is possible that such data will be lost or reformatted during service, and Zeo, Inc. will not be responsible for any such damage or loss.

##### Limitations

This Limited Warranty does not apply to consumables in the Product, specifically the sensor pad and headband strap. This Limited Warranty does not apply to a Product or part of the Product that has been altered or modified by anyone who is not a representative of Zeo, Inc. In addition, this Limited Warranty does not apply to damage caused by: (a) use with non-Zeo, Inc. products; (b) theft, vandalism, accident, abuse, misuse, flood, fire, earthquake, or other external causes; (c) operating the Product outside the permitted or intended uses described by Zeo, Inc.; (d) improper voltage or power supply; or (e) service (including upgrades and expansions) performed by anyone who is not a representative of Zeo, Inc. This Limited Warranty is not transferrable.

TO THE EXTENT PERMITTED BY LAW, THE WARRANTY AND REMEDIES SET FORTH ABOUT ARE EXCLUSIVE AND IN LIEU OF ALL OTHER WARRANTIES AND REMEDIES, ORAL OR WRITTEN, EXPRESS, IMPLIED OR STATUTORY. ZEO, INC. MAKES NO OTHER REPRESENTATIONS OR WARRANTIES, INCLUDING, BUT NOT LIMITED TO, WARRANTIES OF MERCHANTABILITY, FITNESS FOR A PARTICULAR PURPOSE AND WARRANTIES AGAINST HIDDEN OR LATENT DEFECTS. IF WE CANNOT LAWFULLY DISCLAIM STATUTORY OR IMPLIED WARRANTIES, THEN TO THE EXTENT PERMITTED BY LAW, ALL SUCH WARRANTIES SHALL BE LIMITED IN DURATION TO THE DURATION OF THIS EXPRESS LIMITED WARRANTY AND TO REPAIR OR REPLACEMENT SERVICE AS DETERMINED BY US IN OUR SOLE DISCRETION. SOME JURISDICTIONS DO NOT ALLOW LIMITATIONS ON HOW LONG AN IMPLIED WARRANTY LASTS, SO THE ABOVE LIMITATION MAY NOT APPLY TO YOU. WE ARE NOT RESPONSIBLE FOR DIRECT, SPECIAL, INCIDENTAL OR CONSEQUENTIAL DAMAGES RESULTING FROM ANY BREACH OF WARRANTY OR UNDER ANY OTHER LEGAL THEORY. SOME JURISDICTIONS DO NOT ALLOW THE EXCLUSION OR LIMITATION OF INCIDENTAL OR CONSEQUENTIAL DAMAGES, SO THE ABOVE EXCLUSION OR LIMITATION MAY NOT APPLY TO YOU.

This limited warranty gives you specific legal rights, and you may have other rights which vary from jurisdiction to jurisdiction.

## Safety and Regulatory Information

### Important Safety Information

#### Warning

These are important safety messages in the product manual. Make yourself familiar with these messages and follow the safety instructions given in this manual. Failure to follow these safety instructions could result in injury or damage. To reduce the risk of electric shock, do not open the mobile dock or headband electronics module – these contain no user-serviceable parts inside. Refer servicing to qualified personnel.

- Do not use Zeo on wet surfaces or where contact with or immersion in water is a possibility.
- The headband and headband electronics module are potential choking hazards. Keep away from children under 3 years old.
- Operate your Zeo only using power supplies produced by Zeo, Inc. and using a proper power source.
- Never handle the plug or power cord with wet hands.
- Product is not to be used (placed on head) while charging.
- This product has not been evaluated to be used in a hospital or doctor's office setting.
- Discontinue use of the headband if signs of irritation or a rash appear. If irritation or rash persists, consult a physician.

#### Caution

- Max Rated Ambient: 25°C
- Read all safety and operating instructions before operating Zeo.
- Retain the safety and operating instructions for future reference.
- Follow all operating and use instructions.
- Always unsnap the plastic headband electronics pod before washing the strap or sensor pad.
- Do not attempt to service Zeo yourself. Refer all non-routine servicing to qualified service personnel.
- Misuse or abuse, including but not limited to improper charging, immersion of electronics in water, dropping, and mishandling may affect Zeo's ability to operate properly and may void the warranty.
- Zeo Personal Sleep Trainer is not designed for people 18 years of age and younger.
- Zeo Personal Sleep Trainer is neither a medical device nor a medical program and is not intended for the diagnosis or treatment of sleep disorders. If you suspect that you may have a sleep disorder, consult your physician.
- Information provided on myzeo.com is neither intended nor implied to be a substitute for professional medical advice.

#### A Note About Radio Frequency Energy

The Zeo Headband Electronics module, like other radio devices, emits radio frequency electromagnetic energy. The level of energy emitted by this device, however, is less than the electromagnetic energy emitted by most other wireless devices such as mobile phones. Zeo operates within the guidelines found in radio frequency safety standards and recommendations. These standards and recommendations reflect the consensus of the scientific community and result from deliberations of panels and committees of scientists who continually review and interpret the extensive research literature. In some situations or environments, the use of Zeo may be restricted by the proprietor of the building or responsible representatives of the applicable organization.

Examples of such situations include the following:

- Using Zeo on board airplanes, or
- Using Zeo in any other environment where the risk of interference with other devices or services is perceived or identified as being harmful.

If you are uncertain of the policy that applies to the use of wireless devices in a specific organization or environment (an airport, for example), you are encouraged to ask for authorization to use Zeo before you turn it on.

The Zeo headband electronics module may be configured to enter a "non-transmit" or "radio off" mode through the appropriate functional configuration of the modal switch on the top of the headband electronics pod or through the ZEO app interface.

## Regulatory Notices – PENDING as of 28April 2011

#### FCC Compliance Statement

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

You are cautioned that changes or modifications not expressly approved by the party responsible for compliance could void your authority to operate the equipment.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation. Changes or modifications not expressly approved by Zeo, Inc. could void your authority to operate the equipment.

#### Industry Canada Notice

Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

#### Power Requirements

This product should be used only with the manufacturer-supplied power supply. Failure to use a power supply that was shipped with your device will void FCC certification for Zeo as well as the warranty.

AC Adaptor: Input Voltage 100-240 VAC 50-60Hz 200mA. Rated Output 5VDC 0.5A.

Caution: This equipment has been certified to the requirements of the Canadian electrical code with regard to safety from electrical shock and fire hazard. CSA has not investigated other physiological effects.

#### Waste Electrical & Electronic equipment (WEEE) Directive

This symbol on the product or on its packaging indicates that the product must not be disposed of with normal household waste.

#### RoHS

This symbol on the product or on its packaging indicates that the product complies with the European Union Directive 2002/95/EC on the "Restriction of Hazardous Substances".

#### FCC

Federal Communications Commission

#### CSA

Canadian Standards Association, a safety standards and safety test/certification organization.

#### IC

Industry Canada

#### CE

Conformité Européenne, Marking of Conformity to European R&TTE Directive.

For further information please consult <http://www.myzeo.com>.



---

Industry Canada - Class B This digital apparatus does not exceed the Class B limits for radio noise emissions from digital apparatus as set out in the interference-causing equipment standard entitled “Digital Apparatus,” ICES-003 of Industry Canada.

Cet appareil numérique respecte les limites de bruits radioélectriques applicables aux appareils numériques de Classe B prescrites dans la norme sur le matériel brouilleur: “Appareils Numériques,” NMB-003 édictée par l’Industrie. (1) cet appareil ne peut pas provoquer d'interférences et (2) cet appareil doit accepter toute interférence, y compris les interférences qui peuvent causer un mauvais fonctionnement de l'appareil. "

Under Industry Canada regulations, this radio transmitter may only operate using an antenna of a type and maximum (or lesser) gain approved for the transmitter by Industry Canada. To reduce potential radio interference to other users, the antenna type and its gain should be so chosen that the equivalent isotropically radiated power (e.i.r.p.) is not more than that necessary for successful communication.

Sous la réglementation d'Industrie Canada, ce transmetteur radio ne peut fonctionner en utilisant une antenne d'un type et un maximum (ou moins) gain approuvées pour l'émetteur par Industrie Canada. Pour réduire le risque d'interférence aux autres utilisateurs, le type d'antenne et son gain doivent être choisis de manière que la puissance isotrope rayonnée équivalente (PIRE) ne dépasse pas ce qui est nécessaire pour une communication réussie.

L'équipement est conforme aux limites d'exposition aux RF établies pour un environnement non contrôlé. L'antenne (s) utilisée pour ce transmetteur ne doit pas être co-localisée ou fonctionnant en conjonction avec une autre antenne ou transmetteur.

RF exposure warning: The equipment complies with RF exposure limits set forth for an uncontrolled environment. The antenna(s) used for this transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.