

iChoice

# Med-Reminder Watch

with **Smart** notifications

## USER GUIDE

**ChoiceMMed™**



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## Intended Use and Indications

The Med-Reminder Watch is the first medication reminder that can be worn on the wrist with Bluetooth connection to your smartphone/device. **It should be worn at all times so that you do not miss a reminder.**

Med-Reminder Watch is IPX5 waterproof. It can be worn in light rain and in the shower. It should not be submerged or exposed to large amounts of liquid, as this may damage the device. (ie: bath or pool)

*\* Not recommended for individuals with color-blindness and/or color weakness.*

## Limited Warranty

Thank you for purchasing a ChoiceMMed product.

See page 30 for the Warranty Registration Card.

Visit **[www.choicemmedamerica.com/register](http://www.choicemmedamerica.com/register)** to register your product to obtain full warranty services.

For detailed warranty information, visit **[www.choicemmedamerica.com/warranty](http://www.choicemmedamerica.com/warranty)**

For questions regarding our products or services, visit

**[www.choicemmedamerica.com/contact](http://www.choicemmedamerica.com/contact)** or contact our helpline at: **(215) 874-0458**

## FCC Statement

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference, and
- (2) This device must accept any interference received, including interference that may cause undesired operation.

Attention that changes or modification not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note: This product has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This product generates, uses, and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this product does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Please take attention that changes or modification not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

# READ BEFORE USE

## **The Med-Reminder Watch wristband requires a smartphone/device to set up and sync reminders.**

You must download the free *iChoice Meds* App to your smartphone/device to set up and program medication reminders to the Med-Reminder Watch wristband.

After the initial set up/programming, the smartphone/device is not necessary, unless you wish to use the *SMART notifications* feature or other features the *iChoice Meds* App offers. See page 21 for more details.

If you do not have a smartphone/device, ask a friend or relative to set up your Med-Reminder Watch wristband via their smartphone/device.

### **ATTENTION IOS USERS** - Make sure your Bluetooth is turned on.

Your Med-Reminder Watch will continuously sync with the *iChoice Meds* App as long as the App is running in the background and within Bluetooth range.

If you wish to use the SMART notifications feature and send notifications to caregivers, your iOS device must have an internet connection.

### **ATTENTION ANDROID USERS** - Make sure your Bluetooth is turned on.

Your Med-Reminder Watch will continuously sync with the *iChoice Meds* App as long as the phone is within Bluetooth range.

If you wish to use the SMART notifications feature and send notifications to caregivers, your Android device must have an internet connection.

## **Med-Reminder Watch is compatible with:**



**iOS7 and above**



**Android 4.3 and above**

Visit [www.ichoicelife.com/support/devices](http://www.ichoicelife.com/support/devices) for the latest list of compatible devices

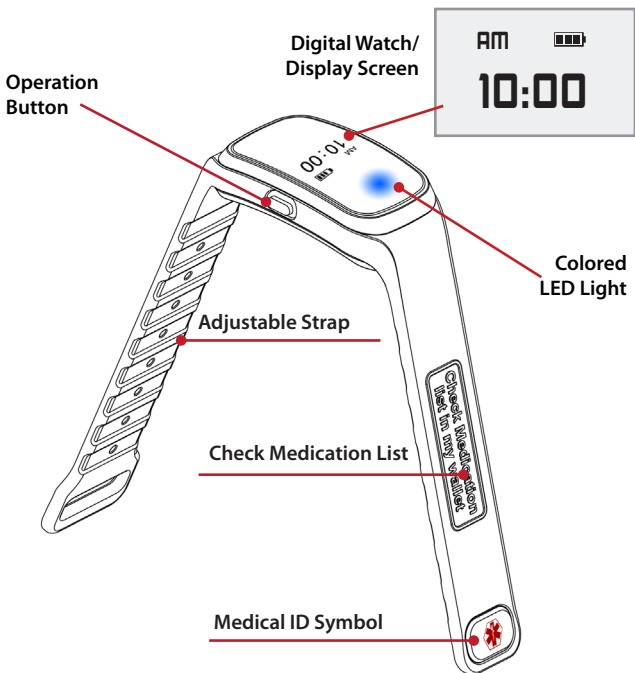
**NOTE:** The *iChoice Meds* App is continually updated and improved. Therefore, screen images included in this manual may be slightly different than the current App.

## BOX CONTENTS

- 1 Med-Reminder Watch
- 1 USB Charger
- 1 User Manual
- 1 Medical ID Card
- 7 Sets of Colored Stickers

## UNDERSTANDING YOUR UNIT

*\* Med-Reminder Watch is water resistant*



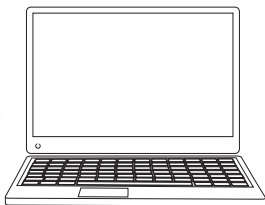
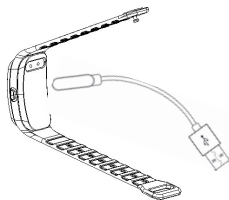
*\*Image may have slight differences than actual unit*

## CHARGING YOUR WRISTBAND

Turn your Med-Reminder Watch wristband over to locate the charging port



1. Press the charging cable into the charging port located on the bottom of the wristband.
2. Plug the USB end into a USB port on a computer, into a USB wall adapter or any other USB outlet.



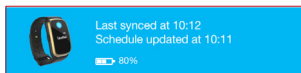
USB WALL ADAPTER  
NOT INCLUDED

## WRISTBAND BATTERY

Med-Reminder Watch allows you to check the battery life of your wristband at any time via the wristband display or App.



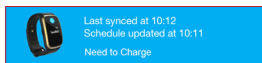
When a reminder is not present, pressing the button once will display the battery icon in the upper right hand corner.



You can view the wristband battery life on the bottom tray of your App at any time.

(Must be within Bluetooth range)

If the battery is less than 20% charged, the battery icon on the display will flash. The App will show *Need to Charge* on the bottom tray.



***NOTE: The device will power off and reminders will not go off as scheduled if the battery reaches 0%. You MUST sync with the App if this occurs.***

When the wristband is plugged in to charge, the battery icon will appear and *Sync* will show.



*Sync* indicates the wristband must be synced with App.

***The Med-Reminder Watch contains a lithium battery (3.7V, 70mAh). If this is the first time you are charging your Med-Reminder Watch or the battery has completely been drained to 0%, please allow 5 -10 minutes before the battery icon to appear.***

***We recommend charging the Med-Reminder Watch every three months to ensure proper use.***

## GETTING STARTED

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### **STEP 1** Download the free *iChoice Meds* App

To download the free *iChoice Meds* App to your smartphone and/or device:

1. Scan the QR code on the bottom of the box
2. Visit [www.ichoicelife.com/app/pillreminder](http://www.ichoicelife.com/app/pillreminder)
3. Search for *iChoice Meds* in the App Store or the Google Play Store



## STEP 2 Sign Up for a Free Account

The *iChoice Meds* App allows you to set up medication reminders, send notifications to others, view medication history and stay connected with other *iChoice Meds* users.

The only way to set up your wristband with medication reminders is via the *iChoice Meds* App. **You must sign up for a free account to program your Med-Reminder Watch wristband.**

**NOTE:** Once the reminders are programmed onto the Med-Reminder Watch wristband using the free *iChoice Meds* App, you do not need to have the smartphone/device in your possession. Some advanced features will be unavailable but the medication reminders will still go off as scheduled.

**If you allow the wristband's battery to drain to 0%, you will need to re-sync with App.** If you do not have a smartphone/device, ask a friend or relative to set up your Med-Reminder Watch wristband via their smartphone/device.

The image displays three sequential screenshots of the 'iChoice Meds' app's 'Register User' screen. Each screenshot shows a progress indicator at the top with three steps: 1 (yellow), 2 (blue), and 3 (yellow). The status bar at the top of each screen indicates 'SERVICE' and '8:30 AM'.

- First Screenshot:** Step 1 is active. It contains three input fields: 'Email', 'Password', and 'Repeat Password', each with a red asterisk indicating a required field. A green 'Next' button is at the bottom.
- Second Screenshot:** Step 2 is active. It contains two input fields: 'First Name' and 'Last Name'. Below these are three gender selection buttons: 'Female' (with a female icon), 'Male' (with a male icon), and 'Other' (with a person icon). A blue 'Previous' button and a green 'Next' button are at the bottom.
- Third Screenshot:** Step 3 is active. It shows a 'Units' section with two buttons: 'Metric' and 'Imperial'. Below this is a line of text: 'By clicking Finish, you accept our Terms and Conditions'. At the bottom are a blue 'Previous' button and a green 'Finish' button.

When registering for a free account, you must use a unique email address and password. You will also be prompted to enter other personal information.

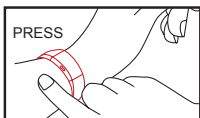
### STEP 3 Sync Med-Reminder Watch to Account

Med-Reminder Watch uses Bluetooth Technology to connect your smartphone/device to the wristband.

*\*Make sure your Bluetooth setting on your smartphone is turned on.*

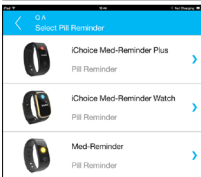
#### 1. Turn on the Wristband

Press the button on the wristband.  
If **Sync** displays, continue to Step 2.  
If screen does not turn on, charging is needed. (See page 4)



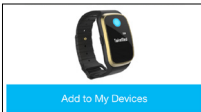
#### 2. Sync the Wristband to Account

Using the iChoice Meds App on your smartphone/device, Press **Tap to Link New Device** on the bottom tray. Choose iChoice PR2-1.

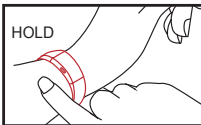


#### 3. Connect via Bluetooth

Tap **Add to my Devices**. The App will begin looking for a compatible device within Bluetooth range.



While the App looks for a device, press and hold the button on the Med-Reminder Watch until the wristband vibrates twice. This will pair your device with the App.

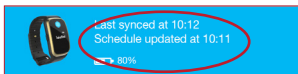


#### 4. Sync Complete

The device will display **Success**.

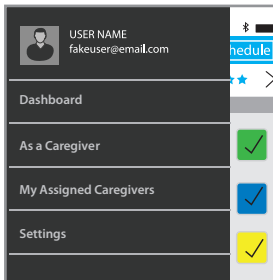
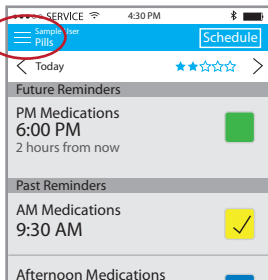


The App will indicate the time the wristband was synced, when your schedule was updated last and the current battery life of the wristband on the bottom tray.



## NAVIGATING THE APP

Tapping on ☰ in the upper left hand corner will slide out your navigation panel.



### Dashboard

Brings you back to the main screen where you can see your past and future reminders.

### As a Caregiver

Here, you can see all of the *iChoice Meds* users who have labeled you as their caregiver. These are users who have given you access to their profile and reminders. Tapping on a user will allow you to access their dashboard. You can add, remove or edit their reminders here. You will receive emails or push notifications when they take or miss a medication.

### My Assigned Caregivers

Here, you can see a list of all the *iChoice Meds* users who have accepted an invitation from you to be your caregiver. These caregivers have access to your dashboard. They can add, remove and edit your reminders. Assigned caregivers receive emails and/or push notifications when you take or miss a medication. You can also send invitations to new caregivers on this page. (See page 21 for more information on how to invite new caregivers)

### Settings

View/Change your profile, change reminder settings, read privacy terms and conditions, learn more about iChoice, etc. ( See page 9 for more information on the Settings)

## APP SETTINGS

On the Navigation Panel, ☰  
Tap **Settings** to see your current  
Med-Reminder Watch settings.

### My Profile

Change your name, picture,  
birthday, etc.

### Reminder Settings

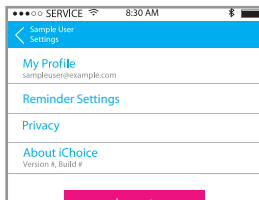
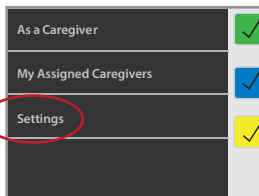
Here, you can change the wristband  
timer settings

### Privacy

Read the Privacy Terms for  
Med-Reminder Watch & iChoice Meds App

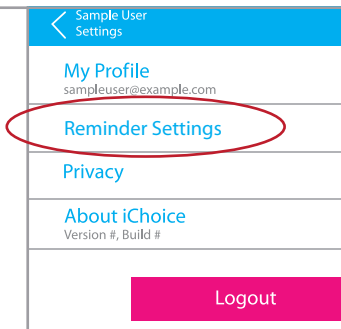
### About iChoice

Learn more about iChoice



## WRISTBAND REMINDER SETTINGS

Tap **Reminder Settings** in  
the Setting panel



## WRISTBAND REMINDER SETTINGS (cont.)

### Vibration Time

This indicates the amount of time the wristband will vibrate at the time of a reminder.

To change the vibration time, drag your finger left or right until the chosen minute is highlighted in blue.

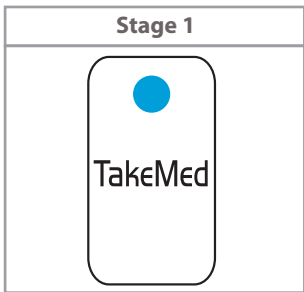
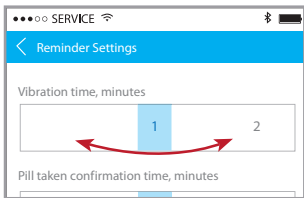
At the time of a reminder, the wristband will vibrate for this assigned vibration time.

During this vibration time, the assigned LED will appear and the wristband will show **TakeMed**.

Pressing the button on the wristband during this vibration time will begin the stage 2, the Confirmation stage.

If the button is not pressed before this assigned vibration time ends, the wristband will automatically turn off the reminder and record as missed in the App.

If you have *SMART notifications* set up, a missed notification will be sent to the assigned caregiver.



## WRISTBAND REMINDER SETTINGS (cont.)

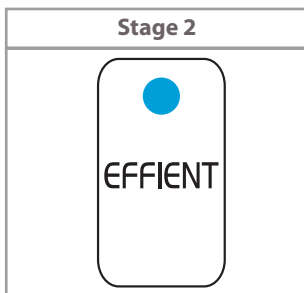
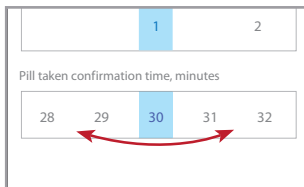
### Confirmation Time

This indicates the amount of time the wristband will flash the colored LED and display the medication name.

To change the confirmation time, drag your finger left or right until the chosen minutes are highlighted in blue.

During this confirmation time, the assigned LED will flash and the wristband will show the name of the given medication. *The wristband will also vibrate and flash twice every 3 minutes to remind to take your medication.*

Pressing the button on the wristband during this confirmation time will turn off the reminder and record medication as taken.



If you have *SMART notifications* set up, a taken notification will be sent to the assigned caregiver.

If the button is not pressed before this assigned confirmation time ends, the wristband will automatically turn off the reminder and log as missed in the App.

If you have *SMART notifications* set up, a missed notification will be sent to the assigned caregiver.

*NOTE: Choosing a longer confirmation time may drain the battery.*

## ADD A NEW MEDICATION REMINDER

Med-Reminder Watch **MUST** be programmed via the FREE *iChoice Meds App*. (See page 2 for a list of compatible devices and how to download the *iChoice Meds App*).

Although Med-Reminder Watch requires a smartphone/device to setup your wristband, the wristband will operate independently once the reminders are programmed into the wristband. Some advanced features will be unavailable but the medication reminders will still go off as scheduled.

If you do not have a smartphone/device, ask a friend or relative to set up your Med-Reminder Watch via their smartphone/device.

**NOTE: If you allow the wristband's battery to drain to 0%, you will need to re-sync with App.**

Once reminders are programmed into the wristband - it will alert you based on the alarms set via the *iChoice Meds App*.

At the time of a reminder, the wristband will vibrate, a steady assigned colored LED light will appear and **TakeMed** will display.

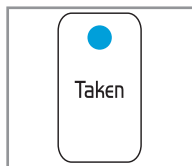
*In this example, a blue LED light has been assigned to this medication reminder.*

When the button on the wristband is pressed, the vibration will stop, the LED will begin to flash and the medication name will appear. This will continue until the button is pressed again and **Taken** appears on screen or the confirmation time runs out.

*The default vibration time is 1 minute.*

*The default confirmation time is 30 minutes.*

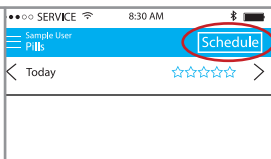
*Both of these times can be changed in the Settings option of the App.*



## ADD A NEW MEDICATION REMINDER (cont.)

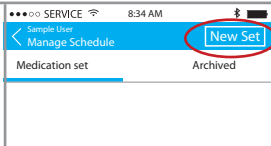
Navigate to **Dashboard** in your *iChoice Meds* App.

Tap **Schedule** in the upper right hand corner



Tap **New Set** in the upper right hand corner to add a new reminder.

*You can set up to 10 reminders daily.*



### Enter a Title for the new Medication Reminder

Title can be the name of the medication or you can use a generic name. (ie: EFFIENT, ASPIRIN, Morning Meds, etc)

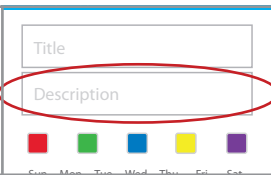
During the confirmation time, **this name will display on the wristband.** (If name is too long, it will scroll)

*\* 26 characters max. Special characters allowed include % & ', ( ) ' + - . /*



### Enter a Description

You can add a note in this section. (ie: Take with water, Very Important! or Small Blue Pills)





## ADD A NEW MEDICATION REMINDER (cont.)

### Assign a Colored LED Light

To choose a colored LED, tap one of the 5 colored squares.

This colored LED will appear on the wristband at the time of a reminder.

It will appear steady during the initial vibration stage and flash during the confirmation stage.

Sample User  
Add Reminder

AM Medications

Take with 1 glass of water

Red Green Blue Yellow Purple

Sun Mon Tue Wed Thu Fri Sat

+ Add Alarm

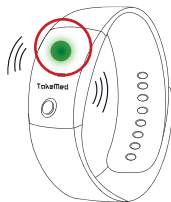
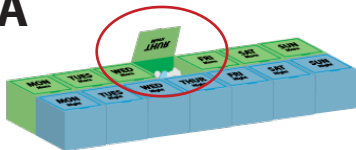
Starts: May 1, 2015

Ends: Never

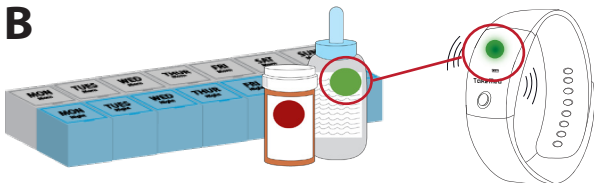
These colors can correspond to a colored pillbox or medication container to easily identify which medications to take. (A)

If your pillbox/containers are not one of the 5 LED choices, we included 7 sets of colored stickers to help match the colored LEDs to your medications. (B) (see next page)

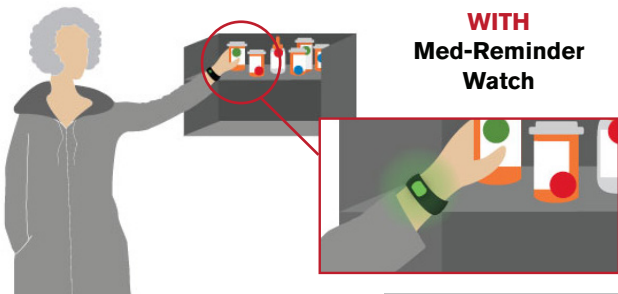
**A**



*This medication was set to the green LED light. The user will take the medication in the green compartment.*

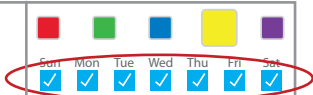
**B**

*This medication was set to the green LED light. The user does not have a green container. Green stickers are placed on the corresponding medications. User will take the medication in the container with a green sticker.*

**WITHOUT Med-Reminder Watch****?****WITH  
Med-Reminder  
Watch**

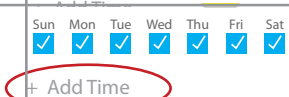
## Select the Frequency

Check off the days you wish the reminder to go off.



## Add Alarm

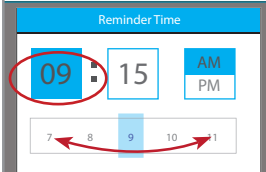
Tap + Add Time to enter the Reminder Time window



## Choose Hour

Tap the hour square. The hour is selected when a blue box is present.

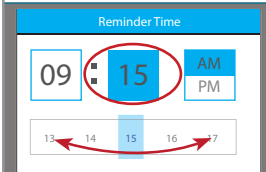
Slide your finger left and right on the slide bar to select the appropriate hour.



## Choose Minutes

Tap the minutes square. The minutes are selected when a blue box is present.

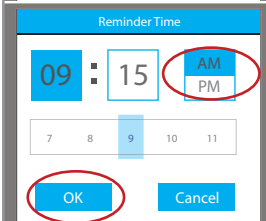
Slide your finger left and right on the slide bar to select the appropriate minutes.



## Choose AM or PM

Tap AM or PM to select.

Select **OK** to confirm or **Cancel** to go back to previous screen.



**\* If you choose a reminder that is within 5 minutes of the current time, a message will appear alerting you that the reminder cannot be scheduled.**

You have chosen a reminder time that is less than 5 minutes away. Please note that this alarm may not go off as scheduled today.

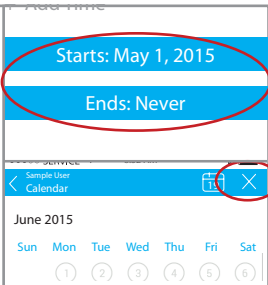
Ok

## Choose Alert Duration

Tap the Start or End buttons to enter calendar mode.

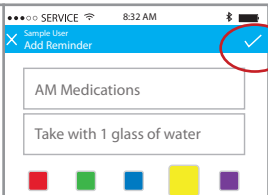
A calendar will appear for easy entry. Tap the correct date.

To choose **Ends: Never** tap the X in the upper right hand corner.



## Confirm Information

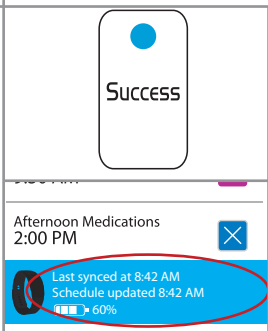
After all the fields are completed, tap the check mark in the upper right hand corner to save the reminder. \* Reminder will upload to wristband after sync. (see below)



## The App will upload the reminder to your wristband automatically.

After the reminders are programmed to the wristband, the display will show **Success**.

You can also see the last sync time, last time the schedule was updated and the wristband's current battery life on the bottom tray of the App.



**\*\* Every time you add a new reminder or update a medication reminder via the iChoice Meds App, the new information must sync in order for the reminders to be transmitted to wristband. Tapping the bottom tray in the App will force sync at any time.**

If you wish to enter in another medication reminder, navigate back to **ADD MEDICATION REMINDERS** (See page 12)

**\*\*** If at any time, you change time zones, the App on your smartphone will automatically alert you. You will have the option of changing the alert to the new time zone or use the original setting time.

## IMPORTANT!

It looks like you've changed timezones. Your current medication reminders may be affected. We recommend checking your settings.

Leave reminders unchanged

Use local time for reminders

## USING THE WRISTBAND

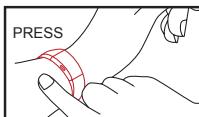
### STEP 1 TURN OFF VIBRATION/ENTER CONFIRM STAGE

At the time of a reminder, the wristband will vibrate, the steady assigned color LED will appear and **TakeMed** will display.

Press the button once to turn off the vibration. The wristband will now enter the Confirmation stage. The colored LED light will now flash and the Medication Name will display on screen for the duration of the confirmation time.

*You can change the confirmation time from 5 to 60 minutes in the Settings. See page 10.*

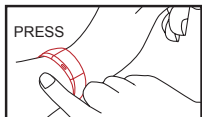
The wristband will also vibrate and flash LED twice every 3 minutes to remind you to take your medication.



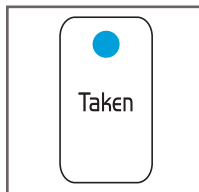
## STEP 2

## CONFIRM YOUR MEDICATION STATUS

You must take your medication during the assigned Confirmation time. When you have taken the medication, press the button on the wristband a second time. The LED light will stop flashing and the reminder will turn off.



The device will display **Taken** and will automatically display the time after 5 seconds.

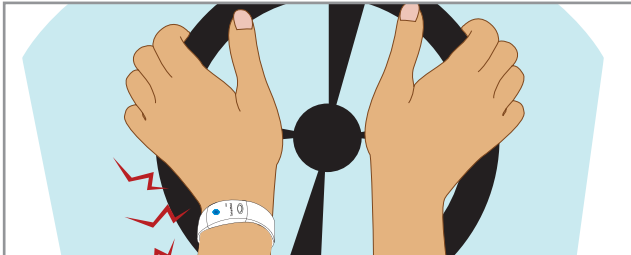


The App will record the medication as taken (see page 20) and if you have any assigned caregivers, he/she will receive a taken notification. (see page 21)

*The wristband and smartphone/device must be in close proximity for the app to record status.*

If no action is taken during the Confirmation time, the reminder will turn off and a missed notification will be sent to your assigned caregiver.

\*\*Reminders cannot overlap one another (ie: If a reminder is set for 8:00am and the confirmation time is set for 30 min, the next reminder cannot be set before 8:30am. A window will pop up alerting you of this issue before finalizing the reminder.






Oh no! I cannot take my medication while I'm driving! Med-Reminder Watch allows me to turn off the vibration and still be reminded to take my medication by the flashing LED and medication name. I will remember to take my medication when I get home.

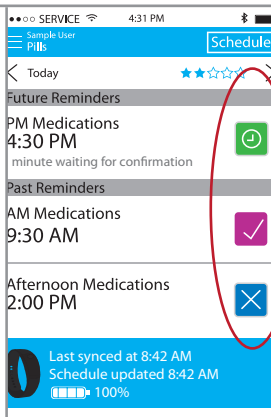
## STEP 3

## LOG MISSED/TAKEN MEDICATIONS

### INSTANTLY LOG STATUS

Every time a reminder goes off and you press the button on the wristband, information gets transmitted to your App. *(This is only possible if the smartphone is within distance for Bluetooth)*

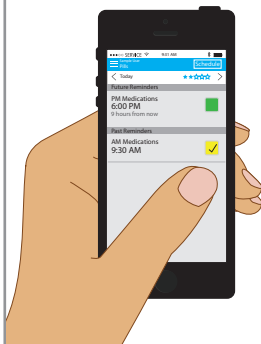
-  Waiting for Confirm - Button was pressed once to stop vibration
-  Medication Taken - Button pressed second time to confirm medication taken
-  Medication Missed - Button Never Pressed or Pressed & Never Confirmed



### WITHOUT Med-Reminder Watch



### iChoice™ Med-Reminder+ with SMART notifications



I know I took my medication this morning and now I won't accidentally take it twice.

## SMART NOTIFICATIONS

Med-Reminder Watch allows you to send out SMART notifications instantly. You can set up caregivers, family members and friends to receive SMART notifications via email and/or push notifications in the *iChoice Meds* App.

When a medication is taken, missed, unknown or currently being taken, an email notification is sent out to the assigned caregiver automatically.

Caregivers can also download the *iChoice Meds* App and receive Push Notifications instantly.

Caregivers receive three types of notifications:

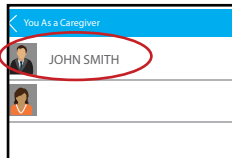
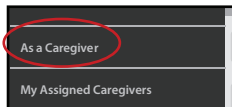
### 1. TAKEN    2. MISSED    3. UNKNOWN

SMART Notifications is an optional feature and does not need to be used for Med-Reminder Watch to operate.

Assigned caregivers will need to sign up for a free account with iChoice. Once an account is made, they will begin receiving email notifications automatically.

If a caregiver wishes to add, edit or view your medication reminders, they must download the *iChoice Meds* App.

Caregivers using the *iChoice Meds* App can navigate to [As a Caregiver](#) and access your dashboard remotely. They can edit your current and future reminders as well as add new reminders from their own App.






## SET UP SMART NOTIFICATIONS

### INVITE A CAREGIVER

Click the **Navigation** tab to slide out the main menu.

Click **My Assigned Caregiver** to see a list of assigned caregivers or to add a new caregiver.

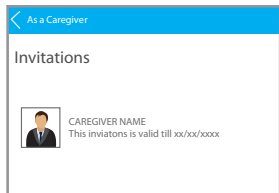
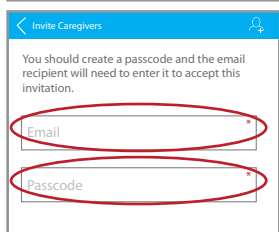
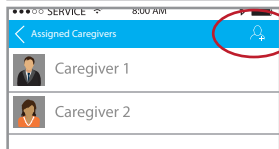
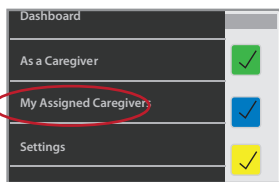
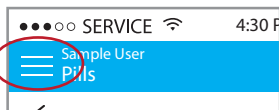
Tap the  icon in the upper right hand corner to add a new caregiver.

To send out the invitation, enter the email address of the caregiver you wish to receive SMART Notifications.

You will also need to choose a passcode. This passcode can be anything you wish and the caregiver will need this passcode to accept your invitation. (numbers only).

If the intended caregiver already has the *iChoice Meds* App, they will receive the invitation in the **As a Caregiver** section of the App.

If they do not have the *iChoice Meds* App, they must sign up for a free account with iChoice to complete the caregiver set up.



## SET UP SMART NOTIFICATIONS (cont.)

Click the [Invite](#) button on the bottom of the screen to send out the Caregiver invitation email.

The email address that you entered will receive an invitation with information on how to receive notifications of your medication status'.

To protect your invitation, we do not email the passcode. Use another way to tell the recipient.

For example by phone, SMS or personal email message. If you forget the passcode, you'll need to resend the invitation with a new one.

Invite

Caregivers can receive notifications via email or via the App.

### VIA EMAIL

To receive notifications via email, caregivers will need to sign up for an account with iChoice by clicking the corresponding link inside the email and entering the passcode you had chosen. (see page 21)

### VIA APP

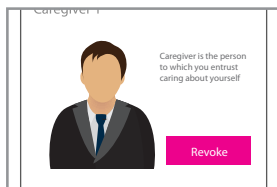
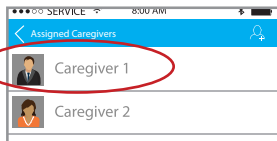
To receive medication status' via Push Notifications, caregivers must download the *iChoice Meds App* by clicking on the link in the email. They will be notified by alerts in the *iChoice Meds App*.

## REMOVE A CAREGIVER

Tap the caregiver you wish to remove.

Tap [Revoke](#) to remove this caregiver.

This caregiver will no longer receive notifications and will be removed from the [My Assigned Caregiver](#) list.



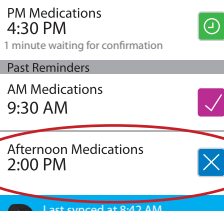
## CHANGE MEDICATION STATUS

The *iChoice Meds* App allows you to manually change the status of medications as taken or missed.

On your Dashboard, navigate to Past Reminders.

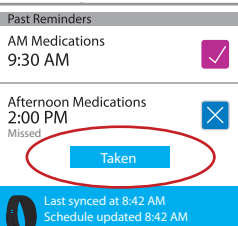
Tap the corresponding reminder you wish to change.

**\*Note:** You can only change the status for a reminder that has passed.



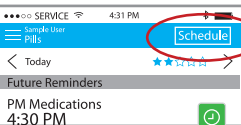
Tap the Taken or Missed button to change status.

If the App logged the medication as missed, a taken button will appear. If the medication was logged as taken, a missed button will appear.



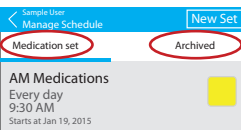
## EDIT A REMINDER

On your Dashboard, tap **Schedule** in the top right hand corner.



**Medication Set:** Shows all medication reminders currently active

**Archived:** Shows all medication reminders that have been removed. Note: You cannot edit or restore these reminders.



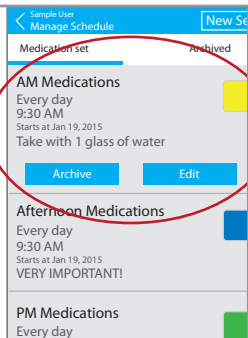
## EDIT A REMINDER (cont.)

Tap the medication reminder you wish to edit.

Two buttons will appear.

**Archive:** will remove this medication from all future instances. *Note: Once you archive a reminder you cannot restore it.*

**Edit:** Will bring you back to the main reminder screen where you can edit name, date, time, etc. (See page 12)



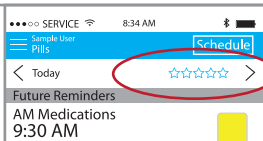
## MEDICATION TRENDS

The *iChoice Meds* App allows you to track your performance of taken vs. missed medications.

This is indicated by the 5 stars located in the upper right hand corner on your dashboard.

You will start with 5 empty stars each day because there are no past scheduled reminders. You are 100% compliant when the 5 stars are filled.

The stars act as daily averages based on your ratio of taken vs. missed reminders.



## Example:

You have 5 medication reminders scheduled (7am, 10am, 1pm, 5pm and 8pm)



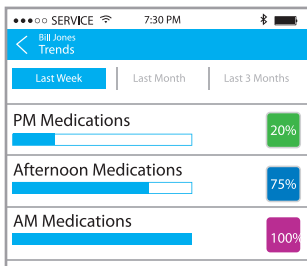
It is now 2pm. I have taken my 7am, 10am and 1pm medications. 3/3. I will have 5 stars.



It is now 8:30pm. I took all my medications except the 8pm. 4/5. I will have 4 stars.

If you click the 5 star graphic in the upper right hand corner of your dashboard you can view your medication compliance through easy to read charts and graphics.

You can break down your view by last week, last month or last 3 months.



## TROUBLESHOOTING

If your Med-Reminder Watch does not work for unexpected reasons try re-setting the wristband.

1. Charge the Med-Reminder Watch by plugging the wristband into a USB port. (see page 4)
2. While the wristband is charging, hold down the button on the wristband for more than 8 seconds to restart the device. (NOTE: The time will be wrong after the wristband restarts. Both red and green LEDs will blink indicating the time is wrong. (see page 5)

Still having trouble?

Contact customer service: (215)-874-0458

## MEDICAL ID

### WRISTBAND

The Med-Reminder Watch Wristband is specially designed with an engraved Medical Identification emblem on the end.

It will inform others, in an emergency, that the user wearing the wristband has a medical condition and may need special assistance.







We also included the statement "Check Medication List in My Wallet" on the side of the wristband.

### EMERGENCY MEDICAL ID CARD

For your convenience, we have included a Wallet Card inside the box. Please fill it out and keep in your wallet at all times.

An Emergency Medical ID Card form. It is a rectangular card with a red border. At the top, there are two red medical identification emblems (a six-pointed star with a caduceus in the center) flanking the title "EMERGENCY MEDICAL ID CARD". Below the title, there are several lines for personal information: NAME, ADDRESS, CITY, STATE, ZIP, PHONE, and CELL. Below these, there are lines for PHYSICIAN, PHYSICIAN PHONE, BLOOD TYPE, and EMERGENCY CONTACT. At the bottom right, there is a red arrow pointing right with the text "SEE INSIDE/BACK". On the left side of the card, there is a vertical line with the word "OTHER" written next to it.

## BOX SYMBOLS

Symbol	Definition
	This package is recyclable
<b>IPX5</b>	The degrees of waterproof provided by enclosure
	Follow instruction for use
	Storage temperature and relative humidity
<b>RoHS</b>	The device conforms to the requirements of RoHS
<b>FCC</b>	Federal Communications Commission approval
	Type BF applied part.

### Med-Reminder Watch Disclaimer

Content on this device including the app is for reference purposes and is not intended to substitute for advice given by a physician, pharmacist, or other licensed health-care professional. You should not use this information as self-diagnosis or for treating a health problem or disease. Contact your health-care provider immediately if you suspect that you have a medical problem.

This product is only a supplement to any memory system that you currently use to remind yourself to take medications. The user maintains full responsibility to administer medication at the appropriate times. The user should be aware that when the location of the smart phone on which the App is installed changes to a different time zone, the App will send out an automatic time change reminder to the smart phone to alert the user to change the time of taking a prescription. Furthermore, a user may initiate an invitation to a third party who can monitor the status through the App and remind the user to take medication at the appropriate time. It remains a user's responsibility to take medication and a third party's failure to remind in itself does not absolve that responsibility. The Product is not in the business of, and does not provide, monitoring services, medical care or direct medical care for patients. Product does not provide medical advice and does not prescribe or dispense medications. Only physicians, pharmacists, or other licensed and authorized learned intermediaries may set or change the prescription drug taking instructions, and information delivered to patients as determined by law and license protocols. Product shall not be liable for any claim or demand against Product by the user and/or by any third party, based on the provision, or lack of provision of, medical care to you or any other party.

The Product shall not be responsible for any misplacement of medicine, removal of medicine, wrong dosage, failure to refill or to take medicine, or for drug interactions. It is the patient's responsibility to take his or her medicine. The Product does not know if a patient actually takes his or her medicine, or if a patient fills the correct medicine in the relevant compartments and in the right dosage. Although the Product provides the function for a user to input medication names, dosages and time, the Product is not a decision making system and has no ability to check for drug to drug interactions, drug to food interactions, drug dosages, drug frequencies or to verify if the input medication name, dosage or time is according to the prescription or is otherwise safe, effective or appropriate for any given patient. Neither the Product's manufacturer nor its distributors or retailers assume any liability or gives any implied or express warranty as to the Product's ability to prevent wrongful dosage due to a Patient's misuse or wrongful inputs on the Product. It is the Patient's responsibility to ensure that he or she provided correct information and instruction for the Product to function correctly.

Product shall not be liable for failures due to causes beyond its control, including, but not limited to, acts of god, acts of government, fire, flood, strikes, terrorism, war, or acts or omissions of carriers.

Except as specifically provided in this license, there are no other warranties, expressed or implied.

The App is intended for educational purposes only. You must not rely on this application alone to remember to take medication or provide warnings including but not limited to overdose and schedule warnings. This application does not provide medical advice, diagnosis and treatment.

We assume no responsibility for any incidental or consequential damages, including but without limitation, damages or injuries resulting from dysfunction of the product due to loss of power, water leakage, or change of time zone, or misuse by the user such as wrongful set-up, not reading carefully or following the instruction manual, or improper use. In addition, discontinuation of internet service or WIFI connection may cause data unable to be uploaded to the server and to be transmitted to the remote third party supervising the use of the product. We assume no responsibility for damages resulted from the above mentioned misuse. Our liability shall in no circumstances exceed three times of the price paid by the user for the product.



## Warranty Registration Card

Model No. \_\_\_\_\_ LOT# \_\_\_\_\_

(LOT# - located at the bottom of the packaging)

Serial NO. (SN) \_\_\_\_\_ Purchase Date \_\_\_\_\_

(SN - located on the back on the unit)

Purchaser Name: ☐ M ☐ F \_\_\_\_\_

Age: ☐ Under 18 ☐ 18-34 ☐ 35-49 ☐ Over 50

E-Mail: \_\_\_\_\_

Phone: \_\_\_\_\_

Address 1: \_\_\_\_\_

Address 2 : \_\_\_\_\_

City/State : \_\_\_\_\_ Zip: \_\_\_\_\_

### Warranty Conditions

ChoiceMMed America Co. warrants to the original purchaser that this equipment will be free from defects in materials and workmanship for a period of one year from the date of purchase. This warranty shall be limited to the repair adjustment and/or replacement at the manufacturer's option of defective parts free of charge except the cost of transportation to ChoiceMMed America Co. Manufacturer's responsibility is limited to actual cost of item. When returning equipment for warranty service, all shipping and insurance charges must be prepaid and the proof of purchase must be enclosed. Returns will only be shipped to locations within the USA. ChoiceMMed America Co. will not be responsible for expenses or inconveniences, or consequential damages occasioned by equipment or by breach of any expressed or implied warranty with respect thereto.

### Limitations

This warranty covers all defects encountered in normal use of the equipment and does not apply in the following cases.

1. If the equipment has been serviced by other than a certified center.
2. Damage to the equipment due to mishandling, abuse, accident or failure to follow the operating instructions.
3. INSTRUMENTS: Warranty does not extend to display face, batteries and other accessories.

Customer Service Representatives are available  
Monday through Friday - 9:30am to 4:30pm EST

Service Phone: (215)-874-0458  
[www.choicemmedamerica.com](http://www.choicemmedamerica.com)



Distributed by:  
ChoiceMMed America Co.  
2558 Pearl Buck Road, Suite 8A  
Bristol, PA 19007  
[www.choicemmedamerica.com](http://www.choicemmedamerica.com)

Service Phone: (215) 874-0458  
Customer Service Representatives are available  
Monday through Friday - 9:30am to 4:30pm EST

(The above address is not for return purposes. For detailed warranty information, visit [www.choicemmedamerica.com/warranty](http://www.choicemmedamerica.com/warranty))

Made in China

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Revised date: March, 13 2017



