- Your watch may differ somewhat from the one shown in the illustration.


Modules: 5106/5136


Stopwatch second hand
Module: 5119

## To set the time

. Pull the crown out when the second hand is at 12 o'clock position and the second hand stops.
. Set the hands by rotating the crown. Rotate the crown to move the hands. Move the minute hand four or five minutes past the time you want to set, and then back it up to the proper setting.
3. Push the crown back in to the normal position

Using the Stopwatch
The stopwatch lets you measure elapsed time up to 29 minutes, 59 seconds.
To measure times with the stopwatch


To adjust the position of the stopwatch second hand

1. Press (B) to reset the stopwatch, and check the alignment of the stopwatch minute hand and second hand.
2. Pull out the crown.
3. Press (A) to move the stopwatch second hand forward until it points to the 12 o'clock position.
4. Push the crown back in to its normal position.

- For a watch with an elapsed time bezel

Rotate the elapsed time bezel to align the $\nabla \nabla$ mark with the minute hand.
After certain amount of time elapsed, read the graduation on the elapsed time bezel which the minute hand points to The elapsed time is indicated

- Some water resistant models are equipped with a screw lock crown.
- With such models, you must unscrew the crown in the
- With such models, you must unscrew the crown in the direction noted in the illustration to loosen it before you can
pull it out. Do not pull too forcibly on such crowns.
their crowns are loosened. Be sure to screw the crowns back in as far as they will go after making any setting.


## Specifications

[^0]
[^0]:    Accuracy at normal temperature: $\pm 20$ seconds a month
    Display: 3 analog hands (timekeeping hour, minutes, and seconds),
    3 dials (Stopwatch seconds, stopwatch minutes, and timekeeping 24-hour)
    dials (Stopwatch seconds, stopwatch minutes, and timekeeping
    Measuring mode: Elapsed time
    Battery: One silver oxide battery (Type: SR621SW)
    Approximately 2 years on type SR621SW (assuming one stopwatch operation $30 \mathrm{~min} . /$ day)

