混合智能手表

使用前请仔细阅读说明书

Hybrid Smart Watch

Please read the instructions carefully before using them

2

2

目 录

3

Catalogue

3

使用说明书

一、适配平台及要求

 合since 4及以上   IOS 8.0以上   Bluetooth 手机硬件支持蓝牙4.0

二、使用准备

1. 初次使用请仔细阅读说明书。
2. 手机的APP语言需随着手机同步，手表语言固定为英文。
3. 使用前请确保设备电量充足，若您电池不足时，请使用产品配套的充电座对设备进行充电。充电时设备放在靠近镜面充电座，充电完成后，光投设备表面翻贴区域打开机。（充电前，请撕掉手表底壳上的保护膜）
4. 安装和端APP到手机中。
   ⓐ通过应用市场下载
   Android系统：通过"智能手机"APP进行下载并安装。
   IOS系统：通过苹果手机"App Store"搜索"Wearfit"进行下载并安装。
   ⓑ通过二维码扫描下载并安装。

扫码 "Wearfit" 二维码下载APP

4

USER MANUAL

I System compatibility

 Android 4.4 or above   IOS 8.0 or above   Bluetooth Bluetooth 4.0

II Preparation before use

1. Please read the USER MANUAL carefully.
2. The language in watch APP is synchronized with the mobil phone; and the watch language is english only.
3. Please make sure the device has been fully charged for the first time. If low or no power, use the charging seat to charge the device. When you charge the device, the screen will show the charging icon. After charging, touch the "touch screen" for 3 seconds to turn on your device. (please take off the protective film on the watch bottom case before charging it)
4. Download and install the APP to mobile phone.
   a. from the app store
   IOS: search and download from App Store "Wearfit" and install.
   Android: search and download from Google Play "Wearfit" and install.
   b. Please scan the following QR code to download "Wearfit" and install.

SCAN "Wearfit" Download APP

4

三、连接方法

第一步：确保手机蓝牙打开
第二步：靠着手表中取找与手机蓝牙后列表比较中，手表显示"E8 B1"，Z18为信号，E8 B1为蓝牙器后列表比较，（2代蓝牙列表，手表对机）
第三步：打开手机上APP "Wearfit" 进入主界面，找怀上角菜单键，点击"设备菜单"再点击"连接管理"。
第四步：点击"网络设备"，再打开手表，找怀点"搜索"设备列表中找出手表"E8 B1"，手机即会提示，点击后连行连接，连接成功后界可识显示（等，骨于要好得准商品）。

四、开始使用

设置成功连接后，即可在手机应用、根据设置即可计时如：记步、距离、卡路里消耗、血心率监、血压监察、呼吸睡眠、及日计表等功能。

石英时钟功能

按按键听到"呼声"后声音左右旋打可调节时针针。

触控区域（在手表的6点钟附近）的功能：

触控区域

关机状态下，长按触控区域5秒钟后，(开机执有图放)。
开机状态下，长按触控区域5秒，出现关机界面，   圆圈短按选择"EG"，再点触触控区域关机手机，（关机后有图放）开机状态下，长按触控区域3秒进入选，显屏后从扩机状态图，短按触控区域切换界面，出现关机界面一选是否关机界面（如不关机，点击触屏，则点在默默，则等待自动进入了一个界面）

5

III How to connect mobile phone and device

1. Turn on the mobile phone BT first.
2. Check the last two address of BT on watch, find the device "E8 B1". Z18 is watch model, "E8 B1" is the last two address of Bluetooth (remember Bluetooth address and turn off the watch)
3. Run the apps " Wearfit" on mobile phone and into the main interface, click the menu button on the top left coner, →a device management →a connection management
4. Click "device bind" then turn on the watch, find the device "E8 B1" in "search device list", and click to connect it, you can set up your personal information in the setting once get connected.

IV Start to use

After the device has been paired, it will be synchronized the date. Then you can start to use all the functions: Pedometer, Distance, Calories, Run mode, Heart Rate, Blood Oxygen, Blood Pressure, Sleeping and Stopwatch.

Quartz clock function

Unplug the button and hear the sound of "bang" to rotate left and right to adjust the clock time.

"Touch Screen" (near 6 o'clock) functions

TOUCH SCREEN

In power-off state, long press the "Touch Screen" for 5 seconds to turn on the device. (the device will vibrate)
In power-on state, long press the "Touch Screen" for 5 seconds, short press the "Touch Screen" to choose "YES"   ，long press the "Touch Screen" for 5 seconds to turn off the device. (the device will vibrate.)

5

各功能界面介绍：

时钟界面：显示时间日期时间、蓝牙连接接标、星期及日期。

记步：记当一天内步行的步数。

距离计算：计算您步行运动的距离。

卡路里消里消：记录您摄日消卡路里消耗。

跑步模式：记录跑步运动时的步数、步数、卡路里消里消、跑步运当消、步及人身模式后，短按开始，暂停或按暂，长按3秒以上后可退。

心率测量：自动监测当前的心率数值，也可通过APP手表设置单次或连续监测量。

血氧测量：自动监测当前的血氧数值，也可通过APP手表设置单次或连续监测量。

血压监测：自动监测当前的血压数值，也可通过APP手表设置单次或连续监测量。

睡眠监测：当休息时自动捕自，进入休息状态会自动监测睡眠。

秒表：长按3秒开始时，开始计可启，短按开始计启单或暂累数结连行计启，长按3秒进行。

Z18设备序列号：每台设备机所序号都是唯一的。

6

In power-on and screen-off state, long press the "Touch Screen" for 2 seconds, the screen will show the standby interface. Short press the "Touch Screen" to switch the different functions in cyclic periods: Pedometer, Distance, Calories, Run Mode, Heart Rate, Blood Oxygen, Blood Pressure, Sleeping, Stopwatch and device version. (Else hand to bright the screen, touch the screen and enter into the next interface automatically)

Introduction to the interface functions:

Standby interface: it shows the battery, bluetooth icon, week and date.

Pedometer: it records your walking steps in a day.

Distance: it records your walking distance in a day.

Calories: it records your daily calorie consumption.

Run Mode: it records the running time and steps, calorie consumption and distance of this running time. Pressing the "Touch Screen" for 3 seconds to enter this mode and short press to start, pause or reset. And pressing "Touch Screen" for 3 seconds to quit.

Hear Rate Monitor: it records the current hear rating. You can set the single reading or real time reading from APP

Blood Oxygen: it records the current blood oxygen. You can set the single reading or real time reading from APP

Blood Pressure: it records the current blood pressure. You can set the single reading or real time reading from APP

Sleeping Monitor: it automatically monitors your sleeping.

Stopwatch: Long press for 3 seconds to start, short press to pause or reset and long press for 3 seconds to quit.

Z18 Device Vision: the vision for each device is unique.

6

手机APP Wearfit功能介绍：

1. 同步设备运当上的运动、睡眠、心率、血压、血氧、使同呼吸数据信息、并可支持，数据呼吸支持连接到数据信息。
2. 健康周报告据您分析结析、运动、睡眠、心率、血压、血氧等提据提供示相关身体健康活议及测量数据。
3. APP支持设置功能设置：来电提示、短信提示、久坐提醒、闹钟、间钟、QQ、微博（等智联数据即自动同步设置。
4. 运分享到：Facebook、Twitter、WhatsApp。
5. 分享运动及健康数据到微信、QQ、朋友圈或即使分享到网络。
6. 固件升级支持APP工升级在续固件级级，更易升续能系使用体验。

五、常见问题

1. 明近和机设备明近设搜索。
   请确认手机蓝牙已打开，务确认您设上设打开，请确信机开关未是机，请确实手表4.4以上或，苹果版本机已设超过IOS8.0以上版本。
2. 明近设备上后，设备显示设屏升出设自
   明近设机记记记后明近并自动连接连接，为明近近T只RAT不的定样立台设表上以后自动连自机配，请确保手表已自充打开，可明近会重机不机后后明近与APP记自同记机数据连接的发，关系机会定近机会后，开关可机连短机后后。
3. APP不断据更数据？
   可见通过TS机机APP里记，APP不会自同机数据连息据，本则记记会同机数据连接，本则记记后，手表会同使用记记。
4. 如何近记进近充电？
   将设备底属翻贴机区后机，将只机机记贴位置对准近机机机位，连接在机后。显于充机机充机后短连后设。可，5V=1机min充机机机，注意，务只TS机机供电。
5. 如何同记蓝牙时？
   本设备目机机蓝牙连机接，可可机机机设时请连接连接数据会连续机机，机机U口连读口充机端数据口机机连同。

7

Introduction to the APP "Wearfit" functions:

1. Synchronizing the data of movement, sleep, hear rate, blood pressure, blood oxygen, fatigue, etc., of the device and setting the angle or real-time reading.
2. The health weekly report will provide the related health advice and tips based on the measurements data.
3. It supports the function of call reminder, SMS notification, shake photograph, anti-lost, search equipment, sedentary reminder, alarm clock, wrist activation,
4. Sharing exercise or health data with trend via Facebook, Twitter or WhatsApp.
5. Firmware upgrade.

V FQA

1. Phone cannot search the device.
   Please ensure that mobile phone Bluetooth and the device have been turned on. Also, please ensure that your mobile phone system version: Android is 4.4 or above, IOS is 8.0 or above.
2. The device screen displays Bluetooth disconnected after paired successfully.
   Mobile phone will not connect the device during deep mode. It will connect the device automatically when you run App on your phone. And please ensure that mobile phone Bluetooth has been turned on. Please connect again if the device disconnect with mobile phone. Also one device can only be connected with one mobile phone.
3. App doesn't have data.
   App will not refresh all the time, so please dropdown the menu to refresh data. The device supports measuring once per hour. The data will not pop up if not reach the specified time. Please check Bluetooth connection if there is no data synchronized for a long time.
4. How to charge the device.
   Please put the device on the charging seat provided and you can see the charging icon displayed on the device. USB cable into PC or Adaptor are both ok. Caution: Just support 5V=1A power supply!
5. The date no synchronized.
   Please pair with the mobile phone via APP

7

六、设置日期不准确？
为设置不准，要求不准机，设置日期同记近机连接，请连接手机，设重有有自同步机手机近机进机机执程实。

六、基本参数

运当机机：PC21AR/2039
CPU机机：Nordic NRF51822
屏屏尺寸：0.49寸口口LED 64*32 PX
蓝牙版本：4.0
心率机：恩机地机01
电池：聚合物锂电池 85mAh
防水等级：3ATM
附配置件：设备，说明书、充机机、数据线

七、重要声明：

1. 本公司保留对本进步修机本进介容进行修机的权机，若本进内容进机，恐不机机机。
2. 用考数机机据仅提读考机，请详见用机，不用用用本实机机机。
3. 机本进述机机机机机机据机机在机机作机内，以免因机机机机机机作机机机用机机用用用机机机机关，造机机危险机机。
4. 请机机此机机清机机机机要产机机机，运机机机较机机物机清机本进机品机机洗机机机，以免本进机清机机机要产机机。
5. 本进机机据机可机机据机机本进机机机，机本进机机机机机机自机机机机，机机本进机机机机诊断机数据。

8

六、设置日期不准确？

VI Specification

Quartz Movement: PC21AR/2039
Chipset: Nordic-51822
Screen Size: 0.49 inch OLED 64*32
Bluetooth: V4.0
Heart Rate Sensor: PixArt PAH8001
Battery : 85mAh Li-ion Polymer
IP Grade: 3ATM
Accessories: device, user manual, charging seat, cable

VII Statement

1. The company reserves the right to make changes to the contents of this user manual without notice. It is normal that some of the features are different in different versions.
2. Please place the device far away from children or pets to avoid harms caused.
3. Please avoid placing or using this product in a hot or cold place. High or low temperature will reduce the electronic products life length, damage to the battery or cause other hidden dangers.
4. Please do not use chemicals contact with the product, also can not use chemicals to wipe the product
5. This device is not a kind of medical equipment and the measurement results of the device will be only for your reference and cannot be used as a medical diagnostic data.

8

FCC Caution.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:
(1) This device may not cause harmful interference, and
(2) this device must accept any interference received, including interference that may cause undesired operation.

Any Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:
-Reorient or relocate the receiving antenna.
-Increase the separation between the equipment and receiver.
-Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
-Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.