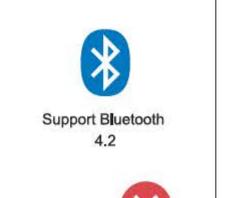
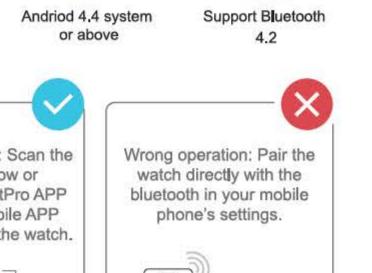
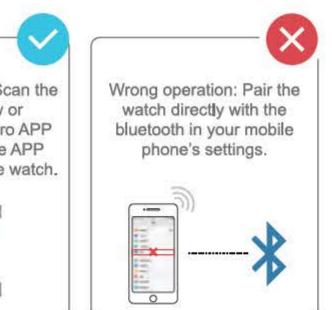


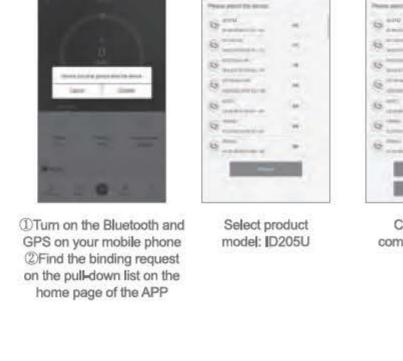


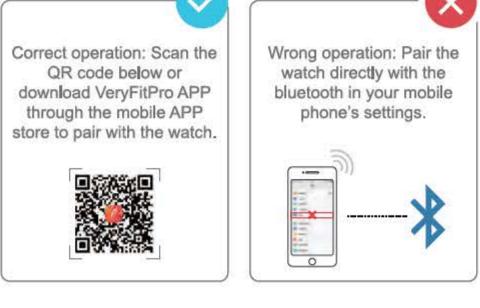
2. Bind process

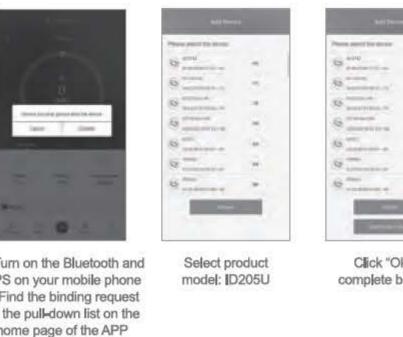












Open the mobile APP> swipe down the page> sync prompt appears Click "Ok" to complete binding.

nchronous Data

In daily wear, the watch can

detect all kinds of product data.

The user needs to connect the

watch with bluetooth on the APP

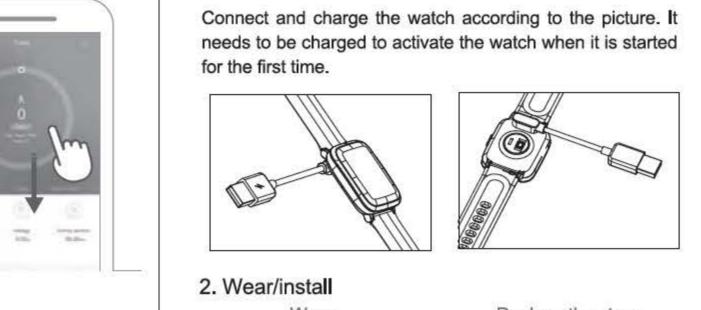
before synchronous operation.

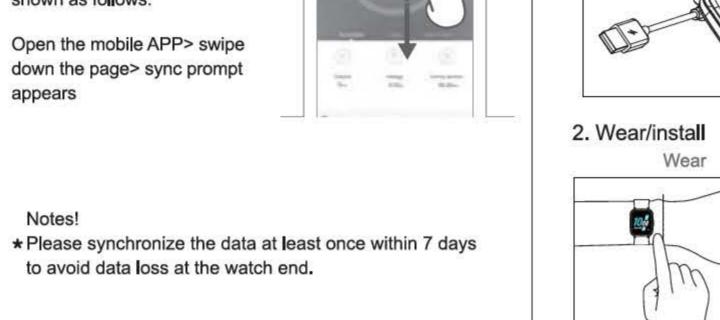
to avoid data loss at the watch end.

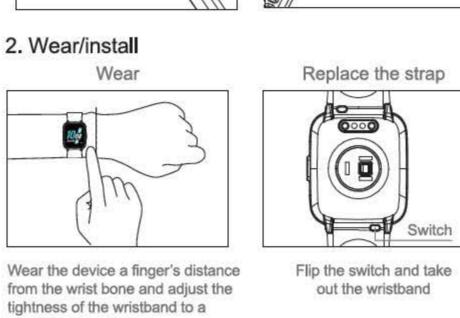
The detailed operations are

shown as follows:

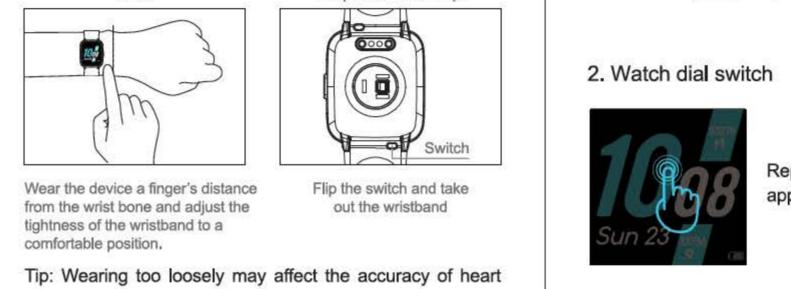
* During binding process, VeryFitPro will prompt you to enable GPS and Bluetooth, and authorize VeryFitPro to get access to the GPS on you mobile phone. * iPhones will not prompt you with any information unless you complete Bluetooth pairing on your ID205U watch in the built-in Bluetooth in you mobile phone after binding.







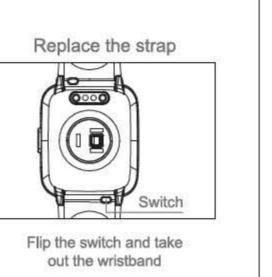
ruction for Use



Main interface operation perating Instructions interface tile diagram)

Short press the right key:
Return to previous interface





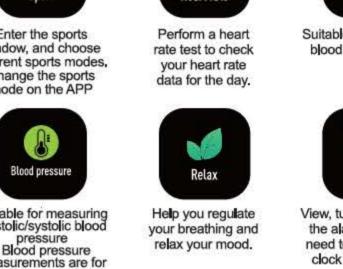


Swipe the screen to enter different interfaces (interactive

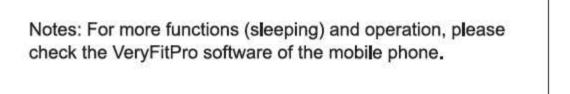


nction Introduction









cycle and predicts ovulation (it needs to be enabled on the

Click the sports icon select the sports type > enter the sports countdown automatically

Pause sports: short press the right key Restore sports: short press the right key End sports: long press the right key> select the end button on the screen

3. Women's health tracking

Helip you regulate
your breathing and
relax your mood.

View, turn off or turn on
the alarm clock. You
need to add an alarm
clock on the mobile



water) and shallow beach.

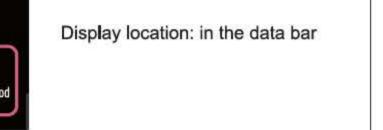
oduct Parameters

Record recent sportss.

Operating temperature 10°C—45°C Bluetooth version BLE 4.2 Product frequency 2402-2480MHz Max. transmission power consumption 0 dBm(for EU) Range of charging temperature:10 C - 45 C Battery life: Actual battery life and charging time will vary depending on usage and environment, etc.

Naterproof: Not suitable for diving, swimming in the sea, or sauna.

But suitable for swimming in swimming pool or in shower (cold



recording menstrual changes, tracks individual menstrual

Cleaning and Maintenance

mobile phone, the human body, wearing metal jewelry, etc.

abnormal.

It is recommended to wear and maintain according to the

* Do not use household cleaners to clean the watch, but

It is recommended to use alcohol to scrub stains that are

① It is recommended to update VeryFitPro to the latest

2 It is recommended to close all programs, restart the

3 Confirm whether the mobile phone system meets Android

The watch received no alerts, text messages or phone calls

① You need to turn on the smart reminder function and the call

② The iphone needs to be paired with the watch via Bluetooth.

(Please check the column of "Synchronous Data" for details)

① If the distance between the watch and the mobile phone is

too far, the connection effect of more than 7m bluetooth is

reminder switch in the APP, and synchronize to the watch.

③ You need to keep your watch connected to Bluetooth.

equently Asked Questions

1. Mobile APP search for the watch failed

following three points:

① Keep the product clean;

② Keep the product dry;

③ Do not wear it too tight.

not easy to remove.

Bluetooth, and then connect.

3. Bluetooth is often disconnected

obviously weakened.

4.4 or IOS 8.0 or above.

use the soap free detergent.

will interfere with the bluetooth connection signal. 3 Whether the bluetooth function of the mobile phone is Do not disassemble, bore or damage the battery. Do not disassemble the built-in batteries of non-replaceable battery The data of the watch is synchronized at least once every 7

About data backup days to the mobile phone (the watch end only keeps the

2 Whether there is a shield between the watch and the

devices. Do not use sharp objects to remove the battery. data of the last 7 days). How to restart If you are wearing a pacemaker or other implanted electronic Shutdown operation: Watch > set > shutdown--right-key devices, please consult your doctor before using the heart

be completely accurate.

by any data deviation.

Safety and Product Information Notes

The device, accessories, heart rate sensors and other

relevant data are designed for entertainment and fitness, not

6. Do I need to keep my bluetooth on when I wear my watch? The watch's optical heart rate sensor glows green and flashes. If you suffer from epilepsy or are sensitive to blinking alarm clock, you do not need to connect the watch to the light sources, please consult your physician if you can wear mobile phone all the time. If you only need to wear a watch when you exercise, you can connect the watch and your The device tracks your daily activities through sensors. These mobile phone to view the data synchronously after the data are intended to tell you about your daily activities, such as steps, sleep, distance, heart rate and calories, but may not

2 For the functions of call alert, message alert, find the phone, you need to turn on the mobile phone's bluetooth, and maintain the connection with the mobile phone. ★ More detailed questions can be answered with help and for medical purposes. They are not applicable to the

feedback in the APP. Operation steps:VeryFitPro > 😕 > help and feedback

diagnosis, monitoring, treatment or prevention of any diseases or symptoms. The heart rate data is for reference only. We are not responsible for any consequences caused

Please maintain good judgment at all times and ride in a safe

manner. Make sure your bike and hardware are properly maintained, and all components are properly installed.

corrosive liquid. The damage or defects caused by misuse

or improper use are not covered by the warranty.

the parts of the watch touching the skin dry.

Sports mode supports up to 6 hours of exercise at a time.

Avoid wearing the watch too tight in daily use. Please keep

When your heart rate is measured, keep your arm still

The device meets the EU ROHS criterion.

Please refer to IEC 62321, EU ROHS

Directive 2011/65/EU and revised directive

Matters Needing Attention

Changes or modifications not expressly approved by the party responsible for compliance could avoid the user's authority to operate Watch data needs to be kept once every 7 days to avoid the equipment. This equipment has been tested and found to compl The watch has no waterproof effect on seawater, acidic

with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a

This device complies with Part 15 of the FCC Rules. Operation is

(1) this device may not cause harmful interference, and

(2) this device must accept any interference received, including

subject to the following two conditions:

interference that may cause undesired operation.

particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

Reorient or relocate the receiving antenna.

- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected. Consult the dealer or an experienced radio/TV technician for help.

Increase the separation between the equipment and receiver.

CAUTION

RISK OF EXPLOSION IF BATTERY IS REPLACED

DISPOSE OF USED BATTERIES ACCORDING

Old electrical appliances must not be disposed of

together with the residual waste, but have to be

disposed of separately. The disposal at the communal

collecting point via private persons is for free. The

appliances to these collecting points or to similar

collection points. With this little personal effort, you

contribute to recycle valuable raw materials and the

owner of old appliances is responsible to bring the

treatment of toxic substances.

BY AN INCORRECT TYPE

TO THE INSTRUCTIONS

CE ROHS

Scan here to download

VeryFitPro