

# User Guide

## Smart Bracelet

### ID107Plus Color HR



Thanks for choosing our device, please read the user guide carefully before using.

## Setting

Use VeryFitPro on iOS or Android smart phone to set the wristband as follows:

Note: hardware and system of devices should meet the requirements:



### 1. Download VeryFitPro

#### Search and download

Search and download "VeryFitPro" from the Apple Store or Android App store.

#### Scan the QR code and download

It probably has a problem to open the link with WeChat or other scan tools, please copy the link and open it through browser.



## Product introduction

1. The product must be activated by charging before initial use, and then charge the product to ensure normal power supply. The hand ring will automatically power on.

① Remove the bracelet body and wrist strap



② Insert the main body of the wristband into the USB interface for charging activation (comply with the required voltage and current: 5V / 500mA)



③ Mount the bracelet body into the slot of the wrist strap.



④ Adjust the length of the wrist strap until it is appropriate to wear on the wrist.



## 2. Touch to use

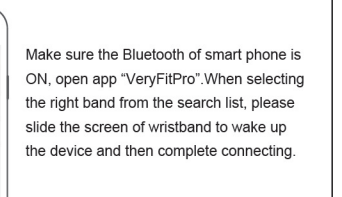
[Slide up and down]: Switch mode, wake up the screen;  
[Click the screen]: Switch data types at the same level, enter details, click the button  
[Hold the screen]: Enter the corresponding function operation (such as deleting information)  
[Click the button]: Return to the upper level, return to the time home page, interrupt operation  
[Hold the button]: Enter the corresponding function operation (such as countdown)

### Special instruction:

- When clicking type switch (same level): data and unit appear in floating;
- If there is no next/previous content when sliding up and down, the screen will shake a bit and the motor will vibrate very slightly.
- Click to enter the function. If there is no content, the screen will shake up and down and the motor will vibrate very slightly.

### 3. open app "VeryFitPro", and pair the device

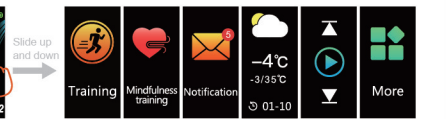
Make sure the Bluetooth of smart phone is ON, open app "VeryFitPro".When selecting the right band from the search list, please slide the screen of wristband to wake up the device and then complete connecting.



## Function Introduction

### 1. Interface

Time mode -> Sports mode -> Mindfulness training -> Information mode -> Weather mode -> Music mode -> More mode

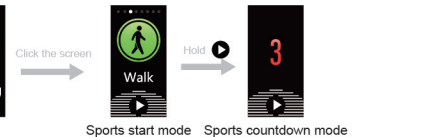


Note: Music mode (the app will not turn on this function or display it)

### 2. Time/Data mode

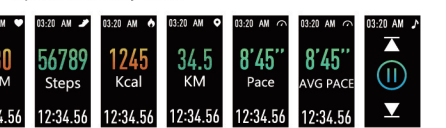


### 3. Sports mode



Note: Walk, Run, Bike, Hike, Treadmill, Workout, Basketball, Badminton (8 default); 6 optional in the app: Tennis, Football, Climb, Spinning, Yoga, Dance

## 3.1. Sports underway mode



Note: According to different sports types, the content displayed is slightly different; Sports music control mode(the app will not turn on this function or display it); When the app is connected and the bike sports starts synchronously with the app, it will display the pace and distance. Otherwise it will not display.

### 3.2. Sports pause mode



Note: In the sports countdown mode, [Release the button] to exit the sports countdown mode; [Press and hold the button] to prompt the sports countdown 3, 2, 1. Keep holding the button to exit the sports mode.

### 3.3. Sports end mode

(1) If the sports time is less than 5 minutes



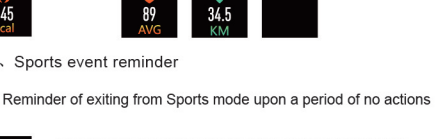
[Click] to return to [Exercise mode - Home page]  
[Click] enter [Sports data display mode]

## 3.4. Sports data display mode



Note: Exiting from sports mode upon a period of no actions in 15 seconds only includes three sports of Walk, Run and Treadmill. When the user remains inactive in 10 minutes, it will remind the user 15 seconds before the end, that a bright screen will appear and the motor will vibrate once.

### 3.5. Sports event reminder



Note: The sports mode can last up to 6 hours.

### 3.6. Sports end mode

(2) Reminder of force exiting from Sports mode due to full RAM



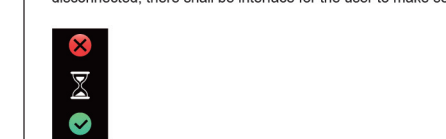
[Click] to return to [Exercise mode - Home page]  
[Click] enter [Sports data display mode]

## 3.7. Sports end mode



[Click the screen/main button] enter [Sports data display mode]

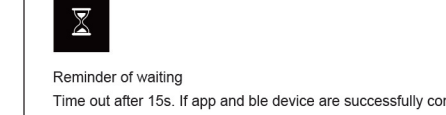
### 3.8. Sports end mode



Note: The sports mode can last up to 6 hours.

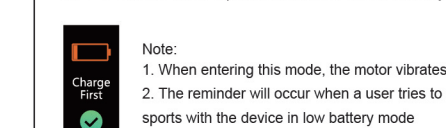
### 3.9. Sports end mode

(3) Reminder of force exiting from Sports mode due to low battery



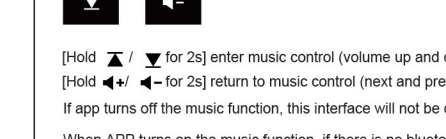
Note: The sports mode can last up to 6 hours.

## 3.10. Sports end mode



Note: The sports mode can last up to 6 hours.

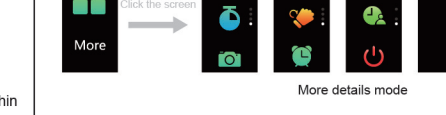
### 3.11. Sports end mode



Note: The sports mode can last up to 6 hours.

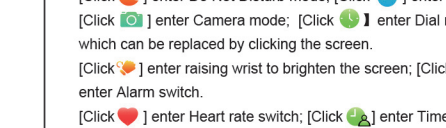
### 3.12. Sports end mode

(4) Long sitting reminder



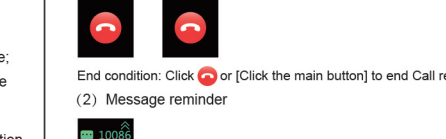
Note: The sports mode can last up to 6 hours.

## 3.13. Sports end mode



Note: The sports mode can last up to 6 hours.

### 3.14. Sports end mode



Note: The sports mode can last up to 6 hours.

### 3.15. Sports end mode

(5) Target completion reminder



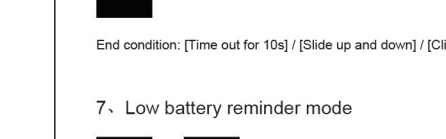
Note: The sports mode can last up to 6 hours.

## 3.16. Sports end mode



Note: The sports mode can last up to 6 hours.

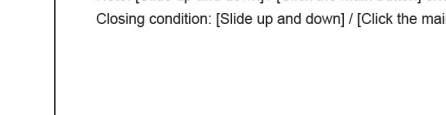
### 3.17. Sports end mode



Note: The sports mode can last up to 6 hours.

### 3.18. Sports end mode

(6) Reminder mode



Note: The sports mode can last up to 6 hours.

## 3.19. Sports end mode



Note: The sports mode can last up to 6 hours.

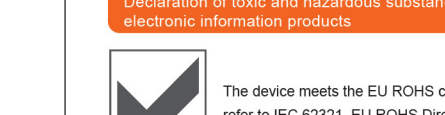
### 3.20. Sports end mode



Note: The sports mode can last up to 6 hours.

### 3.21. Sports end mode

(7) Low battery reminder mode



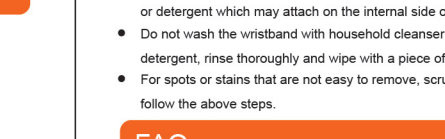
Note: The sports mode can last up to 6 hours.

## 3.22. Sports end mode



Note: The sports mode can last up to 6 hours.

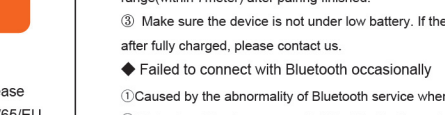
### 3.23. Sports end mode



Note: The sports mode can last up to 6 hours.

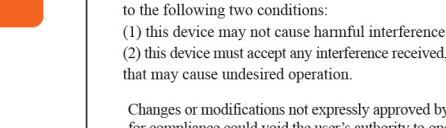
### 3.24. Sports end mode

(8) Device abnormality reminder mode



Note: The sports mode can last up to 6 hours.

## Wearing and Maintenance



Our products are designed for you to wear throughout the day. So please follow a few brief instructions when you are wearing and maintaining your smart devices. To keep your wristband clean and your skin comfortable, we put forward the following tips:

- Regularly clean your wrist and the smart wristband, especially after sweating in the exercise or being exposed to substances such as soap or detergent which may attach on the internal side of the wristband.
- Do not wash the wristband with household cleanser. Please use soapless detergent, rinse thoroughly and wipe with a piece of soft towel or napkin.
- For spots or stains that are not easy to remove, scrub with alcohol and then follow the above steps.

## FAQ

- Failed to find the device when pairing.
- Make sure the Bluetooth of smart phone is ON, and smart phone OS Android 4.4 & Above, iOS 8.0 & Above.
- Make sure the distance between phone and device is within 0.5meter, device is among the normal Bluetooth communication distance range(within 7meter) after pairing finished.
- Make sure the device is not under low battery. If there is still a problem after fully charged, please contact us.
- Failed to connect with Bluetooth occasionally

- Caused by the abnormality of Bluetooth service when it restarted on the phone
- Reboot mobile phone or re-start the Bluetooth service, then it works normal.

- How to restore factory defaults
- Make sure the device is connected with smart phone, go in the App, enter "device-- more", and choose "reboot device".

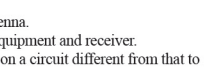
Old electrical appliances must not be disposed of together with the residual waste, but have to be disposed of separately. The disposal at the communal collecting point via private persons is for free. The owner of old appliances is responsible to bring the appliances to these collecting points or to similar collection points. With this little personal effort, you contribute to recycle valuable raw materials and the treatment of toxic substances.

## Basic Specifications

Model No.: ID107Plus Color HR  
Battery Capacity: 90mAh  
Host weight: 22g  
Sync: Bluetooth 4.0  
Working temperature: -20 C - 40 C  
Charging time: 1~2h  
Working Time: 7days  
Product frequency band: 2402-2480MHz  
Maximum transmit power: 0.72dBm

## Declaration of toxic and hazardous substances in electronic information products

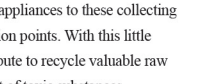
The device meets the EU ROHS criterion. Please refer to IEC 62321, EU ROHS Directive 2011/65/EU and revised directive.



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