



Use VeryFitPro on iOS or Android smart phone to set the wristband as follows:

Note: hardware and system of devices should meet the requirements:









1 Download VeryFitPro

Search and download "VeryFitPro" from the Apple Store or

scan tools, please copy the link and open it through browser.



The product must be activated by charging before initial use, and then charge the product to ensure normal power supply. The hand ring will automatically power on.



Search and download

Android App store .

Scan the QR code and download

It probably has a problem to open the link with WeChat or other



Product activation and installation





1. Wearing Method

wear on the wirst.



3. Touch key



Charge the battery: Insert the chip-mounted end of the bracelet body into the USB interface to activate the product by charging (be cautious not to reverse the polarity, and comply with the required voltage and current: 5V / 500mA)



Installation: Mount the bracelet body into the slot of the wrist strap.



Wear on: Adjust the length of the wrist strap until it is appropriate to



open app"VeryFitPro"

Take out: Pull open the strap and take out the bracelet body



• — Detection falled, please re search search list, please slide the screen of



Know vour Device



2. Heart Rate Monitoring





When selecting the right band from the



same method as wearing watches.

Long press

Continuously working for 8 days under normal conditions



1.1 Time Mode

Instructions Time dial can be switched as follows: APP Devices Mode>More

[Click the touch key] to enter the next mode:
Data Mode
(you can customize the shortcut through the app

1.2 Data Mode

To monitor Heart Rate more accurately, please wear the device on the upper position of your wrist and a bit tighter than usual when you are

[Press and hold the touch key for 2s]

4. Working Time

Single click the touch key: Interface switch Press and hold the touch key:

4. Make sure the Bluetooth of smart phone is ON.

Click the touch key to display successively



Wear the device on your wrist horizontally, about 2cm to carpal, the

[Click the touch kev] to enter the next mode: 6.789 Heart Rate Mode

to enter the sub-mode of "Data Reading"

1.2.1 Data Reading Sub-Mode

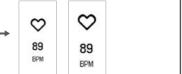


34.5 204

-1 hr

measure -ment

1.3 Heart Rate Mode



Before Data After Data Change in 0.5s Is Displayed Is Displayed

Note: Upon staving at the Heart Rate interface for 1s, start to monitor the monitored, and upon the correct data being monitored, data is displayed.

1.4 Alarm Clock Mode

Note: Alarm clock function should be turned

Alarm to start/close alarm clock



3 2 1 GO After the countdown interface of 3-2-1-GO is the sports underway mode. [Click the touch key] to enter the next mode: Alarm Clock Mode



on in App for the alarm clock to be displayed.



1.5.2 Sports Underway Mode



[Click the touch key] to enter the next mode:

[Press and hold the touch key for 2s]

[Press and hold the touch key for 2s] to enter the Sports Mode
[Click the touch key] to enter the next sports mode; and in case there are no other sports modes, it will go back to the Bike time mode. Note: Types of Sports mode can be selected in App (App Long press to start

Note: Types of Sports mode can be selected in App (App can handle 4 types of track recording sports and 10 types of other activities)

1.5 Sports Mode

1.5.1 Sports Start Mode

♥ D -- | !! D -- | ♦ D -- | **♀** D --

BPM STEP KCAL MI

Heart Rate Steps Calories Mile

interface of sports mode (the data reading interface of sports data display mode is not displayed)

If the sports last more than 1 minute, the

[Click the touch key] to enter the sports data

If the sports last less than 1 minute, the

user will be reminded of not saving the data.

[Click the touch key] to enter the main

Sports End Reminder will be displayed

display mode

Sports data display mode

വ- വ- **ദ**േ-

AVG PACE PACE PM

12:34:56 12:34:56 12:34:56

- - -

Average pace Pace/Speed Pm

to exit the sports mode.

1.5.3 Sports Stop Mode

[Click the touch kev] to enter the next sub-mode of

"Sports Underway" [Press and hold the touch key for 2s]

to enter any interface of Data Reading, press and hold 2s

Note: The speed and distance of riding can be displayed, but App need

to be connected and the riding and App needs to start at the same time



Not save



34.5

of no activity





Note: When the memory of wrist strap is full of sports data, the user will be reminded of exiting from the Sports Mode

AVG PACE

) Reminder of exiting from sports mode upon a period

3.If there are no any new operations before the end of the countdown of

automatic quitting from the sports mode, it will exit from the sports mode.

Step, Distance Duration, Calories Pace, Heart Rate 4) Reminder of inaccessible sport mode for low-battery

[Click the touch key] to enter the next sports data display mode, and the [Click the touch key] to accept the inaccessible sports single click of the final interface will go back to the first interface of sports mode for low-battery 1.5.4 Event Reminder in Sports Mode CHARGE Note: The reminder will occur when a user tried to star

[Click the touch key] to remove the reminder of automatic quitting from sports mode. 1.5.5 Abnormal operations during the

1.If there is no any activity in a period (15 minutes), reminder will be displayed 15s before it stop. 2.New activities will remove the reminder of automatic quitting from the sports mode.



[Click the touch key] to guit from the reminder waiting mode

methods: shake/wrist lifting/click the touch key

camera mode.

1) Call Reminder

The reminder will be available soon



3) Reminder of force guit for low-battery

from the sports mode

force quit from the sports mode.

[Click the touch key] to accept the force quit

Note: During the sports activities, when the power is too

low, the sport mode will pause, and remind the user of BATTERY

the sports mode with the battery of device is in low.



2. Exit through App will make the wrist strap guit from the



Message Reminder



4)Long Sitting Reminder

Alarm Clock Reminder: The relevant

When some goals are achieved, shake the wrist strap to get the interface of target completion remindal displayed Click the

displayed Click the

touch key to quit from the reminder

strap to get the interface of target completion reminder

settings need to done in the App..

Click the touch key: It will remove the

3) Alarm Clock

Alarm Clock Types:

Move your reminder.

Target completion reminder

body!

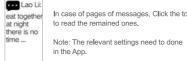


eat together at night there is no

Camera mode control









Wake up Medicine taking Sleeping Party

2. More modes of reminders



Long press





Modes of exit:

Press and hold the touch key to exit from the camera mode





Appointment Exercise Meeting

Alarm Clock: The relevant settings need to done

Status Code: -02 means the abnormality of heart rate sensor -03 means the abnormality of touch key IC -04 means the abnormality of flash

Model No.: ID115L

Working Voltage: 3.7V

Host weight: about 24g

Sync: Bluetooth 4.0

Working Time: 7days

Waterproof: IP67

Working temperature: -20 ℃ - 40 ℃

Maximum transmit power: 0.97dBm

Product frequency band: 2402-2480MHz

Battery Capacity: 65mAh

Low battery reminder

) Device Error Notification

Low-Battery! Please recharge timely!

-01 means the abnormality of acceleration sensor

Basic Specifications

Note: When the device is detected with

an abnormality, the interface herein will be

displayed each time the device is opened.

problem after fully charged, please contact us.

How to restore factory defaults

on the phone.

works normal.

Failed to find the device when pairing

2 Make sure the distance between phone and device is within

3 Make sure the device is not under low battery. If there is still a

◆ Failed to connect with Bluetooth occasionally

2 Reboot mobile phone or re-start the Bluetooth service, then it

Make sure the device is connected with smart phone, go in the App.

13

enter "device-- System setting", and choose "reboot device".

OS Android 4.4 & Above, iOS 7.0 & Above.

claration of toxic and hazardous substance

① Caused by the abnormality of Bluetooth service when it restarted

points or to similar collection points. With this little personal effort, you contribute to recycle valuable raw

(1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference

to the following two conditions:

for compliance could void the user's authority to operate the equipment. 2011/65/EU and revised directive.

> If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of

0.5meter, device is among the normal Bluetooth communication distance range(within 10meter) after pairing finished. - Connect the equipment into an outlet on a circuit different from that to

CAUTION

TO THE INSTRUCTIONS

that may cause undesired operation. The device meets the EU ROHS criterion. Changes or modifications not expressly approved by the party responsible Please refer to IEC 62321, EU ROHS Directive

> Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a

This device complies with Part 15 of the FCC Rules. Operation is subject

the following measures: Reorient or relocate the receiving antenna.

Consult the dealer or an experienced radio/TV technician for help.

BY AN INCORRECT TYPE

materials and the treatment of toxic substances.

This equipment has been tested and found to comply with the limits for a

particular installation. 1 Make sure the Bluetooth of smart phone is ON, and smart ph

RISK OF EXPLOSION IF BATTERY IS REPLACED

DISPOSE OF USED BATTERIES ACCORDING

Old electrical appliances must not be disposed of together

 Increase the separation between the equipment and receiver. which the receiver is connected.

with the residual waste, but have to be disposed of separately. The disposal at the communal collecting point

via private persons is for free. The owner of old appliances is responsible to bring the appliances to these collecting