

**iDO**  
**Smart Bracelet**  
User Guide

Smart Searching  
Endless Exploring

**Working condition for mobile**

iOS 7.0 & above   Android 4.4 & above   Support Bluetooth 4.0

**Quick Start Guide**

1. Download VeryfitPro app  
The smart band need to pair with the smart phone through app. Before downloading, please refer to working condition for mobile.  
Way to download 1: Searching the QR code, scan and download app.

Please use the QR code Scan tool to scan the following QR code and open the link and download app. In case there is any problem to open the link, please try to copy the link and open it by browser.

Way to download 2: Search in the phone market and download.  
Please search and download the "VeryfitPro" from App Store or Google play store.

2. Device Activate & Charge  
Make sure power is working normally before initial use. In case device is under low battery, connect the device to the charger. Device will automatically boot up (please connect the USB in normal DC port (5V-500mA) for charging as below. The host should be separated from the strap when charging).

3. Pair the device  
Please make sure the Bluetooth is ON and then open app "VeryfitPro" and go to bind. When searching and pairing device, please press on the key of device and activate the device (screen on). App will search the device automatically, choose the device name and connect the device to the app.

**How to Use**

**Key Definitions:**  
Tap: function switch  
Long Press: activate, mode switch

Once the device connected to the app successfully, it will record and analyze your activities and sleep automatically. Touch the click toggle, the display order is as follows

**1. Normal Mode**

Time Mode: 12:45 AM → Training Mode: >>>  
→ Step mode: 12,000 → Distance mode: 6.00 KM  
→ Calories Mode: 6789 → Activity Time Mode: 1234 MIN  
→ Alarm mode: 12:45 → Find Phone: 🔍

Note: alarm mode and find phone will only be displayed on the screen after switch ON in the APP.

2. Remote Camera Shoot Mode

Put the camera shoot ON in the APP, then device enter in remote shoot screen, control remote photograph shooting with following actions: (lift wrist sense / tap screen) to shoot a picture.

3. Sport Mode

Click to exercise mode, long press to start the movement

Sport start Notify mode: 3 → Stopwatch mode: 12:45:45 → Sport Step Mode: 16,789  
Sport Distance Mode: 12.09 KM → Sport Calories Mode: 6789 → Sport Clock Mode: 12:45  
Long press IS into the end of the movement → Sport stop Notify mode: 3

4. Notification Mode

Incoming call notify: 13523600 Message notify: Hello-Hel  
Alarming notify: 12:45 PM Sedentary notify: 🚶  
Anti-lost notify: 📶 Low-power notify: 🔋  
Charging notify: 🔌  
Charge full notify: 🔋

Notification Mode instruction:  
1. Under incoming call, message notify mode, the screen will still display the last time text and sliding, when there is a new notification coming in.  
2. If there is a call or message come, the device will force into call/message alert mode no matter under whatever other mode, after quit, it returns to previous mode.

**Functions Instruction**

**Activities Record:**  
Record daily activities, you could check daily activities including steps, distance and calorie consumption in the app.

**Sleep Monitoring:**  
Device could automatically recognize your state and monitoring the whole sleep progress with analyzing the deep sleep and light sleep hours;

**Notification Alerts:**  
Alarm alert, call alert, sedentary alert, etc. by silent vibration;

**Anti-Lost:**  
When the smart phone is beyond the Bluetooth range (5m), the device vibrates to remind.

**Remote Camera Control:**  
Operation on the screen could control remote photograph shooting.

**Device Data Storage:**  
The activity data will be cleared every 0:00am as a cycle, but the device itself could restore 7 days' data, after 7 days, the data will be cleared. We suggest user to sync data with app at least one time within 7 days during use.

**FAQ**

**Can't find device when pairing device?**  
Please make sure the smart phone Bluetooth is ON and smart phone OS Android 4.4 & above and iOS 7.0 & above.  
Please make sure the device is near the smart phone when pairing (normal 0.5m) and among the normal Bluetooth communication distance range (within 10m).  
Please make sure the device is not under low battery. If there is still problem after full charge, please contact us.

**Can't connect the device with app?**  
Some smart phone Bluetooth service will be abnormal when reboot. Please reboot the Bluetooth or reboot smart phone for pairing device.

**How to Restore Factory Defaults**  
Make sure the device is connected with app, go in the app, enter "Mine-SystemSetting" and choose "Reboot Device".

Caution:  
• If you experience skin irritation when wearing your watch, please refrain from wearing, and wait two to three days to see if your symptoms ease. If symptoms persist or worsen, please consult a physician.  
• If you have eczema, allergies or asthma, you may be more likely to experience a skin irritation or allergy from a wearable device.

**Basic Specifications**

Model: ID115U  
CPU: Nordic  
Sensor: kionix  
Host Weight: 17g  
Battery Type: Polymer Rechargeable Li Battery  
Battery Capacity: 45mAh  
Data Sync: Bluetooth 4.2  
Working Temperature: -20°C~45°C  
Standby: more than 7 days  
Frequency bands: 2402-2480MHz  
Maximum output power: -3.66dBm(for EU compliance)

This product is applied with professional Bluetooth RF signal and self developed algorithm, the accuracy of step pedometer could be up to 95%.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:  
(1) this device may not cause harmful interference, and  
(2) this device must accept any interference received, including interference that may cause undesired operation.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:  
- Reorient or relocate the receiving antenna.  
- Increase the separation between the equipment and receiver.  
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.  
- Consult the dealer or an experienced radio/TV technician for help.

CAUTION  
RISK OF EXPLOSION IF BATTERY IS REPLACED BY AN INCORRECT TYPE  
DISPOSE OF USED BATTERIES ACCORDING TO THE INSTRUCTIONS

Old electrical appliances must not be disposed of together with the residual waste, but have to be disposed of separately. The disposal at the communal collecting point via private persons is for free. The owner of old appliances is responsible to bring the appliances to these collecting points or to similar collection points. With this little personal effort, you contribute to recycle valuable raw materials and the treatment of toxic substances.

<p>爱   都   科   技</p>	名称	ID115U说明书	材质	105g铜板纸
	尺寸	60x95mm	备注	
	颜色	四色 双面	编号	4.SM.ID115UXGX0
	版本号	20180725V.1.0		