

哑粉纸 120g 宽60X高95(mm) 黑色边框不要印刷

智能心率手环

使用说明
User Guide

水滴石穿
求索不止

手机系统硬件平台需满足条件

iOS 7.1及以上版本
 Android 4.3及以上版本
 手机支持蓝牙4.0

快速使用指南

1. 下载 VeriFit 2.0
手环需要应用支持才可以与手机相连。下载应用前，请查阅手机系统硬件平台需满足的条件
搜索方法 1：扫描二维码下载

使用微信及其他扫描工具可能无法打开页面内的下载链接，请参照图例流程打开！

搜索方法 2：搜索下载
在 Apple Store 或安卓应用商店搜索“VeriFit 2.0”然后直接在手机上下载。
安卓应用商店搜索：Google Play Store 以及 360 手机助手/豌豆荚应用商店/百度助手等

2. 产品激活与充电
初次使用确保电量正常，若电量不能正常开机，请连接充电器对设备进行充电，手环会自动开机（充电方式如下图所示，将充电夹三个触点按图例箭头方式夹在触点背部位置；）

3. 将手环与手机绑定
请确保手机蓝牙打开，打开 APP VeriFit 2.0，进入“绑定设备”搜索设备的同时轻触手环主机以唤醒设备，灯亮设备即被唤醒，以图例搜索表，选择要绑定的设备

在手机中选择绑定的设备

开始使用

1. 手环成功绑定后，立刻开始同步记录和解析你的运动、睡眠及心率情况。在正常模式下，按键切换显示方式顺序如下：

时间模式 12:45 --> 心率模式 120 --> 计步模式 1234 --> 距离模式 23.45 km --> 卡路里模式 123 --> 闹钟模式 12:45

--> 查找手机

说明：闹钟模式和查找手机功能需要在 APP 打开后才会显示界面！

2. 在正常模式下，长按按键 2S 进入最后一次运动历史数据，按键切换显示方式顺序如下：

心率数据 120 --> 计步数据 1234 --> 距离数据 0.12 km --> 卡路里数据 1234

3. 运动模式
在历史模式下双击按键，清除数据上次历史数据，新的运动开始（新运动开始后双击无效），按键切换显示方式顺序如下：

心率模式 120 --> 计步模式 1234 --> 距离模式 0.12 km --> 卡路里模式 1234 --> 时间模式 12:45

说明：在运动模式下长按 2S 退出！

功能说明

活动记录：记录追踪你每天的活动，在应用中你可以查看当日运动量及运动速度，能量消耗；
睡眠记录：手环设备可自动记录睡眠时长，监测异常睡眠及醒来睡眠；
通知提醒：管理闹钟、来电、久坐、等震动方式提醒；
手机防丢：手机超过一定范围（5m）内，手环会发出震动提示；
遥控解锁：通过手环远程遥控手机进行解锁。
心率监测：有效监测您的心率情况，制定合理健身计划

常见问题

● **在配对时无法检测到手环？**
1. 请确认你的手机已开启蓝牙，同时手机在“支持范围内”！

2. 配对时，请确保手环与手机间距在 0.5 米范围内，完成配对后蓝牙连接范围 10 米以内！
3. 请检查手环是否开启蓝牙，进行充电后仍未解决，请联系系统

为什么偶尔会出现蓝牙连接不上情况？
部分手机的蓝牙服务在启动时偶尔会出现异常，导致出现这样的情况；请关闭手机蓝牙连接成重启手机，即可正常建立连接；

如何恢复出厂设置
手环已经与手机连接，在应用中进入“我的-系统设置”选择恢复出厂设置

如何重置手环
手环与手机连接，在应用中进入“设备”选择固件升级

基本参数

主控芯片：Nordic nRF51822
传感器：Kionix KS022-1020
心率传感器：Silicon labs Si1142
低功耗超长待机：15 天以上
主体重量：25.0g
电池类型：聚合物锂电池
电池容量：60mAh
防护工艺：镀锌 4.0
工作温度：-10 至 45℃
防水等级：生活防水不可游泳或洗澡
本产品通过专业蓝牙射频信号处理，以及专业手环精准算法，计步精确度可达 95% 以上。

Smart HRM Bracelet

User Guide

Smart Searching
Endless Exploring

Working condition for mobile

iOS 7.1 & above
 Android 4.4 & above
 Support Bluetooth 4.0

Quick Start Guide

1. Download VeriFit 2.0 app
The smart band need to pair with the smart phone through app. Before downloading, please refer to working condition for mobile.
Way to download 1: Searching the QR code; scan and download app.
Please use the QR code Scan tool to scan the following QR code and open the link and download app. In case there is any problem to open the link, please try to copy the link and open it by browser.
Way to download 2: Search in the phone market and download.
Please search and download the "VeriFit 2.0" from App Store or Google play store.

2. Device Activate & Charge
Make sure power is working normally before initial use. In case device is under low battery, connect the device to the charger. Device will automatically boot up (please clamp the charging clip to the back 3 point position of bracket as below)

3. Pair the device
Please make sure the Bluetooth is ON and then open app "VeriFit 2.0" and go to bind. When searching and pairing device, please press on the key of device and activate the device (screen on). App will search the device automatically, choose the device name and connect the device to the app.

select the device in the smart phone working list

How to Use

Once the device connected to the app successfully, it will record and analyze your activities and sleep status automatically, please press the key on the device to switch into different display modes as following:

1. Normal Mode
Time Mode 12:45 --> Heart Rate Mode 120 --> Step Mode 1234 --> Distance Mode 23.45 km --> Calories Mode 123 --> Alarm Mode 12:45

--> Find phone Mode

Note: Alarm Mode and Find phone Mode will only display on the device screen after which turn ON in the APP!

2. Under normal mode, long press the key 2s to enter into the history sports mode. (the latest sports data) then switch into different display modes as following when normal press on the key:

Heart Rate Data 120 --> Pedometer Data 1234 --> Distance Data 0.12 km --> Calories Data 1234

3. Sports Mode
Double click the key under history sports mode, the new activity will start (Clear the latest history data, once new activity started, double click on the key will be invalid), device switch into different display modes as following when normal press on the key:

Spot Heart rate mode 120 --> Step Pedometer Mode 1234 --> Spot Distance Mode 0.12 km --> Spot Calories Mode 1234 --> Spot Time Mode 12:45

Note: Long press the key 2s to exit the Sports Mode

Functions Instruction

Activities Record: Record daily activities, you could check daily activities including steps, distance and calorie consumption in the app.
Sleep Monitoring: Device could automatically recognize your status and monitoring the whole sleep progress with analyzing the deep sleep and light sleep hours.
Remind Alerts: Alarm alert, call alert, sedentary alert, etc. by silent vibration.
Anti-Lost: When the smart phone is beyond the Bluetooth range (no more than 10m), the device vibrates to remind.
Remote Camera Control: Device key could control remote photograph shooting.
HRM Monitoring: your heart rate effectively, and being responsible to planning the movement.

FAQ

● **Can't find device when pairing device?**
1. Please make sure the smart phone Bluetooth is ON and smart phone OS Android 4.3 & above and iOS 7.1 & above.
2. Please make sure the distance between phone and device is no more than 0.5m, device is among the normal Bluetooth communication distance range (within 10m).

3. Please make sure the device is not under low battery. If there is still problem after full charge, please contact us.
● **Can't connect the device with app?**
Some smart phone Bluetooth service will be abnormal when reboot. Please reboot the Bluetooth or reboot smart phone for pairing device.
● **How to Restore Factory Defaults?**
Make sure the device is connected with app, go to the app, enter "Mine-System Setting" and choose "Reboot Device".
● **How to update the device**
Make sure the device is connected with app, go in the app "Device-Device update", please wait some minutes before update done.

Basic Specifications

CPN: Nordic nRF51822
Sensor: Kionix KS022-1020
HR Sensor: Silicon labs Si1142
Host Weight: 25g
Battery Type: Rechargeable Li Battery
Battery Capacity: 60mAh
Data Sync: Bluetooth 4.0
Working Temperature: -10C~45C
Waterproof: not for swimming or diving
Standby time: 15 days & above
This product is applied by professional Bluetooth RF signal and own-developed algorithm, the accuracy can reach 95% and above.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:
(1) This device may not cause harmful interference, and
(2) This device must accept any interference received, including interference that may cause undesired operation.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment. This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.
If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:
-- Reorient or relocate the receiving antenna.
-- Increase the separation between the equipment and receiver.
-- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
-- Consult the dealer or an experienced radio/TV technician for help.

CAUTION
RISK OF EXPLOSION IF BATTERY IS REPLACED
BY AN INCORRECT TYPE
DISPOSE OF USED BATTERIES ACCORDING
TO THE INSTRUCTIONS

Old electrical appliances must not be disposed of together with the residual waste, but have to be disposed of separately. The disposal at the communal collecting point via private persons is free. The reuse of old appliances is responsible to bring the appliances to those collecting points or to similar collection points. With this little personal effort, you contribute to recycle-able raw materials and the treatment of toxic substances.