

# 智能手环

使用说明书  
User Guide

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### 手机系统硬件平台需满足条件

iOS 7.1及以上版本    Android 4.3及以上版本    手机需支持蓝牙4.0

### 快速使用指南

1. 下载VeryFit for heart rate  
2. 手机需应用支持并可以与手机相连，下载前，请查阅手机系统硬件平台需满足的条件  
3. 扫描下方二维码

扫描下方二维码

使用微信及其他扫描工具可能无法打开页面内的下载链接，请复制或浏览器打开！

搜索方法：搜索下载  
在Apple Store 或安卓应用商店搜索“VeryFit for heart rate”  
然后直接在手机上下载；  
安卓应用商店搜索：Google Play Store以及360手机助手/豌豆荚/应用宝/百度手机助手等

### 2. 产品激活与充电

初次使用前要通过充电器来激活产品，然后进行充电，确保电量正常，手环会自动开机（充电方式如下图，用USB直接插入普通DC接口充电，要求：5V-500mA）

### 3. 将手环与手机绑定

请确保手机蓝牙打开，打开APP VeryFit for heart rate，进入“绑定设备”，搜索设备的同时长按手环主机以唤醒设备，灯亮设备即被唤醒，出现搜索列表，选择要绑定的设备进行绑定。

在手机中选择你的设备

### 开始使用

指示灯定义

- 来电信息灯
- 信息灯
- 久坐灯

手环通过三色指示灯显示各种状态，具体如下：

#### 1. 目标完成率

|          |          |           |
|----------|----------|-----------|
| 目标完成率30% | 目标完成率60% | 目标完成率100% |
|----------|----------|-----------|

#### 2. 拍照模式

在APP中打开拍照功能，通过将手机摄像头对准手环，拍照成功后，绿色信息灯闪烁3次。

### 3. 闹钟提醒

当触发起床闹钟，手环会震动提醒，你可以通过按一下手环关闭闹钟。

### 4. 提醒模式

各提醒模式下，指示灯闪烁显示。

|        |   |
|--------|---|
| 来电提醒   | 📞 |
| 信息提醒   | 📧 |
| 久坐提醒   | 🕒 |
| 防失提醒   | 📶 |
| 完成目标提醒 | 🏆 |
| 低电量提醒  | 🔋 |

### 功能说明

**运动记录：**记录你的每天的运动，在应用中你可以查看当日运动量及运动速度、能量消耗；  
**睡眠监测：**手环设备可自动监测睡眠时长及监测深度睡眠及浅度睡眠；  
**通知提醒：**实时同步来电、信息、邮件等方式提醒；  
**手机防水：**手环防水一定范围内（5m以内），手机发出震动提示；  
**遥控拍照：**通过手环远程控制手机进行拍照；  
**手环存储数据：**每天一个手环环，7天一个大循环，每天凌晨零点手环固件的数据会自动清零，但是手环内则会自动保存7天的数据，7天后由手环固件的数据会自动清零，建议至少7天与手机绑定APP同步一次。

### 常见问题

- 在配对时无法找到手环？**  
请确认你的手机已开启蓝牙，同时手机属于“支持范围”的型号，清除手环与手机间蓝牙配对记录，完成配对后蓝牙通信信号再次配对！  
请检查手环是否有电量，进行充电或更换电池；请联系我们！
- 什么情况下会出现无法连接的情况？**  
部分手机的蓝牙芯片存在偶尔会出现异常，导致出现这样的问题；通常重新开关手机蓝牙或重启手机，即可正常建立连接；
- 如何移除出厂设置**  
手环已与手机连接，在应用中进入“我的-系统设置”选择“重置设备”！
- 如何理解手环配件**  
手环与手机连接，在应用中进入“设备”选择“固件升级”进行升级！

### 基本参数

主控芯片：Nordic  
传感器：Kionix  
手环重量：大约10g  
电池类型：聚合物锂电池  
电池容量：50mAh  
同步方式：蓝牙0  
工作温度：+10℃~45℃  
防水等级：IP67  
低功耗长续航：超过7天  
本产品通过专业蓝牙认证号处理，以及专业环境校准法，计步精确度可达到95%以上；

# Smart Band

User Guide

Smart Searching  
Endless Exploring

### Working condition for mobile

iOS 7.1 & above    Android 4.4 & above    Support Bluetooth 4.0

### Quick Start Guide

1. Download VeryFit for heart rate app  
2. The smart band need to pair with the smart phone through app. Before downloading, please refer to working condition for mobile.  
3. Way to download 1: Searching the QR code, scan and download app.  
4. Please use the QR code Scan tool to scan the following QR code and open the link and download app. In case there is any problem to open the link, please try to copy the link and open it by browser.  
5. Way to download 2: Search in the phone market and download.  
6. Please search and download the "VeryFit for heart rate" from App Store or Google play store.

### 2. Device Activate & Charge

Make sure power is working normally before initial use. In case device is under low battery, connect the device to the charger. Device will automatically boot up (please connect the USB in normal DC port (5V<400mA) for charging as below). The band should be separated from the strap when charging.

### 3. Pair the device

Open your device in the app, please make sure the Bluetooth is ON when pair the device. When searching and pairing device, please long press on the screen of the device and activate the device (light on). App will search the device automatically, choose the device name and connect the device to the app.

在手机中选择你的设备

### How to Use

Light Definitions

- Incoming call light
- Message light
- Longest light

The bracelet displays a variety of statuses with strepocolor lights, as follows:

#### 1. Goal Completion Rate

|                    |                    |                     |
|--------------------|--------------------|---------------------|
| Goal Completed 30% | Goal Completed 60% | Goal Completed 100% |
|--------------------|--------------------|---------------------|

#### 2. Remote Camera Shoot Mode

Put the camera shoot ON in the APP, control remote photograph shooting with left wrist sense to shoot a picture. After the success of taking photo, the green information light flashes once.

### 3. Alarm alert

When the alarm is triggered, the bracelet will vibrate and you can turn off the alert by sliding it.

### 4. Notification Mode

In each notification mode, the lights flashing

|                              |   |
|------------------------------|---|
| Incoming call notification   | 📞 |
| SMS notification             | 📧 |
| Longest notification         | 🕒 |
| Antitheft notification       | 📶 |
| Goal completion notification | 🏆 |
| Low energy notification      | 🔋 |

### Functions Instruction

**Activities Record:**  
Record daily activities, you could check daily activities including steps, distance and calorie consumption in the app.  
**Sleep Monitoring:**  
Device could automatically recognize your state and monitoring the whole sleep progress with analyzing the deep sleep and light sleep time.  
**Notification Alerts:**  
Main alert, call alert, secondary alert, etc. by silent vibration; **Anti-Lost:**  
When the smart phone is beyond the Bluetooth range (5m), the device vibrates or remind.  
**Remote Camera Control:**  
Operations on the screen could control remote photograph shooting.  
**Device Data Storage:**  
The data will be cleared every 9:00am in a cycle, but the device itself could restore 7 days' data, after 7 days, the data will be cleared. We suggest user to sync data with app at least one time within 7 days during use.

### FAQ

- Can't find device when pairing device?**  
Please make sure the smart phone Bluetooth is ON and smart phone iOS Android 4.4 & above and iOS 7.1 & above.  
Please make sure the device is near the smart phone when pairing (normal 0.5m) and among the normal Bluetooth communication distance range (within 10m).  
Please make sure the device is not under low battery. If there is still problem after full charge, please contact us.
- Can't connect the device with app?**  
Some smart phone Bluetooth service will be abnormal when reboot. Please reboot the Bluetooth or reboot smart phone for pairing device.
- How to Restore Factory Defaults**  
Make sure the device is connected with app, go in the app, enter "Mine-SystemSetting" and choose "Reboot Device".
- How to update the device**  
Make sure the device is connected with app, go in the app "Device"->Device update", please wait some minutes before update done.

### Basic Specifications

CPU: Nordic  
Sensor: Kionix  
Haze Weight: 18g  
Battery Type: Polymer Rechargeable Li Battery  
Battery Capacity: 50mAh    Data Sync: Bluetooth 4.0  
Working Temperature: -10℃~45℃  
Diagnose and Water proof level: IP67  
Standby: more than 7 days

This product is applied with professional Bluetooth RF signal and self-developed algorithm, the accuracy of step pedometer could be up to 95%.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:  
(1) This device may not cause harmful interference, and  
(2) This device must accept any interference received, including interference that may cause undesired operation.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.  
If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:  
•• Reorient or relocate the receiving antenna.  
•• Increase the separation between the equipment and receiver.  
•• Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.  
•• Consult the dealer or an experienced radio/TV technician for help.

105克铜板纸  
宽60X高95(mm)  
黑色边框不要印刷