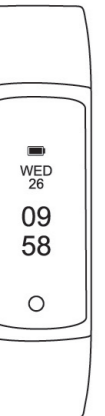


User Guide

Smart Bracelet



ID128HM

Thanks for choosing our device, please read the user guide carefully before using.

Setting

Use VeryFitPro on iOS or Android smart phone to set the wristband as follows:

Note: hardware and system of devices should meet the requirements:



1. Download VeryFitPro

Search and download

Search and download "VeryFitPro" from the Apple Store or Android App store .;

Scan the QR code and download

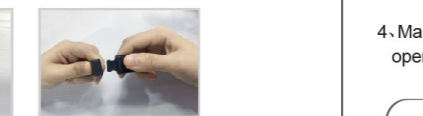
It probably has a problem to open the link with WeChat or other scan tools, please copy the link and open it through browser.



2. Product activation and installation

The product must be activated by charging before initial use, and then charge the product to ensure normal power supply. The hand ring will automatically power on.

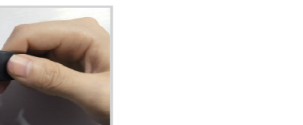
Take out: Pull open the strap and take out the bracelet body



Charge the battery: Insert the chip-mounted end of the bracelet body into the USB interface to activate the product by charging (be cautious not to reverse the polarity, and comply with the required voltage and current: 5V / 500mA)



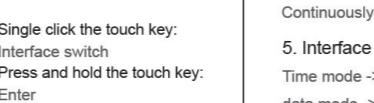
Installation: Mount the bracelet body into the slot of the wrist strap.



Wear on: Adjust the length of the wrist strap until it is appropriate to wear on the wrist.

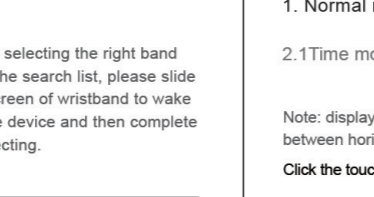


3.Touch key



Single click the touch key: Interface switch
Press and hold the touch key: Enter

4. Make sure the Bluetooth of smart phone is ON, open app"VeryFitPro"



When selecting the right band from the search list, please slide the screen of wristband to wake up the device and then complete connecting.

Know your Device

1. Wearing Method

Wear the device on your wrist horizontally, about 2cm to carpal, the same method as wearing watches.

2. Heart Rate Monitoring

To monitor Heart Rate more accurately, please wear the device on the upper position of your wrist and a bit tighter than usual when you are taking exercise.

3. Heart Rate Monitoring

Automatic heart rate Monitoring is ON as default, monitor Heart Rate all the day automatically.

4. Working Time

Continuously working for 8 days under normal conditions

5. Interface description

Time mode -> heart rate mode -> blood pressure mode -> data mode -> alarm mode -> find my phone -> sports mode.

function introduction

1. Normal mode

2.1 Time mode



Note: display mode is in the app > device > more to switch between horizontal screen and vertical screen.

Click the touch button to enter into the next mode: heart rate mode.

2.2 Heart rate mode



Enter into the heart rate monitoring mode. Dynamic display

Instruction: after staying at the heart rate interface for 0.5s, the heart rate was monitored. Before the correct data was monitored to red.

After the correct data is monitored, the data is displayed, the heart rate icon beats.

[long press touch button for 2s] invalid.

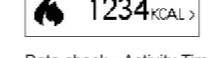
Click the touch button to enter into the next mode: blood pressure test.

2.3 Blood pressure test

2.3.1 Blood pressure monitoring



Before Monitoring



After Monitoring

Note: 1. After staying at the blood pressure interface for 0.5s, the blood pressure was monitored. After the correct data was detected, the data was displayed, and the blood pressure icon wouldn't beat when the test was finished, and the blood pressure was no longer monitored.

Click the touch button to enter into the next mode: data mode.
2. In order to ensure the accuracy of blood pressure data, please remain calm during the monitoring and sit down if it's possible.

2.3.2 blood pressure calibration.



APP launches blood pressure calibration mode, and displays the interface.

After calibration, displays that the calibration is completed. [current interface will be off after 5S screen] return to time mode.

2.4 Data check mode



[long press for 2S] enter into the data check sub-schema

[click] to enter into the alarm mode or find my phone mode or sports mode.

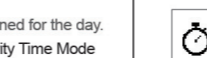
2.4.1 data check sub-schema.

Data check-- Distance Mode: displays the distance and unit of the day's activities.



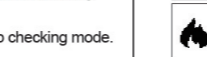
[click] to enter into the calories Mode

Data view -- calories Mode:



Displays the calories burned for the day. [click] enter into the Activity Time Mode

Data check-- Activity Time Mode:



Displays the time duration of the activity of the day. Click to enter into the step checking mode.

2.5 Alarm mode

After setting the alarm:



[click] to enter into the next mode (find my phone mode or time mode)

2.6 Sports mode



[click] to enter into TIME Mode [long press the button for 1s] the motor vibrates to enter into sports mode.

Note: 1. If there are multiple sports modes, click on the touch button to display the next sports mode.
2. Displays up to three kinds of sports through APP configuration, and the "walking" "running" "bike" is displayed by default setting of the fitness tracker.

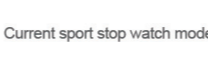
Note: the tracker displays the pace and distance when it's connected and synchronized with the app, otherwise it will not display.

Sports mode

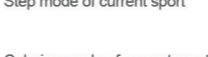


[long press the button for 3s] to enter into the current sports mode

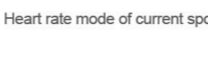
2.6.1 Sports is in progress mode.



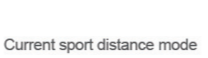
Current sport stop watch mode.



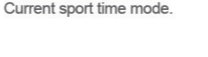
Step mode of current sport



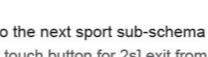
Calories mode of current sport.



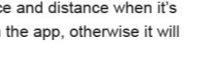
Heart rate mode of current sport.



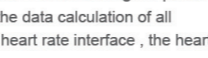
Current pace mode



Current sport distance mode



Current sport time mode.

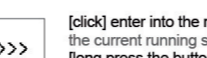


Sport exit mode

[Click the touch button] to enter into data display mode when the activity is terminated.

[timeout for 2s] enter into data display mode when the activity is terminated.

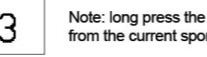
2.6.2 Exit from sports mode.



[click] enter into the next mode: the current running stop watch mode. [long press the button for 1s] to exit from the current sports mode.

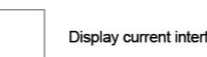
2.6.3.1 Exit from the current sports mode

After pressing the button for 1s under the sport exit mode, enter into this mode, the motor vibrates for one time.



Note: long press the button for 3s, exit from the current sports mode.

1) if the activity time is less than 1 minute, the tracker won't enter into data display mode after the termination of activity. The data will not be saved.
2) if the activity time is longer than 1 minute, the tracker will display activity termination alert.



Display current interface

Click the touch button to enter into data display mode when the activity is terminated.

[timeout for 2s] enter into data display mode when the activity is terminated.

3) Data display mode when the activity is terminated



[click the touch button] to switch displayed data.

Note: display time, calories, maximum heart rate, average heart rate, steps, distance, average pace

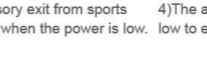
2.6.4 Event reminder during activity.



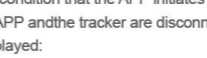
1) Exit from sports mode alert when no activity is detected.



2) Compulsory exit from sports mode alert when the memory is full.



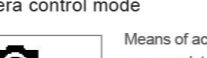
3) Compulsory exit from sports mode alert when the power is low.



4) The alert that the battery is too low to enter into sports mode

2.6.3 Abnormal condition of operation during activity.

Under the condition that the APP initiates the activity positively, or when the APP and the tracker are disconnected, the waiting interface will be displayed:



Waiting alert (Click the touch button) to exit from the waiting alert

2.7 Camera control mode



Means of access: the app sends a command to take a photo, the motor vibrates for one time.

Note: 1. Press the button or raise the gesture to trigger to take a photo, after the photo is taken successfully

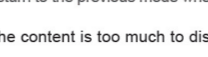
--> camera icon --> camera icon

2. 8 reminder mode



When there is an incoming phone call, no matter which mode the tracker is under, it will enter compulsorily into the reminder mode. The tracker will return to the previous mode when it exits from this mode.

Note: 1. If the content is too much to display on the screen, it will display in a scrolling way. If the content is an unavailable language, only big icon will be displayed. Big ICON



2.8.2 information reminder.



When there is an incoming message, no matter which mode the tracker is under, it will enter compulsorily into the reminder mode. The tracker will return to the previous mode when it exits from this mode.

Note: 1. If the content is too much to display on the screen, it will display in a scrolling way. If the content is an unavailable language, only big icon will be displayed.

2. SMS/WeChat/QQ/Facebook/WhatsApp/Twitter/Sets/Messenger/LinkedIn/E

Mail/Calendar / / LINE/VIBER/Skype/KakaoTalk VKontakte has corresponding icons for notification alert.



Termination method: taking photo is cancelled by APP. Return to the previous interface after cancellation.

2.8.3 Sedentary reminder.



Remind method: after setting the configurations at the APP, when corresponding conditions are reached, the tracker will remind.

2.8.4 anti-loss reminder.

Remind method: after setting the configurations at the APP, when corresponding conditions are reached, the tracker will remind.

2.8.5 event reminder.

Remind method: after setting the configurations at the APP, when corresponding conditions are reached, the tracker will remind

Icon description: wake up: sleep: Exercise: Take medicine: Others:

2.8.6 Low battery reminder

2.8.7 Target completion reminder

2.8.8 Charging Mode

2.9 Upgrade Mode

Upgrade Mode

Upgrading

2.10 Device Error Notification

Status Code:

-01 means the abnormality of acceleration sensor

-02 means the abnormality of heart rate sensor

-03 means the abnormality of touch key IC

-04 means the abnormality of flash

Basic Specification

Model No.:ID128HM

Battery Capacity:45mAh

Working Voltage:3.7V

Host weight:about 22g

Sync:Bluetooth 4.0

Working temperature:-20°C to 40°C

Waterproof: IP67

Working time: 7Days

Product frequency band: 2402-2480MHz

Maximum transmit power:-1.64dBm

2.8 reminder mode

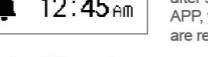


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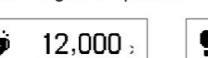


When there is an incoming message, no matter which mode the tracker is under, it will enter compulsorily into the reminder mode. The tracker will return to the previous mode when it exits from this mode.

Note: 1. If the content is too much to display on the screen, it will display in a scrolling way. If the content is an unavailable language, only big icon will be displayed.

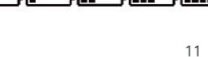
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