

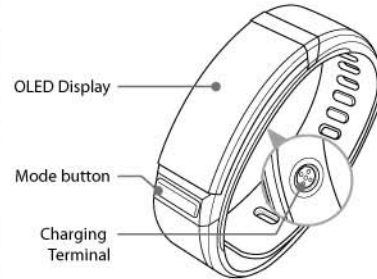
Fitness Tracker



Quick Start Guide

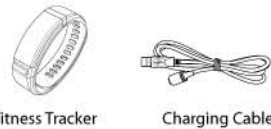
ezfit DSB005N

Product Overview



Package Contents

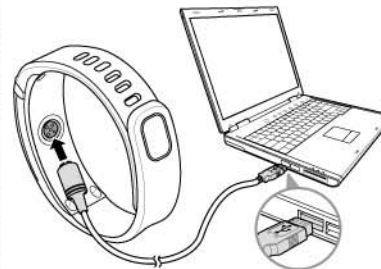
Check if the following items are included in your package.



Charging the Battery

This device is equipped with a built-in Li-ion battery. When the battery is running low, charge the battery using the included charging cable.

1. Connect one end of the charging cable to the charging terminal of the device. Make sure the pins of the charging cable are properly connected to the charging terminal.
2. Connect the other end of the charging cable to the available USB port of your computer.



Note:
It takes approximately 2 hours to be fully charged.

Getting Started

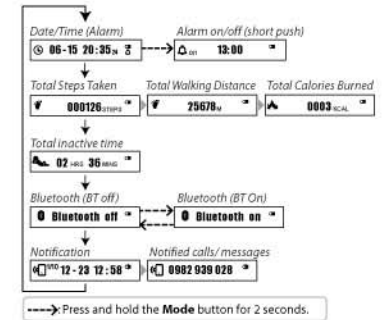
1. Wear your fitness tracker on your wrist. Fit the strap to your wrist using the latch as shown in the illustration.



2. Connect the charging cable to turn the device on for the first time, and the display will show the remaining battery power. Now you can continue to charge the battery, or unplug the charging cable and start using your fitness tracker.
3. Be sure to sync the device with ezFit APP in your smartphone/pad to update the date and time before starting to use the device.
4. When data synchronization is in progress, the date/time is also automatically synced with your smartphone/pad.
5. Sync your data at least once a week as the device stores recorded data for the latest 7 days only.

Fitness Tracker Functions and Display

1. Press the **Mode** button repeatedly to switch function mode.



2. When data synchronization is in progress, the device mode cannot be changed until the data transmission process is complete.

Note:

- The **Notification** mode only applies for Android OS, and it shows the latest three notified calls/messages.
- The **Total inactive time** shows your today's accumulated sleep and sedentary time.

Connecting Your Fitness Tracker to Your Smartphone/Pad

1. On your smartphone/pad, download and install ezFit APP from **Play Store / App Store**.
Note:
This APP is only available for Android 4.3/ iOS 5.x or above. The smartphone/pad must also support Bluetooth 4.0.
2. Enable the Bluetooth function on your smartphone/pad.
Note:
Make sure your fitness tracker is near your smartphone/pad, within 10 meters.
3. Launch ezFit APP.
4. Make sure fitness tracker Bluetooth is turned on. If not, press the **Mode** button repeatedly to reach Bluetooth mode, then press and hold the **Mode** button to switch "Bluetooth on".
5. On ezFit APP, tap to sync data.



Using ezFit APP

Launch ezFit APP. The main screen appears.



Viewing the Activity Analysis

Tap the icon to view the analysis results of the selected category in details.

- Tap to switch the date.
- Tap to view a summary of your activities for the last 7 days.
- Tap to view a summary of your activities for the last 30 days.
- Tap to share your record via a sharing application.



FCC Statement

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.

- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

FCC Caution: Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate this equipment.

This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.

Radiation Exposure Statement:
The product complies with the FCC portable RF exposure limit set forth for an uncontrolled environment and are safe for intended operation as described in this manual. The further RF exposure reduction can be achieved if the product can be kept as far as possible from the user body or set the device to lower output power if such function is available.