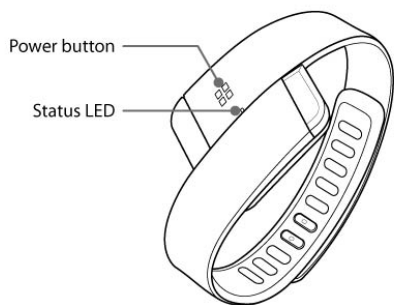


Fitness Tracker



Quick Start Guide
ezfit DSB012N/DSB212N

Product Overview



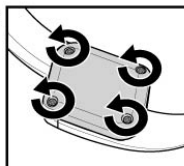
LED Indicator

LED Color	Description
Green (Blinks)	Record activities.
Blue (Solid)	Bluetooth is activated.
Blue (Blinks)	Sync data to the smartphone/pad.
Red (Blinks)	No activities being recorded.

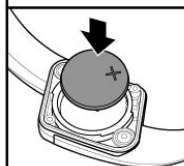
Replacing Battery

The device uses a CR2032 3.0V coin battery. When the battery power is running low, do the following to replace the battery:

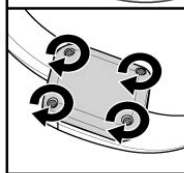
1. Remove the four screws on the battery compartment cover.



2. Remove the old battery and replace it with the new one. Make sure that the battery positive side is facing up.



3. Replace the battery compartment cover and attach the four screws to secure its position.



Note:

Dispose the used battery properly according to your local regulations.

Getting Started

1. Wear your fitness tracker on your wrist. Fit the strap to your wrist using the latch as shown in the illustration.



2. Press the **Power** button for 2 seconds to turn on the device. The green LED blinks for 3 seconds, indicating the device starts recording the data.



3. To switch to another mode, press and hold the **Power** button for 2 seconds.



4. When the Bluetooth function is activated ("Bluetooth on"), the blue LED lights up. If there is no data transmission within 30 seconds, the Bluetooth function will automatically disable and the device returns to "Recording on" mode.

Note:

- Press the **Power** button to check the device status. Green LED indicates recording in progress, and Red LED indicates recording is off.
- To start using the device for the first time, make sure to sync with ezFit App first for time synchronization.
- The device can only accommodate recorded data for the latest 7 days.

Connecting Your Fitness Tracker to Your Smartphone/Pad

1. On your smartphone/pad, download and install ezFit APP from **Play Store / App Store**.

Note:
This APP is only available for Android 4.3/iOS 5.x or above. The smartphone/pad must also support Bluetooth 4.0.

2. Enable the Bluetooth function on your smartphone/pad.

Note:
Make sure your fitness tracker is near your smartphone/pad, within 10 meters.

3. Launch ezFit APP.

4. On the fitness tracker, change the mode to "Bluetooth On" (LED color turns blue).

5. On ezFit APP, tap to sync data. The blue LED on the fitness tracker blinks, indicating the data transfer is in progress.

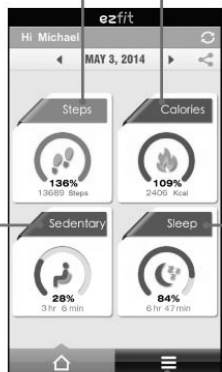


Using ezFit APP

Launch ezFit APP. The main screen appears.

Tap to view the number of steps taken.

Tap to view the total calories burned.



Tap to view the sedentary report.

Tap to enter the Settings page.

Tap to view your sleep time and quality.

Viewing the Activity Analysis

Tap the icon to view the analysis results of the selected category in details.

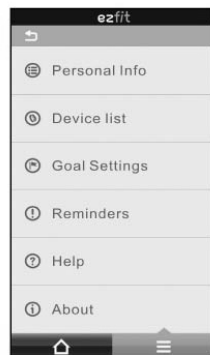
- Tap to switch the date.
- Tap to view a summary of your activities for the last 7 days.
- Tap to view a summary of your activities for the last 30 days.
- Tap to share your record via a sharing application.



Configuring ezFit APP Settings

For the main screen, tap to enter the Settings page. Select the desired option and configure the necessary settings.

- **Personal Info:** Register or edit your personal data.
- **Device List:** View the device list that you have synced with the APP.
- **Goal Settings:** Set your goals of the recorded items.
- **Reminders:** Set the reminder.



FCC Statement

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.

- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

FCC Caution: Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate this equipment.

This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.

Radiation Exposure Statement:

The product complies with the FCC portable RF exposure limit set forth for an uncontrolled environment and are safe for intended operation as described in this manual. The further RF exposure reduction can be achieved if the product can be kept as far as possible from the user body or set the device to lower output power if such function is available.