

# HWATCH Family

HWATCH

HWATCH L1/W1 is originated from HWatch,  
a wearable equipment expert.

If you have more questions about HWATCH L1/W1 or other  
smart wearing devices, please contact us in time.  
Finally, thank you for your long-term support and trust.

At this moment, start a healthy life with your HWATCH L1/W1!

Official website of HWATCH  
[www.hwatch.cn](http://www.hwatch.cn)

Official Sina microblog of HWATCH  
@HWATCH red watch

Official WeChat of HWATCH  
HWATCH1

After-sales service hotline of HWATCH  
400-0550-150

Model Name:HWATCH W1  
FCC ID: 2AEZC1001  
Company Name:  
DXY Technology Co.,Ltd



Official Sina microblog of HWATCH



Official WeChat of HWATCH



Made in China



HWATCH L1/W1  
User's Guide

## HWATCH L1/W1

Welcome to use HWATCH L1/W1 smart watch.

HWATCH L1/W1 is the first fashionable and smart watch for female made by DXY Technology. Like other models under HWATCH L1/W1 series, it is a trans-boundary product combining traditional watch process and technical intelligence.

HWATCH L1/W1 has soft curve, reliable material and stable performance. It is L1 embedded with VS-grade real diamond, W1 embedded with colorful crystal. which makes HWATCH L1/W1 shine. Like you, it looks so beautiful, tender and strong.

The pointer on dial plate follows the rotation of Ronda quartz movement. HWATCH L1/W1 is quietly recording and analyzing your exercise and sleep. It can also conduct UV inspection if needed. By this, you know well about your daily routine.

To select HWATCH L1/W1 means the selection of long-term high-quality and smart watch from HWatch as well as the selection of H health mobile phone applications under the cooperation of many professional institutions. While monitoring daily parameters, daily health diary can be formed, making health a part of your fashion.

From now on, you can open up a new life chapter which is healthy, beautiful and fashionable with HWATCH L1/W1.

## HWATCH L1/W1

### Material List

The devices in HWATCH L1/W1 standard package include:

1. HWATCH L1/W1 fashionable female smart watch.
2. Specification
3. Warranty card and warranty policies
4. Certificate of quality

Note: If the watch battery has no power, please replace CR2330 standard button battery.

## HWATCH L1/W1

### Buttons and operating instructions

#### Physical buttons

Long press: Activate watch (sleep)/display exercise progress (after activation)

Short press: Review UV

Double click: Startup and shutdown in sleep mode

#### Crown

Adjust the time of HWATCH L1/W1

#### HWATCH L1/W1 operation gestures

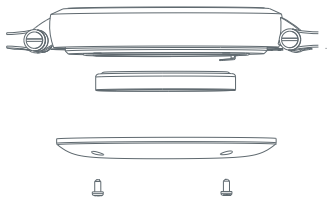
After opening the package, HWATCH L1/W1 is in ex-factory mode. You need to long press the physical button to activate smart functions. After three lights at 11, 12 and 1 o'clock directions flicker, it indicates that the smart part of HWATCH L1/W1 begins to operate.

## HWATCH L1/W1

### Wearing instructions:

#### How to replace the battery?

1. Place the watch flat reversely, use a screwdriver to unscrew 4 screws in the back cover.
2. Open the back cover and slightly take out the consumed button battery.
3. Place the new battery into the watch body. Pay attention to the directions of positive and negative poles.
4. Close the back cover and fasten the screw.
5. Long press physical button to active the smart functions.
6. Open app, and reconnect your HWATCH L1/W1 to finish battery replacement.



Prompt: When the battery power is less than 20%, H health App will remind you of replacing the battery. The battery for Ronda 751 quartz movement is advisably replaced in professional watch repair institution.

## HWATCH L1/W1

### Mobile sync instruction

#### Adaptive devices

HWATCH L1/W1 is compatible with mobile phone based on Bluetooth 4.0 hardware device. Before connecting your device, please ensure that your device has downloaded App: H health

#### Adaptive operating system

iOS7.0 and above version

Android4.3 and above version

#### Adaptive device model

iOS platform: iPhone 4s/5/5S/6/6 Plus

Android platform: MEIZU MX3/4, Samsung S4/S5, MI M3/M4, Hammer mobile phone T1, one plus mobile phone

#### Installation of H health

H health is a smart watch under HWATCH L1/W1

After dedicated mobile phone administration software is used to connect H Health and HWATCH L1/W1, it can help you administer watch, have a real-time review on exercise health data report, analyze and conduct UVI detection, and record daily routine on the timeline of H Health.

Note: For more device support, please keep concerning about our website: <http://www.hwatches.cn>

## HWATCH L1/W1

### Mobile sync instruction

You can search "H health" by accessing App Store, Google Play Store or other application markets, download and install H health App for free. You can also scan QR code in the following diagram to download and install it.



#### H health use and synchronization

Connect to watch

Operate H health on mobile phone. Please register and bind your HWATCH L1/W1 according to the prompt. If you have an account, please login it directly.

After logging in, you can synchronize and update the data by pull-down manner.

Prompt: If App is installed in iPad, please search and download it in iPhone item.

## HWATCH L1/W1

### Combination function

By collecting data and analyzing settings, HWATCH L1/W1, new H health and its background can directly present the following data:

#### Exercise step counting

Smartly identify your exercise state: walking, running, recording steps, mileage and calorie.

#### Exercise completeness

HWATCH L1/W1 can display your exercise completeness of the day through 11 LED lights on the dial plate according to relevant settings of H health. When the physical button is long pressed, the indicator light on the dial plate will be on according to exercise completeness. Their relations are as follows:

Completeness percentage	Long-lighting clock (in marquee form)	Single-point flickering clock
10% below	1	4 points
10%-20%	4,5 points	5 points
20%-30%	4,5,6 points	6 points
30%-40%	4,5,6,7 points	7 points
40%-50%	4,5,6,7,8 points	8 points
50%-60%	4,5,6,7,8,9 points	9 points
60%-70%	4,5,6,7,8,9,10 points	10 points
70%-80%	4,5,6,7,8,9,10,11 points	11 points
80%-90%	4,5,6,7,8,9,10,11,12 points	12 points
90%-100%	4,5,6,7,8,9,10,11,12,1 points	1 point
Over 100%	4,5,6,7,8,9,10,11,12,1,2 points	2 points

## HWATCH L1/W1

### Combination function

#### Sleep monitoring

If you don't like wearing the watch during sleep, you can double click the physical button to make the watch exit the sleep mode and record the sleep time.

If you wear the watch during sleep, HWATCH L1/W1 will automatically record the time for deep sleep and light sleep.

When the watch enters the sleep mode, the color light will flicker in blue for 1 time.

When the watch is in sleep mode, the color light maintains flickering in blue.

When the watch exits the sleep mode, the color light will flicker in white for 1 time.

## HWATCH L1/W1

### Combination function

#### UVI review

HWATCH L1/W1 is equipped with UV sensor which can help female learn about UV intensity in the environment and provide them with UV protective measures in timely and effective manner.

Short press the physical button, the color LED light at 2 o'clock direction will flicker in different colors according to the current UVI.

The relations are as follows:

UVI	Prompt
UVI 1-2	Flicker in green for 3 times
UVI 3-5	Flicker in yellow for 3 times
UVI 6-7	Flicker in orange for 3 times
UVI 8-10	Flicker in red for 3 times
Above 11	Flicker in violet for 3 times

## HWATCH L1/W1

### Product parameters

Type	Item	Product configuration parameters
Data uploading	Share synchronous data with the app of smart phone	Connect the app of smart phone via Bluetooth to upload or issue a connecting order.
System configuration	Lens	Sapphire glass.
	Display screen	None
	Bluetooth 4.0	Supported
	Watchband	Leather watchband is replaceable.
	Shell	18K platinum (L1) 316 medical stainless steel (W1)
	CPU	Nordic nRF 51822
Hardware configuration	G-sensor	Supported (step recording, calorie, kilometer, sleep monitoring and etc.)
	UV-sensor	Supported
	Indicator light	10 LED white lights, 1 LED color light
	Charging interface	Not supported
	Movement	Swiss Ronda 751 movement
Software configuration	Health data synchronization	Connect the app of smart phone via Bluetooth to upload or issue a connecting order.
Accessory setting	Battery	Type: Button battery CR 2330

## HWATCH L1/W1

### Combination function

#### Other functions

The battery state of HWATCH L1/W1 can be reviewed via H health. When the battery is less than 29%, H health will remind you of replacing the battery in time.

This equipment complies with FCC RF radiation exposure limits set forth for an uncontrolled environment.

Warning: HWATCH L1/W1 and H health will be updated through the updating of software and firmware. For details, please login the official website: <http://www.hwatch.cn>. can learn about the information at user forum of the website, or dial DXY Customer Service Hotline 400-0550-150.

## HWATCH L1/W1

### Warning

#### FCC STATEMENT

1. This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:  
(1) This device may not cause harmful interference.  
(2) This device must accept any interference received, including interference that may cause undesired operation.
2. Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.