



KINETIC inRIDE WATT METER AND HEART RATE MONITOR

Quick Start Guide

 **KINETIC**

 **Bluetooth**
SMART

POWERED by
 **wahoo**
FITNESS

WHAT'S IN THE BOX?



Thank You!

Thank you for purchasing the KinetiC inRide Watt Meter and Heart Rate Monitor. If you have any questions, please email us: inride@kurt.com



Works with: iPhone 4S & 5, iPad3 & iPad mini



APP USE INSTRUCTIONS

Scan QR for App configuration and installation instructions and heart rate monitor usage directions or go online to: www.kurtkinetic.com/inride/instructions

INSTALL THE GROMMET



1
Insert rubber grommet into roller hole



2
Press in rubber grommet until seated against lip

INSTALL THE MAGNET



3 Snap magnet to standard screwdriver to firmly hold



4 Using screwdriver, press magnet into grommet



5 Press magnet flush with grommet using screwdriver



6 Magnet should be flush with top of grommet

SENSOR INSTALLATION GUIDELINES



INSTALL THE SENSOR



Clean plastic surface with isopropyl alcohol



Peel backing from adhesive patch on sensor



Carefully position and place sensor on trainer yoke bracket and press into place. **NOTE: alignment is critical. Edges of sensor must match edges of trainer yoke bracket.**