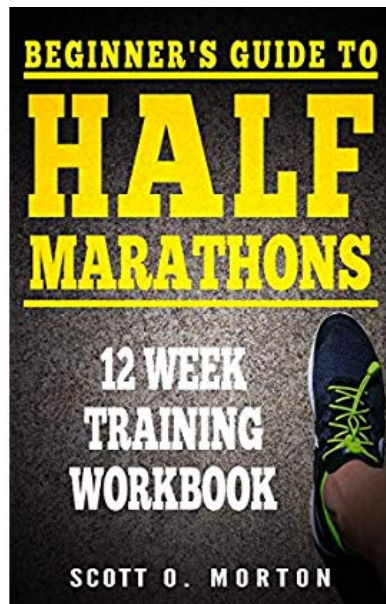# Beginner's Guide to Half Marathons: 12 Week Training Workbook Read for free Book Downlaod

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