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by  LG

TELEFONO MULTIMEDIOS V CAST
CON PANTALLA SENSIBLE AL TACTO

 **verizon** wireless
VOYAGER™

**Tips, hints
& shortcuts**
for your device and service

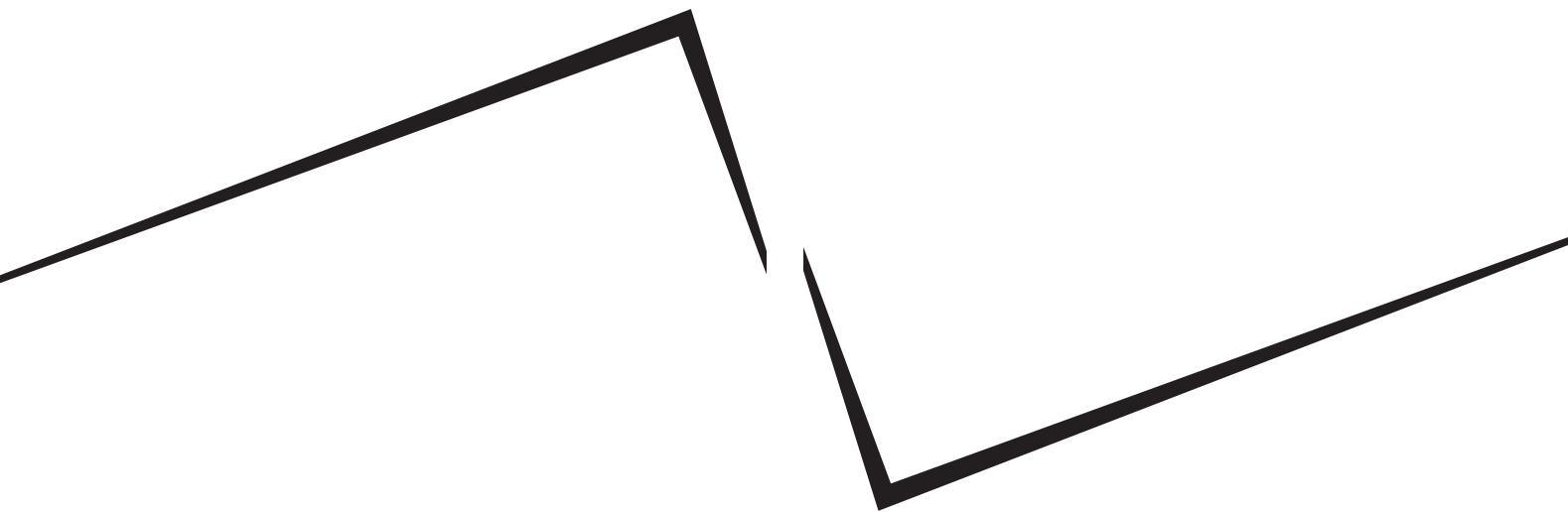
para tu aparato y servicio
y soluciones rápidas
consultas, consejos

VOYAGER™
 **verizon** wireless

**V CAST MULTIMEDIA PHONE
with TOUCH SCREEN**

by  LG

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Welcome to Verizon Wireless.

It's the NetworkSM

For an interactive guide to your new wireless device,
go to verizonwireless.com.



mobile, ve a verizonwireless.com/espanol.
Para una guía interactiva de tu nuevo aparato

Es la CompañíaSM

Bienvenido a Verizon Wireless.

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Welcome

Thank you for choosing Verizon Wireless

You're now connected to the power of America's most reliable wireless network. This guide will help you understand your new wireless device and all the things you can do with it. So let's get started.

For more details, please refer to the User Guide that came with your wireless device.



The basics

- Getting started
- Using Bluetooth®
- Placing and receiving calls
- Setting up and accessing Voice Mail
- Locking/Unlocking your wireless device
- Changing Ringtones
- Using TXT Messaging



Getting started

Just the basics; we'll get into the fun stuff later on.

NOTE: This Quick Reference Guide gives instructions based on the external touch screen. For further details, please refer to the User Guide.



- 1. Earpiece
- 2. Side Camera Key
- 3. Lock Keys
- 4. Side Volume Keys
- 5. Touch Soft Keys
- 6. SEND Key

- 7. CLR Key
- 8. Accessory Charger Port
- 9. END/PWR Key
- 10. microSD™ Memory Slot
- 11. Touch Screen
- 12. Headset Jack

pg 4

* Standby mode is when the phone is waiting for input from you. No menu is displayed and the phone isn't performing any action. It's the starting point for all of the instruction steps.

NOTE: The menu tree and key operations may differ when the flip is open and closed.

Installing the battery

- 1: To install the battery, insert the bottom of the battery into the opening on the back of the phone. Push the battery down until the latch clicks.



Charging the battery

- 1: Plug the end of the AC adapter into the phone's charger port and the other end into an electrical outlet.
- 2: The charge time varies depending upon the battery level.

NOTICE: Please use only an approved charging accessory to charge your LG phone. Improper handling of the charging port, as well as the use of an incompatible charger, may cause damage to your phone and void the warranty.



Powering your wireless device on for the first time

It's important to fully charge the battery before turning on your wireless device.

- 1: Install a charged battery or connect the phone to an external power source.
- 2: Press  until the LCD screen lights up.

Powering your wireless device off

Press and hold  until the display turns off.

Using Bluetooth®

How to turn on Bluetooth®

- 1: Unlock the touch screen by touching  or pulling down the unlock key () on the left side of your phone and touch  to access the menu.
- 2: Touch the Settings & Tools icon .
- 3: Touch **3. Bluetooth Menu**.
- 4: Touch **ON**.

How to pair your Bluetooth headset with your wireless device

- 1: Follow the Bluetooth® accessory* instructions to set the device to pairing mode.
- 2: Unlock the touch screen by touching  or pulling down the unlock key () on the left side of your phone and touch  to access the menu.
- 3: Touch the Settings & Tools icon .
- 4: Touch **3. Bluetooth Menu**, then touch **1. Add New Device**.
- 5: Set the desired device to pairing.
- 6: If Bluetooth® power is set to off, you will be prompted to turn power on. Touch **Yes** and touch **OK** to begin search.
- 7: The device will appear in **Add New Device** menu once it has been located. Touch the desired device.

8: The handset will ask you for the passcode. Consult the Bluetooth® accessory instructions for the appropriate passcode (typically "0000"- 4 zeroes). Enter the passcode and touch **OK**.

TIP: If you attempt to pair a device that is part of the handsfree/headset profile, the "PAIR"/ **OK** is selected. Your device will automatically attempt to pair using a "0000" passcode.

9: Once pairing is successful, touch **Always Ask** or **Always Connect**.

10: Once connected, you will see the device listed in the Bluetooth® Menu and the Bluetooth® device connected icon  will show up on your enunciator when connected to the Bluetooth® device.

Placing and receiving calls

Placing calls

NOTE: If the external touch screen backlight dims while on a call, touch any side key to turn the backlight back on.

- 1: Make sure the phone is turned on. If not, press  for about three seconds.
- 2: Unlock the touch screen by touching  or pulling down the unlock key () on the left side of your phone.
- 3: Touch the Touch Key that looks like a phone , then a numeric keypad is displayed. Enter the phone number you want to call or search for a number in Contacts or Recent Calls.
- 4: Press  or touch **Call**.

Receiving calls

- 1: When the phone rings or vibrates, touch  and press  or touch the **Answer** Touch Key.
- 2: Press  to end the call.

Standard features included as part of your Calling Plan

With our Calling Plans, you can enjoy the value and convenience of these features at no extra monthly access charge:

- **Basic Voice Mail**
- **Caller ID**
- **Caller ID Blocking**
- **3-Way Calling**
- **Call Forwarding**

Please note that some of these features may incur usage charges and/or depend on digital service, so they may not be available in all areas.

For step-by-step instructions on some of these calling features, please refer to your Wireless Device Manual, or go to verizonwireless.com/welcome and select "Where can I find help with features on my wireless device?" in the "Frequently Asked Questions" section.

Setting up and accessing Voice Mail

How to set up your Voice Mail

- 1: Unlock the touch screen by touching  or pulling down the unlock key () on the left side of your phone.
- 2: Touch the phone that looks like a phone .
- 3: Touch *86 (*VM) and . The touch screen will lock. Touch the Lock Icon  or pull down the unlock key () on the left side of your phone, and then touch the Phone Icon  to display the dialing keypad.
If you hear a system greeting, touch  if applicable to interrupt it.

4: Follow the setup tutorial.

5: Select a password.

6: Record a voice signature and greeting for your Voice Mailbox.

How to access your Voice Mail from your wireless device

1: Unlock the touch screen by touching  or pulling down the unlock key () on the left side of your phone.

2: Touch the phone that looks like a phone .

3: Touch *86 (*VM) and .

If you hear a system greeting or your own greeting when you touch *86 and . The touch screen will lock. Touch the Lock Icon  or pull down the unlock key () on the left side of your phone to unlock the touch screen, and then touch the Phone Icon  to display the dialing keypad. Touch  to interrupt it the greeting (if applicable).

4: Follow the prompts to enter your password and retrieve your messages.

How to access your Voice Mail from any phone to save your minutes

1: Dial your wireless number.

2: Once you hear the system greeting or your own greeting, press # immediately to interrupt the greeting and follow the prompts.

How to reset your Voice Mail password

1: Unlock the touch screen by touching  or pulling down the unlock key () on the left side of your phone.

2: Touch the phone that looks like a phone .

3: Touch *611 and  (airtime-free) from your wireless device or call 1-800-922-0204 (toll-free) from any phone to reach the easy-to-use automated Customer Service menu.

- 4: Enter or say your 10-digit wireless number. It will be repeated back to you so you can say "Yes" to confirm it is correct.
- 5: When asked for what you need assistance with, say "Voice Mail Password."
- 6: You will then be asked to confirm if you want to reset your password. Say "Yes."
- 7: All responses going forward will be entered using your keypad. You will be asked for your 5-digit billing zip code. Then follow the prompts for security verification and resetting your password.

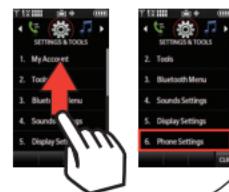
Once you have registered for My Account, you will have the ability to reset your Voice Mail password online or via your Web capable wireless device. For more information on how to register for My Account, go to page 29.

NOTE: Voice Mail may not be available in some areas. Voice Mailboxes not set up within 45 days will be cancelled. Your Verizon Wireless Voice Mailbox is not password protected until you create a password by following the setup tutorial. Airtime and other charges will be incurred when using Voice Mail from your wireless phone. IN Calling minutes do not apply to Voice Mail retrievals; you will be charged to maintain your connection to Voice Mail. Verizon Wireless is not liable for missed messages, or deletions of messages from your Voice Mailbox, even if you have saved them.

Locking/Unlocking your wireless device

Keeps your phone from unauthorized use. Once the phone is locked, it's in restricted mode until the lock code is entered. You can receive phone calls and still make emergency calls. You can modify the lock code using the Edit Codes submenu within the Security menu.

- 1: Unlock the touch screen by touching  or pulling down the unlock key () on the left side of your phone and touch  to access the menu.
- 2: Touch the Settings & Tools icon .
- 3: Scroll to **6. Phone Settings** then scroll to **6. Security**.
- 4: Read the on-screen instruction that advises the user that the default lock code is the last 4 digits of the number and touch .



5: Enter the four-digit lock code.

6: Touch **3. Phone Lock**.

7: Touch an option.

Unlocked The phone is not locked (Lock mode can be used).

On Power Up The phone is locked when it is turned on.



NOTE: The automatic touch screen lock is designed to prevent accidentally activating any applications unintentionally.

Changing Ringtones

Your wireless device comes with a selection of Ringtones. Here's how to manage your Ringtone preferences:

Selecting a Ringtone

1. Unlock the touch screen by touching or pulling down the unlock key () on the left side of your phone and touch to access the menu.
2. Touch the Settings & Tools icon
- 2: Touch **4. Sounds Settings**.
- 3: Touch **2. Call Sounds** then touch **1. Call Ringtone**.
- 4: Touch a ringtone then touch **SET** to save the sound.

Adjusting Ringtone volume

Press Side Keys up and down.

Setting Ringtone to vibrate

- 1: Press Side Keys , adjust it to Vibrate Only mode and touch **SET**.

Using TXT Messaging

Sending a new TXT Message to a wireless device

- 1: When the flip is closed, Touch the  Touch Key to unlock.
- 2: Touch the Messaging icon .
- 3: Touch **1. New Message**.
- 4: Touch **1. TXT Msg.**
- 5: Enter the phone number or e-mail address of the recipient and touch **OK**.
- 6: Enter the message up to 160 characters.
- 7: Touch **SEND**.

TXT Messages are charged in accordance with your Messaging Plan.

Sending a new TXT Message to a landline number

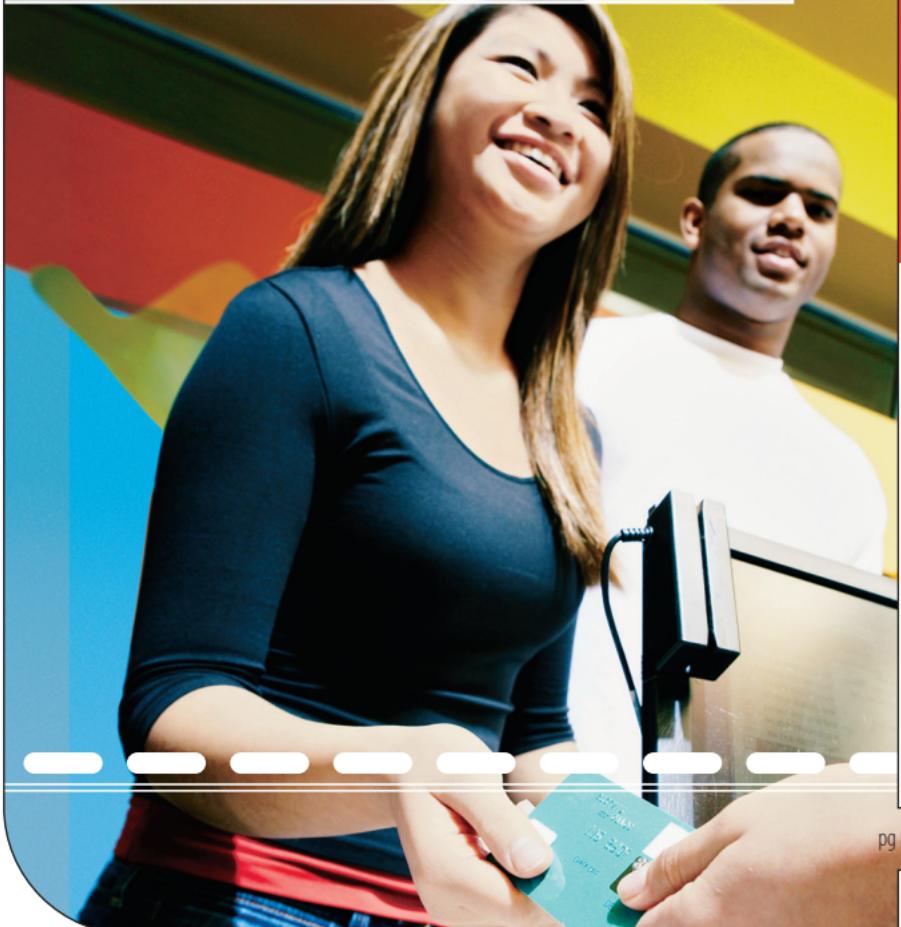
Follow these steps, and the recipient will hear your TXT Message as a voice recording:

- 1: Enter the landline number.
- 2: Type out the message.
- 3: Press .
- 4: Opt-in message will appear.
- 5: Reply Y for yes and N for no.

NOTE: Only one opt-in is required for each landline number.



Assistance



- May we help you?
- If you move
- Loss or theft
- Toll-free calls and emergency services
- Fraud prevention
- Assistive communication devices

May we help you?

Online assistance

Main website: verizonwireless.com

Other helpful websites and information:

verizonwireless.com/welcome

- Information on your wireless device, coverage, Calling Plan, billing and payment information
- FAQs, interactive demos for your wireless device and how to read your bill
- My Account registration for online account management

verizonwireless.com/myaccount

Use My Account to:

- Check your balance, minutes or make payments
- Add or remove features
- Reset Voice Mail passwords and more

The My Account Advantage

Get these added benefits for registering for My Account:

- **You'll receive free Back-Up Assistant so you never have to worry about losing your wireless device contact list.**

As a My Account member, Back-Up Assistant will let you automatically retain a copy of your saved wireless device numbers to a secure website, so they're always available if you lose or upgrade your wireless device.

- **You can get a new wireless device every year with Annual Upgrade.**

Sign up for a 2-year agreement on a Calling Plan of at least \$49.99 and you can purchase a new wireless device at its promotional price through My Account every year with a 2-year renewal (upgrade fee applies).

- **If you're using more minutes than your Calling Plan includes, we'll let you know with Minute Check.**

Minute Check will periodically notify you through My Account if you're exceeding your plan allowance and let you know of other Calling Plan

options that may save you money.

See verizonwireless.com/myaccount for details. Back-Up Assistant, Annual Upgrade and Minute Check are available for accounts with up to 10 lines that are enrolled in My Account.

verizonwireless.com/data

- Demos and tutorials on products and services
- Online technical support for products and services

Customer Service assistance

Customer Service Representatives are also available at your local Verizon Wireless Communications Store during normal business hours. For Customer Service, call **1-800-922-0204** (toll-free in the U.S., 6am–11pm).

Our Worry Free Guarantee® to you

- **You'll enjoy America's most reliable wireless network.**
As your needs change, you can change to any current calling plan. You won't pay any additional fees and you won't have to extend your contract.
- **If you ever have a problem, it becomes our problem the first time you call.**
No run-around, no hassles. If your issue can't be resolved during the course of your first call, we'll get back to you with an answer.
- **Your satisfaction is guaranteed with our Test Drive program.**
Now you can Test Drive our network. Make calls and even try out a cool new device. Every device you purchase from Verizon Wireless comes with a 30-day satisfaction guarantee. And if you don't love us, take your number to someone else within 30 days. You won't have to pay an early termination fee, and we'll pay for any calls you've made.

• You can get a free phone every two years with New Every Two.

Sign up for a calling plan of at least \$34.99 and qualify for a free phone after

two years, with a two-year renewal. Or choose to apply your New Every Two credit towards the purchase of a more expensive phone.

Test Drive: Credit/refund for activation, plan access & voice overage charges only. America's Choice or select data plan req'd. Customer must pay all other charges, incl. taxes, surcharges, and separately-billed data & download charges. Early termination fee applies unless device is returned. Some plans are only available with specific equipment. Acceptance of a promotion may require a new 1- or 2-year agreement.

How to sign up for New Every Two

If you maintain service on a Calling Plan of \$34.99 or higher and fulfill your 2-year term, you will qualify for a free wireless device. If your Calling Plan monthly access is \$79.99 or higher for the entire 3 months prior to completing your New Every Two wireless device upgrade, you will get up to \$100 toward the purchase of that wireless device. If your Calling Plan monthly access was between \$34.99 and \$79.99 at any time during the 3 months prior to completing your New Every Two wireless device upgrade, you will get up to \$50 toward the purchase of that wireless device. When completing your New Every Two upgrade, you will need to renew your agreement for another 2 years on a Calling Plan with a monthly access of \$34.99 or higher. Upgrading your wireless device at a discounted price, including exercising your Annual Upgrade option, will re-start your eligibility for New Every Two.

See the More Information section in the back of this guide for additional conditions.

Address or account changes

It's important that we have your most current information so we're able to reach you for any reason. There are 3 ways to update your information:

- **Online** — Go to verizonwireless.com/contactus and follow these instructions:
 1. Select the appropriate choice from the drop-down menu in the **Send an Email** section.

2. Fill out the online form.
3. Select **Topic** and **Subtopic** from the drop-down menu.
4. Hit **Send** to submit email.

- **U.S. Mail** — Use the change-of-address form on the back of your bill.
- **Telephone** — Call Customer Service at **1-800-922-0204** from any phone (toll-free in the U.S.) or *611 and SEND from your wireless device (airtime-free).

Billing options

Your service comes with a streamlined bill that you'll receive each month at no additional cost. Your bill includes all applicable charges, but will not contain any call details (e.g., date, time and wireless device number called).

Detailed billing

Call details are available for free online at verizonwireless.com under My Account. A monthly fee applies to receive call details on your paper bill.

Going paperless

You have the option of eliminating your paper bill and receiving bill notification via email. To eliminate your paper statement, or to make manual or automatic bill payments, register for My Account at verizonwireless.com/myaccount and then select the quick link under the **Billing** tab for **Go Paperless**.

Paying your bill

Verizon Wireless gives you several convenient options to pay and manage your monthly bill. Some of those options are:

- At verizonwireless.com/myaccount — Make one-time or recurring payments using your debit card, credit card, ATM card, electronic check/ACH or enroll in our Auto Pay Program.

- **With the Auto Pay Program** — Allows you to choose to have automatic payment deductions taken from your bank account. To enroll, you can fill out the back of your remittance slip and mail it in, call 1-866-868-3882, or log on to verizonwireless.com/myaccount.
- **By calling from your wireless device** — Press #768 and SEND and follow the prompts to enter your payment information.
- **Using My Account from your wireless device** — Make a one-time payment by credit card, debit card and/or electronic check directly from your wireless device as long as your wireless device is Mobile Web 2.0.-capable.* To make a payment, simply launch your web browser, select **VZW SERVICES**, then **My Account**. If you don't subscribe to Mobile Web 2.0, you will see an option to view My Account for free once you launch the browser.
- **Home banking** — Verizon Wireless and CheckFree® have teamed together to give you the option to pay your wireless bill online at your choice of more than 1,700 financial services locations across the Internet. You will be able to schedule payments using a designated bank account and arrange for monthly bill payments via your preferred home-banking service provider.
- **Check payment via mail** — Allows you to mail in a personal or business check, along with the remittance slip and envelope provided with your billing statement.
- **In person** — Payments can be made at your local Verizon Wireless Communications Store using our Bill Payment Kiosks.

*See Wireless Device Manual for details.

EZ Move® (if you move)

When you arrive in your new city, do one of the following:

- Visit a Verizon Wireless Communications Store.
- Call **1-877-316-1747** from a phone other than the one you want to move.
- Go to **verizonwireless.com** and log in to My Account. Under the My Bill tab, select **Account Profile**, click on the “EZ Move” quick link and follow the instructions.

Loss or theft

If your wireless device is lost or stolen, please contact Customer Service at **1-800-922-0204** to suspend your service. If your wireless device is malfunctioning, please bring it to a Verizon Wireless Communications Store.

Toll-free calls and emergency services

Calls to 800, 855, 866, 877 and 888 numbers are toll-free, but airtime charges do apply. Calls to Verizon Wireless Customer Service and emergency calls (911) are toll- and airtime-free.

Fraud prevention

Verizon Wireless wants to protect your privacy and works hard to prevent unauthorized phone usage or fraud. Wireless numbers and calls are capable of being intercepted by someone with specialized equipment. We use antifraud technology to make fraudulent calling very difficult, particularly on digital calls.

- Report a lost or stolen wireless device to the police and Verizon Wireless immediately.
- Never leave your wireless device unattended, especially in your office or car.
- When not in use, lock the wireless device using your lock code.
- Review your bill and report any suspicious calling activity. If we conclude that the calls are fraudulent, you will not be held responsible for the charges.

- Record your wireless device's electronic serial number in the back of this guide and keep it safe.
- Have your wireless device serviced only at a Verizon Wireless Communications Store or by an Authorized Agent, retailer, manufacturer's service center or other repair center.

Assistive communication devices

TTY (Text Telephony) and TDD (Telecommunications Device for the Deaf) allow individuals who are deaf, hard of hearing, or have speech or language disabilities to communicate by telephone.

When a user types his or her conversation on a TTY keyboard, it is transmitted as tones through the telephone. Tones are received by the other person's TTY, translated into text and displayed on the screen. In order to use the TTY network, you must have a TTY-compatible phone and be in the TTY mode to place or receive calls. Note that most digital wireless devices are TTY-compatible.



Mobile entertainment

- **Messaging** — TXT, email, Instant Messaging, pictures and videos
- **News & information** — Browse the web with the HTML browser, weather, sports, VZ NavigatorSM and ChaperoneSM
- **Get It Now[®]** — Ringtones, games and wallpapers
- **V CAST** — Video, 3-D games and music
- **V CAST Mobile TV**



Messaging & chat

Easy ways to talk without talking:

TXT — Talk without saying a word. Just TXT Message it.

Email — Check your MSN® Hotmail® and America Online® accounts right from your wireless device.

IM — Instant Message from your wireless device. Choose from AOL® Instant Messenger™ Service, MSN® Messenger Service and Yahoo!® Messenger.

Messaging rates apply. Not available in all areas.
See consumer brochure for details.



Picture Messaging* — Take pictures that you can send to any Verizon Wireless mobile number or virtually any email address, or to subscribers on other carriers.

Snap a photo and send as a Picture Message

1: Unlock the touch screen by touching  or pulling down the unlock key () on the left side of your phone and press the Camera Key  which is located on the left side of your phone.

TIP: Hold the phone horizontally to take photos.

2: Using the phone screen as your viewfinder, press the Camera Key  to take a picture.

3: Touch **SEND** to prepare to send. The picture is saved to **My Pics**.

4: Enter a Verizon Wireless phone number or any e-mail address, and touch **OK**. Up to 10 recipients can be added to each picture message.

5: Go to **SLIDE[†]**, **Text**, **Picture**, **Sound**, **Name Card**, and **Subject** and make edits by touching accordingly.

† Adding Slides to Your Picture Message

1. Add a picture to your message.
2. Touch **Slide2**.
3. Add another picture file.
4. Repeat adding slides, text and pictures as necessary (touch **◀ / ▶** to scroll through the slides attached to your picture message).
5. Complete the message then send or save the message.

6: Touch **SEND.**

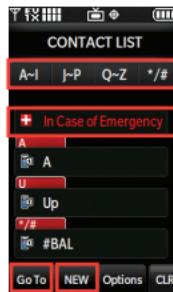
* Not available everywhere. Picture Messaging charges apply per your Calling Plan. Monthly plans are available. Higher rates apply for international Picture Messaging. See product brochure for coverage information and complete terms and conditions. Compatible device required.

Store a picture on your wireless device

- 1: Unlock the touch screen by touching  or pulling down the unlock key () on the left side of your phone and press the Camera Key  which is located on the left side of your phone.
- 2: Using the phone screen as your viewfinder, press the Camera Key  to take a picture.
- 3: Touch **SAVE**. The picture is stored in **My Pictures**.

Create picture Caller IDs

- 1: Unlock the touch screen by touching  or pulling down the unlock key () on the left side of your phone and touch  to access the menu, then touch the Get It Now icon .
- 2: Touch **2. Picture & Video**, then **4. My Pictures**.
- 3: Touch your desired picture, then touch **Options**.



Groups by letters:
Touch a group that includes a contact you want to search.

In Case of Emergency:
touch it to make a call in case of emergency.

Add a new contact.
Go directly to a specific contact.

4: Touch **Set As**.

5: Touch **2. Picture ID** and touch to a contact from the contact list and touch **OK**.

Send a Picture Message using a picture stored in the wireless device's gallery

1: Unlock the touch screen by touching  or pulling down the unlock key () on the left side of your phone and touch  to access the menu, then touch the **Get It Now** icon .

2: Touch **2. Picture & Video**, then **4. My Pictures**.

3: Touch your desired picture, then touch **Options**.

4: Touch **Send**.

5: Touch **1. Picture Message**.

6: Enter a Verizon Wireless phone number or any e-mail address, and touch **OK**. Up to 10 recipients can be added to each picture message.

7: Go to **SLIDE**, **Text**, **Picture**, **Sound**, **Name Card**, and **Subject** and make edits accordingly.

8: Touch **SEND**.

TIP: As you create and send Picture Messages, add PIX Place and/or Online Album as one of your recipients and this will send and store that picture on PIX Place at www.vzwpix.com. Remember, you can send to up to 10 recipients in one message for a single message charge.

Store a photo to the online album, PIX Place

From a PC, open your browser and enter the address www.vzwpix.com to access PIX Place. If you currently have a Vtext account, there is no need to register for PIX Place; just log in using your wireless number and password and an account will be set up automatically. At PIX Place, you can do any of the following from your PC:

Register for a FREE PIX Place account

- 1: Go to the Sign In section and click on the **Join Up** link.
- 2: In the Set Up Your Account section, enter your wireless number with no dashes or spaces, then click the **Send** button. A free TXT Message will be sent to your wireless device with a temporary password.
- 3: In the Confirm Wireless Number and Enter the Password section, reenter the wireless number and the temporary password you just received.
- 4: Create a new password containing between 5 and 12 numbers and letters (no spaces allowed). Confirm your password by entering it twice.
- 5: Click the **Save** button at the bottom of the page. You now have an account that can hold up to 75 pictures and videos.

Upload pictures to PIX Place

- 1: Click on the **Upload Media** tab.
- 2: Click on the **Browse for Media** link. A pop-up window will open with a view of your PC's folders. In the window, navigate to the folder on your PC that has your media.
- 3: Click, hold and drag up to 5 files from the window to upload them to the web page.
- 4: Click on the **Upload** button. The files will be uploaded to your PIX Place galleries.

Compose and send a message

- 1: Click on the **Create Messages** tab, and under the section called **Media Items You Want**, click on the gray arrows found under **Look Inside** and **View** to see the galleries available.
- 2: The gallery contains media with different topics. Just click on the gray arrow to see subfolders.

- 3: Click and drag the desired media from the middle pane and drop it into the right slide pane. The slide will expand with the selected media. Now you can add text and/or drag and drop sound into the slide. Repeat Steps 3 and 4 for up to 9 slides per message.
- 4: Click the **Preview & Send** button at the bottom right corner. The left and center panes will be replaced with the **Preview & Send** pane. The slideshow message will play as it appears when the recipients receive it on their wireless devices.
- 5: Enter a Verizon Wireless number with no spaces, or enter valid email addresses, separated by commas.
- 6: Click the **Send** button.

NOTE: Video media can only be sent as a one-slide message and only text can be added to a Video Message.

Share a gallery with others

- 1: Navigate to the gallery you wish to share with others.
- 2: Click on the **Share Album** button.
- 3: Enter up to 10 email addresses of the people you'd like to view this gallery.
- 4: Click the **Share Album** button.

NOTE: The shared gallery is only accessible from a PC and can only be viewed by the recipient(s) you designate.

Apply fun effects

- 1: Go to the gallery containing the picture you'd like to change and click on it.
- 2: Once the picture is in an expanded view, click on the **Fun Effects** link.
- 3: Click on the effect(s) of your choice. You can remove the effect(s) at any time.
- 4: When you're satisfied with the enhanced picture, click on the **Done** button.

Video Messaging* — Record and send videos to virtually any wireless number or email address.

* Not available everywhere. Video Messaging charges apply per your Calling Plan. Monthly plans are available. Higher rates apply for International Video Messaging. See product brochure for coverage information and complete terms and conditions. Compatible device required.

Record and send a Video Message

- 1: Unlock the touch screen by touching  or pulling down the unlock key  on the left side of your phone and press and hold the Camera Key  (which is located on the left side of your phone) for about 3 seconds.

TIP: Hold the phone horizontally to record videos.

- 2: Using the phone screen as your viewfinder, press the Camera Key  to begin recording (up to 30 seconds per video) and again to stop.
- 3: Touch **SEND** to prepare to send. The video is saved to **My Videos**.
- 4: Enter any email address or Verizon Wireless phone number and touch **OK**. Up to 10 email addresses can be added to each video message.
- 5: Go to **Text, Video, Name Card, and Subject** and make edits accordingly.
- 6: Touch **SEND**.

Store a Video on your wireless device

- 1: Unlock the touch screen by touching  or pulling down the unlock key  on the left side of your phone and press and hold the Camera Key  (which is located on the left side of your phone) for about 3 seconds.
- 2: Using the phone screen as your viewfinder, press Camera Key  to begin recording (up to 30 seconds per video) and again to stop.
- 3: Touch **SAVE**. The video is stored in **My Videos**.

Send a message using a video stored in the wireless device's gallery

- 1: Unlock the touch screen by touching  or pulling down the unlock key  on the left side of your phone and touch  to access the menu, then touch the Get It Now icon .
- 2: Touch **2. Picture & Video**, then **5. My Videos**.
- 3: Touch your desired video and touch **Options**.
- 4: Touch **Send**.
- 5: Enter any email address or wireless number and touch . Up to 10 addresses can be added to each video message.
- 6: Go to **Text, Video, Name Card** and **Subject** and make edits accordingly.
- 7: Touch **SEND**.

Delete a Video Message

- 1: Unlock the touch screen by touching  or pulling down the unlock key  on the left side of your phone and touch .
- 2: Go to **Inbox, Sent or Drafts**.
- 3: Touch the message you want to erase.
- 4: Touch **Erase**.
- 5: Touch **Yes** to erase the selected video message.

TIP: As you create and send Video Messages, add PIX Place and/or Online Album as one of your recipients and this will send and store that video on PIX Place at www.vzwpix.com. Remember, you can send to up to 10 recipients in one message for a single message charge.

News & information

Find the news you want or let it come to you. Now, a few seconds is all it takes to get up-to-the-minute information.

Alerts — Need scores? Need weather? Get that and more with TXT Alerts.

Go to vtext.com to sign up. And for more information, go to verizonwireless.com/getitnow.

Web — Get everything you need to know while you're on the go — the entire Internet is at your fingertips with VOYAGER's™ HTML browser. Or access your account information with My Account.

Service not available in all areas.

Note: With the flip closed, if you answer a call while playing music, browsing the web, watching TV/video, or using VZ Navigator™, and end the call by pressing the external  Key, the touch screen will lock. Unlock the phone by sliding the Unlock Key () downwards.

Launch the HTML Browser

- 1: Unlock the touch screen by touching  or pulling down the unlock key () on the left side of your phone and touch  to access the menu.
- 2: Touch the Browser icon .
- 3: Touch **Subscribe**, and accept **Terms & Conditions**.
- 4: Touch **Confirm**.

Using Thumbnail Option in Browser Menu

The entire outline of the Web page is displayed in the corner, which allows you to find out where you are on the page and move to where you want to go on the Web page.

To change the Thumbnail Option setting:

- 1: Unlock the touch screen by touching  or pulling down the unlock key () on the left side of your phone and touch  to access the menu.
- 2: Touch the Browser icon .
- 3: Touch **Menu**.
- 4: Use your fingertip to scroll the screen upward, then touch **Thumbnail**.

To change the Thumbnail Option setting, touch **Menu**, use your fingertip to scroll the screen contents upward, then touch **Thumbnail**.

- **On**: thumbnail screen image is always displayed in one corner of the screen.
- **Off**: thumbnail screen image is never displayed on the screen (by default).
- **Auto**: thumbnail screen image is displayed whenever a spot is touched on the screen or finger moves up/ down softly on the right side of the screen.



Click **Thumbnail** for quick jumps.

To access thumbnail when the option is set to **Off**, change settings by touching **Menu** -> **Thumbnail** -> **On** or **Auto**.

Touch here to type in a specific web site using the virtual keypad.

Screenshots simulated.

Access Verizon Wireless account information online

- 1: Unlock the touch screen by touching  or pulling down the unlock key () on the left side of your phone and touch  to access the menu, then touch the Settings & Tools icon .
- 2: Touch **3. My Account** for balance, usage, to view your plan, to change your Voicemail password and more.

End Internet Session

- 1: You can end a wireless browsing session by pressing .

VZ NavigatorSM — Now you can find the address of a great restaurant or the nearest ATM. Check movie times. Discover the latest hot spots. And know exactly how to get where you're going. VZ Navigator puts all the advanced features of the latest GPS devices and systems on your wireless device — at a fraction of the price.

VZ Navigator provides:

- Heads-up, voice-prompted, turn-by-turn directions with auto-rerouting if you miss a turn
- Local search of nearly 14 million points of interest in the U.S.
- Detailed color maps that can be quickly panned and zoomed

With VZ Navigator, you'll know exactly where you are, what's around you and how to get there.

Download, subscription and airtime required for use; only in National Enhanced Services Coverage Area; accuracy and completeness of information is not guaranteed; information about location of device will be used to deliver service.

Getting started with Location Based Services (LBS)

Verizon Wireless values your privacy. Because of this, your wireless device is defaulted to only acquire your location when you dial 911. To use Location Based Services, you must first enable location services on your wireless device:

- 1: Unlock the touch screen by touching  or pulling down the unlock key () on the left side of your phone and touch  to access the menu, then touch the **Settings & Tools** icon .
- 2: Scroll to **6. Phone Settings** then touch **5. Location**.
- 3: Touch **Location On**.

NOTE: Even when your activation switch is set to "Location On," your wireless device's location is still protected. For your privacy, you must "opt out" of all LBS applications. No one will be able to access your location until you activate an LBS application.

ChaperoneSM — Locate your children by their LBS-enabled wireless devices and get real-time updates right on your PC or Verizon Wireless device. And as an extra service, Chaperone with ChildZoneSM will even alert you by TXT Message when your child's wireless device enters or leaves any area you determine, such as a school or playground. You'll get the added peace of mind of knowing that you're never out of touch with your family.

Subject to Customer Agreement and Family SharePlan[®] Calling Plan. Monthly subscription, specific Get It Now[®]/ GPS-enabled wireless device and airtime required for use. Only available in the National Enhanced Services Coverage Area. Verizon Wireless does not guarantee the completeness or accuracy of any information displayed or disclosed. ChaperoneSM and ChildZoneSM are not child management tools and are not a substitute for adult supervision. Compatible device required. See product brochure for coverage information and complete terms and conditions.

Get It Now®
verizonwireless.com/getitnow



Get It Now is a customizable service right on your wireless device that lets you get Ringtones, play games, surf the web, get up-to-the-minute information and more. Visit verizonwireless.com/getitnow to view all of the applications available for your wireless device.

See the Consumer brochure or go online for more details.

Ringtones — Download Ringtones. Assign a different Ringtone to each person in your address book.

Ringback Tones — Assign friends and family preselected songs to hear when they call you.

Games — Classics. Sports. Action. Get It Now brings you exciting games.

Wallpapers — Download your favorite designs and wallpapers.

Fees & Airtime charges apply.

Access Get It Now

- 1: Unlock the touch screen by touching  or pulling down the unlock key () on the left side of your phone and touch  to access the menu, then touch the Get It Now icon  to directly access the Get It Now Menu.

Download an application

- 1: Unlock the touch screen by touching  or pulling down the unlock key () on the left side of your phone and touch  to access the menu, then touch the Get It Now icon  to directly access the Get It Now Menu. Touch the desired category.
- 2: Touch sub category.
- 3: Follow the on screen instructions to continue.

Applications may vary by wireless device model.

V CAST

verizonwireless.com/vcast



V CAST brings the world of entertainment to your wireless device with high-quality streaming video, 3-D games, the latest music and much more. Visit verizonwireless.com/vcast to view all of the applications available for your wireless device.

V CAST Videos — Get news and entertainment on your wireless device with streaming video clips.

Browse video clips

- 1: Unlock the touch screen by touching or pulling down the unlock key () on the left side of your phone and touch to access the menu, then touch the Get It Now icon , then touch **2. Picture & Video**, and **2. V CAST Videos**.
- 2: Touch a video clip category.
- 3: Touch a content provider.
- 4: If applicable, touch sub-categories.

Download video clips*

- 1: Unlock the touch screen by touching or pulling down the unlock key () on the left side of your phone and touch to access the menu, then touch the Get It Now icon , then touch **2. Picture & Video**, and **2. V CAST Videos**.
- 2: Touch to view video clip categories, then select one by touching the desired category.
- 3: Touch a content provider.

- 4: If applicable, touch sub-categories.
- 5: Read the description of the video clip and touch **Options**.
- 6: Touch **3. Save Video.****
- 7: Touch **YES** to accept charges, then the video clip will initiate downloading.
- 8: Once the video is downloaded a message will appear on your phone, **Download Complete. Play video now?**
- 9: Touch **YES** to view video.
- 10: The video clip will be automatically saved in My Videos.

* Not all Video Clips have the ability to be downloaded.
** This option will not be available for clips that are streaming only.

Delete video clips

- 1: Unlock the touch screen by touching  or pulling down the unlock key () on the left side of your phone and touch  to access the menu, then touch the Get It Now icon , then touch **2. Picture & Video**.
- 2: Touch **5. My Videos**.
- 3: Touch the video you want to delete, and touch **Erase**.
- 4: Touch **Yes**.

V CAST Games — Now you're part of the action with 3-D games in the palm of your hand.

V CAST Music — Transform your wireless device into a portable music player. Download new songs from the Get It Now music catalog right onto your wireless device or a PC, and/or by syncing music you already own from your PC.

Purchase songs on your wireless device*

When you purchase music from your wireless device, you also get a second copy that can be downloaded to your PC using V CAST Music Manager. V CAST Music Manager can be downloaded for free from

www.verizonwireless.com/musicmanager. It can also be downloaded to your Windows® XP PC running Windows Media® Player 10 or higher, and Windows Vista PC.

- 1: Unlock the touch screen by touching  or pulling down the unlock key () on the left side of your phone and touch  to access the menu, then touch the Get It Now icon  to access your phone's **Get It Now** menu.
- 2: Touch **1. Music & Tones**, then touch **1. V CAST Music** to open the V CAST Music catalog.
- 3: Browse or search the catalog to preview and choose the songs you want.
- 4: Select the music you want to purchase by touching .
- 5: The **Confirm Purchase** screen will display the price and items you selected to purchase. Touch  to accept.
- 6: You'll receive confirmation that your purchase was successful and your music is available for download.
- 7: Select **Download Now** by touching to save the song to your phone, preferably to a memory card (sold separately). You can then play your new song from the **My Music** menu.

*Per-song charges apply.

Download music to your PC

- 1: Install V CAST Music Manager on your PC by inserting the CD that comes with your phone, then select Option 1 to begin installation.

- 2:** When the installation is complete, V CAST Music Manager will automatically open.
- 3:** Select the Buy Music Tab to access the V CAST Music Online Store.
- 4:** Log in.
- 5:** Go to **My Purchases**.
- 6:** Songs that you've purchased but have not yet downloaded are indicated by an icon in the download column on the right-hand side of the list of songs.
- 7:** Check the box(es) of songs you wish to download.
- 8:** Select **Download**.
- 9:** To play the song, go to the **Music On My PC** tab of V CAST Music Manager.

NOTE: V CAST Music will only work with V CAST Music Manager, Windows Media 10 or higher on the Windows XP operating system, and Windows Vista. Mac OS operating system is not supported.

A V CAST Music Manager CD has been included that allows you to transfer music from your PC to your phone in your VOYAGER™ box.

Play songs

- 1:** Unlock the touch screen by touching  or pulling down the unlock key () on the left side of your phone, then touch the screen with your finger to access the Shortcut menu, then touch the My Music icon .
- 2:** Touch **Genres, Albums, Artists, Songs, Playlists or Shuffle** to play music that is stored on your phone.

NOTE: If you answer a call while you're playing music with the flip closed, and you end the call by pressing the external  key, the touch screen will lock. Unlock the phone by sliding the Unlock Key () downwards.

Sync your music from your PC to your V CAST Music wireless device

- 1:** Open V CAST Music Manager. If you don't have it, install it on your PC with the use of the CD that comes with your phone.

- 2:** Use the USB cable (included) to connect the cable to your PC and phone.
- 3:** Music Manager software will automatically detect the phone, and activate the "sync" mode.
- 4:** In V CAST Music Manager, select songs you want to sync from the **Music On My PC** tab and drag them to the "Sync List" box.
- 5:** In V CAST Music Manager, select either the phone's internal memory or removable storage card.
- 6:** Select Sync Now in V CAST Music Manager.
- 7:** When complete, on your phone, exit Sync Music and disconnect the cable from your phone.
- 8:** Under the **Music & Tones** menu, open **My Music** to view and play your music.

NOTE: A compatible USB cable has been included in your VOYAGER™ box.

Create playlists on your wireless device

- 1:** Unlock the touch screen by touching  or pulling down the unlock key () on the left side of your phone, then touch the screen with your finger to access the Shortcut menu, then touch the My Music icon .
- 2:** Touch **5. Playlists**.
- 3:** Touch the white box "Tap here to enter text".
- 4:** Use the touch keypad to enter the name of your playlist, then touch **OK**.
- 5:** Touch the white box to place a checkmark next to the songs you want in the playlist.
- 6:** Touch **Done**.

Edit playlists on your wireless device

To add or remove songs from your playlists, go to the Playlists menu and touch a playlist.

To add songs to a selected playlist

- Use the Add Songs option

1: Touch **OPTIONS**, then touch **1. Add songs**.

2: Scroll through your songs and touch the white box next to each song to add. A checkmark appears in the box.

3: Touch **Done** when all of your changes have been made.

- Use the Edit Playlist option

1: Touch **OPTIONS**, then touch **3. Edit Playlist**.

2: Touch **Add**, then scroll through your songs and touch the white box next to a song you want to add. A checkmark appears in the box.

3: Touch **Done** when all of your changes have been made.

To remove songs from a selected playlist

- Use the Edit Playlist option

1: Touch **OPTIONS**, then touch **3. Edit Playlist**.

2: Scroll through your songs to highlight a song.

3: Touch **Remove** to immediately remove it from the selected playlist.

4: Touch the Back icon .

Delete songs from your wireless device

- 1: Unlock the touch screen by touching  or pulling down the unlock key () on the left side of your phone, then touch the screen with your finger to access the shortcut menu, then touch the My Music icon .
- 2: Touch **2. Songs**.
- 3: To delete, scroll the highlight the song you want to delete.
- 4: Touch **OPTIONS**, then touch **5. Erase Song**.
- 5: Touch **Yes** to confirm deletion.

NOTE: If you erase music you've previously purchased, you can simply re-sync with your PC to add the song back to your wireless device's music library.

V CAST wireless device and additional charges required for V CAST service. 3-D games for additional download fee.

V CAST music not available on all V CAST wireless devices. Per-song charges apply for music downloads. Always download legally. All brand and product names not owned by Verizon Wireless are the property of their respective owners. If you have any questions about using V CAST Music service on your specific wireless device, visit verizonwireless.com/data.

V CAST Mobile TV

Your VOYAGER™ is capable of delivering full length television programming from some of the most popular TV channels right to your phone. Catch many of your favorite full length shows by checking out the easy to use Media Program Guide (MPG). Plus, you can still take calls, messages, and when you hang up, go right back to enjoying your program, already in progress. Get unlimited access to entertainment when you use V CAST Mobile TV. Visit www.verizonwireless.com/vcast for more information. If you haven't already done so, sign up for V CAST Mobile TV by calling 1-800-2 JOIN IN, visit a Verizon Wireless Communications store, or subscribe directly from your phone!

SHORTCUT

Unlock the touch screen, then touch the screen with your finger to access the Shortcut Menu, then touch the Mobile TV icon .

TIP: It is recommended to pull out the antenna on the left bottom of your phone for better TV reception while watching V CAST Mobile TV.



The antenna is on the left bottom of your phone.



Subscribing to V CAST Mobile TV Programs Directly from your Phone

- 1: Unlock the touch screen by touching  or pulling down the unlock key () on the left side of your phone.
- 2: Touch the center of the touch screen to access the **Shortcut Menu**.
- 3: Touch **Mobile TV** and rotate the phone clockwise.

4: An introduction video clip will play (for the first time).

5: Touch **Subscribe Now**.

6: Review base package and touch **Continue**.

7: Read the Terms and Conditions and touch **Agree**.

8: Confirm selection and touch **Submit**.

9: From the V CAST screen, touch the **Program Guide** icon  on the top left corner or   to change channels.

10: Touch the show you want to watch.

Easy Steps to Start Watching V CAST Mobile TV

1: Unlock the touch screen by touching  or pulling down the unlock key () on the left side of your phone and touch  to access the menu.

2: Touch the Get It Now icon .

3: Touch **2. Picture & Video**.

4: Touch **1. V CAST Mobile TV** and rotate the phone clockwise.

5: Use the Up and Down Arrow Key to select that is currently airing.

While watching a program, you may do the following:

- Touch  to go to the Program Guide.
- Press  to get back to viewing mode from Program Guide screen.

TIP: Use the Up and Down Arrow Key to change channels while watching V CAST Mobile TV.

V CAST Mobile TV Options

- 1: Unlock the touch screen by touching  or pulling down the unlock key () on the left side of your phone and touch  to access the menu.
- 2: Touch the Get It Now icon .
- 3: Touch **2. Picture & Video**.
- 4: Touch **1. V CAST Mobile TV**.
- 5: Touch the Program Guide icon , and then touch the Options icon .

- **Subscription:** displays V CAST Mobile TV subscription packages.
- **Parental Controls:** blocks content based on ratings set in Parental Control Rating Menu. To change parental controls, you will be prompted to enter your 4 digit security PIN.
 - *Parental Control On/Off*
 - *Parental Control Ratings:* After entering your 4 digit PIN, you may select ratings allowed for TV programs, Movies and Audio. Once ratings are selected, only programs with your chosen rating or below can be accessed.
- **Upgrade Check:** checks for and updates your V CAST Mobile TV software.
- **About:** displays information such as V CAST Mobile TV software version.

NOTE: Options are NOT available while viewing a program in Full Screen.

V CAST Mobile TV is only available in the V CAST Mobile TV coverage area. Coverage area maps available at www.verizonwireless.com. Additional fees may apply.

Optional services

- Safety and protection
- Wireless device protection
- Voice services
- International services
- Other products and services



Work wirelessly. Protect your wireless device against damage or, even more importantly, protect yourself on the road. You can find it all in Verizon Wireless plan enhancements. Call **1-800-922-0204** or speak to your Verizon Wireless Sales Representative to find out more. Or just visit verizonwireless.com.

Safety and protection

Roadside Assistance — Roadside Assistance can provide you with emergency roadside services anywhere in the United States and Canada, 24 hours a day, 365 days a year, even outside the Verizon Wireless network area.

Wireless device protection

Receive total protection for your wireless device and limited accessories. If your wireless device is lost, stolen, damaged or malfunctioning — you're covered. Just choose a service plan that's right for you (must be added within 15 days of activation or upgrade):

- **Total Equipment Coverage**
- **Wireless Device Protection**
- **Extended Warranty**

NOTE: Insurance offered by third-party providers.

Voice services

Enhanced Voice Mail — Turn your wireless device into your office assistant. Forward your calls, store more messages or even receive faxes for printing.

International services

- **International Long Distance Value Plan** — For a monthly access charge, enjoy reduced rates when making calls to over 65 international locations.
- **Global Phone** — Global Phone lets you enjoy wireless service in over 100 countries.

- **Global Rental** — For the less frequent international traveler, Verizon Wireless customers can quickly and easily rent a wireless device or BlackBerry device for use while they are traveling abroad.
- **International (CDMA) Roaming** — At home or abroad — use your wireless device in over 20 countries.
- **For more information** — Visit verizonwireless.com/international.

Other products and services

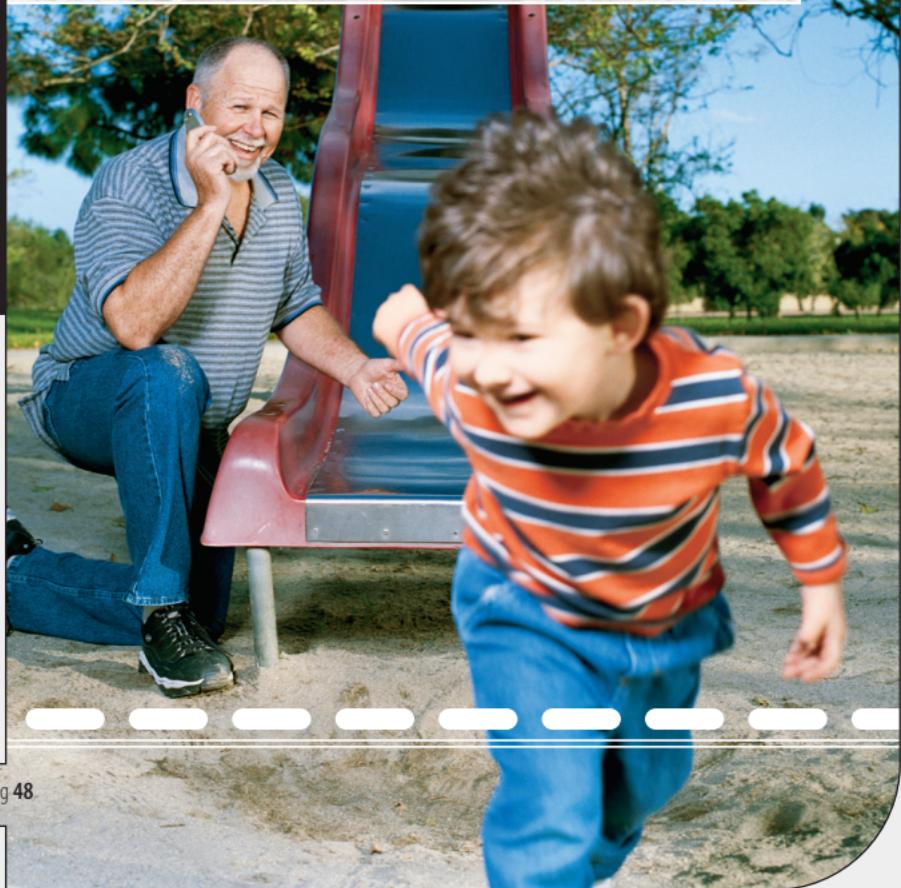
Whether it's business or personal, Verizon Wireless offers a variety of wireless solutions for your notebooks, Personal Digital Assistants (PDAs) and/or Smartphones.

- **Office Message Alert** — When a Voice Mail is left on your office phone's Voice Mail, a TXT Alert is sent to your wireless device.
- **Wireless Sync[®]** — Allows synchronization of your email, calendar, contacts, etc., between your office computer and your Verizon Wireless device.
- **VZAccess** — PC Card that allows you to download files, open email attachments, access office data and applications, and browse the Internet.

NOTE: All of the optional services above are subject to change and may not be available in all devices.

More information

MORE INFORMATION



How wireless works

Your wireless service is different from your home or business phone service. On a wireless device, you must press the SEND button to alert the network to connect your call. Unlike the calls you make on a home or business phone, wireless communications travel over the air and can react to the environment. Rain, snow, fog, falling leaves, water, mountains, canyons and even buildings may affect service. All wireless service is subject to "dead zones," or no-coverage areas.

Verizon Wireless network technology

Verizon Wireless offers CDMA (Code Division Multiple Access) digital network technology to most of its customers. CDMA digital technology offers many benefits compared to analog, such as less static, enhanced voice clarity, increased privacy and longer battery life. A CDMA digital phone is necessary to subscribe to our digital service. Verizon Wireless only sells digital wireless devices that are E911 compatible and either all-digital or tri-mode, which means you may use analog or CDMA digital services on different frequencies.

Worry Free Guarantee®

Subject to the Customer Agreement and Calling Plan. Please read and understand them before activating. Verizon Wireless calling areas, rates, coverage, agreements, provisions, business practices, procedures and policies are subject to change as specified in the Customer Agreement. Our liability is significantly limited.

Certain conditions and restrictions apply. Best network claim based on our reliability studies. See verizonwireless.com/bestnetwork for details.

New Every Two®

You must retain the same wireless device for 24 months in order to receive the full advantages of this program. If you choose to replace your wireless device at a

discounted price, you will forfeit your benefits and be automatically re-enrolled if you meet the requirements of the program. If you enrolled in the program on or after 11/25/02, you must take advantage of the New Every Two offer within 6 months after becoming eligible; otherwise, you may be charged full retail price to upgrade your current wireless device. Discount amount will be applied toward the 2-year Customer Agreement retail price. Secondary Family SharePlan® lines are not eligible to participate in the program.

The New Every Two discount cannot exceed the price of the wireless device after mail-in rebates. If your 2-year Customer Agreement with a digital Calling Plan of \$34.99 or higher began on or after 6/2/03, you were automatically enrolled in the program. Customers who began their 2-year agreements on or after 4/1/00 on a digital Calling Plan of \$35.00 or higher were also automatically enrolled in the program. If you enrolled in the program prior to 2/5/06 and continued to meet the requirements of the program, you will be eligible for a free wireless device up to \$100, or a credit of up to \$100 toward a more expensive wireless device, when you become eligible for your next New Every Two upgrade (after which time you will be enrolled in the \$50/\$100 New Every Two program described in the New Every Two brochure). New Every Two discount amounts and Calling Plan tiers subject to change at Verizon Wireless' sole discretion.

Security deposit

You may have been asked to leave a security deposit at the time you activated your wireless service. You are eligible to receive your security deposit back at the end of 1 year of uninterrupted service, or upon termination of your contract. You will automatically be refunded your deposit after 1 year, including interest, provided that you have kept your account in "good standing" (this means that you paid your bill continuously for one year in a timely manner). This refund may take up to 3 billing cycles to be processed. Should you be disconnected at any time

during the first year for lack of payment, you forfeit any interest accrued during that time frame. If you terminate your service, but have not paid your final bill, the deposit will be applied to your account, and you will receive any remaining funds. If your service is terminated after the initial 15-day Worry Free Guarantee period but before the end of your minimum term, your deposit will be applied against the \$175 early termination fee in addition to any outstanding balance before a check is processed.

Federal Communications Commission (FCC) rules and regulations

The FCC requires that wireless devices be operated in accordance with FCC rules and regulations and under supervision of the licensee. Severe punishment can result from failure to comply with the following regulations:

- No person shall knowingly utter or transmit any false or fraudulent signal or distress communication.
- No person shall willfully or maliciously interfere with, or cause interference to, any radio communication or signal.
- It is unlawful to "listen in" on conversations intended for others or to divulge any information thereby obtained.
- No person shall utter any obscene, indecent or profane language by means of radio communication.

National Do Not Call Registry

Protect yourself from unwanted calls with the National Do Not Call Registry Program.

- FCC regulations prohibit telemarketers from using automated dialers to call wireless numbers.
- Personal wireless device users can add their wireless numbers to the National Do Not Call Registry.
- The federal government does not maintain a national wireless device registry.

You can register by either of the following methods:

1. By wireless device: **1-888-382-1222** from the number you wish to register.
2. Online at: **www.donotcall.gov**.

Your registration becomes effective within 31 days of signing up and is active for five years. There is no cutoff date or deadline for registering.

NOTE: Business-to-business calls are not covered under the Registry. For more detailed information, please go to www.fcc.gov.

Radio Frequency Emissions

Your wireless device, which contains a radio transmitter and receiver, emits radio frequency energy during use. The following consumer information addresses commonly asked questions about the health effects of wireless devices.

Are wireless devices safe?

Scientific research on the subject of wireless devices and radio frequency (RF) energy has been conducted worldwide for many years, and continues. In the United States, the Food and Drug Administration (FDA) and the Federal Communications Commission (FCC) set policies and procedures for wireless devices. The FDA and the FCC have created a joint website, "Cell Phone Facts — Consumer Information on Wireless Phones," which states that "[t]he available scientific evidence does not show that any health problems are associated with using wireless phones," while noting that "[t]here is no proof, however, that wireless phones are absolutely safe." You can access the joint FDA/FCC website at <http://www.fda.gov/cellphones>. You can also contact the FDA toll-free at 1-888-463-6332 or 1-888-INFO-FDA.

In June 2000, the FDA entered into a cooperative research and development agreement through which additional scientific research will be conducted. The FCC issued its own website publication stating that "[t]here is no scientific evidence to

date that proves that wireless phone usage can lead to cancer or a variety of other problems, including headaches, dizziness or memory loss." This publication is available at <http://www.fcc.gov/cgb/consumerfacts/mobilephone.html> or through the FCC at 1-888-225-5322 or at 1-888-CALL-FCC.

What does Specific Absorption Rate (SAR) mean?

In 1996, the FCC, working with the FDA, the U.S. Environmental Protection Agency (EPA) and other agencies, established RF exposure safety guidelines for wireless devices in the United States. Before a wireless device model is available for sale to the public, it must be tested by the manufacturer and certified to the FCC that it does not exceed limits established by the FCC.

One of these limits is expressed as a Specific Absorption Rate, or "SAR." SAR is a measure of the rate of absorption of RF energy in the body. Tests for SAR are conducted with the wireless device transmitting at its highest power level in all tested frequency bands. Since 1996, the FCC has required that the SAR of handheld wireless devices not exceed 1.6 watts per kilogram, averaged over one gram of tissue. Although the SAR is determined at the highest power level, the actual SAR value of a wireless device while operating can be less than the reported SAR value. This is because the SAR value may vary from call to call, depending on factors such as proximity to a cell site, the proximity of the wireless device to the body while in use, and the use of hands-free devices.

For more information about SARs, see the FCC's OET Bulletins 56 and 65 at http://www.fcc.gov/Bureaus/Engineering_Technology/Documents/bulletins, <http://www.fcc.gov/oet/fccid>, or visit the Cellular Telecommunications Industry Association (CTIA) website at http://www.ctia.org/wireless_consumers/health_and_safety. You may also wish to contact the manufacturer of your wireless device.

Can I minimize my RF exposure?

If you are concerned about RF, there are several simple steps you can take to minimize your RF exposure. You can, of course, reduce your talk time. You can place more distance between your body and the source of the RF, as the exposure level drops off dramatically with distance. The FDA/FCC website states that “[h]ands-free kits can be used with wireless devices for convenience and comfort. These systems reduce absorption of RF energy in the head because the phone, which is a source of the RF emissions, will not be placed against the head. On the other hand, if the phone is mounted against the waist or other part of the body during use, then that part of the body will absorb more RF energy. Wireless phones marketed in the U.S. are required to meet safety requirements regardless of whether they are used against the head or against the body. Either configuration should result in compliance with the safety limit.”

Also, if you use your wireless device while in a car, you can use a wireless device with an antenna on the outside of the vehicle. You should also read and follow your wireless device manufacturer's instructions for the safe operation of your wireless device.

Do wireless devices pose any special risks to children?

The FDA and FCC joint website states that “[t]he scientific evidence does not show a danger to users of wireless phones, including children.” The FDA/FCC website further states that “[s]ome groups sponsored by other national governments have advised that children be discouraged from using wireless phones at all. For example, the government in the United Kingdom [“UK”] distributed leaflets containing such a recommendation in December 2000. [The UK] noted that no evidence exists that using a wireless phone causes

brain tumors or other ill effects. [The UK's] recommendation to limit wireless phone use by children was strictly precautionary; it was not based on scientific evidence that any health hazard exists."

A copy of the UK's leaflet is available at <http://www.dh.gov.uk> (search "Mobile"), or you can write to NRPB, Chilton, Didcot, Oxon OX11 0RQ, United Kingdom. Parents who wish to reduce their children's RF exposure may choose to restrict their children's wireless device use.

Where can I obtain further information?

For further information, see the following additional resources (websites current as of April 2005).

U.S. Food and Drug Administration

FDA Consumer Magazine, November–December 2000

Telephone: 1-888-INFO-FDA

http://www.fda.gov/fdac/features/2000/600_phone.html

American National Standards Institute

1819 L Street, N.W., Suite 600, Washington, D.C. 20036

Telephone: 1-202-293-8020

<http://www.ansi.org>

Implantable Medical Devices

A minimum separation of six (6) inches should be maintained between a wireless phone and an implantable medical device, such as a pacemaker or implantable cardioverter defibrillator, to avoid potential interference with the device. Persons who have such devices:

- Should ALWAYS keep the wireless phone more than six (6) inches from their implantable medical device when the wireless phone is turned ON;

- Should not carry the wireless phone in a breast pocket;
- Should use the ear opposite the implantable medical device to minimize the potential for interference;
- Should turn the wireless phone OFF immediately if there is any reason to suspect that interference is taking place.
- Should read and follow the directions from the manufacturer of your implantable medical device.

If you have any questions about using your wireless phone with such a device, consult your health care provider.

For additional information, see www.fcc.gov/cellphones/.

Drive responsibly

- If you choose to talk while driving, always use a hands-free device. Make sure your hands-free device is on and working before driving.
- Do not dial or look up phone numbers when driving. Use the voice-activated feature on your wireless device.
- Using a wireless device while driving may increase your risk of distraction, whether or not you use a hands-free device. To eliminate this risk, consider turning your wireless device off and allowing calls to go to Voice Mail.

Caution: Avoid potential hearing loss

Prolonged exposure to loud sounds (including music) is the most common cause of preventable hearing loss. Some scientific research suggests that using portable audio devices, such as portable music players and cellular telephones, at high volume settings for long durations may lead to permanent noise-induced hearing loss. This includes the use of headphones (including headsets, earbuds

and Bluetooth® or other wireless devices). Exposure to very loud sound has also been associated in some studies with tinnitus (a ringing in the ear), hypersensitivity to sound and distorted hearing. Individual susceptibility to noise-induced hearing loss and other potential hearing problems varies.

The amount of sound produced by a portable audio device varies depending on the nature of the sound, the device, the device settings and the headphones. You should follow some commonsense recommendations when using any portable audio device:

- Set the volume in a quiet environment and select the lowest volume at which you can hear adequately.
- When using headphones, turn the volume down if you cannot hear the people speaking near you or if the person sitting next to you can hear what you are listening to.
- Do not turn the volume up to block out noisy surroundings. If you choose to listen to your portable device in a noisy environment, use noise-cancelling headphones to block out background environmental noise.
- Limit the amount of time you listen. As the volume increases, less time is required before your hearing could be affected.
- Avoid using headphones after exposure to extremely loud noises, such as rock concerts, that might cause temporary hearing loss. Temporary hearing loss might cause unsafe volumes to sound normal.
- Do not listen at any volume that causes you discomfort. If you experience ringing in your ears, hear muffled speech or experience any temporary hearing difficulty after listening to your portable audio device, discontinue use

and consult your doctor.

You can obtain additional information on this subject from the following sources:

American Academy of Audiology
11730 Plaza American Drive, Suite 300
Reston, VA 20190
Voice: (800) 222-2336
Email: info@audiology.org
Internet: www.audiology.org

National Institute on Deafness and Other Communication Disorders
National Institutes of Health
31 Center Drive, MSC 2320
Bethesda, MD USA 20892-2320
Voice: (301) 496-7243
Email: nidcdinfo@nih.gov
Internet: <http://www.nidcd.nih.gov/health/hearing>

National Institute for Occupational Safety and Health
Hubert H. Humphrey Bldg.
200 Independence Ave., SW
Washington, DC 20201
Voice: 1-800-35-NIOSH (1-800-356-4674)
Internet: <http://www.cdc.gov/niosh/topics/noise/default.html>

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