

# CITY OF EL CENTRO SUMMER 2010



**“Parks Make *Life Better!*”**

## Staff

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## El Centro Community Center

375 S. First Street  
El Centro, CA. 92243  
Phone: 760-337-4555  
Fax: 760-337-4551  
Parks: 760-337-4553

## Old Post Office Pavilion

230 S. 5th Street  
El Centro, CA. 92243  
Phone: 760-337-4555  
Fax: 760-337-4551

## Central High School Pool

**Pool programs:**  
1001 Brighton Ave.  
El Centro, CA 92243  
Pool Office: 760-336-4443  
Phone: 760-337-4555

## El Centro Community Adult Center

385 S. 1st Street  
El Centro, CA. 92243  
Phone: 760-337-4555  
Fax: 760-337-4551

## Wilson Jr. High School

600 S. Wilson Ave.  
El Centro, CA. 92243  
Phone: 760-337-4555

A registration form is attached. Copies are also available at the El Centro Community Center or you may log onto the City of El Centro Web Site at [www.cityofelcentro.org](http://www.cityofelcentro.org) for forms and updated information.

## Community Services Commissioners

**Chairman**  
Orlando Johnson  
**Vice Chairman**  
Pete Rodriguez  
**Members**  
Angela McNeece  
Richard Ryan  
David De La Garza  
Guadalupe Obeso

Commissioners may be reached at 760-337-4555

Meetings are held at 11:30 a.m. every second Thursday of each month at the El Centro Community Center located at 375 S. 1st Street.



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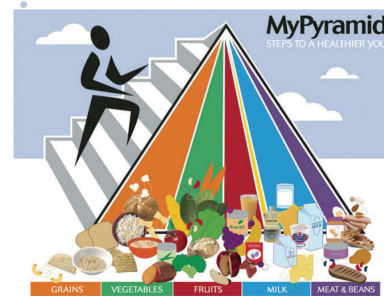
## USDA Summer Feeding Program Sponsored by Meadows Union Elementary School District

The City of El Centro Parks & Recreation Department in partnership with Meadows Union Elementary School District are proud to announce that summer meals will be available to all children in El Centro. In conjunction with USDA, Meadows Union Elementary School is the sponsor for the summer meals. The City of El Centro Parks and Recreation Department will coordinate and monitor feeding sites. We encourage all families to send your child for a free meal at the locations listed below. We will be providing breakfast and lunch Monday through Friday. Please see listing below for time schedule and start dates.

**Times:** Breakfast will be served from 7:30 a.m. - 9:00 a.m.  
Lunch will be served from 11:00 a.m. - 1:00 p.m.

Food distribution sites and times are below:

**Ages:** 1 up to 18 years of age.



El Centro Community Center (Room B)  
375 S. First Street  
El Centro, California  
**(June 14th - August 13th)**  
Breakfast & Lunch

Old Post Office (Lobby)  
230 S. 5th Street  
El Centro, California  
**(June 21 - August 13)**  
Lunch Only

Wilson Junior High School (Wood Shop Area)  
600 S. Wilson  
El Centro, California  
**(June 21 - August 6)**  
Breakfast and Lunch

Cost: **Free**

### UPCOMING SPECIAL EVENTS

**September 18, 2010**  
Grito de Independencia  
& Taco Cook-Off

**December 4, 2010**  
Seasonal Tree Lighting  
& Street Fair

**February 19, 2011**  
Mardi Gras Light Parade  
& Street Festival

**April 9, 2011**  
Music Festival  
& Firework Show

### SUMMER MISSION

Our summer programs provide the opportunity for children to participate in indoor and outdoor adventures in a group setting. We promote health, knowledge, teamwork and entertainment. It is also a place to expand a child's creative mind through arts and crafts, theater, music and other activities. Our priorities are safety and to have a memorable summer! We hope you have a wonderful summer and we look forward to seeing you this 2010 season!

### RECREATION INCLUSION PROGRAMMING

The City of El Centro Parks and Recreation is dedicated to providing and serving the needs of everyone in our community. Persons with special disabilities are encouraged to participate in our City Recreation programs. A two-week advance notice is required to complete an assessment of the participant so planning for the appropriate program is available and to determine if an aide is required.



## Youth Summer Day Camp

Come join us this summer and learn, play and meet new friends. Come and explore new games, new crafts, plenty of exercise to keep you fit, multi sports, weekly themed camps and learn how to stay healthy during these hot summer months. In partnership with the **El Centro Elementary School District**, we hope to bring you a fantastic cool summer. Breakfast and lunch will be served daily.

Open to boys and girls: 1st through 6th grade.

**Days:** Monday - Friday, 7:30 a.m. - 1:00 p.m.

**Sessions:** 6/21/10 - 8/6/10

**Registration Fee:** \$50.00 per session

Must register at the El Centro Community Center

**Location:** Wilson Jr. High

**Tennis shoes are required. No sandals please.**



**\*Closed on Monday, July 5, 2010**

## Mini Day Camp

Set out on an adventure with your tots! Tot camps provide your little one quality time learning and using their creative minds. Your child will learn to play with other children, learn new and fun games, sing along, act, increase their motor skills by having them use their hands to use paint and build creative wood /clay projects. **Parents are welcome to stay and play.** Learn how to make new and silly snacks for mom and dad. Lunch will be provided.

Open to tots ages 3-5 years old

**Dates:** Monday - Friday, 12:00 noon - 4:00 p.m.

**Registration Fee:** \$25.00 per session

**Location:** El Centro Community Center

**\*Closed on Monday, July 5, 2010**



## Youth Afternoon Summer Camp

Need something to do in the afternoon? Then come over to the noon camp which offers a variety of themed camps, nutrition, dancing, talent shows, and nature programs. Do you like gardening? Our summer camp provides children a way to develop a healthy attitude toward physical activities. The safety and well being of your children is our top priority. We will provide entertainment, creativity, teamwork, theater and the most importantly shared time with new friends and positive experiences. Lunch will be provided.

Open to boys and girls: 6 to 13 years old

**Dates:** Monday - Friday 12:30 p.m. - 4:30 p.m.

**Sessions:** 6/21/10 - 8/13/10

**Registration Fee:** \$25.00 per session

**Location:** El Centro Community Center

**\*Closed on Monday, July 5, 2010**



## IMPORTANT!

- Daily Sign-In / Sign Out
- No Exceptions!!
- All Parents/Guardians **MUST** sign their children in & out each day.
- Payment for all camps and programs must be made prior to each session.

## Refund Information

- Refund requests received the Friday prior to each weekly session will be accepted.
- Full refunds will be issued for any camp programs that are cancelled by the City of El Centro or if the program is full.
- No refunds will be issued if a program has started unless approved by a supervisor.

## Summer Session Dates

### **Session 1:**

June 21 to June 25

### **Session 2:**

June 28 to July 2

### **Session 3:**

July 6 to July 9

### **Session 4:**

July 12 to July 16

### **Session 5:**

July 19 to July 23

### **Session 6:**

July 26 to July 30

### **Session 7:**

August 2 to August 6

### **Session 8:**

August 9 to August 13

*\*Only for Youth Afternoon Summer Camp*



**Pool Dates:** June 21 - August 14



## Public Swim Hours & Fees:

### Central Union High Pool

The City will be using the Central Union High School Pool to hold swim lessons and programs again this summer.

**Central Union High  
1001 Brighton Ave.  
Centro, CA. 92243**

### Hours of Operation

**I.V.C.E.C. Swim Program** Tuesday - Friday 10:00 am to 12:00 pm  
June 22-July 9

### **Open Swim**

June 21 - August 13 Tuesday through Friday 12:00 pm to 3:00 pm  
June 21 - August 15 Saturday's 12:00 pm to 7:00 pm

### General Admission:

\$1.00 for 12 and under  
\$1.50 for Teens 12-17 years  
\$1.50 for Senior 55+  
\$2.00 for Adults 18- 54

### Pass Prices:

\$20.00 Children  
\$25.00 Teens/Seniors  
\$30.00 Adults

### Special Olympics and Recreation Inclusion Program

The pool offers swim time and activities for children and adults with disabilities. Special needs classes and swim lessons will be scheduled until the end of summer. Please see hours of operation.

### Parents & Tots



Times: 8-8:30 am 8:45-9:15 am

This class is designed for children 6 months and older (parent/guardian accompaniment is required.) The class teaches children to be comfortable in and around water so they are ready to learn to swim. The program gives parents and guardians information and techniques to help orient their children to the water and to supervise water activities in a safe manner.

### Adults

Times: 8-8:30 am



This class is designed for older swimmers who wish to gain more confidence in the water or improve their swim strokes for exercise purposes. No swimming experience is necessary, just a desire to improve your abilities or learn to swim.

\*Please note that all of our programs are inclusion programs. Our department aims to serve all members of our community including those with special disabilities.

**Note: Private Pool Parties will not be available this year. We apologize for any inconvenience.**

### Aqua Aerobics

Tuesday, Wednesday & Thursday  
10:00 - 11:00 a.m.  
June 21st - August 14th  
\$3.00 per class  
\$40.00 for a Summer Pass

### Junior Lifeguarding

Wednesday & Friday  
Ages: 10 - 15 years old  
10:00 a.m. - 3:00 p.m.  
June 21st - August 13

## Swim Lessons

### Swim Lessons Course Description

\$45.00/ Child/Session  
 June 21st through August 13th  
 All registrations will be held at the El Centro Community Center, 375 S. 1st St. El Centro Ca. 92243 (760) 336-4555



**Session 1 Dates:** June 22 through July 2  
 Registration Dates: June 14-18 (9am-4pm)

**Session 2 Dates:** July 6 through July 16  
 Registration Dates: June 28-July 2 (8am-5pm)

**Session 3 Dates:** July 20 through July 30  
 Registration Dates: July 12-16 (9am-4pm)

**Session 4 Dates:** August 3 through August 13  
 Registration Dates: July 26-30 (9am-4pm)

### Level 1 STARFISH

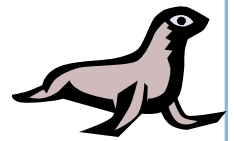
**Times:** 8-8:30 am 8:45-9:15 & 9:30-10 am



Level 1 is our introduction-to-water course. This class is designed for younger swimmers with the intent to build confidence in the water. Skills to be taught include submerging the face, assisted floats on back and stomach, and unassisted movement along the pool wall. Parent participation during class is not allowed.

### Level 4 SEALS

**Times:** 8-8:30 am 8:45-9:15 & 9:30-10 am



Must be able to perform the following skills...

- Fully submerge and retrieve object from shallow water unassisted.
- Perform front crawl for 15 yards with rhythmic breathing
- Dive into deep water from sitting or kneeling position
- Back crawl for 15 yards
- Tread water for 30 sec. in deep water
- Butterfly kick and body motion for 5 yards
- Back float for 30 sec. in deep water
- Rotary breathing (bilateral)

### Level 2 SEA OTTERS

**Times:** 8-8:30 am 8:45-9:15 & 9:30-10 am

Must be able to perform the following skills...

- Blow bubbles for 3 seconds
- Enter and exit pool unassisted
- Supported float on back/front with comfort
- Alternate arm and leg action on both front and back
- Supported kicking on back/front
- Retrieve object held at arms length with face fully submerged

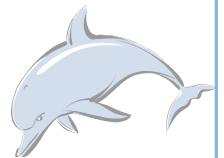


### Level 5 DOLPHINS

**Times:** 8-8:30 am 8:45-9:15 & 9:30-10 am

Must be able to perform the following skills...

- Swim front crawl 25 yards with rotary breathing
- Swim back crawl 25 yards
- Swim proper butterfly for 15 yards
- Swim proper breaststroke for 15 yards
- Swim elementary backstroke for 15 yards
- Swim elementary freestyle for 15 yards
- Swim underwater 3 body lengths



### Level 3 MINNOWS

**Times:** 8-8:30 am 8:45-9:15 am & 9:30-10am

Must be able to perform the following skills...

- Jump into chest deep water unassisted
- Perform 5 consecutive bobs
- Front/back float for 5 sec. (face submerged on front)
- Front/back glide for 2 body lengths
- Roll from front to back and back to front
- Swim 5 yards kicking with alternating arms, on back/front
- Retrieve objects from bottom of shallow end, eyes open, unassisted



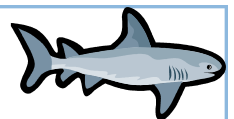
### Level 6 SHARKS

**Times:** 8-8:30 am 8:45-9:15 & 9:30-10 am

Must be able to perform the following skills...

- Perform shallow racing dive
- Swim elementary backstroke 25 yards
- Swim proper butterfly for 25 yards
- Swim front crawl and backstroke for 50 yards
- Perform both front and back crawl flip turns
- Swim underwater for 15 yards

Session 1 will cover personal water safety  
 Session 2 will cover lifeguard readiness  
 Session 3 will cover fitness swimmer





All registrations and fees must be paid at the El Centro Community Center at 375 S. 1st St. Monday—Friday (8:00 am to 5:00 pm) (760) 337-4555

*Note: All classes are tentative depending on class enrollment.*



### PRIVATE LESSONS

Details and information available per request.

\$90 for eight one half-hour lessons or

\$10 for each one half-hour lesson

Please contact El Centro Community Center @ (760) 337-4555



### 3rd of July Spectacular

12:00 p.m. - 3:00 p.m.  
During open swim

GAMES, PRIZES,  
RELAYS, CANDY

Regular Admission

**\$45.00/CHILD/SESSION**  
June 15th through August 7th  
Swim lessons will be Tuesday - Friday

All registrations will be held at the El Centro Community Center  
375 S. First Street, El Centro \* (760) 337-4555

### SESSION INFORMATIONS

Sessions	One	Two	Three	Four
<b>Registration Dates</b>	June 15– 18 (8 a.m. to 5 p.m.)	June 28– July 2 (8 a.m. to 5 p.m.)	July 12- 16 (8 a.m. to 5 p.m.)	July 26 - 30 (8 a.m. to 5 p.m.)
<b>Class Dates</b>	June 22 - July 2	July 6 - 16	July 20 - 30	Aug. 3 - 13

<b>Lesson Times</b>	8:00 am to 8:30 am/ 8:45 am to 9:15 am / 9:30 am to 10:00 am
<b>Fees</b>	\$45.00 per child per session
<b>Place to Register</b>	El Centro Community Center, 375 S. First Street, El Centro (760) 337-4555

### CLASS LIST AND TIMES

Course level	Parent/Tot	Level 1, 2, 3, 4 & 5	Level 6	Adult
8:00-8:30 am	X	X		X
8:45-9:15 am	X	X	X	
9:30-10:00 am		X	X	X

### POOL RULES:

1. No running.
2. No horseplay.
3. All life jackets must be coast guard approved.
4. Any child under 48" must be accompanied by a responsible adult.
5. Everyone who enters the facility must pay the entrance fee.
6. Only dive in designated areas.
7. No food or drinks are allowed in pool area.
8. Anyone caught fighting in facility will be expelled.
9. No smoking or alcoholic beverages allowed in premises.
10. All patrons must take a swim test before entering the deep end of pool.
11. Absolutely no flips into pool.
12. All patrons **must** wear a swim suit or swim trunks.
13. **No** cutoffs, t-shirts, sweats or basketball shorts allowed into pool.
14. Any child with a life vest must be accompanied by an adult. (one adult/child).
- 15. Lifeguards have the last say!!!!**



## Take Me Fishing Program!

Learn basic skills in casting, making your own bait, and cleaning your catch. Bring your own equipment. For more information call (760) 337-4556

**Ages:** 8-15 years old (Limited to 20 kids)  
**Date:** July 16, 2010  
**Time:** 2:00 p.m. to 6:00 p.m.  
**Place:** Sunbeam Lake  
**Cost:** \$4.00 per child



## Take Me Fishing Program!

Learn basic skills in casting, making your own bait, and cleaning your catch. Bring your own equipment. For more information call (760) 337-4556

**Ages:** 8-15 years old (Limited to 20 kids)  
**Date:** August 6, 2010  
**Time:** 7:30 a.m. to 11:00 a.m.  
**Place:** TBA  
**Cost:** \$4.00 per child



## PROFAST Girls Volleyball

### **Promoting Female Athletics Self Confidence and Team Work**

Hey girls. Want to get in shape, stay healthy, get great conditioning tips, and learn volleyball? Well we have the program just for you. Learn how to play volleyball by participating in great practices and learning the basics of sportsmanship. Open to girls!

**Grades:** 4th grade through 6th grade  
**Time:** 6:00 pm to 8:00 pm  
**Days:** Monday and Wednesday  
**Dates:** June 21st through August 6th  
**Place:** Wilson Jr. High Gym  
**Cost:** \$75.00 for entire summer

**Grade:** 7th grade through 10th grade  
**Time:** 6:00pm to 8:00pm  
**Days:** Tuesday and Thursday  
**Dates:** June 21st through August 6th  
**Place:** Wilson Jr. High Gym  
**Cost:** \$75.00 for entire summer



## ***The National Youth Project Using Mini-Bikes***

A program that offers youth of America an opportunity to develop self-esteem, values for daily living, and a sense of belonging, by using the HONDA mini-bikes as a motivational tool. Learn how to safely ride a mini-bike and learn basic survival, cooking, and vocational skills.

**Ages:** 10-15 years old  
**Date:** July 14, July 23 and July 28, 2010  
**Time:** 6:30 p.m. - 8:30 p.m.  
**Place:** Gomez Park  
**Cost:** \$15.00 per child  
 For more information call (760) 337-4556

## ProFast Girls Basketball

### **Promoting Female Athletics Self Confidence and Team Work**

Hey girls, want to get in shape, stay healthy, get great conditioning tips and learn basketball. Well we have the program just for you. Learn from the GO GIRL GO program and participate in great practices. Open to girls!

**Ages:** 8 - 10 years old  
**Time:** 5:30 pm to 7:00 pm  
**Day:** Friday's only  
**Dates:** July 2 through August 6th  
**Place:** Wilson Jr. High Gym  
**Cost:** \$20.00  
 Limited to 20 girls

## Youth Basketball Program

Come sharpen your basketball skills. Improve your passing, shooting, dribbling, defense and offensive skills.

Open to boys and girls 1st grade through 6th grade  
**Date:** June 21 through August 6  
**Time:** 2:30pm to 5:30pm  
**Days:** Monday through Friday  
**Place:** Wilson Jr. High Gym  
**Cost:** \$75.00 for entire summer

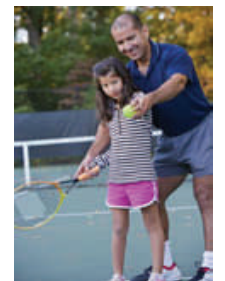
\*Ages will be divided the first week of registration.



## Quick Start Tennis

Learn the basic skills and principles of the game and enjoy the experience of learning tennis. Learn how to control the racket and the ball, serve and return, and how to volley.

Open to boys and girls  
**Ages:** 5 - 10 years old  
**Date:** June 22 - August 6  
**Time:** 1:00 pm to 2:30pm  
**Days:** Tuesdays and Thursdays  
**Place:** Wilson Jr. High Gym  
**Cost:** \$25.00



## ***Babysitter's Boot Camp***

Parents often prefer babysitters with Red Cross training who recognize the importance of having the skills to properly care for their little ones. This is a fun and fast-paced course with hands-on activities, exciting videos, role-plays, and lively discussions. You will gain the confidence to make smart decisions and stay safe in any babysitting situation. You will learn how to perform CPR on adults, children and infant's, how to perform first aid for choking, burns, cuts, and bee stings just to mention a few. You will also learn to get professional medical help fast, identify common safety hazards to prevent injuries, supervise children, perform basic care routines like diapering, feeding, dressing infants and children and problem solving.

### **Session I**

**Ages:** 11-17 years old (Boys & Girls)  
**Date:** June 28 to July 2  
 Monday through Friday  
**Time:** 1:00 p.m. to 5:00 p.m.  
**Cost:** \$130.00  
**Place:** Adult Center

**Minimum:** 10 students

**Maximum:** 16 students

**Instructor:** Leo Alvarado

Registration: American Red Cross

Address: 781 Broadway El Centro, CA

For more information contact Liz at 1-760-352-4541 Ext. 6221 or 6222 or Parks and Recreation at 1-760-337-4556

### **Session II**

**Ages:** 11-17 years old (Boys & Girls)  
**Date:** July 12 to July 16  
 Monday through Friday  
**Time:** 1:00 p.m. to 5:00 p.m.  
**Cost:** \$130.00  
**Place:** Adult Center

**Minimum:** 10 students

**Maximum:** 16 students



## **Video Editing**

Learn the basics of creating and editing your own video using Windows Movie Maker. Learn to add titles, effects, cut and paste different sections of your movie, and upload them to the internet to share with your friends and family.

\*Bring your own laptop & Camera.

**Ages:** 13-17 years old

**Date:** June 21 - August 4

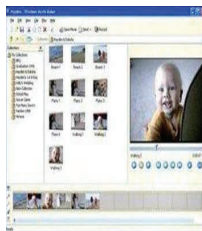
**Days:** Mondays & Wednesdays

**Time:** 3:00pm - 5:00pm

**Cost:** \$10.00

**Location:** Adult Center Conference Room

**Instructor:** Gustavo Ibarra



## **Drum Jam**

Come and learn basic skills in drumming. Learn how to keep rhythm, tempo, learn rudiments and basics of sight reading. No experience is needed only motivation and the will to learn.

\*Bring your own Drumsticks.

**Ages:** 13-17 years old

**Date:** June 22- August 5

**Days:** Tuesdays & Thursdays

**Time:** 3:00 pm - 5:00pm

**Cost:** \$25.00

**Location:** Adult Center

**Instructor:** Gustavo Ibarra



## **Scrapbook Making For Teenagers**

Learn how to put your favorite picture into a memorable book. Add pictures with fun designs to remind you of those special moments.

\*Bring your own scrapbook and pictures.

**Ages:** 13-17 years old

**Date:** July 2 & July 9

**Days:** Fridays

**Time:** 3:00pm - 5:00pm

**Cost:** \$10.00

**Location:** Adult Center

**Instructor:** Rebecca Lara



## **“CRICUT” Training for Teenagers**

Come and learn how to make cards, invitations, and fun arts and crafts projects. Use your new “CRICUT” to help put your scrapbook together.

**Ages:** 13-17 years old

**Date:** July 16 & July 23

**Days:** Fridays

**Time:** 3:00 pm - 5:00 pm

**Cost:** \$10.00

**Location:** Adult Center

**Instructor:** Beth Leon



## Senior Nutrition Program

**Place:** Adult Center  
**Ages:** 55 & up  
**Dates:** Year round  
**Times:** Monday - Friday  
 11:00 a.m. - 12:30 p.m.  
**Cost:** Sponsored by  
 Catholic Charities

Seniors can enjoy a social hour with seniors or meet new seniors.

## Beginning Guitar

**Place:** Adult Center  
**Ages:** 55 & up  
**Dates:** Summer program  
**Times:** Tuesday & Thursday  
 10:00 a.m. - 11:00 a.m.  
**Cost:** \$30.00 a month

Instructor: Patty Verdugo

Bring your own guitar/Limit 20 students

## Vocal Classes

**Place:** Adult Center  
**Ages:** 55 & up  
**Dates:** Summer program  
**Times:** Tuesday & Thursday  
 9:00 a.m.- 10:00 a.m.  
**Cost:** \$30.00 a month

Instructor : Patty Verdugo

## Senior Citizen Quilting, Crochet & Knitting

**Place:** Adult Center  
 (Arts & Craft Room)  
**Ages:** Adults & Seniors  
**Dates:** Ongoing  
**Times:** Wednesdays  
 9:00 a.m. - 11:00 a.m.  
**Cost:** Free (bring your own material)  
 Come socialize with other seniors while working on your quilting or crotchet project, or come and learn. Projects are entered in the IV Expos Show in February.

## Adult Piano Music Making

Recreational Music Making is a unique opportunity for adults to learn how to play piano and read music in a relaxed atmosphere with the emphasis on student enjoyment rather than teacher goals.

**Place:** Old Post Office Pavilion  
**Ages:** Adults  
**Dates:** July 6 - 29 (8 class session)  
**Times:** Monday & Thursday  
 12:00 noon - 1:00 p.m.  
**Cost:** \$110.00 a month (Includes book "Piano for Fun and Fulfillment" with CD for home use).

## Senior Aerobics (Low Impact)

Come and exercise and move with the rhythm of music. Slow pace exercise will be taught to work on your muscle tone.

**Place:** Adult Center  
**Ages:** 55 & up  
**Dates:** Year round  
**Times:** Monday - Friday  
 10:00 a.m. - 11:00 a.m.  
**Cost:** \$1.00 per day  
 Instructor: Mike Rodriguez

## Intro to Computers

Learn the basics of using a computer. Explore various programs that windows contain such as Microsoft word, explorer, desktop, shortcuts, control panel and many more features.

**Place:** Adult Center  
**Ages:** Adults & Seniors  
**Dates:** Monday , Tuesday, Wednesday  
 9:00 a.m. - 10:00 a.m.  
 June 21 - August 6  
**Cost:** \$1.00 per day



**Call 760-337-4556 to register for summer course.**

## El Centro Community Senior Club

Would you like to join a club that meets with other seniors and adults? The El Centro Community Senior Club offers a variety of fun activities and events year round such as: annual health fair, community events, snowbird breakfast and Senior -Senior prom. Seniors are provided with information monthly on educational programs, health nutrition and new laws effecting seniors. The ECCSC meets every third Wednesday of each month.

**Place:** Adult Center  
**Ages:** 55 & up  
**Dates:** Every 3rd Thursday of the Month  
**Times:** 9:00 a.m. - 11:30 a.m.  
 Annual Fee: \$12  
 For more information, contact Diane Newton at (760) 352-3407.



## Senior, Games, Games and MORE!

Come have some fun with us and play to win some fun stuff!  
 BINGO Wednesdays 9:30 am - 11:30 am  
 CHECKERS Thursdays 9:30 am -11:30 am  
 DOMINOES Fridays 9:30 am -11:30

**Place:** Adult Center  
**Cost:** \$1.00 for Bingo Cards



## Mostly Theatre Company Presents Summer Theater Camp 2010

**Date:** June 14 - July 22  
**Performance:** "The Universe and Other Stuff"  
**Hours:** 10:00 a.m. - 2:30 p.m. Monday - Thursday  
**Performances:** Evening: July 22nd & 23rd at 7:00 p.m.  
 Matinee: July 24th at 2:00 p.m.  
**Ages:** 8-14 years old  
**Cost:** \$300.00 per student - All materials included  
**Place:** Old Post Office Pavilion

Come learn about theater, then perform in the musical, "The Universe and Other Stuff". In the morning students rotate through concurrent classes on theater, music and dance. In the afternoon, students audition, participate in set design, construction and rehearse for the production. No Experience necessary. Come perform with us!

Camp is limited to 40 participants  
 A Discount is available for siblings  
 To make other payment arrangements, or for more information call 760-592-1682



## Guitar Camp

Find out how fun it is to learn and play your first song on a guitar. Learn how to tune, play chords, keep rhythm, and learn music theory.

**Ages:** 9 to 12 years old  
**Dates:** June 8 to July 1  
 July 6 to July 29  
 August 3 to August 12 (partial month)  
**Time:** 5:00 p.m. to 6:00 p.m.  
**Place:** Adult Center  
**Cost:** \$30.00 per month /\$15.00 partial month  
**Instructor:** Patricia Verdugo



Bring your own guitar. Limit 20 students

## Guitar Camp

Find out how fun it is to learn and play your first song on a guitar. Learn how to tune, play chords, keep rhythm, and learn music theory.

**Ages:** 13 years old and up  
**Dates:** June 8 to July 1  
 July 6 to July 29  
 August 3 to August 12 (partial month)  
**Time:** 6:00 p.m. to 7:00 p.m.  
**Place:** Adult Center  
**Cost:** \$30.00 per month /\$15.00 partial month  
**Instructor:** Patricia Verdugo

Bring your own guitar. Limit 20 students

## Mostly Theatre Company Presents Teen/Young Adult Performing Arts Camp 2010

**Date:** June 14 - July 29  
**Performance :** "You're a Good Man Charlie Brown"  
**Hours:** 6:00 p.m. - 9:00 p.m. Monday - Thursday  
**Performances:** Evening: July 30th at 7:00 p.m.  
 Matinee: July 31st at 2:00 p.m.  
**Ages:** 14 Years old - 20 Years old  
**Cost:** \$100.00 per student - All materials included  
**Place:** Old Post Office Pavilion

Teen/young adult camp allows older students to participate in all aspects of theater production, with limited instruction and direction from the adult supervising director. Student positions include Production Director, Stage Manager and Choreographer. Enrollment is limited to 25. Experienced performers who are at least 13 years of age by June 1, 2010 may be included at the discretion of the Supervisor Director.

Those interested in being on the Production Team (Directors, Stage Managers, Property Managers, etc) will meet during the week of June 14 to organize and plan.

Camp is limited to 25 participants  
 A discount is available for siblings.  
 To make other payment arrangements, or for more information call 760-592-1682

## Music Camp

A four-day Music Adventure with keyboard, rhythm, games and singing. Children will have access to a keyboard and learn basic keyboard and rhythm reading skills, as well as favorite folk songs and movement games. No musical experience necessary.

**Ages:** 7 to 12 years old  
**Dates:** Monday - Thursday  
**Time:** 10:00 a.m. to 12:00 Noon  
**Place:** Old Post Office Pavilion  
**Cost:** \$55.00 - Includes "Blast Off with Piano" music book

**Session 1:** June 14 - 17  
**Session 2:** June 21 - 24  
**Session 3:** June 28 - July 1  
**Session 4:** July 5 - 8  
**Session 5:** July 12 - 15  
**Session 6:** July 19 - 22  
**Session 7:** July 26 - 29

Minimum: 6 students  
 Maximum: 10 students





## Gourmet Apples

Learn how to decorate your apple with caramel, chile, chocolate and sugar.

**Date:** July 7, 2010  
**Ages:** 13 years old and up  
**Time:** 11:00 a.m. to 2:00 p.m.

**Date:** July 14, 2010  
**Ages:** 13 and up  
**Time:** 11:00 a.m. to 2:00 p.m.

**Location:** Adult Center  
**Cost:** \$35.00  
 (Includes dipping materials)  
**Instructor:** Patricia Verdugo

Limit 10 students  
 (Bring 4 small apples)



## Salad/Pasta Making Class

Learn how to use different types of veggies, fruits, nuts and berries to make great salads. You will also get new ideas on how to use your favorite pasta as a salad.

**Date:** July 21, 2010  
**Ages:** 13 years old and up  
**Time:** 6:00 p.m. to 8:00 p.m.  
**Location:** Adult Center  
**Cost:** \$15.00  
**Instructor:** Patricia Verdugo

Limit 20 students



## Salsa Making Class

Learn the basic art of making hot salsas. Get tips on different types of chilies. Learn how to fry good chips for your salsa. If under 18, parents must attend class.

**Date:** July 28, 2010  
**Ages:** 13 years old and up  
**Time:** 6:00 p.m. to 8:00 p.m.  
**Location:** Adult Center  
**Cost:** \$15.00  
**Instructor:** Patricia Urena & Staff  
 Limit 20 students



## Aerobics

Come and tone up with some moderate exercise. Participants must wear workout clothing and tennis shoes.

**Ages:** 13 years old and up  
**Dates:** Ongoing  
**Times:** Monday, Wednesday, Friday  
 5:30 pm - 7:00 pm  
**Cost:** \$20.00 per month  
**Location:** Community Center Room A

**Instructor:** Mike Rodriguez



## Zumba

Come join the party and dance your way to fitness with our Zumba instructors. Zumba is a program which combines Latin and International music with dance. It is a way to make exercise fun.

**Ages:** Adults & Seniors  
**Dates:** Tuesday Wednesday & Thursdays  
**Time:** 9:00 am - 10:00 am  
**Cost:** \$30.00

**Dates:** Tuesday & Thursday  
**Time:** 6:30 pm - 7:30 pm  
**Cost:** \$25.00 per month  
**Location:** El Centro Community Center  
**Instructor:** Eva Navarro



## Salsa, Merengue, Y Bachata

Want to learn different salsa, merengue, bachata and line dancing.

**Ages:** 15 years old and up  
**Day:** Thursday's  
**Time:** 5:30 pm to 7:00 pm  
**Day:** Friday's  
**Time:** 4:30 pm to 6:30 pm  
**Location:** Community Center  
**Cost:** \$15.00 singles  
 \$20.00 couples

**Instructor:** Jasiel Arballo

## “CRICUT” Training for Adults

Come and learn how to make cards, invitations, and fun arts and crafts projects. Use your new “CRICUT” to help put your scrapbook together.

**Ages:** Adults & Seniors  
**Date:** July 16 & July 23  
**Days:** Fridays  
**Time:** 5:00 pm - 7:00 pm  
**Cost:** \$10.00  
**Location:** Adult Center

**Instructor:** Beth Leon





# El Centro Parks & Recreation Department

375 S. First Street, El Centro, CA 92243, (760) 337-4555

## AQUATICS REGISTRATION

### Swimmer Information:

\_\_\_\_\_  
\_\_\_\_\_  
First Name Last Name Male/Female Age Date of Birth

### Parent or Guardian Information:

\_\_\_\_\_  
\_\_\_\_\_  
First Name Last Name Relation Address (Street, City, State, Zip)

\_\_\_\_\_  
Mailing Address (Street, City, State, Zip) if different from street Home # Email:

### Emergency Information

\_\_\_\_\_  
\_\_\_\_\_  
First Name Last Name Relation Home # Email:

### Medical Information

\_\_\_\_\_  
Physician Name Office # Insurance Carrier Policy #

Does child have special needs or taking medication? Explain? \_\_\_\_\_

CIRCLE SESSION: 1 2 3 4 WRITE LEVEL: \_\_\_\_\_ TIME: \_\_\_\_\_

Course Level	Parent/Tot	Level 1,2,3,4,5	Level 6	Adult
8-8:30 am	X	X		X
8:45-9:15 am	X	X	X	
9:30-10 am		X	X	X

OFFICE USE:  
TOTAL DUE: \_\_\_\_\_  
CASH/CHECK # \_\_\_\_\_  
RECEIPT # \_\_\_\_\_  
DATE: \_\_\_\_\_

Lesson Fees are Non-Refundable

I, \_\_\_\_\_ (participant) hereby agree to allow my child to participate in the City of El Centro Parks & Recreation Summer Aquatics 2010 Programs. In consideration for permitting my child to engage in the above stated activities. I hereby agree to indemnify and hold harmless the City of El Centro and its officers, agents, employees, or volunteers from any liability which may occur in connection with these requests. I understand my child will be under general supervision of responsible adult supervision during this program. I hereby authorize emergency treatment to be given to my child if needed by competent medical personnel.

I HAVE CAREFULLY READ THIS RELEASE, HOLD HARMLESS AND AGREEMENT NOT TO SUE AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT IT IS A FULL RELEASE OF ALL LIABILITY AND SIGN IT ON MY OWN FREE WILL.

Participant / Parent or Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## City of El Centro Parks & Recreation

### 2010 Summer Registration Form

375 South First Street, El Centro, Ca. 92243 • (760)337-4555, Fax (760)337-4551

<input type="checkbox"/>	Summer Day Camp-Wilson	Session	1	2	3	4	5	6	7	(1st - 6th)	\$50.00 per session	
<input type="checkbox"/>	Summer Day Camp - CC	Session	1	2	3	4	5	6	7	8	(6- 13 years old)	\$25.00 per session
<input type="checkbox"/>	Mini Campers Camp	Session	1	2	3	4	5	6	7	(3-5 years old)	\$25.00 per session	
<input type="checkbox"/>	ProFast Girls Volleyball	Monday and Wednesday								(4th - 6th)	\$75.00 per child	
<input type="checkbox"/>	ProFast Girls Volleyball	Tuesday and Thursday								(7th - 10th)	\$75.00 per child	
<input type="checkbox"/>	ProFast Basketball	Friday's only								(8-10 years old)	\$20.00 per child	
<input type="checkbox"/>	Basketball	Monday- Friday								(1st - 6th)	\$75.00 per child	
<input type="checkbox"/>	Tennis	Tuesday - Thursday								(Boys & Girls)	\$25.00 per child	
<input type="checkbox"/>	Fishing	Friday July 16 & Friday August 6								(8-15 years old)	\$ 4.00 per child	
<input type="checkbox"/>	Mini Bikes-NYPUM	Wed. July 14, Friday July 23 and Wed. July 28								(10 - 15 years old)	\$15. 00 per child	
<input type="checkbox"/>	Babysitter's Boot Camp	Session	1	2						(11-17 years old)	\$130.00 per session	
<input type="checkbox"/>	Guitar	Tuesday and Thursday								(9-12 years old)	\$30.00 per month	
<input type="checkbox"/>	Guitar	Tuesday and Thursday								(13 years old and up)	\$30.00 per month	
<input type="checkbox"/>	Drums	Tuesday and Thursday								(13-17 years old)	\$25.00 per child	
<input type="checkbox"/>	Piano/Keyboarding	Session	1	2	3	4	5	6	7	(7-12 years old)	\$55 per session	
<input type="checkbox"/>	Video Editing	Monday and Wednesday								(13-17 years old)	\$10.00 per child	
<input type="checkbox"/>	Scrapbook	Friday								(13-17 years old)	\$10.00 per child	
<input type="checkbox"/>	CRICUT-Teenagers	Friday								(13-17 years old)	\$10.00 per child	
<input type="checkbox"/>	Gourmet Apples	Wednesday July 7 and Wednesday July 14								(13 years old and up)	\$35.00 per class	
<input type="checkbox"/>	Salad and pasta making class	Wednesday July 21								(13 years old and up)	\$15.00 per student	
<input type="checkbox"/>	Salsa Class	Wednesday July 28								(13 years old and up)	\$15.00 per student	

All programs begin June 21st

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Grade: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City/Zip: \_\_\_\_\_

Emergency Name & Contact: \_\_\_\_\_ Relationship: \_\_\_\_\_

Email: \_\_\_\_\_

Allergies/Medical Conditions: \_\_\_\_\_

Does child have special needs or taking medication? Explain?

\_\_\_\_\_

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Parent or Guardian Signature: \_\_\_\_\_ Date \_\_\_\_\_

#### OFFICE USE ONLY

Total: \$ \_\_\_\_\_

Receipt #: \_\_\_\_\_ Check #: \_\_\_\_\_ Cash: \_\_\_\_\_ Date: \_\_\_\_\_ Session: \_\_\_\_\_

Receipt #: \_\_\_\_\_ Check #: \_\_\_\_\_ Cash: \_\_\_\_\_ Date: \_\_\_\_\_ Session: \_\_\_\_\_

## City of El Centro Parks & Recreation 2010 Summer Registration Form

375 South First Street, El Centro, Ca. 92243 • (760)337-4555, Fax (760)337-4551

### Adult and Senior Registration

<input type="checkbox"/> Beginning Guitar	Tuesday and Thursday	55 years old and up	\$30.00 per month
<input type="checkbox"/> Vocal Classes	Tuesday and Thursday	55 years old and up	\$30.00 per month
<input type="checkbox"/> Quilting, Crochet & Knitting	Wednesday	Adults and Senior	Free
<input type="checkbox"/> Adult Piano	Monday and Thursday	Adults	\$110.00 per month
<input type="checkbox"/> Senior aerobics (low impact)	Monday - Friday	55 years old and up	\$1.00 per day
<input type="checkbox"/> Intro to Computers	Monday, Tuesday and Wednesday	Adult and Seniors	\$1.00 per day

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City/Zip: \_\_\_\_\_

Emergency Name & Contact: \_\_\_\_\_ Relationship: \_\_\_\_\_

Email: \_\_\_\_\_

Allergies/Medical Conditions: \_\_\_\_\_

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Participant Signature: \_\_\_\_\_ Date: \_\_\_\_\_

#### OFFICE USE ONLY

Total: \$ _____	Receipt #: _____	Check #: _____	Cash: _____	Date: _____	Session: _____
Receipt #: _____	Check #: _____	Cash: _____	Date: _____	Session: _____	
Receipt #: _____	Check #: _____	Cash: _____	Date: _____	Session: _____	
Receipt #: _____	Check #: _____	Cash: _____	Date: _____	Session: _____	