

Vanderhoof

the *heart* of
it all



Recreation AND Resource Guide



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INFORMATION COMPILED BY

Vanderhoof Visitor Centre & Chamber of Commerce

Box 126, Vanderhoof, BC V0J 3A0
2353 Burrard Avenue

Phone: (250) 567-2124 Toll Free: 1-800-752-4094 Fax:
(250) 567-3316

E-mail: admin@vanderhoofchamber.com

Website: www.vanderhoofchamber.com



District of Vanderhoof

PO Box 900, Vanderhoof, BC V0J 3A0
160 Connaught St.

Phone: (250) 567-4711 Fax: (250) 567-9169

Website: www.vanderhoof.ca



While we do our best to keep this information current,
due to changes which we are not aware of, we cannot guarantee its accuracy.
If you see any errors or would like something added
to this guide, please let us know. Thank you!

Sports & Leisure Activities



4-H

“Learn to do by doing.” The four H’s are head, heart, health, and hands. There are several youth 4-H clubs in the Nechako Valley. For children from 7-18 years of age. For more information, go to Animals & Agriculture section and Youth Activities section.

ARCHERY

Outdoor shooting range at the Nechako Valley Sporting Association grounds. For more information, go to Nechako Valley Sporting Association in Recreational Facilities section.

BADMINTON

Vanderhoof Adult Badminton

Bring your own racket and have a smashing good time! . Drop in. NVSS Thursday evenings 8-10pm from October to April.

Ann Burg P: 250-567-9908

BASEBALL

Vanderhoof Youth Baseball

Ferrel Whitecotton P: 250-570-0102

Nechako Valley Mixed Slo-Pitch Association (Adult)

A and B leagues. Ages 16 and up. May/June; Teams made up of 7 guys, 3 girls. Ball-A-Palooza tournament is the first weekend in June every year. Team registration end of April. Season is April to July.

Jenn Ruth P: 250-567-5043 or on Facebook

BASKETBALL

High School Boys Basketball

A great opportunity to get involved in your school. For grades 8-12. Learn teamwork, skills and fundamentals. Travel for games and tournaments around North America.

NVSS P: 250-567-2291

Men’s Basketball Rec League

Fall through spring. NVSS Mondays 8-10pm

BIATHLON

There are approximately 7km of X-country ski trails that are groomed during snow season, both for classic and skate skiing, located on the Nechako Valley sporting Association grounds. Biathlon training is available through the NVSA club. For more information go to Nechako Valley Sporting Association in Recreational Facilities section.

BIKING

Rip’in the North Bike Park

Built in 2009, the bike park is located at the end of 7th Street West. It offers many jumps and trails for a variety of skills and confidence level bikers! Make sure your bike is in good working order! Bring bug spray, small first aid kit, and quick fixing tools for your bike! We start as a group and end as a group - see you there!

BOWLING

Bowling Alley, Norlind

Five Pin Bowling League. Golden Age Five Pin Bowling League. Ten Pin Bowling League. Always willing to have new players!

P: 250-567-9333

BRIDGE

Vanderhoof Duplicate

Bridge Club

Monday 6:30 am, Village Inn. If you have played Rubber Bridge and are interested in learning to play Duplicate, contact a club member for some private sessions. Duplicate Bridge is faster and more competitive than Rubber Bridge. Phone to confirm schedule and attendance. Partners can be arranged.

Anne McEvoy P: 250-567-2771



ZUMBA

Watch for ZUMBA classes at Evelyn Dickson School. ZUMBA is easy, fun, and no experience is necessary.

Nicole Hanson P: 250-567-7000



Sports & Leisure Activities



CARS

Nechako Valley Classics & Customs

Best known for hosting the Hooterville Hoot on the first Sunday in June. Encourages rebuilding and restoration of older vehicles including tractors.

Dave Funk P: 250-567-0821

CURLING

Vanderhoof Curling Club

Associated with the BC Curling Association.

Junior curling Tuesday at noon. Ladies league 6:30-8:30 Wednesday. Mens League 6:30-8:30 Thursday. Commercial League Tuesday 7pm.

Jim Woodruff P: 250-567-9750

John Murphy P: 250-567-5675 or 250-567-2231

CROSSCOUNTRY SKIING

There are approximately 7km of X-country ski trails that are groomed during snow season, both for classic and skate skiing, located on the Nechako Valley sporting Association grounds. Lessons, training and competitions are available through the NVSA club. For more information go to Nechako Valley Sporting Association in Recreational Facilities section.

DIRTBIKING

Moore's Motocross Track

All riders welcome to ride the one mile of maintained track on Blackwater Road. Must sign a waiver. Riders 15 and under must have parental supervision.

Heather & Dave Moore P: 250-567-3974

FIGURE SKATING

Nechako Figure Skating Club

The Nechako Figure Skating Club offers skating lessons for anyone ages 4 and up. There are Pre-Canskate and Canskate groups for beginners. There is also Star Skate program for more advanced skaters. Watch for our registration table at September's Recreation and Leisure Fair or come down to the Vanderhoof Arena to sign up! Our season will begin in early October 2012.

Heather Floris P: 250-570-0175

FISH & GAME

The Vanderhoof Fish & Game Club is involved in a number of conservation projects in the area. For more information go to Nechako Valley Sporting Association in Recreational Facilities section.

FITNESS CENTRES & CLASSES

There are several private fitness centres in Vanderhoof. They offer classes, fitness training, weight management and more. Contact the Vanderhoof Chamber of Commerce for a list of businesses in the community.

Step Aerobics

Starting in September Fun, Energetic and Dynamic Steps are provided! WL McLeod School Gym. Please call Nicole for dates and time.

P: 250-567-3271 or 250-567-4700

FLOOR HOCKEY

Stoney Creek Multiplex

P: 250-567-5969

Vanderhoof Arena

P: 250-567-4555

FLYING

Guardian Aerospace

Guardian Aerospace & Blue Mtn Aerosports & Charters Eco-tourism, tracking of wild game, aerial photography, radio telemetry and corporate flying. Works with Black Ram Parachuting Schools (www.skydivebc.ca). Flight training for Recreational, Private and Commercial Licenses as well as instrument and mountain flying ratings.

Eric Stier P: 250-567-2655

www.guardianaerospace.com

FOOTBALL

Contact Nechako Valley Secondary School

P: 250-567-2291

GARDENING

Botanical Garden Society

Richard Burkholder P: 250-567-9000

Vanderhoof Community Gardens

Maya P: 250-570-2194

bytes@nvfoodnetwork.ca

GOLF

Omineca Golf Course

Nine and eighteen hole courses. Pro shop, rentals, golf carts. Clubhouse available for rent for other functions.

P: 250-567-2920



Sports & Leisure Activities



HANDGUN

Ranges are located on the Nechako Valley Sporting Association grounds. For more information go to Nechako Valley Sporting Association in Recreational Facilities section.

HEALTH & WELLNESS

There are several private health and wellness studios in Vanderhoof. They offer massage, Reiki, meditation and relaxation, and stress relief. Contact the Vanderhoof Chamber of Commerce for a list of businesses in the community. Go to Medical, Health & Wellness section for a list of non-profit groups and societies offering health and wellness.

HIKING

If you are wanting to go for a leisurely stroll or a mountain climb - there are plenty of hiking opportunities in Vanderhoof! Call the Visitor Centre at 250-567-2124 for more information on hikes in the area!

HOCKEY

The Vanderhoof Arena has a variety of hockey leagues to suit any skill level! From the list below you can contact the group that would best suit you and your family!

Vanderhoof Minor Hockey League
Jason Moritz – nleclerc@mail.sd91.bc.ca

Adult Beginner Hockey League
Ken Simmon P: 250-567-3155

Ladies Hockey League
Cathy Fitzpatrick P: 250-567-4372

Canfor Hockey Team
Kevin Sybrandy P: 250-567-8822

Old Timers Hockey League (35 +)
Bill Thiebault P: 250-567-2742

Vanderhoof Church Hockey League
Contact Vanderhoof Arena for updated information

Muckers Hockey League
Brian Naka P: 250-567-4036

Saturday Morning Mixed Adults
Ken Simon

HORSES

There are numerous horse clubs, riding arenas and events held within Vanderhoof to accommodate any level of rider. For more information go to the Animals and Agriculture Section.

MARTIAL ARTS

Boxing

Recreational and competitive boxing and kickboxing. We are a certified and fully registered amateur club. Tuesdays & Thursdays 6:30-8pm. Classes starting at the end of September. Newcomers welcome. Professional certified instructors. Private lessons available. Suitable for any fitness level, experience not necessary

Sierra Fulton P: 250-570-1397

RIFLE

Shooting facilities located at the Nechako Valley Sporting Association grounds. For more information go to Nechako Valley Sporting Association in Recreational Facilities section.

RUGBY

Contact Nechako Valley Secondary School
P: 250-567-2291

RUNNING

Masters Running

Brian Nemethy E: bnemethy@sd91.bc.ca

SKIING/SNOWBOARDING

Murray Ridge Ski Area

Lessons, rentals, school programs, youth programs, and special events. Check out our website for up-to-date information. Located just outside Fort St James in central British Columbia just under an hour and a half from Prince George. Passes are available to purchase at the District Office in Fort St. James, Omineca Sports in Vanderhoof and Ruckus Ski, Board and Bike Shop in Prince George.

P: 250-996-7584 (before Dec 1)

P: 250-996-8515 (after Dec 1)

www.murrayridge.com

Murray Ridge Ski Patrol

Become a volunteer patroller at Murray Ridge Ski Area. Full training program available.

P: 250-996-7584 (before Dec 1)

P: 250-996-8515 (after Dec 1)

www.murrayridge.com





Sports & Leisure Activities

SKATING

Vanderhoof Arena

Shallon Touet, Manager P: 250-567-0445 (c) or
250-567-4555 (o)
F: 250-567-4562
Box 900, Vanderhoof, BC V0J 3A0, 345 Columbia Street E

SOCCER

Vanderhoof Mixed Indoor/Outdoor Soccer

Adults. Call for location and times.

Charlene Neufeld P: 250-570-1237

Vanderhoof Youth Soccer

Recreational and divisional leagues for youth ages 5-17.

Charlene Neufeld P: 250-567-1237

SPEEDSKATING

Nechako Lakes Speed Skating Club

Fast, friendly, fun. Programs for skaters ages 3 and up begin with the basics and work up to a competitive level. Training in short track (111m) at the Vanderhoof Arena. Speed skates are available through the club. Member of the BC Speed Skating Association.

Calvin Demarais – Phone: 250-567-2620

SQUASH (WALLEYBALL)

Vanderhoof Health and Fitness Centre

Reserve your time slot to play.

P: 250-567-5557

Speedskating competition held in Vanderhoof. Vanderhoof skaters in yellow and blue and red.

TRAP

Trap facilities located at the Nechako Valley Sporting Association grounds. For more information go to Nechako Valley Sporting Association in Recreational Facilities section.

VOLLEYBALL

Recreation League Mixed Volleyball

Drop-in every Tuesday 8pm at NVSS Gymnasium from October to April.

Jill Park P: 250-567-9449

Summer Beach Volleyball

District of Vanderhoof P: 250-567-4711

Women's Volleyball Team

Practice every Sunday from 10-12pm

Jill Park P: 250-567-9449

WRESTLING

Contact Nechako Valley Secondary School
P: 250-567-2291





Recreational Facilities

Arena, Vanderhoof

Arena Dry Floor Ideal place to hold small or large events such as weddings, family reunions, dances, concerts, and garage sales. 200'x85' slab. Seating for 800 with tables and chairs. Large government inspected kitchen for all your cooking needs. Wheelchair accessible showers, washroom facilities. Phone for rates year round. Mezzanine Large government inspected kitchen, seating for 70 with tables and chairs. Great place to hold a small get together, meeting or party. Dressing Rooms 15'x36' full washrooms and showers for rent to ball, soccer, football and rugby teams. Book now! Phone for rates year round.

Shallon Touet, Manager – P: 250-567-0445 (c) or

250-567-4555 (o)

F: 250-567-4562

Box 900, Vanderhoof, BC V0J 3A0, 345 Columbia St E

Baseball Diamonds

Cal Ripken/Babe Ruth Ball Diamonds on Douglas Street

Mike Kenner Ball Diamonds on the corner of Stewart Street and Recreation Drive

Markay Drive Ball Diamond on Markay Drive.

School District 91 Ball Diamonds Located at Prairiedale School, Sinkutview, WL McLeod, Evelyn Dickson, & Nechako Valley Secondary Schools.

Bowling Alley, Norlind

5 and 10-pin bowling. 5-pin, Golden Age 5-pin, 10-pin and Youth Bowling Leagues. Book the Bowling Alley for birthday parties and private functions.

Jim P: 250-567-9333

189 Columbia Street East

Community Centre, MPS (Mapes Blackwater Sob Lake)

Beneficial community centre, in the Mapes, Blackwater, & Sob Lake areas, that provides moral and financial support for members, associates, and recreation.

Sheila Solmonson, President P: 250-567-4640

Rose Gugat, Treasurer P: 250-567-9744

17802 Blackwater Road, Vanderhoof, BC V0J 3A1

Curling Rink

Three sheet facility open October to March. Tuesday Night Business League, Thursday night Men's league, and Wednesday night Ladies league. Men's, Ladies and Mixed tournaments. Licensed lounge and facility rental for parties and meetings. Memberships available.

Jim Woodruff P: 250-567-9750

Dirtbiking - Motocross Track

Motocross track for riders 15 and under must have parental supervision.

Heather & Dave Moore P: 250-567-3974

Nechako Valley Exhibition Grounds

The 42 acre Exhibition Grounds has one of Northern B.C.'s largest heated indoor riding arenas (holds 2000 people) that is lit with a built-in sound system, mezzanine (200 capacity) and a large kitchen facility. Arena is equipped with poles, barrels, jumping stands, roping chute, bucking chute and large pens under cover. On the grounds there are 75 box stalls, a heavy horse barn with 12 stalls, and exhibit building, beef barn, 4-H barn, outside stage, outdoor riding ring, and 250m Icelandic Horse oval track. The grounds and buildings are run by the Nechako Valley Exhibition Society, and are available for rent. Arena riders must purchase an arena rider membership. Call for more information on weekly schedules, events and ground availability.

Ground Manager P: 250-567-3011

nves@nvesociety.com

www.nvesociety.com

Omineca Golf Course

Nine and eighteen hole courses. Open 7 days a week, spring to fall. Located off Northside Rd. Clubhouse available for other functions. Pro Shop. Rentals available as well as golf carts.





Recreational Facilities

Nechako Valley Sporting Association

Doing our part to make a difference in the community. Also known as NVSA, our Association is comprised of the following Sections which offer our members a choice to be active in a number of categories throughout the year. Sections are:

1. Archery
2. Hand Gun
3. Range (Big Bore)
4. Fish & Game
5. Ski – (includes Biathlon, X-Country & Jack Rabbits)
6. Trap
7. Wilderness Watch (call for more information)

Access to clubhouse and ranges are restricted to member only at this time. Depending on the time of the year and current use of our facilities, outside inquiries to use our facility may be considered.

Current annual membership fee for 2011/2012 fiscal period (August 1st – July 31st) are as follows:

- a) SINGLE (individuals 19 and older); 1 year = \$35.00; or 3 year = \$85.00*
- b) FAMILY (parents with children under the age of 19 only!) 1 year = \$50.00*; or 3 year = \$130.00*
- c) Memberships may be purchased at Omineca Source for Sports, Vanderhoof, B.C.
- d) * plus \$5 dollar refundable key deposit

Box 1077, Vanderhoof, BC V0J 3A0

Club House and facilities at Quail Road off Redmond Pit Rd.

1. Archery:

Outdoor shooting range located on NVSA grounds. Practices held at the N.V.S.S. School gymnasium from October to April on Wednesdays from 8-9pm and on Sundays from 6-7:30pm.

Aubry McNolty: 250-567-9461

2. Hand Gun:

Ranges are located on NVSA grounds. Hand Gun Section has four (4) shooting ranges. Metal and paper targets available. Section meets at NVSA grounds and range every 2nd and 4th Wednesday of the month from 7-9Pm starting May through to September.

Jacob P: 250-567-9680

3. Range (Big Bore):

Range located on NVSA grounds. Range targets at 100, 200 and 300 yards. Sand bags are usually available for shooting off the bench.

Kent Huscroft P: 250-567-4084

4. Fish & Game:

The Vanderhoof Fish & Game Club holds meetings at NVSA clubhouse one Wednesday a month from 7-9pm. The Vanderhoof

Fish & Game Club is involved in a number of conservation projects, including:

- Mule Deer inventory surveys in the Nechako Valley and surrounding area.
- Construction and installation of 400 nest boxes for cavity nesting birds which includes ducks, raptors and song birds. Boxes will be installed over the late Spring on major rivers and lakes within the region. The song bird boxes will be installed within the agricultural belt.
- Continue with its work on the Murray Creek Project as we enter our 4th year on the restoration of this important stream that enters the Nechako River at the bird sanctuary near the Nechako Bridge area.
- Development and enhancement of the 7.5 acre WL McLeod Wetland that is located near WL McLeod and. This project will help protect the wetland while giving public access and educational opportunities for area school children.
- Partnered with Ducks Unlimited to develop the newly purchased Redmond Flats wetland. This wetland will be developed to increase its value as a wetland for area birds. It will also include viewing and educational opportunities.
- Sponsors events such as “Fishing Forever”, Horn measures, Game banquets and other community based activities.

Steve Cochran P: 250-690-7749

5. Ski:

There are approximately 7km of X-Country ski trails that are groomed during snow season, both for classic and skate skiing located on NVSA grounds. Approximately 1.5 km are lighted. Trails are not open to the public and requires a NVSA membership to use. X-Country (Jack Rabbits) ski lessons are offered Tuesdays and Saturdays (during ski season). Biathlon practices take place on Wednesdays and Sundays (during ski season). Adult ski lessons are offered and scheduled as needed. Ski waxing clinics are available and will be arranged accordingly. Section organizes and holds Ski competitions and events each winter as well as a Biathlon Training. Camp in the summer. Trails can be used in the off-season for pre-arranged and approved X-Country running events.

Gerd P: 250-567-4055

6. Trap:

Trap facilities located on NVSA grounds. Regular shooting distance is 16 yards (48 ft.). Trap Section holds shoots every two weeks starting at 6:30PM on Sunday evenings. Trap Shooting events are held around the Province in: Williams Lake, Mackenzie, Chetwynd, and Prince George.

Kent P: 250-567-4084

Dean Elliot P: 250-567-2095





Parks, Campgrounds & Resorts

PARKS

Riverside Park

The park is very large with plenty of space for leisure activities including, beach volleyball with 2 courts, a children's play ground, a walking trail with plenty of sitting benches and an unsupervised swimming area. There is a covered picnic area

with picnic tables that can be reserved in the summer months for reunions, fundraisers, birthdays and more. The 1.1 km walking trail is lamp-lit and the trail is maintained year round for running, walking, and cross-country skiing. Horses, bikes and motorized vehicles are prohibited from using the trails. Please pick up after your pet by using the dog sanitation stations. Riverside Park is home to the Nechako Migratory Bird Sanctuary where thousands of geese can be seen each spring and fall. The bird viewing tower provides the perfect place to watch the birds without causing undue disruptions to the flocks.

P: 250-567-4710

Ferland Park

This wooded park is centrally located between Church St. and Lampitt St. and is home to the Kinsmen Spray Park. The Spray Park is operational during the summer months. Ferland Park also has a children's play ground with climbing structures, slide, swings and more! There are public toilets, picnic tables and offers plenty of space for informal gatherings, picnics and relaxing.

Bradley Park

Located south of the alleyway between 4th and 5th Street W. The park is well lit, has picnic tables, a play structure, swings and an open playing area.

Leiding Park

Located on the east side of Victoria St. near Peach Lane, Leiding Park has an open, grassy play area and swing set.

Vanderview Playground

Located west of the Nechako Christian Fellowship Church on Vanderview Drive, the playground has an open play area and swing set.

Rip N the North Bike Park

Built in 2009, the bike park is located at the end of 7th Street West. It offers many jumps and trails for a variety of skills and confidence level bikers! Make sure your bike is in good working order! Bring bug spray, small first aid kit, and quick fixing tools for your bike! We start as a group and end as a group - see you there!

CAMPGROUNDS & RESORTS

Riverside Campground

Riverside Park is Vanderhoof's largest park and it is located on Burrard St. heading north, the entrance is before the bridge over Nechako River. The Park Office is open from mid-June to the end of September from 7am to 10pm. The campground has 38 camping spots that accommodate from tents to RV's. Each site has a picnic table and fire ring. Use of showers, sani-dump, and firewood are available when campsite fees are paid.

P: 250-567-4710 for Camping fees or more information.

Saik'uz Park & Campground

Located on Nulki Lake with 8 cabins for rent with 2 bedrooms, 3 cabins for rent with bathroom and running water. Camping facilities for RC's and tents, picnic area and boat launch.

Bernice Spicer P: 250-567-4916

Tachinuk Family Cultural Camp

Located on Finmore Road, the Tachinuk Family Cultural Camp is a fun and entertaining location for friends and family for day-tripping or free over-night stays! The grounds offer great swimming, fishing, and boating opportunities, as well as outdoor kitchen facilities.

P: 250-567-9773

Big River Country

Big River Country represents British Columbia fishing resorts & hunting resorts south of Vanderhoof. These wilderness destinations offer cabin /cottage rentals for your family fishing vacation in the Prince George region and some of the best moose and bear hunting in Central British Columbia.

www.bigrivercountry.ca



Art & Culture

ART

The Nechako Arts Council

The Nechako Community Arts Council strives to support and promote arts and cultural activities in the communities of Vanderhoof, Fraser Lake, Fort Fraser, Stellat'en, Nadleh Whut'en, Saiku'z and all the area between. We support the arts and cultural community by providing financial assistance, research, advocacy, and public education. The Arts Council will offer two scholarships to a deserving student interested in pursuing post secondary education in the ARTS, one in Vanderhoof and one in Fraser Lake.

We are also planning an event for next summer that will showcase the vast variety of arts and cultural talent in our communities. We believe that a vibrant arts and cultural community is an essential part of a healthy society.

P: 250-567-3906 ncac@telus.net

CRAFT

Nechako Quilter's Guild

Share and offer quilting expertise, instruction and various workshops. Quilted items are made and funds are donated to charitable causes. Meetings are the third Tuesday of the month at 9:30am at Nechako View Seniors Residence in the Meeting Room.

Janet P: 250-567-2554

Fran P: 250-567-5242

Quilters Nook Classes P: 250-567-2828

Department Store Classes P: 250-567-2311

Scrapbooking

There is a large scrapbooking culture in Vanderhoof. There are a number of scrapbook supply stores - contact the Vanderhoof Chamber of Commerce for a complete list of these businesses. As well, there are scrapbooking events, fundraisers and retreats held each year.

DANCE

Miss Maranelle's Dance

Maranelle Fawcett P: 250-570-9022

Belly Dance

Jocelyn Lepine P: 250-567-4216

Drifting Squares (Square Dancing)

Beginners welcome! Starts last Thursday of September. \$5 a night, or \$20 for a year membership. Fancy dress is not necessary. Please bring soft indoor shoes. Partners are not necessary.

Sandi Jespersen P: 250-567-2088

First Nations Dance

Stoney Creek Dancers

Rosa McIntosh P: 250-567-5083

Each spring the banners that adorn many of the light posts in the community are designed and painted by local citizens ranging from 4 to 70+ years young.





Art & Culture

MUSIC - GROUPS

Buckfever

Buck Fever plays classic rock, country, blues rock. Lead Singer/ Guitar - John Baker, Backup Vocals/Guitar - Wade Bussi, Guitar - Harry Koenig, Bass - Dave Webb, Drums - Richard Wheeler. Contact the band for booking.

John Baker P: 250-567-6067 or 250-567-0658

Richard Wheeler P: 250-699-6084 or 250-669-2375

Karen Cruise

Gospel

www.karencruise.com

Rosewood Diary

This is an acoustic folk/rock band. Their acoustic sounds are soothing for the heart and restful for the soul. They love playing small or large venues, including coffee houses, pizzerias, music festivals, and house concerts with people who love good music and good fun. For more information, including booking, contact info, music and videos go to our website.

www.myspace.com/rosewoodsdiary

Rusty Bucket Pluckers

Bluegrass

Bob, Heather and Dylan Ferris

P: 250-567-3022

bluegrassgal2003@yahoo.com

www.heatherferris.com

Sound of the North

Original folk, Country and European, old time dance. Dance exhibitions and concert.

www.soundofthenorth.com

Northern Orchestra

A Community "teaching" Orchestra, existing for the enjoyment of the players and the public audience, with 2 or 3 performances each year.

P: 250-962-5181

www.northernorchestra.ca

Country and bluegrass music is alive and well in the Nechako Valley. There are numerous bands, songwriters, and performers from Vanderhoof, several having international recognition for their music. You can catch a concert year-round in country, classical, rock, folk, or choral.

MUSIC - TEACHERS

Nechako Valley Music Teachers Group

Teachers from Ft St James, Ft Fraser and Fraser Lake meet twice a year for discussion, education and encouragement. If you are an instrumental/vocal teacher and are interested in joining us, please call.

Swan Kiezebrink P: 250-567-9501

Royal Conservatory of Music Theory

Vanderhoof is a Royal Conservatory Music Theory Centre. Exams held each year in December and May.

Representative: Swan Kiezebrink P: 250-567-9501

Nechako Valley Society of the Performing Arts

A member Festival of Performing Arts BC Association of Regional Festivals, held yearly in Vanderhoof in early spring. Competition held in the disciplines of Piano, Voice, Speech Arts and Strings.

Provincial contact: Delee Anderson P: 250-567-3309

Swan Kiezebrink P: 250-567-9501



Art & Culture

PIANO

Gilda Erasmus

Will teach ages 4 - adult, beginner through ARCT piano; Basic through Advanced theory; Basic through Advanced history, harmony and analysis.

P: 250-567-4055

Julia Wick

Will teach ages 6 - adult. Basic, intermediate, and advanced rudiments. Basic through Intermediate harmony.

P: 250-567-5896

Maggie Fitzpatrick

Will teach ages 6 - adult, beginner through grade 6; Basic through Advanced theory.

P: 250-567-4160

Swan Kiezebrink

Suzuki Piano lessons and group classes ages 3 and up, beginner through Book 4; Suzuki Parent Education; Traditional private piano lessons, ages 7 - adult, Beginner through grade 8 piano; Basic through Advanced theory; Basic Harmony.

P: 250-567-9501

www.swanstudio.musicteachershelper.com

VOCAL

Swan Kiezebrink

Vocal lessons on a limited basis, ages 7 - adult, beginner through grade 6.

P: 250-567-9501

www.swanstudio.musicteachershelper.com



Award winners from the Nechako Valley Festival of the Performing Arts for piano. Speech Arts, Strings and Voice are the disciplines celebrated during the festival.





Art & Culture

LITERARY ARTS

Vanderhoof Public Library

Regular Programs

- Adult Book Club: Oct to May.
- Genealogy Club: 2nd Thursday of the month. Sept-May. No registration required.
- Computer Programs:
 - Computer tutoring held at Riverside Place - Free
 - Laptop lessons (beginner or advanced) available by appointment - Free
- Rhymes and Songs (0-3): Start dates in January, May & Sept, Tuesdays - Free
- Storytime (3-5): Start dates in January, May & Sept. Thursdays - Free
- Girls Book Club (8-9): 1st Thurs of the month. Oct-March. Registration required.
- Tween Book Club (10-12): 2nd Thurs. of the month. Oct-March. Registration required.
- Teen Book Club (13 & up) 3rd Thurs. of the month. Oct-March. Registration required
- Lego Club: (school aged children) Every Tuesday. 3 - 4:15pm, Nov-Feb (except during school holidays).
- Wiggles and Giggles (2-5): Between select storytimes. See library for dates.
- Stories in the Park: July and August weather permitting. See Library for dates.
- Summer Reading Programs: Beginning 2nd week of July. These summer reading programs will run for 7 week. Check in with the Library for specific dates and times. Registration required.
 - Read To Me Tuesday AM
 - SRC Wed AM
 - SRC Wed. PM
 - Tweens. Thurs. PM
- Pro D Programs: Check library for dates. 10:30-11:30.
- Friends of the Library: Friends of the Library is a group of citizens who foster a close relationship between the library and the community. Ongoing activities provide support for the children's and adults literacy programs and library activities.

Library contact P: 250-567-4060

vhpl@telus.net

www.vanderhoof.bclibrary.ca

Grand Reo Theatre

Local theatre showing in a historic building! Movie theatre featuring current show times, current movies, building history, movie links and more.

Wallace Family P: 250-567-2805

www.grandreothatre.com

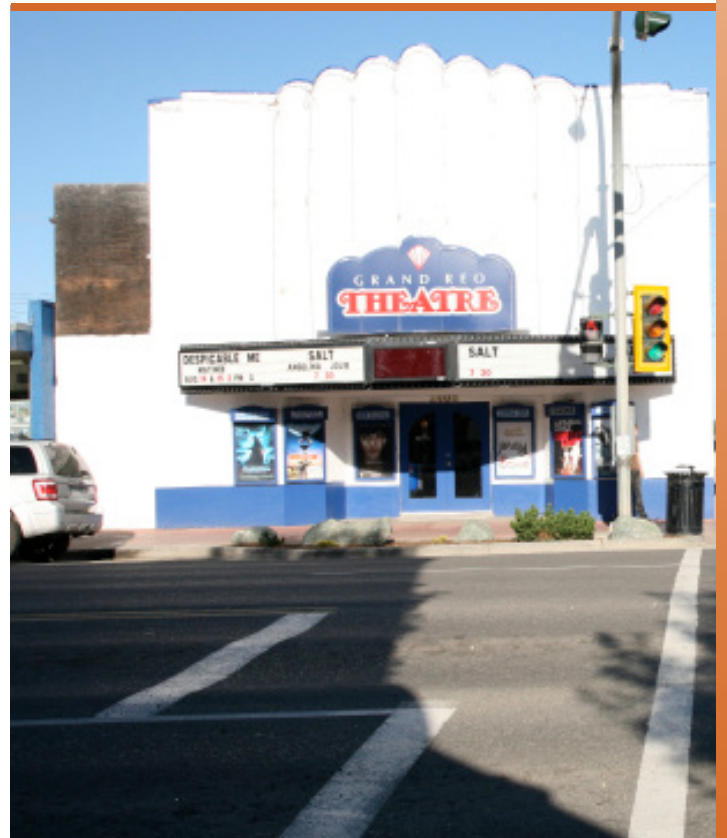
Reel Alternatives

Every third Wednesday of the month (except May-August). All shows screen at 7:00pm at the Nechako Valley Secondary School Small Auditorium. Reduced Adult and Senior ticket prices!! Come visit us on Facebook!

www.reelalternatives.com

movies@reelalternatives.com

The Grand Reo Theatre is not the first business to operate in this historic building at the corner of Burrard and Stewart Streets. Built in the 1920s, this building has been home to a parlour, pool hall and many other ventures.



MOVIE THEATRES



Art & Culture



MUSEUMS

Vanderhoof Community Museum – Nechako Valley Historical Society

Restores, maintains, and operates a typical 1920's village. The museum is open from mid-May to Labour Day weekend.

478 Pine Street at Highway 16 West



A scene from the musical 'Fiddler on the Roof', performed by the Vanderhoof Community Theatre Society.

PERFORMING ARTS

Nechako Valley Society of the Performing Arts

A member Festival of Performing Arts BC Association of Regional Festivals, held yearly in Vanderhoof in early spring. Competition held in the disciplines of Piano, Voice, Speech Arts and Strings.

Delee Anderson P: 250-567-3309 F: 250-567-6370

Swan Kiezebrink P: 250-567-9501

Vanderhoof Children's Theatre

A community theatre for children grades 2-12! We welcome any child who would like to develop their artistic ability, confidence and poise in a fun and productive atmosphere! Several performances each year! Plays tour schools in Prince George.

Director, Richard Wruth P: 250-567-0949

r_wruth@hotmail.com

Vanderhoof Community Theatre Society

Promotes quality amateur community theatre in Vanderhoof to ensure that theatre remains alive and well in the region. The VCTS is a society under the BC Societies Act. We produce and support two community theatre productions a year, with one being musical and the other non-musical. Teens and children are welcome when the script demands. Many volunteer opportunities involving costumes, make-up, publicity, set construction, props, directing, producing, acting, singing, dancing and retreats. First time actors and crew are always welcome.

Shari Lennie, President P: 250-567-3256

Libby Hart, Secretary/Treasurer P: 250-567-3950

Shelley Work, Vice President

Lisa Striegler, Director lisastriegler@hotmail.com

There is a lot of history in Vanderhoof, from First Nations to the railroad, exploration, the wars, and famous figures.





Youth Activities

4-H, VANDERHOOF DISTRICT

4-H clubs include: Mapes Community Club (Beef, Swine), North Valley Club (Beef, Sheep, Swine), Nechako Valley Dairy and Beef Club (Dairy, Beef, Dog, Jr. Leadership), Wranglers Club (Beef, Sheep, Swine), and Blue Mountain (Fort St. James).

Whitney Moutray, District Key Leader

P: 250-567-2763 cmoutray@uniserve.com

Box 1760, Vanderhoof, BC V0J 3A0

AIR CADETS

Meet Wednesdays starting in the 3rd week of September from 6:15-9:30pm at the Big Blue Cadet Building on Burrard Street. Open to youth ages 12-18. Offers summer camps, squadron training, air experience, biathlon training, leadership training, rifle coaches course, pilot training and summer employment for senior cadets. Participants in Annual Remembrance Day Ceremonies and Poppy Fund.

Royal Canadian Air Cadet Squadron 899 Vanderhoof.

Glenda Wasylenko P: 250-567-7574

CANDY STRIPERS

Youth assist acute care and multi-level care patients by helping with feeding, supplying ice water, visiting and diversional therapy. Training available. For ages 14-18 yr olds willing to commit to two hours per week for three months. Experience counts towards NVSS CAPP/Cancer prep hours.

Edna Oryshchuk P: 250-567-9759

YOUTH DROP-IN CENTRE

Neighbourhood Space

Computer & Internet access, games tables, rest and relaxation. 1-5pm during the summer. 3-6pm in the winter.

P: 250-567-4879

183 First Street West (Hwy 16) next to Subway



4-H participants take a break from their work during the Nechako Valley Exhibition.



Tie-dyeing, one of the activities hosted at the Neighbourhood Space for youth and families.





Youth Activities

YOUTH GROUPS

Girl Guides of Canada

We are about fun, friendship, adventure and life skills. Grab your gear and check us out!

Kathy Russell P: 250-567-3882

www.bc-girlguides.org

SPARKS

If you're a five or six-year old girl who likes to have fun with girls your own age, then this is the place for you! Sparks is where the Guiding adventure begins. Ages 5-6.

BROWNIES

Brownies is the place to go for continued doses of fun. The Brownie experience lets you make friends, learn more about the things you like and find out about the community you live in. Ages 7-8.

GUIDES

Guiding is a safe, all-girl environment that allows you to express yourself, find your voice and meet new friends. If you like trying new things, learning about the world and challenging yourself, then you'll love Guides. It's not about cliques or competition - Guides is about real friends, real fun and real adventure. Ages 9-11.

PATHFINDERS

Guiding provides exciting opportunities to try new things and learn by doing, with other girls your age. Pathfinders is a program by girls, for girls. Ages 12-15.

KINDRED SPIRITS TREFOIL GUILD

Ages 30+

Scouts Canada

Phone: 1-888-SCOUTS-NOW (726-8876)

www.scouts.ca www.bc.scouts.ca

CUBS

Boys and girls ages 8-10 challenging hikes, weekend camping, introduction to water activities such as canoeing or kayaking! Motto - Do Your Best!

2ND VANDERHOOF SCOUTS

Boys and girls 12+ 3:30-5pm on Wednesday at LDS Church.

3RD VANDERHOOF SCOUTS

Tuesdays at 3:30pm at LDS Church

SCOUTS AND VENTURERS

Boys - Scouts ages 11-14, Venturers 14-18. Enjoy mountain biking, rock climbing, canoeing, kayaking, extended hikes, and camping. Team building and Leadership Skills.

Gospel Chapel Youth Group

Ages 13-18 Wednesday and Friday nights. Starts in September and ends in June.

Dan Mac-Gillivray P: 250-567-3107

Gospel Chapel AWANA

AWANA welcomes children grades K-6! Clubbers play games, memorize scripture, earn rewards, and build pine derby cars!

Wed @ 5:45-7:45 Sept to April. Register Sept 11

P: 250-567-3107

Northside Church Youth Group

Ages 13-18. Open to all youth. Meets Fridays from September to June for worship, fellowship, Bible study and community events. Contact Northside Church.

P: 250-567-9335

St. Joseph's Youth Group

Everyone welcome 13-18. Meets twice a month. Sports, hikes, canoeing, Camp Maurice, potluck. Diocese in Youth Conference in Spring and Reach Outlook Retreat in fall. Lorraine Thibeault

P: 250-567-2742



Animals & Agriculture



AGRICULTURE

Vanderhoof 4-H

“Learn to do by doing” The four H’s are head, heart, health and hands. Public speaking demonstrations, speak and show and educational displays. Members have projects ranging from beef animals to photography which they show on Achievement Day at the Nechako Valley Exhibition!

Whitney and Christine Moutray

P: 250-567-2763 or cmoutray@uniserve.com

Nechako Dairyman’s Association

Alan Martens P: 250-567-5189

Box 2095, Vanderhoof, BC V0J 3A0

Nechako Valley Regional Cattlemen’s Association

Provides support for the cattle industry & gives input into the BC Association.

Roland Bowman, Director P/F: 250-567-5033

Alex Kulchar, Treasurer

Nechako Valley Exhibition Society

The Nechako Valley Exhibition Society is a non-profit society. The Society is run by an Executive Board and has a general membership. If you have an interest in any aspect of agriculture and want to get involved in the community including the Annual Fall Fair, please become a member or volunteer of the NVE Society.

P: 250-567-3011

nves@nvesociety.com



The cattle ranching is a common farming practice in the Nechako Valley, due to our good pasture land and excellent hay production.

HORSES

Bits N Boots

Riding Lessons and Equestrian Day Camps.

Courtney Vala P: 250-567-7976

courtney@rockyhillranch.ca

www.rockyhillranch.ca

Nechako Valley Team Roping Club

Ray Sayles P: 250-567-9813

Box 1898, Vanderhoof, BC V0J 3A0

Northern BC Quarter Horse Association

Deanna Reimer P: 250-567-4492

<http://www.bcqha.com/nbcqha/>

Omineca Pony Club

The Omineca Pony Club is a tri-community club including Fort St. James, Vanderhoof and Fraser Lake. Dedicated to teaching children (Ages 7-21) how to care for their horses, stable management, flatwork, jumping and cross-country.

Rebecca O’Meara, District Commissioner

P: 250-567-2876 omeara@telus.net

Debbie Jordan, Regional Chair jdjordan@telus.net

Randy Ophus Performance Horses

Western training for reining, pleasure, working cow horse, cattle penning and trail riding. Lessons and clinics in Western riding. Randy also raises and sells horses, and stallions for stud.

Randy Ophus P: 250-567-4269

ubarpaints@uniserve.com

www.roperformancehorses.com

Riverside Stables

Short-term or long-term horse boarding facility (monthly or drop-in rates); indoor/ outdoor arena; stalls & pens, hay storage area, open for clinics and riding groups.

Barbara Jean P: 250-570-7006

West end of Douglas Street

Yellowhead Draft & Driving Horses Association

Heavy light driving draft horses participate in plow match, pulls and other events at the Fall Fair. Offers sleigh rides and Canada Day wagon rides. Regular meetings.

P: 250-690-8238

YellowheadDDHA@gmail.com

www.yellowheadddha.com





Animals & Agriculture

VETERINARY CLINICS

Nechako Valley Animal Health Clinic

Dr. Cori Stephen & Dr. McIlwain

P: 250-567-4532 F: 250-567-4537

info@nvahs.com

11879 Braeside Road, Vanderhoof V0J 3A2

Vanderhoof Veterinarian Clinic

Dr. Doug Ebbott

P: 250-567-4694 F: 250-567-4319

2648 Burrard Ave, Vanderhoof

WILDLIFE

BC Trappers Association

Gerd P: 250-567-4055

Ducks Unlimited

1-800-665-3825

Rocky Mountain Elk Foundation

Ken Kristianson P: 250-567-2926

Box 941, Vanderhoof, BC, V0J 3A0

Vanderhoof Fish and Game Club

The Vanderhoof Fish & Game Club holds meetings at NVSA clubhouse one Wednesday a month from 7-9pm. The Vanderhoof Fish & Game Club is involved in a number of conservation projects. For more information go to Nechako Valley Sporting Association in Recreational Facilities section.



The observation tower at Riverside Park is an excellent place to view wildlife and birds during the spring and fall migrations though Vanderhoof.





Emergency

9-1-1

9-1-1 is a 24 hour 365 day a year service, and there is language interpretation in 170 languages.

In the unfortunate case that you need to call 9-1-1, here are a few helpful tips:

- When you call 9-1-1 they will ask if you need “police” “fire” or “ambulance” know which one you are needing. Your call will be redirected.
- Stay on the line and follow the instructions given.
- Know your location. They will confirm or ask for your location, especially if you are using a cell phone.
- Remain calm, the call-taker is trained to ask specific questions, the information you provide is vital.
- Don’t hang up, even if you dial accidentally. They will not know if you are okay, and will send emergency personnel anyway.
- Make sure your street address is clearly visible from the street. Having your address both on your house and at the end of the driveway will help responders know they are in the right location.
- Teach your children to use 9-1-1 properly. Never give old cell phones to children to play with, even if they no longer have a plan 9-1-1 will work anyway.

The 9-1-1 service is provided by the Regional District of Bulkley Nechako.

If you have questions please contact them at 1-800-320-3339.

MEDICAL EMERGENCY

Ambulance

BC Ambulance Service

Lane Smith, Acting Chief

P: 250-567-9039 F: 250-567-9616

Box 1459, Vanderhoof, BC V0J 3A0 148 Columbia Street E

Offers pre-hospital care and transportation to the nearest hospital.

Hospital

St. John Hospital

P: 250-567-2211 F: 250-567-9713

3255 Hospital Road

www.northernhealth.ca

The hospital offers medical treatment with 33 beds, 24-hour emergency medical services, and a home support service.

Poison Control

Available 24 hours 1-800-567-8911

Child Abuse

P: 250-567-6347

Ministry of Child and Family Development, 160 Columbia Street

East

Offers protection, resources, and youth probation.



Emergency

CRIME EMERGENCY

POLICE - RCMP

P: 250-567-2222 F: 250-567-2747

S/Sgt Dave Beech

Box 650, 181 Columbia Street W

After hours calls are routed through the Prince George detachment, which then dispatches local officers on duty in Vanderhoof. There is an emergency call box at the front door.

Cluculz Lake Citizens on Patrol

Corporal Marion Davis, Police Liaison

P: 250-567-2222

Crimestoppers

1-800-222-8477

Constable Chris Brown, President

P: 250-567-2222

Box 650, Vanderhoof, BC V0J 3A0

Membership is open to the general public. Fees are paid by local businesses. Members organize fundraising and coordination of payouts for tips given to Crimestoppers.

FIRE EMERGENCY

Vanderhoof Volunteer Fire Department Emergency

Non Emergency P: 250-567-2616

Joe Pacheco, Fire Chief P: 250-567-7755 (c)

Box 900, Vanderhoof, BC V0J 3A0, 2230 Nechako Ave

The fire fighters also volunteer for the Auto Extrication Association.

Forest Fire Reports

1-800-663-5555

OTHER EMERGENCIES

Nechako Valley Search & Rescue

Chris Mushumanski, President

P: 250-567-5194 (h) or 250-567-0972 (c)

Box 378, Vanderhoof, BC V0J 3A0

Offers wilderness and survival training in preparation for the search and rescue of individuals in Vanderhoof and area. Manages ground search under direction of the RCMP. You must be 16 years or older to join this volunteer crew.

Provincial Emergency Preparedness (P.E.P.)

Joe Pacheco, Municipal Coordinator

P: 250-567-2616 (Fire Hall) or 250-567-7755 (c)

Emergency Fire line: 9-1-1

Fire Hall, 2230 Nechako Avenue, Box 900

Municipal Office during business hours P: 250-567-4711

The P.E.P. acts as a liaison between the Auto Extrication Society, ground and air search and rescue groups, and the municipal and provincial governments in the planning of and response to disasters. They are responsible for the preparation and updating of municipal emergency response plans. The P.E.P. also offers training to interested individuals.

Conservation Officer

Cam Hill

Doug Forsdick

P: 1-800-663-9453

The Vanderhoof Volunteer Department attending to a call of a building on fire.





Medical, Health & Wellness

HEALTH INFORMATION LINE

P: 1-800-465-4911 or 811

PHYSICAL CARE SERVICES

Be sure to check the Chamber of Commerce for a list of health and wellness related businesses in Vanderhoof, for massage, Reiki and yoga instruction.

Chiropractor, Dr. David Wheatcroft

P: 1-877-561-1916

2353 Burrard Avenue

(in Vanderhoof Tuesdays & Thursdays only)

Chiropractor, Dr. Megan Olver

P: 250-570-1925

2436 Church Avenue

Registered Massage Therapist

Carolyn Krawczyk P: 250-567-9603

1604 Markay Drive, Vanderhoof, BC

River Valley Massage

Kelsey Rehmann, Registered Massage Therapist

P: 250-944-0156

Vanderhoof Physiotherapy and Wellness Service

Richard Van Erp P: 250-567-5211

402 Northside Road, Vanderhoof, BC

Vanderhoof Registered Massage Therapy

Stan Giesbrecht, Registered Massage Therapist

P: 250-567-6994 stan@vrmt.ca www.vrmt.ca

423 – 7th Street West (west of Nechako Avenue)

DENTAL

Dr. Chun Wong

P: 250-567-2144 F: 250-567-2161

153 Stewart Street East

Nechako Valley Dental Clinic

P: 250-567-5797 F: 250-567-5796

240 Stewart Street West

Vanderhoof Dental Health Centre

Dr. Paul Collard & Dr. Winnie Chan

P: 250-567-9226 F: 250-567-3340

dentalhealth@uniserve.com www.vanderhoofdental.com

140 Victoria Street West

CLINICS, HOSPITALS & SPECIALTY SERVICES

St. John Hospital

The hospital offers medical treatment with 33 beds, 24-hour emergency medical services, and a home support service.

P: 250-567-2211 F: 250-567-9713

3255 Hospital Road, Vanderhoof, BC V0J 3A0

www.northernhealth.ca

Omineca Medical Clinic

Provides medical clinic services with 12+ doctors on staff.

P: 250-567-2201 F: 250-567-2105

3348 Hospital Road, Vanderhoof, BC V0J 3A2

Breast Cancer Association

P: 1-800-561-6111

Canadian Hearing Care

Vanderhoof Clinic, Thursdays 9:00 am – 3:00 pm

M-188 Stewart Street East (in the Co-op Mall)

P: 250-567-5101

Prince George Clinic 1-800-665-7151

Candy Stripers

Edna Oryshchuk

P: 250-567-9759 eoryshchuk@telus.net

Health Station, Saik'uz First Nation (Stoney Creek)

Health and community services are provided here on the Stoney Creek Reserve.

Community Health Worker P: 250-567-9773

F: 250-567-5491

135 Joseph Street, Stoney Creek, BC V0J 3A1

Health Unit, Northern Interior

Offers community health services such as public health inspections, speech therapy, home care, long term care, and community nursing services (including pre-natal classes, travel shots, breast-pump rentals, STD testing and treatment).

P: 250-567-6900 F: 250-567-6170

3299 Hospital Road, Vanderhoof, BC V0J 3A2

www.northernhealth.ca

Heart & Stroke Foundation of BC and the Yukon

Money is raised for research, public education and information. They hold a door-to-door campaign, Big Bike challenge, and blood pressure drive. Area schools participate in Jump Rope for Heart.

www.heartandstroke.com





Medical, Health & Wellness

Hospice/Palliative Care

Support for people experiencing grief and loss.

Julie Hudson, Hospice Co-ordinator

P: 250-567-8152

Meals on Wheels

Meals on Wheels is a volunteer service provided to those who would like assistance with their main meal five days per week. Co-sponsored by St. John Hospital and Nechako Valley Community Services Society. Volunteers are always welcome.

NVCSS P: 250-567-9205 F: 250-567-3939

Mental Health and Addictions Community Program

Offers individual assessment and ongoing counselling.

P: 250-567-5994 F: 250-567-6171

After Hours or Emergency Line: (250) 567-0643

3299 Hospital Road, Vanderhoof, BC V0J 3A2 (Health Unit)

www.northernhealth.ca

Nechako Valley Community Services Society

PROGRAMS: Riverside Place, NVCSS Mobile Work Crew, Nechako Valley Organics, and Community Living Programs. Nechako Valley Community Services Society is dedicated to supporting children, families and individuals, including youth, adults and seniors, in order to promote and support independence and confidence in managing their daily lives while respecting the cultural diversity of our communities. Nechako Valley Community Services Society is committed to offering quality and cost effective programs intended to maximize the independence of the individual, the family and their support systems. These programs are not intended to relieve clients of functions they can and should assume for themselves.

P: 250-567-9205 F: 250-567-3939

157 Victoria Street West

info@nvcss.ca

Omineca Safe Home Society

No fees involved. The society is open to women and children, offering a safe home to those leaving abuse and in times of transition. Meetings are held when announced; call between 9am - 4pm for more information.

P: 250-567-9959 F: 250-567-5022

safehome@universe.com

Box 1126, Vanderhoof, BC V0J 3A0

2501 Church Avenue

Speech & Language Services

Early intervention therapy services (ages birth to 6 years) and school based therapy services provided by Early Intervention Services, College of New Caledonia, Lakes/Nechako Districts. Therapy services include occupational therapy, physical therapy and/or speech language pathology.

P: 250-567-6164

Victims/Witness Assistance Program

Barb Quinlan P: 250-567-4084

PRENATAL & CHILDBIRTH

See Daycare and Childhood Service section for more children's programs.

Earlybird Prenatal Classes

Join as soon as you know you are pregnant. Info on your changing body, fetal development, common discomforts of pregnancy, lifestyle issues, relaxation techniques and introduction to breastfeeding.

Fee: \$40 per couple

When registering for your prenatal class:

- 1) Know your due date
- 2) Attend Earlybird classes as soon as you know you are pregnant
- 3) Completion of the Childbirth class should be approximately one month before your due date.

P: 250-567-6900

Here's Baby... Now What?

Meets every Thursday 10am-11am at the Health Unit. For parents with children under 7 months of age.

P: 250-567-6900





Daycare & Childhood Services

DAYCARES

Chatterbox Corner

Licensed daycare centre, Ages 2 and up.
Kristen Churchill, ECE P: 250-567-5134

Dot's Tot Stop

Licensed daycare centre, ages 2 and up. Open year round.
Dorothy Denis P: 250-567-9756 or 250-570-1952
310 W. Douglas Street

L'il Rascals Daycare

Licensed daycare centre, all ages.
Chelsi Sabbe P: 250-567-2453
chelsisabbe@hotmail.com
2892 Riverview Drive

SaiK'uz Daycare

Infants, toddlers, Ages 3-5. Open year round except Christmas.
Karen George P: 250-567-2122
133 Joseph Street, Stony Creek, V0J 3A1

The Kangaroo Pouch Daycare

Licensed daycare centre, Child Care Certified, First Aid Certified.
Children of all ages welcome. Includes nutritious meal and snacks,
regular exercise and fresh air.
Jacqueline Smedley P: 250-567-5181

Vanderhoof YMCA Childcare

Licensed daycare centre, Child Care Certified, First Aid Certified.
Toddlers age 3-5. Our staff are licensed ECE and ECE assistants.
P: 250-562-9341
www.nbcy.org/child_care/vanderhoof_childcare.php

Children enjoy playtime during one of the many children's programs offered in Vanderhoof.

EARLY CHILDHOOD PROGRAMS

3-5's Storytime

Stories and interactive rhymes designed to nurture your child's love of books and the library. Child participates in storytime session while parent waits in the library.

Vanderhoof Public Library
P: 250-567-4060

Moms & Babies Drop-in Group

P: 250-567-6900 F: 250-567-6170
3299 Hospital Road

Rhymes & Songs Early Literacy Program

Parents, babies and young children will learn interactive rhymes stories, and songs for use at home.

Vanderhoof Public Library
P: 250-567-4060

StrongStart Centre

Learning through Play! Free drop-in early learning program open to all families with children 0-5 years. Parents Stay and Play! Program starts in September and throughout the school year at W.L. McLeod. Monday, Tuesday, Thursday and Friday 9am-12pm, Wednesdays 3-6pm.

Patricia Williamson P: 250-567-2267
patstrongstart@hotmail.com



Education

POST-SECONDARY EDUCATION

College of New Caledonia

Fees vary per course of instruction. Provides adult education from basic literacy to university transfer, including vocational and professional development.

P: 250-567-3200 F: 250-567-3217

nechako@cnc.bc.ca

3231 Hospital Road, Vanderhoof, BC V0J 3A2

ADULT LEARNING

Adult Education

P: 250-567-4413 F: 250-567-4639

Ernie Mannering, Principal emannering@mail.sd91.bc.ca

Box 129, Vanderhoof, BC, V0J 3A0

Nechako Adult Learning Centre

P: 250-567-4744

Lynn Maksymchak, Principal

lmaksymchak@mail.sd91.bc.ca

3231 Hospital Road, Vanderhoof, BC V0J 3A2

DISTANCE EDUCATION

E-Bus Academy (K-12)

Distance learning via computers for students from Kindergarten through Grade 12 (including adults).

P: 250-567-4413 F: 250-567-3943

Brian Naka, Principal bnaka@sd91.bc.ca

Brian Cross, Vice Principal bcross@sd91.bc.ca

www.ebus.ca

Postal Bag 8000, Vanderhoof, BC V0J 3A2 (WL McLeod School, 187 Victoria Street East)

SCHOOL DISTRICT NO. 91

Nechako-Lakes School District Office (No. 91)

P: 250-567-2284 F: 250-567-4639

Charlene Seguin, Superintendent

cseguin@mail.sd91.bc.ca

Darlene Turner, Secretary/Treasurer

dturner@mail.sd91.bc.ca

Box 129, Vanderhoof, BC V0J 3A0, 153 Connaught Street

www.sd91.bc.ca



The College of New Caledonia (CNC) offers a wide range of skills based education and training for the many trades and growing industries in the area, including mining and forestry. CNC also offers university transfer courses, provincial and federal certification courses, as well as one-day workshops for the hobbyist.





Education

PUBLIC SCHOOLS

Evelyn Dickson Elementary School (K-7)

P: 250-567-2258 F: 250-567-9392

Mark Gauthier, Principal mgauthier@mail.sd91.bc.ca

1850 Riley Avenue, Box 1970, Vanderhoof

Mapes Elementary School (K-7)

P: 250-567-4341 F: 250-567-5136

Rhonda Togyi, Principal rtogyi@mail.sd91.bc.ca

14907 Mapes Road, Vanderhoof

Nechako Valley Secondary School (8-12)

P: 250-567-2291 F: 250-567-2123

Lynn Maksymchak, Principal

lmaksymchak@mail.sd91.bc.ca

Gordon Cogan, Vice Principal gcogan@mail.sd91.bc.ca

2608 Bute Avenue, Box 950, Vanderhoof

Prairiedale Elementary School (K-3)

P: 250-567-2319 F: 250-567-5907

Lauretta Hunter, Principal Lhunter@sd91.bc.ca

8585 Loop Road, Vanderhoof

Sinkut View Elementary School (4-7)

P: 250-567-5133 F: 250-567-4765

Wade Fitzpatrick, Principal wfitzpatrick@mail.sd91.bc.ca

3348 Sinkut View Road, Vanderhoof

Valhalla High School (11-12)

An alternate school system for Grade 11 & 12 students.

P: 250-567-9028 F: 250-567-5768

Lynn Maksymchuk, Principal

lmaksymchuk@mail.sd91.bc.ca

Gordon Cogan, Vice Principal – gcogan@mail.sd91.bc.ca

2540 Church Street, Box 950, Vanderhoof

W.L. McLeod Elementary School (K-7)

Dual track school with English and French Immersion Programs.

P: 250-567-2267 F: 250-567-5791

Libby Hart, Principal lhart@mail.sd91.bc.ca

187 Victoria Street E, Box 559, Vanderhoof

PRIVATE SCHOOLS

Nechako Christian School (1-12)

Individualized Christian curriculum for Grades 1 through 12.

P: 250-567-2806 F: 250-567-5995

767 Loop Road, Box 145, Vanderhoof

Northside Christian School (1-12)

Regular provincial curriculum in a Christian setting (ACE for Grades 1 & 2).

P: 250-567-9335 F: 250-567-9332

3337 Voth Road, Vanderhoof

nsschool@telus.net

Vanderhoof Mennonite Church School (1-10)

Tuition is financed by the church, and includes Grades 1 through 10.

P: 250-567-4011 F: 250-567-3846

1143 Derksen Road, Vanderhoof



These students are performing in their school play at W. L. McLeod Elementary School. Performing arts, a band program, extracurricular sports, and sport oriented education plans, are all programs offered from the various public schools in Vanderhoof.

All public schools can be viewed online at www.sd91.bc.ca.



Government

NATIONAL

Government of Canada

1-800-O-Canada (622-6232)
www.canada.gc.ca

PROVINCIAL

Government of BC

Enquiry BC 1-800-663-7867
www.gov.bc.ca

LOCAL

MP – Dick Harris

Conservative Member of Parliament for the Federal Riding of Cariboo-Prince George.

P: 1-800-668-4282 harrir1@parl.gc.ca

Jeanne Clough, Executive Assistant
Soraya Sorensen, Consitutuency Assistant

In Prince George: 206-575 Quebec St, Prince George, BC V2L 1W6

P: 250-564-7771 F: 250-564-6224

Theresa Bell, Executive Assistant

In Ottawa: Room 606, Justice Building, Ottawa, ON K1A 0A6

P: 613-995-6704 F: 613-996-9850

MLA – John Rustad

Liberal Member of the Legislative Assembly for the BC Riding of Prince George-Omineca.

john.rustad.mla@leg.bc.ca

In Vanderhoof: 183 First Street P: 250-567-6820 F: 250-567-6822

In Prince George: 5083 Domano Blvd., Prince George, BC V2N 5E1 1-877-964-5650 F: 964-5655

In Victoria: East Annex, Parliament Buildings, Victoria, BC V8V 1X4

P: 250-953-4892 F: 250-356-5471

District of Vanderhoof (Municipal Office)

Maintains public works, roads, streets, water, sewer, garbage, and utilities.

P: 250-567-4711 F: 250-567-9169

Joseph Ukryn, Chief Administrative Officer – info@district.vanderhoof.ca

Box 900, Vanderhoof, BC V0J 3A0 160 Connaught Street

Regional District of Bulkley-Nechako

Provides a wide variety of services to rural areas, including rural planning and development, waste disposal and weed control.

P: 1-800-320-3339 F: 250-692-3305

Jerry Peterson, Area Director – inquiries@rdbn.bc.ca

www.rdbn.bc.ca

Box 820, Burns Lake, BC V0J 1E0 492 Highway 16

Saik'uz First Nation

The Stoney Creek Reserve and Saik'uz First Nation is located 15 km south of Vanderhoof on Kenney Dam Road.

P: 250-567-9293 F: 250-567-2998

135 Joseph Street, Vanderhoof, BC V0J 3A1



Councillor Levy prepares to cut the cake during the annual District of Vanderhoof and Chamber of Commerce community appreciation picnic.



Government



Agriculture, Ministry of

Supporting, nurturing, and defending northern agriculture.

P: 1-800-334-3011 or 250-565-7200

F: 250-565-7213

Denise McLean, Resource Development
Agrologist

Mark Yawney, Land Development Agrologist/
Regional Manager

Brent Barclay, Resource Stewardship Agrologist
Suite 815, #299 Victoria Street, Prince George,
BC V2L 5B8

www.gov.bc.ca/al

Canada Post

P: 250-567-4321

192 Stewart Street W, corner of Church Street,
Vanderhoof, BC

Children & Family Development, Ministry of

P: 250-567-6347

Liza Wigmore, Supervisor of Administrative
Services

Dayna Miles, Team Leader

Box 830, Vanderhoof, BC V0J 3A0
160 Columbia Street E

Conservation Officer

P: 1-800-663-9453

Courts – Vanderhoof

P: 250-614-2700 (Prince George number)

Forests, Lands and Natural Resource Operations, Ministry of

P: 250-567-6363

Box 190, 1522 Hwy 16 E, Vanderhoof, BC
www.gov.bc.ca/for/

Housing, BC

Housing and Social Development.

P: 1-800-667-1235

www.bchousing.org

Employment and Income Assistance

P: 1-866-866-0800

160 Columbia Street E, Vanderhoof, BC

Marriage Commissioner (Ministry of Health)

Penny Swales

P: 250-567-3966

7317 Birch Road, Vanderhoof, BC

pswales@sinkutwireless.ca

Ombudsman of BC

1-819-943-1971

1-800-567-3247

F: 819-953-5857

Parks, Provincial

Campground Reservations:

P: 1-800-689-9025 or

www.discovercamping.ca

Park information:

www.env.gov.bc.ca/bcparks

Public Works Department

Paul Carver, District of Vanderhoof

Superintendent P: 250-567-4611

250 Second Street W, Vanderhoof, BC

Road Conditions

Drive BC

P: 1-800-550-4997

Road Hazard Reporting

P: 1-800-667-6636

Service BC – Government Agent

Provides information about
government programs and
accepts payments to the
provincial government.

P: 250-567-6301

F: 567-6303

Box 1459, Vanderhoof, BC V0J
3A0

189 Stewart Street E

[www.governmentagents.gov.
bc.ca](http://www.governmentagents.gov.bc.ca)

Service Canada (formerly Human Resource Centre)

This centre is open to the
general public providing
information on employment
services, counselling, and
Employment Insurance.

P: 250-567-4795

F: 567-9418

Box 1460, Vanderhoof, BC V0J
3A0

189 Stewart Street E

www.servicecanada.gc.ca



Seen from the south shore of
Nulki Lake on Saik'uz First
Nation Reserve land, Sinkut
Mountain is the single
highest peak seen from
Vanderhoof and Saik'uz. The
views from the top of Sinkut
Mountain are amazing and
far reaching.



'Green' Community



Nechako Healthy Community Alliance

The Nechako Healthy Community Alliance (NHCA) is an umbrella, non-profit society for groups working towards sustainable living in the Nechako Valley and surrounding areas. In addition to being the legal, non-profit entity for its member groups, NHCA acts as a 'collaboration coordinator.' All groups under the NHCA umbrella are striving to promote sustainable living in the Nechako Valley and surrounding areas. Currently both the Nechako Valley Food Network and the Nechako Waste Reduction Initiative are member groups of the NHCA.

P: 1-866-279-9733

exec@nechakohca.ca

www.nechakohca.ca

FOOD SECURITY

Nechako Valley Food Network

The Nechako Valley Food Network (NVFN) comprises a group of volunteers whose mission is to promote the growth and distribution of local agricultural products in the Nechako Valley, and to educate and aid individuals to grow and eat their own produce in an environmentally sound way. Initiatives include the Community Garden, Local Food Producers Directory, and a Bulletin Board in the Coop Mall. New members welcome!

P: 1-866-279-9733

bytes@nvfoodnetwork.ca

www.nvfoodnetwork.ca

Community Garden

An initiative under the Nechako Valley Food Network, in partnership with SD #91, the community garden provides both a space for individuals and families to grow their own food, as well educational and training opportunities for students and adults.

Maya P: 250-567-2194

Farmers' Market

The Farmers' Market runs from June to mid October, Thursdays 11-3

Joni Walker, Market Manager

vanderhooffarmersmarket@gmail.com

Ministry of Agriculture

Supporting, nurturing, and defending northern agriculture.

P: 1-800-334-3011 or 250-565-7200 F: 250-565-7213

Denise McLean, Resource Development Agrologist

www.gov.bc.ca/al

Mark Yawney, Land Development Agrologist/Regional Manager

Brent Barclay, Resource Stewardship Agrologist

Suite 815, #299 Victoria Street, Prince George

RECYCLING

Bottle Depot

Owned by Nechako Valley Secondary School and run by volunteers. All proceeds go to high school or youth activities. Takes all empty drink containers, milk and milk substitute containers as well as all paint cans.

P: 250-567-4059 F: 250-567-2123

Hours of Operation:

Mon, Tues, Fri, 11am – 5pm; Saturday, 10am – 5 pm

293 Third Street East, corner of Nechako Avenue

Nechako Waste Reduction Initiative

The Nechako Waste Reduction Initiative (NWRI) is a group of volunteers whose mission is to initiate and support effective ways to reduce waste in our community. The Earth Day community clean up, paper & cardboard recycling, milk container recycling and local green events are a few of the projects NWRI has helped to facilitate. Email the NWRI to learn more about their Green Event Kits available to any group in the community.

Vince Terstappen P: 250-944-0223

nechakowri@gmail.com

www.nechakowri.ca

Oil Recycling

Clarence Friesen, General Manager P: 250-567-4488

P: 1-888-545-2667

277 First Street West, Vanderhoof

Recycling Hotline

Provides referrals and information about recycling. See website for resource material, event listings, and contact information.

P: 1-800-667-4321 F: 604-683-7255

rbc@rbc.bc.ca

www.rbc.bc.ca

Suite 10, 119 W Pender Street, Vancouver, BC V6B 1S5

Vanderhoof Farmers Market.





Housing

VANDERHOOF

A & J Apartments
371 W 4th Street & 394 W 3rd Street
P: 250-567-9908
Between Nechako Ave & Clark

Burg's Apartments
160 W Victoria Street
P: 250-567-4407
Behind dental clinic on Victoria

Burrard Apartments
131 Louvain Street
(corner of Burrard)
P: 250-567-9128
across from St. Joseph's Church

Columbia Place Apartments
325 W Columbia
near Ferland Park

McIntosh Apartments
Phone: 250-364-3376 or 250-567-2500

Hospital Rd
Behind medical clinic

Riverglen Townhouses (BC Housing)
153 E Douglas Street
Phone: 250-562-9251
Near W.L. McLeod School

Rivers Edge Apartments
371 Douglas Street West
P: 250-567-3336, 250-570-9161 or 250-570-9151
West end of Douglas Street

Silvermill Court
447 Silvermill Road
P: 250-567-4208
Near Coach Light Motel

Stewart Manor
2520 Recreation Avenue
P: 250-567-2376
near Gospel Chapel

Sunny Slope Apartments
176 Northside Road
North side of river, turn east off bridge

Victoria Manor
567 E Victoria Street
P: 250-567-4048

Voth Apartments
Louvain St & Lampitt Ave
P: 250-567-9128
Near Riverside Place

Nechako Villa Trailer Court
252 E 4th Street
P: 250-963-8242
Turn off PG Hill at 4th Street

Omineca Mobile Home Park
457 Vanderview Drive
P: 250-564-5380
Turn onto Vanderview Drive from Northside Road

Spruce Grove Trailer Park
Highway 16
Up PG hill

Sunny Slope Trailer Court
176 Northside Road
North side of river, turn east off bridge

SENIORS HOUSING

Nechako View Seniors Home Society
Loop Road
P: 250-567-4853 (John Murphy)
Provides low cost housing for seniors.

Fehrvue Manor
E Victoria Street
P: 250-567-4263
Independent living

Riverside Place
(formerly Omineca Lodge)
Louvain Street
P: 250-567-5344
Assisted living.

Stuart Nechako Manor
3277 Hospital Road
P: 250-567-2013
Long-term care.

FORT FRASER-FRASER LAKE

Endako Mine Apartments
125 Endako Avenue

Endako Mine Trailer Court
44 Endako Avenue

Coachman Manor
44 Nadina Crescent

Brown Apartments
129 Laird Street

Black Apartments
565 Mouse Mountain Drive

Almond Manor
83 Nadina Crescent

BC HOUSING

P: 1-800-667-1235
Find information and application forms at www.bchousing.org
Employment and Income Assistance
P: 1-866-866-0800
160 Columbia Street W
Housing and Social Development





Internet & Media

PUBLIC INTERNET ACCESS

Community Futures

Usage fees.

P: 250-567-5219

2750 Burrard Avenue

Hours: Mon-Fri: 8:30am-4:30pm; Closed 12:00-1:00pm

Neighbourhood Space

P: 250-567-4879

183 First St. W. (Hwy 16) next to Subway

Hours: Mon, Wed, Fri: 10-6pm; Tue & Thu: 3-6pm

North Country Inn Restaurant

\$5/hour.

P: 250-567-3048

2625 Burrard Avenue

Hours: 7:00am – 10:00 pm Daily

OK Café

\$3/30min or \$2/15min. SEASONAL.

P: 250-567-5262 478 First Street West

Riverside Park

Wi-Fi available.

Turn left into the park from Burrard St before the bridge.

Vanderhoof Public Library

FREE (½ hour per day).

P: 250-567-4060 230 Stewart Street East

Hours: Tues: 10-5 pm; Wed: 10-5pm & 6:30-8:30pm;

Thur: 10-5pm, Fri: 10-6pm; Sat: 10-5pm

Woody's Bakery

\$3/15min. SEASONAL.

P: 250-567-9414

153A Stewart Street East)

Hours: Tues-Sat 8:30am – 5:30 pm

NEWSPAPERS

Northern Light

Northern Light is produced once a month and provides community events, entertainment, and advertisements.

Don Sukkau P: 250-567-4299 F: 250-567-5537

Toll Free 1-888-288-6098

449 Redfern Drive

www.3telus.net/nlnews

nligh@telus.net

Omineca Express

A weekly local newspaper that is distributed on Wednesdays.

P: 250-567-9258 F: 250-567-2070

www.omincaexpress.com

advertising@omincaexpress.com

Box 1007, Vanderhoof, BC V0J 3A0 150 Columbia St W

Stuart Nechako Advertiser

A free regional newspaper that is distributed on Fridays.

P: 250-567-9258 F: 250-567-2070

www.bcclassifieds.com

Box 1007, Vanderhoof, BC V0J 3A0 150 Columbia St W

Take A Gander

Produced 5 days a week and offers sports, community announcements, and free classifieds.

Rod Nelson – P/F: 250-567-9422

thegander@telus.net

Box 648, Vanderhoof, BC V0J 3A0

RADIO

94 X FM

Main reception P: 250-564-2524 F: 250-562-6611

Advertisements P: 250-847-2521

onair@94xfm.com

www.94xfm.com

CBC Radio-Canada - 96.7 FM

CIAM-FM 98.5 (The Light)

The best in Community Radio. Bringing Good News to Central BC. Serving Vanderhoof and surrounding rural area with local news, weather, local interviews, and community announcements. Solely funded by charitable donations.

thelight98.5@gmail.com

www.ciamradio.com

The Valley Wolf - 1340 FM(Vanderhoof) 1450 FM (Fraser Lake) 1480 FM (Fort St. James)

Serving Vanderhoof, Fraser Lake, and Fort St. James with local news, weather and sports, local interviews, advertising for businesses and community groups. Tradeo is a phone-in buy & sell service; P: 250-567-4909 for on-air broadcast, weekdays at 8:45 am, (you can also fax or email your items to sell or buy).

P: 250-567-4914 F: 250-567-4982

Megan Eccles, Morning Show Host/Programming

meccles@thevalleywolf.ca

Janey VanWinkle, Receptionist janey@thevalleywolf.ca

Box 1370, Vanderhoof BC V0J 3A0 150 Columbia St W





Services & Utilities

BANKING

CIBC

P: 250-567-2241

www.cibc.com

Telephone Banking P: 1-800-465-2422

Hearing Impaired P: 1-800-465-7401

Branch: 2391 Burrard Avenue

Integris Credit Union

P: 250-567-4737

www.integriscu.ca

Homebanking (MemberLink)

P: 1-866-554-5465

Branch: corner of Stewart Street West and Church Avenue

RBC Royal Bank

P: 1-800-769-8511 or 250-567-4776

Customer Service 24 hours

TTY Hearing Impaired P: 1-800-661-1275

Branch: 2517 Burrard Avenue

COURIER SERVICES

Daley Deliveries

Speedway Road.

P: 250-944-0038

DHL (formerly Loomis)

Pick up at Vanderhoof Department Store, 2465 Burrard Avenue

P: 1-800-call-DHL (1-800-225-5345)

Purolator

Pick up at TEKA Home Décor (Benjamin Moore Paint), 2424 Burrard Avenue

P: 1-888-ship123 (1-888-744-7123)

EMPLOYMENT

Community Futures – Stuart Nechako

Graham Stanley, General Manager

P: 250-567-5219 F: 250-567-5224

2750 Burrard Avenue

cfdcsn@telus.net www.cf-sn.ca

Employment Insurance

P: 1-800-206-7218

Service Canada

P: 250-567-4795 F: 567-9418

www.servicecanada.gc.ca

Box 1460, Vanderhoof, BC V0J 3A0

(189 Stewart Street East)

Job Vacancy Listing

www.jobbank.gc.ca

www.workbc.ca

Progressive Employment Services

8:30 am to 5:00 pm, Monday to Friday

139 1st Street East, next to A&W

P: 250-567-5785 F: 250-567-5784

info@pesl.ca

www.pesl.ca

LAWYERS

Hope Heinrich

P: 250-567-2420

2416 Burrard Avenue

Michael Reed

P: 250-567-2800

Bute Avenue across from NVSS parking lot

Wingham Law Corp

P: 250-567-2237

#300, 2375 Burrard Avenue

LAW SERVICES

Family Law Centre

P: 1-866-946-4529

Law Society of BC

P: 1-800-903-5300

Dial-a-Law

P: 1-800-565-5297

Legal Services Society – Law Line

P: 1-866-577-2525

Lawyer Referral Service

P: 1-800-663-1919

Tenants Rights Info Line

P: 1-800-665-1185

Notary Public

Carman Wheatley

P: 250-996-5060

cawheatley@telus.net

2375 Burrard Ave (Professional Building)





Services & Utilities

INTERNET & CABLE UTILITIES

See also Internet & Media Section.

Omineca Cablevision

Provides digital and cable television services as well as high-speed Internet connection.

P: 250-567-9766 or 1-800-665-7599

www.omineca.com

Box 798, Vanderhoof BC V0J 3A0, Burrard Avenue

Sinkut Wireless

Provides wireless internet.

P: 250-567-0033 or 1-866-976-3416

Box 2371, Vanderhoof, BC V0J 3A0

The Satellite Guy

Satellite TV, Satellite internet, and Internet telephone.

Terry Paton P: 250-567-0808 F: 567-2235

satellitesuperstore@gmail.com

www.thesatelliteguy.ca

Box 2060, Vanderhoof, BC V0J 3A0, 2440 Church Avenue

Telus Internet Service

P: 310-4NET (310-4638)

PUBLIC LIBRARY

Vanderhoof Public Library

Board/Multi-Purpose Room Multi-Purpose Meeting Room The Vanderhoof Library Board welcomes public use of meeting space in its facilities.

P: 250-567-4060

230 Stewart Street E

RECYCLING

See 'Green' Community Section.

STORAGE

Vanderhoof Mini & RV Storage

P: 250-567-5116

560 Spruce Street

Vanderhoof Co-op Mini Storage

P: 250-567-4414

2178 Chilco Avenue Office: Coop Admin office in Mall

TRANSPORTATION

Vanderhoof Airport

Owned by the municipality, has 3 runways and is situated 2km north of Vanderhoof on the aerial route to Alaska. CAU4 co-ordinates: Latitude (N: 54 02 46), Longitude (W: 124 00 45). Main runway Length: 5018, Width 100. Airport improvements are a priority for the District.

Seaplane Landing

Located 800m downstream from the Nechako Bridge. Good approaches in any weather.

Greyhound Canada

Greyhound Courier Express.

www.shipgreyhound.ca

188 Stewart Street (Co-op Mall)

Guardian Aerospace Flight School

Eric Stier P: 250-567-2655

professional@guardianaerospace.ca

www.gardianaerospace.ca

Charters, Sky diving

Own chutes.

P: 250-963-8771 or 1-866-567-9889

Nechako Lodge & Aviation

P: 250-412-2665

info@nechakolodge.com

www.nechakolodge.com

VIA Rail Canada Inc

P: 1-888-842-7245 www.viarail.ca

UTILITIES

BC Hydro

www.bchydro.com/getconnected

Power Outages & Electrical Emergencies

P: 1-888-POWER0 (1-888-769-3766)

Customer Service Inquiries, P: 1-800-224-9376

Pacific Northern Gas Ltd.

24 Hour Gas Emergencies, P: 1-800-663-1173

Customer Service, New Service Line Installation

P: 1-800-667-2297

Telus

www.telus.com

Mobility, P: 1-866-558-2273

Residential Sales & Service, Phone: 310-2255





Support Groups

Al-Anon

Offers support for friends and family of alcoholics.

Gayle P: 250-567-4318

Joan P: 250-567-2706

Alcoholics Anonymous

There are no fees. Offers support for recovering alcoholics or anyone who feels that drinking has become a problem to their way of life and requires help and support to accept they are powerless over this problem.

Gordon Dickson, P: 250-567-4588 (h) or
250-570-2499 (c)

www.alcoholics-anonymous.org

Box 974, Vanderhoof, BC V0J 3A0

Auxiliary, St. John Hospital

The group's focus is to raise money for the St. John Hospital and Stuart Nechako Manor to aid in the comfort of patients and to provide staff with equipment that enhances patient care.

Edna Oryshchuk, President P: 250-567-9759
3255 Hospital Road, Vanderhoof, BC V0J 3A2

CNIB (Canadian National Institute for the Blind)

Support group for the visually impaired. There are guest speakers and CNIB Employees to provide helpful instruction. There are no fees and everyone is welcome. Not open during summer.

P: 1-888-801-2642

Hospice Society

Support for people experiencing grief and loss.

Julie Hudson, Hospice Co-ordinator

P: 250-567-0623

L.D.S. Relief Society

Offers emergency help for burned out families in the community.

P: 250-567-9991

David Bigler, Bishop Blue Mountain Ward

P: 250-567-9679 (h) or 567-7847 (c)

Carl Larsen, Bishop, Vanderhoof Ward

Neighbourlink & Food Bank

Vanderhoof Neighbourlink is a ministry to the community, operated by volunteers from within the community. In addition to the Act II thrift store and other programs, a community luncheon is served every Wednesday afternoon—and this is where we get involved. As a church, we provide the weekly lunch on a rotation with other churches in Vanderhoof. If you'd like to know how you can be involved, call or e-mail the church office.

Henry Boucher, Coordinator

P: 250-567-9007 F: 250-567-9017

121 Stewart Street West

TOPS (Take Off Pounds Sensibly)

Meetings 8:30 am Wednesdays, in the basement of the Nechako Community Church (Highway 16 East). TOPS is a support group for those wanting to lose weight. Call for more information on meeting times.

Joan Jurke, Member P: 250-567-4622

8787 Taylor Road, Vanderhoof, BC V0J 3A2

Vanderhoof Stroke Recovery

Offers a support group for stroke survivors and their spouses. From the end of September through June. All family members and guests welcome. There is physio, crafts, education, speech therapy, and occasional guest speakers. If you would like to join our group, visit our group, volunteer, or make a donation, please contact Luella for details.

Luella Novak, Coordinator P: 250-441-0086

F: 250-441-0082 luella_novak@hotmail.com

6920 Meier Road West, Vanderhoof, BC V0J 3A3

Volunteer Vanderhoof & Neighbourhood Space

Get involved in your community through volunteerism! Feel free to contact us with any questions, comments, or concerns. We are located at Neighbourhood Space.

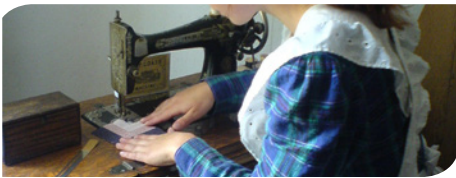
P: 250-567-4879

183 First Street West (Hwy 16) next to Subway)

Weight Watchers of Canada

P: 1-800-682-8011





Service Clubs

Elks Club of Vanderhoof

The focus of the Elks Club is to help children and the community.

P: 250-567-9085

Art Flaterud, Membership Director P: 250-567-4525

Box 704, Vanderhoof, BC V0J 3A0 474 Victoria Street East

Kinettes

All women 19 and over are welcome. Promotes fellowship and personal growth for women. The Kinettes are involved in many community service projects. They are instrumental in major annual projects such as Santa's Anonymous and the Mother's Day Craft Auction. Call for information on membership and meeting times.

Kimberli Unger, P: 250-567-2626

Kinsmen

Phone for membership fee information. Open to all men ages 19 and over. Offers fellowship and fundraising within the community.

Dan O'Connor P: 250-567-9204

Box 464, Vanderhoof, BC V0J 3A0

Knights of Columbus – Catholic Men's Group

Ed Van Dinter P: 250-567-2939

Box 1847, Vanderhoof, BC V0J 3A0

Masons

Offers Blue Lodge Shriners, Burn Unit, sponsors cancer car project. Meet on the second Tuesday of every month, except July and August.

Wilf Schneider, Secretary P: 250-567-2306

Jim Simonson, P: 250-567-2544

Terry King, P: 250-567-2472 (Res.)

wschneid@telus.net

Box 598, Vanderhoof, BC V0J 3A0

Nechako Valley Search & Rescue

Offers wilderness and survival training in preparation for the search and rescue of individuals in Vanderhoof and area. Manages ground search under direction of the R.C.M.P. You must be 16 years or older to join this volunteer crew.

Chris Mushumanski, President

P: 250-567-5194 (H) 250-567-0972 (C)

Box 378, Vanderhoof, BC V0J 3A0

Northside Women's Institute

Offers training in crafts, wills, finances, and teaches the younger generations quilting etc. Also helps with self-esteem and friendship. They support the local 4-H chapter and seniors.

Janet P: 250-567-2311

Brenda P: 250-567-9705

vds@uniserve.com

Box 249, Vanderhoof, BC V0J 3A0

Order of the Eastern Star

To join this organization, a woman must be related to a Masonic Lodge Member. Offers free cancer dressings to anyone in the province and donates to cancer research.

Judy Laramée, Worthy Matron P: 250-690-7498

1722 Loop Road, Vanderhoof, BC V0J 3A2

Sinkut Women's Institute

Provides an opportunity for interested women to become informed on a variety of family and community issues. Offers stimulation for the mind, action for the hands, and food for thought. Call for further information and for meeting times and locations.

Shelley Simrose, Chairperson P: 250-567-4437

Vanderhoof Community for Kids

Fundraising body for BC Children's Hospital. Partial proceeds from annual fundraising events go to the St. John Hospital Auxiliary to purchase pediatric equipment.

Michelle Roberge, Co-Chair P: 250-567-6930

vanderhoofcfk@gmail.com



Churches



Church of Jesus Christ of Latter Day Saints

P: 250-567-2582 (Office)

Church of God in Christ, Mennonite (Holdeman Mennonite)

P: 250-567-5551

7360 Highway 16 East (5 km east of Vanderhoof)

First Memorial United Church

First Memorial United Church is an inclusive Christian Community that seeks to minister with integrity to all people. We offer an uplifting ministry with music. Newcomers are always welcome.

P/F: 250-567-2653, 2592 Church Street
ominecapc@uniserve.com

Glad Tidings Tabernacle

A place for people to learn about God, the Bible, and how this is applicable for today's world.

P: 250-567-9100 F: 250-567-9100

Corner of Burrard Avenue & Victoria Street

Gospel Chapel

The Gospel Chapel offers worship services, Bible studies, world evangelism missions, services for meeting spiritual needs through teaching the Bible.

Shaun Wick, Senior Pastor P: 250-567-3107

F: 250-567-3177

www.thegospelchapel.ca

Kathryn Reine, Secretary – office@thegospelchapel.ca

Youth Director, Dan MacGillivray

Director of Childrens' Ministry, Tina Martens

448 Connaught Street at Rainbow Avenue

Holy Trinity Anglican Church

Our mission is to preach the gospel of Jesus Christ, to uphold the authority of the Bible as the Word of God, and to demonstrate the love of Christ for all people.

P: 250-567-6744

Rev. Roy Andrews, Priest royandrews@yahoo.ca

P: 250-567-6744

Rev. Gwen Andrews, Deacon gwencandrews@yahoo.ca

P: 250-567-6744

Evelyn Hall P: 250-567-4475

2556 Burrard Avenue

Jehovah's Witness

Dave McDonald P: 250-567-6711

Mapes Baptist Church

Our mission is to be used by God to help people become disciples of Jesus Christ and that the Bible is the only rule of faith and order. Associated with the Canadian Convention of Southern Baptists.

Delmar White, Pastor P: 250-567-4673

Sarah Bruce, Secretary P: 250-567-4345

11054 Blackwater Road, 8 km south of Hwy 16 on Blackwater Rd

Ministerial Association

The Inter-Ministerial Committee is a meeting of area church leadership for mutual cooperation and encouragement.

Rev. Roy Andrews, Chairman P: 250-567-6744

plk@hwy16.com

Nechako Christian Fellowship

Offers encouragement for people to live by Biblical principals with support through church activities and Christian School.

P: 250-567-2806 F: 250-567-5995

Pete Guenther, Pastor P: 250-567-2336

nethcs@telus.com

Youth Group, Joe Schultz P: 250-567-4547

Located on Loop Road

Nechako Community Church

Offers Sunday school for all ages, a children's program, youth groups, counselling and support groups for divorced individuals. An average of 180 people attend every Sunday.

P: 250-567-4960 F: 250-567-2983

Johnny Thiessen, Pastor office@nechakocommunitychurch.com

1393 Highway 16 East

Northside Church

Offers the belief that Jesus Christ is the son of God, and through Jesus' death and resurrection man can be saved. God is performing His work through His church and is drawing people into fellowship, meeting their needs, and changing their lives. Average of 250 people attend. Home groups, youth groups, Sunday Services at 10:30 am.

P: 250-567-2797 or 250-567-9335 F: 250-567-9332

Mark Schmidt, Pastor P: 250-567-4848

nschurch@telus.net

3337 Voth Road





Churches

Old Apostolic Lutheran Church

Offers the belief in the Triune God, the Father, Son, and Holy Ghost through the acknowledgement of the Apostolic Creed, the Nices-Constantinople and Augsburg Creeds, and the original Doctrines of Luther. There is an average of 65 to 70 people attending every Sunday.

Martin Skog, Service Administrator P: 250-567-4153

Marvin Forfar, Assistant Minister F: 250-567-9362

Sturgeon Point Road

Seventh Day Adventist Church

Michael McPherson, Pastor P: 250-562-0736

616 Nechako Avenue (Kenney Dam Road)

St. Joseph's Catholic Church

MASS TIMES: 7:15 pm Saturday, 10:00 am Sunday. Affiliated with the Stoney Creek Holy Trinity Church. MASS TIME: 12:00 noon Alpha Program (basic instruction in Christianity – open to everyone).

Father Douglas Jeffrey, O.M.I.

P: 250-567-9151 sjpastor@telus.net

Lorraine Thibeault parish@telus.net

Youth Group, Lorraine Thibeault P: 250-567-9151

Catholic Women's League, Anne Irving P: 250-567-4335

2994 Burrard Avenue

Vanderhoof Christian Fellowship

Offers a small groups, providing spiritual fellowship, worship, Bible study, and counselling.

P: 250-567-9198 F: 250-567-2064

Pastor Brad Schneck vcfemc@telus.net

Youth Group, Wes & Kim Giesbrecht

P: 250-567-2081

263 Vanderview Drive

Vanderhoof Lutheran Church

Christian teachings, liturgical worship, fellowship and discussions on the basics of Christian Faith.

P: 250-567-3802

Julie Mushumanski P: 250-567-5194

mushman@telus.net

181 Douglas Street West

Vanderhoof Mennonite Church

P: 250-567-4011 F: 250-567-3846

Jerry Wadel, Pastor P: 250-567-3046

1143 Derksen Road

Vanderhoof United Pentecostal Church

Christian fellowship; believes the Bible to be the authoritative revealer of doctrines. Qualified counselling; home Bible studies. Everyone welcome. Service time 11:00am Sunday.

Roland Griffith, Pastor

P: 250-567-5523

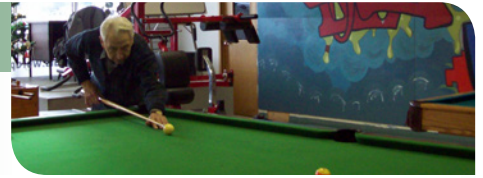
785 Highway 16 East



Inside view of the Holy Trinity Anglican Church, one of the oldest churches in the community.



Senior Resources



SENIOR CENTRES

Seniors Friendship Centre

Rentals available for wedding receptions, birthday parties and other events.

Weekly Activities

Monday: All Year 1-3pm Carpet Bowling, Pool and Snooker

Tuesday: September–April 10-11am Exercise Cardio/Strength Class

11:15am Stretch Class

Wednesday: All Year 7pm Whist-Crib-Bingo

Thursday: All Year 1-3pm Carpet Bowling, Pool and Snooker

Friday: September–April 10-11am Exercise Cardio/Strength Class

11:15am Beginners Gentle Exercise Class

Seniors Health Fair

Crafts Fair

Last Saturday of November

Oscar Walstrom P: 250-567-4582

Stoney Creek Elders Society – Potlatch House

Bernice John P: 250-567-4916

Computer skills courses and other senior based activities are offered through the Neighbourhood Space.



There are fun senior based activities year round in Vanderhoof.

HOUSING

Neckako View Seniors Home Society

Provides low cost housing for seniors. Located on Northside Road.

P: 250-567-5989

Stuart Nechako Manor

The Stuart Nechako Manor provides personal assistance, supervision and an organized program of therapeutic, health, social and recreational activities.

P: 250-567-2013

Riverside Place

Riverside Place offers subsidized apartments for low income seniors and people with disabilities who require some assistance to remain as independent as possible. Tenants must be able to manage their own care and be semi-independent as there is not 24 hour staffing in the complex.

Assisted Living:

Locked private apartment, two meals a day, housekeeping and laundry of sheets and towels once a week, lifeline emergency response system, social and recreation opportunities, and personal care (home support) services.

Supportive Housing:

Locked private apartment, one meal a day, housekeeping and laundry of sheets and towels once a week, lifeline emergency response system, social and recreation opportunities.

P: 250-567-5344



Saik'uz First Nation

Carrier Sekani Family Services

With the guidance of our Elders, Carrier Sekani Family Services is committed to the healing and empowerment of Aboriginal families by taking direct responsibilities for: health, social and legal services for First Nations people residing in Carrier and Sekani territory.

240 West Stewart Street, Vanderhoof, BC V0J 3A0
P: 250-567-2900

Carrier Sekani Tribal Council

Carrier Sekani Tribal Council (CSTC) provides political and technical support to eight First Nations who belong to the CSTC association: Burns Lake Band (Ts'il Kaz Koh First Nation) Nak'azdli Band, Nadleh Whut'en, Saik'uz First Nation, Stelat'en First Nation, Takla Lake First Nation, Tl'azt'en Nation, Wet'suwet'en First Nation.

Suite 200 - 1460 6th Avenue, Prince George, BC V2L 3N2
P: 250-562-6279
www.cstc.bc.ca

Stoney Creek Band (Saik'uz First Nation)

The Stoney Creek Reserve is located 15 km south of Vanderhoof on Kenney Dam Road.

Victor Tom, Operations Manager P: 567-9293 F: 567-2998
vtom@saikuz.com

135 Joseph Street, Vanderhoof, BC V0J 3A1

Stoney Creek Multiplex

P: 250-567-5969

720 Patrick Street, Vanderhoof, BC V0J 3A1

Stoney Creek Potlatch House

P: 250-567-4916 F: 250-567-4944

Saik'uz First Nation children celebrating National Aboriginal Day through traditional song and dance.



Meeting Rooms & Venues



Vanderhoof has a number of meeting rooms and facilities to cater events from a business meeting to a large trade fair. Consult the information and list below for details on which venue would suit your needs.

Nechako Valley Exhibition Grounds

The 42 acre Exhibition Grounds has one of Northern B.C.'s largest heated indoor riding arenas (holds 2000 people) that is lit with a built-in sound system, mezzanine (200 capacity) and a large kitchen facility.

Ground Manager P: 250-567-3011

nves@nvesociety.com www.nvesociety.com

Vanderhoof Public Library

Board/Multi-Purpose Room Multi-Purpose Meeting Room The Vanderhoof Library Board welcomes public use of meeting space in its facilities.

P: 250-567-4060

230 Stewart Street E

Stoney Creek Potlatch House and Campground

Located on Nulki Lake. Eight Cabins for rent with 2 bedrooms, three cabins with baths and running water. Camping facilities for RV's, tents, picnic area and boat launch. Available for conferences, workshops, catered events, Potlatch and community meetings. May Long Weekend Fishing Derby. Elders Bingo on Wednesday night.

Bernice John P: 250-567-4916

Stoney Creek Multiplex

Bingo, sports fundraisers, baseball, floor hockey, youth events.

P: 250-567-5969

Vanderhoof Arena

In the summer months the Arena dry floor is an ideal place to hold small or large events such as weddings, family reunions, dances, concerts, and garage sales. 200'x85' slab. Seating for 800 with tables and chairs. Large government inspected kitchen for all your cooking needs. Wheelchair accessible showers, washroom facilities. Phone for rates. The Arena Mezzanine is a large government inspected kitchen, seating for 70 with tables and chairs. Great place to hold a small get together, meeting or party year round! Call for rates. Dressing Rooms 15'x36' full washrooms and showers to rent for ball, soccer, football and rugby teams. Phone for rates year round

Shallon Touet, Arena Manager P: 250-567-4555

The Bi-Annual Vanderhoof Trade Fair held in the Vanderhoof Arena. The arena has a mezzanine that can hold up to 70 people and is outfitted with a kitchen.





Meeting Rooms & Venues

Facilities Arranged by Room Capacity	25-30 Grand Trunk Room #2 2351 Church St. P: 250-567-3188	75 Sinkut Lake Community Hall Lakes Road Shelly Simrose P: 250-567-4437	250 Elk's Hall (main hall) 474 Victoria St E. Art Flaterud P: 250-567-4525
15 Chamber of Commerce 2353 Burrard Ave. Erin Siemens P: 250-567-2124	30-35 Reid Hotel 2508 Burrard Ave. Annette Read P: 250-567-2316	80 Vanderhoof Curling Club 227 E. Stewart St.	294 Friendship Centre 219 Victoria St E. Oscar Walstrom P: 250-567-4582
15 Nechako Lodge 2500-500 Road Elizabeth Doerig Phone: 412-2665	30-40 Cluculz Lake Meeting Room Lund Road	100 Village Inn 144 Columbia St. Paul Stevens P: 250-567-4477	400 Saik'uz Multiplex Saik'uz First Nation (Stoney Creek)
15 Elk's Meeting Room #3 474 Victoria St E. Art Flaterud P: 250-567-4525	30-40 Elk's Meeting Room #2 474 Victoria St E. Art Flaterud P: 250-567-4525	100-120 Grand Trunk Room #1 2351 Church St. P: 250-567-3188	Renee or Shana P: 250-567-9293
15 North Country Inn 2625 Burrard Ave. Dirk Edel P: 250-567-3048	50 Public Library, Multi- Purpose Room 230 Stewart St. E. Front Desk P: 250-567-4060	150 Cluculz Lake Main Hall Lund Road Colleen Flanagan P: 250-567-4635	Braeside Hall Kathy Vossler P: 250-567-4437
24 x 2 Saik'uz Conference & Training Centre Saik'uz First Nation (Stoney Creek) Renee or Shana P: 250-567-9293	50 Saik'uz Potlatch House Saik'uz First Nation (Stoney Creek) Bernice Spicer P: 250-567-4916	150 Nechako Valley Exhibition #2, 4051 Northside Rd P: 250-567-3011	
25-30 Community Futures 2750 Burrard Ave. Graham Stanley P: 250-567-5219	50-80 United Church Hall 592 Church Street	180 MBS Community Hall Blackwater Road Esther Siemens P: 250-567-9387	
20 Hillview Motel 1533 Hwy 16 E. Front Desk P: 250-567-4468	70 Arena Mezzanine 345 Columbia St. Shallon Touet P: 250-567-4555	200 Saik'uz Conference & Training Centre Saik'uz First Nation (Stoney Creek) Renee or Shana P: 250-567-9293	





WELCOME to Vanderhoof:

An introduction to work and life for New Canadians.



NEW CANADIAN SERVICES

IMMIGRANT AND MULTICULTURAL SERVICES SOCIETY

1270 2nd Avenue Prince George BC V2L 3B3
250-562-2900
fax: 250-563-4852
www.imss.ca
Contact: Baljit Sheti, Executive Director
imss.pg@shawcable.com

ENGLISH AS A SECOND LANGUAGE HELP

ESLA Net
604-639-8118
www.eslanet.org/esla.html
title/headings
www.WelcomeBC.ca/LearnEnglish

TRANSLATION WEBSITE

<http://www.languagemarketplace.ca/>

WORKING IN CANADA

EMPLOYMENT:

JOB VACANCY LISTING

www.jobbank.gc.ca
www.workbc.ca

EMPLOYMENT SERVICE CENTER FOR WORK BC

250-567-5785
Fax: 250-567-5784
139 1st Street East Vanderhoof BC V0J 3A0
info@pesl.ca
www.pesl.ca

BC EMPLOYMENT ASSISTANCE PROGRAM

Toll-free: 1-866-866-0800
Service in English, French, Spanish, Farsi, and Chinese
www.mhr.gov.bc.ca/bcea.htm

SOCIAL INSURANCE NUMBER (SIN)

Service Canada
Box 1460
189 Stewart Street East Vanderhoof BC V0J 3A0
250-567-4795
Fax: 250-567-9418
Toll-free 1-800-622-6232
www.servicecanada.gc.ca

MAIL SERVICES

Post Office
Canada Post
192 Stewart St W
Vanderhoof, BC
(250) 567-4321

HEALTH SERVICES

Medical Services Plan (MSP):

Service Canada

Box 1460
189 Stewart Street East Vanderhoof BC
V0J 3A0
250-567-4795
Fax: 250-567-9418
Toll-free 1-800-622-6232
www.servicecanada.gc.ca

**you will not get your MSP for three months,
and will need to get private insurance until then.*

ST.JOHN'S HOSPITAL

250-567-2211
fax: 250-567-9713
3255 Hospital Road
Vanderhoof BC V0J 3A0
www.northernhealth.ca

OMINECA MEDICAL SERVICES

250-567-2201
Fax: 250-567-2105
3348 Hospital Road
Vanderhoof BC V0J 3A0

*9-11 services are available in Vanderhoof

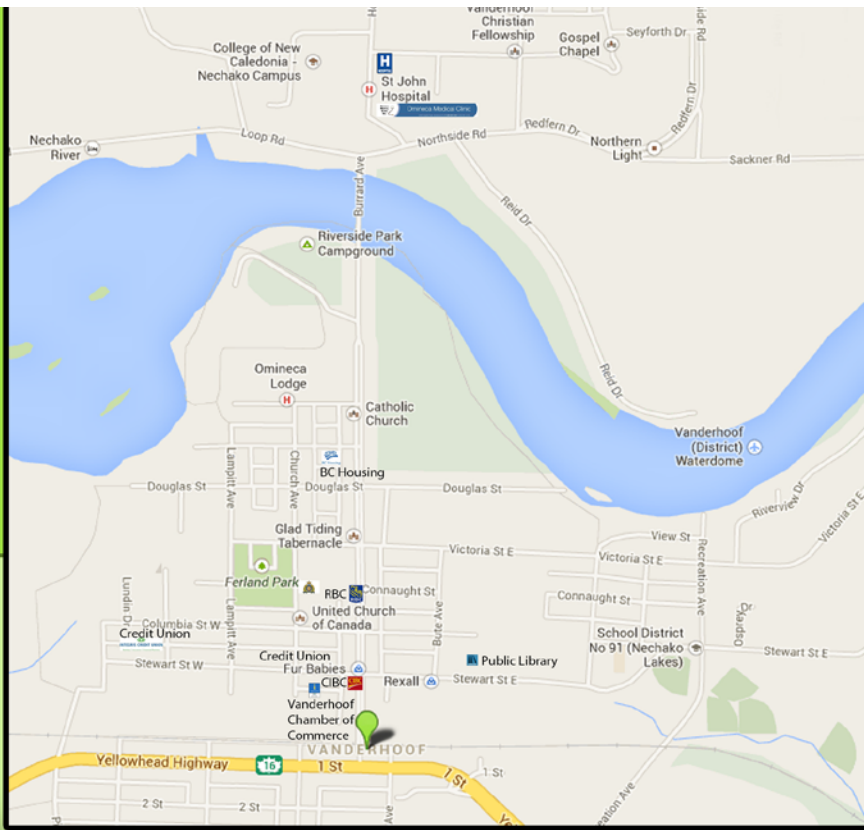
DRIVING IN BC

Testing and Information:

Barton Insurance
188 East Stewart St.
Vanderhoof BC
250-567-2231



Practice Resources:
Books available at Barton Insurance
Site: <http://www.icbc.com/driver-licensing>
App: Learn to Drive Smart



LIVING IN CANADA

HOUSING:

BC Housing Northern Office
 250-562-9251
 Toll-free: 1-800-667-1235
 Fax: 250-562-6488
 1539 11th Avenue Prince George BC V2L 3S6
 160 Columbia Street East, Vanderhoof BC V0J 3A0
 Contact: Malacy Tohill, Regional director
 NorthernRegion@bchousing.org
 www.bchousing.org

OMINECA SAFE HOME SOCIETY

250-567-9959

OTHER SERVICES:

LIBRARY

250-567-4060
 230 Stewart Street East Vanderhoof BC V0J 3A0

VISITOR CENTER/ CHAMBER OF COMMERCE

250-567-2124
 toll-free: 1-800-752-4094
 fax: 250-567-3316
 2353 Burrard Avenue Vanderhoof BC V0J 3A0
 Box 126
 admin@vanderhoofchamber.com

DISTRICT OF VANDERHOOF

160 Connaught Street, Vanderhoof BC V0J 3A0
 Box 900
 250-567-4711
 Fax: 250-567-9169
 recdir@district.vanderhoof.com
 www.vanderhoof.ca

BANKING:

CIBC

250-567-2241
 2391 Burrard Avenue Vanderhoof BC
 V0J 3A0
 www.cibc.com

RBC

250-567-4776
 toll-free: 1-800-769-8511
 2517 Burrard Avenue Vanderhoof BC
 V0J 3A0
 www.rbc.com

INTEGRIS CREDIT UNION

250-567-4737
 toll-free: 1-866-554-5465
 201 Stewart Street West Vanderhoof BC
 V0J 3A0
 www.integrisu.ca

NEIGHBOURLINK VANDERHOOF & AREA

250-567-9007

CHECKLIST

- APPLY FOR SOCIAL INSURANCE NUMBER (SIN)**
Go to Service Canada at 189 Stewart Street East.
- REGISTER FOR THE MEDICAL SERVICES PLAN (MSP)**
Go to Service BC at 189 Stewart Street East.
- OPEN A BANK ACCOUNT**
There are 2 banks and 1 Credit Union to serve you.
- BUY INSURANCE FOR YOUR HOME AND BELONGINGS**
There are 2 insurance brokers in Vanderhoof.
- APPLY FOR THE CANADA CHILD TAX BENEFIT FOR CHILDREN UNDER 18 YEARS OLD**
Go to the Service Canada Office at 189 Stewart Street East.
Call 1-800-387-1193, or visit the website: www.cra.gc.ca
- REGISTER YOUR CHILDREN IN SCHOOL**
Visit the School District #91 office at 153 Connaught Street.
- GET A BC DRIVERS LICENSE**
Contact Hub International Barton Insurance in the Co-op mall (188 Stewart Street East) for more information.
- ARRANGE FOR A POST OFFICE BOX OR RURAL ROUTE DELIVERY**
Visit the Canada Post Office at 192 Stewart Street West.
- VIEW THE BRITISH COLUMBIA NEWCOMER'S GUIDE**
Available at: www.welcomebc.ca/wbc/immigration/diversity/newcomers/index.page



CONTACT NUMBERS

POLICE 250-567-2222
AMBULANCE 1-800-461-9911
FIRE 250-567-2345
OMINECA MEDICAL CLINIC 250-567-2201
ST. JOHN HOSPITAL 250-567-2211
PUBLIC HEALTH UNIT 250-567-6900

**Students travelling to Kenya on a Me to We trip worked together with the Good Neighbour Committee to create this resource guide.
2014*

Canada



EmbraceBC

This project is made possible through funding from the Government of Canada and the Province of British Columbia.



Good Neighbours Committee

Partners of the GNC



FOR MORE INFORMATION CONTACT:

Vanderhoof Visitor Centre & Chamber of Commerce

Box 126, Vanderhoof, BC V0J 3A0

2353 Burrard Avenue

Phone: (250) 567-2124 Toll Free: 1-800-752-4094 Fax: (250) 567-3316

E-mail: admin@vanderhoofchamber.com

Website: www.vanderhoofchamber.com



District of Vanderhoof

PO Box 900, Vanderhoof, BC V0J 3A0

160 Connaught St.

Phone: (250) 567-4711 Fax: (250) 567-9169

E-mail: readdir@district.vanderhoof.com

Website: www.vanderhoof.ca

