

# 2012 Mayo Clinic Alumni Association

# <complex-block>

# Living Long, Living Well – Mind, Body, Spirit



### **Pre- and Post-Conference Options:**

 Pre-Conference – 3 nights and tours in and near Jerusalem
 Post-Conference – 10-night tour including 4 nights in Israel and 6 nights in Jordan

# **Course Description**

The 2012 Mayo Clinic Alumni Association International CME Program, in response to requests from previous course attendees, will address a variety of relevant topics in medical education, research and clinical practice. The conference format balances topics of general and medical specialty interest and physician leadership information with particular attention to preventive screening, integrative and holistic approaches to health, aging, administration, research breakthroughs and innovation through lecture and an interactive speaker panel. Faculty members will be available during the breaks to answer questions and to discuss topics with course participants.

# **Intended Audience**

Physicians and scientists trained at Mayo Clinic from Europe, the Mediterranean, the Middle East, the United States and all members of the Mayo Clinic Alumni Association.

# **Course Highlights**

- Acupuncture
- Cancer
- Genomics
- Health Promotion
- Menopause
- Obesity
- Physician Leadership
- Regenerative Medicine
- Social Media
- Spirituality
- Surgery
- Urology

# **Course Objectives**

### Upon completion of this course, participants should be able to:

- Describe current directions in the promotion of women's health and men's health
- Outline trends in cancer screenings and care
- Outline key issues in regenerative medicine that relate to patient care
- Identify new information on health; lifestyle, end of life, obesity
- Identify challenges to physician leadership in quality and transparency
- Discuss innovation in medicine and its importance to patient care; telemedicine and e-consults

Attendance at this Mayo course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.



### Credit

College of Medicine, Mayo Clinic, is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

College of Medicine, Mayo Clinic, designates this live activity for a maximum of 13.25 *AMA PRA Category 1 Credits*<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

# **Hotel and Meeting Arrangements**

Complete and return CME registration form to: Concierge Services, LLC Linda S. Freeman PO Box 6391 Rochester, MN 55903-6391

Telephone: +1-507-280-9066 E-mail: FreemanL@rconnect.com Fax: +1-866-287-0517

# **Program Headquarters and Optional Travel Components**

The Mayo Clinic Alumni Association International Scientific CME Education Program will be held October 22-25, 2012, in Jerusalem. Course headquarters is the Dan Jerusalem Hotel situated on the historic slopes of Mount Scopus, overlooking the Old City of Jerusalem and surrounding hills of Judea. <u>http://www.danhotels.com/JerusalemHotels/DanJerusalemHotel/index.htm</u>

All course accommodations are Executive or Executive Old City view rooms, which include breakfast (see registration form). The number of Executive and Executive Old City view rooms is limited; early registration is encouraged. Participants should schedule their flights to arrive at Ben Gurion Airport in Tel Aviv, Israel, on Monday, October 22. Tel Aviv is the main international airport and is a 45-minute transfer to Jerusalem. October temperatures in Jerusalem range from 66-77 F for highs to 49-57 F for lows.

All attendees must possess a valid passport. There is no visa required for Israel (or Jordan for post-conference participants) for citizens from the USA or Canada. (Other passport holders please verify your immigration requirements.) US passports must be valid for sixmonths after returning to the US from your trip.

The International Scientific CME Education Program will begin with an evening reception on October 22. The scientific sessions are scheduled from 7:30 a.m. – 12:30 p.m. on October 23, 24, and 25. Participants may also register for a pre-conference program which includes three additional nights and tours in and near Jerusalem. A 10-night post-conference program is available and features: four nights in Israel that includes a Friday Shabbat program in Jerusalem, Masada and the Dead Sea, and six nights in neighboring Jordan that includes Petra, the Wadi Rum and Amman. The post-conference tour ends in Amman on Monday, November 5. Additional information on these programs is contained within this brochure.

### Scientific CME Education Program Information

Meeting Headquarters: Dan Jerusalem Hotel

Monday, October 22, Opening Reception, 7:00 – 9:00 p.m.

The reception is included for all registrants; spouse/guest welcome with reservation (see registration form and deadline). A variety of hot and cold hors d'oeuvres and beverages will be provided along with cultural entertainment. Weather permitting, the reception will be held on the beautiful outdoor terrace of the Dan Jerusalem Hotel, overlooking Old City Jerusalem.

Tuesday, October 23, Scientific Program, 7:30 a.m. - 12:30 p.m.

Wednesday, October 24, Scientific Program, 7:30 a.m. – 12:30 p.m.

Thursday, October 25, Scientific Program, 7:30 a.m. – 12:30 p.m.

**Thursday, October 25**, Gala Finale Dinner (Evening Attire), tentatively scheduled 7:00 p.m. – midnight

The gala is included for all registrants; spouse/guest welcome with reservation (see registration form and deadline). This exclusive gala venue features a unique overview of the historic Old City of Jerusalem and is spectacular. The setting sun and illuminated walls will create a glowing backdrop for dinner and entertainment.

# **Optional Group Activities**

Registration required (see registration form and deadline) Tuesday, October 23

### Afternoon and Evening Jerusalem City Tour and Dinner

Beginning at the Mount of Olives, with a panoramic view of the ancient city of Jerusalem, you will tour the Old City and the Western Wall Tunnels accompanied by professional English-speaking guides. Highlights feature the four neighborhoods of Jerusalem which are named according to the majority ethnic affiliation who live there. This Old City orientation includes a walking tour through Jaffa Gate and down David Street where the ethnic quarters surround you, including Christian, Armenian, Jewish and Muslim. A visit to the unique Western Wall Tunnels takes you on a journey through the fascinating timeline of history and archaeology of the city. Dinner will be at Bulghourji, a classic renowned Old City restaurant housed in an ancient bulgur factory. Hotel departure at approximately 1:30 p.m.; return approximately 9:00 p.m. Business casual attire is appropriate; good walking shoes are required for the uneven Old City walkways. Spouse/guest welcome; all participants must have reservations (see registration form and deadline).

### Wednesday, October 24

Afternoon and Evening Tour featuring the new Holocaust History Museum, the Tower of David and Dinner at the American Colony. Yad Vashem, the Holocaust History Museum, is a powerful experience for visitors to Israel and has recently been renovated. The new museum places an emphasis on the history of the Holocaust from a human perspective and uses multimedia to present a historical narrative interwoven with personal stories. Following your visit, continue on to the rooftop of Notre Dame for time to reflect and converse with your fellow alumni attendees before experiencing the beautiful sunset sound and light presentation at the Tower of David. Dinner follows at the American Colony Hotel in its beautiful Arabesque Restaurant. Hotel departure at approximately 1:30 p.m.; return approximately 10:00 p.m. Business casual attire is appropriate. Spouse/guest welcome; all participants must have reservations (see registration form and deadline).

### Friday, October 26

**Friday Shabbat Program and Dinner.** Extending your stay for one additional day will allow for free time, a visit to the Western Wall and the opportunity to experience a traditional Shabbat. Dinner is included. Spouse/guest welcome; all participants must have reservations (see registration form and deadline).

### **Cancellation Policy**

Reservations for accommodations and optional programs must be made **before July 31, 2012**. All reservations are on a first-come basis. Cancellations after this date are subject to penalty and are the individual's responsibility. Hotel rates at the MCAA rate are available two nights pre-conference and two nights post-conference. **Important notice: the MCAA rates quoted are for a 4-night minimum stay. If less than 4 nights are booked for any individual reservation, the hotel reserves the right to amend the quoted rate**. Cancellation policy: if cancellation is required, all efforts will be made to regain payments required for hotel banquet services and/or optional tours confirmed. Recouping payment is based on the payments already paid by Concierge Services, LLC, to hotels and land operators, which are contractual. Cancellation penalties may apply and are the participant's responsibility. Cancellation insurance is highly recommended and will be sent on request to interested individuals.

### **Course Directors**

*Patricia S. Simmons, M.D., Co-Chair* Division of Pediatric and Adolescent Gynecology Mayo Clinic

*Michael G. Sarr, M.D., Co-Chair* Division of Gastroenterologic and General Surgery Mayo Clinic

*Eric S. Edell, M.D.* Division of Pulmonary and Critical Care Medicine Mayo Clinic

# **Course Faculty**

*Gerald J. Bechamps, M.D.* Department of General Surgery Winchester Medical Center Winchester, VA

*Lael Anson Best, M.D.* Director, Department of Thoracic Surgery RAMBAM Health Care Campus Haifa

J. Michael Bostwick, M.D. Department of Psychiatry Mayo Clinic

John H. Davidson, M.D. Division of General Internal Medicine Mayo Clinic

*Eric S. Edell, M.D.* Division of Pulmonary and Critical Care Medicine Mayo Clinic

*Bruce A. Evans, M.D.* Department of Neurology Mayo Clinic *Philip (Phil) R. Fischer, M.D.* Department of Pediatric and Adolescent Medicine Mayo Clinic

*Amy E. Foxx-Orenstein, D.O.* Division of Gastroenterology Mayo Clinic in Arizona

*Eddie L. Greene, M.D.* Division of Nephrology and Hypertension Mayo Clinic

*Edward R. Laskowski, M.D.* Department of Physical Medicine and Rehabilitation Mayo Clinic

Deborah J. Lightner, M.D. Department of Urology Mayo Clinic

*Ruth Lupu, Ph.D.* Department of Laboratory Medicine and Pathology Mayo Clinic

# **CME Conference Information**

*Lonzetta (Loni) Neal, M.D.* Division of General Internal Medicine Mayo Clinic

Sandhya Pruthi, M.D. Division of General Internal Medicine Mayo Clinic

*Ronald Reimer, M.D.* Department of Neurologic Surgery Mayo Clinic in Florida

Deborah J. Rhodes, M.D. Division of Preventive, Occupational and Aerospace Medicine Mayo Clinic

*Steven H. Rose, M.D.* Vice Dean, Mayo School of Graduate Medical Education Mayo Clinic

Juan M. Sarmiento, M.D., FACS Associate Professor of Surgery Emory University School of Medicine Atlanta, GA

*Michael G. Sarr, M.D.* Division of Gastroenterologic and General Surgery Mayo Clinic Patricia S. Simmons, M.D. Division of Pediatric and Adolescent Gynecology Mayo Clinic

*Farris K. Timimi, M.D.* Division of Cardiovascular Diseases Director, Mayo Clinic Center for Social Media Mayo Clinic

John M. Wilkinson, M.D. Department of Family Medicine Mayo Clinic

Anthony J. Windebank, M.D. Department of Neurology Mayo Clinic

Katie Zahasky, R.N., C.N.P. Division of Medical Oncology Mayo Clinic

*Amitai Ziv, M.D.* Director, Israel Center for Medical Simulation Deputy Director, Sheba Medical Center Tel Hashomer

### **Faculty Disclosure**

As a provider accredited by ACCME, College of Medicine, Mayo Clinic (Mayo School of Continuous Professional Development) must ensure balance, independence, objectivity and scientific rigor in its educational activities. Course director(s), planning committee, faculty, and all others who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty also will disclose any off-label and/ or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of this information will be published in course materials so those participants in the activity may formulate their own judgments regarding the presentation.

# **Conference Schedule**

### Monday, October 22, 2012

7:00 pm – 9:00 pm Welcome reception at the Dan Jerusalem Hotel

### Tuesday, October 23, 2012

7:30 am – 12:30 pm Medical Education Session

7:30 am	Welcome and Program Overview Patricia S. Simmons, M.D.			
7:35 am	The Future Is Here			
	Mayo Clinic IS "Living Long And Living Well!" <i>Patricia S. Simmons, M.D.</i>			
	The History Of Medical Simulation <i>Amitai Ziv, M.D.</i>			
8:50 am	Break			
9:00 am	Passing It Forward			
	The Future Of Medical Education <i>Steven H. Rose, M.D.</i>			
	Fellowship At The Mayo Clinic – Its Impact On A Surgeon From A Developing Country <i>Lael Anson Best, M.D.</i>			
	Diversity Is The Future Eddie L. Greene, M.D.			
	Resident Hours – The Good, The Bad, The Future <i>Michael G. Sarr, M.D.</i>			
	Panel – Audience Q & A			
10:45 am	Is Prevention Working?			
	Prevention Of Women's Cancers – Does Lifestyle Modification Work? <i>Sandhya Pruthi, M.D.</i>			
	Obesity And Digestive Cancers Amy E. Foxx-Orenstein, D.O.			
	Breast Cancer Detection: Removing the Pink-Colored Glasses <i>Deborah J. Rhodes, M.D.</i>			
	Honoring Choices: Crucial Conversations At The End Of Life John M. Wilkinson, M.D.			
	Panel – Audience Q & A			
12:30 pm	Adjourn			

Schedule, topics and speakers subject to change

Optional afternoon and evening Jerusalem city tour and dinner (see registration form and deadline; payment is separate from CME registration fee). Hotel departure approximately 1:30 pm; return approximately 9:00 pm.

### Wednesday, October 24, 2012 7:30 am – 12:30 pm Medical Education Session

7:30 am – 12:30 pm	Medical Education Session			
7:30 am	<b>Introduction And Meeting Review</b> <i>Patricia S. Simmons, M.D.</i>			
7:35 am	Integrative And Holistic Approaches To Health			
	Mindfulness: The Practice That Makes Possible A Reduction Of Pain, Worry And Suffering <i>Deborah J. Lightner, M.D.</i>			
	Acupuncture In The New Millennium – Getting The Point <i>Ronald Reimer, M.D.</i>			
	Conquering Adolescent Pain – A Whole-Person Approach <i>Philip (Phil) R. Fischer, M.D.</i>			
	Activity As We AgeHow To Keep A Baby Boomer Buff Edward R. Laskowski, M.D.			
	Intersection of Faith (Spirituality) And Medicine John H. Davidson, M.D.			
	Panel – Audience Q & A			
10:05 am	Break			
10:15 am	Mind, Body, Spirit			
	Physician Personality J. Michael Bostwick, M.D.			
	Menopause: A Mindful Approach Lonzetta (Loni) Neal, M.D.			
	The Bladder Has A Mind Of Its Own: What To Do About It! <i>Deborah J. Lightner, M.D.</i>			
	The Art Of Spirituality In The Practice Of Medicine <i>Katie Zahasky, R.N., C.N.P.</i>			
	Panel – Audience Q & A			
12:30 pm	Adjourn			

Schedule, topics and speakers subject to change

Optional afternoon and evening tour featuring the newly renovated Yad Vashem Holocaust History Museum, the Tower of David and dinner at the American Colony (see registration form and deadline; payment is separate from CME registration fee). Hotel departure approximately 1:30 pm; return approximately 10:00 pm.

# **Conference Schedule**

**Thursday, October 25, 2012** 7:30 am – 12:30 pm Medical Education Session

7:30 am	<b>Introduction And Meeting Review</b> <i>Michael G. Sarr, M.D.</i>
7:35 am	History And Contemporary Issues
	Mixing Oil And Blood: Paintings Tell The History Of Surgeons <i>Juan M. Sarmiento, M.D., FACS</i>
	Psychopathology In Physicians J. Michael Bostwick, M.D.
	Avoiding Physician Burnout – Charting A Course Of Professional Wellness Gerald J. Bechamps, M.D.
	Physician Stress And Decreasing Reimbursement – Insight From Mars <i>Bruce A. Evans, M.D.</i>
	Panel – Audience Q & A
9:20 am	Break
9:30 am	Here, There, Everywhere – Mayo Clinic
	Mayo Clinic And The World <i>Patricia S. Simmons, M.D.</i>
	Here, There, Everywhere – e-Consult Eric S. Edell, M.D.
	Health Care Social Media – Why Social Networking Is Not Optional <i>Farris K. Timimi, M.D.</i>
	Panel – Audience Q & A
10:55 am	Shaping Tomorrow
	Evolution Of Laparoscopic Major Liver Resection <i>Juan M. Sarmiento, M.D., FACS</i>
	Metabolism And Breast Cancer: Therapeutic Advances <i>Ruth Lupu, Ph.D.</i>
	Regenerative Medicine At Mayo Clinic – 2012 And Beyond <i>Anthony J. Windebank, M.D.</i>
	Panel – Audience Q & A
12:30 pm	Adjourn

Schedule, topics and speakers subject to change

**Gala Finale Dinner, 7:00 pm – midnight** (evening attire) MCAA International CME Program finale dinner included for all CME registrants; spouse/guest registration available (see attached registration form and deadline).

# **CME Program Registration & Hotel**

# For those attending ONLY the Scientific CME Program & Optional Social Programs

**October 22-25, 2012** (Registration form for pre-Jerusalem program and post-Israel and Jordan program follows)

To register, complete the following registration form and return by mail or fax. Registration is on a first-come basis.

Registration fee (check or credit card authorization) must accompany submission of this form. The course fee is \$890 US Dollars. Fee includes course tuition and materials, conference refreshment breaks, facility technical requirements, opening night reception, and gala finale dinner.

Rooms are held for MCAA participants at the Dan Jerusalem hotel in Executive and Executive Old City view categories; first-come basis. **NOTE:** All presenters must complete the registration form and submit applicable fees for themselves and their guests.

### Send Registration form and payment authorization to:

Concierge Services, LLC Linda S. Freeman PO Box 6391 Rochester, MN 55903-6391

Telephone: +1-507-280-9066 E-mail: FreemanL@rconnect.com Fax: +1-866-287-0517



# **CME Program Registration & Hotel**

# Scientific CME Program Registration & Hotel Registration

(For those attending the scientific program and optional social programs ONLY)

Please print all information. Photocopy this form for multiple registrations.
This registration form should be submitted along with the appropriate fees. Check or credit
card (Visa, MasterCard or American Express) accepted.
Name (as it appears on your passport)
*Passport Number and Expiration Date
Degree(s) (to be listed on your name tag)
Work Address/City/State/Zip Code
E-mail
Telephone Number () Fax Number ()
Spouse/Guest Participant Name
(as it appears on the passport)
*Passport Number and Expiration Date
Administrative Assistant Name
Telephone ()

(Or the person that is assisting with course registration and travel arrangements if other than the registrant.)

\*Passports for US passport holders and all those returning to reside in the US should be valid through six-months of return. (For example, if returning October 26, then valid through April 26, 2013; if returning from Jordan on June 5, then valid through May 5, 2013.) Call Concierge Services, LLC/Linda Freeman at +1-507-280-9066 with questions.

Special dietary or accommodation needs, e.g. allergy to down/feathers. Please specify \_\_\_\_\_

Charge the Program registration fee (\$890.00) to the following credit card listed on page 16. Charge made at registration; detailed receipt will be sent.

Check enclosed made payable to Concierge Services, LLC

Charge Program fee to credit card listed on page 16

- Credit card #1
- Credit card #2
- Credit card #3



# **CME Program Registration & Hotel**

### Hotel

Conference Hotel is the Dan Jerusalem, located on Mt. Scopus overlooking Old City Jerusalem. <u>http://www.danhotels.com/JerusalemHotels/DanJerusalemHotel/index.htm?gclid=CL</u> <u>CEubLlgg8CFcsAQAodXRfR3A</u>

Breakfast is included along with the taxes and VAT. Rooms will be held on and confirmed to the attendee's credit card. Hotel charges will be paid by attendee at checkout. NOTES: 4-night minimum duration required to receive the MCAA room rate. Penalties apply for cancellations made after July 31, 2012.

All hotel and other program reservations need to be made through Concierge Services, LLC, Linda Freeman. (See contact information on page 10)

Arrival Date/Airline/Flight #/Scheduled arrival time:\_\_\_\_\_

Departure Date/Airline/Flight #/Scheduled departure time:

Single or Double Occupancy (all accommodations are non-smoking) Select one room category:

Executive Room: \$262/night including breakfast and VAT

Executive Room Old City View: \$287/night including breakfast and VAT

Name(s) of room occupants:

1.\_\_\_\_\_ 2.\_\_\_\_

Hold the above room category to the following credit card listed on page 16. Room charges settled at check-out. No deposit taken on card.

Credit card #1 Credit card #2 Credit card #3



# **CME Program Registration**

# Flight Schedule/Airport Transfers

Participant flight schedules for those not participating on any pre- or post-conference programs should plan to arrive on Monday, October 22, 2012 in Tel Aviv, Israel (TLV). The program ends with the finale dinner on Thursday, October 25 and departing flights can be made for Friday, October 26. If attending the finale dinner on October 25 and you wish to depart on October 26, select a flight departing later than 3:00 a.m.

MCAA room rate will hold for two nights pre- and two nights post-conference program for those not extending on offered pre- or post-conference programs.

Contact Concierge Services, LLC/Linda Freeman for confirmation of flight dates if in question or for those participating in pre- or post-conference programs as outlined below. Concierge Services, LLC, can assist with air reservations on request; please call 507-280-9066.

Once air is confirmed, please notify Concierge Services, LLC, so that your airport transfers can be coordinated with other attendees arriving and departing. Tel Aviv is located 45 minutes from Jerusalem and group transfers will be offered.

# Scientific CME Meeting Event Registration and Spouse/Guest Event Registration

The following are included in the Scientific CME Meeting registration fee. Please indicate you and any spouse/guest attendance. Credit card authorization for spouse/guest participation follows. Charges processed at the time of registration.

### Monday, October 22, 2012

7:00-9:00 p.m. Welcome Reception - including heavy hors d'oeuvres, beverages and entertainment

\_\_\_\_ I will attend (Included in attendance program fee) \_\_\_\_ I will not attend

### Spouse/Guest registration fee \$ 95.00 per-person US Dollars

Register my Spouse/Guest:	
Name:	_
Name:	_

Thursday, October 25, 2012	2
7:00 p.mmidnight	
Gala dinner	
I will attend (Included	l in attendance program fee)
I will not attend	

### Spouse/Guest registration fee \$125.00 per-person US Dollars Register my Spouse/Guest Name: \_\_\_\_\_

Name: \_\_\_\_\_

Charge the above Spouse/Guest social event registrations to the following credit card listed on page 16:

Credit card #1
Credit card #2
Credit card #3

# **OPTIONAL Social Events Registration**

(*First-come basis*) *Requests received after July 31, 2012, cannot be guaranteed* Credit card authorization for spouse/guest participation follows. Charges processed at the time of registration.

### Tuesday, October 23, 2012

Jerusalem Old City Highlights tour, Western Wall Tunnels tour and Bulghourji Restaurant dinner. \$130 per-person including transfers, professional English-speaking guide, all admissions and beverages with dinner.

Reserve \_\_\_\_\_ places @ \$130 each. Use the following credit card as listed on page 16

Credit card #1 Credit card #2 Credit card #3

### Wednesday, October 24, 2012

Yad Vashem Memorial, Notre Dame, Tower of David and American Colony Dinner. \$190 per-person including transfers, professional English-speaking guide, all admissions and beverages with dinner.

Reserve \_\_\_\_\_ places @ \$190 each. Use the following credit card as listed on page 16

Credit card #1 Credit card #2 Credit card #3

### Friday, October 26, 2012

Afternoon visit to the Western Wall ('wailing wall') and evening Shabbat dinner experience. NOTE: This tour/activity is included for those registered on the post-conference tour.

\$126 per-person including transfers, professional English-speaking guide, and dinner.

Reserve \_\_\_\_\_ places @ \$126 each. NOTE: Your hotel reservation should be made to include this extra night (October 26) and departure on Saturday, October 27. Use the following credit card as listed on page 16

Credit card #1 Credit card #2 Credit card #3



# **Pre- and Post-Conference Program Extension**

### Registration

**Friday, October 19 (depart USA October 18) – Monday, October 22.** Details outlined in brochure. \$1,100 per-person, 50% deposit due at registration. Final payment due by July 31, 2012; participants will be invoiced for the final payment.

Reserve \_\_\_\_\_ places @ \$1,100 each Use the following credit card as listed on page 16

Credit card #1 Credit card #2 Credit card #3

### Friday, October 26 – Monday, November 5. Details outlined in brochure.

\$3,600 per-person, 50% deposit due at registration. Final payment due by July 31, 2012; participants will be invoiced for the final payment.

Reserve \_\_\_\_\_ places @ \$3,600 each Use the following credit card as listed on page 16

Credit card #1 Credit card #2 Credit card #3



# **Credit Card Details**

#1 Credit Card Uisa MasterCard Account number:				
Exp. date:				
Billing name:				_
Billing address:				
City				
Authorizing Signature:				
#2 Credit Card				
Visa MasterCard	American Express			
Account number:				
Exp. date:	Security code:			
Billing name:	5			
Billing address:				_
City		State	Zip Code	
Authorizing Signature:				
0 0				
#3 Credit Card				
Visa MasterCard				
Account number:				
Exp. date:				
Billing name:				_
Billing address:				
City			Zip Code	
Authorizing Signature:				



# **Pre- and Post-Conference Extended Tours**

**Pre-Conference Program:** 4 days/3 nights additional touring in and around Jerusalem, featuring a full day comprehensive touring experience in Bethlehem and a full day comprehensive touring in Tel Aviv, and a culinary guided tour in the Old City. Upgraded rooms at the Dan Jerusalem Hotel (same accommodations as the Scientific CME Education Program; you will not need to change rooms). Arrival on Friday, October 19 (depart USA on Thursday, October 18) and inclusions feature transfer and baggage handling from Tel Aviv airport and at hotel, English-speaking guides, Tour management by Concierge Services, LLC, daily breakfast, 2 lunches and 2 dinners, and all taxes and gratuities. Minimum participation of 20 people required to hold the price of \$1,100 per-person. Should minimum numbers not be achieved, registrants will be fully refunded deposit paid.

Post-Conference Program: 10 nights in northern and eastern Israel and Jordan. Friday participants will enjoy a Shabbat in Jerusalem. Accommodations are available for an additional two nights at the Dan Jerusalem Hotel. On Saturday, October 27, tour to northern Israel with visits at Capernaum, an ancient fishing village on the shore of the Sea of Galilee, and the Mount of Beatitudes. Lunch and a visit to Nazareth will also be included. On Sunday, October 28, the group will depart Jerusalem for Masada National Park and the Dead Sea. Masada is an historic and famous archaeological site in Jewish history. Full touring will be enjoyed as will lunch and a float in the Dead Sea, the lowest point on Earth at 380m below sea level. Changing rooms and shower facilities will be available. Two nights will follow in upgraded accommodations at the amazing spa retreat, Beresheet. (http://www.luxury-hotels-israel.com/israel-hotels/beresheet-hotel). The group will cross into Jordan at Eilat on the Red Sea on Tuesday, October 30. The following six nights in Jordan will highlight the magnificent history and environment including the Wadi Rum (overnight at deluxe King Aretas IV Luxury Camp http:// www.kingaretascampjordan.com/), two nights at spectacular Nabatean civilization site, Petra—the rose red city carved into stone (http://www.moevenpick-hotels.com/ en/pub/hotels\_resorts/worldmap/petra/welcome.cfm) in upgraded superior rooms, and three nights at the Grandy Hyatt in Amman in upgraded Club category rooms (http://www.hyatt.com/hyatt/wwg/hotels/ammgh/index.jsp). Fully escorted and professionally managed, the inclusive tour will feature a luxury tented-camp experience in the Wadi Rum made famous by T.E. Lawrence (Lawrence of Arabia); comprehensive Petra tours; the massive Crusader fortress at Kerak; Madaba, the Mosaic City; Mount Nebo, mountaintop memorial of Moses with captivating view over the Jordan Valley; Jerash—a remarkably preserved Roman town north of Amman, Umm Qais, and an Amman city tour to include the vast Soug (market). Many extras are included as well as daily breakfast, lunch and dinner (excepting dinner on day 6). Extras include 4 x4 jeep excursion in the Wadi Rum, horse ride in Petra from main entrance to the Sig (narrow rock entrance to Petra), all gratuities, baggage handling and more.

Per-person for the above unique and exclusive package: \$3,600.00 Minimum participation of 20 participants is required in order to hold the price of \$3,600 per-person. Should minimum numbers not be achieved, registrants will be fully refunded deposit paid. Passports must be valid through May 5, 2013, for those extending on this tour. If passports expire before this date, you should renew your passport before departure.

### **Pre- and Post-Scientific CME Education Program Touring Extensions Terms and Conditions**

Reservations must be accompanied by a 50% per-person deposit and a completed and signed registration form. Final payment is due by July 31, 2012. Deposit and final payments can be paid by Visa/MasterCard/American Express only. Tour confirmations are based on date deposits are paid and on a first-come basis. Minimum number of 20 participants required for either program to hold the pricing as outlined. Concierge Services, LLC, will invoice you for the final payment due. Should minimum numbers not be achieved, all deposits paid will be fully refunded.

Travelers are responsible for obtaining proper passports and/or other international identification documents that you require and for assuring their validity. US Passports must be valid through April 27, 2013 for those returning to the USA on October 25 or 26. For those extending to Jordan, passports must be valid through May 5, 2013.

### Cancellations

In the event you must cancel your participation on the tour, contact Linda Freeman, President, Concierge Services, LLC, at 507-280-9066. Cancellations are subject to perperson penalties and will depend on when the cancellation is made. Refunds are based on payments and deposits that Concierge Services, LLC, has made on your behalf from the time of your deposit and until the time of cancellation. Concierge Services, LLC, and Linda S. Freeman, strongly recommend trip cancellation and interruption insurance coverage; all persons placing deposits for pre- and post-scientific education programs will be given trip cancellation insurance information.

### Trip Cancellation Insurance

Trip cancellation insurance is strongly recommended. Trip cancellation information will be sent to all individuals placing trip deposits at the time the deposit is received. Cancellation insurance covers your financial investment in the trip (minus the premium paid) and is strongly recommended for all travelers. Trip cancellation insurance will not cover 'changing your mind' and is generally for immediate family and personal traveler medical concerns.

### Responsibility

Concierge Services, LLC, acts only as an agent for the suppliers and contractors and group operators providing air and other transportation, hotel, sightseeing, restaurant and other services, and assumes no responsibility for (no matter how caused) personal injury, personal or property damage or loss in connection with any services from independent suppliers that are not subject to the control of Concierge Services, LLC, and Linda S. Freeman. Concierge Services, LLC, and Linda S. Freeman, can therefore not be held liable for any accident or personal injury or property damage or personal loss that may occur in connection with any service due to (1) Any act of omission by such a supplier, or (2) Any defects in or failure of any aircraft, vessel, automotive vehicle, or other means or transportation that is not under our control, or (3) Any circumstances arising as a result of military or political action, weather, acts of God, or any other circumstances over which Concierge Services, LLC, and Linda S. Freeman, have no control. Concierge Services, LLC, reserves the right to alter, change or omit any part of the itinerary or any reservation, conveyance, or routing at any time and without notice, when it is deemed necessary or desirable by Concierge Services, LLC, and Linda S. Freeman, and is deemed to be in the best interests of the participants. Concierge Services, LLC, reserves the right to pass on to tour members any losses caused by delays or events beyond our control including extreme (more than 5%) cost changes. Concierge Services, LLC, also reserves the right to decline to accept or retain any person(s) as a tour member if the circumstances require. Participants are responsible for understanding there are walking tours included requiring physical stamina and for which alternative arrangements will not be possible. Good health and physical condition of participants is assumed by Concierge Services, LLC, at the time of deposit. Participants must inform Concierge Services, LLC, of any health or incapacity or accommodation issues before traveling to Israel. Trip cancellation insurance is highly recommended.

MAYO CLINIC 200 First Street SW Rochester, MN 55905 Mayo Clinic Alumni Association – International CME Education Program and Tour



 $\otimes 2012$  Mayo Foundation for Medical Education and Research  $\mid$  MC2400-109rev0512

NON-PROFIT ORG. U.S. POSTAGE PAID MAYO CLINIC