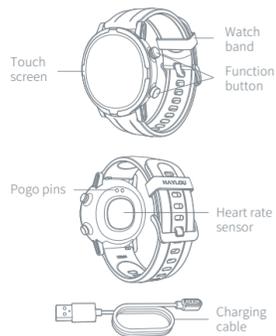


Haylou LS05S Smart Watch User Manual



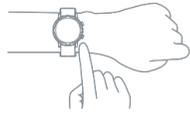
01 Overview



What's in the Box
Smart watch, charging cable and user manual.

02 How to Wear

Please put on the watch and move it about one finger distance from your carpus. Please adjust tightness of watch band to fit yourself.
Note: Too loose of the band may impact performance of heart rate sensor.



03 How to Link

1. Hold function button to power on the watch and a QR code will be displayed. Use your phone to scan the QR code to install APP. You may also scan the QR code below to install.



Note: The instruction below is for reference only. For actual installation, please follow the instruction in APP.

04 How to Use

- In Home Page, slide down from the top of the watch face to open Quick Setting.
- In Home Page, slide up from the bottom of the watch face to open Control Panel.
- In Home Page, slide right/left to skip to previous/next page.
- When it's not in Home Page, slide from left edge to right edge to return to previous page.
- In Home Page, keep touching screen for 3s to enter Watch Face Change.
- Hold function button for 3s to power on/off.
- Press function button to return to Home Page (only open one page).
- Press function button to skip to previous page (open two pages).
- Press function button to pause/resume your workout (during workout).

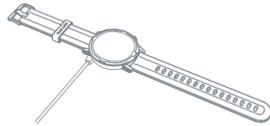


05 Functions

	12 sport modes (jogging, hiking, biking, climbing, spinning, indoor running, yoga, gym, free training, basketball, football and boating)
	A 24-hour heart rate monitoring keeps making records
	It tracks your sleep time and status
	You may check the coming three days' weather and real time temperature
	Remote music control on phone (the watch cannot play music independently)
	Help adjust breath and relax yourself
	Accuracy is up to two decimal places
	A full screen timer
	Open, set, check and close the alarm clock
	Sit too long and it's time to get on your knees

06 How to Charge

- Charge the watch via charging cable and make sure pogo pins are well-contacted.
- Use qualified adapter with output voltage of 5V and output current of 0.5A or above.
- If you do not use the watch for a long time, charging icon may not show up until you charge the watch over 1 minute.
- Please always keep pogo pins dry.



Note:

- We hold rights to revise the User Manual without any notice to you. Parts of the functions may be different in certain softwares.
- Please charge the watch more than 2 hours before use.
- This product is within IP68 waterproof, yet do not soak it into hot water or other corrosive liquid, or wear it for a dive to a depth over 3m. Any defects caused by the above practices will not be covered by warranty.
- Please do not get the band too tight. Keep contact parts of the watch dry and clean the band periodically. For any allergy, please take off the watch at once and consult doctor.
- Function button and touch screen are not available for use under water. If the watch gets wet, please dry it before use.

Basic Parameters

Product name: Haylou LS05S
Product model: Haylou LS05S
Main body size: 45.3 x 11.4mm
Band size: 22mm
Weight (with band): 54g
Display: 1.28 inch TFT LCD
Definition: 240*240
Bluetooth version: V5.0
Sensor: heart rate sensor, accelerometer sensor
Battery capacity: 340mAh
Battery life: 15 days (with 24-hour heart rate monitoring on)
Dust, water proof: IP68
Working temperature: -20°C-45°C
Data sync platform: Haylou Fit
Compatibility: Android 4.4 or IOS 9.0 and later
FCC ID: 2AMQ6-LS05S

Warranty Card

Warranty Period
12 months after you purchase this item. (or you may inquire your local shopper for more details.)
Free Service
Supposing any defects caused by quality issues occur within the warranty period, please take this warranty card and purchase receipts to your distributor for free exchange service.

Model Number	
Date of Purchasing	
User's Name	
User's Phone	
User's Address	
Shop's Name	
Shop's Address	
Comments	

Free exchange service will not be accessed under following circumstances:
1. Damages caused unauthorized disassembly.
2. Defects or physical damages caused by leaking or dropping off.

3. Damages by act of God.
Supposing your item is within any damages or defects except the above circumstances, please return to us or your distributor for free repairing.

Manufacturer: Dongguan Liesheng Electronic Co., Ltd.
Address: Address: Room 401-410, Building 1, No. 86 Hongtu Road, Nancheng District, Dongguan City, Guangdong, China

FCC Statement:

This device complies with Part 15 of the FCC rules. Operation is subject to the following two conditions: 1) this device may not cause harmful interference, and 2) this device must accept any interference received, including interference that may cause undesired operation.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try correct the interference by one or more of the following measures:

- Reorient the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into and outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Changes or modifications not expressly approved by the party responsible for compliance could void your authority to operate the equipment.