



### DOWNLOAD APP OF F8 SMART BRACELET

The bracelet connects with the Mobile phone through APP; scan the below QR code or search for "H Band" in APP market; download and install the APP and register.



【H Band】APP

### BIND BRACELET

Activate the bracelet after charging, open bluetooth on the mobile phone;when you first open the "H Band" APP, the App will lead you to bind the bracelet or click "Device connection" on main interface.



### SYNCHRONIZE DATA

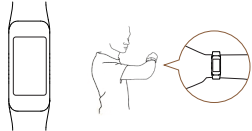
Keep the bluetooth open, enter the "H Band" APP, and ensure the bracelet bound; pull down the main interface to synchronize the time and exercise data automatically.



▲ display[Not connected], please check [can not synchronize data].

### LIGHTEN UP THE BRACELET

Touch the spot below to change item, or open the "Screen bright by raising hand up" function in Setting; turn over the wrist and the bracelet brightens automatically.



▲ turn over the wrist over 90 degree; please practice for several times to find the skills, then it can be realized easily.

### FUNCTION OF BERACE

Enter "H Band" APP to experience more functions of F8.



Blood pressure



Heart monitor



Touch operation



Pedometer



Distance



Calorie



Long press switch



Alarm clock



phone number display



Notification content display



Sleep monitor



Anti-lost alert

### PARAMETER

Bluetooth name: D-F8  
G-SENSOR: 3 axis sensor  
Screen size: 0.96"OLED  
Case material: PC+ABS  
Strap material: TPU  
Battery capacity: 110mAh  
Standby time: 15 days

Waterproof: IP67  
Weight: 21.5g  
Bluetooth: BLE 4.0  
Bracelet size: 255\*15\*20mm  
(P\*W\*T)  
System application: Android 4.4,  
IOS 8 and above

### NORMAL PROBLEMS

Unable to match?  
(1) Please confirm that the bluetooth is opened; the mobile phone support BLE 4.0 and system is Android 4.4, IOS 8 or above.  
(2) Please confirm that the bracelet and mobile is within the Bluetooth connection distance (10 meters).  
(3) Please check whether the bracelet is out of charge; if problem still appears after charging, please contact with us.

Why sometimes the bluetooth can not be connected?  
(1) Some mobile' s bluetooth will appear abnormal occurrence when it is restarted, which leads this kind situation.  
(2) It usually can be normal connected after restart bluetooth or Mobile phone.

Why the bracelet can not receive the notifications?  
(1) Open the right of bracelet reading notifications in the safe setting of Mobile phone setting.  
(2) Re-connect again the bluetooth, open the APP to synchronize data, and ensure the notification pushing function opened.

### NOTE

- (1) Don' t tear down the bracelet case.
- (2) Don' t put the bracelet into dish-washing machine, washing machine ordrying machine.
- (3) Don' t expose the bracelet under extreme high or low temperature.
- (4) Don' t wear the bracelet in sauna bathroom or steam bathroom; don' t soak the bracelet in hot spring, the sea or other chemical liquid for a long time.
- (5) Don' t put the bracelet into fire or the battery may explode.
- (6) Don' t use clean the bracelet with detergent.
- (7) Please Charge it with computer or formal USB.
- (8) Don' t charge the bracelet before it totally dry.
- (9) During charging, if the bracelet' s temperature is over high, please stop charging.
- (10) Don' t check information on the bracelet screen during driving or risk situation because divergence of attention.

Please follow up below care and wear tips:

- (1) Clean and dry the bracelet regularly,especially the place contacts with the skin.
- (2) Wear the bracelet correctly, and make the bracelet close to your skin to realize the heart rate monitoring.
- (3) Take down the bracelet occasionally to clean and let skin relax.

### ATTENTION

The blood pressure and heart rate monitoring data is just for reference. This bracelet does not apply to diagnose, treatment, recovery, prevent, reduce the disease or other situation. It also does not apply to clinical medical usage.

### WARRANTY CLAUSE

To maintain your right, please read this warranty clause carefully. You will enjoy the after sales service of our company.

I. To provide you better after sales service, we promise

- (1) 7days from purchasing date, if the bracelet has any quality problem, you can choose return goods or change goods.
- (2) 15days from purchasing date, if the bracelet has any quality problem, you can choose change goods.
- (3) One year from purchasing date, if the bracelet has any quality problem, we will provide free repair service. When it needs repair, please send the warranty certificate(include warranty card and invoice) and the bracelet to our factory. Return or change goods, please contact with our distributor and keep the bracelet, its accessories and other materials together.

II. During warranty period, if one of following situation appears, we will not provide free repair service.

- (1) Human error breakdown, which includes: Improper usage, maintenance, storage or not operating it according to the manual, tearing down or assembling the bracelet by yourself or repairing it in
- (2) Breakdown because of the irresistible reasons, such as, fire, flood, earthquake or lightning stroke.
- (3) Unable to provide warranty certificate or revised the warranty certificate arbitrarily

III. This warranty clause applies to China mainland.

The product was inspected by our Customer Quality Assurance, all the performance parameters meet the technical Standardized Process can be safe to use.

INSPECTOR



### FCC STATEMENT

- 1. This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:**
  - (1) This device may not cause harmful interference, and**
  - (2) This device must accept any interference received, including interference that may cause undesired operation.**
- 2. Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.**

**FCC Radiation Exposure Statement:**  
The device has been evaluated to meet general RF exposure requirement.  
The device can be used in portable exposure condition without RF striction.

**NOTE: This equipment has been tested and found to comply with the limits for a Class B digital, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If the equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:**  
--- Reorient or relocate the receiving antenna.  
--- Increase the separation between the equipment and receiver.  
--- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.  
--- Consult the dealer or an experienced radio/ TV technician for help.