Fitbug FB928
USER MANUAL

INTRODUCTION

Thank you for selecting the Fitbug FB928 pedometer. The FB928 is a sensor type pedometer that can detect steps in any dimension it is carried. It is equipped with clock, alarm, 14-day memory, step counter, distance counter and calorie counter functions.
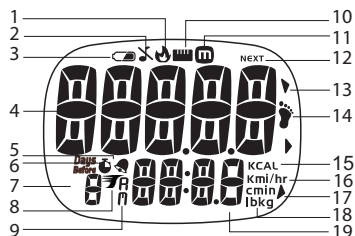
IMPORTANT Do not immerse the pedometer in water.

CONTROL BUTTONS

1. **SET:** Enter Setting Mode; confirm and move to next setting option
2. **DISP:** Display calories burned and distance walked; increase values
3. **MEM:** Enter Memory Mode; decrease values

LCD

1. 🔥 : Calories burned is displayed
2. ✗ : Beep tone is Off
3. 🔋 : Battery power is low
4. Displays mode banners, number of steps, calorie reading or distance walked
5. 🔔 : Alarm is On
6. ⏱ : Exercise timer is displayed
7. 8 : indicates how many days before (1-9) the displayed data was recorded
8. 🏃 : Average active speed (previous minute). Provides a reference only and does not replace professional measuring equipment
9. A/P : 12 hour clock
10. 👣 : Distance walked is displayed
11. Ⓜ : Memory Mode is displayed
12. NEXT : Indicates there is a following page
13. ▶: key press prompt: indicates which button to press
14. 🚶 : Step counter is On
15. KCAL : Calorie unit
16. Kmi/hr : Walking speed
17. cmin : User's stride length unit (Centimetres / Inches)
18. lbkg : Weight unit (Pounds / Kilograms)
19. Displays time or Setting Mode values

GETTING STARTED

ACTIVATE PEDOMETER (FIRST-TIME USE ONLY)

Press and hold any key until the screen is activated.

CARRYING THE PEDOMETER

The FB928 can be carried on the waist, around the neck or in pockets and handbags by using the adjustable strap or detachable clip provided.

SET TIME AND USER DATA

To effectively use the pedometer for calculating calories burned (based on step count and user body weight) and distance walked (based on step count and length of user's stride), you are advised to set the time and your user data in the Setting Mode. Refer to Setting Mode in this manual.

IMPORTANT Remember to set the time and your user data after every battery replacement.

BATTERY REPLACEMENT

The pedometer uses a CR2032 3V battery, which has already been installed.

🔋 Indicates battery power is low.
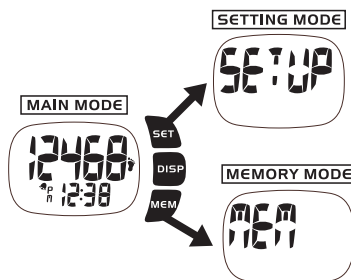
To replace battery:

1. Use a small Phillips screwdriver to remove battery compartment lid. Once opened, please keep the screws in a safe place to avoid losing them.
2. Remove the old battery and insert the new one, matching the polarities.
3. Replace the lid by screwing it back into place using a Phillips screwdriver.

NOTE When the battery compartment is opened or battery is replaced, all data in the pedometer will be reset.

OPERATION MODES

The FB928 has 3 modes of operation. The Main Mode is the default display mode, which displays the current step count and time. To enter other modes, press the buttons as shown below.

MAIN MODE

In the Main Mode, you can:
- View the time and current step count (default), calories burned, exercise time, distance walked and walking speed.
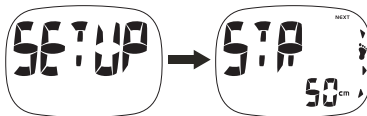
To view the current calorie burned and distance walked: Press **DISP**. The display sequence is: 1) current aerobic step count and aerobic exercise time 2) current calories burnt and total exercise time 3) current distance walked and active speed.

SETTING MODE

In the Setting Mode, you can set the stride length, stride extender ON/OFF, weight, time, alarm ON/OFF, beep ON/OFF, beaconing ON/OFF, beaconing interval.

1. Press and hold **SET** to enter the Setting Mode.

2. Wait for the setting option to flash, then press the **UP** or **DOWN** to change values. You can press and hold these buttons to rapidly set the values.

3. To confirm and move to the next setting option press **SET**.

The setting sequence is: stride length unit, stride length value, stride length extender On/Off, weight unit, weight value, 12/24 time format, time (hour and minute), alarm On/Off, alarm time (hour and minute) (if alarm On is selected) and beep tone On/Off, beaconing On/Off, becoming interval value.

REMARK Press any button to silence an activated alarm. If not deactivated, the alarm will be activated at the same time the following day.

When the stride extender is turned on the device will adjust your stride length according to your steps per minute rate.

When beaconing is turned on the device will attempt to transmit step data to a receiving station within range. You can set how often the device will do this.

MEMORY MODE

In the Memory Mode, you can view the records of your steps and calories burned for the past 14 days.

To toggle through days:
1. Press **MEM** to enter the Memory Mode.
2. Press **MEM** or **DISP** to select which day to view.

NOTE
- When toggling between days, the record displayed will be of the same category (either step count or calorie burned).

To toggle between type of data displayed (calories burned or step count): leave unit idle and wait for display to change.

REMARK Toggle through all 14-day records to return to the Main Mode.

To reset records:
You cannot reset the records manually. The pedometer is designed to automatically reset the records.

DATA TRANSFER

To help users keep track of their results, the measurements recorded by the FB928 can be easily uploaded to the network for viewing and analysis.

Automatic data transfer
The FB928 will attempt to periodically send data every at a specified interval of time. Refer to Setting Mode in this user manual. n.b. the device will not notify you each time it automatically sends data.

To manually send data:
- Press and hold **DISP**.

Continuous data transfer:
- Press and hold **SET** and **MEM**

To stop data transmission:
- Press and hold **DISP**.

"DONE" indicates a successful data transmission.
"Error" indicates an unsuccessful data transmission.

IMPORTANT Since there is a 14-day limit for memory, to prevent records being erased before being uploaded to the network users are reminded to send data every few days.

SPECIFICATIONS

Real time clock	12 / 24 format with hour / minute
Step measurement range	0 – 99,999 steps
Distance measurement range	0 – 999.99 km / miles
User adjustable stride length	28 – 152 cm (11 – 60 inches)
Calorie measurement range	0 – 99,999 kcal
Body weight range	29 – 250 kg (64 – 553 pounds)
Exercise timer display range	99 hr 59 min
Power	1 x CR2032 3V battery
Operating temperature	-10°C to 40°C (14°F to 104°F)
Storage temperature	-20°C to 60°C (-4°F to 140°F)

PRECAUTIONS

To ensure you use your product correctly and safely, read these warnings and the entire user manual before using the product:
- Use a soft, slightly moistened cloth. Do not use abrasive or corrosive cleaning agents, as these may cause damage. Use luke warm water and mild soap to clean the device thoroughly after each training session. Never use the product in hot water or store it when wet.
- Do not subject the product to excessive force, shock, dust, temperature changes, or humidity. Never expose the product to direct sunlight for extended periods. Such treatment may result in malfunction.
- Do not tamper with the internal components. Doing so will terminate the product's warranty and may cause damage. The main unit contains no user-serviceable parts.
- Do not scratch hard objects against the LCD display as this may cause damage.
- Take precautions when handling all battery types.
- Remove the batteries whenever you are planning to store the product for a long period of time.
- When replacing batteries, use new batteries as specified in this user manual.

- The product is a precision instrument. Never attempt to take this device apart. Contact the retailer or our customer service department if the product requires servicing.
- Do not touch the exposed electronic circuitry, as there is a danger of electric shock.
- Check all major functions if the device has not been used for a long time. Maintain regular cleaning of your device.
- When disposing of this product, ensure it is collected separately for special treatment and not as normal household waste.
- Due to printing limitations, the displays shown in this manual may differ from the actual display.
- The contents of this manual may not be reproduced without the permission of the manufacturer.
- Should there be any discrepancy between the English and other language versions, the English version shall apply and prevail.

 NOTE The technical specifications for this product and the contents of the user manual are subject to change without notice.

 NOTE Features and accessories will not be available in all countries. For more information, please contact your local retailer.

ABOUT FITBUG

Visit our website (http://www.fitbug.com or http://usa.fitbug.com) to learn more about Fitbug products.

If you're in the US and would like to contact our Customer service, please visit: http://usa.fitbug.com

For international inquiries, please visit: http://www.fitbug.com

EU-DECLARATION OF CONFORMITY

Hereby, Fitbug, declares that this Fitbug FB928 device is in compliance with EMC directive 2004/108/EC. A copy of the signed and dated Declaration of Conformity is available on request via our Oregon Scientific Customer Service.

FCC STATEMENT

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) This device must accept any interference received, including interference that may cause undesired operation.

 WARNING Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

 NOTE This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation.

This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced technician for help.

DECLARATION OF CONFORMITY

The following information is not to be used as contact for support or sales. Please visit our website at http://www.fitbug.com or http://usa.fitbug.com for all enquiries.

We

Name:	Fitbug Ltd
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	47 Kentish Town Rd
	London
	NW1 8NX

declare that the product

Product No.:	FB928

Product Name:	Fitbug FB928 bug
Manufacturer:	Fitbug
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