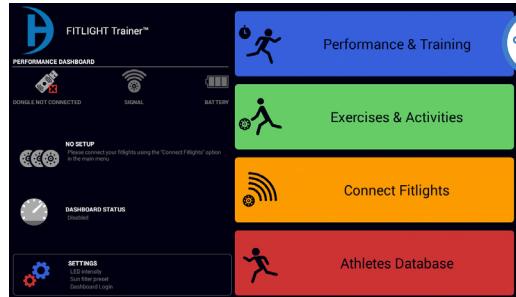


SYSTEM OPERATION

PROGRAM OR EDIT A SEQUENCE



PROGRAM A SEQUENCE

After Program Sequences is selected, select “**New**” to begin the process of programming the **FITLIGHTS™**. To learn more about the features (Import, Export and New Group) please refer to the Saving, Searching and Grouping Manual.

Select “**New Step**”. A drop-down menu will appear to enable you to select the **FITLIGHT™** number.

1. Select the **FITLIGHT™** number by scrolling down.
2. Once the number appears in the window, touch “**OK**”. In this example, **FITLIGHT™ #1** is selected.
3. Once “**Ok**” is selected a new screen will appear which will allow the selection of all the **FITLIGHT™** parameters.

Repeat the process as per the previous step for all subsequent FITLIGHTS™ required for the routine

SYSTEM OPERATION



Indicates **FITLIGHT™** #1 is the first step and it is Blue.

The **FITLIGHT™** parameters can now be selected as per requirements.

1. **DISTANCE:** Indicates the deactivation range from the center of the **FITLIGHT™**. The distance can be set from 10 cms to 80 cms.
2. **TIMEOUT:** The Timeout can be set from 0.10 seconds to 120 seconds. The TIMEOUT increments are .10 seconds up to 10 seconds, after which it increases by 5 seconds. The "Time Out" function can also be turned off by going past 120 seconds.
3. **COLOUR:** Select **FITLIGHT™** colour as required by selecting the colour box.
4. **SENSORE MODE:** There are 3 deactivation modes to select from:
 - a. Distance only

- b. Impact only
- c. Both (meaning the **FITLIGHTS™** can be deactivated by motion or impact)
5. **LIGHT MODE:** There are 3 choices of Light mode: Center only, Full light and Ring only. *Please refer to "Parameter Explanations" for more information.*
6. **LED MODE:** Select the "LED" mode of the **FITLIGHT™**. There are 4 selections which will have the LEDs flash rapidly or slowly etc. per your preference and ease of visibility. *Please refer to "Parameter Explanations" for more information.*
7. **BEEP MODE:** Select if sound (Beep) is required.

SYSTEM OPERATION



8. **SAVE:** Select “Save” to save your program, a drop-down menu will appear to enable you to name the program as required.
9. **CLEAR:** This removes all data. A drop-down menu will appear to query if you are sure as all data inputs will be cleared and cannot be recovered.
10. Select “Apply to All” if you require the **FITLIGHTS™** to have all of the same parameters.

11. **IMPACT SENSITIVITY:** Select the sensitivity of ‘Impact’ as required. The higher the value the less sensitive the deactivation requires (i.e. the more force that is required for the **FITLIGHT™** to be deactivated upon impact).
12. **DELAY:** The interval between **FITLIGHTS™** activating in succession.

PLEASE NOTE: Depending on the Tablet Controller that you have, you may have to scroll up/down within the “Sequence Step Setup” to view all of the options.