


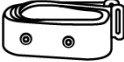





READ ME FIRST

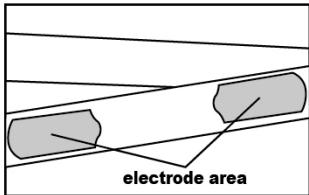
For accurate readings and best performance, please read the following suggestions:

- ★ This product is intended only for the purpose of displaying heart rate during physical activity and cannot predict the intensity level that is safe for you. It is not a medical device, nor is it intended for medical diagnostic purposes. Before you begin any exercise program, consult your physician or doctor.
- ★ Skin types and heart rate signals differ in people. You may need to take some time to be familiar with the transmitter strap to achieve stable signals. Please be patient, especially during the cold, dry winter months.
- ★ Dehydration and alcohol consumption can effect the detection and accuracy of the heart rate display. For accurate readings it is advised to wait until your body condition stabilizes before using the transmitter.
- ★ Body hair can effect the detection and transmission of heart rate signals. If necessary trim or shave chest hair where the transmitter sensing electrodes will contact your skin.

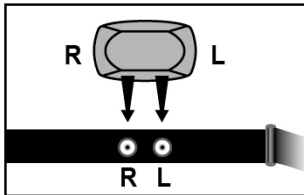
ACCESSORIES & ATTACHMENTS

-  Heart Rate Transmitter
-  Textile Elastic Strap
-  Battery Cover
-  O-Ring
-  CR2032 3v Lithium Battery

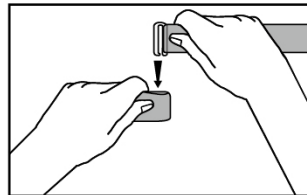
WEARING THE TRANSMITTER:



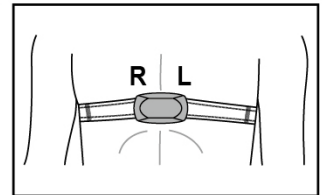
Step 1.
Slightly moisten electrode area with some water on the textile strap. (If necessary)



Step 2.
Attach the Ble 4.0 Transmitter to the textile strap 2 connection buttons. Make sure of the Right and Left side correct position.



Step 3.
Adjust strap length and wrap around chest. Insert clasp to loop end. Make sure strap is fastened on your body properly.



Step 4.
Make sure the electrodes are pressed firmly against your skin. The sensor should be centered on your chest in the upright position.

NOTICE:

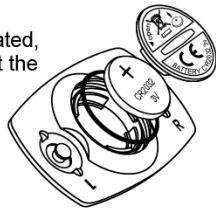
1. Use water, ECG gel to other conductive liquids to moisten the conductive rubber skin contact.
2. Do not use Vaseline or Oils which may insulate the Transmitter making it unable to detect the heart rate signals.

PUT ON HEART RATE TRANSMITTER

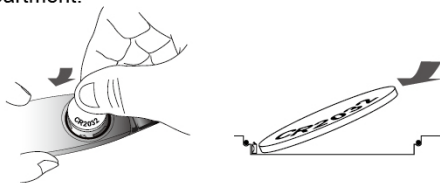
Bluetooth heart rate transmitter is made for the iPhone 4S, iPhone 5, NEW iPod Touch (5th generation), iPad (3rd and 4th generations). This Bluetooth heart rate transmitter connects wirelessly to your iOS device, display heart rate value on free or charge Fitness popular Apps, For examples: Wahoo fitness, Endomondo, Runtastic, Strava, RunKeeper, Cyclemeter, and 321Run to work with the Blue HR 4.0. and another favorite fitness App.

TRANSMITTER BATTERY INSTALLMENT

Install a CR2032 battery as back side illustrated, position the heartrate transmitter and adjust the elastic strap to fit chest snugly as shown.



Slide the CR2032 battery at an angle and make sure during battery installation that the battery is first pressed against the side contact (positive electrode) and then pressed into the battery compartment. Place the battery rubber pad (O-ring) ensures water proof protection of the battery compartment.



IMPORTANT:

Make sure to close the battery cover very tightly above illustrated to prevent sweat and moisture from spoiling the battery composition.

WEAR THE BLE 4.0 HEART RATE TRANSMITTER

This heart rate Transmitter has a soft textile strap with adjustable buckle design. It leads to you have efficient work and improve the health condition.

MAINTENANCE OF TEXTILE STRAP


The textile strap can be washed in delicate machine wash at +40°C/104°F with most common laundry detergents. Use of detergents with optical brightening agents, detergents with bleaching agents, soap or fabric softener is not recommend. Use of a laundry pouch is recommended. Machine washing has less variation than hand washing and for this reason the machine washing is recommended instead of hand-washing.

- ★ The strap does not resist soaking, dry-cleaning or bleaching.
- ★ The strap should be dry flat, hang dry or drip dry.

★ Note:

Wet strap should not be stretch unnecessarily. Strap does not tumble drying and should not be wring dry. Ironing and pressing with heat are forbidden.

Notice:

1. Detach the connector from the strap and rinse the strap under running water after every use.
2. Sweat and moisture may keep the electrodes wet and the transmitter activated. This will reduce the transmitter battery life.
3. Detach the connector from the strap and rinse the strap under running water after every use.
4. Sweat and moisture may keep the electrodes wet and the transmitter activated. This will reduce the transmitter battery life. Care symbols are presented as 

TROUBLESHOOTING:

No Heart Rate Or "ZERO" Display

- ★ -Move closer to transmitter.
- Re-wear it as instructed.
- Stay away from power lines or other electromagnetic sources.
- Moisten the electrode sensing area of the textile strap.

- ★ -If there's no heart rate value display, wait for about 1 minute then re-install the battery.
- Avoid using the watch display outside of the following temperature range 0°C ~ 50°C. (32°F ~ 122°F)
- Slow or black display may occur.

Technical Specifications

| | |
|-----------------------------|--|
| Tech : | Blue Tooth Smart (BLE 4.0)super low energy technology |
| Strap Length: | 88 cm (fit for chest :70-120cm/ 27.5"-47.2") |
| Battery Lifetime (approx) : | 1600 hours (5 yrs with 1 hr/day usage) |
| Battery : | CR2032 X 1pc (included) |
| Transmission Range : | <10 meter (33ft) |
| Waterproof : | IPX 7 |
| Operating temperature : | 0°C ~ 50°C. (32°F ~ 122°F) |
| Weight : | 47g (transmitter + textile strap) |
| Recommend apps : | Runmeter, Runkeeper, Runtastic, Endomondo, Wahoo Fitness, Strava, RunKeeper, Cyclemeter, and 321Run and so on. |

- ★ Works with iPhone 4S & iPhone 5, new iPad (3rd Generation)