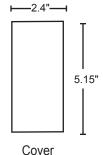
SPECIFICATION CONTROL DRAWING

Revisions				
Rev.	Date	Description	ECO No.	
1	6/12/12	Experimental Release		

Dimensions and drawings for reference only. Drawings are not to scale.

Trimmed and bound dimensions



Specifications

1. Description Product documentation: Fenix Quick Start Manual (EN-US)

2. Size Trimmed and bound: Width = 2.4", Height = 5.15".

3. Tolerance ± 0.0787 " (± 2 mm)

4. Pagination 16 pages

5. Material 120-lb matte-finish offset. Approved Equivalents Allowed.

6. Finish Matte

7. Color 4-color process8. Bindery Saddle-stitched.

9. Folds N/A

10. Electronic Artwork Shall conform to Garmin Archive 190-01507-01_01.zip

11. Languages EN-US

12. Notes This part shall comply with Garmin Banned & Restricted Substances (GPN 001-00211-00).

Files

The following files have been archived under the above ARCHIVE FILENAME.

File Name

File Contents

190-01507_01_01_Spec.indd

InDesign CS4 for PC, document specification sheet

190-01507 01 01.pdf

Portable Document Format, manual and specification sheet

fenix QSM WEB EN.pdf Portable Document Format, for online

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	Initials	Date	TITLE	Fenix Qui	ck Start Manual	(EN-US)	
Drawn By:	SMW	6/12/12	SIZE	PART NO:			REV:
Checked By:			Α	1	90-01507-01		1
Project Manager:			SCALE			Sht.	Of
Approved By:			N/A			1	17

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fēnix™ Quick Start Manual

↑ WARNING

See the Important Safety and Product Information guide in the product box for product warnings and other important information

△ WARNING

Always consult your physician before you begin or modify any exercise program.

Getting Started

When using your device the first time, you should complete these tasks to set up the device and get to know the basic features.

- 1 Charge the device (page 2).
- 2 Register the device (page 13).
- 3 Learn about the sensor data and modes (page 4).
- 4 Acquire satellites (page 7).
- 5 Go for a hike (page 8).
- 6 Create a waypoint (page 9).
- 7 Get the owner's manual (page 12).

Charging the Device

NOTICE

To prevent corrosion, thoroughly dry the contacts and the surrounding area before charging or connecting to a computer.

The device is powered by a built-in lithium-ion battery that you can charge using a standard wall outlet or a USB port on your computer.

- Plug the USB end of the cable into the AC adapter or a computer USB port.
- 2 Plug the AC adapter into a standard wall outlet
- 3 Align the left side of the charging cradle ① with the groove on the left side of the device



4 Align the hinged side of the charger ② with the contacts on the back of the device.

When you connect the device to a power source, the device turns on.

5 Charge the device completely.

Keys



1	\bigcirc	Select to turn the backlight on and off. Hold to turn the device on and off.
2		Select to scroll through the data pages, options, and settings. On the map, select to zoom out.
3	∇	Select to scroll through the data pages, options, and settings. On the map, select to zoom in.
4	→	Select to return to the previous screen.
(5)	Orange key	Select to open the menu for the current screen. Select to choose an option and to acknowledge a message. Hold to mark a waypoint.

Viewing the Status Page

You can quickly switch to this page to view the time of day, battery life, and GPS status information from any other page.

Hold ◆ .



After five seconds the display automatically switches back to the previous page.

Viewing the Sensor Data

You can quickly access real-time data for the compass, altimeter, barometer, and temperature sensors.

NOTE: These data pages automatically time out to low-power mode.

NOTE: This data is not recorded to the device (page 7).

1 From the time of day page, select \triangle or ∇ .



2 Select ∇.



3 Select ∇.



4 Select ▽.



NOTE: Your body temperature affects the temperature sensor. To get the most accurate temperature reading, remove the device from your wrist and wait 20–30 minutes.

TIP: To purchase a tempe™ wireless temperature sensor, go to www.garmin.com. See the owner's manual for more information.

Turning On a Sensor Mode

You can put the device in compass, altimeter, barometer, or temperature mode to display continuous sensor data. For example, you can put the device in altimeter mode and continuously monitor elevation data.

NOTE: If you have an optional heart rate or cadence sensor paired with the device, the list will include those data modes.

- 1 Select the Orange key.
- Select Compass, Altimeter, Barometer, or Temp..

Acquiring Satellite Signals and Recording a Track

Before you can use the GPS navigation features, such as recording a track, you must acquire satellite signals.

The device may need a clear view of the sky to acquire satellite signals. The time and date are set automatically based on the GPS position.

- **1** Hold Ω to turn on the device.
- 2 Select your language (first time only).
- 3 Select the Orange key.
- 4 Select GPS.
- 5 Wait while the device locates satellites.
 - The device displays your coordinates when it has located satellites.
- 6 Select Start.
- 7 Walk around to record a track. Your distance and time appear.
- 8 Select \(\nabla\) to view the loop of data pages including compass data, altimeter data, ascent and speed, and the status page.

You can customize some data pages. See the owner's manual (page 12).

- 9 Select to pause tracking.
- 10 Select an option:
 - Select Resume to continue tracking.
 - Select Save to save your track.
 - Select Clear to erase the track without saving.

Tracks

A track is a recording of your path. The track log contains information about points along the recorded path, including time, location, and elevation for each point.

Going for a Hike

Before you go for a hike, you should charge the device completely (page 2).

NOTE: The device turns on automatically while charging. If you do not charge the device before going for a hike, hold $\[Q \]$ to turn on the device

- 1 Select the Orange key.
- 2 Select GPS > Start.
- 3 Start hiking.
- When you want to take a break or pause the device from tracking, select [←].
- 5 Select Resume, and continue hiking.
- 6 When finished, select → > Save to save your hiking data.

Sending Your Hike to BaseCamp™

Before you can send data to BaseCamp, you must download BaseCamp to your computer (www.garmin.com/basecamp).

You can view your hike, other tracks, and waypoints on your computer.

 Connect your device to your computer using the USB cable (page 2).

Your device appears as a removable drive in My Computer on Windows® computers

and as a mounted volume on Mac® computers.

- Start BaseCamp.
- 3 Follow the on-screen instructions.

Waypoints

Waypoints are locations you record and store in the device.

Creating a Waypoint

You can save your current location as a waypoint.

- 1 Hold the Orange key.
- 2 Select an option:
 - To save the waypoint without changes, select Save.
 - To make changes to the waypoint, select Edit, make changes to the waypoint, and select Save.

Navigating to a Waypoint

- Select the Orange key.
- 2 Select GPS > Start.
- 3 Select the Orange key.
- 4 Select Waypoints, and select a waypoint from the list.
- 5 Select Go.



The device displays time to destination ①, distance to destination ②, and estimated time of arrival ③.



The two pointer marks ④ serve as a bearing pointer. The top orange mark ⑤ points in the direction you are facing.

- 7 Align the pointer marks with the top orange mark.
- 8 Continue to walk in that direction until you reach the destination.

Navigating Using TracBack®

While navigating, you can navigate back to the beginning of your track. This can be helpful

when finding your way back to camp or the trail head

- 1 Select the Orange key.
- 2 Select Tracks > Current > TracBack.



Your current location ①, track to follow ②, and end point ③ appear on the map.

Stopping Navigation

- Select the Orange key.
- 2 Select Stop Nav..

Setting Alerts

You can set the device to alert you in many different situations where your awareness of the surrounding conditions or other data is important. For example, you can set the device to alert you when you reach a specified elevation.

- 1 Select the Orange key.
- 2 Select Alerts.
- 3 Follow the on-screen instructions.

Troubleshooting

Getting the Owner's Manual

You can get the latest owner's manual from the web.

- Go to www.garmin.com/support.
- 2 Select Product Documentation.
- 3 Follow the on-screen instructions to select your product.

Locking the Keys

You can lock the keys to prevent inadvertent key presses.

- Select the data page you want to view while the keys are locked.
- 2 Hold ★ and △ to lock the keys.
- 3 Hold [♠] and △ to unlock the keys.

Resetting Your Device

If the device stops responding, you may need to reset it.

- Hold ♀ for at least 25 seconds.
- 2 Hold ♀ for one second to turn on the device.

Specifications

Battery type	500 mAh Lithium-ion battery
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Battery life	Up to 6 weeks NOTE: The actual battery life depends on how much you use GPS, device sensors, optional wireless sensors, and the backlight (page 13).		
Water resistance	Water resistant to 164 ft. (50 m)		
Operating temperature range	From -4°F to 122°F (from -20°C to 50°C)		
Radio frequency/ protocol	2.4 GHz ANT+™ wireless communications protocol Bluetooth® Smart device		

Battery Information

The actual battery life depends on how much you use GPS, device sensors, optional wireless sensors, and the backlight.

Battery Life	Mode
16 hours	GPS normal mode
50 hours	GPS long-term mode
2–3 weeks	Continuous sensor mode
Up to 6 weeks	Watch mode

Registering Your Device

Help us better support you by completing our online registration today.

- Go to http://my.garmin.com.
- Keep the original sales receipt, or a photocopy, in a safe place.

Device Care

NOTICE

Do not use a sharp object to clean the device.

Avoid chemical cleaners and solvents that can damage plastic components.

Avoid pressing the keys under water.

Avoid extreme shock and harsh treatment, because it can degrade the life of the product.

Do not store the device where prolonged exposure to extreme temperatures can occur, because it can cause permanent damage.

Getting More Information

You can find more information about this product on the Garmin[®] website.

- Go to www.garmin.com/outdoor.
- Go to www.garmin.com/learningcenter.
- Go to http://buy.garmin.com, or contact your Garmin dealer for information about optional accessories and replacement parts.



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