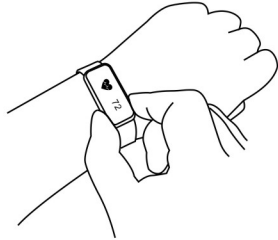


使用说明



监测心率方法
监测时,将指按住电极芯片

注意:右手尽量不要接触别左手,监测时手腕上不要有太多汗水,会影响数值准确性。



下载完APP 按照下图步骤将手环更新到最新版本

- 1.手环管理,搜索到手环设备蓝牙并连接成功
- 2.关于:进入关于最新本信息
- 3.开始更新固件



1/前言

感谢您选用本公司提供的智能手环, 本手环将为您的运动和健康管理提供更高的帮助和享受, 为了方便您使用, 请仔细阅读说明书, 并按照说明书的步骤操作。使用时无论遇到怎么样的问题, 请及时反映给我们, 我们时刻恭候为您服务。

此设备本身可单独使用, 也可配合App一起使用。当您拿到该设备时, 需在智能手环端安装一个叫做“爱心动”的App, 来体验更多功能。

本公司保留在不作任何预先通知的情况下对本手册内容中任何修改的权利。

2/维护和保洁

- + 请勿在浴室等高温度的地方使用智能手环, 同样也要避免被雨淋湿。
- + 请用柔软的干布清洁智能手环。
- + 请勿用酒精、稀釋剂或苯等化学试剂擦拭表面。
- + 有污损的插座会导致接触不良、掉电, 以致无法充电, 请定期清洁。
- + 请使用指定的配套的充电器。

3/整机介绍

3.1 产品介绍

- 该手表主要是按键操作, 其机身简单配件, 功能如下:
- + **OLED显示屏**: 显示时间、电池电量、蓝牙连接状态等;
 - + **触摸按键**: 切换菜单;
 - + **充电接口**: 充电;
 - + **电极片**: 测试心率跟呼吸训练时使用;

3.2 电池

初始状态电池充了约50%的电量, 可即时使用。该产品使用的是标准充电, 位于手环后侧。电量过低时, 手环将自动关机, 下次充电时自动开机。

注意:

请勿长时间使电池处于电量不足状态, 否则会有损电池质量和寿命为确保持手表正常工作, 请务必使用指定的配套充电器。

4/下载安装App

下载安装好app后, 启动爱心动应用。

- 1.注册新用户 (使用手机号注册);
- 2.输入用户名, 并设定密码;
- 3.验证信息, 完成注册。

填写个人信息并连接手环

- 1.填写用户个人信息;
- 2.确定手环处于开机状态;
- 3.搜索并连接手环 **QS-00**
- 4.连接上手环后正常使用。

5/手环基本功能

5.1 同步时间

通过“爱心动”App与智能手环连接, 点击App端“同步”即可使手环同步到手机时间, 这个界面会显示时间、电池电量, 还有蓝牙连接状态。



5.2 测试心率

智能手环本身可以自行测试心率, 也可以通过配合App使用测试心率。测试心率时, 要保证用户正确接触电极片。



5.3 步数

本界面显示的是用户运动时, 所累积的总步数。无需用户手动操作。



5.4 运动距离

本界面显示的是用户运动的总距离, 无需用户手动操作。



5.5 卡路里

本界面显示用户运动过后, 手环端自动计算用户所消耗的卡路里数值, 无需用户手动操作。



5.6 作息提醒

用户可以通过App端, 给手环设置三个或以下的闹钟, 当闹钟时间到时, 手环会显示闹钟图标, 并且连续振动五次。



5.7 久坐提醒

用户可以通过App端, 打开手环的久坐提醒, 当用户一段时间内都是坐的状态时, 手环就会显示久坐图标, 并且连续振动三次。



5.8 来电提醒

App端手环处于连接状态并且App中的来电提醒开关保持开着的状态下, 当手机有来电时, 手环会显示来电图标, 并且连续振动十下, 接听或者挂断电话会停止震动。



5.9 短信提醒

App端手环处于连接状态并且App中的来电提醒开关保持开着的状态下, 当手机收到短信时, 手环会显示来电图标, 并且连续振动三次。



5.10 呼吸训练

呼吸训练必须手环App一起使用, 呼吸训练过程中, 手环会一直显示呼吸训练图标。(呼吸训练必须正确接触电极片)



5.11 睡眠

手环端自动保存用户的睡眠记录, 用户可以通过App同步手环端中保存的睡眠数据, 通过App端查看详细的睡眠状态。

6/温馨提醒以及注意事项

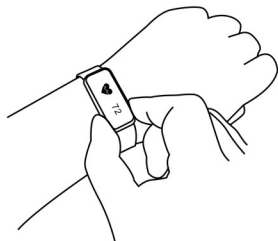
当您的智能手环出现问题时, 请不要随意拆卸打砸该智能手环, 应该第一时间打电话咨询售后服务, 或者送去专业维修点进行修理。

注意事项

1. 请勿将产品长时间浸泡在水中;
2. 请将产品远离火源、高温高热等极端环境;
3. 请注意提醒小孩以误食手表;
4. 手环需要通过蓝牙连接App或手机建立连接。

Instructions

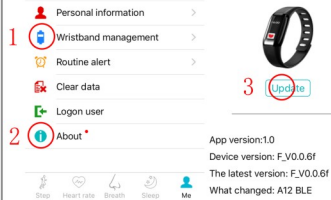
Model: QS-50



The method of FIG.



Download APP and Update Software



1.Introduction

Thank you for choosing the smart band of our company. Our smart band shall provide you will higher level of assistance and enjoyment for your exercise and health. For the better customer experience, please carefully read the Manual and do exactly as its instructs. If you have any problem, please don't hesitate to let us know. We'll always be there for you. This device can be individually used or combined with App.

When you have obtained this device, you should install a App called Ai XinDong (Loves Heart Beating) in your smart phone to experience its more functions.

Our company reserves the rights to modify contents in this manual without making any notification in advance.

2. Maintenance and Cleansing

Please don't use the smart band in places with high humidity such as the bathroom. It should also avoid being splashed wet by rain. Please use the soft dry clothes to cleanse the smart band. Alcohol, diluent, benzene or other equivalent chemicals should not be used for cleansing the surface of smart band. Dirty socket may cause bad contact, power failure and eventually losing the capability of charging, thus please cleanse it regularly. Please use designated supporting charger.

3.Device Profile

3.1 Product Profile

This watch is operated mainly by its buttons. The device possesses simple accessories and its functions are shown as below:

OLED display screen: showing time, power of battery, connection of Bluetooth;

Touch button: switching the menu;

Charging port: charging;

Electrode used for measuring heart rate and for respiratory training;

3.2 Battery

When the battery is charged with about 50% power at its initial state, it can be put into usage. This product employs the standard charging, and its charging port is located at the back of smart band. With low battery power, the smart band shall be closed automatically and shall start again at the next charging.

Notice

Please don't put the battery at low power for a long time, otherwise its quality and service life shall be compromised. For normal operation of the watch, please use the designated supporting charger.

4.Downloading and Installing App

App can be downloaded directly from Apple's App Store or Ying Yongbao (Apps of Treasure).

After the App has been installed, start the App of Ai Xindong.

1. Registering a new account (with your mobile phone number);
2. Inputting the user's name and password;
- 3.Verifying information and the registration process is finished.

Filling in your personal information and connecting the smart band.

1. Filling in user's personal information;
2. Ensuring the smart band is open;
- 3.Searching and connecting the smart band: **QS-00**
- 4.It could be put into normal usage after the connection has been established with the smart band.

5. Basic Functions

5.1 Synchronizing Time

By using Ai Xindong to connect with the smart band, click "Synchronization" in App, then the time of Ai Xindong shall be synchronized with that of smart phone. The interface shall display time, level of battery power and connection of Bluetooth.



5.2 Measuring Heart Rate

The smart band can automatically measure the heart rate or do that in combination with App. In the process of measuring heart rate, the user must correctly contact the electrode.



5.3 Step Number

This interface shall show the total step number accumulated in the process of user doing exercise. There's no need for the user manually doing anything.



5.4 Movement Distance

This interface shows the total distance of user's movement. There's no need for the user manually doing anything.



5.5 Calorie

This interface shall show the burned calorie automatically calculated by the smart band after user doing exercise. There's no need for the user manually doing anything.



5.6 Clock Alarming for Work and Rest

By using App, the user can set no more than 3 alarm clocks in the smart band. When the alarming time is up, the smart band shall show Alarming icon and continuously vibrate for five times.



5.7 Alarming for Long-Time Sitting

By App, user can start the alarming for long-time sitting in the smart band. When user has been sitting for a certain period of time, the smart band shall display the Long-Time Sitting icon and continuously vibrate for three times.



5.8 Warning for Incoming Call

When App and smart band are connected and the function of warning for incoming call is open in App, if the mobile phone is called, the smart band shall display Incoming-Call icon and continuously vibrate for 10 times. When user picks up the call or just hangs up, the vibration shall be stopped.



5.9 Alarming for Message

When App and smart band are connected and the function of alarming for message is open in App, if any message is received by the smart phone, the smart band shall display Message icon and continuously vibrate for 3 times.



5.10 Respiratory Training

For respiratory training, the smart band must be used with App. In the process, the smart band shall continuously display Respiratory Training icon. Besides, the electrode must be correctly contacted.



5.11 Sleeping

The smart band shall automatically keep user's sleeping records. User can refer to App for detailed sleeping status by synchronizing App with the sleeping data kept by smart band.

6. Warnings and Precautions

If any problem occurs to your smart band, please don't blindly disassemble or hit it. You are expected to timely call the customer service hotline or sent your device to the professional repair station.

Precautions:

- +The product shouldn't be soaked in water;
- +The product should be kept away from fire, high temperature or other extreme environment;
- +The children should be warned of accidentally eating smart band.
- +The smart band is required to establish connection with App or smart phone through Bluetooth.

FCC Caution.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.

USB port can only to be Charge, No data transmission function