Instructions Manual

Quick Start Guide

Wear smart band

Scan QR code as follows ,download and install APP/APK ,or download APP/APK from Google play for Android system or APP from APP store for iOS system phone.

- host
- wristband

① Insert host to wristband

② Band to wear the best after ulnar styloid, please put the sensor close to the skin, avoid moving.

Android

iOS

system requirements:Andriod system 4.3 and above,iOS system 7.0 andabove, support bluetooth 4.0 mobile phone.

Imstall APP on mobile phone

Touch the red ring buttons of the screen(figure) for more than three seconds, then the band will be power-on with vibration, and the screen will be lit up.
In the Power-on state, touch the red ring buttons of the screen(figure) for more than three seconds, then the band display the shutdown option; Select Off, long press will be shutdown; Select On, long press will back to the main interface.

button

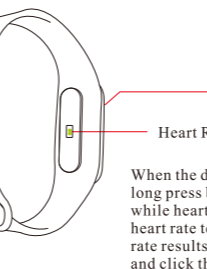Power-on   Power-off

ON/OFF
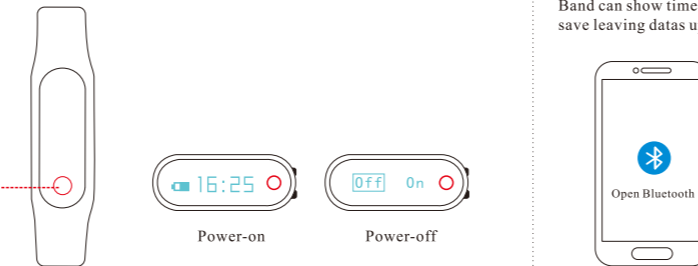
First use the band,please make sure band connect APP/APK,then automatic update time,otherwise pedometer and sleep data donot accurate.
Connect to your mobile phone APP:
Open APP→Scan→Select the band
When band and phone connect successfully,Immediately start to record and analyze your exercise and sleep,show the datas to APP;When disconnected, Band can show time and sport datas on the screen automatically ,and can save leaving datas up to seven days.

Open Bluetooth

After your band connected to yourmobile phone you can see a BT logo on the screen.

Use your band

Symbol Description

Steps   Distance(km)   Calories Burned   Heart Rate

Long press to start test

Heart Rate sensor   Heart rate display
(Test results)

When the display is switched to heart rate interface, long press buttons, then the heart rate icon flashes, while heart LED is lit.It mean that the start of the heart rate test and about 15 seconds to obtain heart rate results.You can also connect the APP, and click the "Start" to test heart rate.

Tips: When test, please put the heart rate sensor to be close to the skin and to avoid the influence accuracy of external light. Heart rate test area should be kept clean, sweat or dirt can affect test results.

Heart Fitness

Main function

When use the band first, you need to connect the APP to calibrate the time.
Standard Sports Function(steps, distance, calories)
Sleep detect(sleep time, sleep quality)
Heart Rate Monitor
Screen display、Time display
Call notification, Vibrate reminder
Message、QQ、WeChat reminder(Android System)
One key function (one key cut screen)
Reset to the factory settings
Anti-lost reminder (phone out of range alerts)
Smart unlock, Smart alarm clock
Shake photograph
Sports goal setting, Sports information sharing
SUOTA online upgrade
Synchronous data to APP or APK
When an incoming call or message band vibration

Charging

When the battery on the screen or APP is in low power alarm. band indicates that the power is low ,please charrge to band immediately ,when Charging,please take out host from wristband, insert the Charging part,and USB part connects to the related plug, you can charge.
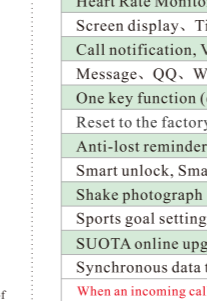
Basic parameters

Product Type:Smart band	Battery type :Lithium polymer
Main body weigh:4.2g	Synchronous type:BLE 4.0
Battery capacity:35-40mA	Waterproof level:IP65
Working temperature:-20℃~50℃	Display type:0.69 oin OLED screen
Band length:About 225mm	Adjustable length:157mm~205mm
Wrist clasp material:Aluminum alloy	Wrist strap material: TPU or silicone

Attentions

1.Don't ware in a shower or swimming.
2.Do't change band battery by yourself.
3.Use original charging line to charge.
4.Please firstly connect band,then synchron related data.
5.Don't exposure band in the high moisture,the high temperature or low temperature for a long time.
6.If band restart or crash,please pay attention to clear the phone memory information and then try again,or quit APP and restart.

Parts to introduce

*Host   *TPU wristband   *Charging line   *Packaging and instruction
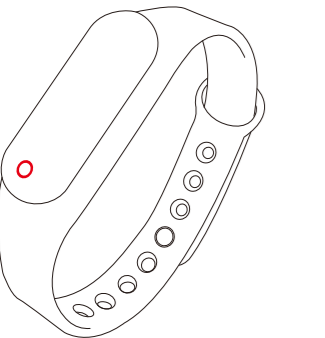
This device complies with part 15 of the FCC rules. Operation is subject to the following

two conditions:

(1) this device may not cause harmful interference, and

(2) this device must accept any interference received, including interference that

may cause undesired operation.

Changes or modifications to this unit not expressly approved by the party responsible for

compliance could void the user's authority to operate the equipment.