



HUAWEI Band User Manual





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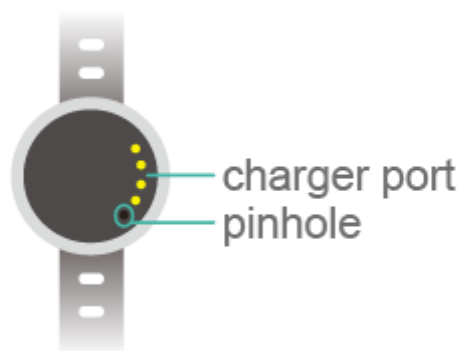


1 Introduction

- The Band supports a wide range of useful features. You can track your activity, set fitness goals, monitor sleep quality, and set smart alarms and event reminders. The Band also has an activity reminder feature that reminds you to get up after a period of inactivity. You can rotate your wrist to wake up the screen and navigate through menus. Activity and sleep data can be uploaded to the Huawei Wear app in real time. The Band also has an IP68 water-resistance rating. If the phone is paired with your mobile phone, it can alert you of incoming calls and messages.
- The Band is available in three colors (cream, black, and white).



- There is a charging port and pinhole button on the back of the Band.



- Basic product specifications

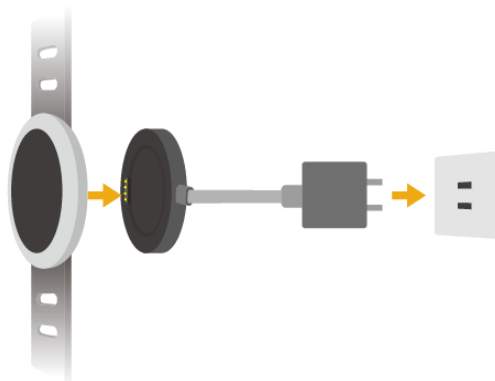
Item	Description
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Item	Description
Dimensions (H x W x D) 	- Long version: 244.4 mm × 38 mm × 9.5 mm (9.62 in. x 1.50 in. x 0.37 in.) - Short version: 229.4 mm × 38 mm × 9.5 mm (9.03 in. x 1.50 in. x 0.37 in.)
Weight	Approx. 25 g
Battery capacity	70 mAh (3 days normal use or 14 days standby)
Bluetooth range	10 m (with no obstruction)
Water and dust-resistance rating	IP68
External ports	Pogo pin USB port

2 Getting started

Follow the steps below to start using your Band.

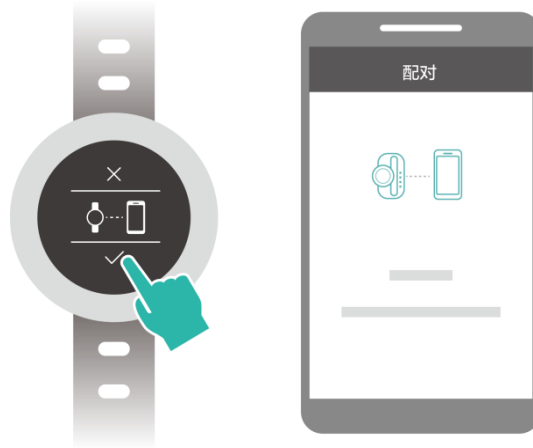
- Download the Huawei Wear app from the Google Play store or Apple App Store.
- Connect your Band to the charger. The Band will power on automatically and enter pairing mode.



Note: You can also power the Band on/off using the pinhole button on the back. When pressing the pinhole button, we recommend that you use a SIM eject pin or a ballpoint pen. Do not use needles or other sharp objects as these may damage the

button.

- Enable Bluetooth on your phone, search for your Band using the Huawei Wear app and then touch **HUAWEI Band-XXX**, where **XXX** is the last three digits of your Band's MAC address. You can find your Band's MAC address at the back of your band.
- Touch ✓ on your Band to pair it with your phone.



3 Use the band

3.1 Power on/off

The Band will power on automatically when you connect it to the charger. You do not need to power it off during use.

If you wish to forcibly power your Band on/off using the pinhole button, we recommend that you use a SIM eject pin or a ballpoint pen. Do not use needles or other sharp objects as these may damage the button.

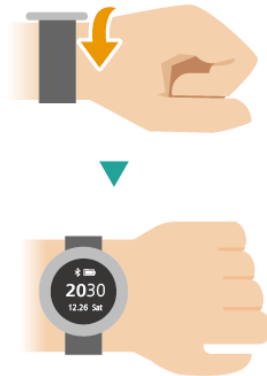
3.2 Wake up the screen

You can wake up your Band's screen using any of the three methods below:

- Knock the screen.



- Rotate your wrist: (i) Wear the Band on your wrist and keep your wrist level. (ii) Quickly rotate your wrist by approximately 90 degrees while keeping your wrist level. The screen will turn on in less than 1 second. Try rotating your wrist until you get the hang of turning on the screen.



- Lift your wrist. When the Band is on your wrist and your arm is pointing downwards, you can lift your wrist to wake up the screen.

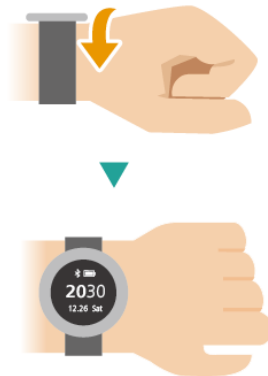
3.3 Switch screens

You can change the screen that is displayed using either of the following methods:

- Swipe the screen. By default, the home screen displays the time. Swipe left or right to view your step count, calorie count, or sleep data.



- Rotate your wrist: (i) Wear the Band on your wrist and keep your wrist level. (ii) Turn on the screen. (iii) Quickly rotate your wrist by approximately 90 degrees whilst keeping your wrist level to navigate to the next screen.



3.4 Change the watch face

There are two ways to change the watch face:

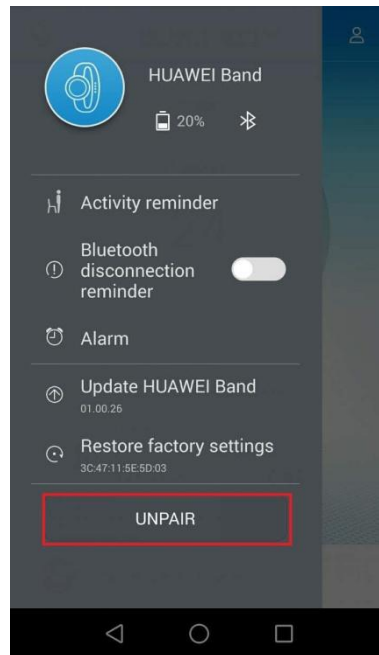
- Touch and hold the home screen until the Band vibrates. Swipe up or down to select the desired watch face and then confirm your selection by touching the screen.
- Swipe the screen until  is displayed, then touch the screen and select . Swipe up or down to select the desired watch face and then confirm your selection by touching the screen.

3.5 Pair with only one phone

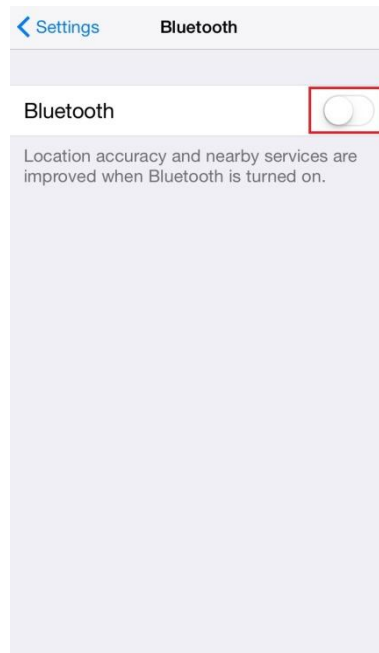
You can only pair the Band with one phone. Once you have established a Bluetooth connection with your phone, you will not be able to find your Band in the list of

Bluetooth devices on other phones. If you wish to pair your Band with another phone, first unpair the Band from your phone.

1. If you are using an Android device, open the Huawei Wear app, touch the Band icon in the top-left corner to access the settings, and then touch the **UNPAIR** button at the bottom of the screen.



2. If you are using an iPhone, simply disable Bluetooth on your phone to terminate the Bluetooth connection and then pair your Band with another phone.



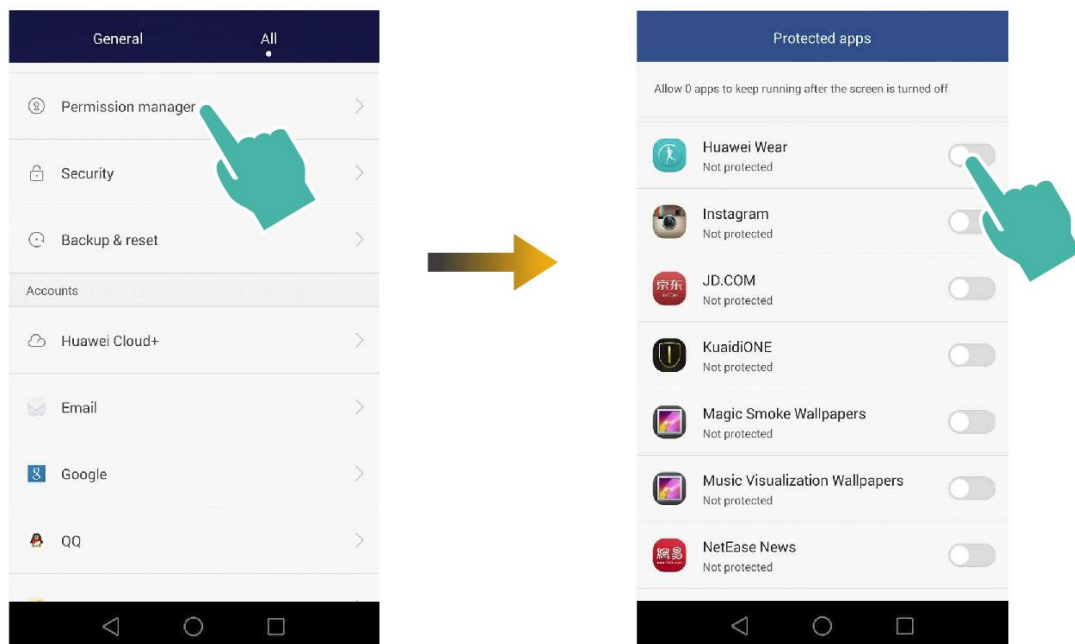
Note: When you touch **Forget This Device** in your iPhone's Bluetooth settings, your phone may still attempt to re-establish the connection with your Band. If so, disable Bluetooth and then try pairing your other phone with the Band.

3.6 Use the Band when it is not paired

You must pair your Band with your phone when you use it for the first time in order to sync the time from your phone.

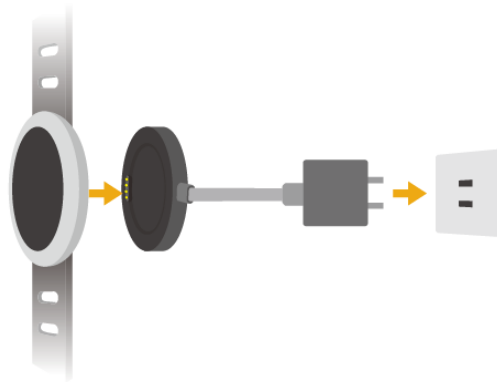
Once the time has been synced, you can use the Band to view the time, track your activity, and monitor your sleep quality without pairing it with your phone. However, to receive incoming call alerts and message notifications on your Band, you must pair it with your phone via Bluetooth and ensure that the Huawei Wear app is running.

We recommend that you add the Huawei Wear app to the list of protected apps to prevent your phone from killing the app in the background. On the Huawei P7, the list of protected apps can be accessed by going to **Settings > Protected apps**. Find the Huawei Wear app and turn on the corresponding switch.



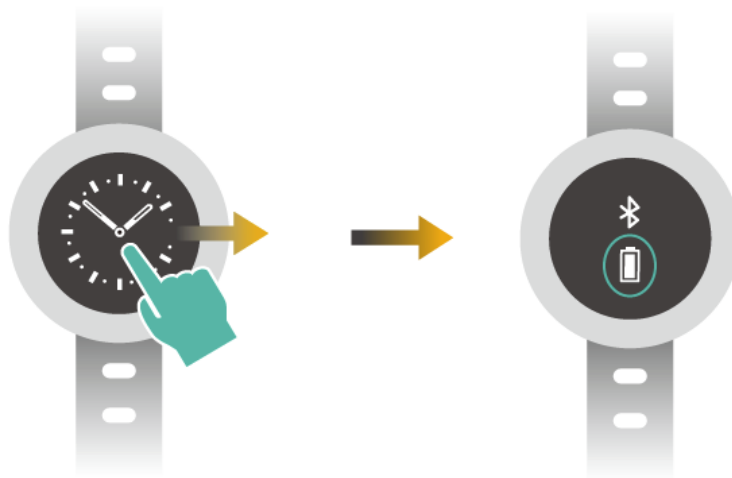
3.7 Charge your Band

Use the charger provided to charge your Band. Wipe the charging port dry before connecting your Band to the charger to prevent the charging contacts from corroding. Corrosion may cause your charger to short circuit or pose other risks.



The Band supports the following charging currents (with 5 V power supply): 0.5 A, 1 A, 1.5 A, 2 A. If the charging current exceeds the maximum supported current, the Band will automatically limit the current to prevent damage to the battery.

A full charging cycle takes approximately 1.5 hours. The battery icon on the Band's screen indicates the current battery level. Once the charging process is complete, the battery icon will stop blinking and the screen will turn off after approximately 10 seconds.



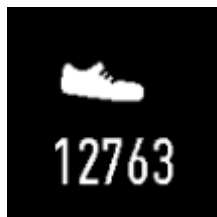
3.8 Record exercise and sleep data

The Band features a state-of-the-art 3-axis motion sensor which can monitor your sleep patterns and exercise (walking, running etc.). Motion sensors monitor the size, frequency and order of movements to determine whether the user is sleeping or exercising.

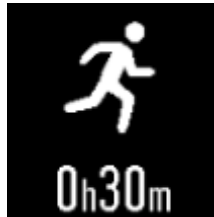
3.9 View monthly activity or sleep data

- View data for an activity

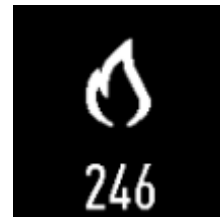
You can swipe up or down on the screen to view activity data while exercising.



Walking



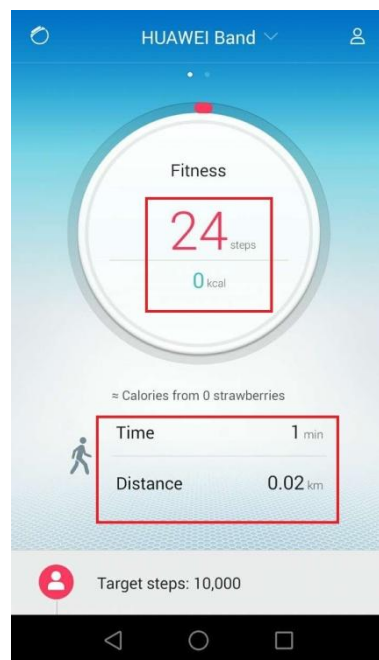
Running



Calories

Note: The running icon is not displayed unless running activity is detected.

You can also connect the Band to your phone and use the phone app to view activity data.



- View monthly data.

In the app, go to the fitness/sleep data screen and touch the monthly data icon at the bottom.



3.10 Track an activity



Turn on the screen and swipe until you reach the activity screen. Touch and hold the  icon until the countdown ends. The Band will then begin recording data.



: Pause timer



: Resume timer



: View activity duration, data, and calories burned

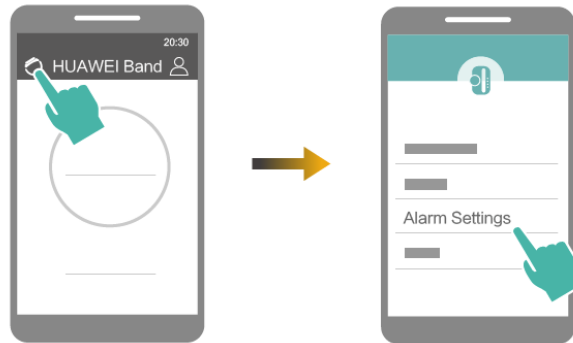
3.11 Activity reminder

You can use the Huawei Wear app to configure the activity reminder interval, start time, end time and repeats. Your Band will check whether you have been active during the designated period. If you haven't been active, the Band will remind you to do some exercise.

As long the band is powered on, the reminder works even if your phone is off.

3.12 Event reminders

- Open the Huawei Wear app. Touch  to open the Band settings screen and then select **Alarm settings**.



- Touch the **Add alarm** button and then set the alarm time, repeats and event name.
- Touch the ✓ symbol in the top-right corner.
- Sync the alarm settings to the Band: On Android, follow the in-app instructions to sync data. On iOS, go to the main app screen and then swipe down to sync data.

The Band will remind you of an event at the designated time. You can configure up to five event reminders.

3.13 Smart alarm

With the smart alarm, your Band wakes you up within a set period of time before your alarm when you are in a light state of sleep. If you are not in a light state of sleep, the alarm will not go off before the scheduled time.

To configure the smart alarm, ensure that your Band is paired with your phone via Bluetooth, enter the alarm time in the Huawei Wear app and touch ✓ to confirm the settings and sync the alarm data to your Band.

Note:

- On Android, follow the in-app instructions. On iOS, return to the main app screen, then swipe down to sync the alarm settings to your Band. The alarm settings will not take effect until they have been synced.
- If your Band is not paired with your phone when you configure the smart alarm settings, open the Huawei Wear app and sync the settings to your Band

when the Bluetooth connection is re-established.

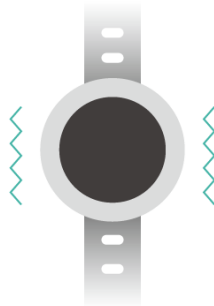
If you have set a smart alarm, your Band will vibrate earlier than scheduled if it detects that you are in a state of light sleep. To turn off the alarm, swipe up or touch **X** at the top of the screen.



When the alarm goes off, touch another area on the screen to activate the snooze function. The Band will let you sleep for another 10 minutes before vibrating again. Your Band will snooze automatically if you don't touch the screen. This can be done a maximum of three times.

3.14 Incoming call alerts

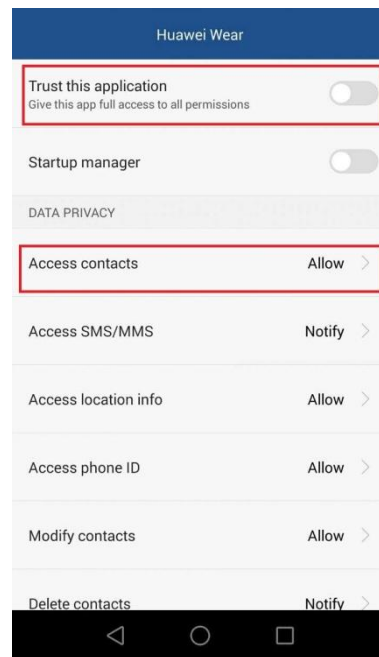
Your Band will vibrate when you receive an incoming call.



Once you have paired your Band with your phone, your Band will be automatically granted permission to access your phone's contacts. When you receive an incoming call, the caller's name will be displayed on your Band if the caller is in your contact list. If not, the caller's number will be displayed.

If the caller is in your contact list but the caller's name is not displayed, try following the steps below:

If you are using an Android device, you may have accidentally disabled the **Access contacts** permission for the Huawei Wear app. Go to **Permission manager** and turn on the switch next to **Trust this application** or allow access to contacts.



If you are using an iPhone, disable Bluetooth in your phone's Bluetooth settings, then re-enable Bluetooth and re-establish the connection with your Band.

Alternatively, you can unpair your Band from your phone. Select   to restore factory settings and then open the Huawei Wear app to re-pair your Band with your phone.

3.15 Decline incoming call

You can use the Band to decline an incoming call when it is paired with your phone. When you receive an incoming call, follow the onscreen instructions to swipe to decline the call.

Android device:



iOS device:



Note: Due to the limitations of the Android system, this feature is not yet available on Android devices. However, our software development team is currently working to provide support.

3.16 SMS/email notifications

Your Band currently supports SMS and email notifications. You can enable/disable these in the Huawei Wear app.

The Band will vibrate when you receive a message. You can swipe up on the screen to view the message.

Note:

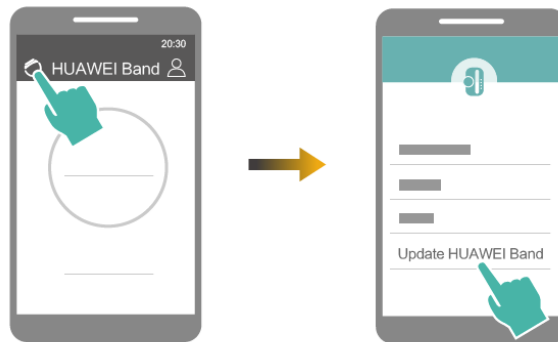
- Your Band can only display three screens worth of text. To view the next message, swipe up again.
- If a message is too long, you will not be able to read it in full on your Band. Please use your phone to read the entire message.
- Message notifications on your Band will vary depending on your phone's operating system.

Note: Currently only SMS and email notifications are supported.

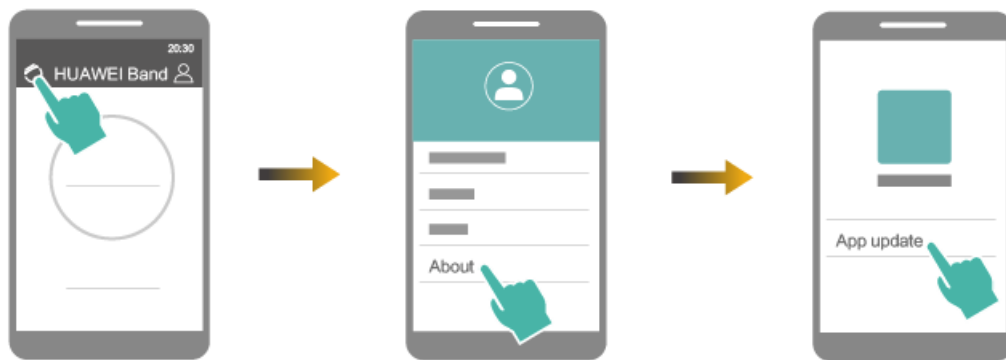
3.17 Update the Band and Huawei Wear app

Before updating, please ensure that your Band and phone have a working Bluetooth connection.

Updating your Band: in the Huawei Wear app, touch the settings icon in the top-left corner, and then touch **Update HUAWEI Band**. The Band will check for the latest software version and perform an update.



Update Huawei Wear: In the Huawei Wear app, touch the little person icon in the top-right corner and then select **About** > **App update**. When the screen displays **Updating...**, your phone will check for and apply any updates.



Note: The Band will disconnect from Bluetooth during the update. Please wait patiently until the update is complete.

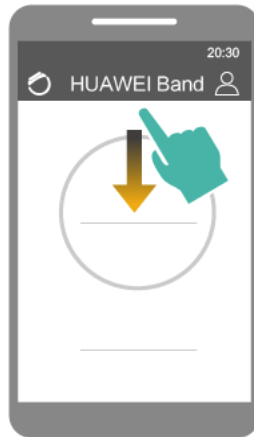
3.18 Avoid losing your personal data

Your Band can store seven days' worth of data. It is recommended that users sync their Band to the cloud on a daily basis.

When you perform a sync, data is backed up to the cloud. Before syncing data, please ensure that: (i) you have the latest version of the Huawei Wear app; (ii) there is a working Bluetooth connection between your Band and phone; (iii) both your Band and phone have sufficient charge.

Follow the steps below to sync your data:

- Open the Huawei Wear app and touch  to enter the Band settings menu. Touch **Log in** then choose any login method.
- Once you have logged in, go to the **Huawei Wear** screen and swipe down to sync data.



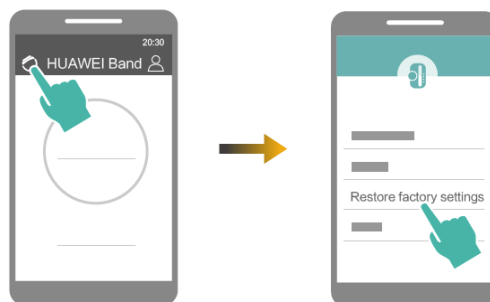
- You can sync data in the cloud to other phones by logging in with the same Huawei ID.

Note: If you change your Huawei ID while using your Band, your data will be stored across two separate accounts. This could lead to data inconsistencies. Your Band will power off automatically when battery is low. If the Band is then left uncharged for a long period, your data may be lost. Please ensure you charge your Band when battery is low.

3.19 Restore factory settings

There are two ways to restore factory settings:

- Restore using the Band. (1). Swipe the screen until you see the  icon and select it. (2). Swipe the screen until you find the restore icon  and select it. 3. Select the  icon to complete the factory restore.
- Restore using the Huawei Wear app. First, ensure you have a working Bluetooth connection between your Band and phone. Open the Huawei Wear app and touch  to enter the Band settings menu. Touch **Restore factory settings** to restore your Band to factory settings.

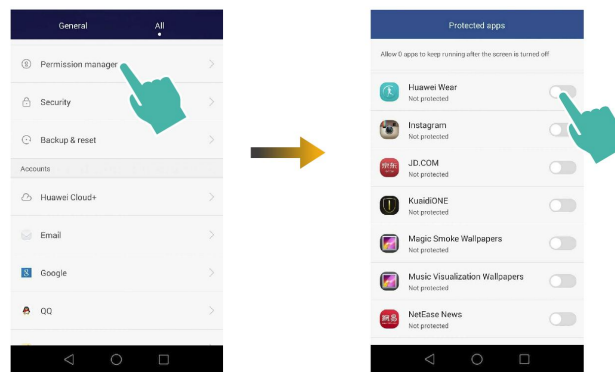


Note: If you restore your Band to factory settings, all activity, sleep and time data will be deleted. You will also need to re-pair the Band with your phone.

3.20 Huawei Wear app in power-saving mode

The Huawei Wear app doesn't work when your phone is in power-saving mode or low power mode.

On some phones, the Huawei Wear app may be killed when the screen turns off. This may prevent some functions from working. We recommend that you add the Huawei Wear app to your phone's protected app list. On the Huawei P7, the list of protected apps can be accessed by going to **Settings > Protected apps**. Find the Huawei Wear app and turn on the corresponding switch.



3.21 Download the Huawei Wear app

Please scan the QR code below or search for and download Huawei Wear from Google Play or the App Store.



If you are unable to download the app, try using a different phone. When registering a Huawei ID, if you do not receive a verification SMS, it could be because it has been intercepted by your phone, or due to a server error. It is recommended that you log in with a different Huawei ID, or try to register again later.

Note: On Android, if your phone displays the message indicating that the app cannot be installed due to unknown sources, go to **Settings > Security > Unknown sources** and enable unknown sources.

3.22 Waterproof/dustproof

The Band has an IP68 dust and water resistance rating and is suitable for everyday use. You can wear your Band while washing your hands, having a cold shower or washing your car. Please do not wear the Band while diving or scuba diving.

You should not wear your Band while swimming as there is a risk it could be damaged. The Band cannot currently monitor swimming activity.

Note: To avoid corrosion, please do not let your Band come into contact with seawater.

3.23 Protect the screen

Huawei Bands have all passed rigorous anti-scratch and anti-abrasion tests and are fitted with a screen protector by default. Please do not place your band in close contact with metal objects such as keys that might scratch the screen.

4 Trouble Shooting

4.1 Can't pair with your phone

HUAWEI band is compatible with the smart phones running the following operating systems:

- Android 4.4.4 and later
- iOS 7.0 and later

If your phone can't pair with Huawei Band, please make sure the phone has the right version of the operating systems.

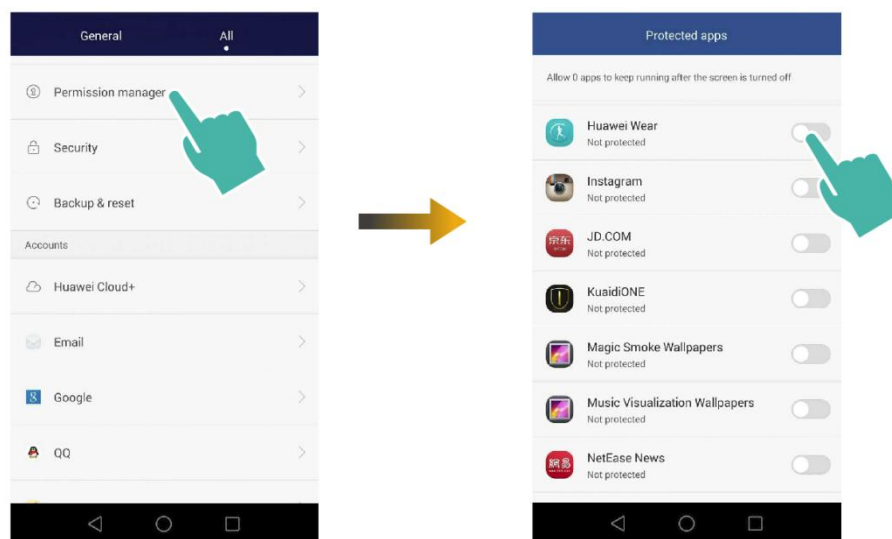
Even if your phone has right operating systems, there is a chance it can't pair with the band. This is due to the variety of devices and Bluetooth chipsets in market. Huawei keeps improving the compatibility of the Huawei band and regularly releases updates of Huawei Band firmware and Huawei Wear app. Please update your band and the app on your phone once you receive update notifications.

4.2 Bluetooth connection unstable?

After you pair your Band with your phone, the two devices keep interacting with each other. The Bluetooth connection may be lost if the devices go out of range (10 m with no obstructions) or if there is strong interference. The Bluetooth connection may become unstable when the distance between the devices approaches the maximum range.

If you cannot pair your Band with your phone, try following the steps below:

- Ensure that you have enabled Bluetooth on your phone. If Bluetooth is disabled, turn on the Bluetooth switch and place your phone next to the Band to try and establish a connection.
- Make sure that you use the Huawei Wear app to establish the Bluetooth connection. Do not connect to the Band via your phone's Bluetooth interface.
- Verify that you have selected the correct Band. Your Band will appear as HUAWEI Band-XXX on your phone. XXX represents the last three digits of your Band's MAC address. You can view the MAC address on the back of your Band.
- If you are using an Android device, verify that the Huawei Wear app is running in the background. We recommend that you add the Huawei Wear app to the protected apps list. On the Huawei P7, the list of protected apps can be accessed by going to **Settings > Protected apps**. Find the Huawei Wear app and turn on the corresponding switch.



- If the Bluetooth connection is lost, your phone will automatically attempt to re-establish the connection. If the connection is not re-established, open the Huawei Wear app and swipe down on the screen. If you see “Disconnected” under “HUAWEI Band”, press the “HUAWEI Band” to re-scan and re-connect. If you don't see “Disconnected”, press “Set up a new device” and then “HUAWEI Band” to re-scan and re-connect.



- If you still can't establish the Bluetooth connection, close the Huawei Wear app in the background and open it again (or restart your phone). Then try to pair the devices again.

Huawei keeps improving the compatibility of the Huawei band and regularly releases updates of Huawei Band firmware and Huawei Wear app. Please update your band and the app on your phone once you receive update notifications.

4.3 Sync failed?

If the sync failed, please try the following:

- Ensure that your Band and phone have a working Bluetooth connection and that your phone has the latest version of the Huawei Wear app.
- Disconnect then reconnect your Band and phone using Bluetooth and then try to sync again.

Note: Android users should select the **UNPAIR** button at the bottom of the settings screen in the Huawei Wear app. iOS users should turn off Bluetooth on their phone to disconnect from the Band.

- If you still cannot sync data, please close the Huawei Wear app and any background process. Once you have done this, re-open the app and try to sync again.

4.4 OTA update failed or took too long?

- Before updating your Band, please ensure you have at least 30% battery.

- Update times can vary depending on network performance. Please ensure you have a reliable 3G/4G or Wi-Fi connection.
- OTA updates require a reliable Bluetooth connection between your phone and Band. Usually updates take less than 10 minutes. If updates take longer than this, please be patient and do not attempt to use the Huawei Wear app or your Band in the meantime.
- If the Huawei Wear app or Band notifies you that the update failed, please reboot your Band and then try again. Keep trying until the update is successful.

4.5 The screen doesn't always turn on when rotating your wrist?

The Band's responsiveness can vary from person to person. If the Band does not respond after you rotate your wrist, try the following:

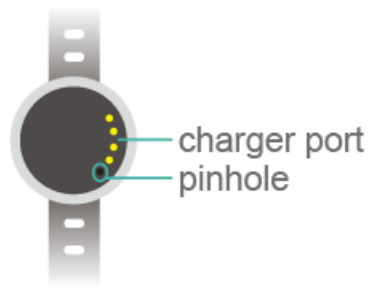
- Hold your wrist horizontal while wearing the band.
- Quickly rotate your wrist by approximately 90 degrees whilst holding your arm level. The screen should turn on in less than 1 second. Practice rotating your wrist until you can make the screen turn on every time.

Besides, the screen must face upwards before being rotated in order to wake up the screen. When you're lying down, you may not turn it on when you rotate your wrist. It may be easier to wake up your Band by touching the screen.

If your Band doesn't charge, check that the charging port is free of dirt. Salt residue from sweat or other dirt might be blocking the charging port. If this is the case, the metal terminal will not be able to conduct electricity and your Band will not charge. Wipe the dirt off the charging port using a cotton swab (or gauze) dipped in rubbing alcohol and then try to charge your Band again.

4.6 Can't be charged?

If your Band still doesn't charge, press the pinhole button on the back of the Band for at least 10 seconds to forcibly restart the Band. Once you have done this, reconnect your Band to the charger to see if it will charge.



4.7 Battery life is short?

The battery life will depend on how you use the Band. Follow the steps below to increase the battery life:

- Turning on the screen and syncing data to the Huawei Wear app will significantly decrease battery life. Reduce the number of times that you turn on the screen or sync data.
- Enabling message notifications will decrease the battery life. You can disable message notifications in the Huawei Wear app.
- Pairing your Band with your phone via Bluetooth will significantly decrease the battery life. Terminate the Bluetooth connection when you do not need to connect your Band to your phone.

4.8 Step counts not accurate?

The Band uses a state-of-the-art 3-axis motion sensor which is sufficiently accurate for everyday usage. The following factors could give rise to step count discrepancies:

- Unlike other step counters, wristbands can detect and discard invalid data, such as steps counted when users are at the office, moving their arms while static, brushing their teeth or eating. Products which cannot detect and discard false counts will give an artificially high step count.
- When not exercising, we sometimes still move our arms or body. If this is done regularly for some time, the motion sensor may incorrectly interpret this as walking activity and increase the step count.

4.9 Sleep data not accurate?

Sleep state is recorded from wrist movements made while the user is asleep. This data is captured with a capacitive sensor, using a pioneering multi-parametric approach.

- Sleep readings are too low: If frequent wrist movements are detected, the Band may determine that the user is awake and discard sleep data. If the user takes a nap lasting less than 20 minutes, this might not be detected by the Band and sleep data will not be recorded.
- Sleep readings are too high: Sensors may interpret that the user is asleep if wrist movements are infrequent and resemble those of a sleeping person. This can lead to data inaccuracies. For example, when you watch television or use a tablet, infrequent or limited wrist movement may cause the Band to determine that you are asleep.
- The development team is currently optimizing sleep sensor algorithms and will release improvements in future updates.

4.10 Gestures don't work?

The wrist-rotate gesture is suspended while you are asleep to avoid disrupting your sleep.

When you have just woken up, the Band is still in sleep mode and gestures are disabled. To leave sleep mode, you can swipe the screen three times or get up and move around. You should then be able to use the wrist-rotate gesture again.

4.11 Message notifications not displayed?

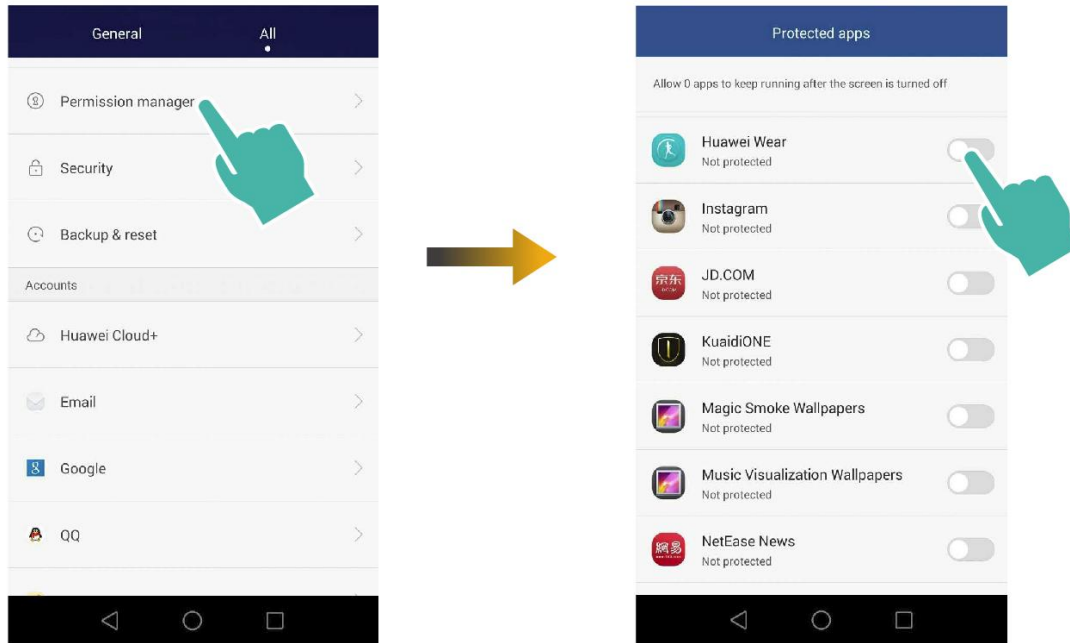
If message notifications are not displayed, please try the following:

- Ensure that your phone and Band have a working Bluetooth connection and that they sync properly.
- Open the Huawei Wear app and check that the message notification feature is enabled.
- Ensure that switches are turned on for the notifications you want to receive.
- Android users can choose the notifications they want to receive in the Huawei Wear app.

Note: If you are using EMUI 3.0, select **Huawei Contacts** to enable SMS notifications. The iOS users should go to **Settings > Push Messages** and turn on switches for notifications they want to receive.

Note: Currently only SMS and email notifications are supported.

- Please ensure that message notifications are displayed in the status bar on your phone.
- Android users should verify that the Huawei Wear app is running in the background. We recommend that you add Huawei Wear to the list of protected apps. On the Huawei P7, the list of protected apps can be accessed by going to **Settings > Protected apps**. Find the Huawei Wear app and turn on the corresponding switch.



4.12 No message notifications at night?

Open the Huawei Wear app and select **Settings > Push Messages**. The default notification period is from 8:00 to 22:00. This means that you will not receive message notifications after 22:00. You can change these times if needed.



History

Issue	Details	Date
V1.0	First release.	2015-10-12