
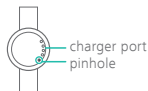
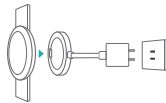



honor band Z1

Getting started

-  Your honor band starts when the charger is plugged in.
Make sure the charger port is dry before charging to prevent metal contact corrosion, short circuiting, or other risks.



-  Press the pinhole on the back of your honor band to turn the power on or off. Do not use needles or sharp tools when pressing the pinhole to avoid damage.

-  Screen controls



Knock to turn on the screen





Swipe to switch between screens

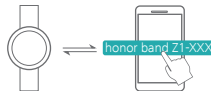
Pairing with your phone

-  Scan the following 2D barcode or search for **Huawei Wear** in Google Play or Apple's App Store to download Huawei Wear.





-  Connect honor band to your phone via Bluetooth.
Pairing mode starts when your honor band is turned on.


- Turn on Bluetooth on your phone. In the Huawei Wear application, search for and connect to your honor band.
- Touch  on your honor band.



Monitoring your fitness activities

-  Wear your honor band and begin to exercise. Your honor band will recognize your status for several kinds of exercise.

-  Your honor band uses special material which is not harmful to the body. If your skin reacts, please consult a doctor.

-  You can view your fitness data by swiping on the screen of your honor band.



Monitoring your sleep

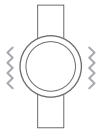


Wear your honor band to monitor your sleep status.



You can set a smart alarm using the Huawei Wear app.

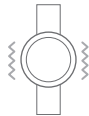
If you are sleeping lightly, the alarm will wake you up ahead of time. Follow the onscreen instructions to turn it off.



Reminders



Your honor band will vibrate when incoming calls are received.



Water resistant



Wear your honor band when washing hands, in the rain, taking cold showers or washing a car.



Please do not use when diving or scuba diving.



More information



For more information, go to the online help in the Huawei Wear app.

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honor



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