

Oregon
SCIENTIFIC
ANYWEAR
Slim Pedometer
Model: PE912
USER MANUAL

EN

INTRODUCTION

Thank you for selecting the Oregon Scientific™ ANYWEAR Slim Pedometer (PE912). The PE912 is a sensor type pedometer that can detect steps in any dimension it is carried. It is equipped with clock, alarm, 9-day memory, step counter, distance counter and calorie counter functions.

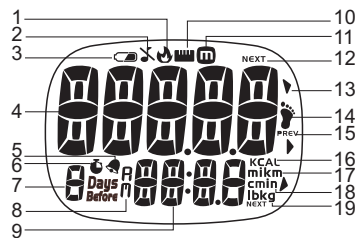
IMPORTANT Do not immerse the pedometer in water.

CONTROL BUTTONS



- SET:** Enter Setting Mode; confirm and move to next setting option
- DISP:** Display calories burned and distance walked; increase values
- MEM:** Enter Memory Mode; decrease values

LCD



- : Calories burned is displayed
- : Beep tone is Off
- : Battery power is low
- Displays mode banners, number of steps, calorie reading or distance walked
- : Alarm is On
- : Exercise timer is displayed
- : indicates how many days before (1-9) the displayed data was recorded
- : 12 hour clock
- Displays time or Setting Mode values
- : Distance walked is displayed
- : Memory Mode is displayed
- NEXT** : Indicates there is a following page
- : key press prompt: indicates which button to press
- : Step counter is On
- PREV** : Indicates there is a previous page
- KCAL** : Calorie unit
- mikm** : Distance unit (Miles / Kilometres)
- cmim** : User's stride length unit (Centimetres / Inches)
- lbkg** : Weight unit (Pounds / Kilograms)

GETTING STARTED

ACTIVATE PEDOMETER (FIRST-TIME USE ONLY)

Press and hold any key until the screen is activated.

CARRYING THE PEDOMETER

The PE912 can be carried on the waist, around the neck or in pockets and handbags by using the adjustable strap or detachable clip provided.

SET TIME AND USER DATA

To effectively use the pedometer for calculating calories burned (based on step count and user body weight) and distance walked (based on step count and length of user's stride), you are advised to set the time and your user data in the Setting Mode. Refer to Setting Mode in this manual.

IMPORTANT Remember to set the time and your user data after every battery replacement.

BATTERY REPLACEMENT

The pedometer uses a CR2032 3V battery, which has already been installed.

Indicates battery power is low.

To replace battery:

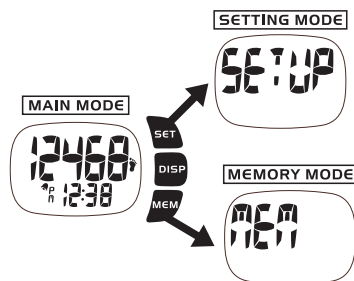


- Use a small Phillips screwdriver to remove battery compartment lid. Once opened, please keep the screws in a safe place to avoid losing them.
- Remove the old battery and insert the new one, matching the polarities.
- Replace the lid by screwing it back into place using a Phillips screwdriver.

NOTE When the battery compartment is opened or battery is replaced, all data in the pedometer will be reset.

OPERATION MODES

The PE912 has 3 modes of operation. The Main Mode is the default display mode, which displays the current step count and time. To enter other modes, press the buttons as shown below.



MAIN MODE

In the Main Mode, you can:

- view the time and current step count (default), calorie burned, distance walked and exercise time
- turn On or Off the step counter

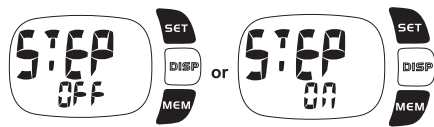
To view the current calorie burned and distance walked:

Press **DISP**. The display sequence is: calorie burned and distance walked . The exercise time with icon is displayed on the lower part of the screen.

To turn the step counter On or Off:

In situations where you do not need to record step count, you can turn Off the step counter.

Press and hold **SET** and **MEM** at the same time for 2 seconds until the following screen is displayed. To turn On the step counter, repeat the same action. indicates step counter is On.



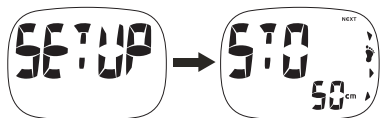
NOTE

- If the step counter is Off, there will be no step, calorie and distance calculation nor recording into memory.
- The current step count, calorie burned, distance walked, and exercise timer will be reset automatically to zero at midnight.

SETTING MODE

In the Setting Mode, you can set the stride length, user's weight, time, alarm On/Off and alarm time, and beep tone On/Off.

- Press and hold **SET** to enter the Setting Mode.



- Wait for the setting option to flash, then press **DISP** or **MEM** to set values. You can press and hold these buttons to rapidly set the values.
- To confirm and move to next setting option, leave unit idle and wait for display to change.

The setting sequence is: stride length unit, stride length value, weight unit, weight value, 12/24 time format, time (hour and minute), alarm On/Off, alarm time (hour and minute) (if alarm On is selected) and beep tone On/Off.

NOTE You can press **SET** to skip through settings.

REMARK Press any button to silence an activated alarm. If not deactivated, the alarm will be activated at the same time the following day.

MEMORY MODE

In the Memory Mode, you can view the records of your steps and calories burned for the past 9 days.

To toggle through days:

- Press **MEM** to enter the Memory Mode.
- Press **MEM** or **DISP** to select which day to view.

NOTE

- When toggling between days, the record displayed will be of the same category (either step count or calorie burned).

To toggle between type of data displayed (calories burned or step count): leave unit idle and wait for display to change.

REMARK Toggle through all 9-day records to return to the Main Mode.

To reset records:

You cannot reset the records manually. The pedometer is designed to automatically reset the records.

DATA TRANSFER

To help users keep track of their results, the measurements recorded by PE912 can be easily uploaded onto console for viewing and analysis.

Apart from the periodic transmission when there is a lot of memory and when it detects USB communications hub nearby, user can choose to manually send data.

To manually send data:

- Press and hold **DISP**.

To stop data transmission:

- Press and hold **DISP**.

"DONE" indicates successful data transmission.

"Error" indicates unsuccessful data transmission.

IMPORTANT Since there is a 9-day limit for memory, to prevent records being erased before being uploaded to the console users are reminded to send data every few days.

UNIQUE ID

Each unit has a unique ID which can be found on the device.

SPECIFICATIONS

Real time clock	12 / 24 format with hour / minute
Step measurement range	0 – 99,999 steps
Distance measurement range	0 – 999.99 km / miles
User adjustable stride length	28 – 152 cm (11 – 60 inches)
Calorie measurement range	0 – 99,999 kcal
Body weight range	29 – 154 kg (64 – 340 pounds)
Exercise timer display range	99 hr 59 min
Power	1 x CR2032 3V battery
Operating temperature	-10°C to 40°C (14°F to 104°F)
Storage temperature	-20°C to 60°C (-4°F to 140°F)

PRECAUTIONS

To ensure you use your product correctly and safely, read these warnings and the entire user manual before using the product:

- Use a soft, slightly moistened cloth. Do not use abrasive or corrosive cleaning agents, as these may cause

damage. Use luke warm water and mild soap to clean the device thoroughly after each training session. Never use the products in hot water or store it when wet.

- Do not subject the product to excessive force, shock, dust, temperature changes, or humidity. Never expose the product to direct sunlight for extended periods. Such treatment may result in malfunction.
- Do not tamper with the internal components. Doing so will terminate the product warranty and may cause damage. The main unit contains no user-serviceable parts.
- Do not scratch hard objects against the LCD display as this may cause damage.
- Take precautions when handling all battery types.
- Remove the batteries whenever you are planning to store the product for a long period of time.
- When replacing batteries, use new batteries as specified in this user manual.
- The product is a precision instrument. Never attempt to take this device apart. Contact the retailer or our customer service department if the product requires servicing.
- Do not touch the exposed electronic circuitry, as there is a danger of electric shock.
- Check all major functions if the device has not been used for a long time. Maintain regular internal testing and cleaning of your device. Have your watch serviced by an approved service center annually.
- When disposing of this product, ensure it is collected separately for special treatment and not as normal household waste.
- Due to printing limitations, the displays shown in this manual may differ from the actual display.
- The contents of this manual may not be reproduced without the permission of the manufacturer.
- Should there be any discrepancy between the English and other language versions, the English version shall apply and prevail

NOTE The technical specifications for this product and the contents of the user manual are subject to change without notice.

NOTE Features and accessories will not be available in all countries. For more information, please contact your local retailer.

ABOUT OREGON SCIENTIFIC

Visit our website (www.oregonscientific.com) to learn more about Oregon Scientific products.

If you're in the US and would like to contact our Customer Care department directly, please visit: <https://us.oregonscientific.com/service/support.asp>

For international inquiries, please visit: <http://us.oregonscientific.com/about/international.asp>

EU-DECLARATION OF CONFORMITY

Hereby, Oregon Scientific, declares that this ANYWEAR Slim Pedometer (Model: PE912) is in compliance with EMC directive 2004/108/EC. A copy of the signed and dated Declaration of Conformity is available on request via our Oregon Scientific Customer Service.



FCC STATEMENT

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) This device must accept any interference received, including interference that may cause undesired operation.

WARNING Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation.

This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio / TV technician for help.

DECLARATION OF CONFORMITY

The following information is not to be used as contact for support or sales. Please visit our website at www.oregonscientific.com for all enquiries.

We
Name: Oregon Scientific, Inc.
Address: 19861 SW 95th Ave., Tualatin, Oregon 97062 USA
Telephone No.: 1-800-853-8883

declare that the product
Product No.: PE912
Product Name: ANYWEAR Slim Pedometer
Manufacturer: IDT Technology Limited
Address: Block C, 9/F, Kaiser Estate, Phase 1, 41 Man Yue St., Hung Hom, Kowloon, Hong Kong

is in conformity with Part 15 of the FCC Rules. Operation is subject to the following two conditions: 1) This device may not cause harmful interference, and 2) This device must accept any interference received, including interference that may cause undesired operation.