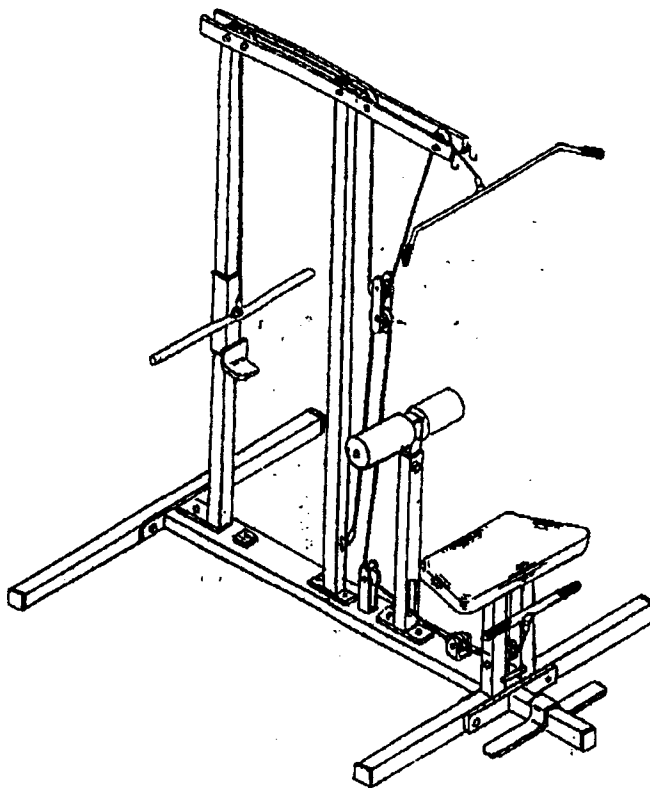


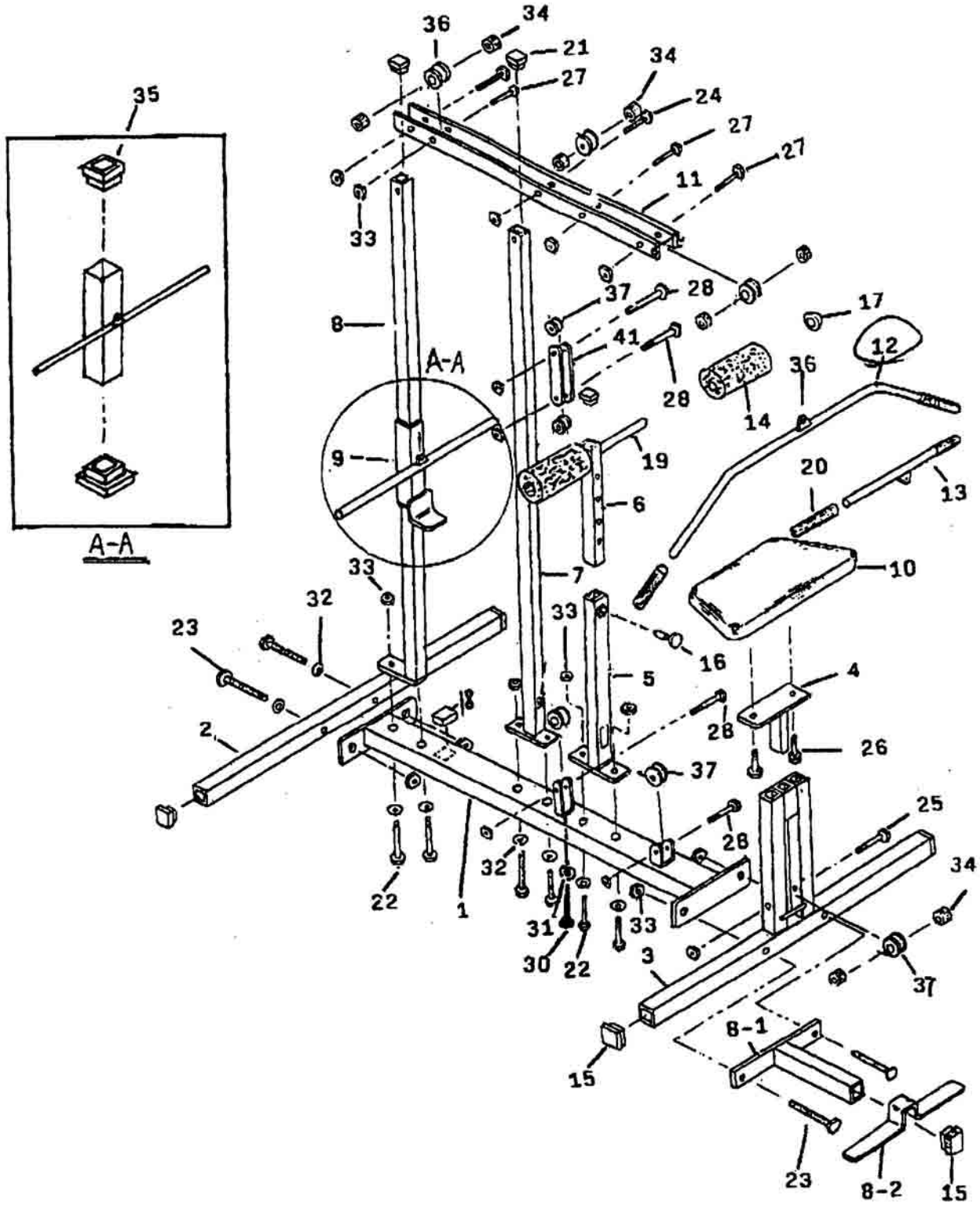
IM 3315

# IMAGE

**WHY 3315  
FREE STANDING LAT MACHINE**

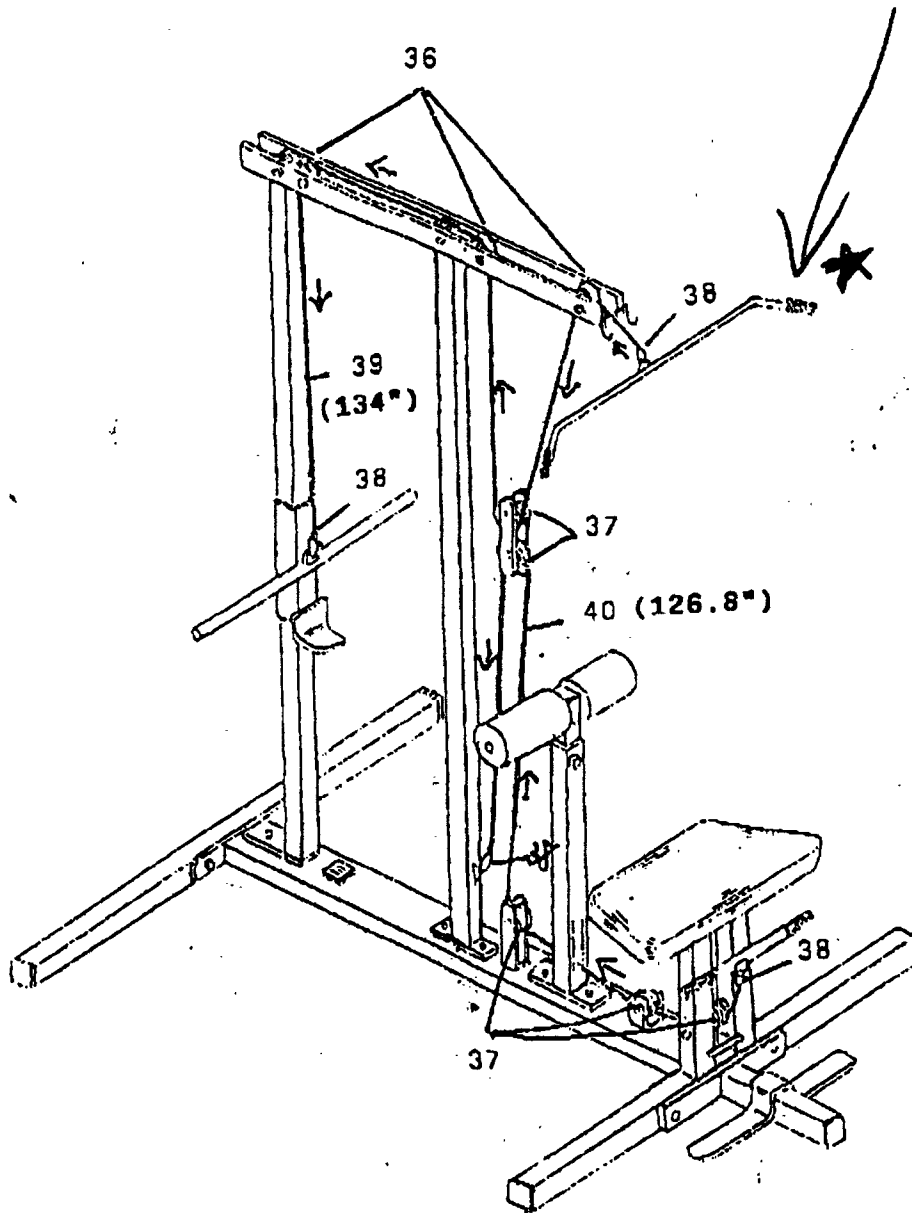


**Assembly Instructions**



LAT BAR TO BE  
REPLACED AT  
NO CHARGE

CABLE RIGGING SYSTEM



PARTS LIST

REF NO.	PART NO.	QTY	PART DESCRIPTION
1	3315-01	1	BASE
2	3315-02	1	BACK LEG
3	3315-03	1	FRONT LEG
4	3315-04	1	SEAT SUPPORT
5	3315-05	1	THIGH POST SUPPORT
6	3315-06	1	THIGH POST
7	3315-07	1	UPRIGHT
8	3315-08	1	SLIDE POST
8-1	3315-8-1	1	STAND SUPPORT
8-2	3315-8-2	1	STAND PLATE
9	3315-09	1	WEIGHT SLIDE
10	3315-10	1	SEAT PAD
11	3315-11	1	PULLEY BRACKET
12	3315-12	1	LAT PULL BAR
13	3315-13	1	LOW PULL BKAR
14	3315-14	2	ROLLER PAD
15	3315-15	5	2" END PLUG
16	3315-16	1	KNOB BOLT
17	3315-17	2	PUSH NUT
18	3315-18	1	RUBBER BUMPER
19	3315-19	1	ROLLER PAD TUBE
20	3315-20	4	RUBBER GRIP
21	3315-21	3	1 3/4" END PLUG
22	3315-22	6	BOLT 3/8" - 16 X 2 1/2"
23	3315-23	4	BOLT 3/8" - 16 X 3"
24	3315-24	2	BOLT 3/8" - 16 X 2 3/4"
25	3315-25	1	BOLT 6" L
26	3315-26	2	BOLT 3/8" - 16 X 3/4"
27	3315-27	3	SHANK BOLT 3/8" - 16 X 2 3/4"
28	3315-28	4	SHANK BOLT 3/8" - 16 X 2"
30	3315-30	1	BOLT 1/2" - 12 X 2"
31	3315-31	1	WASHER 1/2"
32	3315-32	8	WASHER 3/8"
33	3315-33	19	NUT 3/8"
34	3315-34	8	PVC SLEEVES
35	3315-35	2	ø 60 X ø 45 m/m PVC PLUG
36	3315-36	3	4 1/2" PULLEY
37	3315-37	5	3 1/2" PULLEY
38	3315-38	4	CABLE HOOK
39	3315-39	1	CABLE 134"
40	3315-40	1	CABLE 127"
41	3315-41	2	PULLEY BRACKET

ASSEMBLY INSTRUCTIONS FOR ECONO LAT ATTACHMENT

- 1) Assemble the Slide Post (8), Upright (7), and the Thigh Post Support (5) to the Base (1), as shown. Use the 3/8" x 2 1/2" bolts (22) with washers (32), and 3/8" hex nuts (33).
- 2) Next, attach the Back Leg (2), and the Front Leg (3), and the Stand Support (8-1), with the 3/8" x 3" bolts (23), washers (32), and the 3/8" hex nuts (33).
- 3) Push the PVC Plug (35) into the Weight Slide Post (9), and add the Weight Slide (9) to the Slide Post (8). Allow it to rest on the Base, at this time.
- 4) Assemble the Pulley Brackets (11) to the Slide Post (8) and the Upright (7). Use the 3/8" x 2 3/4" bolts (24) with nuts. DO NOT TIGHTEN.
- 5) Assemble the Pulleys 4 1/2" (36) and the PVC Sleeves (34) to each side to the Pulley Brackets (11). Use the Shank Bolt 3/8" x 2 3/4" and the 3/8" Nut (33). TIGHTEN ALL BOLTS.
- 6) The Pulley 3 1/2" (37) with PVC Sleeves (34) to each side to the Front Leg (3) as shown. Use the 6" Bolt (25) with Hex Nut, the other Pulleys 3 1/2" (37) mount to the Base (1) and Pulley Bracket (41) as shown. Use 3/8" x 2 1/4" (28) with Hex Nut.
- 7) Attach Seat Pad (10) to the Seat Support (4). Use the two 3/8" x 3/4" bolts (26). Slide this assembly into the middle tube of the Front Leg (3).
- 8) Slide the Roller Pad Tube (19) through the large holes of the Thigh Post (6). Allow equal space on both sides. Add Roller Pad (14) to each side. Secure both ends with two Push Nuts (17). Slide into Thigh Post Support (5) and lock in the desired position with the Knos Bolt (16). Snap the 1 3/4" End Plug (21) in the top of teh Thigh Post.
- 9) String the Long Cable 134" (39) over the top three pulleys, as shown. Add a Hook (38) to each end and attach to the Weight Slide (9) at the rear and to the Lat Pull Bar (12). ★
- 10) Add five 2" End Plugs (15) to the Front, Back Legs and Stand Support (8-1). Attach the Rubber Bumpers (18) to the Base (1). Slide the Grips (20) onto the Bars.

TO ORDER REPLACEMENT PARTS CONTACT:

**IMAGE INC.**  
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