



USER MANUAL Version1.1

Preface

Thank you for choosing our smart watch. You can fully understand the equipment by reading this manual. Use to appreciate the practical functions and simple operation methods.

The company reserves the right to modify the contents of this manual without any prior notice, Subject to notice.

Product configuration
Smart watch X1
Packing box X1
Instruction X1
Charging stand X1

App functions and settings

Personal informationsettings — personal information, gender, age, height, weight and distance can be set.
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TP Touch Gesture Function Description

Key with knob; Press and hold for 4 seconds to switch on and off; Short press any page to return to the dial; Short press on the dial page to turn off the screen; Regard the button to switch the dial.

rocate the button to switch the disk.

Touch gesture: The standby page slides up to enter the information page, and slides down to enter the control center.

Slide the standby page left and right to switch circularly: three rings of exercise, weather heart rate, sleep monitoring, music control.



Underlining Scroll up

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Watch to phone connection

First turn on the Bluetooth function of your phone. The watch does not support multiple languages, the factory language is English. The mobile phone APP language is automatically synchronised when connected to the mobile phone APP.

the mobile phone AFP.

Medical septimens supported are Android and IGS Simplified Chinese, Teglitah,
French, Spain, Fortugal, Revisian, German, Netherlands, Turkey, Malaysia, Poland,
Czech, Slowkaik, Arabic, Italy, Thal
15/6/Mardeli mobile phone users scan the QR code below to download and install
the client AFP. APP name: "FIFTY" or



Device connection:

For the first ten, you need to connect the age for calibration. After the connection is successful, the beaceds will automatically synchronize the time.

Turn on the Bellevote having to have been a successful to the properties of the successful the transition of the confidence of the successful the successful the successful to the successful the successful to the successful the successful

Watch charging and activation

Make sure that the bracelet has normal power during initial use. If the bracelet cannot be started normally with low power, please connect the charger to charge the device.



Main features

Sleep mode
When falling asleep, the bracelet will automatically enter the
sleep monitoring mode, Automatically detect your times of
deep sleep? light sleep? wakefulness throughout the night,
and calculate your sleep quality. The bracelet only displays the
total duration of deep sleep? light sleep? sleep, and the app car
when the details of sleep data.

Exercise

8 Sports modes to choose from including: walking, running, cycling, basketball, football, badminton, jumping rope and swimming. More detailed analysis and data Records can be viewed in the cleint. Pedometer is cleared in the early hours of the morning.

Blood pressure interface Click on the blood pressure screen to measure the current blood pressure level. More detailed analysis and data logs can be viewed in the client.



08-20



Weather information
The weather page displays the current weather, air
quality information, and tomorrow's conditions for
tomorrow. The weather information is only available
if you are connected to the client. If you are disconne
for a long time, the weather information will not be
updated.



Camera controls
When connected, start photographing from the bracelet
end or enter the remote photographing interface from
the app end, shake / roll your wrist, / touch the bracelet,
and take photos automatically after the countdown of
3 seconds. Please allow the app to access the album to
save self taken photos.





Sedentary reminder
Set whether the sedentary reminder function is enabled
You can set the reminder time interval. If you sit for a
long time within the set time, the bracelet will remind
you.

Do not disturb mode
Turn on the do not disturb mode function, you can set
the do not disturb time period, and the bracelet will stop
receiving notification messages within the set time
period to avoid being disturbed by reminder messages.

Frequently asked questions and answers

Why do blood pressure values deviate from the blood pressure monitor? The deviation between the watch and the sphrypmonamenter in due to a number of actors. The sphrypmonamenter measures in the farchal art ray and the watch for actors. The sphrypmonamenter measures in the farchal art ray and the watch between the sphrypmonamenter and the sphrypmonamenter of the sphrypmonamenter and the sphrypmonamenter of the sphrypmonamenter and the sphrypmonamenter of the

Product specification Hardware Platform yizhaowei yc1133 ROM 32Mb 64KB Display size TFT 1.69inch (240*280) Strap width 122mm Battery Bluetooth ve Bluetooth 5.0+5.0 KW-B02 dual mode Android 5.0 and ios9.0 or above Encoders Simplified Chinese, English, French, Spain, Portugal, Russian, German, Netherlands, Turkey, Malaysia, Poland, Czech, Slovakia, Arabic, Italy, Thai

Common Troubleshooting

L. The watch cannot be turned on: Press the on button for foo short a time, more than 3 seconds; the battery power is too low, please Use the haging; cable to charge.

2. The watch cannot be charged normally, whether the charging contact is normal and the charge is When the battery is too low, the charging contact is normal and the charge is When the battery is too low, the charging and the control of the charge is when the battery is too low, the charging and the control of the charge is when the battery is too low, the charging to more in the charge is the charge in the charge in the charge is the charge in the charge in the charge in the charge is the charge in t

Warranty Description

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1. This product in normal use, if the product quality problems caused by manifacturing, materials, design and other reasons, from the date of purchase, the motherbeard within one year free warranty, battery, charger warranty for six months.

No warranty is provided for faults caused by the user's personal reasons, considerably modification of the watch, etc. causing injury.

injury. [2] Injuries caused by inadvertent dropping during use. [3] All human damage or third party fault, misuse (e.g. water in the main unit, external shocks, scratch damage to peripheral components, etc.) is not covered by the warranty.

When requesting a free warranty, please provide a warranty card with the date of purchase and the stamp of the place of purchase. Warranty card.











FCC Statement

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Caution: Any changes or modifications to this device not explicitly approved by manufacturer could void your authority to operate this equipment.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

RF Exposure Information

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.

ISED Statement

- English: This device complies with Industry Canada license-exempt RSS standard(s). Operation is subject to the following two conditions: (1) This device may not cause interference, a nd (2) This device must accept any interference, including interference that may cause undesired operation of the device.

The digital apparatus complies with Canadian CAN ICES-3 (B)/NMB-3(B).

- French: Le présentappareilestconforme aux CNR d'Industrie Canada applicables aux appareils radio exempts de licence. L'exploitationestautorisée aux deux conditions suivantes: (1) l'appareil ne doit pas produire de brouillage, et (2) l'utilisateur de l'appareildoit accepter tout brouillageradi oélectriquesubi, mêmesi le brouillageest susceptible d'encompromettre le fonctionnement. l'appareil numérique du ciem conforme canadien peut - 3 (b) / nmb - 3 (b).

This device meets the exemption from the routine evaluation limits in section 2.5 of RSS 102 and compliance with RSS 102 RF exposure, users can obtain Canadian information on RF exposure and compliance.

cet appareil est conforme à l'exemption des limites d'évaluation courante dans la section 2.5 du cnr - 102 et conformité avec rss 102 de l'exposition aux rf, les utilisateurs peuvent obtenir des données canadiennes sur l'exposition aux champs rf et la conformité.

This equipment complies with Canada radiation exposure limits set forth for an uncontrolled environment.

RF Exposure Statement

The device has been evaluated to meet general RF exposure requirement. The device can be usedin portable exposurecondition without restriction.

L'appareil a été évalué pour répondre aux exigences générales

d'exposition aux radiofréquences. L'appareil peut être utilisé en condition d'exposition portable sans restriction.