B03

USER MANUAL
Version1.1

Preface

Thank you for choosing our smart watch. You can fully understand the equipment by reading this manual.Use to appreciate the practical functions and simple operation methods.

The company reserves the right to modify the contents of this manual without any prior notice,Subject to notice.

Product configuration
- Smart watch   X1
- Packing box   X1
- Instruction   X1
- Charging stand   X1

Note: This product supports IP67 waterproof, rain, hand washing and wearing Hot water bath, but sauna is not feasible and can not prevent steam. The company will not provide free warranty in case of water entering due to failure to follow the pro -mpts. There will be water in the horn hole after soaking in water. Please throw out the water so that the sound can return to normal.

Key operation instructions

Side button lower key:long press to switch on/off, short press to turn off the screen in standby interface, short press to return to standby interface in secondary menu interface; when the watch is dead, long press for 10 seconds to restart the watch.

The key on the side key is equipped with an encoder:In the standby interface, short press to enter the menu interface, and press twice continuously to switch the menu style. In the secondary menu interface, short press to exit directly from the dial in -terface. Dial interface rotary encoder switch dial. (when the screen is off, short press of the up and down keys is the screen on function).

Encoder key:rotate to switch the dial, scroll up and down in the list menu, adjust +- i n the volume/brightness screen, zoom in and out in the honeycomb screen, etc.

TP Touch Gesture Function Description

When in the standby dial interface:right swipe for pedometer, heart rate monitor, sleep, music control, weather function in that order. Left swipe for split screen bar, down swipe for message notification, up swipe for notification; after entering each function Right swipe to exit the function.

Dial switching:When in standby interface, long press the screen, dial selection will appear, select the dial you want by swiping left and right, click to confirm. Select the dial you want by swiping left and right, and click to confirm. Or press the rotary encoder on the side button to switch dials directly.

Notification page

Underlining   Scroll up

Left stroke   Right stroke

Right cross   Left cross

Split screen bar   Shortcut bar

Underlining   Scroll up

Message notification

Watch to phone connection

First turn on the Bluetooth function of your phone.
The watch does not support multiple languages, the factory language is English. The mobile phone APP language is automatically synchronised when connected to the mobile phone APP.

Mobile App languages supported are: Android and IOS: Chinese, Traditional Chinese, English, German, Korean Spanish, Japanese, French, Russian, Arabic, Ukrainian, Italian, Portuguese.

IOS/Android mobile phone users scan the QR code below to download and install the client APP. APP name "TFit"

There will be various permission reminders during the download process, press agree on all of them, the watch and the phone should be connected to Bluetooth 3 .0, Bluetooth name B03 Call and Bluetooth 4.0,Bluetooth name KW-B03 in order to achieve all functions.

Bluetooth 4.0 (KW-B03) connection method: After installation, open APP "TFit" and open mobile phone Bluetooth, APP "TFit" will have a start notification prompt, point OK. Click device, add ready, search for device and click connect, some Android phones need to open the phone GPS to receive the watch Bluetooth name.

Bluetooth 3.0 (B03 Call) connection method: open the watch main menu_Bluetooth a open the watch Bluetooth function "ON", then in the mobile phone Bluetooth function to connect the Bluetooth name "B03 Call".
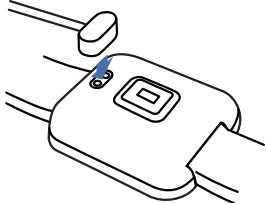
How to identify the success of Bluetooth connection: When the watch standby interface, the Bluetooth logo at the top of the shortcut bar in green means Bluetooth 4.0 is successfully connected, blue means Bluetooth 3.0 is connected to the function, when the Bluetooth logo is up blue and down green means Bluetooth 3.0 and 4.0 are successfully connected at the same time.

Bluetooth automatic reconnection:
1. There is no reminder on the bracelet when it is out of the Bluetooth connection range. When the bracelet reaches the Bluetooth connection range, the Bluetooth will be automatically reconnected by opening the app.
2. Close the background of the application or restart the phone or click on the one-key cleanup that comes with the phone, then enter the valid range of Bluetooth connection again, Bluetooth will be automatically reconnected.

Watch charging and activation

The watch needs to be charged and activated before it can be used for the first time; Use the supplied magnetic charger to attach to the metal contacts on the back of the watch and connect the other end of the charger to the The other end of the charger can be connected to a USB charging head or to a USB port on your computer.

Main features

Sleep
The watch records and displays the total number of hours of sleep last night as well as the number of hours of deep sleep and light sleep. It is cleared at 20:00 on the night of sleep.

Heart rate
The watch can record and display 24H heart rate values throughout the day. Click on the heart rate screen to Current heart rate value can be measured. You can only see the 24h data for the day, the bracelet data The bracelet data is cleared in the early hours of the day.

Campaign information
The watch records and displays the number of steps taken each day, the number of calories burned and mileage information.

Exercise
8 sports modes to choose from including: walking, running, cycling, basketball, football, badminton, jumping rope and swimming. More detailed analysis and data Records can be viewed in the client. Pedometer is cleared in the early hours of the morning.

Blood pressure interface
Click on the blood pressure screen to measure the current blood pressure level. More detailed analysis and data logs can be viewed in the client.

Oximetry interface
Click on the blood oxygen screen to measure the current blood oxygen level. More detailed analysis and data logging can be viewed in the client.

Weather information
The weather page displays the current weather, air quality information, and tomorrow's conditions for tomorrow. The weather information is only available if you are connected to the client. If you are disconnected for a long time, the weather information will not be updated.

Message Push
The watch can receive push notifications on the display phone and can be switched on and off in the client Push items can be switched on and off in the client. The watch messages page can store the last 5 message records.

Camera controls
When connected to the phone, the watch can act as a remote control for the phone's camera. On the phone After opening the camera on your phone, tap on the watch camera control page to trigger the the mobile phone camera shutter.

Music control
When connected to the phone, the watch can control the phone's music player.

Stopwatch
Click on the stopwatch icon. Access the stopwatch function.

Smart Alarm Clock
You can set the watch's smart alarm in the client, When the time is set, the watch will display the alarm icon and vibrate.

Anti-loss function
Tap Find and the phone will sound an alarm; you can also go into the mobile app to check for new Device function, the watch will sound an alarm.

Sedentary reminder
The watch will prompt you to get up and walk around after you have been sitting for 1 hour. Sedentary reminder The function can be set on and off in the client.

Drinking Reminder
The watch will alert you when it's time to drink at the scheduled drink time. Drinking water The reminder function can be set in the client.

Frequently asked questions and answers

Why do blood pressure values deviate from the blood pressure monitor?
The deviation between the watch and the sphygmomanometer is due to a number of factors. The sphygmomanometer measures in the brachial artery and the watch measures in the two main branches of the micro-artery. If you use a watch and a blood pressure monitor at the same time, the straps put pressure on the area below the middle of your elbow, temporarily preventing the blood from flowing smoothly to the arterial branches below; this increases the tension in the blood vessels and will cause the upper and lower blood pressure measurements to deviate even more.

Why should I not wear my watch in a hot bath?
The temperature of the bath water is relatively high and produces a lot of water vapour, which is in the vapour phase and has a small molecular radius and can easily seep through the watch casing. When the temperature drops, it will condense again into liquid droplets, which can cause a short circuit in the internal wiring of the watch, damaging the circuit board and thus damaging the watch. This can damage the watch circuit board and damage the watch.

Hardware and platform components

Hardware and platform components	
Hardware Platform	Jerry AC6954 Mains 240Mhz
Extended FLASH(ROM)	64Mb
RAM	192KB
Display size	TFT 1.8inch 240*286
LCD model and driver chip	CTC (Shen Chao) 9307
TP touch model	CST816D GP Full Touch TP
Heart rate model	False heart rate
G-sensor	SC7A20 3-Axis
Encoders	Rotate to switch dials, scroll up and down in the list menu, adjust +- in the volume/ brightness screen, zoom in and out in the honeycomb screen, etc.
Charging	Magnetic suction Charging current 100MA
Battery	Polymer battery with lithium protection 130MA (551520)
Push buttons	Dual buttons, one button with encoder
Compatible systems	Android/IOS
Bluetooth name	Bluetooth 3.0 B03 CALL for calling and playing music etc. Bluetooth 4.0 KW-B03 for mobile app connection For health and exercise data transfer

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Common Troubleshooting

1. The watch cannot be turned on: Press the on button for too short a time, more than 3 seconds; the battery power is too low, please Use the charging cable to charge.
2. The watch cannot be charged normally: whether the charging contact is normal and the charger is When the battery is too low, the charging interface will be displayed only when the battery is charged.
3. Software problems can be solved by restoring the factory function.

Warranty Description

1 . This product in normal use, if the product quality problems caused by manufacturing, materials, design and other reasons, from the date of purchase, the motherboard within one year free warranty, battery, charger warranty for six months.
No warranty is provided for faults caused by the user's personal reasons, as follows.
(1) Unauthorised disassembly, modification of the watch, etc. causing injury.
(2) Injuries caused by inadvertent dropping during use.
(3) All human damage or third party fault, misuse (e.g. water in the main unit, external shocks, scratch damage to peripheral components, etc.) is not covered by the warranty.
When requesting a free warranty, please provide a warranty card with the date of purchase and the stamp of the place of purchase. Warranty card.

FCC Statement

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

• Reorient or relocate the receiving antenna.

• Increase the separation between the equipment and receiver.

• Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

• Consult the dealer or an experienced radio/TV technician for help.

Caution: Any changes or modifications to this device not explicitly approved by manufacturer could void your authority to operate this equipment.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

RF Exposure Information

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.