

KEISER®

STRENGTH | CARDIO | FUNCTIONAL



M SERIES



M7i WHEELCHAIR ACCESSIBLE TOTAL BODY TRAINER

INSTALLATION AND OPERATION MANUAL

BECAUSE...
**'GOOD
ENOUGH'
ISN'T.™**

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IMPORTANT SAFETY INSTRUCTIONS

1. Read these instructions.
2. Keep these instructions. 
3. Heed all warnings.
4. Follow all instructions.
5. Consult your physician before beginning any exercise program, especially if you suffer from heart disease, respiratory disease, diabetes, high blood pressure, elevated cholesterol, arthritis, or any other diseases or physical complaints.
6. Supervision is required if you have a disability or medical condition.
7. Only use replacement parts recommended by Keiser Corporation.
8. Replace defective components immediately and/or keep the equipment out of use until repaired.
9. Routinely check and pay special attention to components most susceptible to wear.
10. Maximum load per Handle/Arm shall not exceed 100 lbs (45.4 kg).
11. As wheelchairs (manual or powered) vary, so will the means to stabilize them during exercise. Please take stability into consideration before exercise to help prevent any inadvertent movement or tip hazard during exercise.
12. Wheel locks on your wheelchair are the primary means of stability and are required during exercise. Ensure that your wheel locks are functional and adjusted to completely stabilize your wheelchair. Powered mobility devices should be turned off when exercising.
13. Always attempt exercises for the first time with the assistance of a spotter and be aware of the potential for your wheelchair or mobility device to tip over in any direction.
14. Recoiler Safety Straps help increase stability during exercise. Refer to the "Recoiler Safety Straps" section (page 12) for user instructions.
15. The M7i is NOT designed with a freewheel, but a fixed gear system. The Handles are attached to the Crank Arms through the links and the eccentrics. These cannot be disengaged. When the Flywheel is in motion, the Footpads—including the Handles—will also be in motion.
16. Never remove your feet from the Footpads while the Flywheel is in motion as serious user injury may occur.
17. Individuals with limited lower body control should always secure feet with Foot straps when operating the machine. Swivel the strap to the upright position. Place your foot under the strap and onto the Footpad with heel resting against the rear wall of the Footpad. Pull the Footpad strap end up and away from foot to tighten strap to foot. Press the hook and loop surfaces firmly together to fasten. Ensure the strap is snug to fit without causing discomfort.
18. While the Flywheel is in motion, always keep hands on the Handles.
19. If any adjustments are required during exercise, use the Handles to slowly bring all motion to a controlled stop.
20. The Resistance Lever also functions as an Emergency Brake, allowing you to safely slow or stop the motion of the Flywheel. Move the Resistance Lever away from you to increase the gear and slow the motion of the Flywheel. Move the Resistance Lever all of the way forward to engage the Emergency Brake.
21. The M7i is intended for use in training areas of organizations where access and control is specifically regulated by a person responsible for determining the suitability of use.
22. Keep children and pets clear from the machine at all times, especially while in use. Children shall not play with the M7i. Cleaning and user maintenance shall not be performed by children without supervision.
23. This M7i can be used by children aged from 14 years and above and persons with reduced physical, sensory, or mental capabilities, or lack of experience and knowledge if they are supervised or have been given instruction concerning use of the M7i in a safe way and understand the potential for any hazards involved.
24. Before dismounting, push the Resistance Lever to the most forward position to engage the Emergency Brake.
25. Footpad movements at high speeds or utilizing the M7i for independent upper or lower body exercises are considered advanced techniques, and should only be performed when the user has reached an advanced level and/or under supervision.
26. Ensure that all adjustment straps are secure and do not obstruct user movement and are not left hanging loose or unfastened so as to come in contact and interfere with the user during operation.
27. The M7i should not be positioned in direct sunlight, in areas of extreme temperature and humidity, or where the machine may be splashed with water or fluids. The M7i is intended for indoor use only.
28. The minimum amount of free area around the M7i is 36 inches (914 mm) on all sides. Refer to the "Placement of the M7i" section (page 4) for further placement direction.



WARNING: Incorrect or excessive exercise may cause injury. If you experience any kind of pain, including but not limited to chest pains, nausea, dizziness, or shortness of breath, stop exercising immediately and consult your physician before continuing.

INTRODUCTION

Congratulations on the purchase of your new Keiser M7i Wheelchair-Accessible Total Body Trainer and welcome to the Keiser family. Your new resistance system is a revolutionary way to exercise providing a smoother, quieter, and more predictable workout. Our machines are engineered to help improve function and maximize results. The Keiser M7i design and fitness technology place the wellness goals of any level within reach.

We commend you on your decision to work toward your health and wellness goals. For your safety, and to ensure the best experience and maximum gains, please heed all warnings and follow all recommendations before you begin exercise.

Yours in Health,
Keiser Corporation

WEIGHT AND FOOTPRINT

Total Weight	142 lbs (64.4 kg)
M7i Footprint	Length 39.4 in (1,000 mm) x Width 28 in (711 mm)

PLACEMENT OF THE M7i

The minimum amount of required free area space around the M7i is 36 inches (914 mm) on all sides (see Figure 1 “Training Area”). When M7i machines are positioned adjacent to each other, the free area may be shared. Free area space at the rear of the machine is not required when the M7i is positioned against a wall.

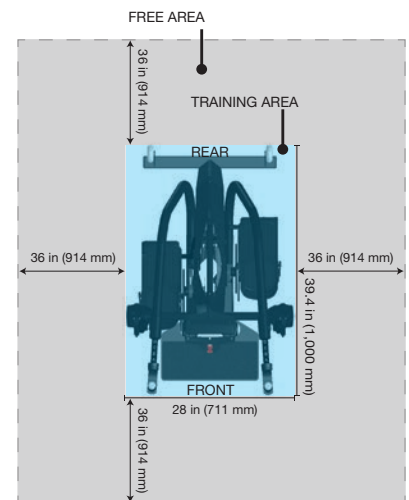


Figure 1. M7i Training Area

ASSEMBLY

- Carefully cut shipping box along the dotted line located near the base.
- Remove upper portion by lifting up and over the machine.
- Cut shipping box straps that secure the M7i. Carefully tilt the M7i toward the rear until the transport wheels make contact with the floor, then position the machine at the desired location.
- Layout the components of the machine and compare them to the “Parts List” on page 5.

NOTE: If parts are missing or damaged contact your local dealer, distributor, or Keiser Corp. Service Department.

TOOLS AND MATERIALS REQUIRED

The following tools and materials are required to assemble the machine but not supplied:

Qty	Description	Qty	Description
1	5 mm Hex Key	1	HYDROTEX Acculube #2 lubricating grease
1	Torque Wrench (minimum 20 ft-lbs/27 Nm)	1	Paste or spray wax (apply after assembly)
1	5 mm Hex Bit Socket	1	Clean cloth

PARTS LIST

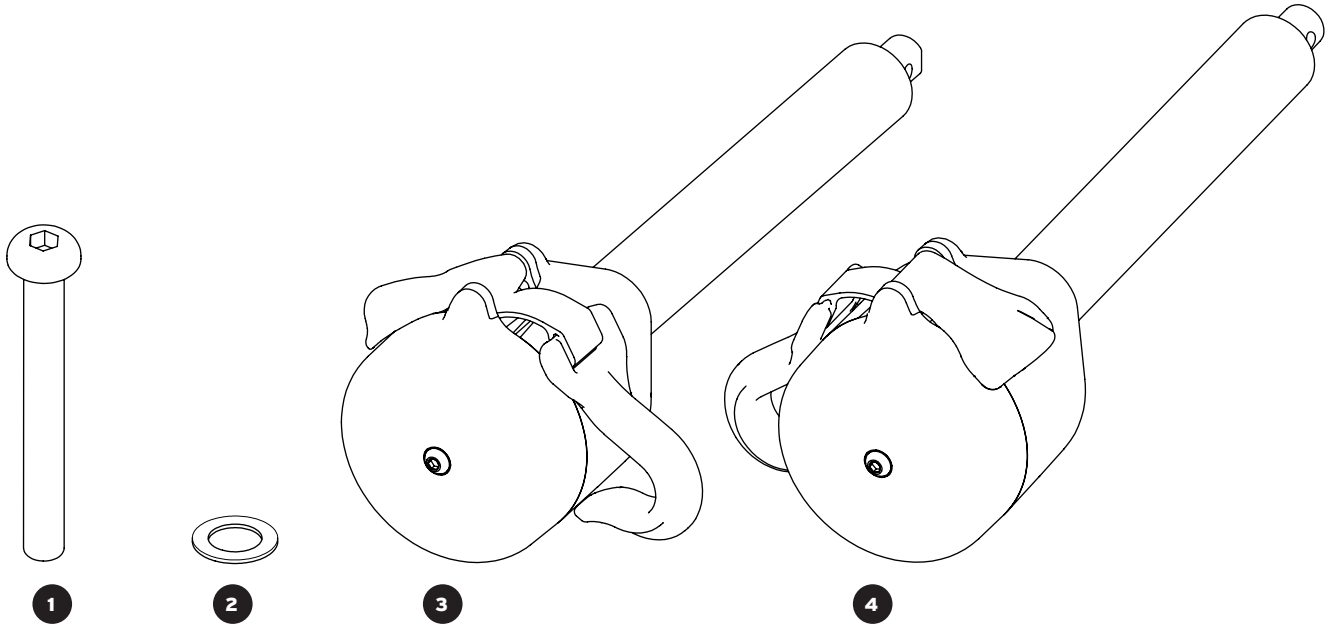


Figure 2. Parts List (not to scale)

	Description	Qty	Part Number
1	M8 x 1.25 x 70, Socket Button Head Cap Screw	2	9543
2	5/16 Washer	2	9369
3	Left Recoiler Assembly	1	520805
4	Right Recoiler Assembly	1	520806

ACCESSORIES

ADAPTABILITY KIT (Part Number 520800)
OPTIONAL EQUIPMENT



LEG STABILIZERS

May be used to facilitate proper leg motion and provide stability.



ADAPTIVE WRIST STRAPS

May be used when grip strength is limited or hand function is impaired.

PRODUCT OVERVIEW



Figure 3. M7i Wheelchair-Accessible TBT

1	Computer System with Bluetooth® SMART
2	Valet Tray
3	Handles
4	Recoiler Safety Straps
5	Recoiler Safety Strap Hooks
6	Recoilers
7	Resistance Lever/Emergency Brake
8	Water Bottle Holder
9	Base Plate

10	Arms
11	Adjustment Knobs
12	Lever Locks
13	Flywheel
14	Transport Wheels
15	Leveller Foot
16	Footpads
17	Foot Straps

RECOILERS



WARNING: Sudden release of Recoiler Safety Strap in the unlock position will snap back uncontrolled and could result in damage to the machine or in serious injury. Always check to ensure the Lock Levers are in lock position during use.

1. Insert the Left and Right Recoiler shaft into the M7i Main Frame until it stops, refer to Figure 4.
2. Install Recoilers to the Main Frame with one M8 x 1.25 x 70 Socket Head Cap Screw and one 5/16 Washer per side. Tighten using a 5 mm Hex Key. Torque to 20 ft-lbs (27 Nm) using a Torque Wrench with a 5 mm Hex Bit Socket.



Figure 4. Left and Right Recoiler Installation

LEVELLER FOOT

If the sub-floor is not level, the Leveller Foot allows adjustment to a position that will level your M7i.

Adjust the Leveller Foot by slightly lifting the corresponding base corner of the machine and screwing the foot in or out, refer to Figure 5.

Rotate the Leveller Foot in (or counterclockwise, from a topside view) to drive the foot further into the base.

Rotate the Leveller Foot out (or clockwise, from a topside view) to extend further out of the base.

Set the base corner down and test for stability. Adjust and fine-tune the Leveller Foot as needed.

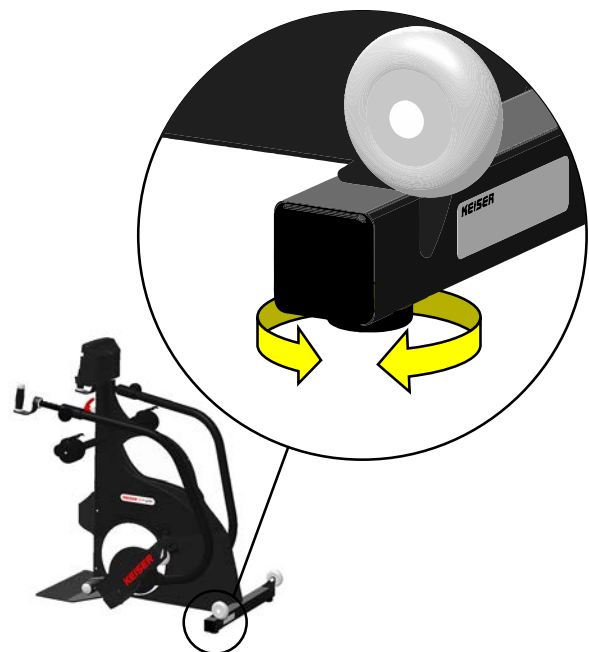


Figure 5. Leveller Foot Adjustment

FINAL CHECK FOR PROPER OPERATION

Before operation of the M7i, check to ensure that:

- Left and Right Recoilers are installed correctly.
- Computer Display cycles on and is fully operational.
- M7i is properly levelled and is steady, with no movement back and forth or from side to side.
- Safety Straps draw out and in freely and completely.
- Handle Adjustment Knobs properly engage the Handle position holes and are hand-tight.
- All screws and nuts properly tightened and torqued.
- Polish the cycle with paste or spray wax and a clean cloth.

If all assembly requirements have been met, test ride the M7i. Adjust and fine-tune as needed. It is recommended that the M7i is pedaled in a forward rotation.



WARNING: Failure to perform final check for proper operation prior to normal use of the M7i will void your warranty and could result in serious injury.

BLUETOOTH® SMART

M7i configuration of the region and machine ID number allows Bluetooth® SMART users to receive and download workout information. This is a one-time setup procedure. **NOTE: Steps 1 through 7 must be completed within one minute.**



Begin with the computer off and push Resistance Lever all the way down towards you.



Pedal 1 full revolution to change the TIME value to "1".



Shift the Resistance Lever up to GEAR "21" for Miles, or GEAR "19" for Kilometers.



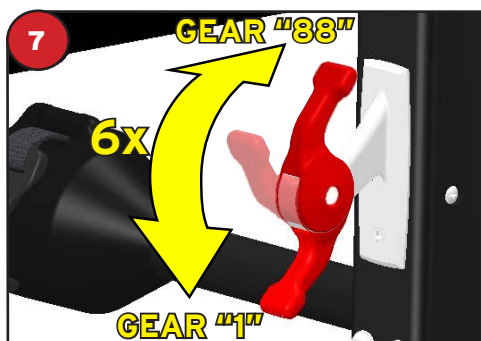
Pedal 1 full revolution to change the TIME value to "2".



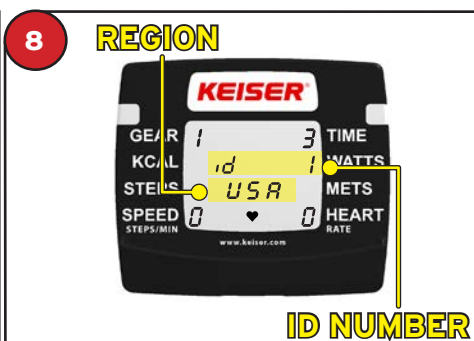
Shift the Resistance Lever down to GEAR "19" for Miles, or up to GEAR "21" for Kilometers.



Pedal 1 full revolution to change the TIME value to "3".

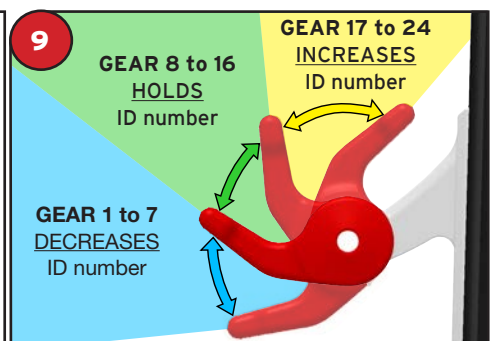


Shift the Resistance Lever from end to end (GEAR "1" to GEAR "88") for a total of 6 times.



Upon successful completion of Steps 1-7, the region setting will appear ("USA" or "EUro"). Once the region has been set, the machine ID number may be set as well. Proceed to Step 9.

NOTE: If region setting was not successful within one minute, allow the computer to shut down (est. time one minute) and restart the procedure.



Move the Resistance Lever up to increase, or down to decrease, the ID number setting to any value between 1 and 200. Hold the ID number by positioning the Resistance Lever to any gear number between 8 and 16. Allow the computer to shut down (est. time one minute).

NOTE: The computer must shut down to save and exit the Bluetooth setup mode.

M7i SERIES COMPUTER

OVERVIEW

LINE 1 - GEAR

Gears from 1 to 24 are displayed on the top left hand side of the screen.

LINE 2 - KCAL (KILOCALORIES)

Total energy expended during a workout session.

LINE 3 - STEPS

Number of steps taken during a workout session.

LINE 4 - SPEED

Interpreted as steps per minute (SPM), is the rate at which the user is pedaling.

LINE 5 - TIME

Total time spent pedaling during a workout session.

LINE 6 - WATTS*

Power output generated, in real-time.

LINE 7 - METS** (Metabolic Equivalent of Task)

Amount of oxygen consumed during workout.

LINE 8 - HEART

Detects heart beats per minute (BPM), and is a feature available with the use of a Polar compatible and coded heart rate sensor device (not included). When a sensor device is not in use, a steady heart symbol with a number value of zero will be displayed.

* The rated accuracy for power between 40 and 200 spm is ± 5 Watts for power below 50 Watts, and $\pm 10\%$ for power above 50 Watts.

** Energy expenditure (activity) is displayed in METs:

Light-intensity aerobics defined as < 2.9

Moderate-intensity aerobics defined as 3.0 to 5.9

Vigorous-intensity aerobics defined as 6.0 or $>$

DISPLAY FEATURES

BACKLIGHT SENSOR

In awake mode, the backlight sensor automatically detects ambient light levels. The backlight will turn on to increase readability in low light conditions.

ODOMETER

For the first seven revolutions, the odometer will display the total distance traveled by the M7i. This feature is for service and maintenance purposes only. After the first seven revolutions, the odometer will disappear and the averages data will be displayed.

AVERAGE CALCULATIONS

Kcal, Steps, Speed, Watts, METs, and Heart Rate averages are viewable at any point in the workout within 10 seconds after pedaling has stopped. The averages will flash until pedaling resumes, however after 60 seconds of inactivity, the computer enters sleep mode and the averages data will reset.

Bluetooth® SMART ENABLED

The Bluetooth® SMART enabled computer allows Bluetooth® SMART Ready devices such as cellphones, tablets, and computers to gather information of the workout. M7i compatible apps allow data to be stored to track progress over time and make the data available to other wellness applications. Groups are able to utilize real-time performance tracking programs which give the entire class an opportunity to see their performance compared with others in the group.

Bluetooth® user notes: To receive and download workout information from your M7i, a machine ID number is required. ID numbers set across multiple units in a group environment represent an identifiable numerical value specific to each individual machine. The unit ID number (displayed as "id" and followed by any number 1 to 200) is viewable within the first 10 revolutions. For Bluetooth® setup, see "Bluetooth® SMART" procedure on page 9.



Figure 6. M7i Display Overview



WARNING: Heart rate monitoring systems may be inaccurate. Over exercising may result in serious injury or death. If you feel faint stop exercising immediately.

SET UP AND OPERATION

The M7i is intended for cardiovascular, strength, and power conditioning exercise. The M7i must always be used in a supervised area under control of a trained and authorized instructor. The following pages are a brief overview of the features necessary for safe operation.

EMERGENCY BRAKE

The Resistance Lever can be used as an Emergency Brake to stop the motion of the Flywheel within one revolution.

To use the Resistance Lever as an Emergency Brake, move the Resistance Lever all the way forward to stop all motion, refer to Figure 7. As with any braking procedure, wait until the Footpads and Handles come to a complete stop before dismounting.

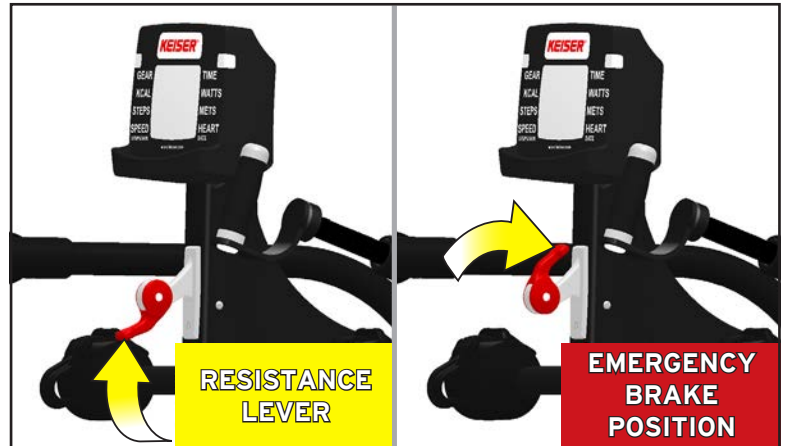


Figure 7. Emergency Brake Position

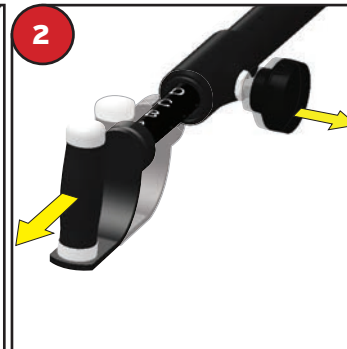
ADJUSTMENT KNOB

Adjust Handle in increments of 1 inch (25 mm) to attain a comfortable reach distance.

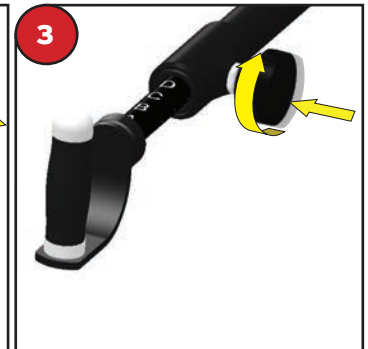
NOTE: For proper reach setting, ensure that your elbows have a slight bend when Handles are pushed out to the furthest position.



1 Loosen the Adjustment Knob by turning it counter clockwise 1/4 to 1/2 turn.



2 Pull the Knob outward and hold to slide the Handle freely to the desired position (reference letter markings).



3 Release the Knob. Ensure it locks into the desired position hole. Turn the Knob clockwise until it is hand tight and the Handle is secure.

RECOILER SAFETY STRAPS

Recoiler Safety Straps provide increased stability to your mobility device during exercise. To set the Recoiler Safety Straps:

1. Lift the Recoiler Lock Lever up to unlock and pull the Safety Strap Hook out, refer to Figure 8.
2. Attach the Hook to a fixed area on the wheelchair, such as the arm rest, or comfortably above seat level. Never place below seat level.
3. Push the Recoiler Lock Lever down to lock in place.

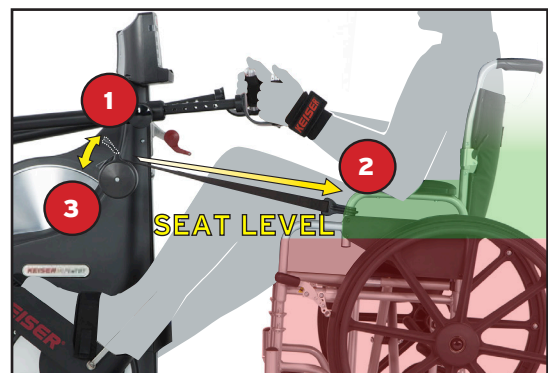


Figure 8. Recoiler Safety Straps

BIOMECHANICAL POSITION

1. Position your wheelchair so your feet are directly over the M7i Base Plate.
2. Place your feet onto the Footpads. Extend one Footpad to the furthest position and check to ensure your knee has a slight bend. Reposition your wheelchair as needed for proper reach and comfort.
3. Once proper reach is attained, lock the wheelchair brakes (powered mobility devices should be turned off). The Recoiler Safety Straps may now be set on your wheelchair to increase stability during exercise.

For safety, comfort, and maximum workout gain, Keiser recommends the following biomechanical position:

HANDS AND ARMS

Ensure a firm grasp throughout exercise and that your elbows keep a slight bend at full extension. Keep your hands in front of chest. Adjustable Handles allow users of varied heights to exercise comfortably. Swivel Handles allow wrists to rotate naturally and freely.

HEAD AND NECK

Keep your head and neck in alignment with the body. Your eyes and ears should be on the same horizontal plane and parallel with the floor.

LEGS

At full leg extension, ensure that your knee keeps a slight bend and that your lower thigh makes minimum contact with the seat. Keep your legs in line with the Footpads. The legs should not be bowed out or buckled inward.

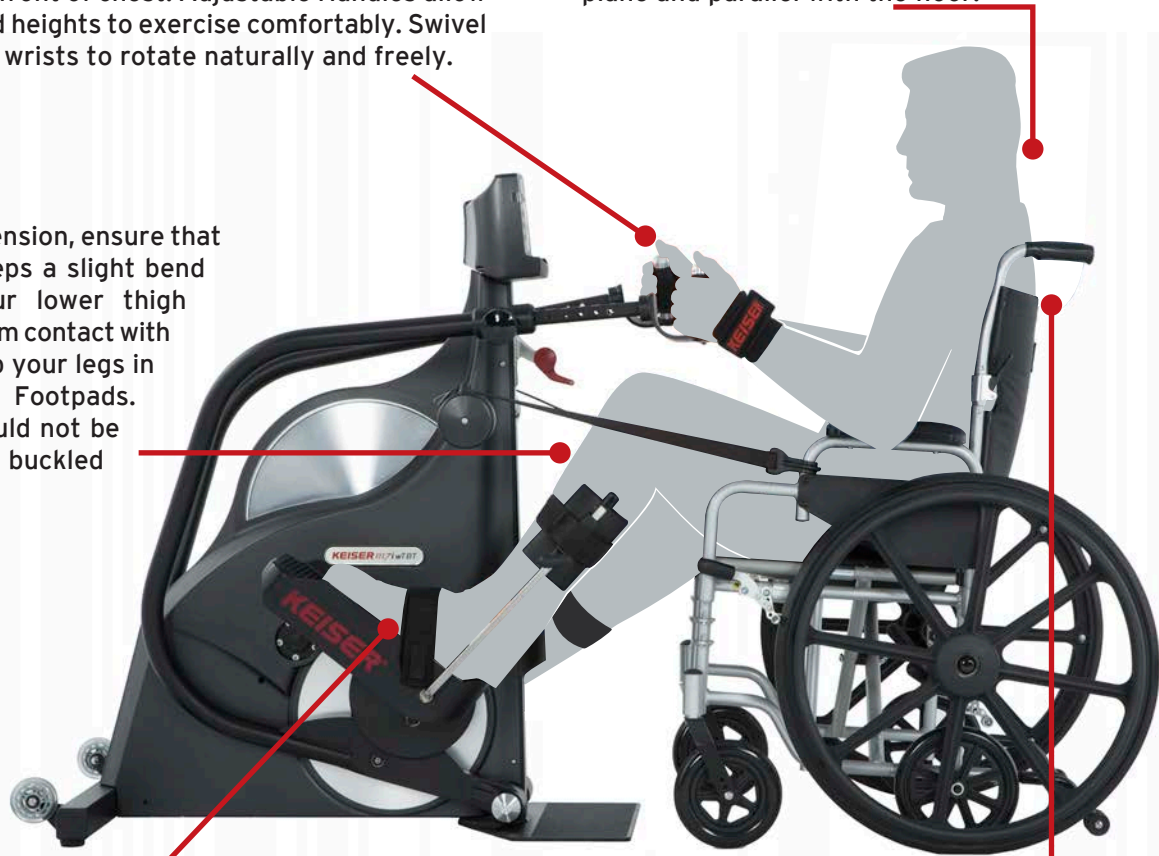


Figure 9. Biomechanical Positioning*

FEET

Place your feet on the Footpads with heels resting against the Footpad rear wall. Knee caps should be in-line with your feet. Foot Straps provide secure footing during exercise. NOTE: Ensure Foot Straps are snug to fit, without causing any discomfort.

BACK AND SHOULDERS

Your back must be fully supported by your mobility device backrest at all times. Maintain the natural curves of the spine and avoid leaning forward or arching your back to achieve proper posture.

* Leg Stabilizers and Adaptive Wrist Straps (Part Number 520800) featured are optional equipment and are available for individuals with limited control of legs or arms.

M7i EXERCISE POSITIONS

There are 3 exercise positions that target various muscle groups to help meet your specific wellness goals.

Total Body Training (Figure 10) is an all-around exercise suited for users of any fitness level that provides a challenging, yet accessible, workout. The entire body is engaged for cardiovascular and pulmonary endurance, as well as for strength and power conditioning.



Figure 10. Total Body Training Exercise Position

Independent Upper Body Training (Figure 11) is an advanced workout position that focuses on upper body muscle groups for a high-intensity cardiovascular exercise. A firm grip and complete control of the Handles are required for optimal workout and to prevent injury. Optional Adaptive Wrist Straps are available for individuals with limited or impaired grasp.



Figure 11. Upper Body Training Exercise Position

Independent Lower Body Training (Figure 12), is an advanced workout position focused on lower body muscle groups for a high-intensity cardiovascular exercise. Optional Leg Stabilizers are available to facilitate proper leg motion and to provide stability.



Figure 12. Lower Body Training Exercise Position

Combine resistance and intensity, along with varying time durations, for your desired cardiovascular, strength, and power conditioning. In all situations be sure to consult with your physician or assistant prior to attempting a new maneuver that you may not be comfortable with.

Please remember to:

- Stretch and warm up thoroughly prior to your workout.
- Ensure that the Handles, Recoiler Straps, and Footpads are properly adjusted and secured before starting your workout.
- Enjoy your workout.
- Take the time to pedal during a cool down period.
- Stretch after every workout.
- Download workout averages to any Bluetooth® SMART capable phone or tablet with an M7i capable application.

MAINTENANCE

PREVENTATIVE MAINTENANCE SCHEDULE



WARNING: The safety level of the equipment can only be maintained if it is regularly inspected for damage and wear. Immediately replace defective parts and do not use the equipment until all repairs have been completed and thoroughly tested.

Weekly	<ul style="list-style-type: none"> • Check to ensure that the machine is in safe proper working order. • Wipe off sweat with a soft towel or cloth.
1st Month	<ul style="list-style-type: none"> • Check the crank arms for no looseness. • Check to ensure both screws that attach the Recoilers to the Frame are torqued to 20 ft-lbs (27 Nm). • Check Footpads and Arms for excessive movement with the Emergency Brake engaged.
Monthly	<ul style="list-style-type: none"> • Clean external surfaces using warm water and a soft cloth, especially around the areas that come in contact with sweat. <ul style="list-style-type: none"> – Do not use household or industrial cleaners as they can destroy the protective finish of the paint. – For deeper cleaning, use only mild dish washing soap, followed by an automotive treatment such as Meguiar’s Quik Detailer Mist and Wipe.
Biannually	<ul style="list-style-type: none"> • Check to ensure all screws, bolts, and nuts are tight. • Check the crank arms for no looseness. Re-torque each bolt to 35 ft-lbs (47 Nm). • Check Handle Grips, Safety Straps, and Foot Straps and replace if worn. • The low battery signal (“LO-BA”) will appear on the computer display when it is time to replace the batteries. FOR ESTABLISHMENTS WITH MULTIPLE MACHINES, REPLACEMENT OF ALL COMPUTER BATTERIES AT THE SAME TIME IS RECOMMENDED (two D batteries per machine). See “Computer Battery Replacement” on page 16. • Apply wax to protect the paint finish: <ol style="list-style-type: none"> 1. Wipe down and thoroughly clean machine prior to applying wax. 2. Use an easily applied automotive treatment such as Meguiar’s Quik Detailer Mist and Wipe. 3. Target areas that come in contact with sweat, most vulnerable to rust. <p>NOTE: Failure to apply a coat of wax to high-sweat areas at least twice annually will decrease paint and frame life due to corrosion and will void the warranty.</p> • Apply lubricant to the Adjustment Knobs: <ol style="list-style-type: none"> 1. Unscrew Adjustment Knobs from the Arm Tube. 2. Clean threads with a lint-free cloth. 3. Apply a moderate amount of lubricant to the threads. <p>NOTE: Both the threaded stud and the threaded insert nut are stainless steel. It is critical to keep the threads lubricated with a heavy grease (preferably white or clear in color), such as Acculube #2 or any compound with equivalent anti-wear and corrosion resistant properties.</p>

COMPUTER BATTERY REPLACEMENT

"LO-BA" will appear on the computer to indicate that the batteries are low and need replacement. To replace the batteries:

1. Remove the battery compartment screw using a #1 Phillips screwdriver (refer to Figure 13). A flat, blunt object, such as a credit card may be used to pry the cover from the rear of the computer housing.
2. Remove two D batteries (follow manufacturer's recommendations for handling, maintaining, and disposing of batteries). Install two new D batteries observing the correct polarity (see +/- marking inside the battery compartment).
3. Replace the battery compartment cover to the computer housing and reinstall the screw.



Figure 13. Battery Compartment



WARNING: Do not connect improperly, charge or dispose of batteries in fire. Check local government guidelines for battery disposal/recycling in your area. Battery leakage is extremely caustic and contact with bare skin should be avoided. Follow battery manufacturer's recommendations for care and use.

M SERIES CARDIO CALIBRATION

All M Series equipment is factory calibrated with a tool. There is no need to calibrate. If a component associated with the resistance mechanism or computer has been replaced, contact the Keiser Service Department for the calibration procedure.

REGULATORY AND COMPLIANCE NOTICES

COMPLIANCE

This device complies with Industry Canada licence-exempt RSS standard(s). Operation is subject to the following two conditions: (1) this device may not cause interference, and (2) this device must accept any interference, including interference that may cause undesired operation of the device.

Le présent appareil est conforme aux CNR d'Industrie Canada applicables aux appareils radio exempts de licence. L'exploitation est autorisée aux deux conditions suivantes : (1) l'appareil ne doit pas produire de brouillage, et (2) l'utilisateur de l'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement.

REGULATORY NOTICE

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part

15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

The Bluetooth® SMART word mark and logos are registered trademarks owned by Bluetooth SIG, Inc. and any use of such marks by Keiser is under license. Other trademarks and trade names are those of their respective owners.

- Changes or modifications not expressly approved by Keiser Corporation could void the user's authority to operate the equipment.
- Upon end of life of this machine, be sure to remove the batteries and discard the machine according to your local laws and regulations.

WARRANTY

The Keiser M Series Cardio Equipment is warranted to the original purchaser, to be free from defects in materials and workmanship for the following period(s), starting from the date of original delivery as evidenced by the appropriate shipping documents.

3 Years

All Inclusive, excluding labor and wearable parts

6 Months

Wearable Parts: Handles, Grips, Adjustment Knobs, all straps, and Footpads

NOT COVERED UNDER WARRANTY

- Loss caused by accident, abuse, improper use or neglect.
- Improper maintenance.
- Improper assembly by the installer/purchaser.
- Failure to follow instructions as stated in the manual(s) provided with the Keiser M7i.

The use of any exercise equipment, including, without limitation, Keiser's strength training equipment in which resistance can be changed at anytime during the repetition, and any fixed gear bike, including, without limitation, the Keiser M7i Wheelchair-Accessible Total Body Trainer, without proper instruction and supervision violates the terms of the agreement for purchase of such products. The ability to add resistance anytime during a repetition, including, without limitation, the ability to do a heavy negative may be dangerous, especially for anyone that does not recognize or respect the potential danger. The inability to stop pedaling on a fixed gear machine before the flywheel stops may also be dangerous to anyone riding, especially anyone that does not recognize or respect the potential danger.

Therefore, users, agents, or anyone directing the use of said equipment shall determine the suitability of the product for its intended use, and said parties are specifically put on notice that they shall assume all risk and liability in connection herewith. For proper instruction on the use of Keiser's products, please refer to the user manual located at manuals.keiser.com, go to the Keiser website, or contact Keiser at 2470 S Cherry Avenue, Fresno, CA 93706, by phone Toll Free: 800 888 7009 Direct: +1 559 256 8000, or by Fax at +1 559 256 8100.

The foregoing warranties are in lieu of and exclude all other warranties not expressly set forth herein, whether expressed or implied by operation of law or otherwise, including but not limited to any implied warranties of merchantability or fitness. Keiser shall in no event be

liable for incidental or consequential losses, damages or expenses in connection with its products. Keiser's liability hereunder is expressly limited to the replacement of parts not complying with this warranty or, at Keiser's election, to the repayment of an amount equal to the purchase price of the parts in question.

The warranty terms begin with the date of original delivery to be evidenced by appropriate shipping documents. Any alteration of the equipment so listed without express written consent of Keiser shall constitute a waiver by the buyer of this warranty. This warranty does not cover other brand name products distributed, but not manufactured by Keiser, which are subject to their respective manufacturer's warranties.

During the warranty period, warranted defects will be repaired or replaced at Keiser's discretion. Keiser is not responsible for labor charges incurred to remove the defective part and install the repaired part. All claims under the warranty must be in writing and authorization obtained from Keiser to return the defective parts for exchange. The customer is responsible for all transportation costs on warranted items to and from the point of manufacture. Replacement products are warranted for the balance of the original warranty period.

If you experience any problems please contact our Service Department:

phone: +1 559 256 8000 | toll free: 800 888 7009

email: service@keiser.com



Scan this QR Code with your QR Code reader on your smart phone or device to access the interactive online warranty registration form or visit <https://www.keiser.com/forms/warrantyregistration>

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