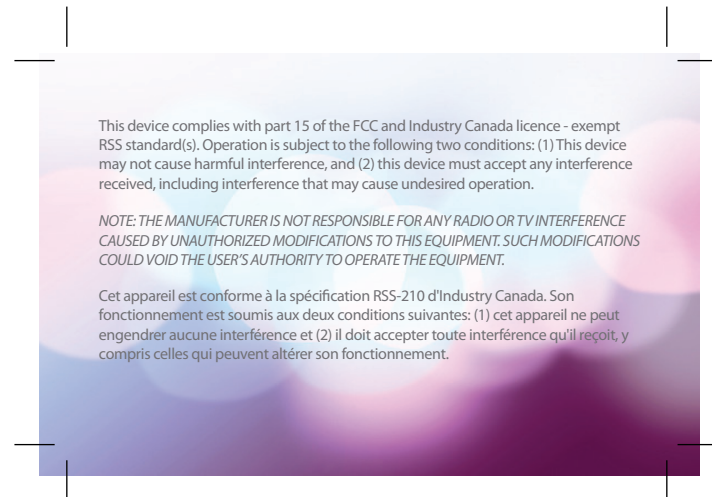


2" x 3.125" Pill Bottle Insert Card Front



Back



### In case you are wondering how your data and privacy will be protected...

At Tractivity, we believe that all of your activity data is just as private as any of your other personal health information, and we protect it with advanced encryption as well as anti-eavesdropping systems. Part of this security process includes never storing your data on any personal computer, smartphone, or any other handheld device, that could potentially allow your personal privacy to become vulnerable. Your data is stored securely in your Tractivity Sensor, until you decide to transfer it to your account on our secure server. Both your Sensor and account are like vaults for your data, that only you have the keys to.

The Tractivity Facebook page is a great way to stay in touch and learn more about new products, promotions and other Tractivity news. Be sure to “Like” the Tractivity page on Facebook!

Find us on:

-  [www.facebook.com/tractivity](http://www.facebook.com/tractivity)
-  [@tractivityonl](https://twitter.com/tractivityonl)
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[www.tractivityonline.com](http://www.tractivityonline.com) • [support@tractivityonline.com](mailto:support@tractivityonline.com)

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:  
(1) This device may not cause harmful interference, and  
(2) this device must accept any interference received, including interference that may cause undesired operation.

## Quick Start Guide

**Tractivity®**  
MOVE | TRACK | THRIVE

### Ready to setup and start using Tractivity?

Getting started with Tractivity takes 3 simple steps:

1. Create an online account.
2. Install and run the application on your computer.
3. Attach the Sensor to your shoe.

#### 1. Create an online account.

Your next step towards improving your health is to create an account by opening your preferred browser and visiting:  
[www.join.tractivityonline.com](http://www.join.tractivityonline.com)

Follow the on-screen instructions and in no time you will have your very own private Tractivity account.

#### 2. Install and run the application on your computer.

To transfer your activity to your account, download the free Tractivity Connect application, if you have not done so already, from: [www.tractivityonline.com/download](http://www.tractivityonline.com/download)

Select the appropriate operating system and follow the on-screen instructions.

On Windows, Tractivity Connect will be located in the Start menu and on your desktop. On a Mac, it will be located in the Applications folder.

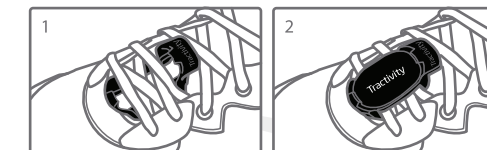
The icon that starts Tractivity Connect looks like this:



Run Tractivity Connect and it will quickly guide you through the initial setup of your Tractivity Sensor and the secure transfer of your activity to your Tractivity web site.

#### 3. Attach the Sensor to your shoe.

Depending on the bundle you purchased, you can attach the Tractivity Sensor to your shoe laces:



or insert it in the cavity in your Tractivity Insoles (side with Tractivity logo on it goes up into the insole).



For further assistance, you can find the complete step-by-step instruction guide at:

[www.tractivityonline.com/instructions](http://www.tractivityonline.com/instructions)

Have fun tracking your activity to improve health!

*the Tractivity Team*