

# MX ERGO

## Online Guide

Draft

March 2017



## EXAMPLE

Setting status

**FAQ**

forums

Downloads

Warranty

Specs

Spare parts

Contact Us

### FAQ

We've put everything you need to get started with your CIRCLE right here. If you still have questions browse the topics on the left.

#### How do I filter the event bubbles?

To filter the event bubbles you would like to see:

1. From the App view, tap the three dots on the top right to open the event toolbar.
2. You will see small blue and grey circles on the far right toolbar. Tap the small circles to hide/show the corresponding event bubble in the timeline.  
**NOTE:** Blue event bubbles contain more details than the grey ones.



3. Tap the small circles in the toolbar to hide them both. (When done, they should appear faded) to easily navigate between the yellow and white circles.

[Guide](#)

#### How do I create a custom Day Brief?

If you are subscribed to a Circle Safe™ Premium plan, you can create custom Day Briefs from the back...

[READ MORE >](#)

#### What is Circle Safe™?

Circle Safe™ is a subscription plan that gives Circle users accounts additional storage and so much...

[READ MORE >](#)

## GUIDELINES

✓ Getting Started

☐ Product features

? FAQs

↓ Downloads

⌚ Warranty

⚙️ Specs

✉️ Contact us

## Getting Started

✕ Connect your trackball in Bluetooth or Unifying

MX Ergo can connect to your computer through the Unifying receiver in the box or via Bluetooth. Please choose the connectivity you want to connect your MX Ergo to your computer with and follow the steps below.

1. Connect with  **unifying** 



2. Connect with  **Bluetooth**



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## Product features

✕ Overview of features

Thank you for purchasing MX Ergo. We hope you will enjoy your new Trackball.

- (1) Adjustable angle
- (2) Precision mode
- (3) Easy-switch & connect button
- (4) Rechargeable
- (5) Precision scroll-wheel with extra buttons
- (6) Back / forward
- (7) Rubber palmsupport
- (8) Battery LED



+ Adjustable Angle

+ Precision mode

+ Easy-switch & Connectivity

+ Precision scroll-wheel

+ Power Management

+ Logitech Options

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## Product features

+ Overview of features

✕ Adjustable Angle

MX ERGO offers the incredible comfort by allowing a better wrist and hand posture, reducing muscle activity & minimising wrist pressure. On MX Ergo you can choose between 2 angles, 0° and 20°.



Internal Logitech study show that MX Ergo  
To learn more about the comfort and the benefits of using a trackball, please have a look at the document below.

+ Easy-switch & Connectivity

+ Precision mode

+ Precision scroll-wheel

+ Power Management

+ Logitech Options

# Online Guide / Product features

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## Product features

+ Overview of features

+ Adjustable Angle

× Easy-switch & Connectivity

MX Ergo can connect to your computer through the Unifying receiver in the box or via Bluetooth. Follow the instructions under "Getting started" to connect in your preferred connectivity.



MX Ergo also lets you connect to two devices at a time. You can connect in both channels in either Unifying or Bluetooth\*. Once you have connected more than 1 device, the Easy-switch button lets you to switch between two computers instantly, with a simple click of a button.



*\* Only 1 Unifying receiver in the box*

+ Precision mode

+ Precision scroll-wheel

+ Power Management

+ Logitech Options

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## Product features

+ Overview of features

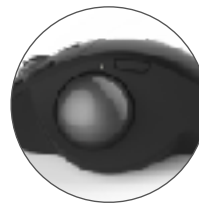
+ Adjustable Angle

+ Easy-switch & Connectivity

× Precision mode

With an instant press on the precision mode button you can toggle between two modes; Accuracy and Speed, allowing you to work more efficiently.

When the precision mode button its switched on, the LED next to the button will be lid up, to indicate precision mode is on.  
(Note that after 1 minute in precision mode, the LED will fade out to save power)



+ Precision scroll-wheel

+ Power Management

+ Logitech Options

# Online Guide / Product features

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☐ Product features

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## Product features

---

+ Overview of features

---

+ Adjustable Angle

---

+ Easy-switch & Connectivity

---

+ Precision mode

---

× Precision scroll-wheel

The metal scroll-wheel on MX Ergo provides a precise, step-by-step scrolling, to give you the best experience across your productivity applications.



+ Power Management

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+ Logitech Options



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## FAQs

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× How to clean the trackball

We recommend you clean the ball and the holder for the ball every six months.

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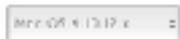
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 Contact us

## Downloads

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× Mac



### Logitech Options

Logitech Options software lets you customise your device settings. Logitech Options lets you setup gesture controls for Logitech products. It also adds enhanced key functions for Logitech keyboards, and notification for device-specific status features such as battery level, key backlighting level, and Caps Lock.



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+ Windows

 Getting Started

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 Product features

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## Warranty

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[2-year limited hardware warranty](#)

At Logitech, it is our goal to ensure you are completely satisfied with your Logitech purchase. We take pride in the products and services we offer, and want our customers to enjoy them just as much as we do. If you are experiencing an issue, please click on one of the following links to learn more about the Logitech warranty.

[Check your Logitech warranty here](#)

# MX ERGO

## Online Guide

Appendix

March 2017



## Getting started in

Choose between connecting via Bluetooth or the unifying receiver in the box and follow the steps below



**Download Logitech  
Options**



**Turn on**



**Open BT settings**



**Connected**

# Getting started in

Choose between connecting via Bluetooth or the unifying receiver in the box and follow the steps below



**Download Logitech  
Options**



**Turn on**



**Plug Unifying  
Receiver**



**Connected**

## MX Ergo at a glance

- 1 Adjustable Angle
- 2 Precision mode
- 3 Easy-switch
- 4 Rechargeable
- 5 Precision scroll-wheel
- 6 Back/Forward
- 7 Battery LED
- 8 Connectivity  
Bluetooth / Unifying



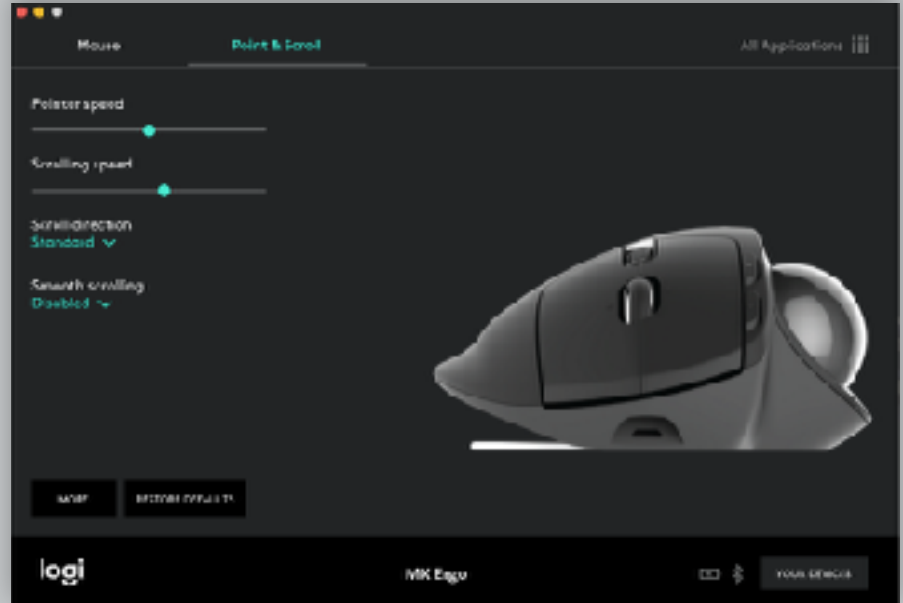


## Customise your MX Ergo

Download Logitech Options to get endless possibilities to personalise your trackball exactly to your needs.



Download Logitech Options

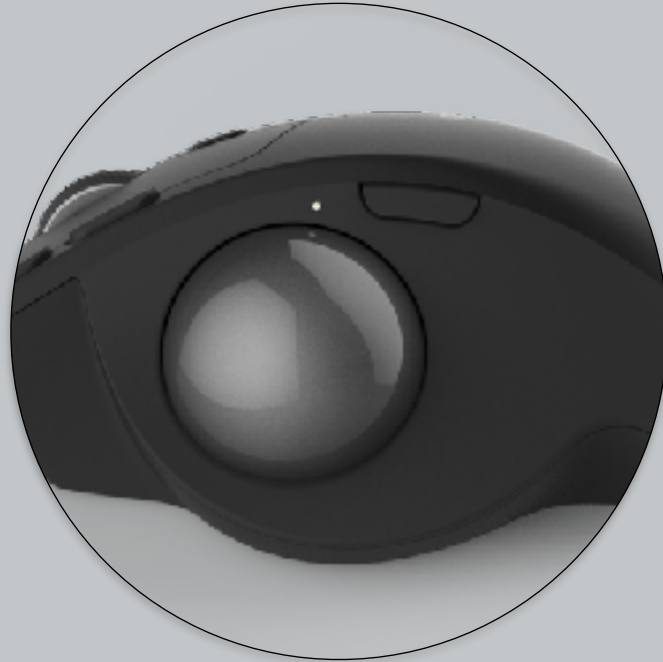






## Precision mode

With an instant press on the precision mode button you can toggle between two modes; Accuracy and Speed, allowing you to work efficiently.





## Easy Switch

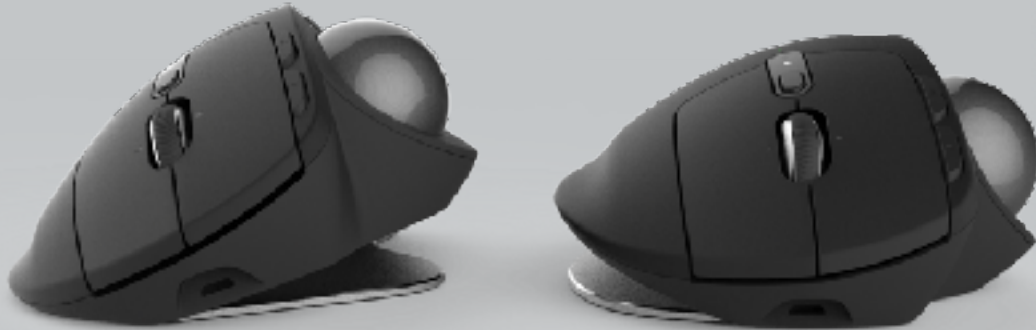
Connect to 2 computer and switch between them with a press on a button. With an instant press on the Easy Switch button you can toggle between two computers.





## Adjustable angle for ultimate comfort

MX ERGO offers the best possible comfort by allowing a better wrist and hand posture, reducing muscle activity & minimising wrist pressure. On MX Ergo you can choose between 2 angles, 0° and 20°.





## Introduction

**Thank you for purchasing the worlds most advanced Trackball**

**We hope you will love using the product**



## Clean your product

Keep your ball clean

1. Turn Off
2. Remove metal plate
3. Use soft tip of the pen to eject ball
4. Remove dust from the bearings (and the ball) with tissue.



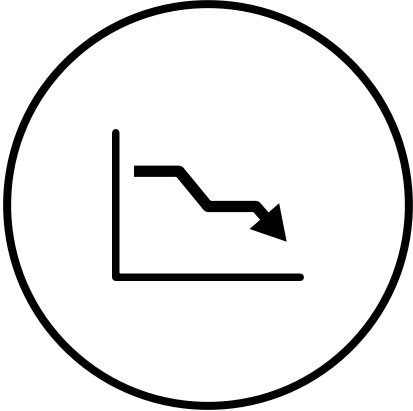
# Power Management

1. Battery Life
2. Recharge your product
3. LED behaviour

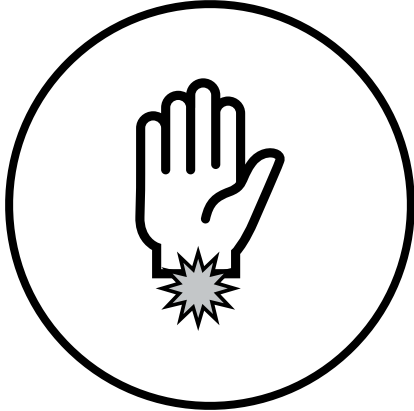
# MX ERGO BENEFITS



**Improved wrist posture**



**Lower muscle activities**



**Reduced wrist pressure**



**IMPROVED BODY POSTURE**



## A MORE NATURAL HAND POSITION

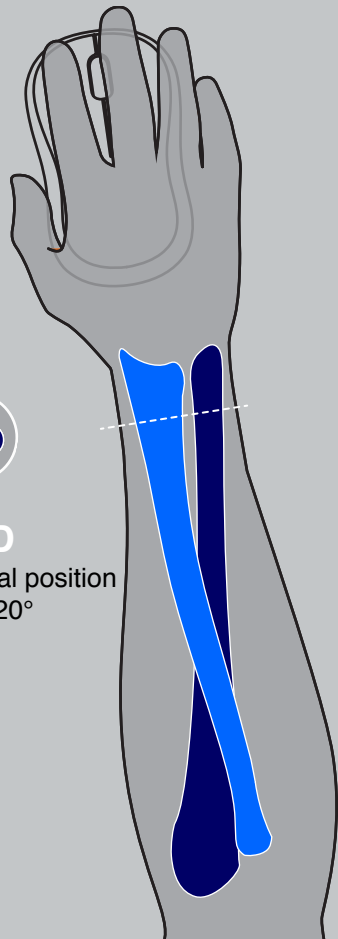
Imagine sleeping in space, or in water. Naturally, your body will take a natural fetal position where all the muscles and tendons are at rest. The forearm and hand will take a vertical position, just like in a handshake.

Poor posture has been identified as one of the key risk factors for Repetitive Strain Injury (RSI). The goal of ergonomics is to move toward natural postures. However, by being used on the table, the mouse forces the hand to be in a more horizontal, pronated position.

The trackball and in particular the MX ERGO, by its innovative design, allows the forearm to rotate clockwise and reduces the stress on the muscles holding the 2 forearm bones: the Radial and Ulnar.



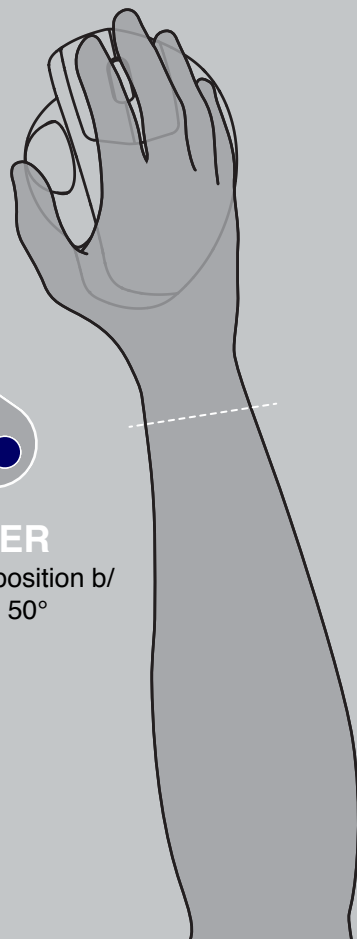
## MOUSE



**GOOD**

Close to horizontal position  
b/w  $0^{\circ}$  to  $20^{\circ}$

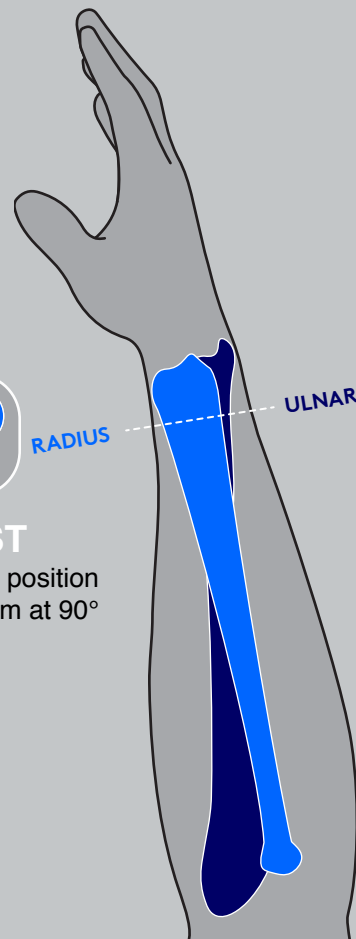
## MX ERGO



**BETTER**

Less vertical position b/  
w  $40^{\circ}$  to  $50^{\circ}$

## HANDSHAKE



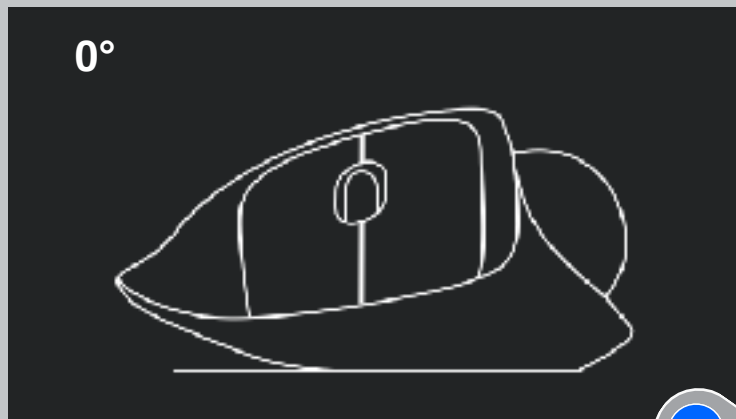
**BEST**

Most natural position  
of the forearm at  $90^{\circ}$

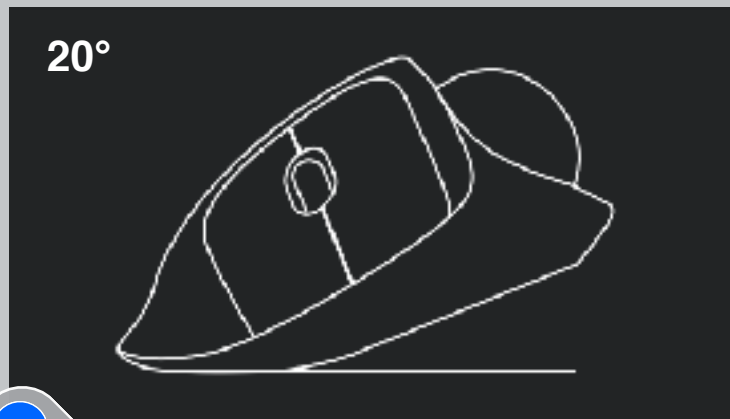
## TILT AT 20°

MX ERGO is tillable to an additional 20 degree angle that helps to limit even more the forearm pronation. It makes the trackball the most comfortable pointing device from Logitech.

**Why 20°?** This angle has been studied as the best angle for comfort and aesthetic appeal. A higher angle is seen as too drastic by consumers.

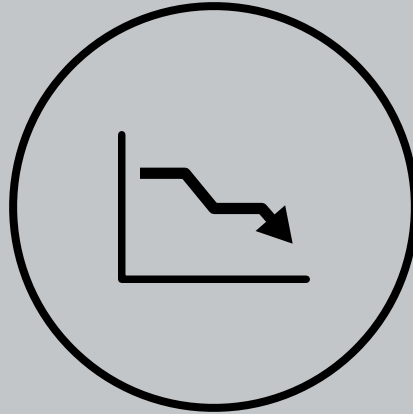


AVR 30°



AVR 45°

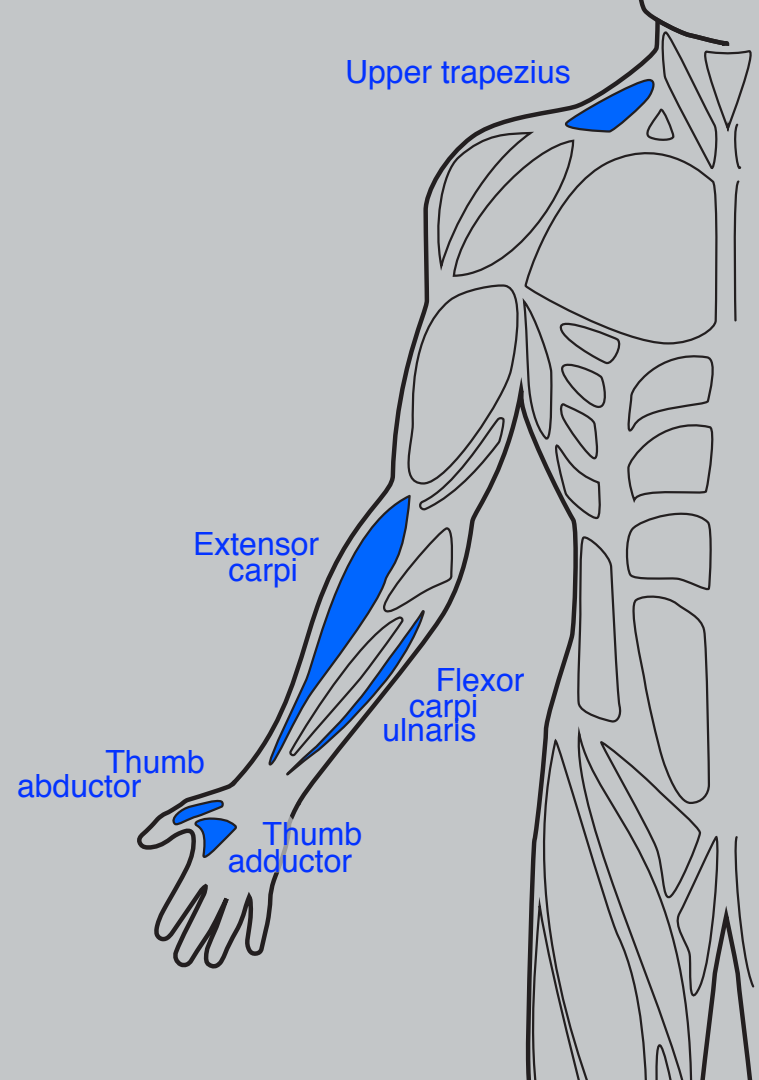
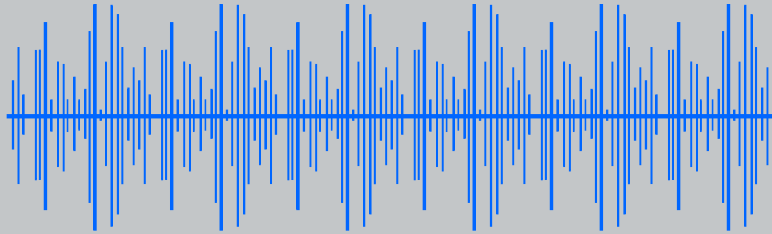




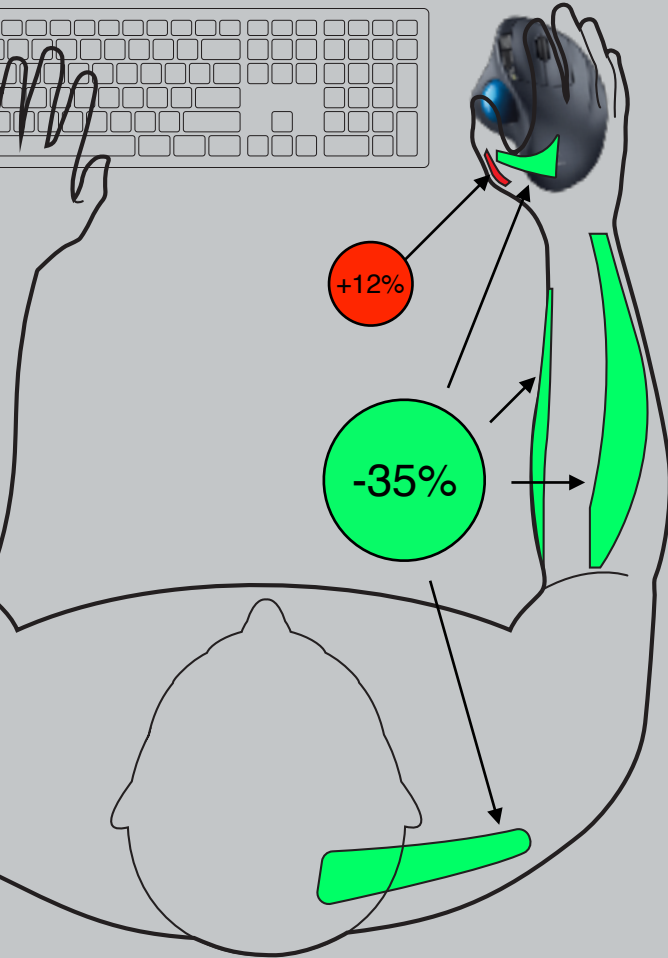
**LOWER MUSCLE ACTIVITIES**

Five key muscles are used while moving a mouse or a trackball, and can be involved in potential injuries (e.g. epicondylitis).

The less they work, the more relaxed and comfortable the user is.



## LOWER MUSCLE ACTIVITIES



According to a Logitech study a Logitech M570 trackball tilted at 15° - so very close to MX ERGO design - muscular activities are lower in comparison with a mouse for 4 muscles by 35%.

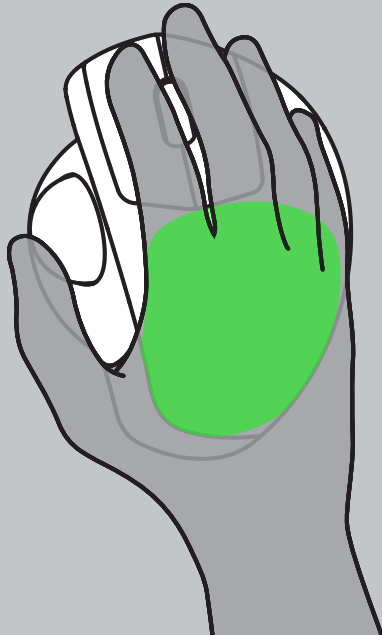
Only the thumb abductor muscle works more to move the ball (but only by +12%).



**REDUCED WRIST PRESSURE**

## REDUCED WRIST PRESSURE

While using a mouse, the wrist sits on the table for hours. Over time, this pressure can lead to pain, and dangerously to Carpal Tunnel Syndrome, a repetitive strain injury (RSI). The best solution to avoid this pain is to remove the pressure on the wrist as much as possible. The trackball offers a great solution as its sculpted design and static base (only the thumb is moving) allow the wrist to be relaxed, at rest.



### TRACKBALL

Most of the pressure is on the palm and almost nothing on the wrist.



### MOUSE

Most of the pressure is on the wrist.



**logitech**