


**BEST POSSIBLE MEDICATION HISTORY (BPMH) - Patient Section**

**PATIENT and PHYSICIAN INFORMATION**

First Name <b>Danielle</b>	Last Name <b>Fraser</b>	Gender <b>M</b>	Family Physician's Name <b>Grootendorst, Martin William J</b>	
PHN <b>9052941571</b>	DOB <b>06-Aug-1951</b>	Phone Number <b>(778) 926-7535</b>	Family Physician's Phone Number <b>(604) 936-0411</b>	Family Physician's Fax Number <b>(604) 931-7022</b>
Allergies <b>Septa</b> ✓			Conditions <b>Ask Patient</b>	

**MEDICATIONS I TAKE - Prescription, non-prescription, natural health products -**

	WHAT I TAKE <small>Name, strength &amp; form of medication as noted on the prescription or medication package label</small>	WHY I TAKE IT <small>Disease, condition or symptoms it addresses</small>	HOW I TAKE IT <small>For example, when to take it., take with/without food., warnings, etc.</small>	SPECIAL INSTRUCTIONS <small>(if applicable)</small>
	[Last Fill Date]			
✓ 1	TAB Mint-Finasteride 5mg [01-Mar-2019]	Alopecia	TAKE 1/4 TABLET ONCE DAILY	
✓ 2	TAB Pms-Sotalol 80mg [01-Mar-2019]	Heart health	TAKE 1/2 TABLET (40 MG) IN THE MORNING AND 1/4 TABLET (20 MG) ONCE DAILY AT BEDTIME	Do not take aluminum or magnesium antacids within 2 hours of taking this medication.
✓ 3	TAB Toloxin 0.125mg [01-Mar-2019]	Atrial Fibrillation	TAKE 2 TABLETS ONCE DAILY	
✓ 4	CAP Gabapentin 300mg [01-Mar-2019]	Neuropathic pain	TAKE 1 CAPSULE ONCE A DAY AT BEDTIME FOR 5 DAYS THEN TAKE 1 CAPSULE TWICE A DAY FOR 5 DAYS THEN TAKE 1 CAPSULE 3 TIMES A DAY	Do not take aluminum or magnesium antacids within 2 hours of taking this medication.  May cause drowsiness. Alcohol and marijuana may intensify this effect. Use care when operating a vehicle, vessel (e.g., boat), or machinery.
✓ 5	DOS Salbutamol HFA 100mcg [01-Feb-2019]	Shortness of breath/ Wheezing	.. SHAKE WELL .. 1 PUFF(S) FOUR TIMES A DAY AS NEEDED *** INCREASE TO 1 PUFF(S) EVERY 4 HOURS AS NEEDED FOR FLARES ***	
✓ 6	CAP Macrobid 100mg [01-Mar-2019]	Urinary tract infection	TAKE 1 CAPSULE TWICE A DAY FOR 7 DAYS	
✓ 7	GM Diclofenac 20% In PLO Gel [23-Oct-2018]	Pain/Swelling	APPLY TO AFFECTED AREA(S) TWICE A DAY AS NEEDED, DON'T USE ORAL NSAID'S WITH IT.	Avoid OTC NSAIDS
✓ 8	CAP Amoxicillin 500mg [21-Sep-2018]	Acute infection	TAKE 1 CAPSULE 3 TIMES A DAY UNTIL FINISHED (ANTIBIOTIC).	Course completed
✓ 9	ML Shingrix (10x0.5mL) 50mcg/ 0.5mL [17-Sep-2018]	Shingles immunization	INTRAMUSCULAR INJECTION BY PHARMACIST LOT 5T5A7 EXP. MAR/2020	
10	Desloratadine Swirltab Allergies occasional use			
11	Tylenol Arstanis 650mg tab Arstanis Alternate with Advil			

Is patient taking any non-prescription or natural health products at this time:  Yes  No

Advil 650mg tab Pain/Swelling Alternate with Tylenol

Attention Health Care Professionals:

A more detailed version of this Medication History that includes professional notes is available from the pharmacy named above. Sources of information in this document include (but are not limited to) PharmaNet, local pharmacy records and the patient. The patient is responsible for the accuracy and completeness of the information they provided when this document was prepared and for advising the pharmacist of any changes to these medications. The pharmacist is responsible for information in this document that changed as a result of providing a medication review service to the patient.



Patient: **Fraser, Danielle** PHN: **9052941571**

**COMMENTS**

Blood Pressure well controlled 130/84 No Cholesterol/Blood sugar issues.

**PATIENT ACKNOWLEDGEMENT**


My pharmacist has explained to me the purpose of a medication review service. I agreed that I could benefit from this publicly funded service. The review was conducted in a place that respected my privacy. During the appointment my pharmacist fully explained any medication changes or concerns to me. At the end of the medication review appointment, my pharmacist gave me a list of my current medications. The list includes any changes resulting from the medication review service provided.

**01-Mar-2019**

Date Prepared



Patient: Fraser, Danielle



(Pharmacist) Ken D'Silva (9457)

