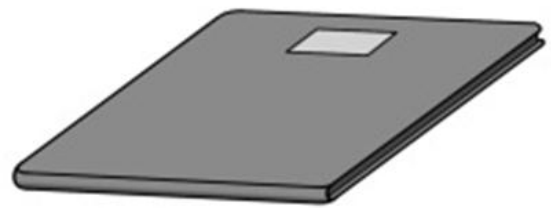


# SC200 Scale

## User Manual



EXPERTS IN TELEHEALTH<sup>SM</sup>

7980 Century Boulevard  
Chanhassen, MN 55317

### Customer Care

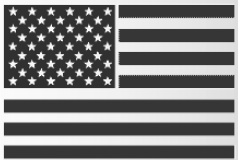
(952)-361-6467 (USA)

1-888-243-8881  
(USA and Canada)

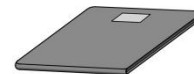
00-800-1188-0000 (EU)



MADE IN



U. S. A.




BEFORE USING THE SCALE WIRELESS EDITION™ (SCALE WE),  
READ THE ENTIRE USER MANUAL.



**WARNING: IF YOU FEEL UNSTEADY OR UNABLE TO STAND WITHOUT ASSISTANCE, DO NOT USE THE SCALE AND CONTACT YOUR HEALTH CARE TEAM FOR FURTHER DIRECTION.**

The Scale Wireless Edition™ has been designed, manufactured and tested according to the highest quality standards. It is being provided to you by your health care team. You are required to return the Scale Wireless Edition™ upon request.



The “crossed-out wheellie bin”  symbol (shown on Page 24) on the device indicates it must not be disposed of with your normal household waste. Instead, return the products to Cardiocom for the recycling of waste electrical and electronic equipment.

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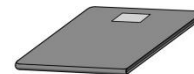
**IMPORTANT SCALE WIRELESS EDITION™ SAFETY**

*To ensure the correct and safe use of the Scale Wireless Edition™ device (including all of its parts and peripherals), the following safety measures should be followed, along with the other warnings and cautions listed in this manual and on the device.*

Safety Terms Used	
 DANGER	Will cause serious injury or death.
 WARNING	Could cause serious injury or death.
 CAUTION	Will or could cause moderate or minor injury and/or property damage.



**CARDIOCOM WILL NOT BE LIABLE FOR ANY HAZARDS INTRODUCED OR DAMAGE SUFFERED AS A RESULT OF UNAUTHORIZED MODIFICATION OF THE DEVICE OR FAILURE TO FOLLOW THE SAFETY PRECAUTIONS IN THIS MANUAL.**



## **WARNING:**

**Read all of the information in this manual before operating the Scale Wireless Edition™.**

**Operate the Scale Wireless Edition™ as intended and do not use the device for any other purpose.**

**The Scale Wireless Edition™ is intended for use by an adult. Children should not use the device or be left unattended with the Scale WE. Do not use the device if you are unable to operate it by yourself. The device is not to be used by persons who cannot express their intentions.**

**Do not insert foreign objects into any openings of the Scale Wireless Edition™ or attempt to modify the device.**

**If the product does not operate properly, exhibits an error or malfunctions in any way, stop use immediately, and request inspection and service. Failure to do so could result in the risk of an accident. If your device needs servicing, please call Customer Care number listed on the front page.**

**The Scale Wireless Edition™ is designed to be maintained and serviced (with the exception of cleaning) only by qualified personnel. Do not disassemble or attempt to repair the device.**

**The device is for indoor use only. Do not operate the Scale Wireless Edition™ in extreme temperature or humidity conditions.**

**Do not expose the Scale Wireless Edition™ to water or other liquids. Doing so may cause short-circuiting, and other damage to the product.**

**Do not modify or attempt to repair the Scale Wireless Edition™. Doing so could result in the risk of injury.**

**Do not attempt to repair or open batteries.**

**Remove the batteries from the device when there is a long delay between uses. Batteries that are not used for a long time have the potential to leak and cause an injury.**

**Do not mix old and new batteries, batteries of different types, or batteries from different manufacturers.**

**If battery fluid should get in your eyes, immediately flush your eyes with water and seek medical attention.**

**Batteries are choking hazards for children under 3 years old. Do not allow children to play with the device.**



**CAUTION:**

**Make sure to use the Scale Wireless Edition™ on a stable surface. Do not use the scale on carpet without the platform.**

**If the Scale Wireless Edition™ becomes dirty, clean with a soft cloth that is slightly moistened with warm water. CaviCide® wipes can be used on the external surface if available. Do not use alcohol, paint thinner, or anything other than warm water or CaviCide® wipes.**

**Use care in handling the Device. Do not drop the Device or any parts. Protect the Device from impact or sudden shocks.**

**Store the Scale Wireless Edition™ in a clean, safe location. Do not store it in direct sunlight, high humidity, freezing temperatures or other extreme temperatures or dust.**

**If you have questions about your Scale Wireless Edition™, call Customer Care for help. The number is listed on the front.**



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# Scale Wireless Edition™ Overview

## What is the Scale Wireless Edition™?

The Scale Wireless Edition™ is a stand-alone digital weight scale that you can use in your home. It can partner with a Cardiocom product.

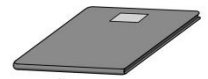
## How do you participate?

Your health care team has provided the Scale Wireless Edition™ for you to use at home. You should use the scale each day.

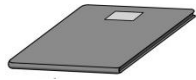
## What are the benefits of using Scale Wireless Edition™?

- It may catch symptoms early before they get worse.
- You can take your weight in privacy.
- It turns off automatically after use.
- The digital readings and large display allows you to cut out the guesswork.

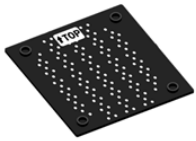
**Keep this manual near your  
Scale Wireless Edition™ for a quick reference.**



## Your Scale Wireless Edition™ kit includes:



Scale Wireless Edition (Scale WE)



Carpet Platform

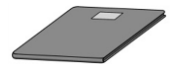


Six (6) AA alkaline batteries



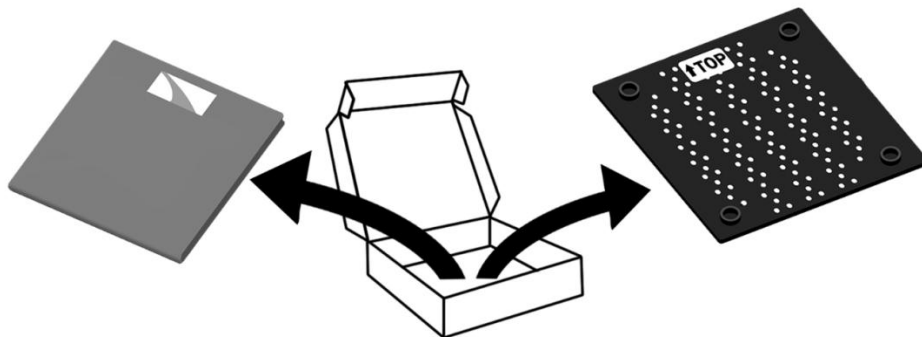
# B

## Setting Up the Scale Wireless Edition™



### Unpacking the Scale Wireless Edition™

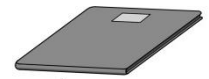
1. Remove the scale you received from its box.
2. Check for any damage incurred in shipping. If you note any damage, call your care provider as soon as possible.
3. Please save the original box and shipping material for when you need to return the scale.
4. If you are going to use the scale on carpet, unpack the Carpet Platform as shown below.



Scale Wireless Edition™

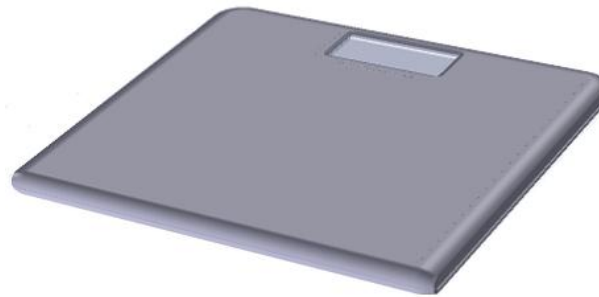
Carpet Platform

**Save the box for return shipment**



## Setting Up the Scale Wireless Edition™ on a Hard Surface

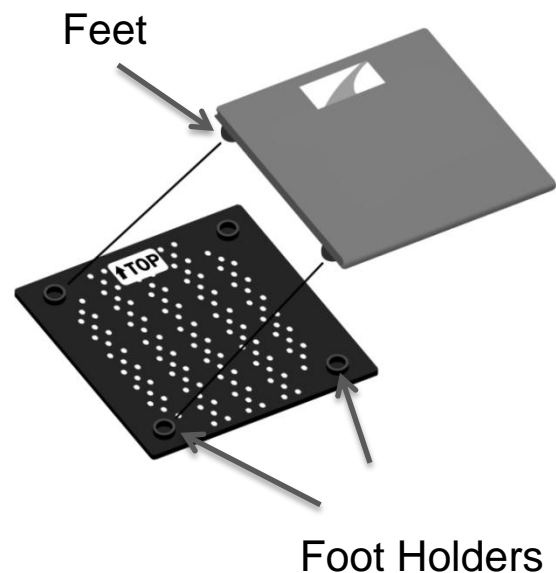
1. If possible, place the scale on a hard surface away from high-traffic areas.
2. The Carpet Platform should NOT be used when using the scale on a hard surface.



## Setting Up the Scale Wireless Edition™ on Carpet

1. Set the Carpet Platform on the carpeted floor.
2. Place the scale on top of the Carpet Platform according to the directions on the Carpet Platform label.

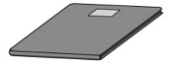
The scale feet should be placed in the Carpet Platform foot holders.



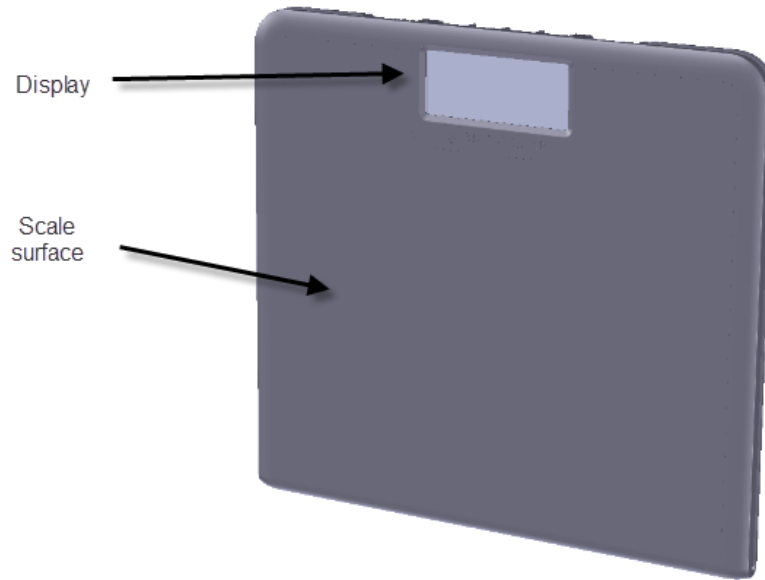
**Note: The Carpet Platform should not be used on hard flooring.**



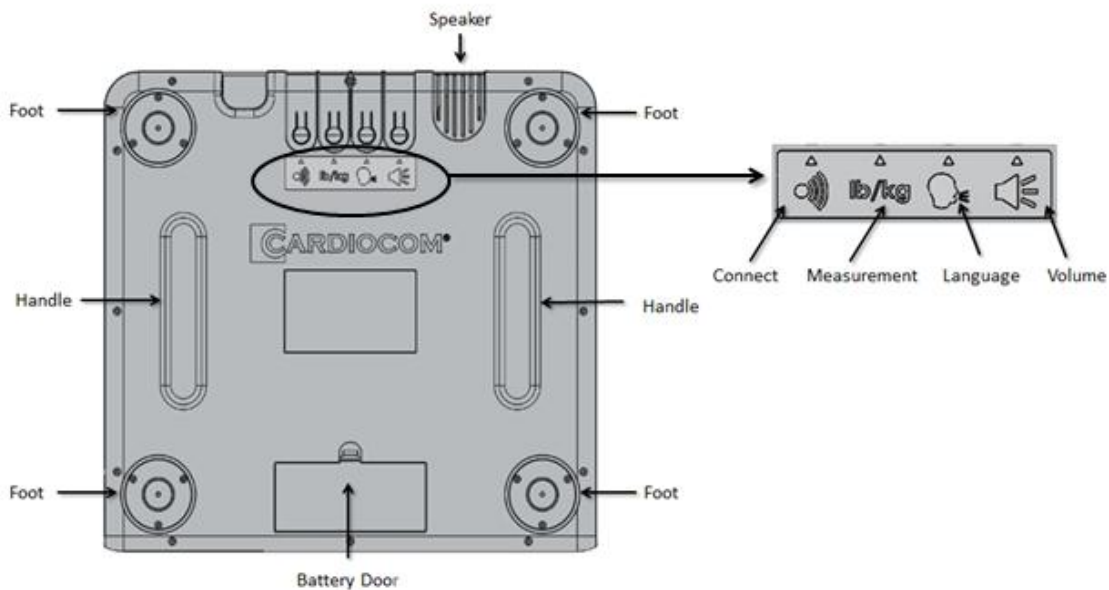
# Scale Wireless Edition™ Features

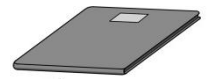


## Top View



## Bottom View





## Scale Wireless Edition™ Display

### Scale LCD Display



The Scale Wireless Edition™ display lights up when at least 40 lbs (or 18 kg) is on the scale. After a measurement, the display will automatically shut off.

The weight measurement displays the unit (to one decimal place) and the measurement type (“lbs” or “kg”).


The battery level appears on the lower left area in the display when the scale is in use.

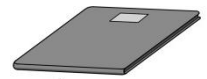
If the scale cannot take a measurement due to the person being unstable, an animated stick figure displays in the upper right corner.



## **D** Taking a Weight

Once you have unpacked your Scale Wireless Edition™, you can take a weight measurement at any time. It will automatically power on when you step on the scale.

1. Stand still with both feet on the scale with your hands at your sides.
2. Your weight will display on the scale.
3. If your scale is connected to another device, your weight will be automatically transmitted to that device and display an animated transmitting symbol  on the display for a brief period of time.



## Standing Properly on the Scale Wireless Edition™

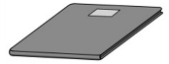
When using the scale, ensure your feet are properly positioned on the scale as follows:



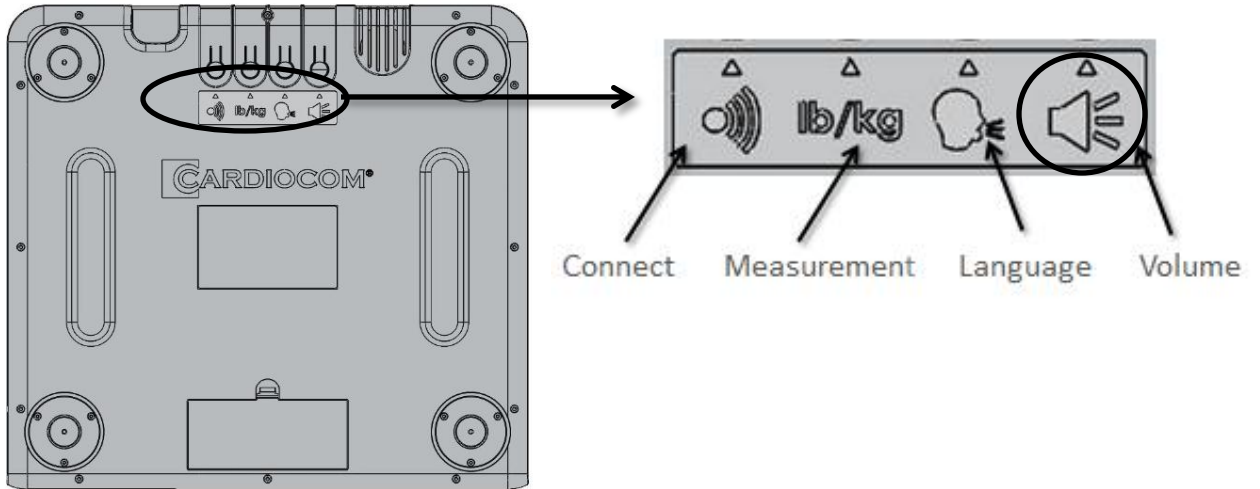
**CAUTION:** Failure to step on the scale correctly may cause you to lose your balance. If you feel unstable on the scale, do not continue use of the scale as this may result in a fall or injury.

# E

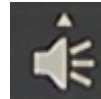
## Changing the Volume



1. Turn the scale upside down.



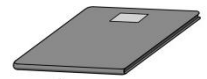
2. Select the button with the volume symbol.



3. Press the button until you hear the volume level you would like the scale set to.

The volume settings are:

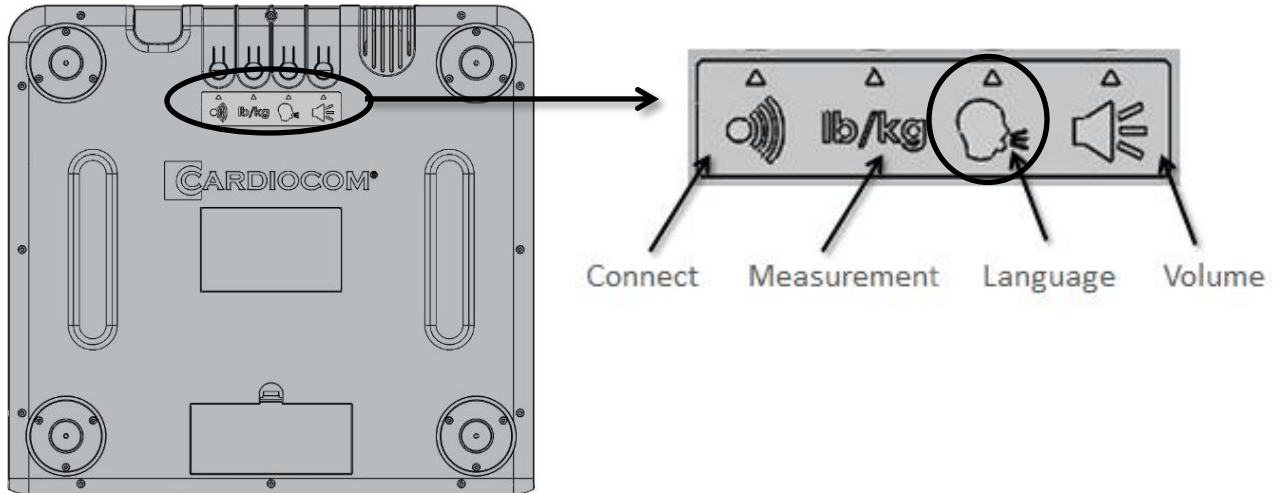
- High
- Low
- Off



# F

## Changing the Language

1. Turn the scale upside down.



2. Select the button with the language symbol.



3. Press the button until you hear the language you prefer.

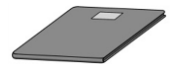
4. The available language settings are:

- English
- Spanish
- French

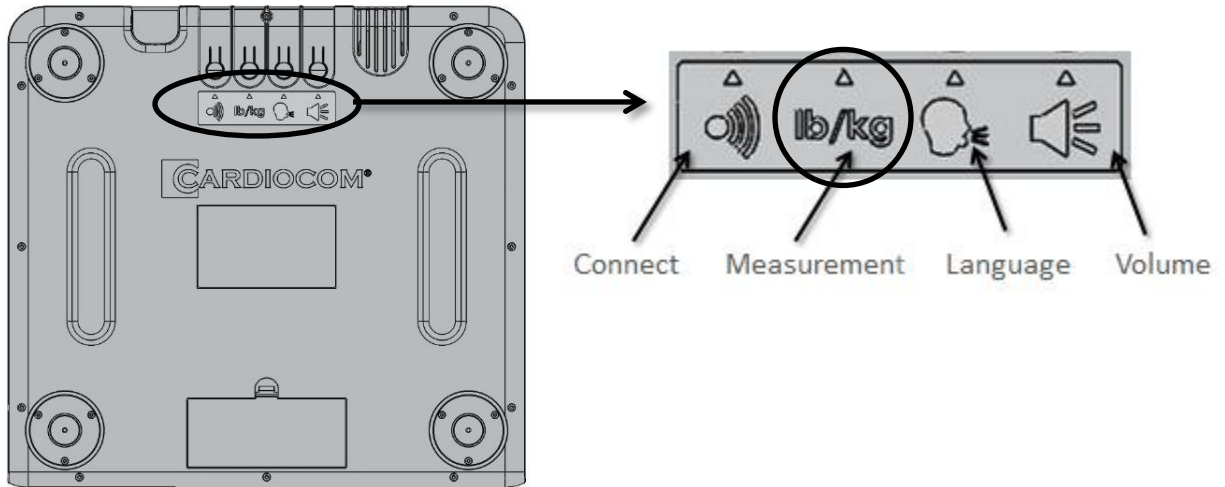




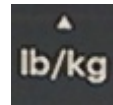
# Changing the Weight Measurement



1. Turn the scale upside down.



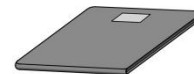
2. Select the button with the weight measurement symbol.



3. Press the button until you hear the weight measurement you prefer.

4. The available settings are:

- Pounds
- Kilograms



## Changing the Batteries

The scale will indicate when the batteries are low and need to be replaced.



Full



Low

You will know to replace the batteries based on the battery level symbol or it announces “Replace batteries.” When the batteries reach a low level, the scale will announce “Replace batteries.” The scale will flash the Low battery picture until the batteries are completely depleted.

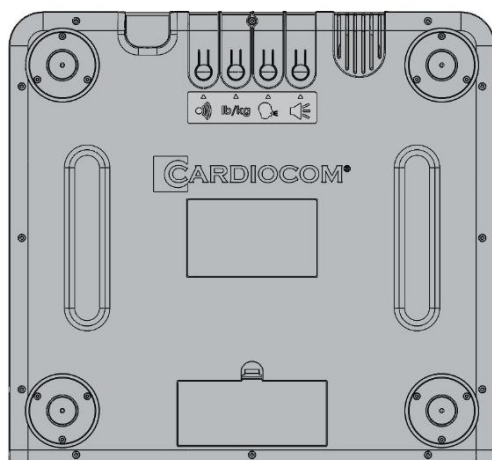
Note: When the batteries are completely depleted, the low battery indicator will not be displayed.



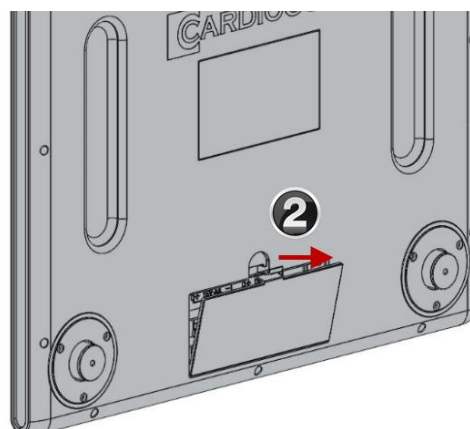
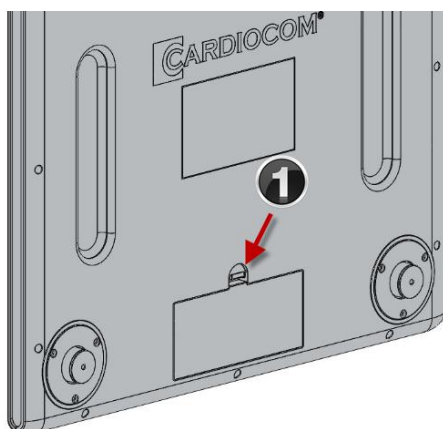
## Replacing the Batteries:

The battery compartment is accessed by turning over the scale and opening the battery door.

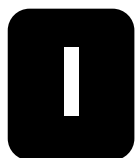
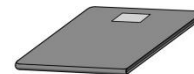
1. Turn the scale upside down.



2. Open the battery door by pushing down on the battery case tab and pulling out.



3. Take out all of the batteries. All batteries are to be replaced at the same time.
4. Replace with six (6) (AA) new alkaline batteries, taking care to insert the new batteries in the correct orientation (+) and (-) as shown inside the battery compartment.



## Care and Cleaning Information

If the scale gets dirty, unplug all of the cables from the back and use a damp cloth to wipe it down. **THE SCALE WE CANNOT BE SUBMERSED IN WATER.**

The scale can be cleaned with a disinfectant. You can use CaviCide<sup>®</sup> wipes to wipe down all exterior surfaces. Please follow the instructions included with the wipes.

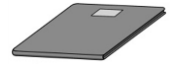
With the exception of cleaning, the Scale Wireless Edition™ is designed to be serviced and maintained only by qualified personnel. If your device should need servicing, please contact Customer Care.



**WARNING: CARDIOCOM IS NOT LIABLE FOR ANY HAZARDS INTRODUCED AS A RESULT OF UNAUTHORIZED MODIFICATION OF THE EQUIPMENT.**



# Frequently Asked Questions (FAQ)



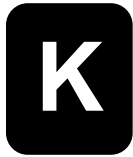
**What steps can I take if the Scale Wireless Edition™ doesn't appear to be taking my weight?**

- a) Make sure the scale is on the proper flat surface. If on carpeting or an unstable surface, please make sure the Carpet Platform is between the carpet and the scale. Check to make sure the feet of the scale are nestled into the footholds of the Carpet Platform.
- b) Ensure that minimally there is forty (40) pounds distributed on the scale surface, not to exceed four hundred (400) pounds.
- c) Replace the scale batteries, if necessary.
- d) Check to make sure the scale feet are free from debris or foreign materials (such as clothing or towels).

**How do I know if my weight is in pounds (lbs) or kilograms (kg)?**

Upon taking a measurement, the scale does two things:

1. It speaks the unit of measurement.
2. Either "kg" or "lb" displays in the lower right corner of the LCD screen when standing on the scale.



# Additional Information

## Regulatory and FCC Warning Statements

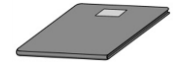
This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. However, there is no guarantee that interference will not occur in a particular installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by taking one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment to an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Accessory equipment connected to the Scale Wireless Edition must be in compliance with the respective nationally harmonized IEC standards or UL standards (i.e. IEC 60950-1 or UL 60950-1 for data processing equipment, IEC 60065 or UL 60065 for video equipment, IEC 61010-1 or UL 61010-1 for laboratory equipment, and IEC 60601-1 or UL 60601-1 for medical equipment). Furthermore, all configurations shall comply with the system standard IEC 60601-1-1. Any person that connects additional equipment to the signal input or signal output configures a medical system, and is therefore, responsible that the system complies with the requirements of the system standard IEC 60601-1-1. If in doubt, consult the technical services department or your local representative.



# Specifications

Name: Scale Wireless Edition  
Model: SC200










Storage Temperature: -4 to 129 degrees Fahrenheit (-20 to 54 degrees Celsius)  
Operating Temperature: 50 to 104 degrees Fahrenheit (10 to 40 degrees Celsius)

SC200 Weight Scale Range: 40 to 400 lbs (18 to 181 kilograms)  
SC200 Accuracy: +/-0.3% of load + 0.5lbs  
SC200 Consistency: +/-0.05% of load + 0.2lbs  
SC200 Display: 0.1lbs (0.1 kilograms)  
SC200 Battery Life: 500-1000 weight measurement cycles  
SC200 Wireless Range: 50 feet, open air

FCC ID: XTQ-SC200, SC200 Scale WE

INGRESS PROTECTION RATING			
SC200 Scale Wireless Edition		IP21	
INGRESS PROTECTION (IP) CODE			
IPMN	M =	X	Ingress Protection rating not required
		0	Non-protected
		1	Protected against solid foreign objects of 50 mm in diameter and greater
	N =	2	Protected against solid foreign objects of 12.5 mm in diameter and greater
		X	Ingress Protection rating not required
		0	Non-protected
1	1	Protection against vertically falling water drops	
	2	Protection against vertically falling water drops when Enclosure tilted up to 15°	

# Explanation of Symbols

SYMBOL	DESCRIPTION
	CAUTION, WARNING OR DANGER
	CONSULT INSTRUCTIONS FOR USE
	MANUFACTURER
	PART/CATALOG NUMBER
	SERIAL NUMBER
	EUROPEAN AUTHORIZED REPRESENTATIVE
	CONFORM WITH EEC DIRECTIVE
	TYPE BF APPLIED PART
	SEPARATE COLLECTION FOR WASTE OF ELECTRICAL EQUIPMENT







**Stay Connected with Cardiocom!  
We are here to help.**

**(952) 361-6467  
(888) 243-8881 (USA and Canada)  
00-800-1188-0000 (EU)**



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CE0086

EC REP

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