# Nokia 6500 slide User Guide



9201259 Issue 1

# **C€**0434

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# SAFETY

Read these simple guidelines. Not following them may be dangerous or illegal. Read the complete user guide for further information.



SWITCH ON SAFELY Do not switch the device on when wireless phone use is prohibited or when it may cause interference or danger.

ROAD SAFETY COMES FIRST

Obey all local laws. Always keep your hands free to operate the vehicle while driving. Your first consideration while driving should be road safety.



INTERFERENCE All wireless devices may be susceptible to interference, which could affect performance.



SWITCH OFF IN RESTRICTED AREAS Follow any restrictions. Switch be device off in aircraft, near medical



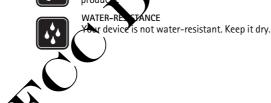
equipment, fuel, chemicals, or bla ng areas. QUALIFIED SERVICE

nel may install or repair this product. Only qualified pers

#### D BATTERIES ENHANCEMENTS

ANCE

Use only a Mancements and batteries. Do not connect incompatible ed produc



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SAFETY

# **General information**

### Helpful hints

Before taking your phone to a service point

Q: What can I do to resolve operation issues with my phone?

A: Try the following:

- Power off the phone and remove and replace the battery.
- Restore the factory settings. Select Menu > Settings > Rest. factory sett.. The names and phone numbers saved in *Contacts* are not deleted.
- Update the phone with Nokia Software Updater if available. Visit www.nokia.com/softwareupdate or your loc 1 Nokia website.

#### Access codes

Q: What is my password for the lock, PIN or PUK codes?

A: The default lock code is 12345, you forget or lose the lock code, contact your phone dealer.

If you forget or lose a PIX or PIX code, or if you have not received such a code, contact your service provider.

Bluetooth connectivity

Q: Why can't I find Bluetooth device?

A: Try the following:

Check that both devices have activated Bluetooth connectivity.

Check that the distance between the two devices is not over 10 meters (33

et/and that there are no walls or other obstructions between the devices.

Check that the other device is not in the hidden mode.

Check that both devices are compatible.

Calls

Q: How do I change the volume?

A: To increase or decrease the volume during a call, press the volume key up or down.

Q: How do I change the ringing tone?

A: Select Menu > Settings > Tones.

General information

#### Contacts

Q: How do I add a new contact?

A: Select Menu > Contacts > Names > Options > Add new contact.

Q: How do I add additional information to a contact?

A: Search for the contact to which you want to add a detail, and select **Details** > **Options** > *Add detail.* Select from the available options.

#### Menus

Q: How can I change the look of the menus?

A: To change the menu view, select Menu > Options > Main menu view > List, Grid, Grid with labels, or Tab.

**Q:** How do I personalise my menu?

A: To rearrange the menu, select Menu > Options > Organise. Scroll to the menu you want to move, and select Move. Scrul to where you want to move the menu, and select OK. To save the change select Done > Yes.

#### Messaging

**Q:** Why can't I send a multimedia message (MMS)?

A: To check availability and a subscribe to the multimedia messaging service (MMS, network service), contact your service provider.

# Q: How do I set up conail?

A: To use the e-mail function on your phone, you need a compatible e-mail system. Neek your e-mail settings with your e-mail service provider. You may referve the e-mail configuration settings as a configuration message.

To ctivate the e-mail settings, select Menu > Messaging > Message settings > E-mail messages.

#### PC connectivity

**Q**: Why do I have problems connecting the phone to my PC?

A: Ensure that Nokia PC Suite is installed and running on your PC. See the user guide for Nokia PC Suite. For further information on how to use Nokia PC Suite, see the help function in Nokia PC Suite or visit the support pages at www.nokia.com.

#### Shortcuts

**Q:** Are there any shortcuts that I can use?

A: There are several shortcuts on your phone:

General information

- To access the list of dialed numbers, press the call key once. Scroll to the number or name that you want; to call the number, press the call key.
- To open the web browser, press and hold 0.
- To call your voice mailbox, press and hold 1.
- Use the scroll key as a shortcut. See "My shortcuts," p. 30.
- To change from any profile to the silent profile and back to the general profile, press and hold #.

## About your device

The wireless device described in this guide is approved for use on the WCDMA 850 and 2100 and GSM 850, 900, 1800 and 1900 networks. Contact your service provider for more information about networks.

When using the features in this device, opey all laws and respect local customs, privacy and legitimate rights of others, actuding copyrights.

Copyright protection may preven some images, music, and other content from being copied, modified, or transferred

Your device may have preinstalled bookmarks and links for third-party internet sites. You may also access other third-party sites through your device. Third-party sites are not affiliated with Nokia, and Nokia does not endorse or assume liability for them. If your choose to access such sites, you should take precautions for security or content.

Warning: To use any features in this device, other than the alarm clock, e device must be switched on. Do not switch the device on when wireless device use may cause interference or danger.

Renamber to make back-up copies or keep a written record of all important more a written record of all important

When connecting to any other device, read its user guide for detailed safety instructions. Do not connect incompatible products.

#### Network services

To use the phone you must have service from a wireless service provider. Many of the features require special network features. These features are not available on all networks; other networks may require that you make specific arrangements with your service provider before you can use the network services. Your service provider can give you instructions and explain what charges will apply. Some networks may have limitations that affect how you can use network services. For

General information



instance, some networks may not support all language-dependent characters and services.

Your service provider may have requested that certain features be disabled or not activated in your phone. If so, these features will not appear on your phone menu. Your phone may also have a special configuration such as changes in menu names, menu order, and icons. Contact your service provider for more information.

This device supports WAP 2.0 protocols (HTTP and SSL) that run on TCP/IP protocols. Some features of this device, such as multimedia messaging (MMS), browsing, e-mail application, instant messaging, presence enhanced contacts, remote synchronisation, and content downloading using the browser or MMS, require network support for these technologies

#### Enhancements



Warning: Use only batteries, chargers, and enhancements approved by Nokia for use with this particular model. The use of any other types may invalidate any approval or warranty, and may be dangerous.

For availability of approved enhancements please check with your dealer. When you disconnect the power cord of an enhancement, grasp and pull the plug, not the cord.

#### Access codes

Select Menu > Settings Security to set how your phone uses the access codes and security settings

- The keypad lock (keyguard) only locks the keys.
  - You a lock the keys to prevent accidental keypresses.
  - 1. Toylock the keys, close the slide, and select Lock within 3.5 seconds.

To unlock the keys, open the slide; or select Unlock > OK within 1.5 seconds.

To answer a call when the keyguard is on, press the call key. When you end or reject the call, the keys are automatically locked.

You can also select **Menu** > *Settings* > *Phone* > *Automatic keyguard* or *Security keyguard* > *On* or *Off.* If the *Security keyguard* is set *On*, enter the security code when requested.

- The security code, supplied with the phone, helps to protect your phone against unauthorised use. The preset code is **12345**.
- The PIN code, supplied with the SIM card, helps to protect the card against unauthorised use.

General information



- The PIN2 code, supplied with some SIM cards, is required to access certain services.
- PUK and PUK2 codes may be supplied with the SIM card. If you enter the PIN or PIN2 code incorrectly three times in succession, you will be asked for the PUK or PUK2 code. If you do not have them, contact your local service provider.
- The barring password (4 digits) is required when using the Call barring service to restrict incoming calls to and outgoing calls from your phone (network service).
- To view or change the security module settings, if installed, select Menu > Settings > Security > Security module sett..

#### Software updates

Important: Use only services that ye

that offer adequate security and protection against harmful soft

Nokia may produce software updates that m offer new features, enhanced functions, or improved performance. You may be a request these updates through the Nokia Software Updater PC application. To update the device software, you need the Nokia Software Updater application and a compatible PC with Microsoft Windows 2000 or XP operating system, broadba **Het** access, and a compatible data cable to connect your device to the PC.

To get more inforp tion an to download the Nokia Software Updater application, visit www.nokia.com/soft reupdate or your local Nokia web site.

Downloading software updates may involve the transmission of large amounts of data through y ur service provider's network. Contact your service provider for information about on charges. datat

e sure) that the device battery has enough power, or connect the charger before starting the

software updates over the air are supported by your network, you may also be able to request updates through the device. See "Phone," p. 34.

### Download content

You may be able to download new content (for example, themes) to your phone (network service).

For the availability of different services, pricing, and tariffs, contact your service provider.



Important: Use only services that you trust and that offer adequate security and protection against harmful software.

General information



# Nokia support

Check www.nokia.com/support or your local Nokia website for the latest guides, additional information, downloads, and services related to your Nokia product.

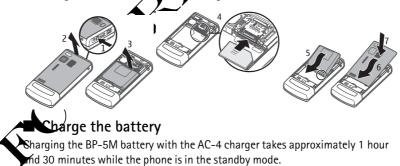
On the website, you can get information on the use of Nokia products and services. If you need to contact customer service, check the list of local Nokia contact centres at www.nokia.com/customerservice.

For maintenance services, check your nearest Nokia service centre at www.nokia.com/repair.

# 1. Get started

# ■ Install SIM card and batter

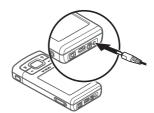
Always switch the device off and disconnect the charger before removing the battery. The SIM card and its contacts can easily be damaged by scratches or bending, so be careful when handling, inserting, premoving the card. Insert the SIM card with the gold-coloured context area facing down (4).



<sup>1.</sup> Connect the charger to a wall socket.

2. Connect the lead from the charger to the charger connector at the top of your phone.

If the battery is completely discharged, it may take a few minutes before the charging indicator appears on the display or before any calls can be made.



Get started

#### Switch the phone on and off

- 1. Press and hold the power key as shown.
- 2. If the phone asks for a PIN or a UPIN code, enter the code (for example, displayed as \*\*\*\*), and select **OK**.

When you switch on your phone for the first time, and the phone is in the standby mode, you are asked to get the configuration settings from your service provider (network service). Confirm or decline the query. See "Configuration," p. 35, and "Configuration settings service," p. 13.



#### ■ Set the time, zone, and date

When you switch on your phone for the first three, and the phone is in the standby mode, you are asked to set the time and enter. Fill of the fields, and select **Save**. To access *Date and time* later, select **A** or *Settings* > *Date and time* > *Date & time settings*, *Date and time format*, or *A O*-update of time (network service) to change the time, time zone, and data artifications.

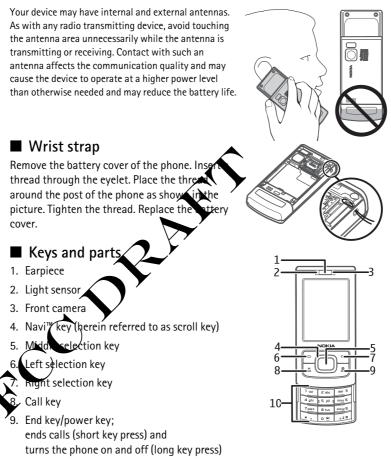
# Configuration settings service

To use some of the network revolutions, such as mobile internet services, MMS, Nokia Xpress audio messaging or remote internet server synchronisation, your phone needs the correct anfiguration settings. For more information on availability, contact your network operator, service provider, nearest authorised Nokia dealer, or visit the support area on the Nokia website, www.nokia.com/support.

When you give received the settings as a configuration message, and the settings are not a) tomatically saved and activated, *Configuration settings received* is dispuyed. Select **Show** > **Save**. If required, enter the PIN code supplied by the service provider.

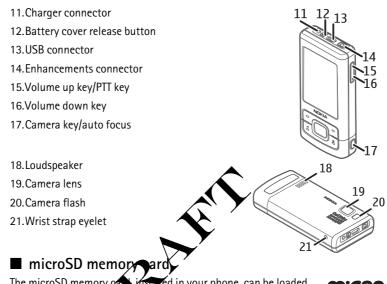
Get started

# Antenna



10.Keypad

Get started



The microSD memory can bring the din your phone, can be loaded with data such as ringing to tes, themes, tones, images and videos. If you delete, related, or replace this card, these functions and

ction properly.



You can remove or replace a microSD card during phone operation without switching the phone off.

mportant: Do not remove the memory card in the middle of an operation when the card is being accessed. Removing the card in the middle of an operation may damage the memory card as well as the device, and data stored on the card may be corrupted.



features may not fo

- 1. Remove the battery cover of the phone. Swing the microSD memory card holder open (1).
- 2. Insert the card with the gold-colored contact area facing up (2). Swing the card holder back in place (3), and close it at shown (4). Replace the battery cover. Remove the microSD card in reverse order.

# Standby mode

When the phone is ready for use, and you have at entered any characters, the phone is in the standby mode.

- 1. 3G indicator
- 2. Signal strength of the cellular two
- 3. Battery charge level
- 5. Name of the network or ne operator logo
- 6. Clock
- 7. Display
- 8. The left selection key (8) is **Go to** or a shortcut to another function. See "Left selection key," p. 30
  - The middle selection key (9) mode is Menu.

10. The right selection key (10) may be **Names** to access the list of contacts in the *Contacts* menu, an operator-specific name to access an operator-specific web site, or a shortcut to a function that you selected. See "Right selection key," p. 30.

### **Indicators**

- You have unread messages.
- The phone registered a missed call. See "Log," p. 28.
- The keypad is locked. See "Access codes," p. 10.







- The phone does not ring for an incoming call or text message when Incoming call alert is set to Off and Message alert tone is set to Off. See "Tones," p. 29.
  - The alarm clock is set to **On**. See "Alarm clock," p. 42.
- **G**, E When the packet data connection mode **Always online** is selected and the packet data service is available, the indicator is shown.
- $\blacksquare$ ,  $\blacksquare$  A GPRS or EGPRS connection is established.

Bluetooth connection indicator. See "connecting with Bluetooth," p. 31.

### Flight profile

\*

You can deactivate all radio frequency enctions and still have access to offline games, calendar, and phone numbers. Use the flight profile in radio sensitive environments—on board aircraft or no ospitals. When the flight profile is active, is shown.

Select **Menu** > Settings > Profiles > Flight > Activate or Personalise. To set the phone to assure time it is switched on whether to use the flight profile, select **Menu** > Settings > Phone > Flight query > On or Off.

To deactivate the flight profile, select any other profile.

In the offine or flight profiles, you may need to unlock the device and change to the calling profiles making a call.



Warning: With the flight profile you cannot make or receive any calls, including emergency calls, or use other features that require network coverage. To make calls, you must first activate the phone function by changing profiles. If the device has been locked, enter the lock code. If you need to make an emergency call while the device is locked and in the flight profile, you may be also able to enter an official emergency number programmed in your device in the lock code field and select 'Call'. The device will confirm that you are about to exit flight profile to start an emergency call.

# 2. Calls

# Make a voice call

Do one of the following:

Calls



- Enter the phone number, including the area code, and press the call key. For international calls, press \* twice for the international prefix (the + character replaces the international access code), enter the country code, the area code without the leading 0, if necessary, and the phone number.
- Press the call key once to list the last called numbers, and press the call key.
- Call a name or number in Contacts. See "Contacts," p. 26.

To increase or decrease the volume during a call, press the volume key up or down.

# Answer or reject a voice call

To answer a call, press the call key. To end the call, press the end key.

To reject a call, press the end key.

To mute the ringing tone, select Silence. Then any er or reject the call.

#### Speed dialling

To assign a number to one of the speed-dalling keys, 3 to 9:

- 1. Select Menu > Contacts > Speed dials.
- 2. Scroll to the speed-dialling number that you want.
- Select Assign, or if a number has already been assigned to the key, select Options > Change.
- 4. Select Search and the contact you want to assign.

If the Speed dialling function is off, the phone asks whether you want to activate it.

Select Menu > Settings > Call > Speed dialling > On or Off.

a number, press and hold a speed-dialling key until the call begins.

#### Enhanced voice dialling

You can make a phone call by saying the name that is saved in the contact list of the phone. To set a contact for the voice playback, select **Menu** > *Settings* > *Phone* > *Voice recognition* > *Recognition lang.*, and follow the instructions on the display.

Before using voice tags, note the following:

- Voice tags are not language-dependent. They are dependent on the speaker's voice.
- You must say the name exactly as you said it when you recorded it.

Calls

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- Voice tags are sensitive to background noise. Record voice tags and use them in a quiet environment.
- Very short names are not accepted. Use long names, and avoid similar names for different numbers.



Note: Using voice tags may be difficult in a noisy environment or during an emergency, so you should not rely solely upon voice dialling in all circumstances.

# Options during a call

Many of the options that you can use during a call are network services. For availability, contact your service provider.

Possible options that your service provider may offer include conference calls, video sharing and placing calls on hold.

#### Call waiting

Select **Menu** > Settings > Call > Call with g > Activate to have the network notify you of an incoming call while you we a call in progress (network service).

To answer a waiting call during an active call, press the call key. The first call is put on hold. To end the active can prese the end key.

#### Make a video cal

- 1. To start a video call, inter the phone number in the standby mode, or select **Contacts** and a untact.
- 2. Press and hold the call key, or select **Options** > *Video call*. Starting a video call may take a while. *Video call* and an outgoing animation is shown. If the call is not successful (for example, video calls are not supported
  - by the network, or the receiving device is not compatible) you are asked if you want to try a normal call or send a message instead.

To increase or decrease the volume during a call, press the volume key up or down.

3. To end the call, press the end key.

When you make a video call, you send a real-time video to the recipient of the call. The video image captured by the camera on the front of your phone is shown to the video call recipient.

To be able to make a video call, you must have a USIM card and be connected in a WCDMA network. For availability of and subscription to video call services, contact your network operator or service provider. A video call can only be made between two parties. The video call can be made to a compatible phone or an

Calls



ISDN client. Video calls cannot be made while another voice, video, or data call is active.

During extended operation such as an active video call and high speed data connection, the device may feel warm. In most cases, this condition is normal. If you suspect the device is not working properly, take it to the nearest authorised service facility.

# 3. Write text

You can enter text using traditional or predictive text input. When you write text, select and hold **Options** to switch between traditional text input, indicated by

w, and predictive text input, indicated by Not all languages are supported by predictive text input.

The character cases are indicated by **Imp**, **Imp**, **Imp**, **Imp**. To change the character case, press #. To change from the letter to number mode, indicated by **Imp**, press and hold #, and select *Number mode*. To hange from the number to the letter mode, press and hold #.

To set the writing language lect **Options** > Writing language.

## Traditional text input

Press a number key, 1 to 9, repeatedly until the desired character appears. The characters available depend on the selected writing language. Press the 0 key to create a space. The nost common punctuation marks and special characters are available under the 1 key.

# Predictive text input

ictive text input is based on a built-in dictionary to which you can add new rds.



Start writing a word using the keys 2 to 9. The phone displays \* or the letter if it separately has a meaning as a word. The entered letters are displayed underlined.

2. When you finish writing the word and it is correct, to confirm it, press **0** to add a space.

If the word is not correct, press \* repeatedly, and select the word from the list. If the ? character is displayed after the word, the word you intended to write is not in the dictionary. To add the word to the dictionary, select **Spell**. Enter the word using traditional text input, and select **Save**.

Write text



To write compound words, enter the first part of the word, and scroll right to confirm it. Write the last part of the word, and confirm the word.

3. Start writing the next word.

# 4. Messaging

#### Write and send a text message

- 1. Select Menu > Messaging > Create message > Message.
- 2. Enter one or more phone numbers in the *To*: field. To retrieve a phone number from a memory, select Add.
- 3. Write your message in the *Text:* field. To use a text template, scroll down, and select insert.
- 4. Select Send.

#### Write and send a multiple dia message

- 1. Select Menu > Messaging > Create message > Message.
- 2. Enter one or more price numbers or e-mail addresses in the *To:* field. To retrieve a phone mober or e-mail address from a memory, select Add.
- 3. Write your me age. to add a file, scroll down, and select Insert.
- 4. To view the message before sending it, select **Options** > *Preview*.
- 5. Select Send)

Only devices that have compatible features can receive and display multimedia messages. The appearance of a message may vary depending on the receiving device.

The wireless network may limit the size of MMS messages. If the inserted picture exceeds this limit, the device may make it smaller so that it can be sent by MMS.

To check availability and to subscribe to the multimedia messaging service (MMS, network service), contact your service provider.

### Read and reply to a message

1. To view a received message, select Show.

To read the message later, select Menu > Messaging > Inbox.

- 2. To reply to a message, select  ${\it Reply}.$  Write the reply message.
- 3. Select Send.

Messaging





Important: Exercise caution when opening messages. Messages may contain malicious software or otherwise be harmful to your device or PC.

## Nokia Xpress audio messaging

You can use the multimedia message service to create and send an audio message. MMS must be activated before you can use audio messages.

- 1. Select Menu > Messaging > Create message > Audio message. The recorder opens.
- 2. Speak your message.
- 3. Enter one or more phone numbers in the *To:* field, or select **Add** to retrieve a number.
- 4. Select Send, or press the call key.

To open a received audio message, select Play. If nore than one message is received, select Show > Play. To listen one message later, select Exit.

### ■ Flash messages

Select **Menu** > *Messaging* > *Greate message* > *Flash message*. Enter the recipient's phone number, applicative your message.

Flash messages are text messages that are instantly displayed upon receipt. Flash messages are not automatically saved.

## E-mail application

To activate the e-mail settings, select **Menu** > Messaging > Message settings > E-motion sages.

To use the e-mail function on your phone, you need a compatible e-mail system. You may receive the e-mail configuration settings as a configuration message.

#### E-mail setup wizard

Select **Menu** > *Messaging* > *E-mail mailbox* > **Options** > *Add mailbox* >*E-mail setup wizard*.

To enter the settings manually, select **Menu** > *Messaging* > *E-mail mailbox* > **Options** > *Add mailbox* > *Create manually*.

The e-mail application requires an internet access point without a proxy. WAP access points normally include a proxy and do not work with the e-mail application.

Messaging



#### Write and send e-mail

You can write your e-mail message before connecting to the e-mail service; or connect to the service first, then write and send your e-mail.

- 1. Select Menu > Messaging > Create message > E-mail.
  - If more than one e-mail account is defined, select the account from which you want to send the e-mail.
- Enter the recipient's e-mail address, write the subject, and enter the message. To attach a file to the e-mail, select the Insert button and from the options. To save your e-mail, select Options > Save message. To edit or continue writing your e-mail later, select As draft message.
- 3. To send the e-mail message, select Send

To send an e-mail from a draft folder, select Men > *Messaging* > *Drafts* and the desired message.

#### Download e-mail

 To download e-mail messages that have been sent to your e-mail account, select Menu > Messaging.

If more than one e-main secont is defined, select the account from which you want to download the e-mail.

The e-mail application only downloads e-mail headers at first.

2. Select an e-mail and press **Open** to download the complete e-mail message.

#### Read and reply to e-mail



To reply to an e-mail, select **Options** > *Reply*. Confirm or edit the e-mail address and subject and create your reply.

3. To send the message, select Send.

To terminate the connection to your e-mailbox select, **Options** > *Disconnect*.

#### Instant messaging

With instant messaging (IM, network service) you can send short, simple text messages to online users. You must subscribe to a service and register with the IM service you want to use. For more information about signing up for IM services, contact your service provider.

Messaging

**¥**.



#### Voice messages

To call your voice mailbox, select Menu > Messaging > Voice messages > Listen to voice msgs.. To enter, search for, or edit your voice mailbox number, select Voice mailbox no..

The voice mailbox is a network service, and you may need to subscribe to it. For more information contact your service provider.

If supported by the network, **OO** indicates new voice messages. To call your voice mailbox number, select Listen.

### Message settings

#### General settings

General settings are common for text and nultinedia messages.

Select Menu > Messaging > Message settings > General settings and from the following options:

Save sent messages > Yes - to sever phone to save the sent messages in the Sent items folder

Overwriting in Sent > Maxwed to set your phone to overwrite the old sent messages with the new one when the message memory is full. This setting is shown only if you selected Save sent messages > Yes.

*Favourite recipient* to define easily available message recipients or groups when sending messages

Font size to select the font size used in messages

Gaphical smileys > Yes — to set your phone to replace character-based smileys araphical ones

#### Text messages

The text message settings affect the sending, receiving, and viewing of text and SMS messages.

Select Menu > Messaging > Message settings > Text messages and from the following options:

*Delivery reports* > *Yes* – to ask the network to send delivery reports about your messages (network service)

*Message centres > Add centre* — to set the phone number and name of the message centre that is required for sending text messages. You receive this number from your service provider.

Messaging

Msg. centre in use - to select the message centre in use

*Message validity* – to select the length of time for which the network attempts to deliver your message

*Messages sent via* – to select the format of the messages to be sent: *Text*, *Paging*, or *Fax* (network service)

Use packet data > Yes - to set GPRS as the preferred SMS bearer

Character support > Full – to select all characters in the messages to be sent as viewed. If you select *Reduced*, characters with accents and other marks may be converted to other characters.

*Rep. via same centre* > *Yes* – to allow the recipient of your message to send you a reply using your message centre (network service)

#### Multimedia messages

The message settings affect the sending receiving, and viewing of multimedia messages. You may receive the configuration settings for multimedia messaging as a configuration message. See "Configuration settings service," p. 13. You can also enter the settings manually. See "Configuration," p. 35.

Select **Menu** > Messaging > Message settings > Multimedia messages and from the following options

*Delivery reports* Yes — to ask the network to send delivery reports about your messages (network service)

MMS creation mode — to restrict or allow various types of multimedia to be added to metsal s

In age size in MMS – to set the image size in multimedia messages

Default slide timing – to define the default time between slides in multimedia messages

Allow MMS receptn. — to receive or block the multimedia message, select Yes or No. If you select In home network, you cannot receive multimedia messages when outside your home network. The default setting of the multimedia message service is generally In home network. The availability of this menu depends on your phone.

*Incoming MMS msgs.* – to decide how multimedia messages are retrieved. This setting is not shown if *Allow MMS receptn.* is set to *No.* 

*Allow adverts* – to receive or reject advertisements. This setting is not shown if *Allow MMS receptn.* is set to *No*, or *Incoming MMS msgs.* is set to *Reject*.

Messaging

*Configuration sett.* > *Configuration* — only the configurations that support multimedia messaging are shown. Select a service provider, *Default*, or *Personal config.* for multimedia messaging. Select *Account* and a MMS account contained in the active configuration settings.

#### E-mail messages

The settings affect the sending, receiving, and viewing of e-mail. You may receive the settings as a configuration message. See "Configuration settings service," p. 13. You can also enter the settings manually. See "Configuration," p. 35.

Select Menu > Messaging > Message settings > E-mail messages and from the following options:

*New e-mail notif.* – to select whether a notification is shown when new e-mail is received

Allow mail reception — to select whether -mail can be received in a foreign network or only in the home network

*Reply with orig. msg.* – to select where the original message is included in the reply

Image size in e-mail – the electric size of images in e-mail

Edit mailboxes – to at new mailboxes or edit one in use

# 5. Contacts



You can be names and phone numbers (contacts) in the phone memory and in the SIM card memory.

The phone memory may save contacts with additional details, such as various phone numbers and text items. You can also save an image for a limited number of contacts.

The SIM card memory can save names with one phone number attached to them. The contacts saved in the SIM card memory are indicated by  $\textcircled{\blacksquare}$ .

To synchronise from a PC, see "Connectivity," p. 31.

# Save names and phone numbers

Select Menu > Contacts > Names > Options > Add new contact. Names and numbers are saved in the used memory.

Contacts

# Add contact details

Select **Menu** > Contacts > Settings, and ensure that the Memory in use is Phone or Phone and SIM.

In the phone memory you can save different types of phone numbers, a tone or a video clip, and short text items for a contact.

Search for the contact to which you want to add a detail, and select **Details** > **Options** > *Add detail*. Select from the available options.

### Search for a contact

Select Menu > Contacts > Names. Scroll through the list of contacts, or enter the first characters of the name you are searching

#### Copy or move contacts

You can move and copy contacts from the phone memory to the SIM card memory or vice versa. The SIM card can save name with one phone number attached to them.

To move or copy all contacts elect Menu > Contacts > Move contacts or Copy contacts.

To move or copy contacts one by one, select **Menu** > Contacts > Names. Scroll to the contact, and select options > Move contact or Copy contact.

To move or copy multiple contacts, select Menu > Contacts > Names. Scroll to a contact, and select Options > Mark. Mark the other contacts, and select Options Move marked or Copy marked.

# Edit contacts

Select Menu > Contacts > Names. Scroll to the contact, and select Options > Edit, and scroll to the details you want to change.

#### Groups

Select **Menu** > *Contacts* > *Groups* to arrange the names and phone numbers into caller groups with different ringing tones and group images.

#### Business cards

You can send and receive a person's contact information from a compatible device that supports the vCard standard as a business card.

To send a business card, search for the contact whose information you want to send, and select **Details** > **Options** > *Send business card*.

Contacts



When you have received a business card, select Show > Save to save the business card in the phone memory. To discard the business card, select Exit > Yes.

# Contact settings

Select Menu > Contacts > Settings and from the following options:

Memory in use - See "Add contact details," p. 27.

Contacts view - to select how the names and numbers in Contacts are displayed

Name display - to select whether the contact's first or last name is displayed first

Font size - to set the font size for the list of contacts

Memory status - to view the free and used memory capacity

#### 6. Log

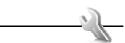
Select Menu > Log > Missed calls, Rece calls, or Dialled

nd received calls and the dialed numbers numbers. To view your recent mis chronologically, select Caller. To view the contacts to whom you most recently g. recinients. sent messages, select Ma

pultimedia messages you have sent and received, To view how many d and select Menu > ságe log.  $> \Lambda$ 

Note: The invoice for calls and services from your service provider may vary, depending or network features, rounding off for billing, taxes, and so forth.





rofiles

elect Menu > Settings > Profiles, the desired profile, and from the following options:

Activate - to activate the selected profile

Personalise - to customise the profile with ringing tones, ringing volume, vibrating alerts, light effects and message alert tones. Select the setting you want to change, and make the changes.

Timed – to set the profile to be active for a certain time up to 24 hours. After this time the previous profile becomes active.

Log

# Themes

Select Menu > Settings > Themes and from the following options:

Select theme – to set a theme. A list of folders in *Gallery* opens. Open the *Themes* folder, and select a theme.

Theme downloads - to open a list of links to download more themes

#### Tones

Select Menu > Settings > Tones.

Select **Options** > *Save* to save the settings or *Cancel* to leave the settings unchanged.

If you select the highest ringing tone level, the rincing tone reaches its highest level after a few seconds.

### Display

With display settings you can personalise our display view.

# Standby mode settings

Select Menu > Settings Display and from the following options:

*Wallpaper* — to set your phase to display an image or a slide as wallpaper in the standby mode. Splect *Wallpapers* > *Image* or *Slide set*, scroll to the folder from which you want to elect the image or slide set, and select the image or slide set you want

Active stundby - to select whether your phone displays the active standby

Standby font colour – to select the colour for the texts on the display in the standby mode

*Navigation key icons* – to display the icons of the current scroll key shortcuts in the standby mode when active standby is off

Notification details – to show or hide details such as contact information, in both missed call and message received notifications

*Slide animation* — to set your phone to display an animation and play a tone when you open and close the phone depending on the theme

*Screen saver* – to set your phone to display a shifting pattern or image when no function of the phone is used for a certain time

*Power saver* — to save battery power, a digital clock is displayed when no function of the phone is used for a certain time.

Settings

Sleep mode — to save battery power the display turns black when no function of the phone is used for a certain time

*Font size* — to set the font size for reading and writing messages, and viewing contacts and web pages.

*Operator logo* – to set your phone to display or hide the operator logo, if available *Cell info display* > On – to receive information from the network operator depending on the network cell used (network service).

### Date and time

Select Menu > Settings > Date and time > Date & time settings, Date and time format, or Auto-update of time (network service) to change the time, time zone, and date settings.

#### My shortcuts

With personal shortcuts you get quick a vess to often used functions of the phone.

# Left selection key

To select a function from the list, select Menu > Settings > My shortcuts > Left selection key.

### Right selection key

To select a function from the list, select Menu > Settings > My shortcuts > Right selection key.

#### Navigation key

To assign other phone functions from a predefined list to the scroll key, select Menu > Settings > My shortcuts > Navigation key.

#### Active standby key

To select a function from the list, select **Menu** > *Settings* > *My shortcuts* > *Active standby key.* 

# Sync and backup

Select **Menu** > *Settings* > *Sync and backup* to synchronise or copy data between your phone and another phone or remote server (network service).

Phone switch - to synchronise or copy data between two phones

Settings

*Create backup* – to create a backup of selected content and store it to your memory card

Restore backup - to restore content previously backed up on your memory card

Data transfer - to transfer data between your phone and another device

### Connectivity

You can connect the phone to a compatible device using Bluetooth wireless technology or a USB data cable connection.

#### Connecting with Bluetooth

This device is compliant with Bluetooth Specification 2.0 supporting the following profiles: SIM access, object push, file transfer, dial-up networking, headset, hands-free, service discovery application, generic access, serial port and eneric object exchange. To ensure interoperability between other devices supporting Bluetooth technology, use Nokia approved enhancements for this model. Check with the manufacturers of other devices to determine their compatibility with this device

Bluetooth technology allows you to a price your phone to a compatible Bluetooth phone within 10 neters (33 feet). Since phones using Bluetooth technology communicate using radio waves, your phone and the other phones do not need to be in direct line of sight, although the connection can be subject to interference from obstructions such as walls or from other electronic devices.

Features using Blueto th technology increase the demand on battery power and reduce the battery life

# Set up Bluetooth connection

Select Menu > Settings > Connectivity > Bluetooth > On.

Set My phone's name to set or change the name of your phone that is visible to other Bluetooth devices.

indicates that Bluetooth is active. Remember that Bluetooth uses battery power and may reduce battery life.

#### Connect a Bluetooth device

Select **Menu** > Settings > Connectivity > Bluetooth > Search audio enhanc. and the device that you want to connect to.

#### See a list of your Bluetooth connections

Select Menu > Settings > Connectivity > Bluetooth > Active devices.

Settings

#### Send data to a Bluetooth device

Select Menu > Settings > Connectivity > Bluetooth > Paired devices. Select the device that you want to connect to, and enter a passcode. To connect to another device, you must agree on a passcode (up to 16 characters) to use. You only use the passcode one time to set up the connection and begin transferring data.

If you do not see the device on the list, select New to list Bluetooth devices in range.

#### Hide your Bluetooth device from others

Select **Menu** > Settings > Connectivity > Bluetooth > My phone's visibility or My phone's name. Select Hidden, or turn off Bluetooth completely.

#### Modem settings

You can connect the phone using Bluetooth wireless technology or a USB data cable connection to a compatible PC and use the phone as a modem to enable GPRS connectivity from the PC.

To define the settings for connections from your PC:

- 1. Select Menu > Settings > Connectivity > Packet data > Packet data settings > Active access point, an activate the access point you want to use.
- 2. Select *Edit active access pt.*, enter a name to change the access point settings, and select OK.
- 3. Select Packet data acc. pt., enter the access point name (APN) to establish a connection to a network, and select **OK**.
  - Establish an internet connection by using your phone as a modem.

Set the "Nokia PC Suite," user guide for more information. If you have set the settings both on your PC and on your phone, the PC settings are used.

#### Synchronise from a compatible PC

To synchronise data from calendar, notes, and contacts, install the Nokia PC Suite software for your phone on the PC. Use Bluetooth wireless technology or the USB data cable, for the synchronisation, and start the synchronisation from the PC.

#### Synchronise from a server

To use a remote internet server, subscribe to a synchronisation service. For more information and the settings required for this service, contact your service provider.

Settings

### USB data cable

You can use the USB data cable, CA-101, to transfer data between the phone and a compatible PC or a printer supporting PictBridge. You can also use the USB data cable with Nokia PC Suite.

Ask on conn. - to let your phone ask whether to get connected

*PC Suite* — to use your phone to interact with applications on a PC that has Nokia PC Suite

*Printing & Media* – to use your phone with a PictBridge compatible printer, or to connect your phone to a PC to synchronise it with Windows Media Player (music, video)

Data storage – to connect to a PC that does not have Nokia software and use your phone for data storage

To change the USB mode, select Menu > Settings > Connectivity > USB data cable > Ask on conn., PC Suite, Printing Media, or Data storage.

# Call

Select Menu > Settings > Co, and from the following options:

*Call divert* — to divert your accoming calls (network service). You may not be able to divert your calls if some call barring functions are active. See *Call barring service* in "Access odes" p. 10.

Anykey answer > 0n – to answer an incoming call by briefly pressing any key, except the power key, the camera key, the left and right selection keys, or the end key

A *tomatic redial > On* — to make a maximum of 10 attempts to connect the call after an unsuccessful call attempt

Video-voice redial — to select whether the phone automatically repeats a voice call to the same number to which a video call has failed

*Voice clarity* > *Active* – to enhance speech intelligibility especially in noisy environments

Speed dialling – See "Speed dialling," p. 18.

Call waiting - See "Call waiting," p. 19.

Summary after call > On - to briefly display the approximate duration and cost (network service) of the call after each call

Settings

Send my caller ID > Yes - to show your phone number to the person you are calling (network service). To use the setting agreed upon with your service provider, select Set by network.

Slide call handling – to select the function for opening and closing the slide Video sharing – to define video sharing settings



Select Menu > Settings > Phone and from the following options:

Language settings – to set the display language of your phone, select *Phone language*. *Automatic* selects the language according to the information on the SIM card. To select the USIM card language, select *SIM language*. To set a language for the voice playback, select *Recognition lang.* 

*Memory status* – to view the amount of used and available phone memory *Automatic keyquard* – See "Access cource p. 10.

Voice recognition - See "Enhanced voice dialling," p. 18.

Security keyguard – See "Access codes," p. 10.

Welcome note - to write the rest that is shown when the phone is switched on

*Phone updates* – to update our phone software if there is an update available

*Network mode* , to select dual mode (UMTS or GSM). You cannot access this option during an access call.

Operator selection > Automatic — to set the phone to automatically select one of the cellure networks available in your area. With Manual you can select a network that has a roaming agreement with your service provider.

text activation — to select whether the phone shows help texts

*Start-up tone* — to select whether the phone plays a tone when it is switched on Flight guery — See "Flight profile," p. 17.

#### Enhancements

This menu or the following options are shown if the phone is or has been connected to a compatible mobile enhancement.

Select **Menu** > *Settings* > *Enhancements*. Select an enhancement and, depending on the enhancement, from the following options:

*Default profile* — to select the profile that you want to be automatically activated when you connect to the selected enhancement

Settings

Automatic answer – to set the phone to answer an incoming call automatically after 5 seconds. If Menu > Settings > Tones > Incoming call alert is set to Beep once or Off, automatic answer is off.

#### Configuration

You can configure your phone with settings that are required for certain services to function correctly. Your service provider may also send you these settings as a configuration message.

Select Menu > Settings > Configuration and from the following options:

Default config. sett. — to view the service providers saved in the phone. To set the configuration settings of the service provider as default settings, select **Options** > Set as default.

Activ. def. in all apps. – to activate the decalt configuration settings for supported applications

Preferred access pt. - to view the saved access points. Scroll to an access point, and select **Options** > Details to view the name of the service provider, data bearer, and packet data access pointer GSM dial-up number.

*Connect to support* – to owner d the configuration settings from your service provider

*Personal config.* 1t. – b add new personal accounts for various services manually, and to accurate or delete them. The parameters differ according to the selected service type.

# Restre factory settings

Select Menu > Settings > Rest. factory sett. to reset some of the menu settings to the original values. Enter the security code. The names and phone numbers saved in Contacts are not deleted.

#### Phone software updates

Your service provider may send phone software updates over the air directly to your device. This option may not be available, depending on your phone.



**Warning:** If you install a software update, you cannot use the device, even to make emergency calls, until the installation is completed and the device is restarted. Be sure to back up data before accepting installation of an update.

Settings



# 8. Operator menu

This menu lets you access services provided by your network operator. The name and the icon depend on the operator. For more information contact your network operator. The operator can update this menu with a service message.

#### Info messages

Select Menu > Messaging > Info messages to receive messages on various topics from your service provider (network service). For more information, contact your service provider.

#### Service commands



Select Menu > Messaging > Serv. commands to write and send service requests (USSD commands) to your service provider, such as activation commands for network services.

# 9. Gallery

In this menu you can man be images, video clips, music files, themes, graphics, tone recordings, and received files. These files are stored in the prone memory, and may be arranged in folders.

Your phone supports an activation key system to protect acquired content. Always check the delivery terms of any content and activation key before acquiring them, as they nex be subject to a fee.

To see the list of folders, select **Menu** > Gallery.

To see the available options of a folder, select a folder and **Options**.

view the list of files in a folder, select a folder and Open.

To see the available options of a file, select a file and Options.

### Digital rights management

Digital rights management (DRM) is copyright protection, designed to prevent modification and to limit distribution of protected files. When you download protected files, such as sound, video, themes, or ringing tones to your phone, the files are free, but locked. You pay for the key to activate the file, and the activation key is automatically sent to your phone when you download the file.

Operator menu



To view the permissions for a protected file, scroll to the file, and select **Options** > *Activation keys*. For example, you can see how many times you can view a video or how many days you have left for listening to a song.

To extend the permissions for a file, select **Options** and the corresponding option for the file type, such as *Activate theme*. You can send certain types of protected files to your friends, and they can buy their own activation keys.

This phone supports OMA DRM 2.0.

Content owners may use different types of digital rights management (DRM) technologies to protect their intellectual property, including copyrights. This device uses various types of DRM software to access DRM-protected content. With this device you can access content protected with WMDRM 10.07, OMA DRM 1.0 and OMA DRM 2.0. If certain DRM software fails to protect the content, content owners may a softhat such DRM software's ability to access new DRM-protected content be revoked, evolution may also prevent renewal of such DRM-protected content already in your device. Revocation of such DRM software does not affect the use of content protected with gener types of DRM or the use of non-DRM-protected content.

Digital rights management (DRM) protected content comes with an associated activation key that defines your rights to be content.

If your device has OMA DRM protected content, to back up both the activation keys and the content, use the backup feature of Nokia PC Suite. Other transfer methods may not transfer the activation keys which need to be restored with the content for you to be able to continue the use of the ADRM-protected content after the device memory is formatted. You may also need to restore the activation keys in case the files on your device get corrupted.

# TV-out mode

oview videos and images, play games, browse the web, or make video calls on rescreen of a compatible TV:

 Switch on the TV and connect the TV-out cable, CA-92U, to the video and audio inputs.

- Connect the TV-out cable to the enhancement connector on the top of your phone.
- 3. Select the appropriate AV channel on the TV.

The TV screen displays the phone display.

If the TV set is not automatically detected by your phone, select **Menu** > *Settings* > *Enhancements* > *TV cable*, and then select one of the following:

- TV standard > PAL or NTSC
- Activate TV-out

Gallery

All audio, including the stereo video clip sound, ringing tone, and keypad tone, is routed to the TV when the TV-out cable is connected to the phone. You can use the phone microphone normally and receive voice and video calls.

When you open an image in the thumbnail view while it is viewed on the TV, the zoom in option is not available. The opened image is displayed on the TV in full screen.

When you open a highlighted video clip, the phone starts playing the video clip on the TV screen.

## Print images

### Xpress**Print**

11

Your phone supports Nokia XpressPrint. To connect it to a compatible printer, use a USB data cable or send the image using Bluetooth to a printer supporting Bluetooth technology. Se "Connectivity," p. 31.

You can print images that are in the .i.e format. The images taken with the camera are automatically saved in the .j. format.

Select the image you want to print and Options > Print.

# 10. Media

You can take phones or record live video clips with the built-in 3.2-megapixel came with auto focus.

# 🔳 Camera)

The camera produces pictures in .jpg format, and you can digitally zoom up to eitht times.

# Aake an image

ress the camera key (short key press) to activate the camera. Press it again to take an image.

To take another image, select **Back**; to send the image as a multimedia message, select **Options >Send**. Your phone saves the image in *Gallery > Images*.



To auto focus, press camera key halfway down. A white frame appears in the display. When focusing is finished the frame changes colour to green and the

Media



picture can be captured pushing the camera key fully down. A red frame indicates that the camera is not in focus. In that case, release the camera button and refocus the camera.

The camera flash will be used automatically when you take images in low light conditions.

Keep a safe distance when using the flash. Do not use the flash on people or animals at close range. Do not cover the flash while taking a picture.

To zoom in or out, press the volume key up or down.

## Video

You can record video clips in .3gp format. Available recording time depends on the video clip length and quality settings. The length and file size of the clips may vary depending on the selected quality and available performance.

To set the quality of your video clips, set Menu > Media > Video > Options > Settings > Video clip quality > High, Norval, or Basic.

To select the file size limit, select We have been select video > **Options** > Settings > Video clip length.

### Record a video clip

To activate the video camera, press the camera key (long key press). To start recording, select a cord. To zoom in or out, press the volume key up or down.

# ■ Music playér

Your phone includes a music player for listening to music tracks, recordings or other MR3, MP4, AAC, eAAC+ or WMA voice music files that you may have transferred to the phone with the Nokia Audio Manager application, which is part

of Nokia PC Suite.

open the music player, select Menu > Media > Music player.

To open a list of all songs stored in your phone, select *All songs* > **Open**, or scroll right.

To create or manage playlists, select *Playlists* > **Open**, or scroll right.

To open folders with *Artists*, *Albums*, or *Genres*, scroll to the one you want, and select **Expand**, or scroll right.

To open a video list stored in your phone, select *Videos* > **Open**, or scroll right.

To customise the music player and equaliser theme, select **Menu** > *Media* > *Music player* > *Go to Music player* > **Options** > *Settings* > *Music player theme*.

Media

## Play music



Warning: Listen to music at a moderate level. Continuous exposure to high volume may damage your hearing. Do not hold the device near your ear when the loudspeaker is in use, because the volume may be extremely loud.

When you open the *Music player* menu, the details of the first track on the default track list are shown.

To play, select 🕨 .

To adjust the volume level, press the volume key up or down.

To pause the playing, select 📗 .

To stop the playing, press and hold the end key.

To skip to the next track, select **I**. To skip to the beginning of the previous track, select **I**.

To rewind the current track, select and hold | 4 | 4 |. To fast forward the current track, select and hold | 4 | 4 |. To fast forward the current track, select and hold | 4 | 4 |.

## Radio

The FM radio depends or an antenna other than the wireless device antenna. A compatible headset or enhancement needs to be attached to the device for the FM radio to function property.



Warning: Inten to music at a moderate level. Continuous exposure to high volume may damage, our hearing. Do not hold the device near your ear when the oudspeaker is in use, because the volume may be extremely loud.

Selection Media > Radio. To use the graphical keys  $\triangle$ ,  $\forall$ ,  $\triangleleft$ ,  $\triangleleft$ , a, or  $\bowtie$  on the plone display, scroll left or right to the key you want and select it.

Save stations

Y To search for radio stations, select and hold *◄* or ▷. To change the radio frequency in 0.05 MHz steps, press *◄* or ▷.

- 2. To save the station to a memory location 1 to 9, press and hold the corresponding number key.
- 3. To save the station in the memory location from 10 to 20, press 1 or 2, and press and hold the number key (0 to 9) you want.
- 4. Enter the name of the station, and select OK.

## <u>Listen</u>

1. Select Menu > Media > Radio.

40

Media

- To scroll to the radio station you want, select ▲ or ▼, or press the headset key.
- 3. To select a radio station location, briefly press the corresponding number keys.
- 4. Select Options and one of the following options:

*Switch off* – to turn off the radio.

*Save station* — to save a new radio station by entering the station's name. This option is only displayed when the selected radio station is not saved.

Stations - to select a saved station from the list. It is only possible to enter the station list if the selected station is saved.

Search all stations – to search for all radio stations that the phone can receive. Set frequency – to enter the frequency of the radio station.

Settings – to change the Radio Data System (ADS) settings, select *RDS on* or *RDS off*. When RDS is on, you can street *Auto-freq. change on* to change to another frequency containing the same radio station when the original signal becomes weak.

Station directory – to ope the visual Radio services using a web link to a radio station guide.

*Visual Radio* – to s whether the Visual Radio application is used. Some radio channels may end text or graphical information that you can view using Visual Radio.

*Enable visual service* – to set whether the Visual Radio application starts automatically when you turn on the radio.

u can formally make a call or answer an incoming call while listening to the During the call, the volume of the radio is muted.

When an application using a packet data or HSCSD connection is sending or eceiving data, it may interfere with the radio.

## Voice recorder

You can record pieces of speech, sound, or an active call, and save them in *Gallery*. This is useful when recording a name and phone number to write down later.

The recorder cannot be used when a data call or GPRS connection is active.

1. Select **Menu** > *Media* > *Voice recorder*.

To use the graphical keys (, (, (, or () on the display, scroll left or right to the desired key, and select it.

Media

- 3. To end the recording, select I. The recording is saved in *Gallery* > *Recordings*.

To listen to the latest recording, select **Options** > *Play last recorded*.

To send the last recording, select **Options** > Send last recorded.

To see the list of recordings in *Gallery*, select **Options** > *Recordings list* > *Recordings*.

## Equaliser

Select Menu > Media > Equaliser.

To activate a set, scroll to one of the equaliser sets, and select Activate.

To edit or rename a selected set, select **select set** select **set** sel

## Stereo widening

Select **Menu** > *Media* > **tereo** *widening* > *On* or *Off* to improve the stereo sound in the phone.

# 11. Push to talk

Select Man Push to talk.



With Push to talk (PTT, network service) you may have a conversation with one person or with a group of people (channel) having compatible devices. You have to subscribe to a service and register with the PTT service you want to rse. For more information about signing up for PTT services, contact your service provider.

# 12. Organiser

## Alarm clock

Select Menu > Organiser > Alarm clock.

To set the alarm, select *Alarm time*, and enter the alarm time. To change the alarm time when the alarm time is set, select *On*.

Push to talk



To set your phone to alert you on selected days of the week, select *Repeat alarm*. To select the alarm tone or set the radio as the alarm tone, select *Alarm tone*. If you select the radio as an alarm tone, connect the headset to the phone.

To set a snooze time-out, select Snooze time-out and the time.

### Stop the alarm

The alarm sounds an alert tone even if the phone is switched off. To stop the alarm, select **Stop**. If you let the phone continue to sound the alarm for a minute or select **Snooze**, the alarm stops for the time you set in *Snooze time-out*, then resumes.

## Calendar

Select Menu > Organiser > Calendar.



The current day is indicated by a frame litthere are any notes set for the day, the day is in bold type, and the beginning of the note is shown below the calendar. To view the day notes, select View. In view a week, select Options > Week view. To delete all notes in the calendar, select the month or week view, and select Options > Delete notes.

To set the date, time, time one, calendar tone, date or time format, date separator, default view or the first day of the week, select *Settings*. To set the phone to delete or notes automatically after a specified time, select *Auto-delete notes*.

To synchronise from a PC, see "Connectivity," p. 31.

## Make a calendar note

Set Menu > Organiser > Calendar. Scroll to the date, and select Options > Make a note and one of the following note types:  $\blacksquare$  Reminder,  $\blacksquare$  Meeting, Call, local Birthday or Call, local Memo. Fill in the fields.

### <u>Note alarm</u>

The phone displays the note and, if set, plays a tone. With a call note T on the display, to call the displayed number, press the call key. To stop the alarm and to view the note, select **View**. To stop the alarm for 10 minutes, select **Snooze**.

To stop the alarm without viewing the note, select Exit.

## To-do list

Select Menu > Organiser > To-do list.

Organiser

To make a note if no note is added, select Add; otherwise, select Options > Add. Fill in the fields, and select Save.

To view a note, scroll to it, and select View. While viewing a note, you can also select an option to edit the attributes. You can also select an option to delete the selected note and delete all the notes that you have marked as done.

## Notes

Select Menu > Organiser > Notes to write and send notes.

To make a note if no note is added, select Add; otherwise, select Options > Make a note. Write the note, and select Save.

To synchronise from a PC, see "Connectivity," p

### Calculator

Select Menu > Organiser > Calculator When O is displayed on the screen, enter the first number in the calculation. Press # for a decimal point. Scroll to the desired operation or function, or elect it from **Options**. Enter the second number. Repeat this sequence as many times as it is necessary. To start a new calculation, first select and hold **Clear**.

This calculator has limited couracy and is designed for simple calculations.

## Countdown timer

- To activate the countdown timer, select Menu > Organiser > Countd. timer > Normal timer, enter the alarm time, and write a note that is displayed when the time expires. To change the countdown time, select Change time.
- 2. To start the timer, select Start.

stop the timer, select Stop timer.

### Interval timer

- 1. To have an interval timer with up to 10 intervals started, first enter the intervals.
- 2. Select Menu > Organiser > Countd. timer > Interval timer.
- 3. To start the timer, select *Start timer* > **Start**.

## Stopwatch

Select Menu > Organiser > Stopwatch and from the following options:

Organiser

*Split timing* – to take intermediate times. To start the time observation, select **Start**. Select **Split** every time that you want to take an intermediate time. To stop the time observation, select **Stop**.

To save the measured time, select Save.

To start the time observation again, select **Options** > *Start*. The new time is added to the previous time. To reset the time without saving it, select *Reset*.

Lap timing – to take lap times

During timing, the other functions of the phone can be used. To set the stopwatch timing in the background, press the end key. Select *Continue* to view the timing that you have set in the background.



# Launch a game

Select Menu > Applications > Game Scroll to the desired game, and select Open. To set sounds, lights, and shares for the game, select Menu > Applications > Options > Application Settings.

## Launch an application

Select Menu > Applications > Collection. Scroll to an application, and select Open.

## Application options

date version — to check if a new version of the application is available for one doad from Web (network service)

Web page — to provide further information or additional data for the application for an internet page (network service), if available

Application access - to restrict the application from accessing the network

# 14. SIM services



Your SIM card may provide additional services. You can access this menu only if it is supported by your SIM card. The name and contents of the menu depend on the available services.

Applications



Accessing these services may involve sending messages or making a phone call for which you may be charged.

# 15. Web



You can access various mobile internet services with your phone browser.



Important: Use only services that you trust and that offer adequate security and protection against harmful software.

Check the availability of these services, pricing, tariffs, and instructions with your service provider.

With the phone browser you can view the services that use wireless markup language (WML) or extensible hypertext markup anguage (XHTML) on their pages. Appearance may vary due to serve size. You may not be able to view all details of the internet pages.

## $\blacksquare$ Connect to a service $\sqrt{}$

Ensure that the correct configuration settings of the service are activated.

To select the settings for connecting to the service:

- 1. Select Menu Web Settings > Configuration sett..
- 2. Select *Configuration*. Only the configurations that support browsing service are shown. Select a service provider, *Default*, or *Personal config.* for browsing.

You new receive the configuration settings required for browsing as a configuration message from the service provider that offers the service that ou want to use.



Select Account and a browsing service account contained in the active configuration settings.

 Select Displ. term. window > Yes to perform manual user authentication for intranet connections.

Make a connection to the service in one of the following ways:

- Select Menu > Web > Home; or in the standby mode, press and hold 0.
- To select a bookmark of the service, select Menu > Web > Bookmarks.
- To select the last URL, select Menu > Web > Last web addr.
- To enter the address of the service, select Menu > Web > Go to address. Enter the address of the service, and select OK.



Web



After you make a connection to the service, you can start browsing its pages. The function of the phone keys may vary in different services. Follow the text guides on the display. For more information, contact your service provider.

### Bookmarks

You can save page addresses as bookmarks in the phone memory.

- 1. While browsing, select **Options** > *Add bookmark*; or in the standby mode, select **Menu** > *Web* > *Bookmarks*.
- 2. Scroll to a bookmark, and select it, or press the call key to make a connection to the page associated with the bookmark.
- 3. Select **Options** to view, edit, delete, or since bookmark; to create a new bookmark; or to save the bookmark to a folder.

## Appearance settings

To personalise the way web pages and isplayed on your phone, while browsing, select **Options** > *Other options* > *Appearance settings*; or in the standby mode, select **Menu** > *Web* > *Settings* > *Appearance settings*.

## Security settings

### Cookies and cathe

A cookie is data that a site saves in the cache memory of your phone. Cookies are saved until you) clear the cache memory.

While browsing, select **Options** > Other options > Security > Cookie settings; or in the standby mode, select **Menu** > Web > Settings > Security settings > Cookies. To allow or prevent the phone from receiving cookies, select Allow or Reject.

cache is a memory location that is used to store data temporarily. If you have tried to access or have accessed confidential information requiring passwords, empty the cache after each use. The information or services you have accessed are stored in the cache. To empty the cache, select **Options** > *Other options* > *Clear the cache*; in the standby mode, select **Menu** > *Web* > *Clear the cache*.

### Scripts over secure connection

You can select whether to allow the running of scripts from a secure page. The phone supports WML scripts.



To allow the scripts, while browsing, select **Options** > *Other options* > *Security* > *WMLScript settings*; or in the standby mode, select **Menu** > *Web* > *Settings* > *Security settings* > *WMLScripts in conn.* > *Allow.* 

### Service inbox

The phone is able to receive service messages sent by your service provider (network service). Service messages are notifications (for example, news headlines), and they may contain a text message or an address of a service.

To access the *Service inbox* in the standby mode, when you have received a service message, select **Show**. If you select **Exit**, the message is moved to the *Service inbox*. To access the *Service inbox* later, select **Menu** > *Web* > *Service inbox*.

To set whether you want to receive service messages, select Menu > Web > Settings > Service inbox sett. > Service message > On or Off.

### Browser security

Security features may be required for some services, such as online banking or shopping. For such connections you need security certificates and possibly a security module, which may be available on your SIM card. For more information, contact your service provider.

### <u>Certificates</u>

Important Even if the use of certificates makes the risks involved in remote connections and software installation considerably smaller, they must be used correctly in order to benefit from increased security. The existence of a certificate does not user any protection by itself; the certificate manager must contain correct, authentic or trusted certificates for increased security to be available. Certificates have a respiced lifetime. If "Expired certificate" or "Certificate not valid yet" is shown, even if the certificate should be valid, check that the current date and time in your device are correct.

Before changing any certificate settings, you must make sure that you really trust the owner of the certificate and that the certificate really belongs to the listed owner.

There are three kinds of certificates: server certificates, authority certificates, and user certificates. You may receive these certificates from your service provider. Authority certificates and user certificates may also be saved in the security module by the service provider.

To view the list of the authority or user certificates downloaded into your device, select Menu > Settings > Security > Authority certificates or User certificates.

is displayed during a connection if the data transmission between the phone and the content server is encrypted.



Web

The security icon does not indicate that the data transmission between the gateway and the content server (or the place where the requested resource is stored) is secure. The service provider secures the data transmission between the gateway and the content server.

### Digital signature

You can make digital signatures with your phone if your SIM card has a security module. Using the digital signature can be the same as signing your name to a paper bill, contract, or other document.

1. To make a digital signature, select a link on a page, for example, the title of the book you want to buy and its price. The text to sign, which may include the amount and date, is shown.

Check that the header text is *Read* and that the digital signature icon  $\mathbf{k}$  is shown.

2. To sign the text, read all of the text first, and select Sign.

The text may not fit within a single sceen. Therefore, make sure to scroll through and read all of the text before signing.

3. Select the user certificate you Want to use. Enter the signing PIN. The digital signature icon disappears and the service may display a confirmation of your purchase.

# 16. PC conjectivity

You can rend and receive e-mail, and access the internet when your phone is connected to a compatible PC through a Bluetooth or a data cable connection. You can use your phone with a variety of PC connectivity and data communications applications.

# Nokia PC Suite

With Nokia PC Suite you can synchronise contacts, calendar, notes, and to-do notes between your phone and the compatible PC or a remote internet server (network service). You may find more information and PC Suite at www.nokia.com/support or your local Nokia website.

## Data communication applications

For information on using a data communication application, refer to the documentation provided with it.

PC connectivity

Making or answering phone calls during a computer connection is not recommended, as it might disrupt the operation.

For better performance during data calls, place the phone on a stationary surface with the keypad facing downward. Do not move the phone by holding it in your hand during a data call.

# 17. Battery and charger information

Your device is powered by a rechargeable battery. The battery intended for use with this device is BP-5M. This device is intended for use when supplied with power from the following chargers: AC-4. The battery can be charged and discharged hundreds of times, but it will eventually wear out. When the talk and starting times are noticeably shorter than normal, replace the battery. Use only Nokia approved atteries, and recharge your battery only with Nokia approved chargers designated for this device. Use of an unapproved battery or charger may present a risk of fire, explosition, leakage, or other hazard.

If a battery is being used for the first time or if the battery has not been used for a prolonged period, it may be necessary to connect the marger, then disconnect and reconnect it to begin charging the battery. If the battery is completely discharged, it may take several minutes before the charging indicate appears on the display or before any calls can be made.

Always switch the evice of and disconnect the charger before removing the battery.

Unplug the charger from the electrical plug and the device when not in use. Do not leave a fully charged battery connected to a charger, since overcharging may shorten its lifetime. If left unus d, a fully charged battery will lose its charge over time.

Always try to keep the battery between 15°C and 25°C (59°F and 77°F). Extreme temperatures reduce the capacity and lifetime of the battery. A device with a hot or cold battery nay not work temporarily. Battery performance is particularly limited in

temperatures well below freezing.

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o not short-circuit the battery. Accidental short-circuiting can occur when a metallic object such as a coin, clip, or pen causes direct connection of the positive (+) and negative (-) terminals of the battery. (These look like metal strips on the battery.) This might happen, for example, when you carry a spare battery in your pocket or purse. Short-circuiting the terminals may damage the battery or the connecting object.

Do not dispose of batteries in a fire as they may explode. Batteries may also explode if damaged. Dispose of batteries according to local regulations. Please recycle when possible. Do not dispose as household waste.

Do not dismantle, cut, open, crush, bend, deform, puncture, or shred cells or batteries. In the event of a battery leak, do not allow the liquid to come in contact with the skin or eyes. In

Battery and charger information

the event of such a leak, flush your skin or eyes immediately with water, or seek medical help.

Do not modify, remanufacture, attempt to insert foreign objects into the battery, or immerse or expose it to water or other liquids.

Improper battery use may result in a fire, explosion, or other hazard. If the device or battery is dropped, especially on a hard surface, and you believe the battery has been damaged, take it to a service centre for inspection before continuing to use it.

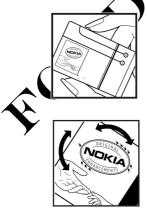
Use the battery only for its intended purpose. Never use any charger or battery that is damaged. Keep your battery out of the reach of small children.

## Nokia battery authentication guidelines

Always use original Nokia batteries for your safety. To check that you are getting an original Nokia battery, purchase it from an authorised Nokia dealer, and inspect the hologram label using the following steps:

Successful completion of the steps is not a total assurance of the authenticity of the battery. If you have any reason to believe that your entery is not an authentic, original Nokia battery, you should refrain from using it, and the it to the nearest authorised Nokia service point or dealer for assistance. Your authentic d Nokia service point or dealer will inspect the battery for authenticity. If authenticity cannot be verified, return the battery to the place of purchase.

### Authenticate hologram



1. When you look at the hologram on the label, you should see the Nokia connecting hands symbol from one angle and the Nokia Original Enhancements logo when looking from another angle.

2. When you angle the hologram left, right, down and up, you should see 1, 2, 3 and 4 dots on each side respectively.

#### What if your battery is not authentic?

If you cannot confirm that your Nokia battery with the hologram on the label is an authentic Nokia battery, please do not use the battery. Take it to the nearest authorised Nokia service

Battery and charger information



point or dealer for assistance. The use of a battery that is not approved by the manufacturer may be dangerous and may result in poor performance and damage to your device and its enhancements. It may also invalidate any approval or warranty applying to the device. To find out more about original Nokia batteries, visit www.nokia.com/battery.

# Care and maintenance

Your device is a product of superior design and craftsmanship and should be treated with care. The following suggestions will help you protect your warranty coverage.

- Keep the device dry. Precipitation, humidity, and all types of liquids or moisture can
  contain minerals that will corrode electronic circuits. If your device does get wet, remove
  the battery, and allow the device to dry completely before replacing it.
- Do not use or store the device in dusty, dirty reast ts moving parts and electronic components can be damaged.
- Do not store the device in hot areas. High emperatures can shorten the life of electronic devices, damage batteries, and were or men certain plastics.
- Do not store the device in cold areas when the device returns to its normal temperature, moisture can form inside the pevice and damage electronic circuit boards.
- Do not attempt to open the device other than as instructed in this guide.
- Do not drop, knock, so hake the device. Rough handling can break internal circuit boards and fine mechanics.
- Do not use harsh comicals, cleaning solvents, or strong detergents to clean the device.
- Do not paint the device. Paint can clog the moving parts and prevent proper operation.
- Use a oft, cloan, dry cloth to clean any lenses, such as camera, proximity sensor, and light sensor lenses.

Ise only the supplied or an approved replacement antenna. Unauthorised antennas, noufications, or attachments could damage the device and may violate regulations



governing radio devices. Use chargers indoors.

- Always create a backup of data you want to keep, such as contacts and calendar notes.
- To reset the device from time to time for optimum performance, power off the device and remove the battery.

These suggestions apply equally to your device, battery, charger, or any enhancement. If any device is not working properly, take it to the nearest authorised service facility for service.

Care and maintenance



#### 🖌 Disposal

The crossed-out wheeled-bin symbol on your product, literature, or packaging reminds you that in the European Union all electrical and electronic products, batteries, and accumulators must be taken to separate collection at the end of their working life. Do not dispose of these products as unsorted municipal waste. Return the products to collection to prevent possible harm to the environment or human health from uncontrolled waste disposal and to promote the sustainable reuse of material resources. Collection information is available from the product retailer, local waste authorities, national producer responsibility organizations, or your local Nokia representative. For more information, see product Eco-Declaration or country-specific information at www.nokia.com.

# Additional safety information

### Small children

Your device and its enhancements may contain mall parts. Keep them out of the reach of small children.

### Operating environment

This device meets RF expos ines when used either in the normal use position against the ear or whe d at least 1.5 centimeters (5/8 inch) away from the body. or holder is used for body-worn operation, it should not contain When a carry case elt clip metal and should po ion the device the above-stated distance from your body. To transmit data files of messages, this device requires a quality connection to the network. ses, transmission of data files or messages may be delayed until such a In some o connectio available. Ensure the above separation distance instructions are followed until th transmission is completed.

### Medical devices

Departion of any radio transmitting equipment, including wireless phones, may interfere with the functionality of inadequately protected medical devices. Consult a physician or the manufacturer of the medical device to determine if they are adequately shielded from external RF energy or if you have any questions. Switch off your device in health care facilities when any regulations posted in these areas instruct you to do so. Hospitals or health care facilities may be using equipment that could be sensitive to external RF energy.

### Implanted medical devices

Manufacturers of medical devices recommend that a minimum separation of 15.3 centimeters (6 inches) should be maintained between a wireless device and an implanted medical device, such as a pacemaker or implanted cardioverter defibrillator, to avoid potential interference with the medical device. Persons who have such devices should:

Additional safety information



- Always keep the wireless device more than 15.3 centimeters (6 inches) from the medical device when the wireless device is turned on.
- Not carry the wireless device in a breast pocket.
- Hold the wireless device to the ear opposite the medical device to minimise the potential for interference.
- Turn the wireless device off immediately if there is any reason to suspect that interference is taking place.
- Read and follow the directions from the manufacturer of their implanted medical device.

If you have any questions about using your wireless device with an implanted medical device consult your health care provider.

### Hearing aids

Some digital wireless devices may interfere with same hearing aids. If interference occurs, consult your service provider.

### Vehicles

RF signals may affect improperly installed or in dequately shielded electronic systems in motor vehicles such as electronic fuernit of systems, electronic antiskid (antilock) braking systems, electronic speed control systems, and air bag systems. For more information, check with the manufacturer, or its representative, of your vehicle or any equipment that has been added.

Only qualified personnel could service the device or install the device in a vehicle. Faulty installation or service may be dangerous and may invalidate any warranty that may apply to the device. Check regularly that all wireless device equipment in your vehicle is mounted and operating properly. Do not store or carry flammable liquids, gases, or explosive materials in the same compartment as the device, its parts, or enhancements. For vehicles equipped with an an end, remember that air bags inflate with great force. Do not place objects,

in luding installed or portable wireless equipment in the area over the air bag or in the air has belowment area. If in-vehicle wireless equipment is improperly installed and the air bag inflates, serious injury could result.

Jaing your device while flying in aircraft is prohibited. Switch off your device before boarding an aircraft. The use of wireless teledevices in an aircraft may be dangerous to the operation of the aircraft, disrupt the wireless telephone network, and may be illegal.

### Potentially explosive environments

Switch off your device when in any area with a potentially explosive atmosphere, and obey all signs and instructions. Potentially explosive atmospheres include areas where you would normally be advised to turn off your vehicle engine. Sparks in such areas could cause an explosion or fire resulting in bodily injury or even death. Switch off the device at refuelling points such as near gas pumps at service stations. Observe restrictions on the use of radio equipment in fuel depots, storage, and distribution areas; chemical plants; or where blasting operations are in progress. Areas with a potentially explosive atmosphere are often, but not

Additional safety information



always, clearly marked. They include below deck on boats, chemical transfer or storage facilities and areas where the air contains chemicals or particles such as grain, dust, or metal powders. You should check with the manufacturers of vehicles using liquefied petroleum gas (such as propane or butane) to determine if this device can be safely used in their vicinity.

### Emergency calls



**Important:** This device operates using radio signals, wireless networks, landline networks, and user-programmed functions. If your device supports voice calls over the internet (internet calls), activate both the internet calls and the cellular phone.

The device will attempt to make emergency calls over both the cellular networks and through your internet call provider if both are activated. Connections in all conditions cannot be guaranteed. You should never rely solely on any wireless device for essential communications like medical emergencies.

### To make an emergency call:

- 1. If the device is not on, switch it on. Check for adequate signal strength. Depending on your device, you may also need to compare the following:
  - Insert a SIM card if your device uses on
  - Remove certain call restrictions your ave activated in your device.
  - Change your profile from fflinger flight profile mode to an active profile.
- 2. Press the end key as many times as needed to clear the display and ready the device for calls.
- 3. Enter the official emergency number for your present location. Emergency numbers vary by location.
- 4. Press the call key.

When making an emergency call, give all the necessary information as accurately as possible. Your wireless device may be the only means of communication at the scene of an actident. Do not end the call until given permission to do so.

### Certification information (SAR)

This mobile device meets guidelines for exposure to radio waves.

Your mobile device is a radio transmitter and receiver. It is designed not to exceed the limits for exposure to radio waves recommended by international guidelines. These guidelines were developed by the independent scientific organization ICNIRP and include safety margins designed to assure the protection of all persons, regardless of age and health.

The exposure guidelines for mobile devices employ a unit of measurement known as the Specific Absorption Rate or SAR. The SAR limit stated in the ICNIRP guidelines is 2.0 watts/ kilogram (W/kg) averaged over 10 grams of tissue. Tests for SAR are conducted using standard operating positions with the device transmitting at its highest certified power level in all tested frequency bands. The actual SAR level of an operating device can be below the maximum value because the device is designed to use only the power required to reach the

Additional safety information



network. That amount changes depending on a number of factors such as how close you are to a network base station. The highest SAR value under the ICNIRP guidelines for use of the device at the ear is 1.10 W/kg.

Use of device accessories and enhancements may result in different SAR values. SAR values may vary depending on national reporting and testing requirements and the network band. Additional SAR information may be provided under product information at www.nokia.com.

Your mobile device is also designed to meet the requirements for exposure to radio waves established by the Federal Communications Commission (USA) and Industry Canada. These requirements set a SAR limit of 1.6 W/kg averaged over 1 gram of tissue. The highest SAR value reported under this standard during product certification for use at the ear is 0.95 W/kg and when properly worn on the body is 0.79 W/kg. Information about this device model can be found at

http://www.fcc.gov/oet/fccid by searching the equiment authorization system using FCC ID: QTKRM-240.

# **APPENDIX**

### A message from the CTIA

© 2001 Cellular Telecommunications Einternet Association. All Rights Reserved. 1250 Connecticut Avenue, NW Sur (800, Washington, DC 20036. Phone: (202) 785-0081 Safety is the most import of car you will ever make.

Sarety is the most in port of each you will ever make.

A Guide to Safe and responsible Wireless Phone Use

Tens of millions of people in the U.S. today take advantage of the unique combination of convenience, safety and value delivered by the wireless telephone. Quite simply, the wireless phone gives people the powerful ability to communicate by voice--almost anywhere, any time--winn the boss, with a client, with the kids, with emergency personnel or even with

any time -- with the boss, with a client, with the kids, with emergency personnel or even with the police) Each year, Americans make billions of calls from their wireless phones, and the numbers are rapidly growing.

But an important responsibility accompanies those benefits, one that every wireless phone aser must uphold. When driving a car, driving is your first responsibility. A wireless phone can be an invaluable tool, but good judgment must be exercised at all times while driving a motor vehicle--whether on the phone or not.

The basic lessons are ones we all learned as teenagers. Driving requires alertness, caution and courtesy. It requires a heavy dose of basic common sense---keep your head up, keep your eyes on the road, check your mirrors frequently and watch out for other drivers. It requires obeying all traffic signs and signals and staying within the speed limit. It means using seatbelts and requiring other passengers to do the same.

But with wireless phone use, driving safely means a little more. This brochure is a call to wireless phone users everywhere to make safety their first priority when behind the wheel of

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a car. Wireless telecommunications is keeping us in touch, simplifying our lives, protecting us in emergencies and providing opportunities to help others in need.

When it comes to the use of wireless phones, safety is your most important call. Wireless phone "Safety Tips"

- Get to know your wireless phone and its features such as speed dial and redial. Carefully read your instruction manual and learn to take advantage of valuable features most phones offer, including automatic redial and memory. Also, work to memorize the phone keypad so you can use the speed dial function without taking your attention off the road.
- 2. When available, use a hands free device. A number of hands free wireless phone accessories are readily available today. Whether you choose an installed mounted device for your wireless phone or a speaker phone accessory, take advantage of these devices if available to you.
- 3. Position your wireless phone within easy reach. Take sure you place your wireless phone within easy reach and where you can grab it without removing your eyes from the road. If you get an incoming call at an inconvenient time, if possible, let your voice mail answer it for you.
- 4. .Suspend conversations during have redux driving conditions or situations. Let the person you are speaking with know you are driving; if necessary, suspend the call in heavy traffic or hazardous weather conditions. Rain, sleet, snow and ice can be hazardous, but so is heavy traffic. As a size, war first responsibility is to pay attention to the road.
- 5. Do not take notes or hok up phone numbers while driving. If you are reading an address book or business card, a writing a "to do" list while driving a car, you are not watching where you are going. It's common sense. Don't get caught in a dangerous situation because you are reading or writing and not paying attention to the road or nearby vehicles.

DiN se hible and assess the traffic; if possible, place calls when you are not moving or before pulling into traffic. Try to plan your calls before you begin your trip or attempt to an incide your calls with times you may be stopped at a stop sign, red light or otherwise stationary. But if you need to dial while driving, follow this simple tip--dial only a few numbers, check the road and your mirrors, then continue.

Do not engage in stressful or emotional conversations that may be distracting. Stressful or emotional conversations and driving do not mix--they are distracting and even dangerous when you are behind the wheel of a car. Make people you are talking with aware you are driving and if necessary, suspend conversations which have the potential to divert your attention from the road.

8. Use your wireless phone to help others in emergencies. Your wireless phone provides you a perfect opportunity to be a "Good Samaritan" in your community. If you see an auto accident, crime in progress or other serious emergency where lives are in danger, call 9-1-1 or other local emergency number, as you would want others to do for you.

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- 9. Use your wireless phone to call for help. Your wireless phone is one of the greatest tools you can own to protect yourself and your family in dangerous situations--with your phone at your side, help is only three numbers away. Dial 9-1-1 or other local emergency number in the case of fire, traffic accident, road hazard or medical emergency. Remember, it is a free call on your wireless phone!
- 10. Use your wireless phone to help others in emergencies. Your wireless phone provides you a perfect opportunity to be a "Good Samaritan" in your community. If you see an auto accident, crime in progress or other serious emergency where lives are in danger, call 9-1-1 or other local emergency number, as you would want others to do for you.
- 11. Call roadside assistance or a special wireless non-emergency assistance number when necessary. Certain situations you encounter while driving may require attention, but are not urgent enough to merit a call for emergency services. But you still can use your wireless phone to lend a hand. If you see a brokm-down vehicle posing no serious hazard, a broken traffic signal, a minor trafficacce ent where no one appears injured or a vehicle you know to be stolen, call roadside assistance or other special non-emergency wireless number.

Careless, distracted individuals and people driving irresponsibly represent a hazard to everyone on the road. Since 1984, the case has the relecommunications Industry Association and the wireless industry have conducted educational outreach to inform wireless phone users of their responsibilities as safe drivers and good citizens. As we approach a new century, more and more of us will tak indvantage of the benefits of wireless telephones. And, as we take to the roads, we analyze a esponsibility to drive safely.

The wireless industry remines you to use your phone safely when driving.

For more information, ease call 1-888-901-SAFE.

For updates: http://www.wow-com.com/consumer/issues/driving/articles.cfm?ID=85

### Message from the FDA

The U.S. Food and Drug Administration (FDA) provides the following consumer information above wireless phones.

ee http://www.fda.gov/cellphones/ for updated information.

### o wireless phones pose a health hazard?

The available scientific evidence does not show that any health problems are associated with using wireless phones. There is no proof, however, that wireless phones are absolutely safe. Wireless phones emit low levels of radiofrequency energy (RF) in the microwave range while being used. They also emit very low levels of RF when in the stand-by mode. Whereas high levels of RF can produce health effects (by heating tissue), exposure to low level RF that does not produce heating effects causes no known adverse health effects. Many studies of low level RF exposures have not found any biological effects. Some studies have suggested that some biological effects may occur, but such findings have not been confirmed by additional research. In some cases, other researchers have had difficulty in reproducing those studies, or in determining the reasons for inconsistent results.

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#### What is FDA's role concerning the safety of wireless phones?

Under the law, FDA does not review the safety of radiation-emitting consumer products such as wireless phones before they can be sold, as it does with new drugs or medical devices. However, the agency has authority to take action if wireless phones are shown to emit radiofrequency energy (RF) at a level that is hazardous to the user. In such a case, FDA could require the manufacturers of wireless phones to notify users of the health hazard and to repair, replace or recall the phones so that the hazard no longer exists.

Although the existing scientific data do not justify FDA regulatory actions, FDA has urged the wireless phone industry to take a number of steps, including the following:

- Support needed research into possible for nical effects of RF of the type emitted by wireless phones;
- Design wireless phones in a way accointimizes any RF exposure to the user that is not necessary for device function; and
- Cooperate in providing users of viceless phones with the best possible information on possible effects of wireless phone use on human health.

FDA belongs to an interaction working group of the federal agencies that have responsibility for different aspects of RF safety to ensure coordinated efforts at the federal level. In following agencies belong to this working group:

- National Natitute for Occupational Safety and Health
- Environmental Protection Agency
- Federal Communications Commission
- supational Safety and Health Administration
- National Telecommunications and Information Administration

He National Institutes of Health participates in some interagency working group activities, as well.

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FDA shares regulatory responsibilities for wireless phones with the Federal Communications Commission (FCC). All phones that are sold in the United States must comply with FCC safety guidelines that limit RF exposure. FCC relies on FDA and other health agencies for safety questions about wireless phones.

FCC also regulates the base stations that the wireless phone networks rely upon. While these base stations operate at higher power than do the wireless phones themselves, the RF exposures that people get from these base stations are typically thousands of times lower than those they can get from wireless phones. Base stations are thus not the primary subject of the safety questions discussed in this document.

# What is FDA doing to find out more about the possible health effects of wireless phone RF?

FDA is working with the U.S. National Toxicology Program and with groups of investigators around the world to ensure that high priority animal studies are conducted to address important questions about the effects of exposure to radiofrequency energy (RF). FDA has been a leading participant in the World Health Organization International Electromagnetic Fields (EMF) Project since its inception in 1996. An influential result of this work has been the development of a detailed agenda of research needs that has driven the establishment of new research programs around the world. The Project has also helped develop a series of public information documents on EMF issues A and the Cellular Telecommunications & Internet Association (CA) have a formal Cooperative Research and Development Agreement (CRACA) to be research on wireless phone safety. FDA provides the scientific oversight, obtaining input from experts in government, industry, and academic ors nizations. CTIA-funded research is government, industry, and academic or conducted through contracts to independent investigators. The initial research will include both laboratory studies of wireless phone users. The CRADA will also include a data assessment of additional research needs in the context of the latest re earge developments around the world.

What steps can I take to duce my exposure to radiofrequency energy from my wireless phone?

If there is a risk i on these products--and at this point we do not know that there is--it is probably very small. But if you are concerned about avoiding even potential risks, you can take a few simple steps to minimize your exposure to radio equency energy (RF). Since time is a key factor in how much exposure a person receives, reducing the amount of time spent using a wireless phone will reduce RF exposure.



If you must conduct extended conversations by wireless phone every day, you could place more distance between your body and the source of the RF, since the exposure level drops off dramatically with distance. For example, you could use a headset and carry the wireless phone away from your body or use a wireless phone connected to a remote antenna

Again, the scientific data do not demonstrate that wireless phones are harmful. But if you are concerned about the RF exposure from these products, you can use measures like those described above to reduce your RF exposure from wireless phone use.

### What about children using wireless phones?

The scientific evidence does not show a danger to users of wireless phones, including children and teenagers. If you want to take steps to lower exposure to



radiofrequency energy (RF), the measures described above would apply to children and teenagers using wireless phones. Reducing the time of wireless phone use and increasing the distance between the user and the RF source will reduce RF exposure. Some groups sponsored by other national governments have advised that children be discouraged from using wireless phones at all. For example, the government in the United Kingdom distributed leaflets containing such a recommendation in December 2000. They noted that no evidence exists that using a wireless phone causes brain tumors or other ill effects. Their recommendation to limit wireless phone use by children was strictly precautionary; it was not based on scientific evidence that any health hazard exists.

Do hands-free kits for wireless phones reduce risks from exposure to RF emissions?

Since there are no known risks from explosure to RF emissions from wireless phones, there is no reason to believe the hands-free kits reduce risks. Hands phones, there is no reason to believe the hands-free kits reduce risks. Hands-free kits can be used with wireless there for convenience and comfort. These systems reduce the absorption of RE nergy in the head because the phone, which is the source of the F empsions, will not be placed against the head. On the other hand, if the hone mounted against the waist or other part of the part of the body will absorb more RF energy. Wireless body during use then ti phones marketed in he U.S. are required to meet safety requirements regardless of whether t sed against the head or against the body. Either are configuration sh ald result in compliance with the safety limit.

Dowireless phone accessories that claim to shield the head from RF radiation



Since there are no known risks from exposure to RF emissions from wireless phones, there is no reason to believe that accessories that claim to shield the head from those emissions reduce risks. Some products that claim to shield the user from RF absorption use special phone cases, while others involve nothing more than a metallic accessory attached to the phone. Studies have shown that these products generally do not work as advertised. Unlike "hand-free" kits, these so-called "shields" may interfere with proper operation of the phone. The phone may be forced to boost its power to compensate, leading to an increase in RF absorption. In February 2002, the Federal trade Commission (FTC) charged two companies that sold devices that claimed to protect wireless phone users from radiation with making false and unsubstantiated claims. According to FTC, these defendants lacked a reasonable basis to substantiate their claim. How does FCC Audit Cell Phone RF?

After FCC grants permission for a particular cellular telephone to be marketed, FCC will occasionally conduct "post-grant" testing to determine whether production versions of the phone are being produced to conform with FCC regulatory requirements. The manufacturer of a cell phone that does not meet FCC's regulatory requirements may be required to remove the cell phone from use and to refund the purchase price or provide a replacement phone, and may be subject to civil or criminal penalties. In addition, if the cell phone presents a risk of injury to the user, FDA may also take regulatory action. The most important post-grant test, from a consumer's perspective, is testing of the RF emissions of the phone. FCC measures the Specific Absorption Rate (SAR) of the phone, following a very rigorous testing protocol. As is the for nearly any scientific measurement, there is a possibility that the termeasurement may be less than or greater than the actual RF emitted by the phot. This difference between the RF test measurement and actual RF emission is because test measurements are limited by instrument accuracy, because test measurement and actual use This difference between the environments are different, and other variable factors. This inherent variability is known as "measurement uncertain," When FCC conducts post-grant testing of int account any measurement uncertainty to determine on is appropriate. This approach ensures that when FCC a cell phone, FCC takes inte whether regulatory act will have a sound, defensible scientific basis. takes regulatory action FDA scientific staff ewed the methodology used by FCC to measure cell phone RF, and agreed cceptable approach, given our current understanding of s an y cellular phone RF emissions. RF emissions from cellular the risks presente phones have not been shown to present a risk of injury to the user when the red SAR is less than the safety limits set by FCC (an SAR of 1.6 w/kg). Even mea in a c where the maximum measurement uncertainty permitted by current meas)rement standards was added to the maximum permissible SAR, the suffing SAR value would be well below any level known to produce an acute effect. Consequently, FCC's approach with measurement uncertainty will not result in consumers being exposed to any known risk from the RF emitted by cellular telephones.

FDA will continue to monitor studies and literature reports concerning acute effects of cell phone RF, and concerning chronic effects of long-term exposure to cellular telephone RF (that is, the risks from using a cell phone for many years). If new information leads FDA to believe that a change to FCC's measurement policy may be appropriate, FDA will contact FCC and both agencies will work together to develop a mutually-acceptable approach.

Updated July 29, 2003



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