



Fitness Tracker User Manual



Model: AM-01

Welcome

Archon MOVE (MOVE) is an all-in-one multifunctional fitness tracker that helps to manage and monitor your everyday workout, sleep and social media communication. The stylish and advanced MOVE not only knows and calculates your every heartbeat, but also your best all time activity partner who automatically and continuously records your whole day activity and workout, all on your wrist.

All Archon fitness tracker can synchronize wirelessly (Bluetooth 4.0) with your mobile phone that runs Android (4.3 or above) IOS 6.X, 7.x system iPhone 4S or above.

For the latest user manual and user guide, please download from our official website:

<http://www.archon.com.hk>

Package includes:

MOVE Fitness Tracker x 1 pc

Charge Clip x 1 pc

USB Cable x 1 pc

User Manual x 1 pc

Knowing your MOVE



3 Sensors



Sweep (left or right) across 3 sensors



Sweep from right to left



Click



Double Click



Press and Hold for 3 seconds

How to wear your MOVE



Wear the MOVE above your wrist bone. It should be snug but comfortable, and it should not move while running or exercise. Do not fasten too tightly. If you have tattoos, avoid placing the sensor right on it.

1. Charging



Before using your MOVE for the first time, the battery may be completely empty and it needs to be charged before use. Attach the charge clip to the back of your MOVE. Plug the charging cable into the USB port on your computer or a certified USB charger and connect the other end to the micro-USB port of the charge clip. The screen will then display a charging icon and it takes around 2 hours to fully charge your MOVE.



Charge Clip

2. Low Power



When the battery level is low, your MOVE will vibrate and will show an icon of low power.

3. Setup with your Mobile

Mobile device Compatibility

Apple IOS Device: Support all iPhone 4S or above, iPad 3 or above. Support iOS 6.x, 7.x system

Android Device: Support Android 4.3 or above with Bluetooth Smart 4.0. Archon runs with mobile phone using standard Bluetooth Smart 4.0 protocol, those mobile with non-standard Bluetooth protocol will affect pairing and consistency.

4. Setup Procedure

4.1 Download Archon App

Download Archon App directly from Archon website, Apple Store or Google Play.

www.archon.com.hk

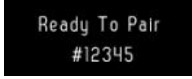

Apple store



Google Play




4.2 Bluetooth pairing

- Charge up your MOVE.
- Your MOVE should show an icon “Ready to Pair” with device number 
- Turn on Bluetooth on your mobile and start the Archon app.
- Sign up if you are a new member or log-in with your existing account.
- Go to “Setting”, select “Devices” and “Fitness Tracker”.
- Select MOVE and go through the pairing steps.
- If pairing is successful, your MOVE will show a “CONNECTED” icon 
- If you want to use notification function of the MOVE, you need to go to the phone system setting and grant permission of the Archon App to access system notification of your mobile device.
- If you want to pair your mobile phone with another MOVE, you are required to unpair the current one and go through the pairing steps again to pair a new device.

Please make sure your mobile phone and MOVE is within operating distance.

5. Synchronize MOVE data with Archon app

MOVE will generally keep 5-7 days record on device (based on normal usage), you are recommended to synchronize at least once a day and keep yourself update to news from Archon.


- Open Archon app.
- On the “Activity” page, press the sync  icon.

- Your MOVE will display  and start to sync.

6. Display

6.1 Time, Date and Battery Status



Double click  to turn on the screen of your MOVE, and it will show the time, date and battery status.

6.2 Pedometer in steps



It shows number of steps walked or run during the day.

6.3 Distance in KM



It shows distance walked or run during the day.

6.4 Calories in KCAL



It shows your calories burnt during the day based on general metabolic rate.

6.5 Walking/Running Time in MIN



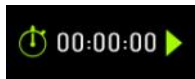
It shows your walking or running time during the day.

6.6 Heart Rate



Click and wait for a short vibration to start measuring your heart rate, click again to stop.

6.7 Stop Watch



It shows the stop watch, click to start, pause, resume or reset.

6.8 Sleep Mode



To enter sleep mode manually, click the icon . Your MOVE will then display



with a short vibration. To go back to the sport mode, click










again.

To set up “Auto Sleep”, open the Archon App and go to the devices settings to set your regular sleep and wake up time. You can review your sleep status at Archon app after synchronize data to your mobile.

6.9 Setting

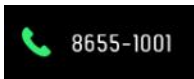


- a) Flip  
- b) Restart  
- c) Reset  
- d) Back 

Click tick to confirm or the cross to cancel and return to the setting page.

6.10 Notification

You can enable or disable different notification options in the Archon app to best fit your needs:



In-call notification



Email Notification



Daily Schedule Notification



Social Media Notification



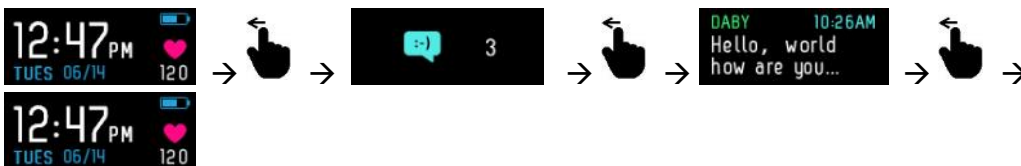
SMS Notification

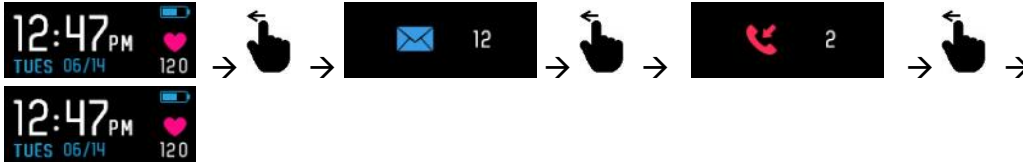


Missed Call Notification

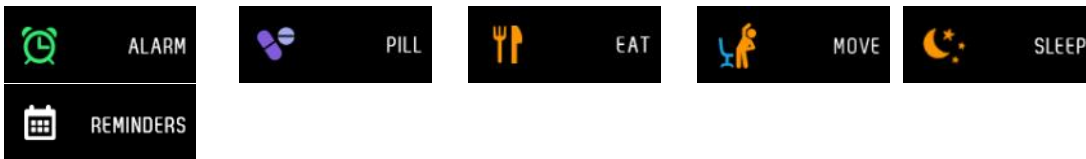
- Open Archon app, go to devices settings and then go to the Notification setting to turn on or off the notification you want to receive. Click “Save” to Sync your notification settings with the MOVE.
- Make sure Bluetooth is enabled on your mobile device, and MOVE is within operating distance.
- When your mobile device and MOVE are within operating range, you will be able to receive notification that you selected.
- After switched to sleep mode, all notification will be turned off.

Below are some examples of notifications:





7. Reminder



You can set up Caring Reminder in the Archon App to remind yourself time for Sport, Sleep, Event or Dinning. Go to devices settings and press “+” to add new reminder, after selecting reminding time, turn it on and press save to enable sync to the MOVE. Once Synchronized, reminding time will be saved to the MOVE. MOVE will vibrate gently and display your input reminder icon to alert you.

8. OTA

MOVE supports OTA upgrade through Archon App and an upgrade icon will appear on your MOVE during the process.

9. Goals Achievement

If you reach 10,000 steps daily, MOVE will vibrate and display achievement icon. You can set your own target in the App.

10. Safety and Care

- MOVE is not a medical device, and is not intended to diagnose, monitor, treat, cure or prevent any disease or condition. The heart rate readings are for reference only, and no responsibility is accepted for the consequences of any erroneous readings.
- Do not look at the heart rate sensor's lights directly, doing so may impair your vision.
- Do not expose the strap to very wet conditions. Wet straps can cause skin irritations. Please clean the strap by water periodically to keep it clean and dry, do not use abrasive cleaning that may damage the strap.
- If you feel discomfort while using the MOVE, stop using it and remove it from your wrist.

- Do not use device in the environment of too high or too low temperature, please don't expose the device under strong sunshine or too wet environment. The suitable temperature for the device and accessories is 0°C - 45°C.
- Keep the MOVE away from fire or any objects that may cause damage or scratch.
- Please do not attempt to repair, modify or disassemble the MOVE.
- Please use the charge clip included in the package to charge the MOVE.
- MOVE is IP67 water-proof, do not shower, bath, swim or go to sauna or steam room with the device.
- This device complies with R&TTE Directive 1999/5/EC.

11. Reset

If you have problem with your MOVE or it does not function properly, you can try to reset. When your MOVE is in charging condition, insert a small pin into the hole of the charge clip and push to reset.



Hole for reset

12. Specifications

Feature	
Model	AM-01
Color	Black/Blue/Green/Red
Display	Color TFT
Battery Type	Lithium-ion polymer
Battery Capacity	100 mAH
Battery life for stand-by	Around 8 days
Battery life for working	5-7 days (normal usage)
Water resistant	IP67
Connectivity	Bluetooth smart 4.0 LE
Storage temperature	-20°C to 60°C
Operation temperature	0°C to 45°C

Heart Rate Sensor	Optical
Charger	Clip-on-charger 5V (micro-USB)

13. Frequent Question and Answer

Q: Why BT connection to the MOVE failed?

A: Please check if your mobile phone and operating system fall within the range of compatibility range, see point 3. Sometimes, the Bluetooth connection may fail due to mobile phone BT operation, please turn off the Bluetooth and turn on again, or switch off the phone and on again. Retry bluetooth connection.

14. Warranty

Original purchaser of any Archon MOVE Fitness Tracker can obtain 1 year warranty service from Archon or Distributor starting from the date of purchase. Original purchaser must deliver the faulty product in its original package or packaging with equal degree of protection together valid invoice to address specified by Archon. Details please refer to Archon website.

www.archon.com.hk

What is not included in Limited Warranty?

- Built-in batteries.
- Aesthetic damage where it does not affect the operation or safety of the product.
- Repair costs that have not been approved.
- Damage or breakdown due to flood, wind or other severe weather conditions.
- Damage or breakdown due to fire or any natural disaster.
- The cost of repairing or replacing a product which fails because anyone neglects, abuses or misuses the product.
- The cost of repairing or replacing a product which has been exposed to insect infestation (or similar phenomenon) or human or animal fluid/matter.
- Software or data.
- Cost of Data Recovery.



The symbol on the product or its packaging indicates that this product must not be disposed of with your other household waste. Instead, it is your responsibility to dispose of your waste equipment by handing it over to a designated collection point for the recycling of waste electrical and electronic equipment. The separate collection and recycling of your waste equipment at the time of disposal will help conserve natural resources and ensure that it is recycled in a manner that protects human health and the environment.

For more information about where you can drop off your waste for recycling, please contact your local authority, or where you purchased your product.

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Account

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You agree not to impersonate any person or entity or misrepresent your identity or affiliation with any person or entity, including using another person's username, password or other account information, or another person's name, likeness, voice, image or photograph.

You might authorize us to send status updates to your facebook or twitter account. Once you direct us to share your data with a third party, that data is governed by the third-party's privacy policy.

Designed by:

Millennium Pacific Concept Limited

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Version: AM-01 V1.0

FCC Statement

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio / TV technician for help.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference, and
- (2) this device must accept any interference received, including interference that may cause undesired operation.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.