# Heart Rate Monitor (i-gotU HRM-10) User Manual

English Rev. 1.0

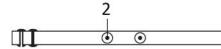
## I. Device Overview

#### **Transmitter**

- Front view
- Back view
- Battery model: CR 2032

# Strap



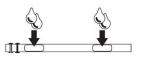


- 1. Left & Right wearing directions
- Battery cover
- 3. Electrodes
- 4. Fastening buttons

**Note:** Cleaning of transmitter and strap in a washing machine or dryer is strongly prohibited.

# II. How to Wear the Heart Rate Monitor

1. Wet the electrodes as shown below.



2. Attach the transmitter to the strap.



3. Fasten up with the clips on both ends. Adjust the strap to assure it's not too tight or loose, so as to detect accurate heart rate data.



4. Wear it slightly below your chest. Adjust the sensor position to the center of your body, while electrodes must be pressed against your skin.



#### Note:

- Make sure the device is worn in the right direction (Left & Right) to avoid inaccurate heart rate detection.
- Before washing the device, detach the main part of Heart Rate Monitor where electrodes are located. This nart is not washable.
- 3 30.

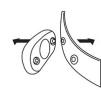
While washing the straps, make sure water is no higher than 30°C.



Ironing, bleaching or heating is prohibited.

# III. How to Assemble and Change Battery

1. Detach the Heart Rate Monitor from the strap.



Use a coin to unclinch the back cover.



Remove the battery inside with a new one.



4. Close the back cover onto the device.



**Note:** Please make sure the back cover is securely sealed to prevent unexpected water leakage.

# **IV.** Supported Devices

This device is a bluetooth smart device, compatible and applicable with many iOS devices, including:

- ♦ The New iPad / iPad 4 / iPad mini

as suggested.

In addition, this device is also recommended to work with the following mobile APPs:

- Endomondo
- ♦ Strava
- ♦ Sports Tracker
- ♦ MapMyRide
- ♦ Runtastic

See more details about supported APPs at:

www.mobileaction.com



Note on environmental protection:

After the implementation of the European Directive 2002/96/EU in

the national legal system, the following applies:
Electrical and electronic devices may not be disposed of with

Consumers are obliged by law to return electrical and electronic devices at the end of their service lives to the public collecting points set up for this purpose or point of sale. Details to this are defined by the national law of the respective country. This symbol on the product, the instruction manual or the package indicates that a product is subject to these regulations. By recycling, reusing the materials or other forms of utilizing old devices, you are making an important contribution to protecting our environment.

### FCC Statement

This device complies with part 15 of the FCC rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

NOTE: The manufacturer is not responsible for any radio or TV interference caused by unauthorized modifications to this equipment. Such modifications could void the user's authority to operate the equipment.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to p art 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential inst allation. This equipment generates uses and can radiate radio frequency energy and, if not inst alled and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- -Connect the equipment into an outlet on a ci rcuit different from that to which the receiver is connected.
- -Consult the dealer or an experienced radio/TV technician for help.

The users manual or instruction manual for an intentional or unintentional radiator shall caution the user that changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment. In cases where the manual is provided only in a form other than paper, such as on a computer disk or over the Internet, the information required by this section may be included in the manual in that alternative form, provided the user can reasonably be expected to have the capability to access information in that form.