



Smart BP HR bracelet  
User manual

### 1. System & Hardware requirement

- Android 4.4 or above
- iOS 8.0 or above
- Bluetooth 4.0

### 2. Use preparation

Please use the charging clip to charge the device to full power.



### 3. Connection

Please determine the phone meet the above requirements. And download the APP for connection.

Download APP:  
Please search "Wearfit" in APP store and android market.

### Binding:

Please ensure the bluetooth is on, and open "Wearfit". Click the selection of link to bracelet, find the device name in the list and click it. Then enter the main interface.



### 4. Start using

Once the device connected to the app successfully it will sync the time. It will record and analyze your activities, heart rate, blood pressure and sleep quality.

Bracelet operation: Click the button, in the following order switch interface  
Time mode --> Pedometer mode --> Calories mode --> Heart rate mode  
--> Blood oxygen mode --> Blood pressure mode --> Sleep mode

### Function Instruction:

1. Time mode: display time, battery, date
2. Sports record: Automatically records the number of steps
3. Calories Mode: Displays calories burned
4. Heart rate monitor: The device will automatically measure the present heart rate situation in the whole point. You can also manually measure the heart rate by APP. When the bracelet switched to Heart rate mode, the device will automatically start measuring. If you don't want to measure the heart rate, please continue switching. The page will display the data of the most recent measurement.

4. Blood oxygen monitor: The device will automatically measure the present Blood oxygen situation in the whole point. You can also manually measure the Blood oxygen by APP. When the bracelet switched to Blood oxygen mode, the device will automatically start measuring. If you don't want to measure the Blood oxygen, please continue switching.
5. Blood pressure monitor: The device will automatically measure the present blood pressure situation in the whole point. You can also manually measure the blood pressure by APP. When the bracelet switched to Heart rate mode, the device will automatically start measuring. If you don't want to measure the heart rate, please continue switching. The page will display the data of most recent measurement. (The measurement time is about 150 seconds. The distance between bracelet and skin, dirt on device other reason will influence the measurement data.)
6. Sleep monitoring: Automatically recognize your status and monitoring the whole sleep progress with analyzing the deep sleep and light sleep hours.
7. Call reminder: Open the "Call reminder" function in APP, the bracelet will vibrate when the phone rang.
8. Message reminder (only for Android): Open the "Call reminder" function in APP, the bracelet will vibrate when the phone receive text messages.

### 5. Q&A

1. Can't find device when pairing device?  
Please ensure the bluetooth is ON and the mobile phone's condition is Android 4.4 or above and iOS 8.0 or above

2. Please ensure the distance between phone and device is no more than 0.5m, device is among the normal bluetooth communication distance range (within 10m)

3. Please ensure the device is not under low power. If there is still problem after full charge, please contact us.

2. Can't connect the device with app?

Some smart phone bluetooth service will be abnormal when reboot. Please reboot the bluetooth or reboot smart phone for pairing device

3. APP no display data?

The data depend on timing and manual measurement to transfer. Please ensure the battery condition is good and bluetooth is ON.

4. Wrong time?

If the bracelet is under low power, the time may be wrong. Please charge the bracelet and connect phone again.

### 6. Specification

Screen size: 0.96 inch  
Bluetooth: BT 4.0  
Battery type: Polymer lithium battery  
Battery capacity: 90mAh  
Bracelet size: 50mm\*24mm\*11.6mm  
Strap size: 235mm\*24mm\*11.6mm  
Material: silicone gel and Plastic  
Waterproof: IP67

\*The company reserves the right to make changes to the contents of the specification without notice. Some of the features in the corresponding software version is different, it is the normal situation.

## FCC Warning

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

(1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

**Note:** This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- ▶ -Reorient or relocate the receiving antenna.
- ▶ -Increase the separation between the equipment and receiver.
- ▶ -Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- ▶ -Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.