User Guide

Bluetooth Smart Gear device
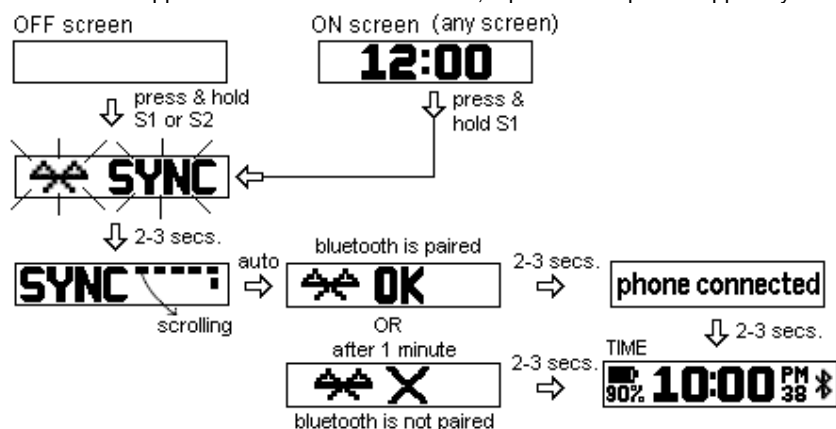
Introduction

Thank you for purchasing the Bluetooth (BLE 4.0) Fit Band OLED display. This product can record your Exercise time, Calorie, Distance, Pace; Speed, Steps and Sleep that will track your total sleep time, light sleep, deep sleep, wake-up time and target % sleep. It also monitors the weather and the temperature. It also has a vibration function when there is an incoming call or message. The product has two (2) buttons on the sides of the screen.

Note that the actual color and artwork may vary from style to style.

How to pair your Smart Gear device with smart phone:

- Press and hold the S1 or S2 button of the Smart Gear device from OFF screen. Or press and hold S1 button from ON screen (any view). The Bluetooth icon and SYNC will flash followed with SYNC and status bar scrolling.
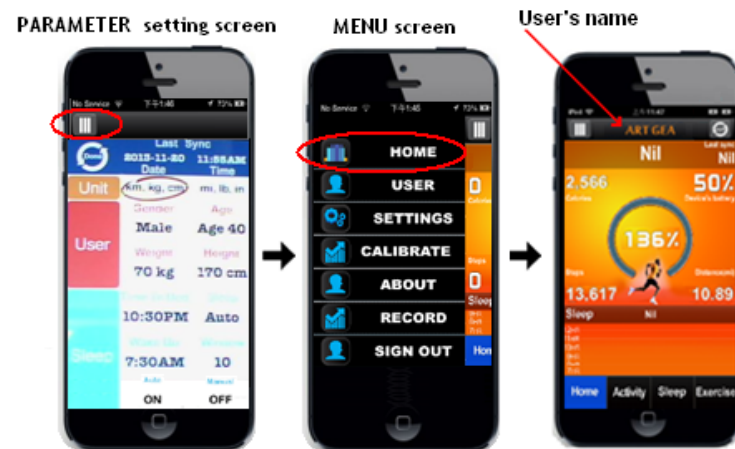 While the "SYNC" appears in the Smart Gear device, tap the smart phone App to sync.

Notes:
  - ➢ If pairing is successful, the "**OK**" and Bluetooth icon appears. After 2-3 seconds, it will show "PHONE CONNECTED".

- ➢ If pairing is unsuccessful, after 1 minute, the "**X**" and Bluetooth icon appears.
- ➢ In any mode, press and hold S1 button to turn off the Bluetooth. It will then display "BLE OFF".

- Open the Apps by tapping the Smart Gear icon on the Smartphone. The Welcome Smart Gear screen appears and continue tap as highlighted in red as shown.

- Continue tap the icon highlighted in red of the screen as shown.
  User can select the various screens such as, HOME, ACTIVITY, SLEEP and EXERCISE.

<mark>**Important reminder:**</mark>

❖ Before use of the Smart Gear device, you may delete device data through the ff. steps:
   • Go to MENU screen on your smart phone and tap RECORD highlighted in red as shown.
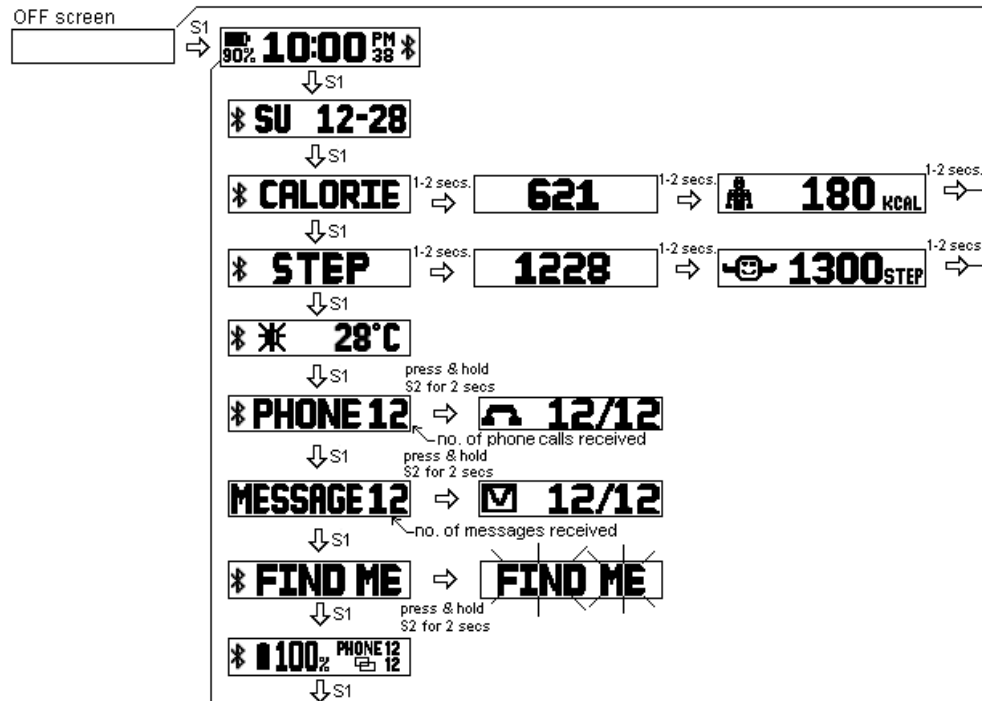

   • Tap "Clear all device's data" and "Clear all my data" on the Smartphone.
   • Tap "Yes" to confirm.
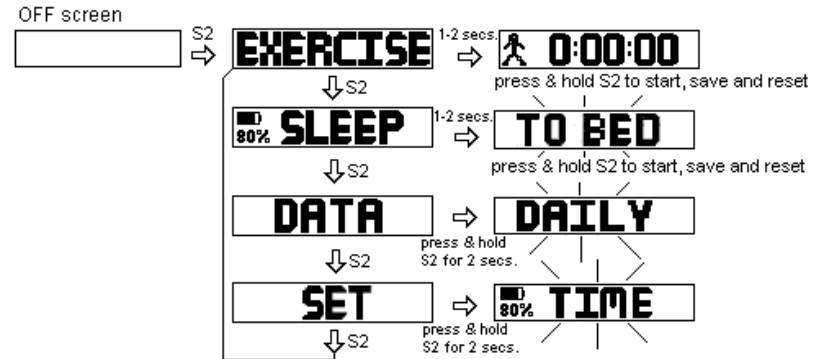
Knowing the Bluetooth Smart Gear device

Pushing the device buttons will cycle the displays as shown:

• **Press S1 button** to scroll the different modes; TIME, WEEKDAY/MONTH/DATE, CALORIE, STEP, WEATHER/TEMP, PHONE, MESSAGE, FIND ME and the screen icons.

❖ If no Bluetooth connection, only TIME, WEEKDAY/MONTH/DATE, CALORIE, STEP will appear in the device.
❖ The Weather/Temperature displayed on the Smart Gear device is from the Smartphone thru Bluetooth connection.

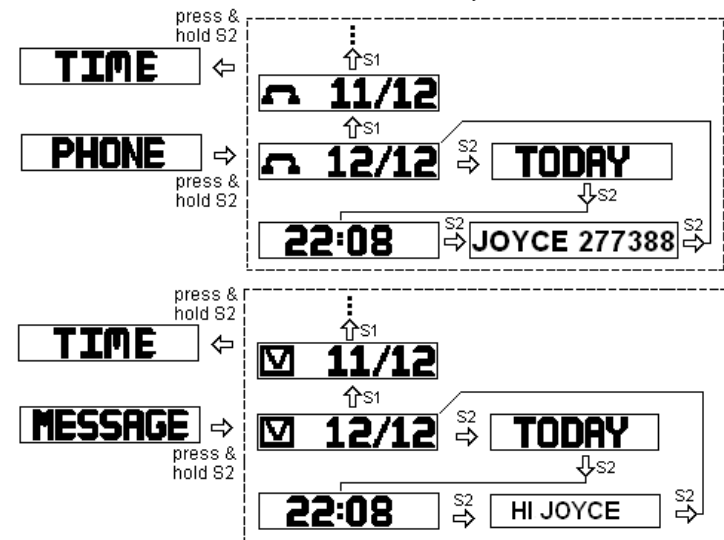• **Press S2 button** to scroll the different modes; SLEEP, EXERCISE, DATA and SET mode.

PHONE and MESSAGE (upcoming features)

This portion is an on-going App revision:

➢ Shows Caller ID and Messages.
➢ When receive an incoming call or message, the motor vibrates.
➢ I f no phone call or message data, it will display "NO DATA".
➢ Maximum of 20 data files (20 calls & 20 messages) can be saved in memory. When memory is full, Memory is managed in **"First in- First out"** basis. The Oldest file will be automatically deleted and replaced by the newest file.

• Press and hold S2 button to enter phone data or message data.
• Press S1 button to view the data. The phone icon or message icon is shown with the date, day, time and among others.
• Press and hold S2 button to exit and it will automatically return to Time mode.

View your progress Goal CALORIE or STEP

While doing your exercise, you can view the progress of your Goal Calorie or Goal Steps.

- Press S1 button from OFF screen to enter CALORIE mode or
- Press S1 button from OFF screen to enter STEP mode

There are 5 display conditions:

Cond.	Description:	Calorie Display:	Step Display:
1	When your Calorie or Step reach 100% of your Goal.	100%	100%
2	When your Calorie or Step reach 85% of your Goal.	85%	85%
3	When your Calorie or Step reach 50% of your Goal.	50%	50%
4	When your Calorie or Step reach 20% of your Goal.	20%	20%
5	When your Calorie or Step has no activity.	0%	0%

TIME mode

- Press S1 button from OFF screen to enter Time mode. It will then appear and blink human icon if EXERCISE is ON or running. Likewise, when SLEEP is ON or active, the human face icon will appear.

OFF screen

⬇ S1

90% 10:00 PM 38

⬇ auto 2 secs.

10:00 PM 38

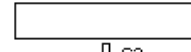When Exercise is running, the human icon appears in Time mode.
Likewise, when Sleep is running the human face icon appears.

Note: The Weather/Temperature displayed on the Smart Gear device is from the Smart phone via Bluetooth connection.

EXERCISE mode

- Press S2 button from OFF screen to enter EXERCISE mode.
- Press and hold S2 and wait until **"HOLD START"** stops blinking and release the button to start your exercise.
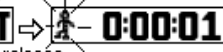
OFF screen

⬇ S2

EXERCISE ⇒ **0:00:00** ⇒ **HOLD START** ⇒ **0:00:01** ⇒ ---next views
2-3 secs.   press & hold S2   release   auto or S1

SLEEP IS ON OR

- Press and hold S2 and wait until **"HOLD SAVE"** stops blinking then release the button to save your exercise. It will auto scroll EXERCISE, CALORIE, DISTANCE, PACE, SPEED and STEP.
- Press and hold S2 and wait until **"HOLD RESET"** stops blinking then release the button to reset your reset your current data.
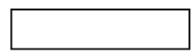
  Notes:
  ➢ When you go to SLEEP mode while the Exercise is ON or active, it will display "EXER IS ON".
  ➢ There is no restart function.

SLEEP mode

- Press S2 button from OFF screen to enter SLEEP mode.
- Press and hold S2 and wait until **"HOLD START"** stops blinking and release the button to start your sleep activity.
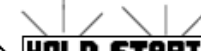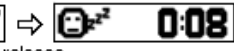
OFF screen

⬇ S2

SLEEP ⇒ **TO BED** ⇒ **HOLD START** ⇒ **0:08** ⇒ ---next views
2-3 secs.   press & hold S2   release   auto or S1

EXER IS ON OR

- Press and hold S2 and wait until **"HOLD SAVE"** stops blinking then release the button to save. It will auto scroll the LS- Light sleep, DS- Deep sleep, WU- Wake-up time and TG- target % sleep .
- Press and hold S2 and wait until **"HOLD RESET"** stops blinking then release the button to reset your reset your current data. It will auto return TO BED screen.

  Notes:
  ➢ When you go to EXERCISE mode while the SLEEP is ON or active, it will display "SLEEP IS ON".
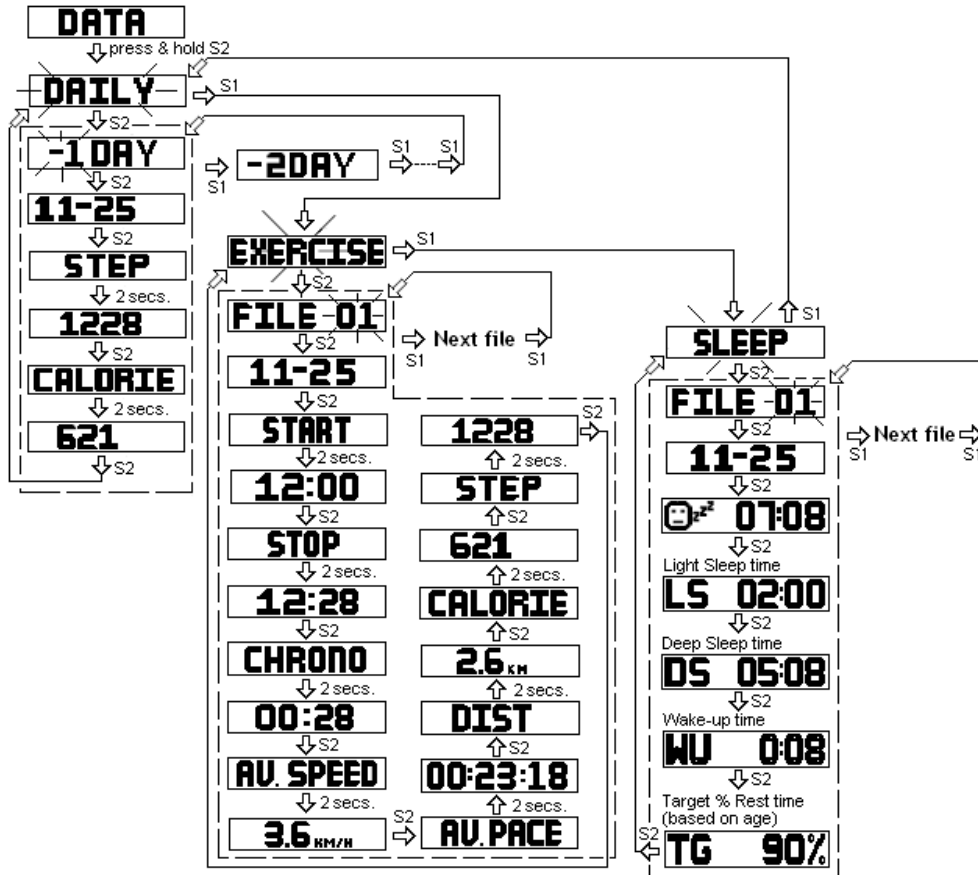 ➢ There is no restart function.
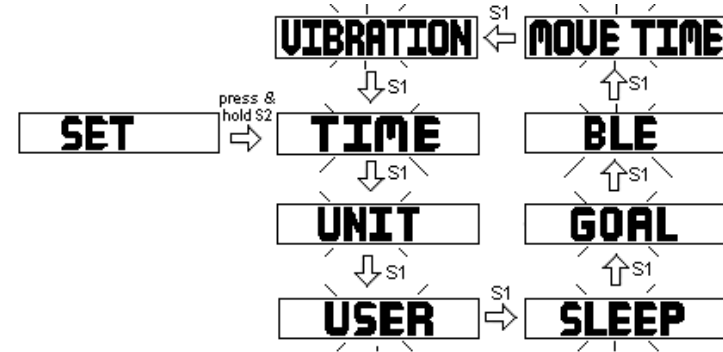
DATA mode

How to view the Data

- Press S2 button from OFF screen to enter DATA mode.
- Press and hold S2 to enter DAILY data.
  While DAILY is blinking, press S1 to select EXERCISE data, SLEEP data and DAILY data.
- Press S2 button to view the data.

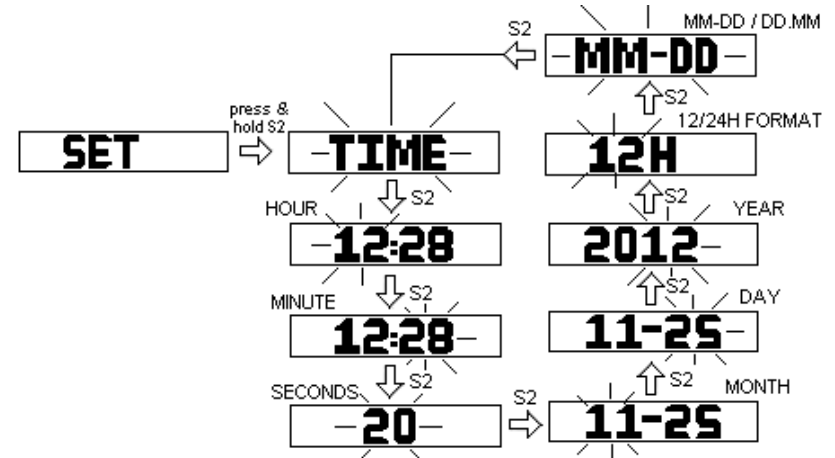Follow the function flow as shown for Exercise & Sleep data.

SET

- Press S2 button from display OFF screen to enter SET mode.
- Press and hold S2 button to enter setting mode. TIME appears and blinks
- Press S1 button to scroll through the parameters to set: TIME → UNIT → USER → SLEEP → GOAL → BLE → MOVE TIME → VIBRATION → back to Time.

How to Set

- Press and hold S2 button until "TIME" appears and blinks.
- Press S2 to set the Hour → Minute → Seconds → Month → Day → Year → 12/24H → MM-DD / DD.MM and go back to Time mode.
- PressS1 button to change the values of the blinking digits.
- Press and hold S2 to confirm setting.
- Press and hold S2 again to exit Time setting and it will return to Time mode.

Notes:

➢ Same procedure applied in setting other parameters such as; UNIT, USER, SLEEP, GOAL (Calorie or Step), BLE, MOVE TIME and VIBRATION.

➢ The Smart Gear device has an auto OFF screen function. Press any of the buttons will turn ON the screen.

How to reset the Smart Gear device

The user can reset the Smart Gear device by pressing and holding S1 and S2 together for 2-3 seconds.

Data Memory

Exercise data: 30 files
Daily data: 30 days
Sleep data: 10 days or 10 files

Note that when Memory is full, Memory is managed in First in – First out basis. The oldest file will be automatically deleted and replaced by the newest file

Battery Charge

Smart Gear device is using a rechargeable Lithium Ion battery. The device can be charged using the USB port and it takes about 2-3 hours to fully charge the battery. Please charge the device before using and never to hit empty.

Press any button from OFF screen to see the battery level during charging period.

Battery Life

Battery Life (fully charged): Battery power will last for 7 days typ. on a single charge.

Battery Replacement

The battery on this device is replaceable and it is highly recommended by an authorized service personnel only.

Size and Weight

Device size (L x W x T): approx. 69.8 x 16.9 x 7.8 mm.
Device weight: approx. 25.0 grams

Water Resistance

This device is an IPX7 standard which is capable of temporary immersion down to 1 meter

Statement

This device complies with Industry Canada licence-exemptRSSstandard(s).

Operation is subject to the following two conditions:

(1) this device may not cause interference,and (2) this device must accept any interference,including interference that may cause undesired operation ofthe device.

Le présent appareil est conforme aux CNR d'Industrie

Canada applicables auxappareils radio exempts de licence. L'exploitation est

autorisée aux deux conditions suivantes :(1) l'appareil ne doit pas produire de brouillage,et (2) l'utilisateur de l'appareil doit accepter tout brouillage

radioélectrique subi, même si le brouillage est susceptible d'en compromettre lefonctionnement.

NOTE:

This equipment has been tested and found to comply with thelimits for aClass Bdigital device, pursuant to Part 15 of the FCC Rules. These limits are

designed to provide reasonable protectionagainst harmful interference in a residential installation.

This equipment generates uses and can radiate radio frequency energy and, if not installed and usedin accordance with the instructions, may cause harmful

interference to radio communications.However, there is no guarantee that interference will not occurin a particular installation.If this equipment does cause

harmful interference to radio ortelevision reception, which can bedetermined by turning the equipment off and on, the user isencouraged to try to correct

theinterference by one or more of the following measures:Reorient or relocate the receiving antenna.Increase the separation between the equipment and

receiver.Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.Consult the dealer or an experienced radio/TV

technician for help.

Compliance statement

1. This device complies with Part 15 of the FCC Rules.Operation is subject to the following two conditions:

(1) This device may not cause harmful interference.

(2) This device must accept any interference received,including interference that may cause undesired operation.

2. Changes or modifications not expressly approved by the party responsible for compliance could void the user'sauthority to operate the equipment.

Warnings

Sound pressure:

- Battery Caution : Risk of explosion if battery is replaced by an incorrect type. Dispose of used batteries according to the instructions.
- The product shall only be connected to a USB interface of version USB2.0
- Temperature：35℃

Hereby , **National Electronics & Watch Co. Ltd ,**

 hereby declares that this **Smart Gear** is in compliance with the essential requirements and other relevant provisions of Directive 1999/5/EC.