Warranty Information:

- Keep these documents safe in the event of a warranty claim. Coverage is valid only with proof of purchase.
- * This warranty is covered for a period of One (1) Year from the date of purchase.
- · Free repairing or replacement is available for their functional defects within warranty period.
- Warranty only can be claimed for the following condition:
- Product used with settings or manual recommended but having defect.
- · Product used with settings or manual recommended but machine function incorrectly
- Exclusions: This warranty does not cover if the product used in the following conditions Out of warranty period
- Product used in other than settings or manual recommended and caused the product malfunction and defect.
- Damages caused by services from unauthorised service companies or use parts other than the genuine parts.
- The product has been opened and repaired by unauthorised service companies or person.
- External damage causes: such as abuse, incorrect power supply, accidents, fires or acts of God.

Warranty guide:

- We recommended that you retain your original proof of purchase receipt. This warranty card have to provide in the event of a warranty claim. We reserved the rights to reject the warranty if fail to provide this warranty card and proof of purchase receipt.
- There will be a part or service charges for product that is out of warranty period.

Our Service Centre Toll free line 4008-096-926

PICOOC Warranty Card

Thank you for your purchase on PICOOC product, please fill the information below:

Name:				
Contact No:				
Email:				
Date of Purc	chase:			
Retailer Nar	ne:			
Serial Num	per:			
Service Rec	ord:			
	Description	Reason	Record	
First Service				
	Date:	Date: Serviced by:		
	Description	Reason	Record	
Second				

Serviced by:

Product Specifications

BatteryType: 3 pcs 1.5v size AAA batteries Min. Weighing Value: 5kg Min.Voltage: 3.6V ± 0.2V Working Current:≤80mA (average) Standby Current: ≤40uA (average) Body Height Setting Division Value: 1cm Gender Setting (Male, Female) Age Setting Division Value: 1 year Max. Weighing Value: 150kg Body Age Division Value: 1 year

PICOOC Technology Co., Ltd

PICOOC Technology Co., Ltd. Product Name: Smart Body Scale Model Name-mini Implementation of standards: Q/SHSY 001-2016 Address: Room309~313, C Building, No.28, Xinjiekou Outer Street, Beijing, China Manufacturer name: SHENZHEN SHINE INDUSTRIAL CO., LTD Manufacturer address: 2/F, Bldg10, 1st Industrial Zone, Changzhen Community, Gongming town, Shenzhen, China, 518132 Manufacturer Tel.: +86 755 2994 9293 File No.mini-IM-2015V1 Issue date: Sep. 2016 PICOOC is a trademark of PICOOC Technology Co.,Ltd. Bluetooth is a trademark of Bluetooth SIG, INC. Other product and company names mentioned herein may be trademarks of their respective companies. Designed by PICOOC. @2016 All Rights Reserved. Room309, C Building, No.28, Xinjiekou Outer Street, Beijing, China.

Weighing Division Value: 0.1kg

Fat Mass: 3~50% (Division Value 0.1%)

Muscle Mass: 50%~90% (Division Value 0.1%)

Water: 40%~70%(Division Value 0.1%)

Bone Mass Division Value: 0.1kg

BMI Division Value: 0.1

Meanings of data

Muscle mass is a term for the bulk of muscular tissue in a person's body. There are three different kinds of muscle in human body, but muscle mass usually refers to the skeletal muscle which as the most visible tissue directly contributes to strength.

Visceral Fat Index: 1~30 (Division Value 1)

upon imaging.

A Installation and Placement

Tear up the protection film wrapped on the scale body and load the three batteries at the back. Please nav attention to the cathode and the anode! Moreover please make sure to place the scale on the hard and flat floor so as to get higher accuracy.



BIdentify the scale

After registering your own account and switch to the device identifying page according to the guidance, the APP will automatically connect with the scale.



Equipment verification



Measuring process

Click weigh on PICOOC APP, then step on PICOOC scale, the LED display will flicker for around 3s to show you the results.



Check health data

through Bluetooth to be checked and tracked over time.

to set or renew personal information, manage equipment, connect SNS account, etc





PICOOC APP settings





Body fat percentage (BFP) of a human or other living being is the total mass of fat divided by total body mass; body fat includes essential body fat and storage body fat.

That's the amount of energy your body needs for involuntary needs, such as heart, digestion, kidney, brain and other organ functions. Exercise takes additional energy, and BMR is a calculation based on your current height, weight and age.

Body water is contained in tissues, blood, bones and elsewhere, which makes up a significant fraction of the human body by weight and volume. A reasonable level of body water is essential for fluid balance as an aspect of homeostasis. The water rate normal range is 45%~60% for female and 55%~65% for male.

A healthy lean man is composed of 62 % water, 16% fat, 16% protein, 6 % minerals, and less than 1% carbohydrate, along with very small amount of vitamins and other miscellaneous substances. Protein is a main substance for human life.

Bone density or bone mineral density (BMD) is the amount of bone mineral of the bone tissue. The concept is the mass of mineral per volume of bone, wchih is clinically measured by proxy according to optical density per square centimeter of bone surface

Visceral fat is body fat that is stored within the abdominal cavity and is therefore stored around a number of important internal organs such as the liver, pancreas and intestines.



Correct Position Around the center, the feet naturally on both two sides.



The feet are too upper, which would

The feet are too lower, which would

cause the scale to be overturned and

cause the scale to be overturned and

The feet are too upper, which would cause the scale to be overturned and the lower accuracy.

lower accuracy.

Attention: PICOOC scale needs to be stepped on with bare feet.

Using and Maintenance

Using: Please put PICOOC scale on the flat and hard floor. Dont put it on the carpet, otherwise the measurements would be inaccurate. Please dont disassembly it by yourself or clean it with water, and dont put it at a damp place.

Maintenance: Dont use hot water, banana oil and volatile oil to wipe PICOOC scale. You can clean it with a cloth dampened by water. If water is not enough to clean it, you can use some crystal vinegar.

Dont measure under the

After intensive exercise

After taking a shower

After drinking a lot

Being pregnant

Safety and Caution

For safety, please read this manual carefully to protect yourself.

Attention! This product can not be used by people equipped with a cardiac pacemaker or any other internal medical device.

Attention! Dont use the product on the slippery floor.

The following people cant get correct data through our products due to big difference of

- Growing children
- Aged people
- Fevered people

Product Qualification Card

PICOOC Technology Co.,Ltd

- Osteoporosis patients
- Patients with edema disease
- Patients treated by dialysis
- Professional body builders or athletes





C Add body girth data

When you draw the slider below the weight bar to the left on the homepage, body girth data can be input to analyze the Waist-Hip Ratio.



Add another account

you can add a new account and switch to another account.



Use your phone to scan the QR code to download PICOOC iOS or Android APP

download PICOOC iOS or Android APP	Manufacturer address: 2/F, Blog10, 1st industrial Zone, Changzhen Community, G Guangming District, Shenzhen, Guangdong, China, 518132 Manufacturer Tel.: +86 755 2994 9293	
	Model: mini	
For updated information on our products, please follow us on Facebook or Twitter @ PICOOC	Name: PICOOC smart body fat scale	
	Standard: Q/SHSY 001-2016	
Customer service hotline: +86 4008-096-926 (Monday to Sunday 9:00-21:00)	QC:	

PICOOC Warranty Card

Attention: Please change to the corresponding account before weighing.

Date:

Manufacturer name: Shenzhen Shine Industrial Co., Ltd. Gongming town

Address: Room309, C Building, No.28, Xinjiekou Outer Street, Beijing, China

§ 15.19 Labelling requirements.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

§ 15.21 Information to user.

Any Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

§ 15.105 Information to the user.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

-Reorient or relocate the receiving antenna.

-Increase the separation between the equipment and receiver.

-Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

-Consult the dealer or an experienced radio/TV technician for help.

* RF warning for Portable device:

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.