

## Clarisonic Skin care system

# skin care brush USER GUIDE



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#### DEAR CLARISONIC® OWNER,

Thank you for purchasing the Clarisonic Skin Care Brush. We at Pacific Bioscience Laboratories are excited to share our product with you and hope that you enjoy using it.

We've designed Clarisonic to work with the natural elasticity of the skin. It gently flexes the skin to help open the pores and loosen dirt and oil. The back and forth sonic oscillating motion of the inner brush effectively cleans, clarifies, and stimulates the skin to give you a deep, gentle cleansing, leaving your skin feeling and looking smoother. We think it's the best minute you can give your skin every day.

We'd love to hear how Clarisonic works for you. E-mail me at CEO@clarisonic.com, or call us at 1-888-5-CLARISONIC (1-888-525-2747).

Sincerely,

David Giuliani

CEO, Chairman

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For more information on Clarisonic use and care, as well as product updates, releases and research studies, please visit us at clarisonic.com or call 1-888-525-2747



### YOUR CLARISONIC

Congratulations! You are about to experience the new wave of skin care with the Clarisonic® Skin Care Brush. Before you start, please take the time to get to know your Clarisonic and how it works.

The Clarisonic sonic technology works with the natural elasticity of the skin to provide deep, thorough, gentle daily cleansing of the skin. Cleansing is the foundation of a complete skin care routine. Oscillating back and forth at a sonic frequency that produces about 300 movements per second, a flexing action is created between the outer and inner brushes that works deep within the pores to loosen dirt and oil. The brush motion effectively cleans, clarifies and stimulates, resulting in smoother feeling and looking skin.

1-888-525-2747

# IMPORTANT CAUTIONS AND WARNINGS

If you are under a doctor's care for any skin condition or if you think you may have a skin condition, please consult your physician before using the Clarisonic.

#### Do not use the Clarisonic if you:

- have heightened skin allergies
- <u>have an extreme sunburn</u>
- have open wounds or open lesions
- have recently had a chemical peel or microdermabrasion\*
- \_are currently taking medication that can cause skin sensitivity\*
- have recently had a facial cosmetic procedure\*
- have rosacea, pustular acne, or serious sensitive-skin disorders and/or infections\*

\* Unless recommended by a skin care professional

We recommend that you do not share brush heads with another individual. **Do not** share brush heads if you and/or any other Clarisonic user suffer from any skin conditions.

We recommend that you use the Clarisonic Daily Cleanser that has been optimized for gentle daily use with the Clarisonic Skin Care Brush. If you use another cleanser, test it with the Clarisonic Skin Care Brush on your forearm prior to using it on your face. Some cleansers, including those with acids, may irritate your skin when used with the Clarisonic Skin Care Brush.\*\*

The Clarisonic Daily Cleanser is to be used on the skin. **Do not** use on the eyes or the interior of the mouth. If contact with the eyes occurs, rinse thoroughly with water. If accidentally ingested, flush thoroughly with water.

**Do not** use the Clarisonic Skin Care Brush with mechanical exfoliants such as microbeads and shells.\*\*

#### \*\*Consult your skin care professional.

Using the Clarisonic to remove makeup may stain the bristles, but will not affect performance. **Never** use the Clarisonic to remove eye makeup. If discoloration occurs, clean the brush head with soap and water.

This appliance has a polarized plug (one blade is wider than the other). As a safety feature, this plug will fit in a polarized outlet only one way. **Do not** force the plug into any outlet. If the plug does not fit fully into the outlet, reverse the plug. If the plug still does not fit, contact a qualified electrician. **Do not** attempt to defeat this safety feature. NOTE: This equipment has been tested and found to comply with the limits for a

consumer device, pursuant to Part 18 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates. uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

Reorient or relocate the receiving antenna.

- Increase the separation between the equipment and receiver.
- <u>Connect</u> the equipment into an outlet on a circuit different from that to which the receiver is connected.
- <u>Consult the dealer or an</u> experienced radio/ TV technician for help.

### IMPORTANT SAFEGUARDS

#### **READ ALL INSTRUCTIONS BEFORE USING**

When using electrical products, especially when children are present, basic safety precautions should always be followed, including but not limited to the following:

#### DANGER-To reduce the risk of electrocution:

- **1 Do not** use the Clarisonic charging cradle while bathing.
- **2 Do not** place or store the Clarisonic charging cradle where it can fall or be pulled into a tub or sink.
- **3 Do not** place the Clarisonic charging cradle in or drop into water or other liquid.
- **4 Do not** reach for a Clarisonic charging cradle that has fallen into water. Unplug immediately.
- **5 Do not** plug into an incorrect voltage source outlet. This device is for use ONLY with a 120Vac/60 Hz outlet.
- **6** Keep the cord away from heated surfaces.

### WARNING-To reduce the risk of burns, electrocution, fire or injury to persons:

- 1 Close supervision is necessary when the Clarisonic Skin Care Brush and charging cradle are used by, on or near children or invalids.
- 2 Use the Clarisonic Skin Care Brush only for its intended use as described in this Clarisonic User Guide. **Do not** use attachments not recommended by the manufacturer.
- **3** The charging cradle is designed for plugging into a 120Vac/ 60Hz electrical outlet ONLY. Voltage converters or plug adapters do not guarantee voltage compatibility. **Never** force the plug into an outlet. Pacific Bioscience Laboratories, Inc., shall not be liable for any damage resulting from use with a voltage source other than 120Vac/60Hz.
- **4 Never** operate the Clarisonic brush handle if it is damaged or the charging cradle if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, or dropped into water. Call Clarisonic at 1-888-525-2747 so we
- can arrange for examination and replacement if needed. **5** Keep the cord away from heated surfaces.
- **6 Never** drop or insert any object into any opening of the charging cradle or handle.
- 7 Do not use where oxygen is being administered.
- 8 Clarisonic is believed to be safe for use with many common pacemakers. If you have any questions about usage with a pacemaker, consult your physician or pacemaker manufacturer prior to use.
- **9** The supply cord cannot be replaced. If the cord is damaged, the charging cradle must be unplugged and replaced. Call Clarisonic at 1-888-525-2747.

clarisonic.com

### **USING YOUR CLARISONIC**

Read through this entire section before using your Clarisonic. Prior to the first use, charge the Clarisonic brush handle for 24 hours by plugging the charging cradle into an electrical outlet and placing the Clarisonic in the charging cradle, making sure the handle is in the proper position with the brush head facing the power cord (see diagram on page 2). Once your Clarisonic is fully charged, it's time to begin your Clarisonic experience. For your convenience, your Clarisonic handle is waterproof and may be used in the shower or bathtub. Refer to Important Safeguards regarding the charging cradle.

The Clarisonic is designed for use with most skin types. Your skin is constantly changing, and due to its dynamic nature you may want to use different power levels, different brush heads, and a shorter or longer duration. The Clarisonic is packaged with the Sensitive brush head (white plastic base) installed. The Normal brush head (gray plastic base) is also included. We recommend that you first use your Clarisonic with the Sensitive brush head at the low power setting for a one-minute duration (this is the factory setting). Then you can customize your Clarisonic for your skin type: sensitive or normal brush head; normal or low power setting; one- or two-minute duration (with the T-TIMER<sup>™</sup> feature enabled).

If you use makeup, remove eve makeup by hand first and wet your skin with warm water prior to use. Liberally apply cleanser to your skin and wet the brush head with warm water. Then gently apply the brush to your skin, beginning on the forehead as described in the Cleansing Timer section below. Push the power button to turn your Clarisonic on and gently move the brush using a small circular motion. Pressing too hard will impede the motion of the brush and reduce its effectiveness. The outer brushes are designed to contain any residual mist from the oscillating of the brush, so be sure to hold the brush head flush to your skin. Clarisonic also effectively clarifies the neck, back, décolleté (upper chest), shoulders, arms, and the back of the hands.

It is recommended that you do not share a brush head with another individual. Do not share brushes if you or any other Clarisonic user have any skin conditions. To dry the brush after use, rub it against a towel for 5-10 seconds while the Clarisonic is powered on (optional).

Your Clarisonic is programmed to operate in a variety of power settings and brushing durations, both with and without the T-timer feature, as described below.

#### **POWER LEVEL**

The Clarisonic Skin Care Brush offers a choice of 2 power levels: normal and low. The power level is indicated both audibly and visually. When the Clarisonic is turned on at the normal power level, there are 3 ascending beeps and the yellow light is illuminated. At the low power level, there are 3 descending beeps and the yellow light is turned off.

Power level	Audible indication	Visible indication
Normal	3 ascending beeps	yellow light on
Low	3 descending beeps	yellow light off

To togale between the settings, hold the power button down for 3 seconds continuously when turning on the Clarisonic. Listen for the change in beeps to confirm the power level. The Clarisonic will operate at this power setting until you change it.

#### **CLEANSING TIMER**

For even and thorough cleansing of your face, the Clarisonic features a proprietary one-minute T-timer that beeps and pauses momentarily to indicate it is time to move to another part of your face. We recommend that you spend the first 20 seconds of brush time on your forehead. 20 seconds on your nose/chin region, and 10 seconds on each cheek. The Clarisonic is factory set with a oneminute duration. To pause the cleansing cycle for up to 30 seconds, simply press the power button. The yellow light will flash (indicating pause mode) and the Clarisonic will automatically remember the remaining time on the T-timer. To resume, press the power button again. When finished, rinse your skin with warm water and rinse the brush head chin of the Clarisonic with warm water.

seconds To change the cleansing duration, turn your Clarisonic on and hold the power button for at least 10 seconds. At around 3 seconds, you will hear three tones (related to the Power Level) and then you will hear beep tones relating to the optional cleansing times and interval beeps.

1-888-525-2747

duration and zones as shown above.

Cleanse vour face

using our T-timer

recommended

forehead

20 seconds

each

10

nose/



Gently move the brush using a small circular motion.

### **CARING FOR YOUR CLARISONIC**

The cleansing duration selections are indicated by three different audible sequences:

Audible indication	<b>Cleansing duration</b>	T-TIMER™ beeps
1 long beep & 2 short beeps	2 minutes	at 40, 80, and 100 seconds
1 long beep only	2 minutes	none
1 long beep & 1 short beep	1 minute (this is factory selected default)	at 20, 40, and 50 seconds

Note: changing the duration time resets the power level. See *Power Level* to modify this setting after you've selected the cleansing timer setting.

#### CHARGING

Your system kit includes a charging cradle designed to hold and charge the brush handle. Place the Clarisonic into the charging cradle with the brush facing the raised wave of the cradle (the brush head is on the same side as the power cord). The green light on the back of the brush is the charge indicator. When flashing green the Clarisonic is charging; a constant green light indicates that your Clarisonic is fully charged. The Clarisonic includes nickel metal hydride (NiMH) batteries and cannot be over-charged. You can leave the Clarisonic brush handle in the charging cradle or by the sink, tub or shower, as long as you charge it after every 30 minutes of use. We recommend that you leave your Clarisonic in its charging cradle when not in use.

When the battery is low, the Clarisonic will beep 5 times while the yellow and green lights flash 5 times. Place your Clarisonic in its charging cradle overnight to recharge it. A full charge allows 30 minutes of use. If it is used for more than 30 minutes without being charged, the brush handle will beep immediately after use to alert you to place it in the cradle for charging. To keep your Clarisonic in optimum condition, care for it as follows. **Do not** use abrasive cleaners or chemicals to clean any part of the Clarisonic. **Do not** put any part of the Clarisonic in a dishwasher.

#### **BRUSH HANDLE**

Once a week wash the handle using warm soapy water to remove any residue buildup. The handle is sealed and fully waterproof. **Never** attempt to open the brush handle for any reason.

#### **CHARGING CRADLE**

**IMPORTANT:** Unplug the charging cradle before you clean it. After unplugging the cradle, wipe it with a soft, damp cloth. **Do not** immerse the charging cradle in water.

#### BRUSH HEADS

oush<sub>down</sub>

😌 snap 🥵

twist

pullaway

3 pins

and 3

notches

push<sub>down</sub> (4

We recommend that the Clarisonic brush heads be replaced every 90 days as the bristles become fatigued and less effective over time. Once a week, remove the brush head from the handle and rinse with warm soapy water to remove any residue.

**To remove** the brush head, (1) simply grip the brush head firmly, then push and twist it counter-clockwise. Then (2) pull the head away from the handle.

To mount the brush head, 3 align the 3 notches with the 3 pins, then 4 push down and twist the head clockwise until it 5 snaps into place. Be sure you hear a tight snap to ensure the brush head is in place.

Purchase replacement brush heads from your skin care professional, physician, medi-spa or Clarisonic retailer. Or call 1-888-525-2747 or visit clarisonic.com.

### TROUBLESHOOTING

#### CLARISONIC CLEANSER

Your Clarisonic system kit includes a 2 ounce sample of the Clarisonic cleanser, which is optimized for use with your Clarisonic. It is a gentle, lightly scented, botanicalbased non-foaming cleanser designed for sensitive and normal skin. The botanical ingredients include Japanese Green Tea, seaweed, and cucumber extract. You can also use most non-abrasive facial cleansers with your Clarisonic.



Purchase Clarisonic cleanser from your skin care professional, physician, medi-spa or Clarisonic retailer. Or call 1-888-525-2747 or visit clarisonic.com.

6 oz. size available for purchase. 2 oz. size sample package.

My Clarisonic won't turn on.

In order for the Clarisonic to turn on, the battery needs to be sufficiently charged. Prior to first use, charge the handle for 24 hours. The warning beeps and lights indicate that the device needs to be placed in the charging cradle overnight. First check to be sure the handle is properly placed in the cradle (brush head facing the power cord). After every 30 minutes of use, charge the handle overnight. Also, check that your charging cradle is not plugged into an outlet that is linked to a wall switch. If the problem persists, contact Customer Service.

### The inner brush head is not moving, but sound is coming from the handle.

Remove the brush head and twist it back into place, assuring that the brush head is properly seated using its 3 attachment pins as indicated in the Caring for Your Clarisonic section. This should reactivate the motion of the inner bristles. If the problem persists, contact Customer Service.

#### The brush beeps during use.

The beeps are your guide to a more even and thorough cleansing of the face. For more on this, please see page 8 of this booklet.

#### The brush head won't come off.

Grip the brush head firmly, push and twist it counter-clockwise. Then pull the head away from the handle.

#### The brush head appears stained.

With daily maintenance and weekly washing, the brush head should not stain. Using the Clarisonic to remove makeup may cause discoloration, which will not adversely affect performance. **Never** use the Clarisonic to remove eye makeup.

#### The brush feels harsh on my skin.

Always use the Clarisonic on wet skin. Use enough cleanser to generously cover your face. Try using the brush at the lower power level. To set at low power, hold the power button for at least 3 seconds when turning it on. At the low power level, you'll hear 3 descending beeps and the yellow light is turned off. Also, try using the Sensitive or Delicate brush head, as they are softer on the skin and are designed for maximum comfort.

1-888-525-2747

### WARRANTY

We are happy to offer a 30 day money-back guarantee if you are for any reason unsatisfied with the purchase of your Clarisonic. Call Customer Service at 1-888-5-CLARISONIC or 1-888-525-2747 to make arrangements for the return.

In addition, every Clarisonic comes with a two-year warranty covering any problems resulting from everyday use of the product. Call Customer Service at 1-888-5-CLARISONIC or 1-888-525-2747 if you feel your Clarisonic is not operating properly.

# Clarisonic Skin care system

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### Clarisonic Skin care system

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